

Ms. PRIYANKA KUMARI (35 /F)

UHID

AHIL.0000841320

AHC No

AHILAH192504

Date

11/02/2023

MEDIWHEEL-FULL BODY CHK-BELOW40-FEMALE

Namaste Ms. PRIYANKA KUMARI,

Thank you for choosing Apollo ProHealth, India's first Al-powered health management program, curated to help you make positive health shifts. Being healthy is about making smart choices, and you have taken the first step with this program. We are privileged to be your healthcare partner. Your health is our priority.

We are with you on your path to wellness by:

Predicting your risk: Artificial Intelligence-powered predictive risk scores are generated, based on your personal, medical, and family history and detailed multi-organ evaluation of your body through diagnostic and imaging tests.

Preventing onset or progress of chronic lifestyle diseases: Your Health Mentor is available to help you understand your physician's recommendations and helping you handle any concerns (complimentary service up to one year)

Overcoming barriers to your wellbeing: Your Health Mentor will help you set your health goals and guide you with tips to stay on track. We will also, digitally remind you to proactively prioritize your health.

Through this report, you will be able to understand your overall health status, your health goals and the recommendations for your path to wellness. Your Health Report will include the following:

- Your medical history and physical examination reports
- Results from your diagnostic and imaging tests
- Al powered health risk scores
- Your physician's impression and recommendations regarding your overall health
- Your personalized path to wellness, including your follow-up assessments and vaccinations



We have reviewed the results of the tests and have identified some areas for you to act on. We believe that with focus and targeted interventions, you can be healthier and happier.

Scan the QR code to download the Apollo 247 App



You can visit your proHealth physician in person at this center, or you can book a virtual consultation for review via www.apollo247.com or through the Apollo 24*7 mobile app. You can avail 30% discount on additional tests and follow-up tests at Apollo Hospitals within one week. You may call your Health Mentor on 04048492633 or email at prohealthcare@apollohospitals.com

Stay Healthy and happy! Apollo ProHealth Care team

Disclaimer: The services offered in the program may vary depending on any prior mutual agreements between guests and the facility/unit.

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: Ms. PRIYANKA KUMARI (35 /F)

MEDIWHEEL-FULL BODY CHK-BELOW40-FEMALE

Date

A 11/92/2023
A DO O HOSPITALS

UHID

AHIL.0000841320

AHC No : AHILAH192504

Examined by : Dr. SHASHIKANT NIGAM

(1)

Chief Complaints

For Annual health checkup COUGH COLD SORE THROAT CHEST PAIN BACK PAIN



Systemic Review

Cardiovascular system : - Nil Significant

Respiratory system : - Nil Significant

Oral and dental : - Nil Significant

Gastrointestinal system : - Nil Significant

Genitourinary system : - Nil Significant

Gynaec history : - Nil Significant

Central nervous system : - Nil Significant

Eyes : - Nil Significant

ENT : - Nil Significant

Musculoskeletal system :

Spine and joints

- Nil Significant

Skin : - Nil Significant

General symptoms : - Nil Significant

1

Past medical history

Do you have any - No

allergies?

Do you have any drug - No

allergies?

Covid 19 - Yes

Page 3 of 12



Organization is Addisspitalization for by Joint Commission International

- No

Covid 19



Surgical history

Surgical history

- Nil



Personal history

Ethnicity

- Indian Asian

Marital status

Married

No. of children

2

Female

- 2

Diet

- Vegetarian

Alcohol

does not consume alcohol

Smoking

No

Chews tobacco

No

Physical activity

- Moderate

Family history

Father

alive

Aged

60

Mother

alive'

Aged

59

Brothers

2

Coronary artery

- none

disease

Cancer

- None

Physical Examination



General

General appearance

- normal

Build

normal

Height

- 157

Weight

- 82.6

BMI

- 33.51

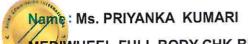
Pallor

Oedema

- No

- no

Page 4 of 12



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MEDIWHEEL-FULL BODY CHK-BELOW40-FEMALE

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Joint Commission Commission Cardiovascular system

Heart rate (Per minute)

- 74

Rhythm

- Regular

- B.P. Supine

Systolic(mm of Hg)

- 130

Diastolic(mm of Hg)

- 80

Heart sounds

- S1S2+

Respiratory system

Breath sounds

- Normal vesicular breath sounds

Abdomen (

Organomegaly

- No

Tenderness

- No

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MUKTA S ADALTI

Page 5 of 12

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Urinalysis, is the physical, chemical and microscopic examination of the urine and is one of the most common methods of medical diagnosis. It is used to detect markers of diabetes, kidney disease, infection etc.

