

Lab No.	: SG2/10-09-2023/SR8143062	Lab Add.	: Sevoke Road,Siliguri 734001
Patient Name	: YANGCHEN LHAMU SHERPA	Ref Dr.	: Dr.MEDICAL OFFICER
Age	: 31 Y 2 M 11 D	Collection Date	: 10/Sep/2023 01:20PM
Gender	: F	Report Date	: 11/Sep/2023 02:05PM



DEPARTMENT OF BIOCHEMISTRY

Test Name	Result	Bio Ref. Interval	Unit
GLUCOSE,PP , BLOOD, NAF PLASMA (Method:Hexokinase Method)	99	75-140	mg/dl

*** End Of Report ***

DR. SANJAY KR. AGARWALA
MD CONSULTANT BIOCHEMIST



Lab No.	: SG2/10-09-2023/SR8143062	Lab Add.	: Newtown, Kolkata-700156
Patient Name	: YANGCHEN LHAMU SHERPA	Ref Dr.	: Dr.MEDICAL OFFICER
Age	: 31 Y 2 M 11 D	Collection Date	: 10/Sep/2023 11:05AM
Gender	: F	Report Date	: 11/Sep/2023 08:17PM



DEPARTMENT OF BIOCHEMISTRY

Test Name	Result	Bio Ref. Interval	Unit
GLYCATED HAEMOGLOBIN (HBA1C) , EDTA WHOLE BLOOD			
GLYCATED HEMOGLOBIN (HBA1C)	4.8	***FOR BIOLOGICAL REFERENCE INTERVAL DETAILS , PLEASE REFER TO THE BELOW MENTIONED REMARKS/NOTE WITH ADDITIONAL CLINICAL INFORMATION ***	%
HbA1c (IFCC) (Method:HPLC)	29.0		mmol/mol

Clinical Information and Laboratory clinical interpretation on Biological Reference Interval:

Low risk / Normal / non-diabetic : <5.7% (NGSP) / < 39 mmol/mol (IFCC)
 Pre-diabetes/High risk of Diabetes : 5.7%- 6.4% (NGSP) / 39 - < 48 mmol/mol (IFCC)
 Diabetics-HbA1c level : >= 6.5% (NGSP) / > 48 mmol/mol (IFCC)

Analyzer used : Bio-Rad-VARIANT TURBO 2.0
 Method : HPLC Cation Exchange

Recommendations for glycemic targets

- Ø Patients should use self-monitoring of blood glucose (SMBG) and HbA1c levels to assess glycemic control.
 - Ø The timing and frequency of SMBG should be tailored based on patients' individual treatment, needs, and goals.
 - Ø Patients should undergo HbA1c testing at least twice a year if they are meeting treatment goals and have stable glycemic control.
 - Ø If a patient changes treatment plans or does not meet his or her glycemic goals, HbA1c testing should be done quarterly.
 - Ø For most adults who are not pregnant, HbA1c levels should be <7% to help reduce microvascular complications and macrovascular disease .
- Action suggested >8% as it indicates poor control.
 Ø Some patients may benefit from HbA1c goals that are stringent.

Result alterations in the estimation has been established in many circumstances, such as after acute/ chronic blood loss, for example, after surgery, blood transfusions, hemolytic anemia, or high erythrocyte turnover; vitamin B₁₂/ folate deficiency, presence of chronic renal or liver disease; after administration of high-dose vitamin E / C; or erythropoietin treatment.

Reference: Glycated hemoglobin monitoring BMJ 2006; 333:586-8

References:
 1. Chamberlain JJ, Rhinehart AS, Shaefer CF, et al. Diagnosis and management of diabetes: synopsis of the 2016 American Diabetes Association Standards of Medical Care in Diabetes. Ann Intern Med. Published online 1 March 2016. doi:10.7326/M15-3016.
 2. Mosca A, Goodall I, Hoshino T, Jeppsson JO, John WG, Little RR, Miedema K, Myers GL, Reinauer H, Sacks DB, Weykamp CW. International Federation of Clinical Chemistry and Laboratory Medicine, IFCC Scientific Division. Global standardization of glycated hemoglobin measurement: the position of the IFCC Working Group. Clin Chem Lab Med. 2007;45(8):1077-1080.

