

Hi Jpk Hospitals And Trauma Centre Pvt. Ltd.,

Diagnostic/Hospital Location :8/9, NORMAL COMPOUND, OPP. TELEPHONE EXCHANGE, NEAR SUPER MARKET, City: Sultanpur

We have received the confirmation for the following booking .

**Beneficiary Name :** PKG10000244

**Beneficiary Name :** MR. KUMAR PAWAN

**Member Age :** 27

**Member Gender :** Male

**Member Relation :** Employee

**Package Name :** Mediwheel Full Body Health Checkup Male Below 40

**Location :** RANIGANJ, Uttar Pradesh-227816

**Contact Details :** 8009806581

**Booking Date :** 30-03-2023

**Appointment Date :** 02-04-2023

**Instructions to undergo Health Check:**

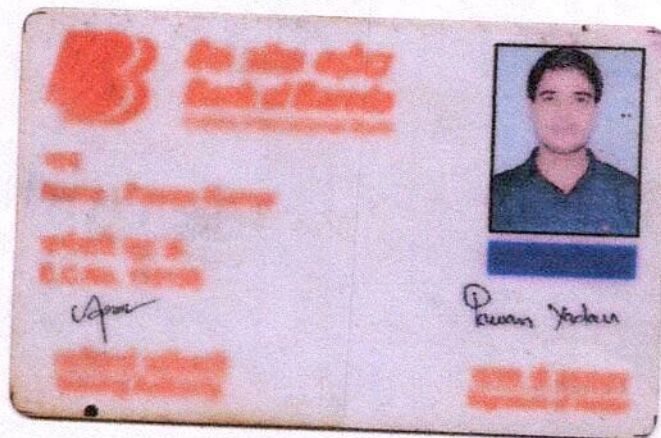
1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
4. Please bring all your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

**For Women:**

1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
2. It is advisable not to undergo any Health Check during menstrual cycle.

We request you to facilitate the employee on priority.

  
**Dr. Pawan Kumar Singh**  
M.B.B.S., DNB (Medicine)  
UPMCI-61330  
Director & Consultant Physician  
JFK Clinic & Diagnostics  
(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)



*Pawan Kumar Singh*

*P*  
**Dr. Pawan Kumar Singh**  
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भारत सरकार  
Government of India

पवन कुमार  
Pawan Kumar  
जन्म तिथि / DOB : 05/06/1993  
पुरुष / MALE

9049 2416 0409

मेरा आधार, मेरी पहचान

*Pawan Yadav*

भारतीय विशिष्ट पहचान प्राधिकरण  
Unique Identification Authority of India

पता: S/O विजय बहादुर यादव, मिश्रपुर,  
मिश्रपुर पुराना, सुल्तानपुर, उत्तर प्रदेश, 228001  
Address: S/O Vijay Bahadur Yadav,  
Mishrapur, MISHRAPUR PURAINA,  
Sultanpur, Uttar Pradesh, 228001

9049 2416 0409

1947 help@uidai.gov.in www.uidai.gov.in

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MR Pawan Kumar

02.04.2023 9:49:22  
JPK CLINIC AND DIAGNOSTICS  
NORMAL COMPOUND, SUPER MARKET  
SULTANPUR

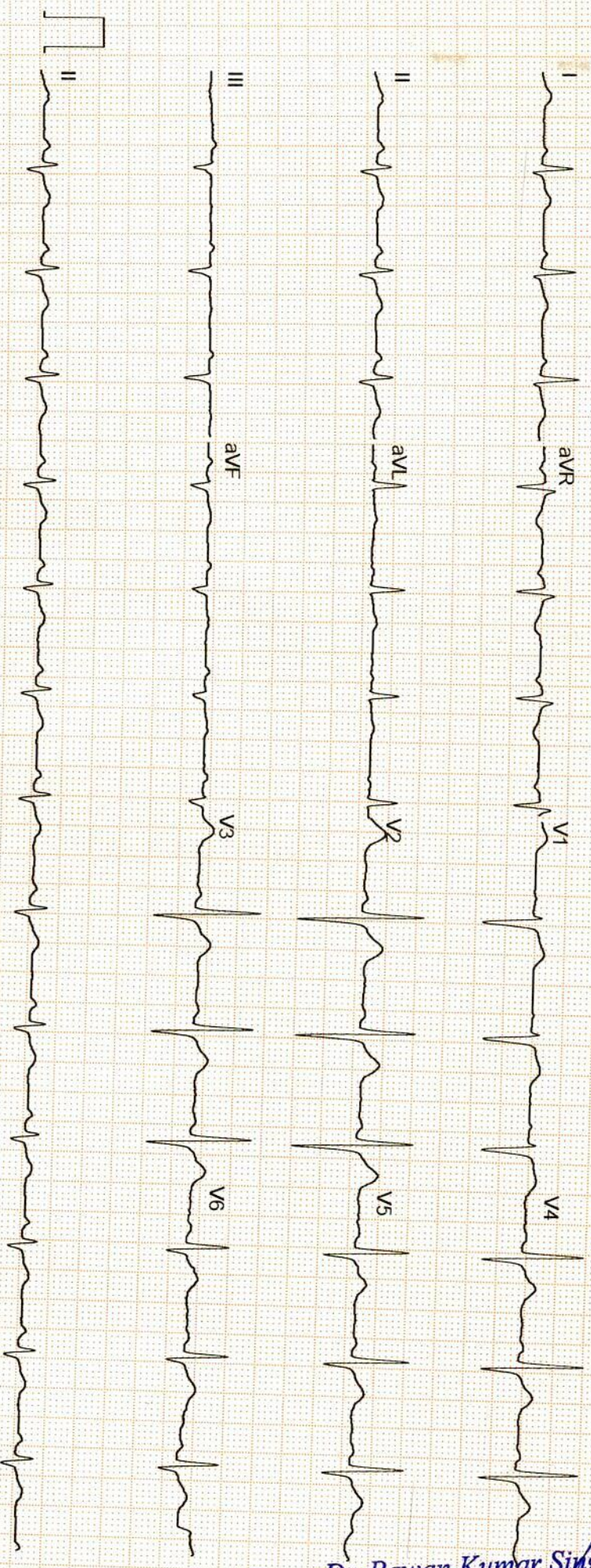
Order Number:  
Indication:  
Medication 1:  
Medication 2:  
Medication 3:

Technician:  
Ordering Ph: DR. J.P. SINGH  
Referring Ph:  
Attending Ph:

QRS : 86 ms  
QT / QTcBaz : 370 / 432 ms  
PR : 150 ms  
P : 106 ms  
RR / PP : 728 / 731 ms  
P / QRS / T : 46 / -17 / 30 degrees

Normal sinus rhythm  
Normal ECG

*Normal ECG*



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-- / -- mmHg

GE MAC2000 1.1 12SL™ V241 25 mm/s 10 mm/mV ADS 0.56-20 Hz 50 Hz 4x2.5x3.25 R1



सर्वे सन्तु निरामया

# राज डायग्नोस्टिक एण्ड मेडीकेयर

डिजिटल एक्सरे, पैथॉलाजी, अल्ट्रासाउण्ड

ठाकुर प्रसाद काम्प्लेक्स, निकट NY माल, गल्ला मण्डी मोड़, जिला अस्पताल रोड-सुलतानपुर

Report No : 18,582  
 Patient Name : Mr. PAWAN KUMAR YADAV  
 Age (Y-M-D) : 0 - 0 - 0  
 Sex : Male  
 Referred By : DHS



Bill No. / Day Sr.: 02-Apr-23 12  
 Receiving Date : 02-Apr-23 12  
 Reporting Date :

## ULTRASONOGRAPHIC FINDINGS OF WHOLE ABDOMEN MALE.

### LIVER

: Liver is normal in size and echogenicity .  
 No focal or diffuse mass lesion seen.No IHBD dilatation seen.

### GALL BLADDER

: Gall bladder is normal in distension & shows echofree lumen. Wall thickness is within normal limit. No obvious GB calculus / sludgeness noted.

### PV/CBD

: Portal vein and CBD are normal in their course and calibre.

### PANCREAS

: Pancreas is normal in size, contous & echotexture.

### SPLEEN.

: Spleen is normal in size mm and echogenicity.  
 No focal or diffuse mass lesion seen.

### KIDNEYS

: Both kidneys are normal in size, contour and echopattern. Cortico medullary differentiation is normally preserved. No calculus or mass lesion is seen.No hydronephrosis is seen.

### URETER

: B/L ureters are normally visualized.

### U.BLADDER

: Urinary Bladder is normal in wall thickness with evidence of anechoic lumen. No calculi or mass lesion seen.

### PROSTATE

: Prostate is normal in size,shape & echo-texture.  
 No mass lesion is seen .

### POST VOID

: Not done.

### BOWEL

: Fluid filled bowel's loop in upper abdomen with increase peristalsis activity.No obvious lymphadenopathy noted.

### IMPRESSION

: ? BOWEL INFLAMMATION

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*Dr. Amit Kumar*  
 (Sonologist)  
 M.B.B.S. MS  
 Reg.No.-29176

Timings : 8.30 AM to 7.30 PM, Sunday, 9.00 AM to 2.00 PM.

This is Profession opinion clinicians are requested to correlate pathological finding with clinical feature.  
 If there is any doubt please repeat test free of cost.

{ NOT FOR MEDICO LEGAL PURPOSE }





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Report No : 18,580  
 Patient Name : Mr. PAWAN KUMAR YADAV  
 Age (Y-M-D) : 0 - 0 - 0  
 Sex : Male  
 Referred By : DHS



Bill No. / Day Sr.-: 4/2/2023 12:0  
 Receiving Date : 4/2/2023 12:0  
 Reporting Date :

## X-RAY CHEST P.A.

TRACHEA- : Trachea is central,  
 CARDIAC SHADOW- : The cardiac size and silhouette is normal.  
 ANGLES- : Both costophrenic angles are clear.  
 PARRENCHYMA- : Both lung fields are clear & have normal volume bronchovascular pattern.  
 C / T RATIO- : Normal  
 MEDIASTINUM- : no mediastinal shift is seen.  
 DOME OF DIAPHRAGM- : Both domes of the diaphragm are normal in position, outline & curvature.  
 IMPRESSION- : **NORMAL FINDING**

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Super Market, Sultanpur -228 001 (U.P.)