Test Name	Result	Unit	Level	Range
Volume	30	mL		
Specific Gravity	1.005			
Colour:	Pale-Yellow			
Transparency:	Clear			
рН	5			
Protein:	Nil			
Sugar:	Nil			
Blood:	Trace			
Ketone	Absent			
Bile Pigments:	Absent			
Urobilinogen	Nil	E.U./dL		
Nitrite	Negative			
Pus Cells	Occassional			0-5
RBC	Occasional	/hpf		0-5/hpf
Epithelial Cells	Occassional			
Casts:	Absent			
Crystals:	Absent			

COMPLETE BLOOD COUNT WITH ESR

Test Name	Result	Unit	Level	Range	
Hemoglobin (Photometric Measurement)	11.2 *	gm%		12-16	
Packed cell volume(Calculated)	34.3 *	%		36-46	
RBC COUNT (Impedance)	4.09	Million/ul		3.8-5.2	
MCV (From RBC Histogram)	83.8	fl		80-100	
MCH(Calculated)	27.5	pg		27-32	
MCHC(Calculated)	32.8	%		31-36	
RDW(Calculated)	14.9 *	%		11.5-14.5	
WBC Count (Impedance)	7354	/cu mm		4000-1100	0



Within Normal Range



Borderline High/Low



Out of Range

Page 6 of 12



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MEDIWHEEL-FULL BODY CHK-BELOW40-FEMALE

credited ntenNewtrophils	70	%	40-75
Lymphocytes	24	%	20-40
Monocytes	5	%	2-10
Eosinophils	1	%	01-06
Basophils	0	%	0-1
Platelet Count (Impedance)	217400	/cu mm	150000-450000
MPV (Calculated)	11.9 *	fl	7-11
RBC:	Anemia		
RBC::	Anisocytosis	s (+)	

As mentioned.

Adequate on the smear~Few giant platelets noted. Platelets: No Parasites Seen Parasite

ERYTHROCYTE SEDIMENTATION RATE (ESR) (Automated/opticelectronic)

WBC:

06

mm/1st hr

0-20

URINE GLUCOSE(FASTING)

Urine Glucose (Post Prandial)

Unit Level Range Result **Test Name**

Nil

URINE GLUCOSE(POST PRANDIAL)

Result Unit Level Range **Test Name**

Nil Urine Glucose (Post Prandial)

BLOOD GROUPING AND TYPING (ABO and Rh)

Unit Level Range Result **Test Name**

O Positive **BLOOD GROUP:**

LFT (LIVER FUNCTION TEST)

Liver function tests(LFT), are groups of clinical biochemistry blood assays that give information about the state of a patient's liver. These tests can be used to detect the presence of liver disease, distinguish among different types of liver disorders, gaug the extent of known liver damage, and follow the response to treatment.

Test Name	Result	Unit	Level	Range	
ALT(SGPT) - SERUM / PLASMA	16	U/L		0-35	

Within Normal Range

Borderline High/Low

Out of Range

Page 7 of 12



NE L	WHEEL-FULL BODY CHK-BELOW40)-FEMALE			AHC NATIONS
is Acc	SERUM/PLASMA	96	U/L		Adult(Female): 35 - 104 ^{HOSPITALS}
	AST (SGOT) - SERUM	20	U/L		>1 year Female : <32
	Total Bilirubin	0.958	mg/dL		0.300-1.200
	Direct Bilirubin	0.304 *	mg/dL		Upto 0.3 mg/dl
	Indirect Bilirubin	0.654	mg/dL	•	1 Day ≤5.1 mg/dL 2 Days ≤7.2 mg/dL 3-5 Days ≤10.3 mg/dL 6-7 Days ≤8.4 mg/dL 8-9 Days ≤6.5 mg/dL 10-11 Days ≤4.6 mg/dL 12-13 Days ≤2.7 mg/dL 14 Days - 9 Years 0.2-0.8 mg/dL 10-19 Years 0.2-1.1 mg/dL ≥20 Years 0.2-1.2 mg/dL

CREATININE - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	0.54	mg/dL		Adult Female: 0.5 - 1.2

Result

LFT (LIVER FUNCTION TEST)

Test Name

Liver function tests(LFT), are groups of clinical biochemistry blood assays that give information about the state of a patient's liver. These tests can be used to detect the presence of liver disease, distinguish among different types of liver disorders, gauge the extent of known liver damage, and follow the response to treatment.