[PDF Attached](#)

*** End Of Report ***

Dr. SANCHAYAN SINHA
 MBBS, MD, DNB (BIOCHEMISTRY)
 CONSULTANT BIOCHEMIST



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Patient Name : YANGCHEN LHAMU SHERPA	Ref Dr. : Dr.MEDICAL OFFICER
Age : 31 Y 2 M 11 D	Collection Date : 10/Sep/2023 11:04AM
Gender : F	Report Date : 10/Sep/2023 03:54PM

DEPARTMENT OF BIOCHEMISTRY

Test Name	Result	Bio Ref. Interval	Unit
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*LIPID PROFILE , GEL SERUM			
CHOLESTEROL-TOTAL (Method:CHOLESTEROL OXIDASE, ESTERASE, PEROXIDASE)	122	Desirable: < 200 mg/dL Borderline high: 200-239 High: > or =240 mg/dL	mg/dl
TRIGLYCERIDES (Method:ENZYMATIC, END POINT)	63	NORMAL < 150 BORDERLINE HIGH 150-199 HIGH 200-499 VERY HIGH > 500	mg/dl
HDL CHOLESTEROL (Method:DIRECT MEASURE-PEG)	42	NO RISK : >60 mg/dL, MODERATE RISK : 40-60 mg/dL, HIGH RISK : <40 mg/dL	mg/dl
LDL CHOLESTEROL DIRECT (Method:DIRECT MEASURE)	66	OPTIMAL : <100 mg/dL, Near optimal/ above optimal : 100-129 mg/dL, Borderline high : 130-159 mg/dL, High : 160-189 mg/dL, Very high : >=190 mg/dL	mg/dl
VLDL (Method:Calculated)	14	< 40 mg/dl	mg/dl
CHOL HDL Ratio (Method:Calculated)	2.9	LOW RISK 3.3-4.4 AVERAGE RISK 4.47-7.1 MODERATE RISK 7.1-11.0 HIGH RISK >11.0	

UREA, BLOOD (Method:UREASE-COLORIMETRIC)	23.0	12.8-42.8	mg/dl
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URIC ACID, BLOOD (Method:URICASE , COLORIMETRIC)	4.00	2.6 - 6.0	mg/dl
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POTASSIUM, BLOOD (Method:ISE INDIRECT)	4.60	3.5 - 5.1	mEq/L
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CHLORIDE, BLOOD (Method:ISE INDIRECT)	109	98 - 107	mEq/L
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CREATININE, BLOOD (Method: ALKALINE PICRATE)	0.85	0.50 - 1.10	mg/dl
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GLUCOSE, FASTING (Method:Hexokinase Method)	80	70 - 100	mg/dl
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CALCIUM, BLOOD (Method:OCPC) CHECKED TWICE	8.50	8.6-10.0 mg/dl	mg/L
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PHOSPHORUS-INORGANIC, BLOOD (Method:UV PHOSPHOMOLYBDATE)	3.8	2.5-4.5 mg/dl	mg/dl
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*TOTAL PROTEIN [BLOOD] ALB:GLO RATIO , .			
TOTAL PROTEIN (Method:BIURET METHOD)	7.37	6.6 - 8.7	g/dL
ALBUMIN (Method:BCG)	3.5	3.5-5.2 g/dl	g/dl
GLOBULIN (Method:Calculated)	3.85	1.8-3.2	g/dl
AG Ratio	0.91	1.0 - 2.5	

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Gender : F	Report Date : 10/Sep/2023 03:54PM



