







**Lab No.** : BKP/10-06-2023/SR7742117

Patient Name : PIALI SEN
Age : 40 Y 1 M 23 D

Gender : F

Lab Add. : Newtown, Kolkata-700156

Ref Dr. : Dr.MEDICAL OFFICER
Collection Date: 10/Jun/2023 07:43AM

**Report Date** : 10/Jun/2023 11:08AM

Test Name	Result	Unit	Bio Ref. Interval	Method		
POTASSIUM, BLOOD , GEL SERUM						
POTASSIUM,BLOOD	4.40	mEq/L	3.5-5.5 mEq/L	ISE INDIRECT		
*CHLORIDE, BLOOD , .						
CHLORIDE,BLOOD	104	mEq/L	99-109 mEq/L	ISE INDIRECT		
CREATININE, BLOOD , GEL SERUM	0.66	mg/dL	0.5-1.1 mg/dL	Jaffe, alkaline picrate, kinetic		
GLUCOSE, FASTING, BLOOD, NAF PLASMA						
GLUCOSE,FASTING	98	mg/dL	Impaired Fasting-100-125 .~Diabetes- >= 126.~Fasting is defined as no caloric intake for least 8 hours.			

In the absence of unequivocal hyperglycemia, diagnosis requires two abnormal test results from the same sample or in two separate test samples.

Reference :

ADA Standards of Medical Care in Diabetes – 2020. Diabetes Care Volume 43, Supplement 1.

PHOSPHORUS-INORGANIC, BLOOD, GEL SERUM

PHOSPHORUS-INORGANIC, BLOOD 3.3 mg/dL 2.4-5.1 mg/dL Phosphomolybdate/UV

 ${f SODIUM}, {f BLOOD}$  ,  ${f GEL}$   ${f SERUM}$ 

SODIUM,BLOOD 140 mEq/L 132 - 146 mEq/L ISE INDIRECT

Dr NEEPA CHOWDHURY MBBS MD (Biochemistry) Consultant Biochemist









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UREA,BLOOD	17.1	mg/dL	19-49 mg/dL	Urease with GLDH			
URIC ACID, BLOOD , GEL SERUM							
URIC ACID,BLOOD	6.20	mg/dL	2.6-6.0 mg/dL	Uricase/Peroxidase			
CALCIUM, BLOOD							
CALCIUM,BLOOD	9.00	mg/dL	8.7-10.4 mg/dL	Arsenazo III			
TOTAL PROTEIN [BLOOD] ALB:GLO RATIO , .							
TOTAL PROTEIN	7.40	g/dL	5.7-8.2 g/dL	BIURET METHOD			
ALBUMIN	4.2	g/dL	3.2-4.8 g/dL	BCG Dye Binding			
GLOBULIN	3.20	g/dl	1.8-3.2 g/dl	Calculated			
AG Ratio	1.31		1.0 - 2.5	Calculated			
PDF Attached							
GLYCATED HAEMOGLOBIN (HBA1C)	, EDTA WHOLE BLO	OD					
GLYCATED HEMOGLOBIN (HBA1C)	5.2	%	***FOR BIOLOGICAL REFERENCE INTERVAL DETAILS , PLEASE REFER TO THE BELOW MENTIONED REMARKS/NOTE WITH ADDITIONAL CLINICAL INFORMATION ***	)			
HbA1c (IFCC)	33.0	mmol/mol		HPLC			

Clinical Information and Laboratory clinical interpretation on Biological Reference Interval:

Analyzer used: Bio-Rad-VARIANT TURBO 2.0

Method: HPLC Cation Exchange

#### Recommendations for glycemic targets

- Ø Patients should use self-monitoring of blood glucose (SMBG) and HbA1c levels to assess glycemic control.
- Ø The timing and frequency of SMBG should be tailored based on patients' individual treatment, needs, and goals.
- Ø Patients should undergo HbA1c testing at least twice a year if they are meeting treatment goals and have stable glycemic control.
- Ø If a patient changes treatment plans or does not meet his or her glycemic goals, HbA1c testing should be done quarterly.
- $\varnothing$  For most adults who are not pregnant, HbA1c levels should be <7% to help reduce microvascular complications and macrovascular disease . Action suggested >8% as it indicates poor control.
- Ø Some patients may benefit from HbA1c goals that are stringent.

Result alterations in the estimation has been established in many circumstances, such as after acute/ chronic blood loss, for example, after surgery, blood transfusions, hemolytic anemia, or high erythrocyte turnover; vitamin  $B_{12}$ / folate deficiency, presence of chronic renal or liver disease; after administration of high-dose vitamin E / C; or erythropoietin treatment.