Unit

Range

Level

GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	17	U/L		Male : 10 - 71 Female : 6 - 42
GLUCOSE - SERUM / PLASMA (F	ASTING)			
Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	96	mg/dL		70 - 100 : Normal 100 - 125 : Impaired Glucose Tolerance >= 126 : Diabetes Mellitus
GLUCOSE - SERUM / PLASMA (F	OST PRANDIA	II) - PDRS		

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Post Prandial)	94	mg/dL		70-140

GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

Test Name	Result Unit	Level Range
Within Normal Range	Borderline High/Low	Out of Range

Page 8 of 12







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Glycosylated Hemoglobin (HbA1c)

5.3

%

Normal < 5.7

%Increased risk for Diabetes 5.7 - 6.4%

Diabetes >= 6.5%

Monitoring criteria for Diabetes Mellitus <7.0 : Well Controlled Diabetes 7.1 – 8.0 : Unsatisfactory Control > 8.0 : Poor Control & Needs Immediate

Treatment

Range

Estimated Average Glucose.

Test Name

105.41

Result

LFT (LIVER FUNCTION TEST)

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Unit

Level

			O I I I	III.O V G I	range
PROTEIN TO	TAL - SERUM / PLASMA	8.08 *	g/dL		6.00-8.00
PROTEIN TO	TAL - SERUM / PLASMA	8.08 *	g/dL -		6.00-8.00
ALBUMIN - SE	ERUM	4.67	g/dL		Adult(18 - 60 Yr): 3.5 - 5.2
ALBUMIN - SE	ERUM	4.67	g/dL		Adult(18 - 60 Yr): 3.5 - 5.2
Globulin-Serur	m/Plasma	3.41			2.20-4.20
Globulin-Serur	m/Plasma	3.41			2.20-4.20
A/G ratio		1.37			1.00-2.00
A/G ratio		1.37			1.00-2.00
THYROID P	ROFILE (T3,T4 AND TSH	1			
Test Name		Result	Unit	Level	Range
TOTAL T3: TRI SERUM	I IODOTHYRONINE -	2.1	nmol/L	•	Adults(20-120 Yrs): 1.2 - 3.1 Pregnant Female : First Trimester : 1.61 - 3.53 Second Trimester : 1.98 - 4.02 Third Trimester : 2.07 - 4.02
TOTAL T4: TH	YROXINE - SERUM	98	nmol/L	•	Adults(20-100 Yrs):66 - 181 Pregnant Female : First Trimester : 94.3 - 190 Second Trimester : 102 - 207 Third Trimester : 89 - 202
TSH: THYROID HORMONE - S	O STIMULATING SERU: 1	2.15	μIU/mL		14-120 years : 0.27 - 4.20
W	/ithin Normal Range	Borderline Hi	gh/Low (Out o	of Range
age 9 of 12					

Page 9 of 12







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Uric acid is a product of the metabolic breakdown of purine. High blood concentrations of uric acid can lead to gout. It is also associated with other medical conditions including diabetes and the formation of kidney stones.