DEPARTMENT OF BIOCHEMISTRY

Test Name	Result	Bio Ref. Interval	Unit
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(Method:Calculated)

SODIUM,BLOOD	139	136 - 145	mEq/L
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(Method:ISE INDIRECT)

*THYROID PANEL (T3, T4, TSH) , GEL SERUM			
T3-TOTAL (TRI IODOTHYRONINE)	1.18	0.60 - 1.81 ng/ml	ng/ml
(Method:CLIA)			
T4-TOTAL (THYROXINE)	6.6	4.5 - 10.9	microgram/dl
(Method:CLIA)			
TSH (THYROID STIMULATING HORMONE)	2.94	0.35-5.5	µIU/mL
(Method:CLIA)			

BIOLOGICAL REFERENCE INTERVAL : [ONLY FOR PREGNANT MOTHERS]

Trimester specific TSH LEVELS during pregnancy:

- FIRST TRIMESTER : 0.10 - 2.50 µ IU/mL
- SECOND TRIMESTER : 0.20 - 3.00 µ IU/mL
- THIRD TRIMESTER : 0.30 - 3.00 µ IU/mL

References :

1. Indian Thyroid Society guidelines for management of thyroid dysfunction during pregnancy. *Clinical Practice Guidelines, New Delhi: Elsevier; 2012.*
2. Stagnaro-Green A, Abalovich M, Alexander E, Azizi F, Mestman J, Negro R, et al. Guidelines of the American Thyroid Association for the Diagnosis and Management of Thyroid Disease During Pregnancy and Postpartum. *Thyroid 2011;21:1081-25.*
3. Dave A, Maru L, Tripathi M. Importance of Universal screening for thyroid disorders in first trimester of pregnancy. *Indian J Endocr Metab [serial online] 2014 [cited 2014 Sep 25];18: 735-8. Available from: <http://www.ijem.in/text.asp?2014/18/5/735/139221>.*

*** End Of Report ***

DR. BARNALI PAUL
MBBS, MD(PATH)

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Gender : F	Report Date : 10/Sep/2023 03:20PM



DEPARTMENT OF HAEMATOLOGY

Test Name	Result	Bio Ref. Interval	Unit
*ESR (ERYTHROCYTE SEDIMENTATION RATE) , EDTA WHOLE BLOOD			
1stHour (Method:Westergren)	14	0.00 - 20.00 mm/hr	mm/hr

*BLOOD GROUP ABO+RH [GEL METHOD] , EDTA WHOLE BLOOD			
ABO (Method:Gel Card)	O		
RH (Method:Gel Card)	POSITIVE		

Gel technology Dia Med ID Micro typing system is the latest technology in transfusion Medicine.

It gives more reproducible and standardized test results.

It more repaid, reliable, very sensitive and objective , and hence more consistent and comparable results are obtained.

Single used cards are individualised for every patient and results can be photographed / scanned and stored for future use.

Special instruments that are used only for this technology also reduce risk of any contamination.

Ref:- WHO technical manual on transfusion medicine-Second Edition 2003

(RESULTS ALSO VERIFIED BY : FORWARD AND REVERSE GROUPING (TUBE AND SLIDE METHOD))

TECHNOLOGY USED: GEL METHOD

ADVANTAGES :

- Gel card allows simultaneous forward and reverse grouping.
- Card is scanned and record is preserved for future reference.
- Allows identification of Bombay blood group.
- Daily quality controls are run allowing accurate monitoring.

Historical records check not performed.