Ph. : 05362-241192, 9196008963

www.jpkhospitals.com



Patient ID : 044547  
 Name : Mr. PAWAN KUMAR  
 Age/Gender : 29Y/M  
 Date/Time : 02-04-2023/12:36  
 Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
<b>BIO-CHEMISTRY</b>		
<b>Liver Function Test (LFT)</b>		
LRN-010409		
<b>Bilirubin Total</b>	0.51 mg/dL	10.0 - 14.0 mg/dL 3-5 Days (Premature) 4.0 - 8.0 mg/dL 3-5 Days (Full Term) 0.0 - 1.0 mg/dL (Adult)
<b>Bilirubin Direct</b>	0.30 mg/dL	0.0 - 0.2 mg/dL
<b>Bilirubin Indirect</b>	0.21 mg/dL	0.0 - 0.8 mg/dL
<b>SGOT</b>	35.6 U/L	upto 40 U/L (Males) upto 32 U/L (Females)
<b>SGPT</b>	28.6 U/L	upto 41 U/L (Males) upto 33 U/L (Females)
<b>Alkaline Phosphatase</b>	96.3 U/L	UPTO 125 U/L
<b>Total Protein</b>	7.14 g/dL	6.0 - 8.0 g/dL
<b>Albumin</b>	4.65 g/dL	3.5 - 5.2 g/dL
<b>Globulin</b>	2.49 g/dL	1.5 - 3.0 g/dL
<b>A/G</b>	2.8	1 - 2
Sample Collection Time 02 Apr 2023 / 12:36 Result Approval Time 02 Apr 2023 / 13:07		
LRN-010408		
<b>Serum Creatinine</b>	1.0 mg/dL	Male 0.9-1.3 mg/dL Female 0.6-1.1 mg/dL
Sample Collection Time 02 Apr 2023 / 12:36 Result Approval Time 02 Apr 2023 / 13:07		
LRN-010408		
<b>GGT</b>	24.1 U/L	5-36 U/L (Female) 8-61 U/L (Male)
Sample Collection Time 02 Apr 2023 / 12:36 Result Approval Time 02 Apr 2023 / 13:07		
LRN-010409		
	<b>Blood Urea Nitrogen (BUN)</b>	

Rakesh Sharma  
Lab Technician

**Dr. Pawan Kumar Singh**  
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**Dr. SHIWANGI**  
MBBS, DCP. (DNB)  
Consultant Pathologist  
JPK Clinic & Diagnostics  
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This is an Electronically Generated Report. This report is based on the specimen(s) received. The report may need to be correlated clinically as laboratory

**Facilities Available**

- ECG
- PFT
- Endoscopy
- Hematology
- Biochemistry
- Microbiology
- FNAC
- Histopathology
- Sample Collection from Home & Online Delivery of Reports
- ABP
- TMT
- Echocardiography
- Ultrasound



Patient ID : 044547  
 Name : Mr. PAWAN KUMAR  
 Age/Gender : 29Y/M  
 Date/Time : 02-04-2023/12:36  
 Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
<b>Blood Urea Nitrogen (BUN)</b>	10.4 mg/dL	5-18 mg/dL Infant/Child 6-20 mg/dL Adult 8-23 mg/dL Adult >60Yr
Sample Collection Time 02 Apr 2023 / 12:36 Result Approval Time 02 Apr 2023 / 13:07		
LRN-010408	<b>Uric Acid</b>	
<b>Uric Acid</b>	5.2 mg/dL	Male 4.0-8.5 mg/dL Female: 2.7-7.3 mg/dL
Sample Collection Time 02 Apr 2023 / 12:36 Result Approval Time 02 Apr 2023 / 13:07		
LRN-010412	<b>HbA1C</b>	
<b>Glycosylated Haemoglobin</b>	4.2 %	4-6% - NON-DIABETIC 6-7% - GOOD CONTROL 7-8% - FAIR CONTROL >8% - ACTION SUGGESTED
Sample Collection Time 02 Apr 2023 / 12:36 Result Approval Time 02 Apr 2023 / 13:07		
LRN-010409	<b>Lipid Profile</b>	
<b>Total Cholesterol</b>	158.6 mg/dl	Desirable < 200 mg/dL Borderline 200-239 mg/dL High > 240 mg/dL
<b>Triglycerides</b>	121.4 mg/dL	Normal < 150 mg/dL Borderline High 150-199 mg/dL High 200-499 mg/dL Very high > 500 mg/dL
<b>HDL</b>	57.4 mg/dL	Low < 40 mg/dL Normal 40 -60 mg/dL High > 60 mg/dL
<b>LDL</b>	94.7 mg/dL	Optimal <100 mg/dL Near Optimal 100-129 mg/dL Borderline high 130-159 mg/dL

*Rakesh*

Rakesh Sharma  
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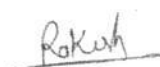
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Patient ID : 044547  
 Name : Mr. PAWAN KUMAR  
 Age/Gender : 29Y/M  
 Date/Time : 02-04-2023/12:36  
 Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
VLDL	24.2 mg/dL	High 160-189 mg/dL Very high >190 mg/dL 15-30 mg/dL Desirable < 20 mg/dL Borderline High 21-39 mg/dL High > 40 mg/dL
TC/HDL Ratio	2.7	( Less than 5.0 )
LDL/HDL	1.6	UPTO 3.5
Sample Collection Time 02 Apr 2023 / 12:36 Result Approval Time 02 Apr 2023 / 13:07		
LRN-010408	<b>Fasting blood sugar</b>	
<b>Fasting Blood Sugar</b>	94.0 mg/dL	70-110 mg/dl
Sample Collection Time 02 Apr 2023 / 12:36 Result Approval Time 02 Apr 2023 / 13:07		
LRN-010408	<b>PSA Total</b>	
<b>PSA TOTAL</b>	0.24 ng/mL	<4.00 ng/mL
Sample Collection Time 02 Apr 2023 / 12:36 Result Approval Time 02 Apr 2023 / 13:07		

  
 Rakesh Sharma  
 Lab Technician

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Patient ID : 044547  
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 Age/Gender : 29Y/M  
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INVESTIGATION	RESULT	REFERENCE RANGE
<b>HAEMATOLOGY</b>		
LRN-010406	<b>Erythrocyte sedimentation Rate (ESR)</b>	
<b>Erythrocyte sedimentation Rate (ESR)</b>	10 mm/hr	Male : 0 - 10 mm/hr Female : 0 - 20 mm/hr
Sample Collection Time 02 Apr 2023 / 12:36 Result Approval Time 02 Apr 2023 / 13:07		
LRN-010407	<b>Blood grouping and Rh typing</b>	
<b>Blood Group</b>	O	
<b>RH Typing</b>	POSITIVE (+)	
Sample Collection Time 02 Apr 2023 / 12:36 Result Approval Time 02 Apr 2023 / 13:07		
LRN-010405	<b>Complete Blood Count</b>	
<b>Haemoglobin</b>	13.5 g/dL	13-18g/dL(>15yr Adult Male) 12-15g/dL(>15yrAdult Female)
<b>WBC Count</b>	8940	4000-11,000/cumm
<b>Differential Count</b>		
<b>Neutrophils</b>	71 %	40-75 %
<b>Lymphocytes</b>	23 %	20-45 %
<b>Eosinophils</b>	01 %	01-08 %
<b>Monocytes</b>	05 %	02-10 %
<b>Basophils</b>	00 %	00-01 %
<b>RBC Count</b>	4.49 millon/cumm	4.5-6.0 million/cumm (Male) 4.0-5.5 million/cumm (Female)
<b>PCV</b>	38.2 %	40-54 % (>15yr Adult Male) 34-48 % (>15yr Adult Female)
<b>MCV</b>	85.1 fl	75-95 fl
<b>MCH</b>	30.0 pg	26-32 pg
<b>MCHC</b>	35.3 %	30-35%
<b>Platelet Count</b>	186000 cells/cumm	150000 - 400000 cells/cumm
<b>Mean Platelet Volume(MPV)</b>	9.8 fL	7.5-11.5 fL
<b>RDW-CV</b>	12.8 %	11-16 %

Rakesh Sharma  
Lab Technician

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**JPK**

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Age/Gender : 29Y/M  
Date/Time : 02-04-2023/12:36  
Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
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RDW-SD	42.9 %	35-56 %
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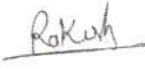


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INVESTIGATION	RESULT	REFERENCE RANGE
<b>Clinical Pathology</b>		
<b>URINE - ROUTINE/MICROSCOPY</b>		
LRN-010410		
<b>PHYSICAL EXAMINATION</b>		
Quantity in ml	20 ML	
Urine Color	PALE YELLOW	
Reaction	ACIDIC	
<b>CHEMICAL EXAMINATION</b>		
Leukocytes	NEGATIVE	
Nitrite	NEGATIVE	
Urobilinogen	NEGATIVE	
pH	6.0	
Blood	NEGATIVE	
Sp.Gravity	1.020	
Ketone	NEGATIVE	
Bilirubin	NEGATIVE	
Glucose	NEGATIVE	
Protein	NEGATIVE	
<b>MICROSCOPIC EXAMINATION</b>		
Epithelial Cells	1-2/HIGH POWER FIELD	
RBC	NIL	
Pus Cells	2-3/HIGH POWER FIELD	
Casts	NOT SEEN	
Crystals	NOT SEEN	
Sample Collection Time 02 Apr 2023 / 12:36		
Result Approval Time 02 Apr 2023 / 13:07		
 Rakesh Sharma Lab Technician	 <b>Dr. Pawan Kumar Singh</b> M.B.B.S., DNB (Medicine) UPMCI-61330 Director & Consultant Physician JPK Clinic & Diagnostics (A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)	 <b>Dr. SHIWANGI</b> MBBS, DCP. (DNB) Consultant Pathologist JPK Clinic & Diagnostics (A Unit of JPK Hospitals & Trauma Center Pvt. Ltd.)