				,
Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	4.0	mg/dL		Male : 3.4-7.0 Female : 2.4-5.7
BUN (BLOOD UREA NITROGEN)				
Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	7	mg/dL		6-20
UREA - SERUM / PLASMA	16	mg/dL		15 - 50
LIPID PROFILE - SERUM				
Test Name	Result	Unit	Level	Range
Total Cholesterol	144	mg/dl		0 - 200 : Desirable 200 - 240 : Borderline High 240 - 280 : High > 280 : Very High
Triglycerides - Serum	121	mg/dL		0-150
HDL CHOLESTEROL - SERUM / PLASMA (Direct Enzymatic Colorimetric)	51 *	mg/dL	•	< 40 : Major risk factor for heart disease 40 - 59 : The higher The better. >=60 : Considered protective against heart disease
LDL Cholesterol (Direct LDL)	79	mg/dL		100 : Optimal 100-129 : Near Optimal 130-159 : Borderline High 160-189 : High >=190 : Very High
VLDL CHOLESTEROL	24			< 40 mg/dl
C/H RATIO CONVENTIONAL PAP SMEAR /CERVICA Cytology	3 AL SMEAR			0-4.5
Ref No:				
CY 260/23				
SPECIMEN TYPE:				
Conventional				
Within Normal Range	Borderline Hi	gh/Low	Out o	of Range

Page 10 of 12









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One wet fixed smear received, labeled as 'Priyanka 841320'.

SPECIMEN ADEQUACY:

Satisfactory for evaluation with endocervical cells.

INTERPRETATION/RESULT:

Negative for intraepithelial lesion or malignancy associated with moderate inflammation and reactive cellular changes

X-RAY CHEST PA

X-ray imaging creates pictures of the inside of your body. Chest X-ray can reveal abnormalities in the lungs, the heart, and bones that sometimes cannot be detected by examination.

NORMAL STUDY.

Investigations Not Done / Not Yet Reported

Haematology

STOOL ROUTINE

CARDIOLOGY

ECHO/TMT

ECG

Within Normal Range

Borderline High/Low

Out of Range





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.BODY WEIGHT 82.6 KG, DEAL BODY WEIGHT 46-56 KG

.ECG - NORMAL SINUS RHYTHM

.USG ABDOMEN -NORMAL STUDY

.CHEST X-RAY - NORMAL

.EYE - NORMAL

.DENTAL - AS PER DOCTOR ADVICE

.PAP - Negative for intraepithelial lesion or malignancy associated with moderate inflammation and reactive cellular

changes

Wellness Prescription

Advice On Diet :-



BALANCED DIET---LOW FAT DIET LOW CARBOHYDRATE DIET

Advice On Physical Activity :-



REGULAR WALK FOR 30 MINS FOR HEALTH, 60 MINS WALK FOR WEIGHT REDUCTION PRACTICE YOGA AND MEDITATION MAINTAIN WEIGHT BETWEEN 58-71 KG

Printed By : MUKTA S ADALTI

Dr.SHASHIKANT NIGAM

AHC Physician / Consultant Internal Medicine

Dr. Shashikant Nigam MBBS, MD (Gen. Med.) Consultant Internal Medicine
Apollo Hospitals International Ltd., Gandhinagar, Gujarat-382428, INDIA. Regd. No. : G-21561

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

Page 12 of 12





DEPARTMENT OF RADIOLOGY AND IMAGING SCIENCES

Patient Details:

Ms. PRIYANKA KUMARI | Female | 35Yr 11Mth 16Days

UHID

AHIL.0000841320

Patient Location: A

Patient Identifier:

AHILAH192504

DRN

123019195

Completed on:

11-FEB-2023 11:16

Ref Doctor

DR. SHASHIKANT NIGAM

X-RAY CHEST PA

FINDINGS:

Lung fields are clear.

Cardio thoracic ratio is normal.

Both costophrenic angles are clear.

Domes of diaphragm are well delineated.

Bony thorax shows no significant abnormality.

IMPRESSION

NORMAL STUDY.

