

Name : Mr. SUBHAS CH DAS (67 /M)

Date : 12/01/2023

Address :

Examined by:

UHID : AMHL.0002074713

Package : MEDI WHEEL FULL BODY HCK - MALE (ABOVE 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH164897



### CHIEF COMPLAINTS

For corporate health checkup  
No specific complaints

### PRESENT KNOWN ILLNESS

No history of	- Diabetes mellitus, Dyslipidemia, Heart disease, Asthma
Hypertension	Since - 10 yrs; Medication - regular
Thyroid disease	- hypothyroidism; Since - 8 yrs; Medication - regular



### DRUG ALLERGY

NO KNOWN ALLERGY :12/01/2023



### SYSTEMIC REVIEW

#### Cardiovascular system

- Nil Significant

#### Respiratory system

- Nil Significant

#### Gastrointestinal system

Appetite - normal; Dyspepsia - no; Bowel habits -  
regular; Piles - no; Hernia - no

#### Genitourinary system

- Nil Significant

#### Eyes

Vision - normal with glasses; Glasses - yes

#### ENT

- Normal hearing

#### Musculoskeletal system

Spine and joints

Knee (left) - pain

#### Skin

- Nil Significant

#### Weight

- stable



#### Present medications

- names not known



#### Past medical history

Do you have any allergies? - No

Do you have any drug allergies? - No

Covid 19 - Yes

Hospitalization for Covid 19 - No



#### Surgical history

Surgical history - Nil



#### Personal history

Marital status - Married

No. of children - 2

Female - 2

Diet - Non Vegetarian

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

Physical activity - Mild



#### Family history

Father - has expired

Aged - 72

Cause - natural cause

Mother - has expired

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Aged - 60  
Cause - stroke  
Brothers - 1  
Sisters - 5  
Hypertension - mother  
Coronary artery disease - none  
Cancer - None

## PHYSICAL EXAMINATION



### General

Build - over weight  
Height - 171  
Weight - 80  
BMI - 27.36  
Pallor - No  
Oedema - no



### Cardiovascular system

Heart rate (Per minute) - 62  
Rhythm - Regular  
- B.P. Sitting  
Systolic(mm of Hg) - 130  
Diastolic(mm of Hg) - 80  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds



### Abdomen

Organomegaly - No  
Tenderness - No



### Skin

- No significant finding

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### COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	13.3	g/dl	●	13.0-17.0
RBC COUNT	4.49 *	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	39.4 *	%	●	41-53
MCV	87.8	fl	●	83-101
MCH	29.6	pg	●	27-32
MCHC	33.8	%	●	31.5-34.5
RDW	14.0	%	●	11.8-14.0
WBC Count	6500	/cu mm	●	4000-10000
Platelet Count	1.57	lacs/cu mm	●	1.5-4.0
Neutrophils	62	%	●	40-80
Lymphocytes	30	%	●	20-40
Monocytes	06	%	●	2-10
Eosinophils	02	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			

ERYTHROCYTE SEDIMENTATION RATE (ESR)	18 *	mm/1st hr	●	0-15
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### STOOL ROUTINE

Test Name	Result	Unit	Level	Range
Colour:	Brown			
Consistency :	Semi Solid			
Mucus:	Present			
Reaction:	Alkaline			
Frank Blood	Absent			
Pus Cells	Occasional/hpf			
RBC:	Not found			
Ova:	Not Found			
Cysts:	Not Found			
PARASITE	Not Found			

### URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	30	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.015			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			
Epithelial Cells	Occasional/hpf			
Casts:	Not Found			
Crystals:	Not Found			
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.			

### URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

### URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

### BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
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ALT(SGPT) - SERUM	20	U/L	●	10-40	HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHO LE BLOOD	6.2 *	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >/= 6.5% ADA Theraputic goal : <7%
ALBUMIN - SERUM	4.2	g/dL	●	3.5-5.1					
ALKALINE PHOSPHATASE - SERUM	79	U/L	●	56-119					
AST (SGOT) - SERUM	24	U/L	●	10-42	Note				HbA1c can not be measured accurately. Hemoglobin electrophoresis suggested. Hemoglobin variant present.
BILIRUBIN TOTAL - SERUM	0.7	mg/dL	●	0.0-1.0					

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	125	mg/dL	●	0-200

**CREATININE - SERUM**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	1.0	mg/dL	●	0.8-1.3

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	20	U/L	●	7-64

**GLUCOSE - PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	104 *	mg/dL	●	70-99

**GLUCOSE - PLASMA (POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	151 *	mg/dL	●	70-140

**HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
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**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	33	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	73	mg/dL	●	Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated)	19	mg/dL	●	0-35

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.0	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	2.8	g/dL	●	1.8-3.6

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.0	ng/ml	●	0.8-2
TOTAL T4: THYROXINE - SERUM	7.2	µg/dL	●	5.1-14.1

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	110	mg/dL	●	0-150

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### THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	3.9	µIU/mL	●	0.270-4.200

### X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

### URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	7.2	mg/dL	●	3.5-7.2

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dL	●	0.0-0.2

### PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM

Test Name	Result	Unit	Level	Range
PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM	1.5	ng/mL	●	0.00-6.50

### BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	11.7	mg/dL	●	7.0-18.0

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.5:1.0			1.0-2.0

### ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

### TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

### ULTRASOUND SCREENING WHOLE ABDOMEN

\* Grade-I fatty liver.

\* Prostatomegaly with prominent median lobe.



Within Normal Range



Borderline High/Low



Out of Range

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Printed By :

AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.