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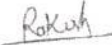
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INVESTIGATION	RESULT	REFERENCE RANGE
<b>CHEMILUMINESCENCE IMMUNOASSAY</b>		
<b>Thyroid Function Test (T3, T4, TSH)</b>		
LRN-010411		
T3	1.14 ng/mL	0.69-2.15
T4	89.6 ng/mL	52-127
TSH	3.92 $\mu$ IU/mL	21 weeks- 20 years: 0.7-6.4 $\mu$ IU/mL 21-54 years: 0.4 - 4.2 $\mu$ IU/mL 55- 87 years: 0.5 – 8.9 $\mu$ IU/mL Pregnancy: 1st Trimester: 0.24 – 2.99 $\mu$ IU/mL 2nd Trimester: 0.46 – 2.95 $\mu$ IU/mL 3rd Trimester: 0.43 – 2.78 $\mu$ IU/mL

Sample Collection Time 02 Apr 2023 / 12:36

Result Approval Time 02 Apr 2023 / 13:07

----- End of Report -----

  
Rakesh Sharma  
Lab Technician

  
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**Dr. SHIWANGI**  
MBBS, DCP. (DNB)  
Consultant Pathologist  
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This is an Electronically Generated Report. This report is based on the specimen/s received. The report may need to be correlated clinically as laboratory investigations are dependent on multiple factors. These results should not be reproduced in part.

- ECG ● PFT ● Endoscopy ● Hematology ● Biochemistry ● Microbiology ● FNAC ● Histopathology  
● Sample Collection from Home & Online Delivery of Reports ● ABP ● TMT ● Echocardiography ● Ultrasound



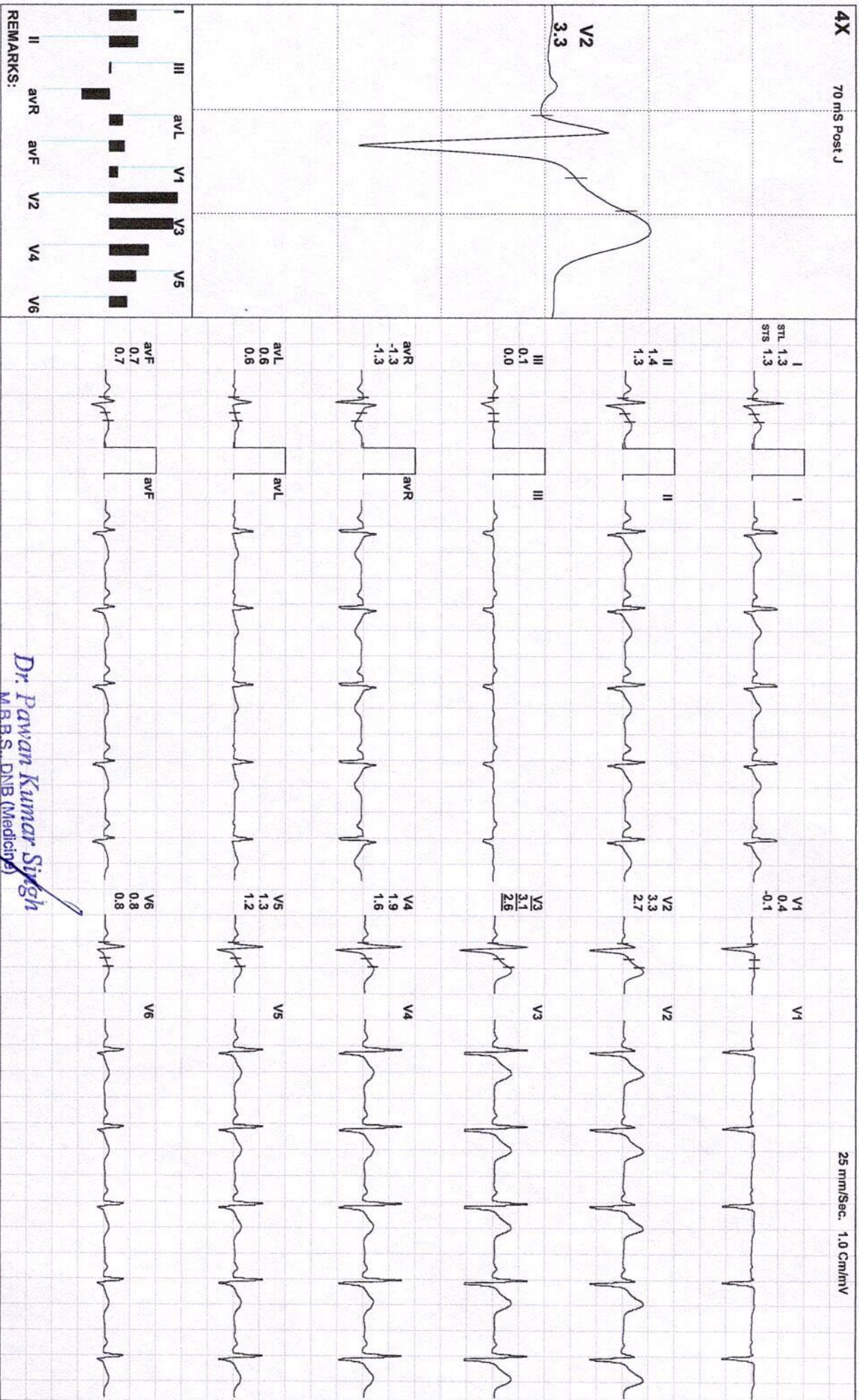
PAWAN KUMAR / 29 Yrs / M / 166 Cms / 62 Kg / HR : 85

Date: 02 / 04 / 2023 10:19:07 AM METS: 1.0/ 85 bpm 45% of THR BP: 112/72 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 HZ/LF 35 HZ

EXTime: 00:00 0.0 mph, 0.0%

4X 70 m/s Post J

25 mm/Sec. 1.0 Cm/mV



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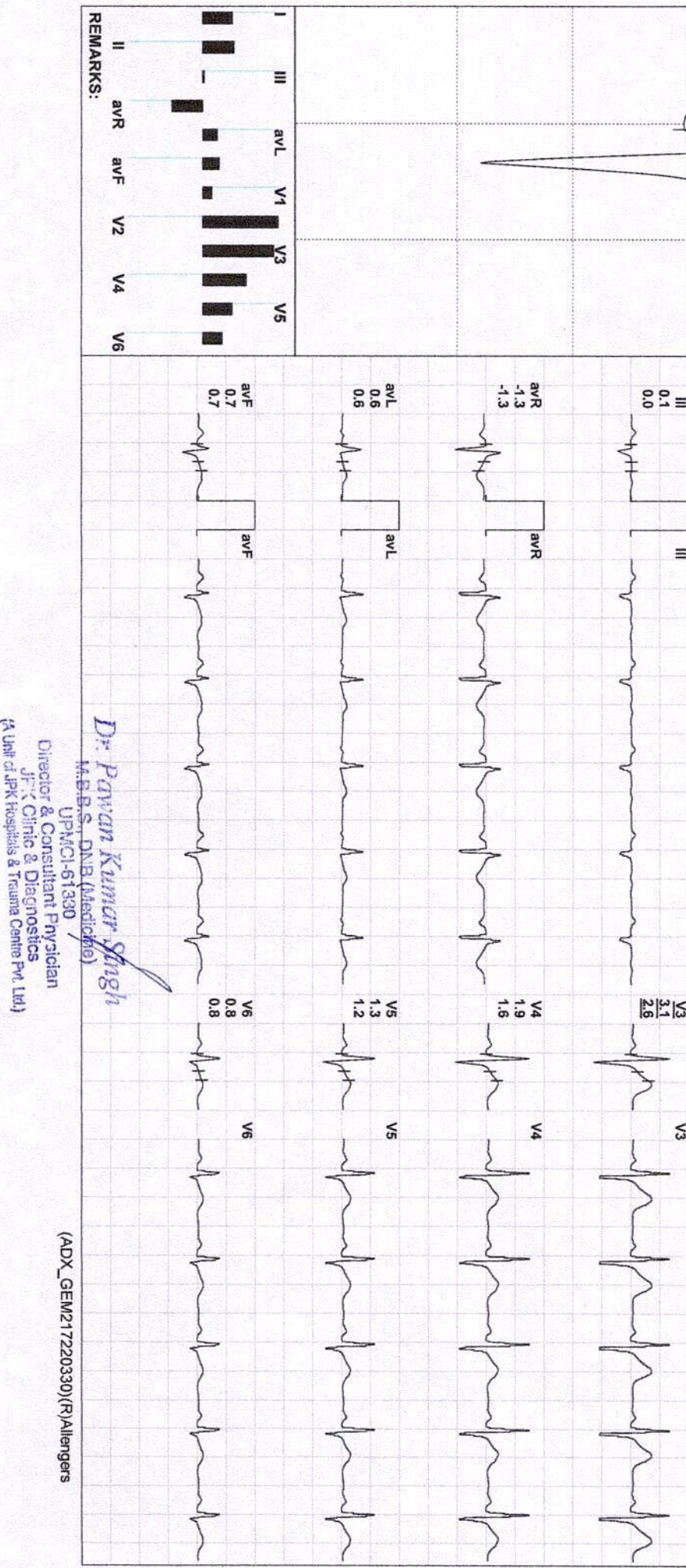
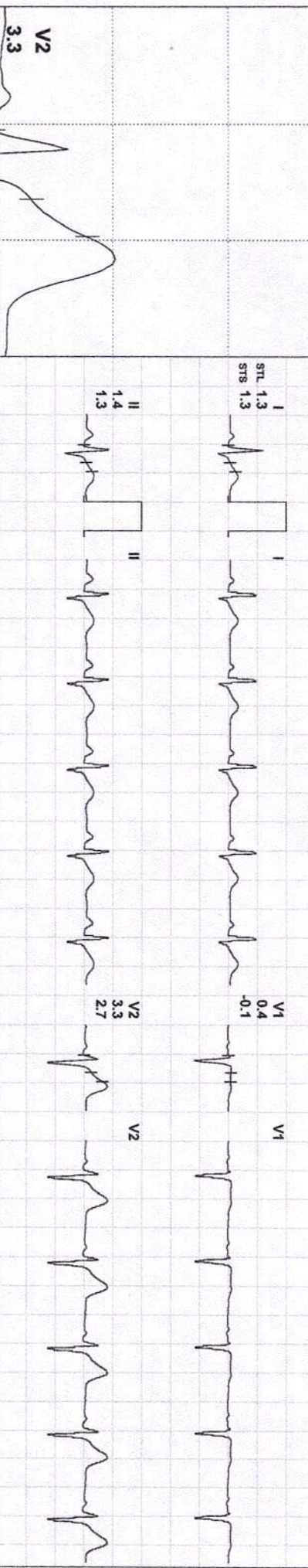
PAWAN KUMAR / 29 Yrs / M / 166 Cms / 62 Kg / HR : 85