*CBC WITH PLATELET (THROMBOCYTE) COUNT , EDTA WHOLE BLOOD			
HEMOGLOBIN (Method:PHOTOMETRIC)	12.8	12 - 15	g/dL
WBC (Method:DC detection method)	5.1	4 - 10	*10 ³ /μL
RBC (Method:DC detection method)	4.23	3.8 - 4.8	*10 ⁶ /μL
PLATELET (THROMBOCYTE) COUNT (Method:DC detection method/Microscopy)	257	150 - 450*10 ³	*10 ³ /μL
<u>DIFFERENTIAL COUNT</u>			
NEUTROPHILS (Method:Flowcytometry/Microscopy)	51	40 - 80 %	%
LYMPHOCYTES (Method:Flowcytometry/Microscopy)	41	20 - 40 %	%
MONOCYTES (Method:Flowcytometry/Microscopy)	03	2 - 10 %	%
EOSINOPHILS (Method:Flowcytometry/Microscopy)	05	1 - 6 %	%
BASOPHILS (Method:Flowcytometry/Microscopy)	00	0-0.9%	%
<u>CBC SUBGROUP</u>			
HEMATOCRIT / PCV (Method:Calculated)	37.7	36 - 46 %	%
MCV	89.1	83 - 101 fl	fl

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Ref Dr. : Dr. MEDICAL OFFICER
Collection Date : 10/Sep/2023 11:04AM
Report Date : 10/Sep/2023 03:20PM



DEPARTMENT OF HAEMATOLOGY

Test Name	Result	Bio Ref. Interval	Unit
(Method:Calculated) MCH	30.3	27 - 32 pg	pg
(Method:Calculated) MCHC	34.0	31.5-34.5 gm/dl	gm/dl
(Method:Calculated) RDW - RED CELL DISTRIBUTION WIDTH	15.4	11.6-14%	%
(Method:Calculated) PDW-PLATELET DISTRIBUTION WIDTH	19.5	8.3 - 25 fL	fL
(Method:Calculated) MPV-MEAN PLATELET VOLUME	10.2	7.5 - 11.5 fl	
RBC	NORMOCYTIC NORMOCHROMIC.		
WBC.	WITHIN NORMAL LIMIT.		
PLATELET	ADEQUATE ON SMEAR.		

*** End Of Report ***

DR. BARNALI PAUL
MBBS, MD(PATH)

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Age	: 31 Y 2 M 11 D	Collection Date	:
Gender	: F	Report Date	: 10/Sep/2023 11:58AM



DEPARTMENT OF RADIOLOGY
X-RAY REPORT OF CHEST (PA)

FINDINGS:

- Cardiac size appears within normal limits. Margin is well visualised and cardiac silhouette is smoothly outlined. Shape is within normal limit.
- Lung parenchyma shows no focal lesion. No general alteration of radiographic density. Apices are clear. Bronchovascular lung markings are within normal.
- Lateral costo-phrenic angles are clear.
- Domes of diaphragm are smoothly outlined. Position is within normal limits.

IMPRESSION :

Normal study.

*** End Of Report ***

DR. Ziaul Mustafa
MD, Radiodiagnosis

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Patient Name : YANGCHEN LHAMU SHERPA	Ref Dr. : Dr.MEDICAL OFFICER
Age : 31 Y 2 M 11 D	Collection Date : 10/Sep/2023 11:06AM
Gender : F	Report Date : 10/Sep/2023 03:52PM



