

"DR- PLUS HEALTHCARE CENTRE"

MUMBAI CENTRAL

15079 / SIDHARTH AGARWAL / 35 Yrs / Male / 0 Cm / 0 Kg

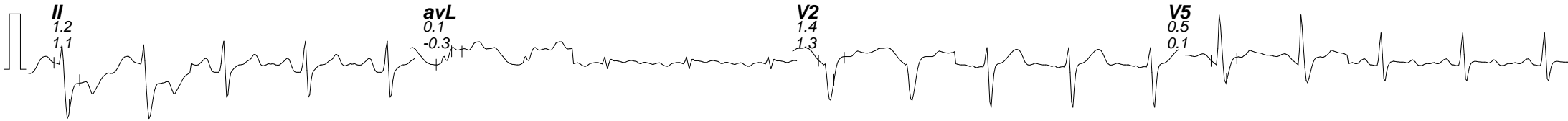
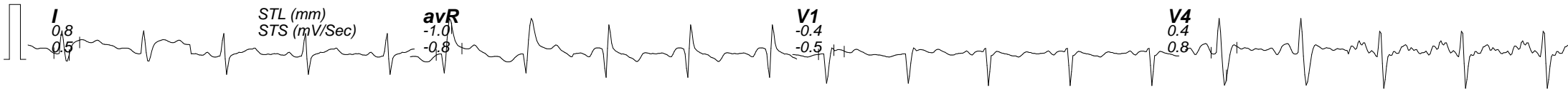
Linked Medians Report

BRUCE:Supine(0:39)



Date: 11 - 09 - 2021 12:14:16 PM METs : 1.0 HR : 103 Target HR : 56% of 185 BP : 120/80 Post J @80mSec

ExTime: 00:00 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV



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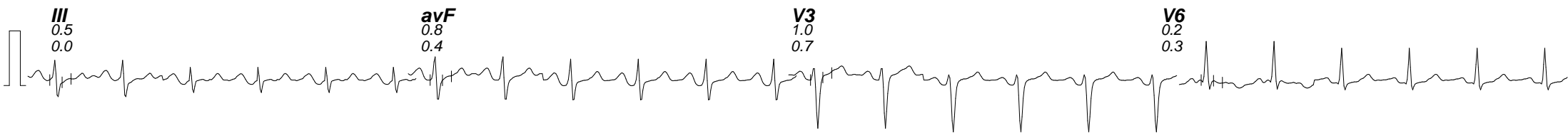
Linked Medians Report

BRUCE: Standing(0:07)



Date: 11 - 09 - 2021 12:14:16 PM METs : 1.0 HR : 107 Target HR : 58% of 185 BP : 120/80 Post J @80mSec

ExTime: 00:00 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV



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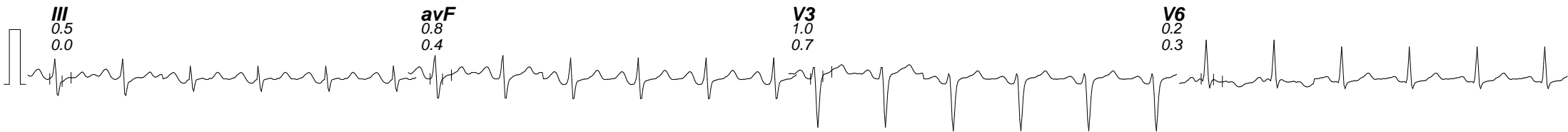
Linked Medians Report

BRUCE:HV(0:07)



Date: 11 - 09 - 2021 12:14:16 PM METs : 1.0 HR : 105 Target HR : 57% of 185 BP : 120/80 Post J @80mSec

ExTime: 00:00 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV



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Linked Medians Report

BRUCE:Warm Up(0:09)



Date: 11 - 09 - 2021 12:14:16 PM METs : 1.0 HR : 105 Target HR : 57% of 185 BP : 120/80 Post J @80mSec