Date: 02 / 04 / 2023 10:19:07 AM METS: 1.0/ 85 bpm 45% of THR BP: 112/72 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 00:00 0.0 mph, 0.0%

4X 70 mS Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:

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(ADX\_GEM217220330)(R)Allengers



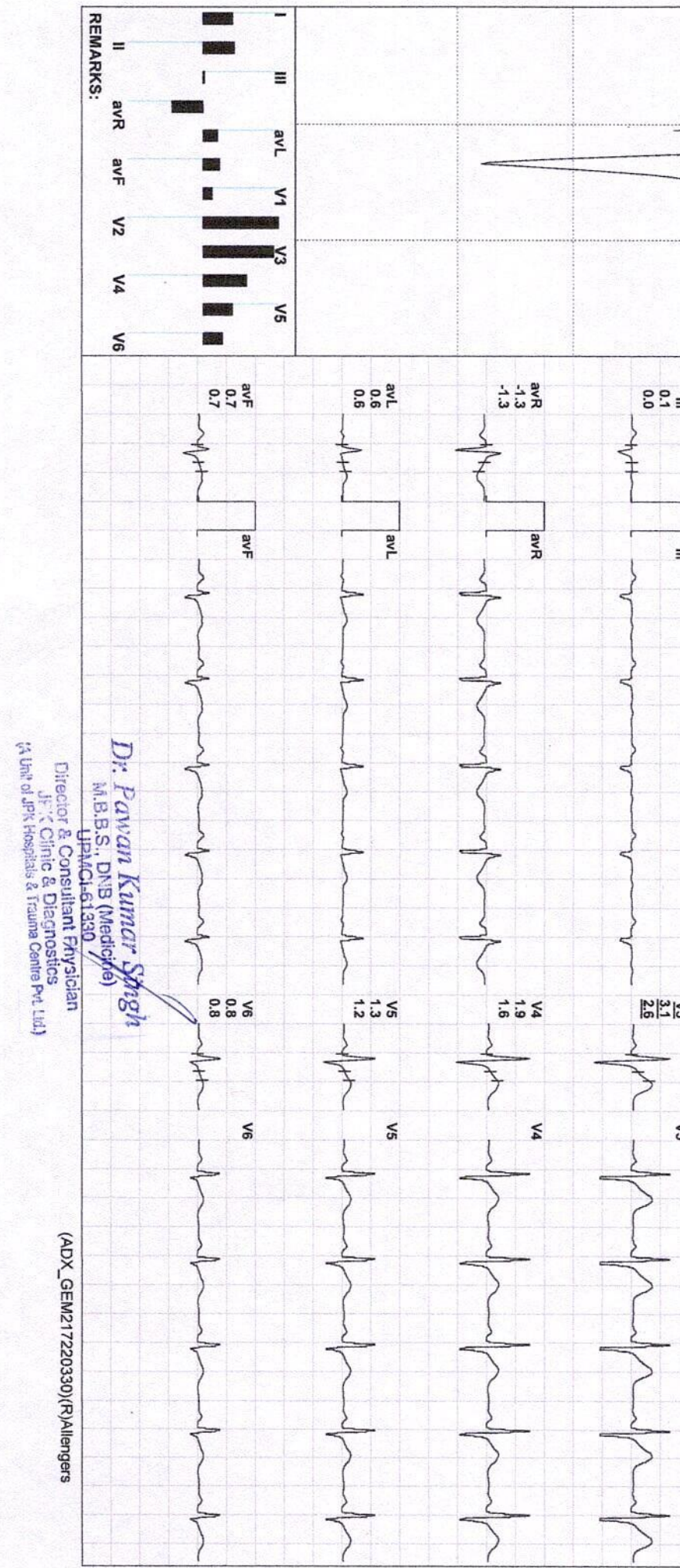
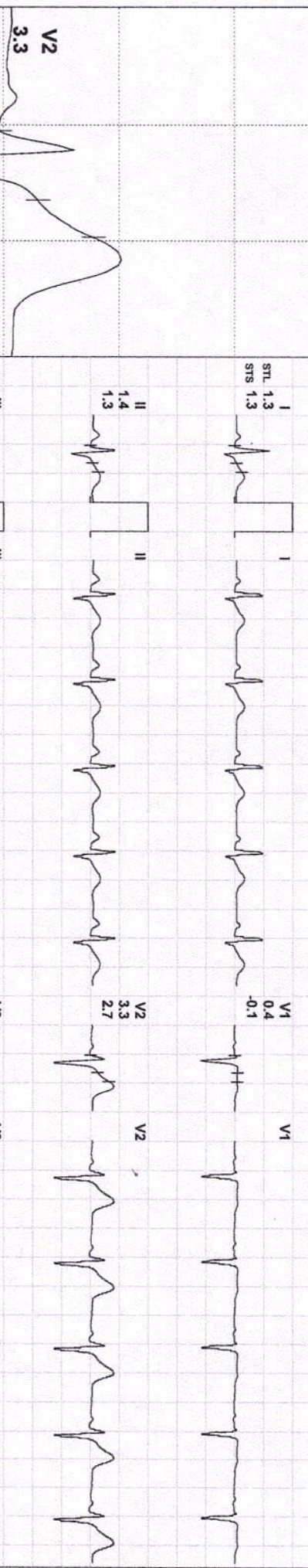
PAWAN KUMAR / 29 Yrs / M / 166 Cms / 62 Kg / HR : 87

Date: 02 / 04 / 2023 10:19:07 AM METS: 1.0/ 87 bpm 46% of THR BP: 112/72 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 HZ/LF 35 HZ

EXTime: 00:00 0.0 mph, 0.0%

4X 70 mS Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:

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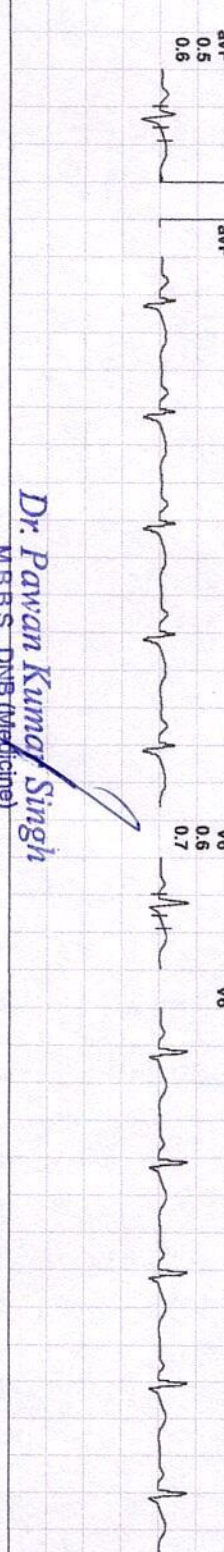
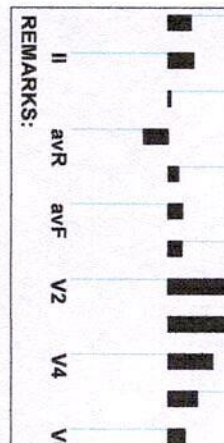
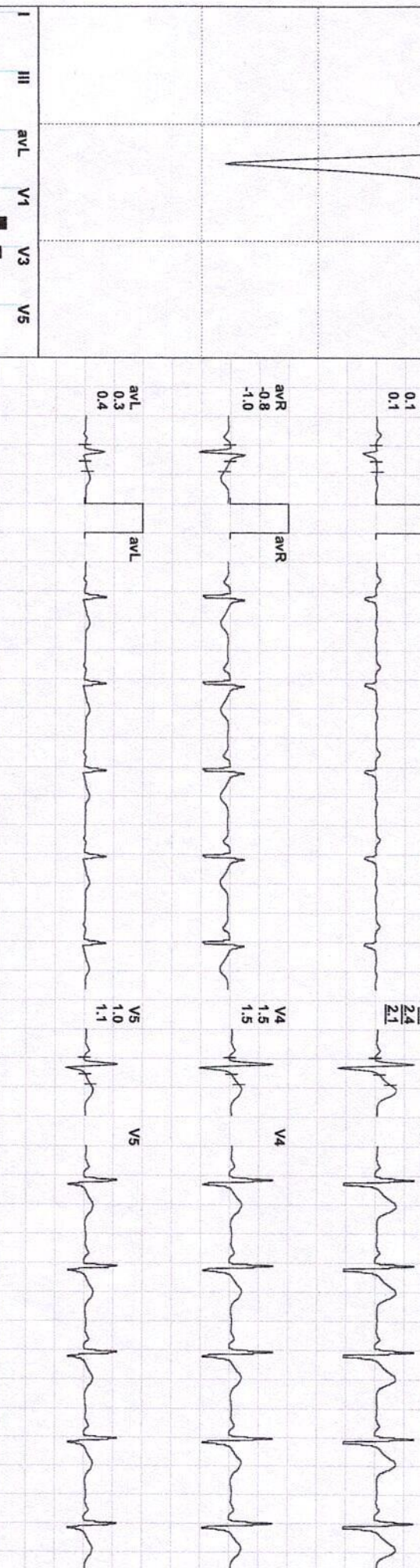
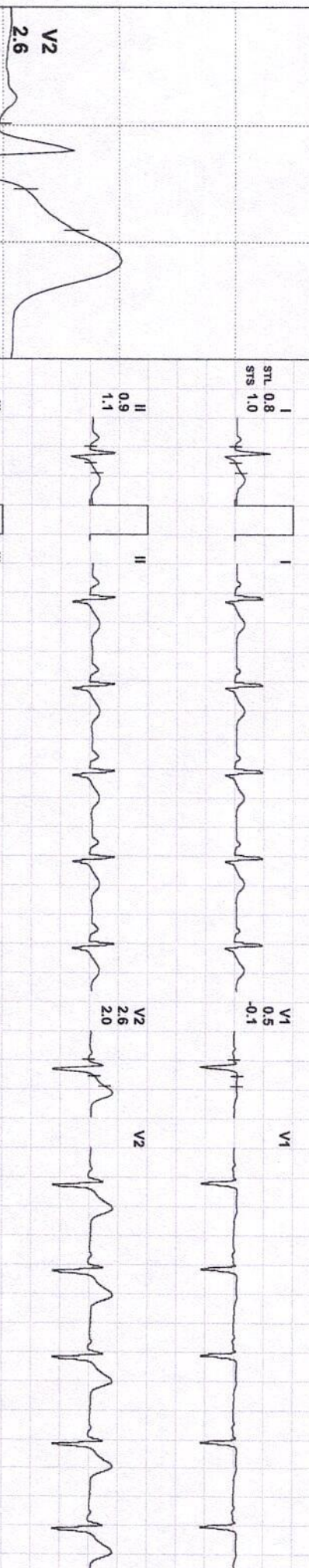
PAWAN KUMAR / 29 Yrs / M / 166 Cms / 62 Kg / HR : 90

