

Name: \_\_\_\_\_  
\_\_\_\_\_ yrs \_\_\_\_\_ cm \_\_\_\_\_ Kg BP \_\_\_\_\_

Sharda Daiswal  
36/F  
Sharda

WNL

Heart Rate : 71 bpm

INTERVAL (ms)

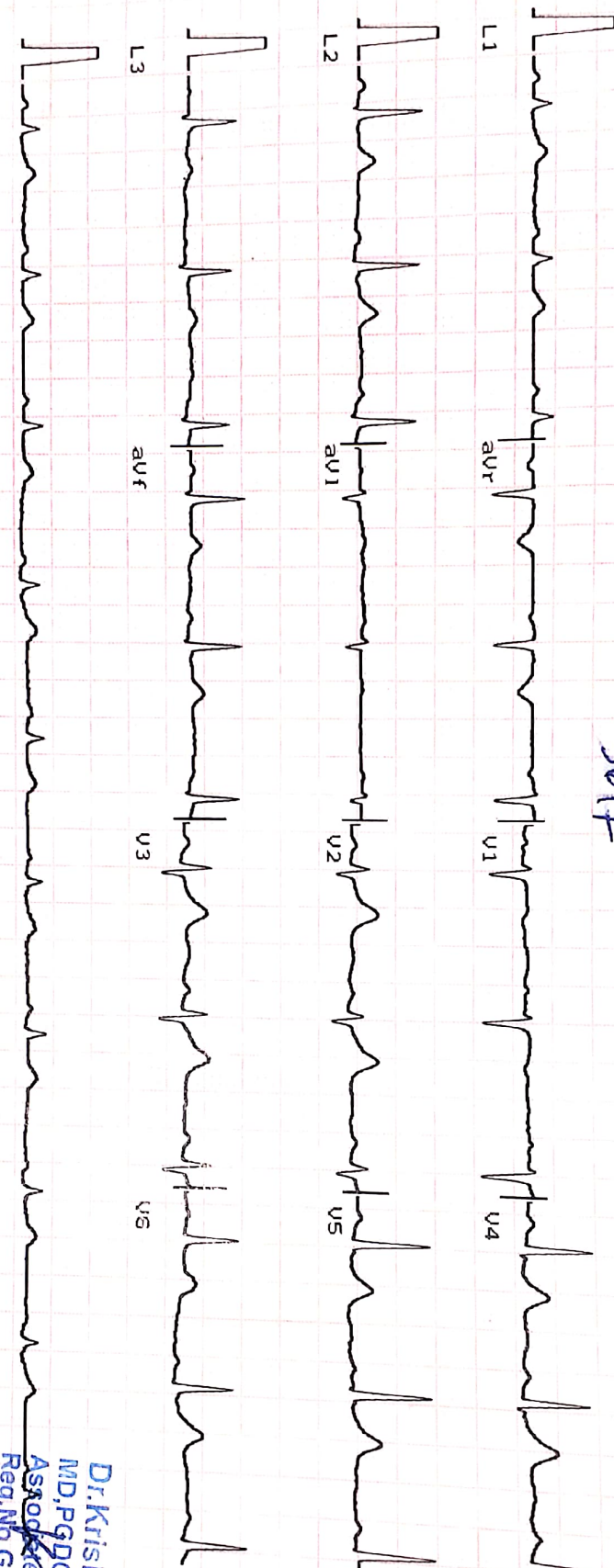
PR: 150 QRS: 50

QT: 342 QTc: 378

ST: 175

AXIS (deg)

P: 49 aVR: 73

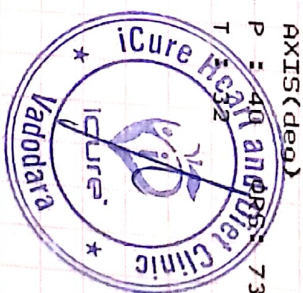


L1  
Ver 10mm/mV  
1.9 25mm/sec  
Time: \_\_\_\_\_  
Date: \_\_\_\_\_

Masteros

27/03/22

Dr. Krish P. Vaidya  
MD, PGDCC  
Asso. Consultant-Cardiology  
Reg. No. G-50510



Masteros



# Heart & General Clinic

iCure Heart & Diet Clinic, 402, Epsilon tower, opp Pasha bhai park, Race course, Vadodara