ExTime: 00:00 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV



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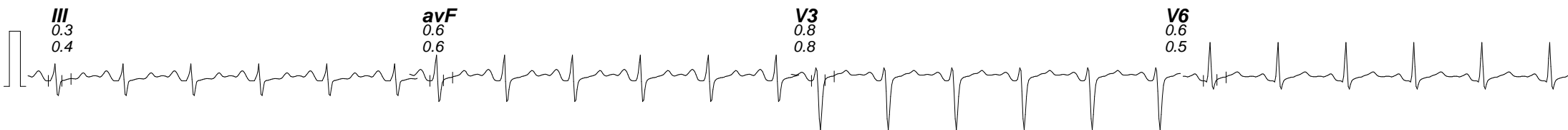
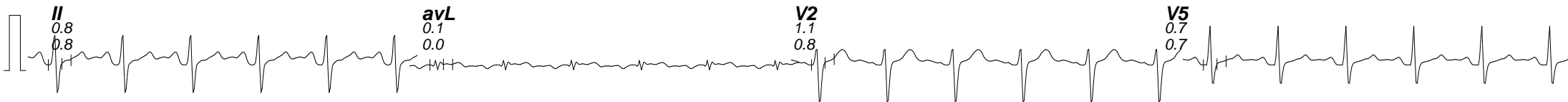
Linked Medians Report

ExStart



Date: 11 - 09 - 2021 12:14:16 PM METs : 1.0 HR : 104 Target HR : 56% of 185 BP : 120/80 Post J @80mSec

ExTime: 00:00 Speed: 1.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV



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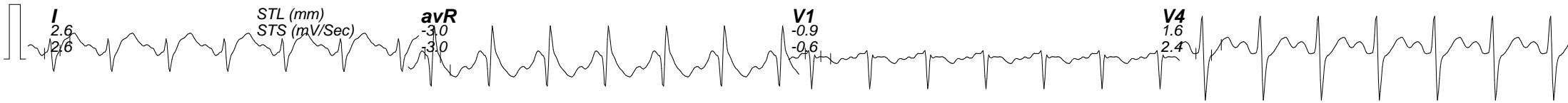
Linked Medians Report

BRUCE:Stage 1(3:00)



Date: 11 - 09 - 2021 12:14:16 PM METs : 4.7 HR : 127 Target HR : 69% of 185 BP : 132/80 Post J @80mSec

ExTime: 03:00 Speed: 1.7 mph Grade : 10.00 % 25 mm/Sec. 1.0 Cm/mV



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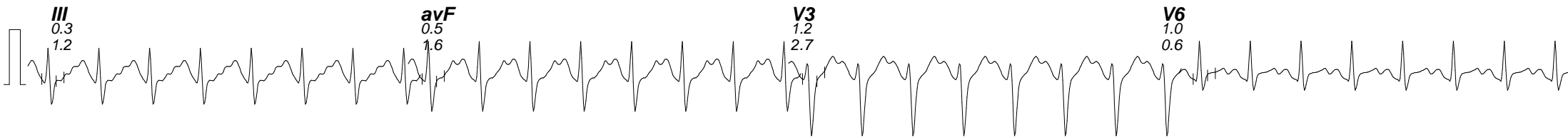
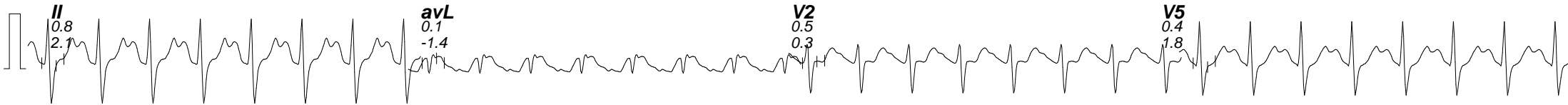
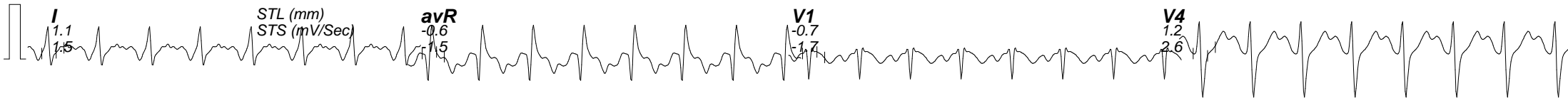
Linked Medians Report