Date: 02 / 04 / 2023 10:19:07 AM METS: 1.0/ 90 bpm 47% of THR BP: 112/72 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 HZ/LF 35 HZ

EXTime: 00:00 0.0 mph, 0.0%

4X 80 mS Post J

25 mm/Sec. 1.0 Cm/mV



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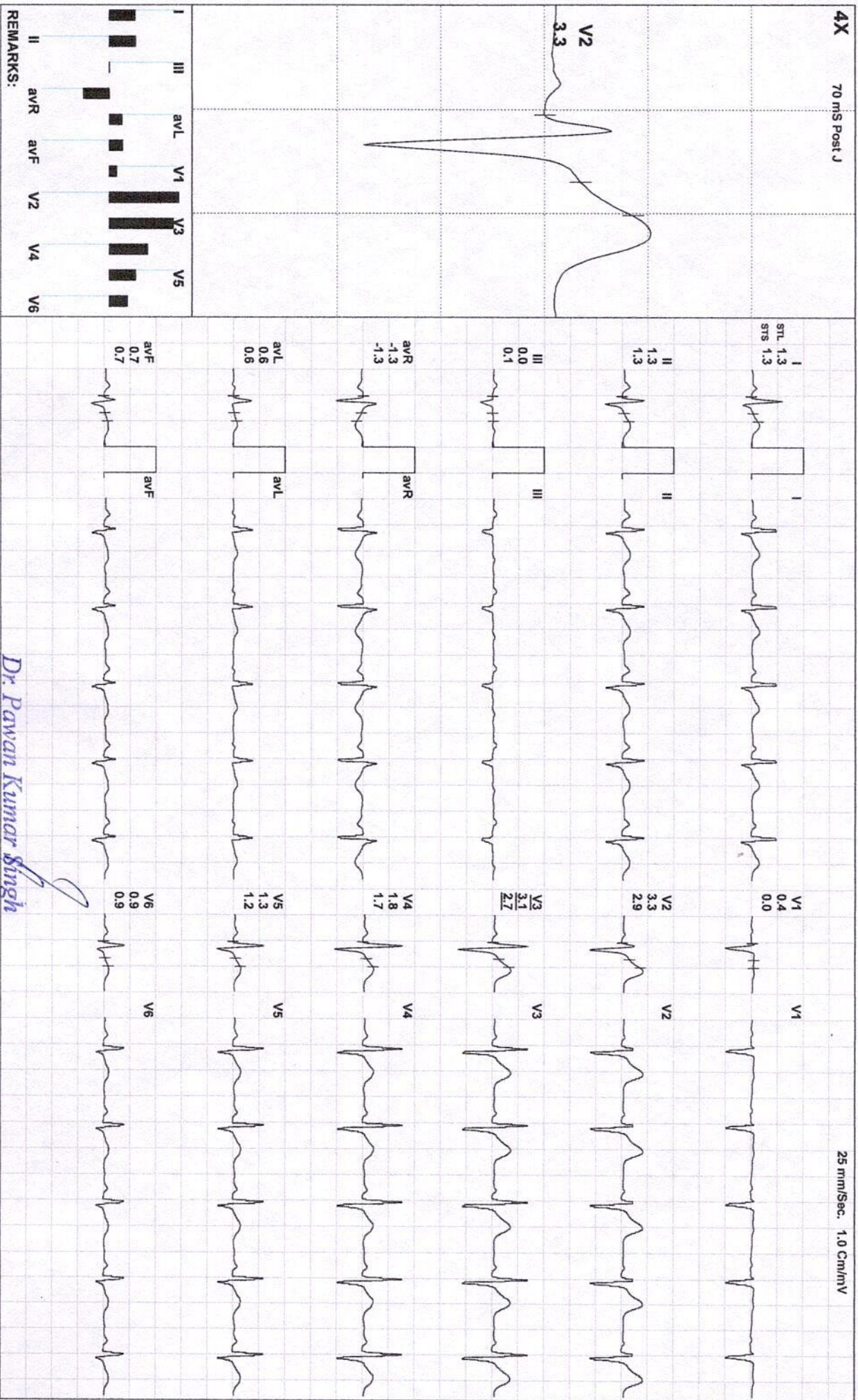
PAWAN KUMAR / 29 Yrs / M / 166 Cms / 62 Kg / HR : 88

Date: 02 / 04 / 2023 10:19:07 AM METS: 1.0/ 88 bpm 46% of THR BP: 112/72 mmHg Combined Medians/ BLC On/ Natch On/ HF 0.05 HZ/LF 35 HZ

EXTime: 00:00 0.0 mph, 0.0%

4X 70 mS Post J

25 mm/Sec. 1.0 Cm/mV



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Date: 02 / 04 / 2023 10:19:07 AM

METS: 4.7 / 132 bpm 69% of THR

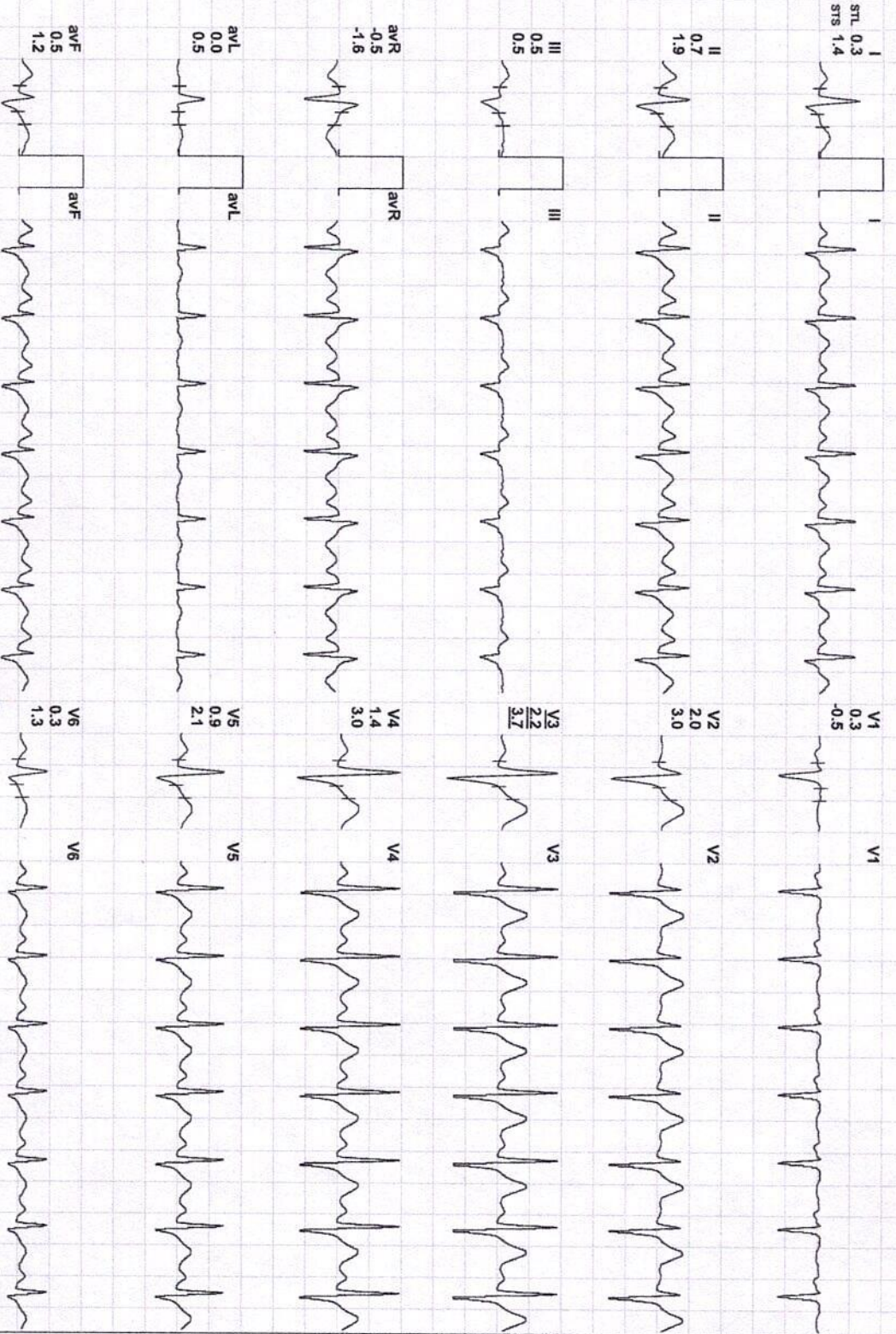
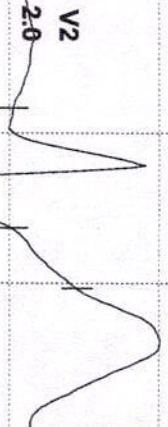
BP: 115/80 mmHg

Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 03:00 1.7 mph, 10.0%

4X 60 mS Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:

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Date: 02 / 04 / 2023 10:19:07 AM

METS: 7.1/ 140 bpm 73% of THR

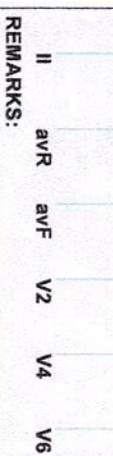
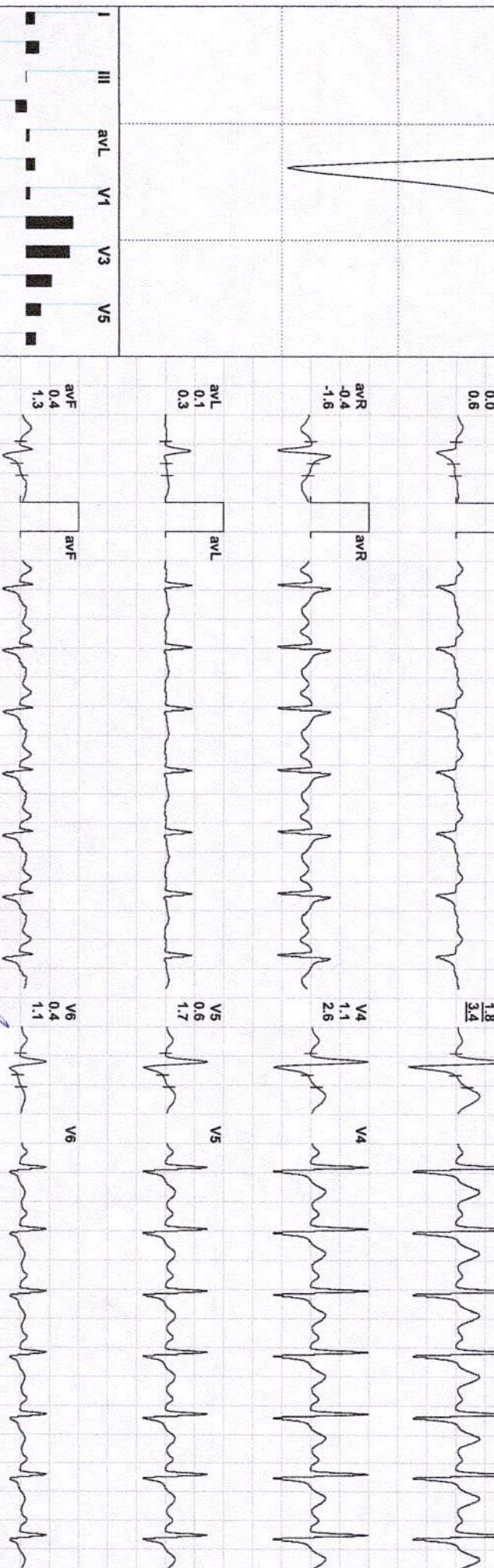
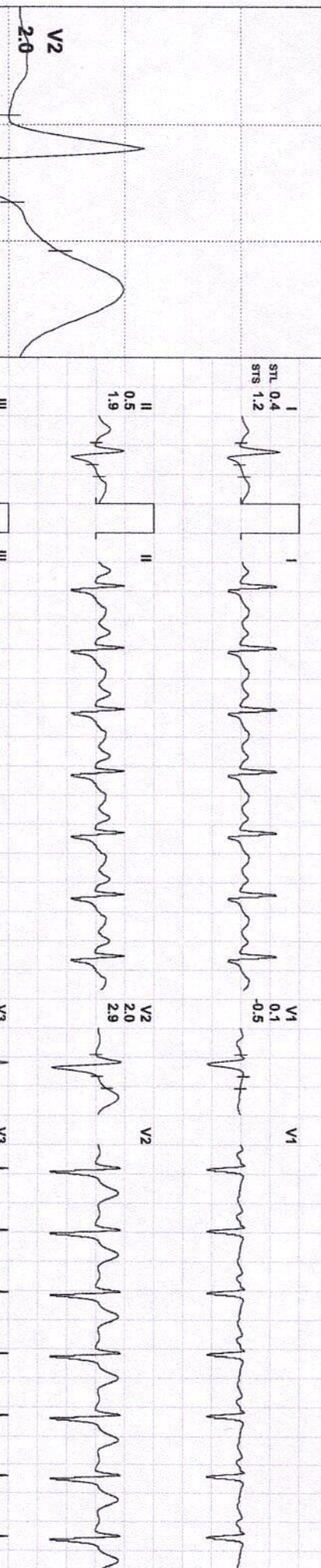
BP: 118/82 mmHg

Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 06:00 2.5 mph, 12.0%

4X 60 mS Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:

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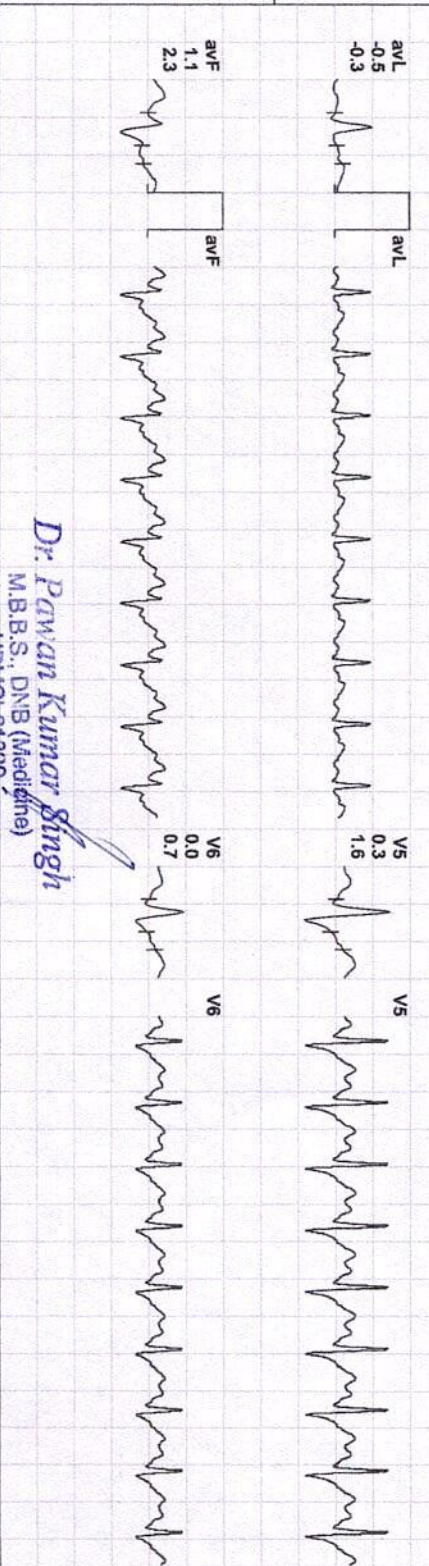
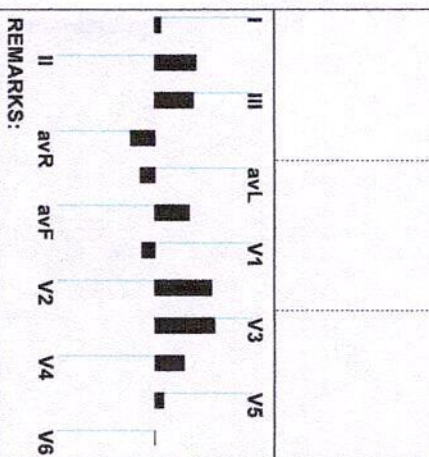
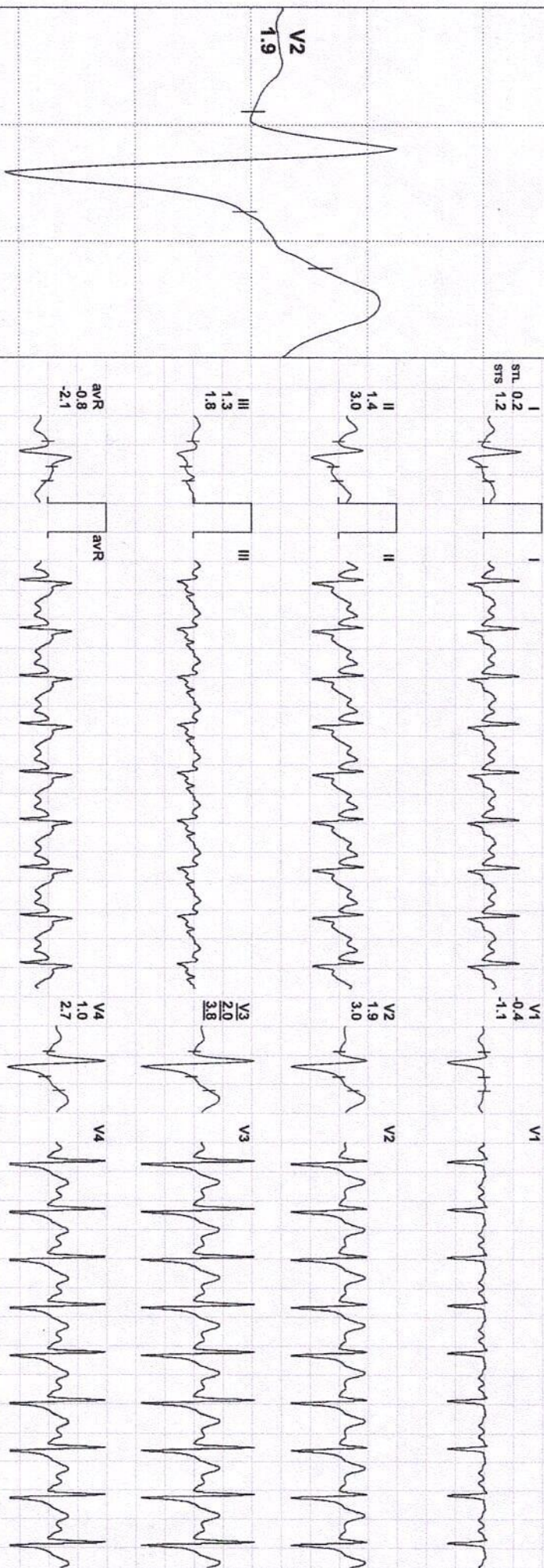
PAWAN KUMAR / 29 Yrs / M / 166 Cms / 62 Kg / HR : 160