## :: PERSONAL HEALTH REPORT ::

NAME <i>Sharda. Daiswal</i>	DATE <i>27/03/22</i>
	SR. NO. SEX. AGE <i>36 Female</i> HEIGHT <i>152cm</i> WEIGHT <i>63 k.g.</i>

### HISTORY

Present History : *NO*  
 Past HIness History : *NO* Diabetes/Hypertension/Tuberculosis/Asthma/Epilepsy  
 Past Occupational History : *NO*  
 Family History : *NO*  
 Personal History : *NO*  
 Addiction : *NO* Tobacco/Gutkha/Smoking/Alcohol

### GENERAL EXAMINATION

T.P.R. : B.P. : *120/80* mm Hg :  
 Pallor/Icterus/Cyanosis/Varicosity/Lymph Nodes/Thyroid/Oedema/NVE/Other : *NAD*

### SYSTEMIC EXAMINATION

R.S. : *NAD*  
 C.V.S : *NAD*  
 C.N.S : *NAD*  
 A.S. : *NAD*  
 Musculo-skelet System : *NAD*

E.N.T. Ex. <i>NAD</i>	ACUITY OF VISION			
	Without Glass	DISTANT	RT EYE <i>6/6</i>	LT EYE <i>6/6</i>
Dental Ex. <i>NAD</i>		Near	<i>6/6</i>	<i>6/6</i>
Skin Ex. <i>NAD</i>	With Glass	DISTANT	<i>6/</i>	<i>6/</i>
Psychic Ex. <i>NAD</i>		Near	<i>6/</i>	<i>6/</i>
COLOUR BLINDNESS <i>NAD</i>				

### REMARK

### ADVICE

The Worker is **FIT** for the assigned job.



*Dr. Krish P. Vaidya*  
 Associate Consultant-Cardiology  
 Reg.No.G-50510

DR. KRISH VAIDYA

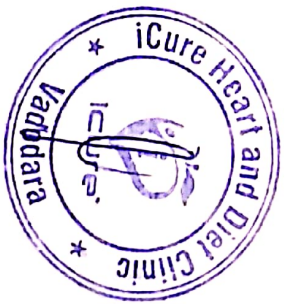
MD G-50510, CIH

Sharda

भारत निर्वाचन आयोग  
महान पत्र  
ELECTION COMMISSION OF INDIA  
IDENTITY CARD  
IIP3077203



निर्वाचक का नाम : शारदा  
ELECTOR'S NAME : SHARDA  
पति का नाम : सचिन कुमार  
HUSBAND'S NAME : SACHIN KUMAR  
लिंग / SEX : महिला / FEMALE  
जन्म की तारीख/DATE OF BIRTH : XXXX/1985





NAME	SHARDA	AGE/SEX	36 FEMALE
REF.BY	ICURE HEART & DIET CLINIC	DATE	27-03-2022

**X-RAY OF CHEST PA VIEW:**

**FINDING**

BOTH LUNGS FIELDS ARE NORMAL .  
 REMAINING LUNG FIELDS ARE NORMAL.  
 BOTH COSTOPHRENIC RECESS ARE CLEAR.  
 CARDIAC SIZE WITHIN NORMAL LIMITS.  
 MEDIASTINUM AND BONY THORACIC CAGE REVEAL NO ABNORMALITY.