BRUCE:Stage 2(3:00)



Date: 11 - 09 - 2021 12:14:16 PM METs : 7.1 HR : 154 Target HR : 83% of 185 BP : 146/80 Post J @60mSec

ExTime: 06:00 Speed: 2.5 mph Grade : 12.00 % 25 mm/Sec. 1.0 Cm/mV



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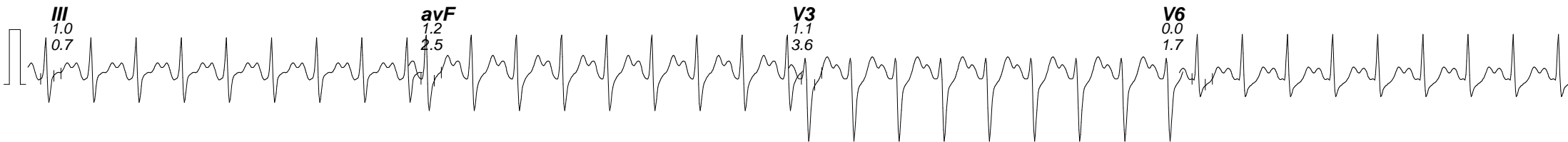
Linked Medians Report

PeakEx



Date: 11 - 09 - 2021 12:14:16 PM METs : 7.4 HR : 160 Target HR : 86% of 185 BP : 156/80 Post J @60mSec

ExTime: 06:20 Speed: 3.4 mph Grade : 14.00 % 25 mm/Sec. 1.0 Cm/mV





Stage	Time	Duration	Speed(mph)	Elevation	METs	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:38	0:38	00.0	00.0	01.0	103	56 %	120/80	123	00	
Standing	00:44	0:06	00.0	00.0	01.0	107	58 %	120/80	128	00	
HV	00:49	0:05	00.0	00.0	01.0	105	57 %	120/80	125	00	
Warm Up	00:58	0:09	00.0	00.0	01.0	105	57 %	120/80	125	00	
ExStart	01:04	0:06	01.0	00.0	01.0	104	56 %	120/80	124	00	
BRUCE Stage 1	04:04	3:00	01.7	10.0	04.7	127	69 %	132/80	167	00	
BRUCE Stage 2	07:04	3:00	02.5	12.0	07.1	154	83 %	146/80	224	00	
PeakEx	07:23	0:19	03.4	14.0	07.4	160	86 %	156/80	249	00	
Recovery	08:23				00.0	000	0 %	150/80	000	00	
Recovery	08:46	0:55	01.1	00.0	01.6	144	78 %	140/80	201	00	

FINDINGS :

Exercise Time : 06:19
Max HR Attained : 160 bpm 86% of Target 185
Max BP Attained : 156/80
Max WorkLoad Attained : 7.4 Fair response to induced stress
Test End Reasons : Test Complete



15079 / SIDHARTH AGARWAL / 35 Yrs / M / 0 Cms / 0 Kg Date: 11-Sep-2021 Refd By : DR.PURVI CHHABLANI

REPORT :

TEST OBJECTIVE	:	ROUTINE CHECK UP
RISK FACTOR	:	AGE,SMOKING
ACTIVITY	:	GOOD
MEDICATION	:	NIL
BRIEF HISTORY	:	SMOKING
OTHER INVESTIGATION	:	NIL
REASON FOR TERMINATION	:	TARGET HEART RATE ACHIEVED
EXERCISE TOLERANCE	:	GOOD
EXERCISE INDUCED ARRYTHMIAS	:	INSIGNIFICANT
HAEMODYNAMIC RESPONSE	:	NORMAL
CHRONOTROPIC RESPONSE	:	NORMAL
FINAL IMPRESSION	:	STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE

Doctor : DR.PURVI CHHABLANI