Date: 02 / 04 / 2023 10:19:07 AM METS: 10.2/ 160 bpm 84% of THR BP: 120/84 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 09:00 3.4 mph, 14.0%

4X 60 m/s Post J

25 mm/Sec. 1.0 Cm/mv



REMARKS:

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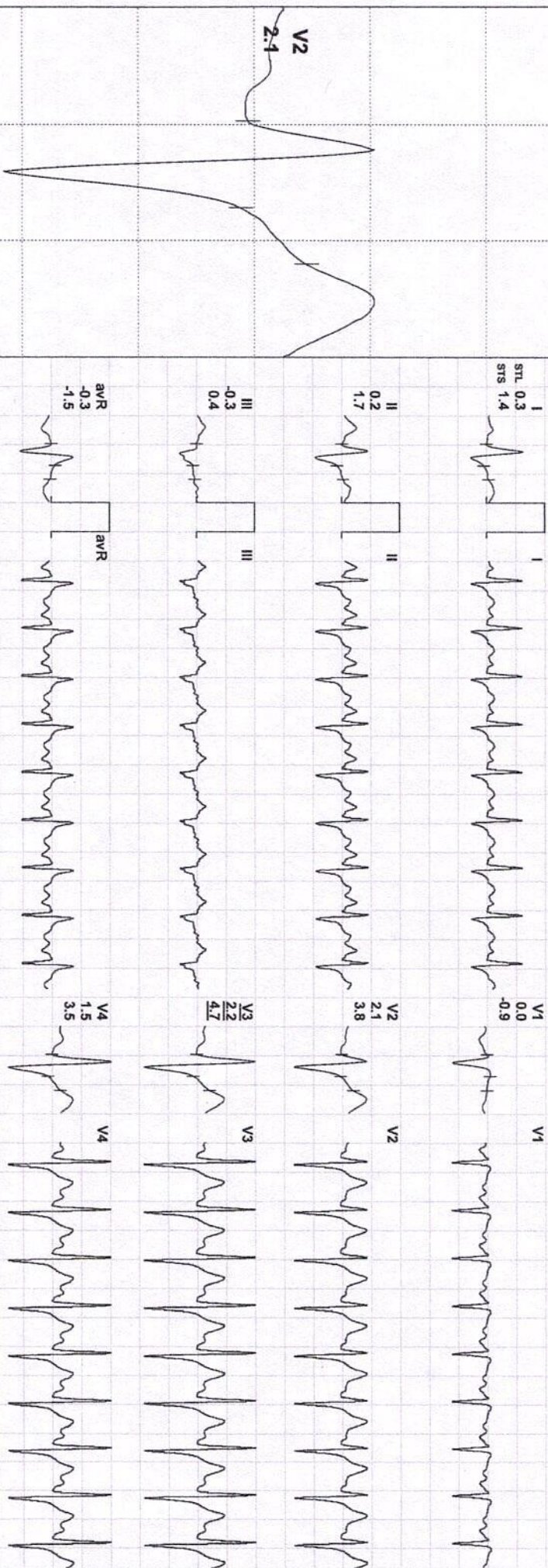
Director & Consultant Physician  
JPK Clinic & Diagnostics  
A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.

(ADX\_GEM217220330)(R)Allergens

Date: 02 / 04 / 2023 10:19:07 AM METS: 10.6/ 160 bpm 84% of THR BP: 120/84 mmHg Combined Medians/ BLC Or/ Notch Or/ HF 0.05 Hz/LF 35 Hz

4X 60 mS Post J

EXTime: 09:23 4.2 mph, 16.0%  
25 mm/Sec. 1.0 Cm/mV



REMARKS:

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(ADX\_GEM217220330)(R)Allengers



Date: 02 / 04 / 2023 10:19:07 AM

METS: 7.3/ 153 bpm 80% of THR

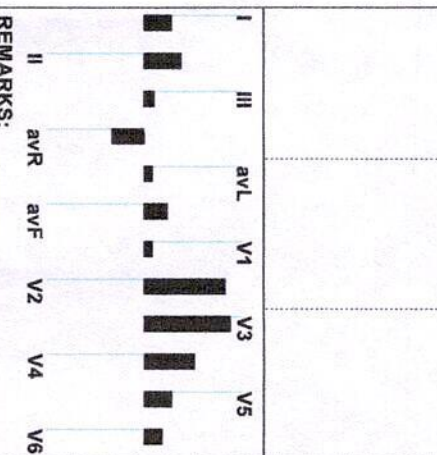
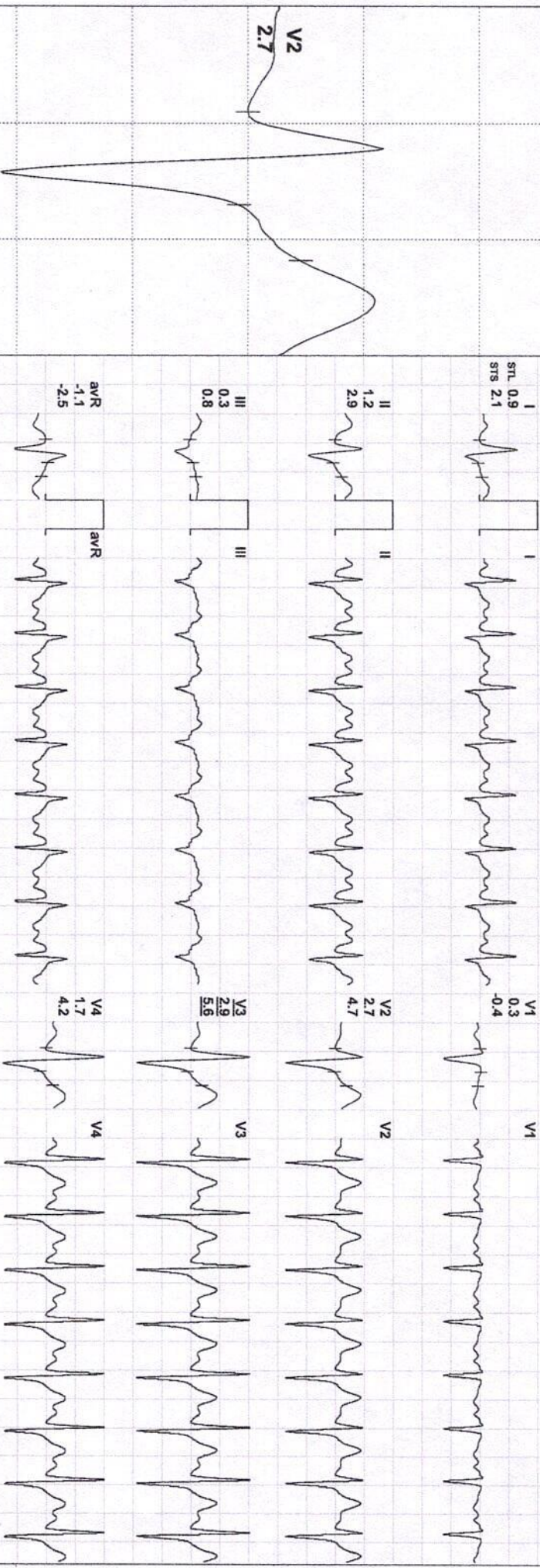
BP: 120/84 mmHg

Combined Medians/ BLC On/ Notch On/ HF 0.05 HZLF 35 Hz

EXTime: 09:23 1.1 mph, 0.0%

4X 60 mS Post J

25 mm/Sec. 1.0 Cm/mV



I	0.9	0.9	2.1	V1	0.3	-0.4
II	1.2	1.2	2.9	V2	2.7	4.7
III	0.3	0.3	0.8	V3	2.9	5.6
aVR	-1.1	-1.1	-2.5	V4	1.7	4.2
aVL	0.3	0.3	0.6	V5	0.9	2.8
aVF	0.8	0.8	1.9	V6	0.6	1.7

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(ADX\_GEM217220330)(R)Allengers