Reference: Glycated hemoglobin monitoring BMJ 2006; 333;586-8

#### References:

1. Chamberlain JJ, Rhinehart AS, Shaefer CF, et al. Diagnosis and management of diabetes: synopsis of the 2016 American Diabetes Association Standards of Medical Care in Diabetes. Ann Intern Med. Published online 1 March 2016. doi:10.7326/M15-3016.

2. Mosca A, Goodall I, Hoshino T, Jeppsson JO, John WG, Little RR, Miedema K, Myers GL, Reinauer H, Sacks DB, Weykamp CW. International Federation of Clinical Chemistry and Laboratory Medicine, IFCC Scientific Division. Global standardization of glycated hemoglobin measurement: the position of the IFCC Working Group. Clin Chem Lab Med. 2007;45(8):1077-1080.

## THYROID PANEL (T3, T4, TSH), GEL SERUM

T3-TOTAL (TRI IODOTHYRONINE) 1.22 ng/ml 0.60-1.81 ng/ml CLIA

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T4-TOTAL (ΤΗΥROXINE) 13.2 μg/dL 3.2-12.6 μg/dL CLIA

ESTIMATED TWICE

TSH (THYROID STIMULATING HORMONE) 2.92 µIU/mL 0.55-4.78 µIU/mL CLIA

# SUGGSESTED FOLLOW-UP WITH fT4 ESTIMATION

Serum TSH levels exhibit a diurnal variation with the peak occurring during the night and the nadir, which approximates to 50% of the peak value, occurring between 1000 and 1600 hours.[1,2]

References:

- $1.\ Bugalho\ MJ,\ Domingues\ RS,\ Pinto\ AC,\ Garrao\ A,\ Catarino\ AL,\ Ferreira\ T,\ Limbert\ E\ and\ Sobrinho\ L.\ Detection\ of\ thyroglobulin\ mRNA\ transcripts\ in\ peripheral\ blood\ of$
- individuals with and without thyroid glands: evidence for thyroglobulin expression by blood cells. Eur J Endocrinol 2001;145:409-13.
- 2. Bellantone R, Lombardi CP, Bossola M, Ferrante A, Princi P, Boscherini M et al. Validity of thyroglobulin mRNA assay in peripheral blood of postoperative thyroid carcinoma patients in predicting tumor recurrence varies according to the histologic type: results of a prospective study. Cancer 2001;92:2273-9.

#### **BIOLOGICAL REFERENCE INTERVAL**: [ONLY FOR PREGNANT MOTHERS]

Trimester specific TSH LEVELS during pregnancy:

FIRST TRIMESTER:  $0.10-3.00~\mu$  IU/mL SECOND TRIMESTER: 0.20 -3.50  $\mu$  IU/mL THIRD TRIMESTER: 0.30 -3.50  $\mu$  IU/mL

#### **References:**

- 1. Erik K. Alexander, Elizabeth N. Pearce, Gregory A. Brent, Rosalind S. Brown, Herbert Chen, Chrysoula Dosiou, William A. Grobman, Peter Laurberg, John H. Lazarus, Susan J. Mandel, Robin P. Peeters, and Scott Sullivan. Thyroid. Mar 2017.315-389. http://doi.org/10.1089/thy.2016.0457
- 2. Kalra S, Agarwal S, Aggarwal R, Ranabir S. Trimester-specific thyroid-stimulating hormone: An indian perspective. Indian J Endocr Metab 2018;22:1-4.

#### LIPID PROFILE, GEL SERUM

CHOLESTEROL-TOTAL	207	mg/dL	Desirable: < 200 mg/dL Borderline high: 200-239 mg/dL High: > or =240 mg/dL	Enzymatic
TRIGLYCERIDES	233	mg/dL	Normal:: < 150, BorderlineHigh::150-199, High:: 200-499, VeryHigh::>500	GPO-Trinder
HDL CHOLESTEROL	32	mg/dl	< 40 - Low 40-59- Optimum 60 - High	Elimination/catalase
LDL CHOLESTEROL DIRECT	142	mg/dL	OPTIMAL: <100 mg/dL, Near optimal/ above optimal: 100-129 mg/dL, Borderline high: 130-159 mg/dL High: 160-189 mg/dL, Very high: >=190 mg/dL	Elimination / Catalase
VLDL	33	mg/dl	< 40 mg/dl	Calculated
CHOL HDL Ratio	6.5		LOW RISK 3.3-4.4 AVERAGE RISK 4.47-7.1 MODERATE RISK	Calculated

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7.1-11.0 HIGH RISK >11.0

Reference: National Cholesterol Education Program. Executive summary of the third report of The National Cholesterol Education Program (NCEP) Expert Panel on detection, evaluation, and treatment of high blood cholesterol in adults (Adult Treatment Panel III). JAMA. May 16 2001;285(19):2486-97.

