

Name : Mr. RAKESH HELA (49 /M)

Date : 28/03/2022

Address : BF-37/7, SAHA PARA, DESHBANDHU NAGAR, BAGUIHATI JORA
MANDIR, PS-BBAGUIHATI, KOLKATA, KOLKATA, WEST BENGAL, INDIA

Examined by:

UHID : AGHL.0001552952

Package : MEDI WHEEL FULL BODY HCK - MALE (ABOVE 40 YRS
WITH TMT/ECHO)

AHC No : AMHLAH144783



CHIEF COMPLAINTS

For corporate health checkup

No specific complaints

PRESENT KNOWN ILLNESS:-

H/O Diabetes Mellitus x 12 years - on medication.

H/O Hypertension x 2.5 years - on medication.

H/O Dyslipidaemia x 6 years - on medication.

No H/O TB/Asthma/Heart Disease.



DRUG ALLERGY

Nil

:29/03/2022



SYSTEMIC REVIEW

Cardiovascular system

HYPERTENSION – 2.5 years, ANY MEDICATION –
Yes.

Respiratory system

Nil significant.

Gastrointestinal system

APPETITE - Normal, BOWEL HABITS - Regular.

Genitourinary system

FREQUENCY – Normal.

Central nervous system

MEMORY & CONCENTRATION – Normal, SLEEP
– Normal.

Eyes

VISION - Corrected with reading glasses.

ENT

HEARING – Normal.

Skin

Nil significant.

Weight

Steady.



Present medications

Tab. Azulix MF (3/500 mg) - 1 tab twice daily. Tab.
Eurepa V (1/0.3 mg). Tab. Tenejam (20/500) - 1 tab
daily. Tab. Losar H (50/12.5 mg) - 1 tab daily. Tab.
Cyra D - 1 tab daily. Tab. Unistar (75 mg) - 1 tab
daily.



Past medical history

Covid 19	- Yes
Hospitalization for Covid 19	- No
Malaria	- 33 years of age.
Jaundice	- 35 years of age.
Typhoid	- 33 years of age.



Surgical history

Surgical history - Nil



Personal history

Marital status	- Married
No. of children	- 2

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Diet - Mixed Diet
Alcohol - consumes alcohol occasionally
Smoking - Yes
Chews tobacco - No
Physical activity - Active

Family history

Father - alive
Mother - has expired
Brothers - 6
Sisters - 2
Diabetes - mother
Coronary artery disease - brother
Cancer - None
CVA - mother

Tenderness - No

Central nervous system

No neurological deficit

Skin

No significant finding

Musculo Skeletal System

Extremities - No significant finding

Spine - No significant finding

Dental consultation

Dental findings - Consultant's notes attached

PHYSICAL EXAMINATION

General

Build - Healthy.
Height (in cms) - 161
Weight (in Kgs) - 60
BMI - 23.15
Pallor - no
Oedema - no

Cardiovascular system

Heart rate(Per minute) - 86
Rhythm - Normal
Systolic(mm of Hg) - 140
Diastolic(mm of Hg) - 83
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds

Abdomen

Appearance - Normal
Organomegaly - No

Printed By : AVIJIT DAS

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COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	12.7 *	g/dl	●	13.0-17.0
RBC COUNT	4.57	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	39.2 *	%	●	41-53
MCV	85.6	fl	●	83-101
MCH	27.7	pg	●	27-32
MCHC	32.4	%	●	31.5-34.5
RDW	15.0 *	%	●	11.8-14.0
WBC Count	7800	/cu mm	●	4000-10000
Platelet Count	2.29	lacs/cu mm	●	1.5-4.0
Neutrophils	62	%	●	40-80
Lymphocytes	31	%	●	20-40
Monocytes	06	%	●	2-10
Eosinophils	01	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	14	mm/1st hr	●	0-15

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	20	mL		
Colour:	Straw			
Appearance	Clear			
Specific Gravity	1.030			
pH:	6.0			
Albumin:	Trace			
Glucose	+++			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional	/hpf		

Epithelial Cells	Occasional	/hpf
Casts:	Not Found	
Crystals:	Found	
Ca-oxalate	2-4	/lpf
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.	
NOTE : -	Urine protein rechecked and confirmed by sulphosalicylic acid test~Urine glucose rechecked and confirmed by Benedict's test	

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	+++			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	+++			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	A			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	23	U/L	●	10-40
ALBUMIN - SERUM	4.2	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	75	U/L	●	53-128
AST (SGOT) - SERUM	27	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.7	mg/dL	●	0.0-1.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	121	mg/dL	●	0-200

● Within Normal Range ● Borderline High/Low ● Out of Range

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CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.9	mg/dL	●	0.9-1.3

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	11	U/L	●	7-64

GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	218 *	mg/dL	●	70-99

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	346 *	mg/dL	●	70-140

HBA1C (GLYCOSYLATED

HAEMOGLOBIN)-WHOLE BLOOD

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	10.8 *	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	27 *	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	77	mg/dL	●	Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated)	17	mg/dL	●	0-35

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	6.5	g/dL	●	6.4-8.3

GLOBULIN: (CALCULATED) - SERUM	2.3	g/dL	●	1.8-3.6
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THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	0.7 *	ng/ml	●	0.8-2
TOTAL T4: THYROXINE - SERUM	4.5 *	µg/dL	●	5.1-14.1

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	69	mg/dL	●	0-150

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	1.2	µIU/mL	●	0.270-4.200

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	4.7	mg/dL	●	3.5-7.2

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dL	●	0.0-0.2

PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM

Test Name	Result	Unit	Level	Range
PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM	0.68	ng/mL	●	0.00-6.50

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	12.6	mg/dL	●	7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.8:1.0			1.0-2.0

● Within Normal Range ● Borderline High/Low ● Out of Range

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ECG

SINUS RHYTHM.

LEFT ANTERIOR FASCICULAR BLOCK.

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

ULTRASOUND SCREENING WHOLE ABDOMEN

* Fatty changes in liver.

X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

 Within Normal Range  Borderline High/Low  Out of Range

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Other Lifestyle Changes & Recommendations :-

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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