Date: 02 / 04 / 2023 10:19:07 AM

METS: 4.3/ 146 bpm 76% of THR

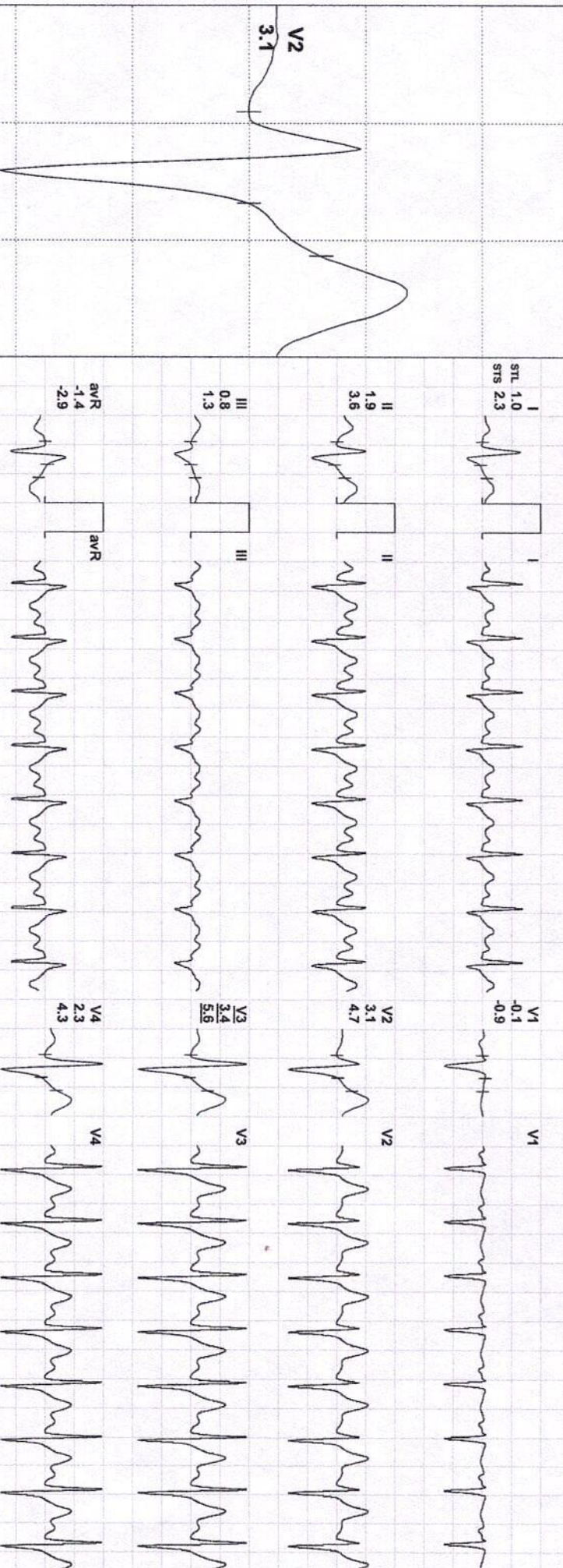
BP: 122/85 mmHg

Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 09:23 1.1 mph, 0.0%

4X 60 mS Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:

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Date: 02 / 04 / 2023 10:19:07 AM

METS: 3.21 138 bpm 72% of THR

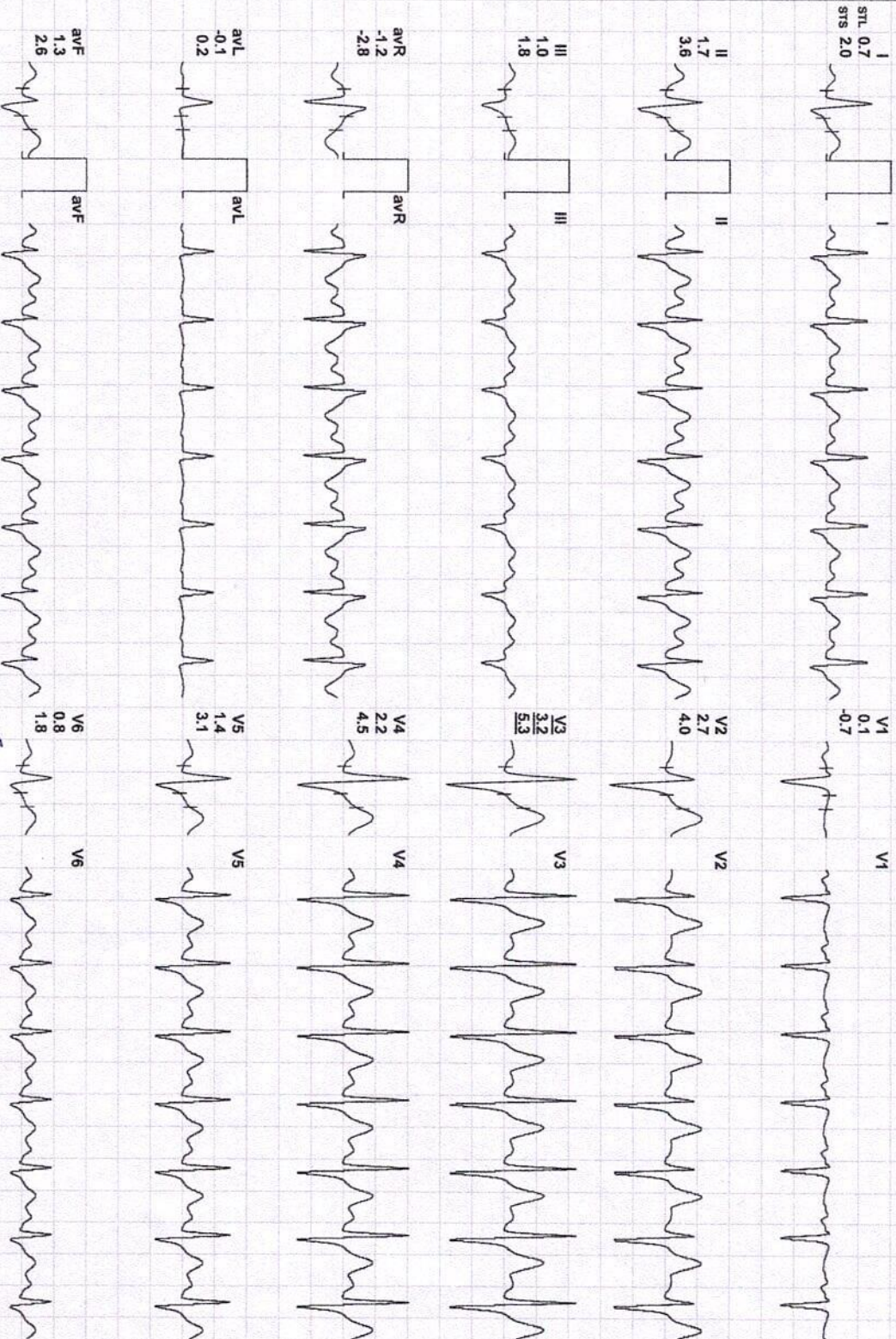
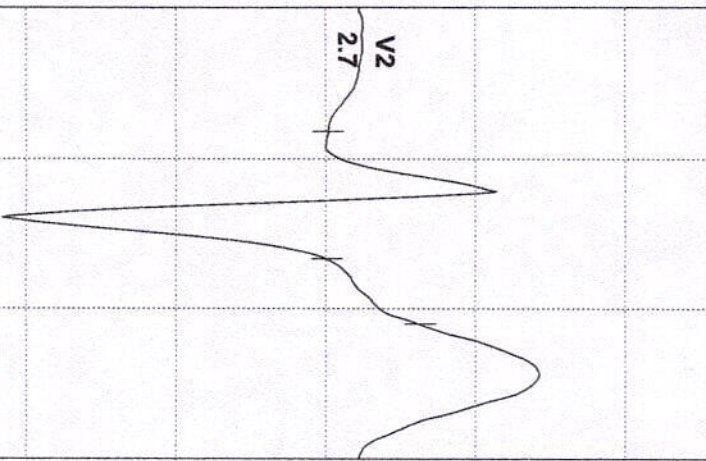
BP: 122/85 mmHg

Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

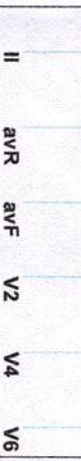
EXTime: 09:23 0.0 mph, 0.0%

4X 60 mS Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:



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PAWAN KUMAR / 29 Yrs / M / 166 Cms / 62 Kg  
Date: 02 / 04 / 2023 10:19:07 AM Refd By : SELF Examined By: DR PAWAN KUMAR SINGH

Stage	Time	Duration	Speed(mph)	Elevation	METs	Rate	%THR	BP	RPP	PVC	Comments
Supine	00:08	0:08	00.0	00.0	01.0	085	45 %	112/72	095	00	
Standing	00:12	0:04	00.0	00.0	01.0	085	45 %	112/72	095	00	
HV	00:17	0:05	00.0	00.0	01.0	087	46 %	112/72	097	00	
Warm Up	00:22	0:05	00.0	00.0	01.0	090	47 %	112/72	100	00	
ExStart	00:32	0:10	00.0	00.0	01.0	088	46 %	112/72	098	00	
BRUCE Stage 1	03:32	3:00	01.7	10.0	04.7	132	69 %	115/80	151	00	
BRUCE Stage 2	06:32	3:00	02.5	12.0	07.1	140	73 %	118/82	165	00	
BRUCE Stage 3	09:32	3:00	03.4	14.0	10.2	160	84 %	120/84	192	00	
PeakEx	09:55	0:23	04.2	16.0	10.6	160	84 %	120/84	192	00	
Recovery	10:25	0:30	01.1	00.0	07.3	153	80 %	120/84	183	00	
Recovery	10:55	1:00	01.1	00.0	04.3	146	76 %	122/85	178	00	
Recovery	11:05	1:10	00.0	00.0	03.2	138	72 %	122/85	168	00	

**FINDINGS :**

Exercise Time : 09:23  
 Initial HR (ExStrt) : 88 bpm 46% of Target 191  
 Initial BP (ExStrt) : 112/72 (mm/Hg)  
 Max Workload Attained : 10.6 Good response to induced stress  
 Max ST Dep Lead & Avg ST Value : avL & -0.5 mm in Stage 3  
 Duke Treadmill Score : 08.1  
 Test End Reasons : Test Complete  
 Max HR Attained 160 bpm 84% of Target 191  
 Max BP Attained 122/85 (mm/Hg)  
 VO2Max : 37.1 ml/Kg/min (Fair)

**REPORT :**

TEST OBJECTIVE : ROUTINE CHECK UP  
 RISK FACTOR : NONE

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Doctor : DR PAWAN KUMAR SINGH

ACTIVITY	:	VERY ACTIVE
MEDICATION	:	NONE
BRIEF HISTORY	:	NOT SIGNIFICANT
REASON FOR TERMINATION	:	TEST COMPLETE
EXERCISE TOLERANCE	:	GOOD
EXERCISE INDUCED ARRHYTHMIAS	:	NO
HAEMODYNAMIC RESPONSE	:	NORMAL
CHRONOTROPIC RESPONSE	:	NORMAL
FINAL IMPRESSION	:	STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE

  
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