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BLOOD GROUP ABO+RH [GEL METHOD], EDTA WHOLE BLOOD

ABO Gel Card

POSITIVE Gel Card RH

#### TECHNOLOGY USED: GEL METHOD

#### ADVANTAGES:

- Gel card allows simultaneous forward and reverse grouping.
- Card is scanned and record is preserved for future reference.

  Allows identification of Bombay blood group.

  Daily quality controls are run allowing accurate monitoring.

## Historical records check not performed.

ESR (ERYTHROCYTE SEDIMENTATION RATE) , EDTA WHOLE BLOOD					
1stHour	21	mm/hr	0.00 - 20.00 mm/hr	Westergren	
CBC WITH PLATELET (THROMBOCYTE) C	COUNT, EDTA WHOLE E	BLOOD			
HEMOGLOBIN	12.7	g/dL	12 - 15	PHOTOMETRIC	
WBC	7.0	*10^3/µL	4 - 10	DC detection method	
RBC	4.57	*10^6/µL	3.8 - 4.8	DC detection method	
PLATELET (THROMBOCYTE) COUNT	335	*10^3/µL	150 - 450*10^3/μL	DC detection method/Microscopy	
<u>DIFFERENTIAL COUNT</u>					
NEUTROPHILS	64	%	40 - 80 %	Flowcytometry/Microscopy	
LYMPHOCYTES	28	%	20 - 40 %	Flowcytometry/Microscopy	
MONOCYTES	04	%	2 - 10 %	Flowcytometry/Microscopy	
EOSINOPHILS	04	%	1-6%	Flowcytometry/Microscopy	
BASOPHILS	00	%	0-0.9%	Flowcytometry/Microscopy	
CBC SUBGROUP					
HEMATOCRIT / PCV	39.8	%	36 - 46 %	Calculated	
MCV	87.2	fl	83 - 101 fl	Calculated	
MCH	27.9	pg	27 - 32 pg	Calculated	
MCHC	32.0	gm/dl	31.5-34.5 gm/dl	Calculated	
RDW - RED CELL DISTRIBUTION WIDTH	14.3	%	11.6-14%	Calculated	
PDW-PLATELET DISTRIBUTION WIDTH	17.80	fL	8.3 - 25 fL	Calculated	

MPV-MEAN PLATELET VOLUME

DR. NEHA GUPTA MD, DNB (Pathology) **Consultant Pathologist** 

Calculated

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7.5 - 11.5 fl



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**Age** : 40 Y 1 M 23 D

**Gender** : F **Report Date** : 10/Jun/2023 12:51PM



# <u>DEPARTMENT OF RADIOLOGY</u> X-RAY REPORT OF CHEST (PA)

Lab Add.

**Collection Date:** 

# **FINDINGS:**

No active lung parenchymal lesion is seen.

Both the hila are normal in size, density and position.

Mediastinum is in central position. Trachea is in midline.

Domes of diaphragm are smoothly outlined. Position is within normal limits.

Lateral costo-phrenic angles are clear.

The cardio-thoracic ratio is normal.

Bony thorax reveals no definite abnormality.

**IMPRESSION:** 

Normal study.

DR. AVISEK NATH MD (Radio-diagnosis)

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# SURAKSHA DIAGNOSTIC,RAJARHAT,KOLKATA BIO-RAD VARIANT-II TURBO CDM5.4. SN-16122

# PATIENT REPORT V2TURBO A1c 2.0

Patient Data Analysis Data

Sample ID: D02132166065 Analysis Performed: 10/JUN/2023 11:26:43

Patient ID: SR7742117 Injection Number: 10997U Name: Run Number: 277

Physician: Rack ID:

Sex: Tube Number: 4

DOB: Report Generated: 10/JUN/2023 11:38:56

Operator ID: ASIT

Comments:

	NGSP		Retention	Peak
Peak Name	%	Area %	Time (min)	Area
A1a		1.0	0.163	23509
A1b		0.8	0.228	18441
F		0.8	0.274	18615
LA1c		1.8	0.397	41541
A1c	5.2		0.502	97931
P3		3.3	0.779	75410
P4		1.1	0.861	25296
Ao		86.6	0.981	1950866

Total Area: 2,251,609

# HbA1c (NGSP) = 5.2 % HbA1c (IFCC) = 33 mmol/mol