**IMPRESSION : NORMAL LUNGS HEART AND MEDIASTUINUM..**

**DR.HIMANI VIRAPARA**  
 Regn. No: G.28771  
 M.D. [Radiodiagnosis]  
 (CONSULTANT RADIOLOGIST)





# JKV LABORATORY



FF-5, Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodara-390 022.  
8320343731 / 9601969303M jkvlaboratory2021@gmail.com

Patient's Name : SHARDABEN JAISWAL  
Referred by : I Cure Heart & Diet Clinic  
Date : 27/03/2022 21:10

Ref. No. : 11158  
Age : 36 Years  
Sex : Female

## BIOCHEMICAL TESTS

Test Name	Result	Units	Biological Reference Interval
Blood Urea :	14.3	mg/dl	10 - 50
Creatinine :	0.69	mg/dl	0.4 - 1.5
Blood Urea Nitrogen :	6.7	mg/dl	0 - 18

  
DR K. K. PATEL  
Reg.  
MD (G-20476)327  
CONSULTANT PATHOLOGIST  
(Pathologist)



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Referred by : I Cure Heart & Diet Clinic  
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Ref. No. : 11158  
Age : 36 Years  
Sex : Female

## THYROID FUNCTION TEST

Test Name	Result	Units	Biological Reference Interval
Serum T3 :	1.03	ng/ml	[0.60 - 1.81]
Serum T4 :	6.40	µg/dl	[4.50 - 10.90]
Serum TSH : (CHEMILUMINESCENCE)	4.213	µIU/ml	[0.55 - 4.78]

Thyroid stimulating hormone (TSH) is synthesized and secreted by the anterior pituitary in response to a negative feedback mechanism involving concentrations of FT3 (free T3) and FT4 (free T4). Additionally, the hypothalamic tripeptide, thyrotropin-releasing hormone (TRH), directly stimulates TSH production. TSH stimulates thyroid cell production and hypertrophy, also stimulate the thyroid gland to synthesize and secrete T3 and T4. Quantification of TSH is significant to differentiate primary (thyroid) from secondary (pituitary) and tertiary (hypothalamus) hypothyroidism. In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hypothyroidism, TSH levels are low.

TSH levels During Pregnancy :

- First Trimester : 0.1 to 2.5 µIU/mL
- Second Trimester : 0.2 to 3.0 µIU/mL
- Third trimester : 0.3 to 3.0 µIU/mL

Reference : Carl A.Burtis,Edward R.Ashwood,David E.Bruns. Tietz Textbook of Clinical Chemistry and Molecular Diagnostics. 5th Edition. Philadelphia: WB Saunders,2012:2170

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Patient's Name : SHARDABEN JAISWAL Ref. No. : 11158  
Referred by : I Cure Heart & Diet Clinic Age : 36 Years  
Date : 27/03/2022 21:10 Sex : Female

## HBA1C [Glycosylated Haemoglobin]

Test Name	Result	Units	Biological Reference Interval
Glycosylated Haemoglobin : (HBA1C)	5.1	%	Excellent control: 4.2-6.2 Good Control : 6.3-7.2 Fair Control : 7.3-8.2 Poor Control : >8.3
Estimated Average glucose :	99.67	mg/dl	

Comment : \*As per the new 2009 update of American Diabetes Association regarding HbA1C & Mean Blood Glucose relationship.

NOTE: This test is used to monitor diabetic patients compliance with the therapeutic regimen and long term blood glucose control. It's level is proportional to both the average blood glucose concentration and the life span of the red blood cells (RBC) in circulation. HbA1c values are free of day to day glucose fluctuations and are unaffected by exercise or recent food intake.

**DR K K PATEL**  
Reg. MD (G-20476) G-23327  
CONSULTANT PATHOLOGIST





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Patient's Name : SHARDABEN JAISWAL Ref. No. : 11158  
Referred by : I Cure Heart & Diet Clinic Age : 36 Years  
Date : 27/03/2022 21:10 Sex : Female