DEPARTMENT OF CLINICAL PATHOLOGY

Test Name	Result	Bio Ref. Interval	Unit
*URINE ROUTINE ALL, ALL , URINE			
<u>PHYSICAL EXAMINATION</u>			
COLOUR	PALE YELLOW		
APPEARANCE	CLEAR		
<u>CHEMICAL EXAMINATION</u>			
pH (Method:Dipstick (triple indicator method))	6.5	4.6 - 8.0	
SPECIFIC GRAVITY (Method:Dipstick (ion concentration method))	1.010	1.005 - 1.030	
PROTEIN (Method:Dipstick (protein error of pH indicators)/Manual)	ABSENT	NOT DETECTED	
GLUCOSE (Method:Dipstick(glucose-oxidase-peroxidase method)/Manual)	ABSENT	NOT DETECTED	
KETONES (ACETOACETIC ACID, ACETONE) (Method:Dipstick (Legals test)/Manual)	ABSENT	NOT DETECTED	
BLOOD (Method:Dipstick (pseudoperoxidase reaction))	NEGATIVE	NOT DETECTED	
BILIRUBIN (Method:Dipstick (azo-diazo reaction)/Manual)	NEGATIVE	NEGATIVE	
UROBILINOGEN (Method:Dipstick (diazonium ion reaction)/Manual)	NEGATIVE	NEGATIVE	
NITRITE (Method:Dipstick (Griess test))	NEGATIVE	NEGATIVE	
LEUCOCYTE ESTERASE (Method:Dipstick (ester hydrolysis reaction))	NEGATIVE	NEGATIVE	
<u>MICROSCOPIC EXAMINATION</u>			
LEUKOCYTES (PUS CELLS) (Method:Microscopy)	1-2	0-5	/hpf
EPITHELIAL CELLS (Method:Microscopy)	2-3	0-5	/hpf
RED BLOOD CELLS (Method:Microscopy)	ABSENT	0-2	/hpf
CAST (Method:Microscopy)	ABSENT	NOT DETECTED	
CRYSTALS (Method:Microscopy)	ABSENT	NOT DETECTED	
BACTERIA (Method:Microscopy)	ABSENT	NOT DETECTED	
YEAST (Method:Microscopy)	ABSENT	NOT DETECTED	
OTHERS	ABSENT		

Note:

1. All urine samples are checked for adequacy and suitability before examination.
2. Analysis by urine analyzer of dipstick is based on reflectance photometry principle. Abnormal results of chemical examinations are confirmed by manual methods.
3. The first voided morning clean-catch midstream urine sample is the specimen of choice for chemical and microscopic analysis.
4. Negative nitrite test does not exclude urinary tract infections.
5. Trace proteinuria can be seen in many physiological conditions like exercise, pregnancy, prolonged recumbency etc.
6. False positive results for glucose, protein, nitrite, urobilinogen, bilirubin can occur due to use of certain drugs, therapeutic dyes, ascorbic acid, cleaning agents used in urine collection container.
7. Discrepancy between results of leukocyte esterase and blood obtained by chemical methods with corresponding pus cell and red blood cell count by microscopy can

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DEPARTMENT OF CLINICAL PATHOLOGY

Test Name	Result	Bio Ref. Interval	Unit
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occur due to cell lysis.

8. Contamination from perineum and vaginal discharge should be avoided during collection, which may falsely elevate epithelial cell count and show presence of bacteria and/or yeast in the urine.

*** End Of Report ***

DR. BARNALI PAUL
MBBS, MD(PATH)

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Patient Name : YANGCHEN LHAMU SHERPA
Age : 31 Y 2 M 11 D
Gender : F
Lab Add. :
Ref Dr. : Dr.MEDICAL OFFICER
Collection Date :
Report Date : 11/Sep/2023 01:51PM



DEPARTMENT OF CARDIOLOGY
REPORT OF E.C.G.

HEART RATE : 74 /min.
RHYTHM : Regular sinus.
P-WAVE : Normal
P - R INTERVAL : 160 ms,
QRS DURATION : 80 ms
QRS CONFIGURATION : NORMAL
QRS VOLTAGE : R/S in V1 1/1 mm.
R/S in V6 2/1 mm.
QRS AXIS : +30°
Q- Waves : No significant Q-wave.
QT TIME : Normal.
ST SEGMENT : Normal.
T WAVE : NORMAL
ROTATION : Normal.
OTHER FINDINGS : Nil.
IMPRESSION : ECG WITHIN NORMAL LIMIT.