-- END OF THE REPORT ---

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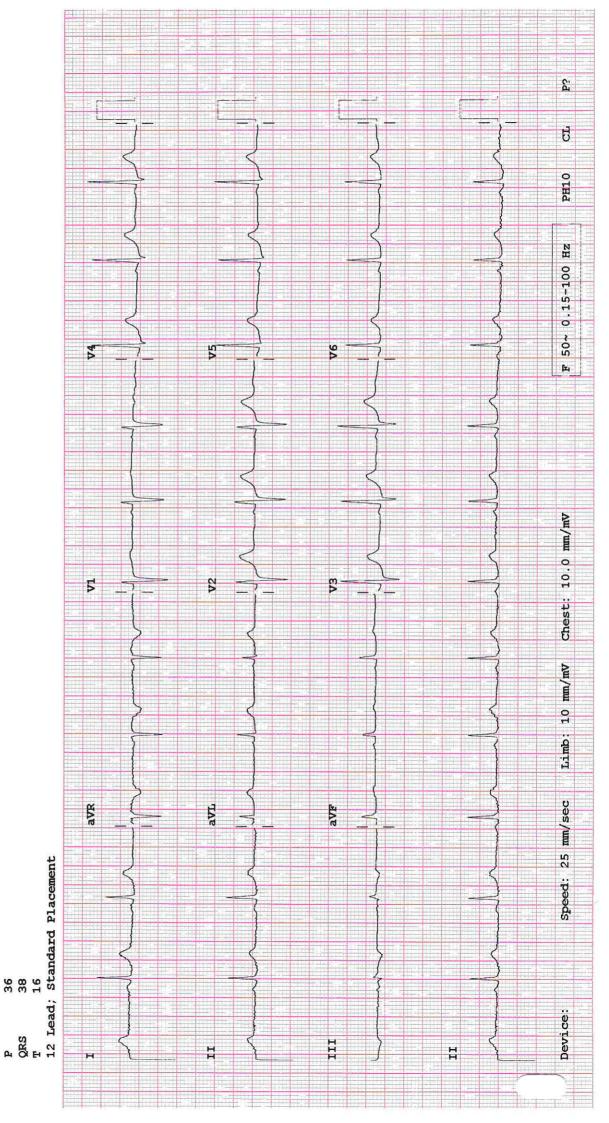


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PR QRSD QT QTC --AXIS--

71

Rate







DEPARTMENT OF RADIOLOGY AND IMAGING SCIENCES

Ms. PRIYANKA KUMARI | Female | 35Yr 11Mth 16Days Patient Details:

AHII..0000841320 TIHID

AHC Patient Location:

Patient Identifier:

AHILAH192504

DRN

223007877

Completed on:

11-FEB-2023 12:30

Ref Doctor

DR. SHASHIKANT NIGAM

USG WHOLE ABDOMEN

FINDINGS:

Liver appears normal in size and shows uniform normal echotexture. No evidence of focal or diffuse pathology seen. Intra and extra hepatic biliary radicles are not dilated. Portal vein is normal in calibre. Intrahepatic portal radicles appear normal.

Gall bladder appears normal with no evidence of calculus. Wall thickness appears normal. No evidence of pericholecystic collection.

Head, body and tail of pancreas appear normal in size and echotexture. No focal lesions identified Pancreatic duct appears normal in caliber.

Spleen measures 11 cms and shows uniform echotexture.

Right kidney measures cms. Left kidney measures cms. Both kidneys are normal in size and show normal echopattern with good corticomedullary differentiation .Cortical outlines appear smooth. No evidence of calculi. Pelvicalyceal

system on both sides appear normal.

No evidence of ascites or lymphadenopathy.

Urinary bladder is normal in contour and outline. Wall thickness appears normal. No evidence of any intraluminal pathology seen.

Uterus is retroverted and appears normal in size and echotexture. No focal lesion is seen. Myometrial and endometrial echopattern appear normal. Endometrial thickness is 8.3 mm.

Both ovaries are normal in size and echopattern.

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Page 1 of 2









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41	FE ARISI	
-	T. A. S.	credited

AHILAH192504

USG WHOLE ABDOMEN

AHIL.0000841320

No free fluid is seen in Pouch Of Douglas.

Ms. PRIYANKA KUMARI

No definite evidence of adnexal/pelvic mass is seen.

IMPRESSION:

Normal study.