## LIPID PROFILE

Test Name	Result	Units	Biological Reference Interval
Cholesterol :	144.6	mg/dl	Desirable level/low risk : < 200 Borderline level/moderate risk : 200-250 Elevated level/ high risk : > 250
Triglyceride :	109.2	mg/dl	Normal : <150 Borderline high :150-200 High : > 200
HDL Cholesterol :	52.3	mg/dl	Desirable level/low risk : >60 Borderline level/moderate risk : 35-60 Elevated level/ high risk : <35
LDL Cholesterol :	70.46	mg/dl	Desirable level/low risk : <130 Borderline level/moderate risk : 130-159 Elevated level/ high risk : >159
VLDL :	21.84	mg/dl	Upto 34
Chol./HDL Ratio :	2.8		
LDL/HDL Ratio :	1.3		Desirable level/low risk : 0.5-3.0 Borderline level/moderate risk : 3.0-6.0 Elevated level/ high risk : >6.0
Total Lipids :	598.4	mg/dl	400 - 1000

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Patient's Name : SHARDABEN JAISWAL  
Referred by : I Cure Heart & Diet Clinic  
Date : 27/03/2022 21:10

Ref. No. : 11158  
Age : 36 Years  
Sex : Female

## LIVER FUNCTION TEST

Test Name	Result	Units	Biological Reference Interval
S.G.P.T. (ALT) :	26.1	U/L	30- 65
S.G.O.T. (AST) :	19.20	IU/L	[Female: 0 - 31] [Male: 0 - 35]
S. Alkaline Phosphatase :	70	IU/L	[upto 15 yrs Female 50-162] [>20 yrs Female 42 - 141] [>20 yrs Male 53 - 119]
S. Bilirubin (Total) :	0.89	mg/dl	[0.1 to 1.2]
S. Bilirubin (Direct) :	0.46	mg/dl	[0.0 to 0.3]
S. Bilirubin (Indirect) :	0.43	mg/dl	[0.0 to 0.9]
S. Proteins: (Total) :	7.12	gm/dl	[6.6 to 8.8]
S. Albumin :	4.00	gm/dl	[3.5 to 5.2]
S. Globulin :	3.12	gm/dl	[2.5 to 3.0]
A/G Ratio :	1.3		
G.G.T. : (Gamma-Glutamyl Transferase)	36.9	IU/L	[8 to 78]

  
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Patient's Name : SHARDABEN JAISWAL  
Referred by : I Cure Heart & Diet Clinic  
Date : 27/03/2022 21:10

Ref. No. : 11158  
Age : 36 Years  
Sex : Female

## HEMOGRAM

Test Name	Result	Units	Biological Reference Interval
Hemoglobin :	11.5	g/dl	[12.0-16.0]
Total RBC Count :	4.04	mill/cmm	[4.2-5.4]
<b>Blood Indices</b>			
P.C.V :	34.8	%	[37-47]
M.C.V. :	86.14	femtolitre	[78-100]
M.C.H. :	28.47	pg	[27-31]
M.C.H.C. :	33	g/dl	[32-36]
R.D.W. :	13.2	%	[11.5-14.0]
Total WBC Count :	5290	/cmm	[4000-10000]
Platelet Count :	<b>138000</b>	/cmm	150000-450000
<b>Differential WBC Count</b>			
Polymorphs :	60	%	[60 - 70]
Lymphocytes :	36	%	[20 - 40]
Eosinophils :	02	%	[1 - 4]
Monocytes :	02	%	[2 - 6]
Basophils :	00	%	[0 - 1]
MPV :	12.0		
PDW-CV :	16.3		
PDW-SD :	17.8		
PCT :	0.16		
P-LCR :	41.7		
<b>Erythrocyte Sedimentation Rate</b> [Modified Westergren]			
After 1 hour :	11	mm	[M: 1 - 7 / F: 3 - 12]

**DR K K PATEL**  
Reg. G-23327  
CONSULTANT PATHOLOGIST



  
**Heart & General Clinic**

iCure Heart & Diet Clinic, 402, Epsilon tower, opp Pasha bhai park, Race course, Vadodara

NAME : Mrs Sharda Jaiswal	AGE : 36 Y/F	DATE : 28/03/2022
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**ULTRASONOGRAPHY OF WHOLE ABDOMEN**  
(Screening Only)

**Liver** is normal in size and echotexture and shows normal parenchymal reflectivity. No focal lesion is seen. Hepatic veins appear normal. There is no evidence of any dilated intra hepatic billiary radicals.