*** End Of Report ***


Dr. ARABINDA SAHA (MD,DM)
CONSULTANT CARDIOLOGIST



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Patient Name	: YANGCHEN LHAMU SHERPA	Ref Dr.	: Dr.MEDICAL OFFICER
Age	: 31 Y 2 M 11 D	Collection Date	:
Gender	: F	Report Date	: 11/Sep/2023 04:53PM

DEPARTMENT OF ULTRASONOGRAPHY
REPORT ON EXAMINATION OF WHOLE ABDOMEN

LIVER

Liver is normal in size having normal shape, regular smooth outline and of homogeneous echotexture. No focal parenchymal lesion is evident. Intrahepatic biliary radicles are not dilated. Branches of portal vein are normal

PORTA

The appearance of porta is normal. Common Bile duct is normal with no intraluminal pathology (Calculi /mass) could be detected at its visualised part. Portal vein is normal at porta.

GALL BLADDER

Gallbladder is operated.

PANCREAS

Echogenicity appears within limits, without any focal lesion. Shape, size & position appears normal. No Calcular disease noted. Pancreatic duct is not dilated. No peri-pancreatic collection of fluid noted.

SPLEEN

Spleen is normal in size (110 mm). Homogenous and smooth echotexture without any focal lesion. Splenic vein at hilum appears normal. No definite collaterals could be detected.

KIDNEYS

Both kidneys are normal in shape, size (Rt. kidney 107 mm. & Lt. kidney 113 mm.) axes & position. Cortical echogenicity appears normal maintaining cortico-medullary differentiation. Margin is regular and cortical thickness is uniform. No calcular disease noted. No hydronephrotic changes detected. Visualised part of upper ureters are not dilated.

URINARY BLADDER

Urinary bladder is distended, wall thickness appeared normal. No intraluminal pathology (calculi/mass) could be detected.

UTERUS

Uterus is anteverted, normal in size (84 mm. x 43 mm. x 65 mm). Endometrium (collapsed wall) is in midline. Myometrium appears smooth & homogenous without any detectable/sizable focal lesion. Cervix looks normal. Pouch of Douglas is free.

OVARIES

Right ovary is normal in size, shape, position, margin and echotexture.

Left ovary shows thick walled cyst with fluid level measuring 47 x 32 mm.

Right ovary measures 34 x 13 mm.

IMPRESSION :

- i) Post cholecystectomy status.**
- ii) Left ovary shows thick walled cyst with fluid level - - ? Haemorrhagic / endometriotic cyst.**

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Please correlate clinically.

Kindly note

- *Ultrasound is not the modality of choice to rule out subtle bowel lesion.*
- *Please Intimate us for any typing mistakes and send the report for correction within 7 days.*
- *The science of Radiological diagnosis is based on the interpretation of various shadows produced by both the normal and abnormal tissues and are not always conclusive. Further biochemical and radiological investigation & clinical correlation is required to enable the clinician to reach the final diagnosis.*

The report and films are not valid for medico-legal purpose.

Patient Identity not verified.

DR. Ziaul Mustafa
MD, Radiodiagnosis

Patient Data

Sample ID: D02132357605
 Patient ID: SR8143062
 Name:
 Physician:
 Sex:
 DOB:

Analysis Data

Analysis Performed: 11/SEP/2023 14:42:28
 Injection Number: 9280U
 Run Number: 205
 Rack ID:
 Tube Number: 1
 Report Generated: 11/SEP/2023 14:48:45
 Operator ID: TRISHA

Comments:

Peak Name	NGSP %	Area %	Retention Time (min)	Peak Area
A1a	---	1.0	0.165	21938
A1b	---	0.8	0.233	16701
F	---	0.7	0.279	14943
LA1c	---	1.3	0.416	27838
A1c	4.8	---	0.524	85235
P3	---	3.2	0.793	66939
P4	---	1.2	0.870	24710
Ao	---	87.7	0.986	1843036

Total Area: 2,101,340

HbA1c (NGSP) = 4.8 % HbA1c (IFCC) = 29 mmol/mol