---- END OF THE REPORT ----

DR. VAIBHAVI PATEL

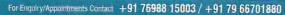
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Page 2 of 2







OUCHING LIVES	
OPTHALMIC EXAMINATION RECOR	RDS
Name: My Piryanh UHID: 841320	Date: 11/2/23
Distance Vision :	*
Right Eye - 6 /9 Left Eye - 6 /9 (Vnailed)	
(Un ai clear) Near Vision:	
Right Eye: 6	, a
	eriginal and a second
Left Eye: № 6	
APLN.TN – Right Eye Left Eye— 2 mmHg	
Both Eye – Colour Vision	
Both Eye – Anterior Segment Examinations –	
Both Eye Posterior Segment Examinations –	
	Doctor's Signature

AHMROP028V1

Ophthalmologist Name





If label not available, write Pt, Name, IP No/UHID, Age, Sex, Date, Name of Treating Physician

OBSTETRICS & GYNAECOLOGY - AHC

Name : .	AHIL.0000841320	Date : 11 2 2 2 3 Unit No. :
Occupati	ion: Ms. PRIYANKA KUMARI	Ref. Physician: Dr. Kinty Naley
Age :		Copies to :
		GYNAEC CHECK UP
Chief C	complaint:	
	None	P2+1
Childre	in: 2, 2	Weight:
	ies: 2 FTND.	BP:
Last Ch	oild: ful 11 year	eg/ FTND,
Abortio		
Periods	: feguer -	3-4 daypap Smear: Jane
LMP:	18/1123	Previous Medical H/O:
Menopa	<u></u>	None
G. Cond	lition:	FIHIO: None.
P/A:	Sofe	Previous Surgical H/O:
S/E:	Ruen	None.
	Ofen	
P/V:	Convince: Hear	my pooling
P/R:	<u> </u>	
.2		
Impression	Om.	

Doctor Signature Date & Time

112123



AHIL.0000841320

Ms. PRIYANKA KUMARI

36 Year(s) / Female

DENTISTRY

Name :		Date :					
Occupation :		Ref. Physician :					
Age : Sex : Male Female		Copies to :					
DENTAL RECORD							
ALLERGIES: - KID							
PAIN : Score (0-10) Loc	cation:		Character :				
JENTAL CLEANING HABIT Or	nce Tw	vice C	Occasionally				
Bri	ush Fir	nger s	tick Any other				
OT DE SHAM	oth Paste Po	wder A	ny other				
DO THE GLIMS BLEED WHEN YOUR PRUSH YOUR TESTERS							
ARE YOUR TEETH SENSITIVE TO HEAT (COLDS							
ORAL HYGIENE		Ye	s No				
OLO (E LLI OICIAE		Gc	ood Fair Poor				
ORAL TISSUE EXAMINATION	PERIODONTA	L EXAMINATION	OCCLUSION				
NORMAL FINDINGS			CLASS I II III				
IN DISEASE Lips :	Ξ	MILD MOD SEV	CROSSBITE				
Cheeks :	Gingivitis	AUL	Hypoplasia				
Tongue :	Calculus	中口口	Impaction				
Floor of the mouth:	Recession		Non-vital Fracture				
Palate :	Periodontal Pockets	T T T	Abcess				
	Attrition		Ulcers				
Tonsilar Area : Koth	Erosion		Caries				
	Mobility	HHH	Missing Teeth				
· .	A		Supernumerary Others Supply 4				
PRESENT COMPLAINT:	*		Jan 9				
-Po	at click a	y					
PRE-MEDICAL HISTORY: DM HTN Thyroid Acidity Pregnancy Anticoagulant Under Drug Therapy							
HMROP007V1	Ngu-						





CARDIOLOGY

Patient Details:

Ms. PRIYANKA KUMARI | Female | 35Yr 11Mth 26Days

UHID

AHIL.0000841320

Patient Location:

Patient Identifier:

AHILAH192504

DRN

5623014325

Completed on:

21-FEB-2023 11:52

Ref Doctor

DR. SHASHIKANT NIGAM

ECHO/TMT

FINDINGS:

Normal cardiac chamber dimensions.

Normal LV systolic function, LVEF: 60%

No Regional wall motion abnormalities at rest.

Normal LV compliance.

All cardiac valves are structurally normal.

IAS/ IVS intact.

No MR, No AR, No PR, Trivial TR.

No PAH.

No clots/ vegetation/ effusion.

MEASUREMENTS (mm) ::

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Ms. PRIYANKA KUMARI	AHIL.0000841320	AHILAH192504
	ECHO/TMT	
LVID diastole		
Measurements (mm)		
MPRESSION		
Normal 2D Echo & Colour Doppler Str	udy.	
	— END OF THE REPORT —	
School	and of the religion	
R SUBIR GHOSH MD.DM		
nterventional Cardiologist		
		*



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