**Portal Vein** appears normal in diameter.

**Common Bile Duct** is of normal diameter.

**Gallbladder** is physiologically distended with normal wall thickness. There is no evidence of gallstones. No evidence of peri-cholecystic fluid or probe tenderness.

**Pancreas** is normal in size and shows homogenous reflectivity. There is no evidence of any calcification or ductal dilatation.

**Spleen** is normal size and shows a homogenous echotexture. There is no evidence of any focal lesion.

**Both Kidneys** are normal in position and size. They show normal cortical reflectivity and cortico-medullary distinction. Right kidney measures 99x49mm. Left kidney measures 92x45mm. There is no evidence of renal calculi, hydronephrosis or mass seen.

**Bladder** is well distended and shows normal wall thickness. No evidence of intra-luminal mass or calculi.

**Uterus** appears normal in size. Uterine myometrial echotexture is homogeneous. No focal lesion is seen. CET measures 5mm.

**Both Ovaries** appears normal in size & reflectivity. No evidence of any adnexal mass.

There is no evidence of ascites.

No evidence of any gross bowel mass seen.

No evidence of any aorto-caval or mesenteric root lymphadenopathy.

No mass or collection in right iliac fossa.

**CONCLUSION:** No sonographic abnormality is seen.



  
**DR. MEHUL PRAJAPATI**  
**CONSULTANT RADIOLOGIST**

  
**Heart & General Clinic**

**2D Echocardiography & Color Doppler Report**

iCure Hear care, 402, Epsilon tower, opp Pasha bhai park, Race course, Vadodara

**Patient Name:** Mrs Sharda Jaiswal  
**Age, Gender:** female - 36 Years

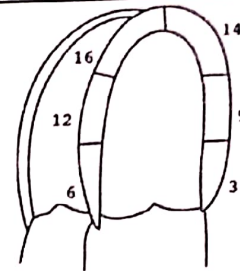
**Date:** 27 / 03 / 2022

**M. Mode Study:**

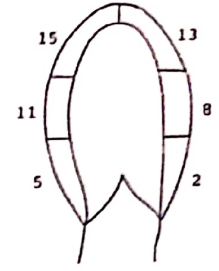
LA	30	IVS	10	PWD	11
AO	25	LVDs	26	LVDd	47

**Doppler Study:**

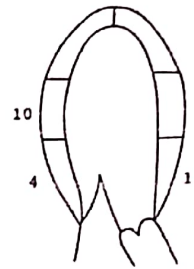
Mitral Valve	E: 0.82 A: 0.52
Aortic Valve	1.23
Tricuspid Valve	0.59
Pulmonary Valve	1.55



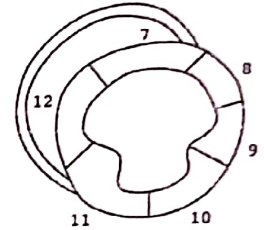
Apical  
4 chamber view



Apical  
2 chamber view



Apical  
3 chamber view



Parasternal short  
axis view

**Conclusion:**

- Normal LV Systolic function
- LVEF: 60 % ,No RWMA
- Cardiac Chambers: Normal
- Diastolic function: Normal
- TR: No PAH: No , RVSP: 15 mmhg
- No MR/MS
- No AR , No AS
- ASD/VSD/PDA/Co-A : No
- No Clots or vegetations found
- IVC: Normal



Dr. Krish P. Vaidya  
MD, PGDCC  
Associate Consultant-Cardiology  
Reg.No.G-50510

**Dr. Krish P Vaidya**  
Consultant Cardiologist, Diabetologist  
& General Physician

Note:

Normal 2D echo report does not rule out cardiac diseases  
this report shall not be used for Medico legal purposes,  
Clinical Correlation advisable.