

Name : Mrs. SUNAINA LAL (43 /F)
Address : A, OTHER, OTHER, OTHER, INDIA

Date : 07/10/2022

Examined by:

UHID : AMHL.0002026143

Package : MEDI WHEEL FULL BODY HCK - FEMALE (ABOVE 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH158393



CHIEF COMPLAINTS

For corporate health checkup
No specific complaints

PRESENT KNOWN ILLNESS

Present known illness

- Diabetes mellitus, Hypertension, Dyslipidemia, Thyroid disorder, Heart disease



DRUG ALLERGY

NO KNOWN ALLERGY

:07/10/2022



SYSTEMIC REVIEW

Cardiovascular system

Palpitation - for few seconds

Respiratory system

- Nil Significant

Gastrointestinal system

- Nil Significant

Genitourinary system

- Nil Significant

Gynaec history

Last menstrual period - 15/09/10; Periods - regular;
No of Children - 2; Deliveries - normal vaginal
delivery

Central nervous system

Dizziness - occasional

Eyes

Vision - normal with glasses

ENT

- Nil Significant



Past medical history

Past medical history - nil significant
Thyroid disease - Hypothyroid



Surgical history

Surgical history - Nil



Personal history

Marital status - Married
No. of children - 2
Diet - Non Vegetarian
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Physical activity - Mild



Family history

Father - alive
Mother - alive
- 5

Name : Mrs. SUNAINA LAL (43 /F)

UHID : AMHL.0002026143

Date : 07/10/2022

Package : MEDI WHEEL FULL BODY HCK - FEMALE (ABOVE 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH158393

Diabetes - father
Coronary artery disease - none
Cancer - None

PHYSICAL EXAMINATION



General

Build - normal
Height - 154
Weight - 53.4
BMI - 22.52
Pallor - Yes
Oedema - no



Cardiovascular system

Heart rate (Per minute) - 62
Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 102
Diastolic(mm of Hg) - 64
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Organomegaly - No
Tenderness - No



Central nervous system

- No neurological deficit

Printed By : Benazir Begaum

Name : Mrs. SUNAINA LAL (43 /F)

UHID : AMHL.0002026143

Date : 07/10/2022

Package : MEDI WHEEL FULL BODY HCK - FEMALE (ABOVE 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH158393

COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	10.0 *	g/dl	●	12.0-15.0
RBC COUNT	4.13	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	32.0 *	%	●	36-46
MCV	77.5 *	fl	●	83-101
MCH	24.3 *	pg	●	27-32
MCHC	31.3 *	%	●	31.5-34.5
RDW	16.9 *	%	●	11.8-14.0
WBC Count	5200	/cu mm	●	4000-10000
Platelet Count	1.80	lacs/cu mm	●	1.5-4.0
Neutrophils	56	%	●	40-80
Lymphocytes	24	%	●	20-40
Monocytes	07	%	●	2-10
Eosinophils	13 *	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Anisocytosis+, Predominantly Microcytic Hypochromic.			
WBC:	Eosinophilia noted			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	17	mm/1st hr	●	0-20

Bile Pigments	Not Detected
RBC	Nil /hpf
Pus Cells	0-2 /hpf
Epithelial Cells	2-4 /h.p.f /hpf
Casts:	Not Found
Crystals:	Not Found
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	A			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	9 *	U/L	●	10-40
ALBUMIN - SERUM	4.4	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	46	U/L	●	42-98
AST (SGOT) - SERUM	25	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.5	mg/dL	●	0.0-1.0

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	10	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.010			
pH:	7.5			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			

● Within Normal Range ● Borderline High/Low ● Out of Range

Name : Mrs. SUNAINA LAL (43 /F)

UHID : AMHL.0002026143

Date : 07/10/2022

Package : MEDI WHEEL FULL BODY HCK - FEMALE (ABOVE 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH158393

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	169	mg/dL	●	0-200

LDL CHOLESTEROL -SERUM 104 * mg/dL ● 0-100

VLDL CHOLESTEROL - SERUM (Calculated) 21 mg/dL ● 0-35

CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.7	mg/dL	●	0.6-1.1

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	8.0	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	3.6	g/dL	●	1.8-3.6

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	13	U/L	●	7-64

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.0	ng/ml	●	0.8-2
TOTAL T4: THYROXINE - SERUM	5.6	µg/dL	●	5.1-14.1

GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	81	mg/dL	●	70-99

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	87	mg/dL	●	70-140

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	87	mg/dL	●	0-150

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	5.5	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >/= 6.5% ADA Therapeutic goal : <7%

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	6.4 *	µIU/mL	●	0.270-4.200

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	3.7	mg/dL	●	2.6-6.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	44	mg/dL	●	30-70

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.1	mg/dL	●	0.0-0.2

BUN (BLOOD UREA NITROGEN)

● Within Normal Range ● Borderline High/Low ● Out of Range

Name : Mrs. SUNAINA LAL (43 /F)

UHID : AMHL.0002026143

Date : 07/10/2022

Package : MEDI WHEEL FULL BODY HCK - FEMALE (ABOVE 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH158393

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	7.5	mg/dL	●	7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.2:1.0			1.0-2.0

PAP SMEAR /CERVICAL SMEAR

Ref No:

AG01.C2205793

SPECIMEN TYPE:

Conventional Cervical (PAP) smear x 1

SPECIMEN ADEQUACY:

Satisfactory for evaluation with endocervical cells.

INTERPRETATION/RESULT:

Negative for intraepithelial lesion or malignancy,
Reactive cellular changes associated with inflammation
(includes typical repair)

ECG

SINUS BRADYCARDIA. OTHERWISE WITHIN NORMAL LIMITS.

ULTRASOUND BREAST BILATERAL

* No obvious abnormality in both breasts sonographic study.

BI-RADS category - 1 (normal)

Suggested: Review mammogram after one year.

Dr. TANDRA SARKAR

MBBS, DMRE, DNB (RADIODIAGNOSIS),

MNAMS

CONSULTANT RADIOLOGIST

Reg. No. 49319 (WBMC)

ULTRASOUND SCREENING WHOLE ABDOMEN

* Bulky uterus.

* Tiny fibroid in uterus.

* Thickened endometrium.

X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & RADIOLOGY)

Haematology

STOOL ROUTINE

CARDIOLOGY

TREADMILL TEST / STRESS TEST

ADDITIONAL INVESTIGATIONS (LAB)

VITAMIN D TOTAL(25-OH)-SERUM

Test Name	Result	Unit	Level	Range
25 (OH) VITAMIN D	24 *	ng/mL	●	Deficiency(<=20 ng/ml) Insufficiency (21-29 ng/ml) Optimum Level (30-40 ng/ml) Toxicity (>150 ng/ml)



Within Normal Range



Borderline High/Low



Out of Range

Name : Mrs. SUNAINA LAL (43 /F)

UHID : AMHL.0002026143

Date : 07/10/2022

Package : MEDI WHEEL FULL BODY HCK - FEMALE (ABOVE 40 YRS WITH
TMT/ECHO)

AHC No : AMHLAH158393

Other Lifestyle Changes & Recommendations :-

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

Name : Mrs. SUNAINA LAL (43 /F)

UHID : AMHL.0002026143

Date : 07/10/2022

Package : MEDI WHEEL FULL BODY HCK - FEMALE (ABOVE 40 YRS WITH
TMT/ECHO)

AHC No : AMHLAH158393
