

Dry Refraction:

	Sph	Cyl	Axis	Vision
Distant	0.0	--	--	6/6
Near	--	--	--	N6

Dry Refraction:

	Sph	Cyl	Axis	Vision
Distant	0.0	--	--	6/6
Near	--	--	--	N6

EXAMINATION**R/OD**

VA: UCVA - 6/6 UCVA Near- N6
IOP(1): 17 at 12:22 PM with NCT
Appearance: Normal
Appendages: Normal
Conjunctiva: Normal
Sclera: Normal
Cornea: Size/Shape/Surface Normal
Anterior Chamber: Normal depth, No cells/flare
Pupil: Round shape, Normal direct & Consensual reflex
Iris: Within normal Limits
Lens: Clear, Crystalline, Central
Extra Ocular Movements: Uniocular and Binocular movements full and normal

L/OS

VA: UCVA - 6/6 UCVA Near- N6
IOP(1): 13 at 12:22 PM with NCT
Appearance: Normal
Appendages: Normal
Conjunctiva: Normal
Sclera: Normal
Cornea: Size/Shape/Surface Normal
Anterior Chamber: Normal depth, No cells/flare
Pupil: Round shape, Normal direct & Consensual reflex
Iris: Within normal Limits
Lens: Clear, Crystalline, Central
Extra Ocular Movements: Uniocular and Binocular movements full and normal

DIAGNOSIS

1. Encounter for examination of eyes and vision without abnormal findings - **Z01.00**

ADVICE :**Medication(Rx)**

New:

Sr No.	Name	Quantity	Frequency	Duration	Eye	Instruction
1	AQUIM PF - ED	1	4 times a day	3 Months	Both Eyes	

Management Plan:

GLASS ARC+BRF

For Followup : - Visit Dr. SOFIA BHOL for review as and when necessary at Dr. Agarwal's Health

IN CASE OF EMERGENCY (UNUSUAL PAIN, WATERING, REDNESS, OR DECREASE IN VISION)**PLEASE CONTACT: MOBILE NO 8118052202**

ଦ୍ରବ୍ୟା ବିକଳା ପରିଷଦ: ଚେପରଟି ଆର୍ଡି ଇସ୍ପା, ବୁବ ବୋର୍ଡିଂ, ଆର୍ଡି ଭାଲ ପର୍ସନା ଓ ପୁସ୍ତକ-ଶସ୍ତ୍ର ବିକାଶ କେନ୍ଦ୍ର ଚନ୍ଦ୍ରକୋଟ୍ ପଲ୍ଲୀ, କଟକ (୮୧୧୮୦୫୨୨୦୨)



ZENA
Healthcare Services
Professional | Accuracy | Precision

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ZENA HEALTHCARE SERVICES
(A Unit of Zena Enterprises)

Regd. No. : 1834

Patient Name : MANGALIRA ROUT

Age / Gender : 30 years / Female

Patient ID : 18508

Referral : mediwheel

Collection Time : 21/10/2023, 10:30 AM

Reporting Time : 21/10/2023, 06:22 PM

Sample ID :



Test Description	Value(s)	Reference Range	Unit
<u>Glucose, Fasting (FBS)</u>			
Glucose fasting Method : Fluoride Plasma-F, Hexokinase	85.63	75 - 115	mg/dL
<u>Glucose, Post Prandial (PP)</u>			
Blood Glucose-Post Prandial Method : Hexokinase	109.67	70 - 140	mg/dL
<u>BUN, Serum</u>			
BUN-Blood Urea Nitroge Method : Serum, Urease	11.06	10 - 50	mg/dL
<u>Uric acid, Serum</u>			
Uric Acid Method : Urease, Colorimetric	4.98	3.4 - 7.0	mg/dL
<u>Creatinine</u>			
Creatinine Method : Serum, Jaffe	0.95	0.60 - 1.30	mg/dL

END OF REPORT

Lab technician

Kishu
Dr.Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

For Home Collection Please Call at Number :

Zena Healthcare Services

Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07
Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com

Website : www.zenahealthcare.com

Wishing Good Health

Patient Name : MANGALIKA ROUT

Age / Gender : 30 years / Female

Patient ID : 18508

Referral : mediwheel

Collection Time : 21/10/2023, 10:30 AM

Reporting Time : 21/10/2023, 12:48 PM

Sample ID :



21330

Test Description	Value(s)	Reference Range	Unit
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Blood Group ABO & Rh Typing, Blood

Blood Group (ABO typing)

Method : Manual Hemagglutination

"AB"

RhD Factor (Rh Typing)

Method : Manual hemagglutination

Positive

ESR, Erythrocyte Sedimentation Rate

ESR - Erythrocyte Sedimentation Rate

Method : EDTA Whole Blood, Manual Westergren

14

0 - 20

mm/hr

Interpretation:

- It indicates presence and intensity of an inflammatory process. It does not diagnose a specific disease. Changes in the ESR are more significant than the abnormal results of a single test.
- It is a prognostic test and used to monitor the course or response to treatment of diseases like tuberculosis, bacterial endocarditis, acute rheumatic fever, rheumatoid arthritis, SLE, Hodgkins disease, temporal arteritis and polymyalgia rheumatica.
- It is also increased in pregnancy, multiple myeloma, menstruation, and hypothyroidism.

END OF REPORT

Lab technician



K. Sahoo
Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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Regd. No. : 1834

ZENA HEALTHCARE SERVICES

(A Unit of Zena Enterprises)

NAME:-MANGALIKA ROUT
AGE:-30YRS

REFERRAL:-MEDI-WHEEL

Patient ID:- 04

DATE :-21.10.2023
SEX :-FEMALE

CHEST X-RAY PA VEIW SHOWS.

- Both side lung fields are clear.
- Trachea within normal limit.
- Both costophrenic cardiophrenic angle are clear.
- Cardiac shadow within normal limit.
- Media stinum in position

IMPRESSION:-NORMAL STUDY.

Dr. Bhagaban Pradhan
M.D.(Radio diagnosis)

Consultant Radiologist

For Home Collection Please Call at Number :

1

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ZENA HEALTHCARE SERVICES

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Patient Name : MANGALIKA ROUT

Age / Gender : 30 years / Female

Patient ID : 18508

Referral : mediwheel

Collection Time : 21/10/2023, 10:30 AM

Reporting Time : 21/10/2023, 12:50 PM

Sample ID :



21330

Test Description	Value(s)	Reference Range	Unit
Complete Blood Count			
Hemoglobin (Hb)	10.4	12.0 - 15.0	gm/dL
Erythrocyte (RBC) Count	3.77	3.8 - 4.8	mil/cu.mm
Packed Cell Volume (PCV)	32.9	36 - 46	%
Mean Cell Volume (MCV)	87.27	83 - 101	fL
Mean Cell Haemoglobin (MCH)	27.59	27 - 32	pg
Mean Corpuscular Hb Conc. (MCHC)	31.61	31.5 - 34.5	g/dL
Red Cell Distribution Width (RDW)	12.0	11.6 - 14.0	%
Total Leucocytes (WBC) Count	7200	4000-10000	cell/cu.mm
Neutrophils	66	40 - 80	%
Lymphocytes	30	20 - 40	%
Monocytes	02	2 - 10	%
Eosinophils	02	1 - 6	%
Basophils	00	1-2	%
Platelet Count	244	150 - 410	10 ³ /ul
Mean Platelet Volume (MPV)	11.4	7.2 - 11.7	fL
PCT	0.28	0.2 - 0.5	%
PDW	19.3	9.0 - 17.0	%

END OF REPORT

Lab Technician

Dr. Kundan Kumar Sahoo
Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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Age / Gender : 30 years / Female

Patient ID : 18508

Referral : mediwheel

Collection Time : 21/10/2023, 10:30 AM

Reporting Time : 21/10/2023, 12:49 PM

Sample ID :



21330

Test Description	Value(s)	Reference Range	Unit
LFT, Liver Function Test			
Bilirubin - Total Method : Serum, Jendrassik Grof	0.59	0.00 - 1.00	mg/dL
Bilirubin - Direct Method : Serum, Diazoation	0.12	0.00 - 0.20	mg/dL
Bilirubin - Indirect Method : Serum, Calculated	0.47	0.10 - 0.80	mg/dL
SGOT Method : Serum, UV with PSP, IFCC 37 degree	13.41	8 - 33	U/L
SGPT Method : Serum, UV with PSP, IFCC 37 degree	19.84	3 - 35	U/L
GGT-Gamma Glutamyl Transpeptidase Method : Serum, G-glutamyl-carboxy-nitroanilide	6.43	< 38	U/L
Alkaline Phosphatase Method : PNPP-AMP Buffer/Kinetic	62.34	42-141	U/L
Total Protein Method : Serum, Biuret, reagent blank end point	6.92	6.60 - 8.70	g/dL
Albumin Method : Serum, Bromocresol green	3.84	3.50 - 5.30	g/dL
Globulin Method : Serum, EIA	3.08	2.00-3.50	g/dL
A/G Ratio Method : Serum, EIA	1.25	1.2 - 2.2	

END OF REPORT

Lab Technician

Kundan
Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
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Patient ID : 18508

Referral : mediwheel

Collection Time : 21/10/2023, 10:30 AM

Reporting Time : 21/10/2023, 12:50 PM

Sample ID :



21330

Test Description	Value(s)	Reference Range	Unit
<u>Urine(R/M) Routine Examination of Urine</u>			
<u>General Examination</u>			
Colour	PALE YELLOW	Pale Yellow	
Transparency (Appearance)	CLEAR	Clear	
Deposit	Absent	Absent	
Reaction (pH)	Acidic 6.0	4.5 - 7.0	
Specific gravity	1.005	1.005 - 1.030	
<u>Chemical Examination</u>			
Urine Protein (Albumin)	Absent	Absent	
Urine Glucose (Sugar)	Absent	Absent	
<u>Microscopic Examination</u>			
Red blood cells	Absent	0-4	/hpf
Wax cells (WBCs)	2 - 4 /HPF	0-9	/hpf
Epithelial cells	2 - 3 /HPF	0-4	/hpf
Crystals	Absent	Absent	
Cast	Absent	Absent	
Bacteria	Absent	Absent	

END OF REPORT

Lab Technician

Wah
Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
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Age / Gender : 30 years / Female

Patient ID : 18508

Referral : mediwheel

Collection Time : 21/10/2023, 10:30 AM

Reporting Time : 21/10/2023, 12:50 PM

Sample ID :



21330

Test Description	Value(s)	Reference Range	Unit
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HbA1c, Glycosylated Hemoglobin

HbA1c (GLYCOSYLATED HEMOGLOBIN), BLOOD Method : (HPLC, NQSP certified)	5.22		%
Estimated Average Glucose :	103.11		mg/dL

Interpretation

As per American Diabetes Association (ADA)	
Reference Group	HbA1c in %
Non diabetic adults >=18 years	<5.7
At risk (Prediabetes)	5.7 - 6.4
Diagnosing Diabetes	>= 6.5
Therapeutic goals for glycaemic control	Age > 19 years Goal of therapy: < 7.0 Action suggested: > 8.0 Age < 19 years Goal of therapy: <7.5

Note:

1. Since HbA1c reflects long term fluctuations in the blood glucose concentration, a diabetic patient who is recently under good control may still have a high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled .
2. Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targeting a goal of < 7.0 % may not be appropriate.

Comments

HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycaemic control as compared to blood and urinary glucose determinations.

ADA criteria for correlation between HbA1c & Mean plasma glucose levels.

HbA1c(%)	Mean Plasma Glucose (mg/dL)
6	126
7	154
8	183
9	212

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Age / Gender : 30 years / Female

Patient ID : 18508

Referral : mediwheel

Collection Time : 21/10/2023, 10:30 AM

Reporting Time : 21/10/2023, 12:50 PM

Sample ID :



21330

Test Description	Value(s)	Reference Range	Unit
10	240		
11	269		
12	298		

END OF REPORT

Lab technician


Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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Wishing Good Health



Patient Name : MANGALIKA ROUT

Age / Gender : 30 years / Female

Patient ID : 18508

Referral : mediwheel

Collection Time : 21/10/2023, 10:30 AM

Reporting Time : 21/10/2023, 12:49 PM

Sample ID :



21330

Test Description	Value(s)	Reference Range	Unit
Thyroid Profile (T3, T4, TSH)			
T3-Total Method : CLIA	1.11	0.87 - 2.73	ng/dL
T4-Total Method : CLIA	10.57	6.09 - 12.23	ug/dL
TSH-Ultrasensitive Method : CLIA	0.96	0.45 - 4.5 First Trimester : 0.1-2.5 Second Trimester : 0.2-3.0 Third trimester : 0.3-3.0	uIU/mL

Interpretation

TSH	T3	T4	Suggested Interpretation for the Thyroid Function Tests Pattern
Raised	Within range	Within range	Raised Within Range Within Range Isolated High TSH especially in the range of 4.7 to 15 mIU/ml is commonly associated with Physiological & Biological TSH Variability. Subclinical Autoimmune Hypothyroidism. Intermittent 14 therapy for hypothyroidism. Recovery phase after Non-Thyroidal illness*
Raised	Decreased	Decreased	Chronic Autoimmune Thyroiditis Post thyroidectomy. Post radioiodine Hypothyroid phase of transient thyroiditis*
Raised or within range	Raised	Raised or within range	Interfering antibodies to thyroid hormones (anti-TPO antibodies) Intermittent 14 therapy or T4 overdose *Drug interference- Amiodarone, Heparin, Beta blockers, steroids, anti-epileptics.
Decreased	Raised or within range	Raised or within range	Isolated Low TSH -especially in the range of 0.1 to 0.4 often seen in elderly & Range Range associated with Non-Thyroidal illness. Subclinical Hyperthyroidism. Thyraise ingestion*
Decreased	Decreased	Decreased	Central Hypothyroidism. Non-Thyroidal illness. Recent treatment for Hyperthyroidism (TSH remains suppressed)*
Decreased	Raised	Raised	Primary Hyperthyroidism (Graves' disease), Multinodular goitre, Toxic nodule *Transient thyroiditis Postpartum, Silent (lymphocytic), Postviral (granulomatous, subacute, DeQuervain's), Gestational thyrotoxicosis with hyperemesis gravidarum*
Decreased Within Range	Raised	Within range	T3 toxicosis *Non-Thyroidal illness
Within range	Decreased	Within range	Isolated Low T3 -often seen in elderly & associated Non-Thyroidal illness In elderly the drop in T3 level can be upto 25%.

END OF REPORT

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Patient Name : MANGALIKA ROUT

Age / Gender : 30 years / Female

Patient ID : 18508

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Sample ID :



21330

Test Description	Value(s)	Reference Range	Unit
------------------	----------	-----------------	------

Lab Technician

Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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Wishing Good Health



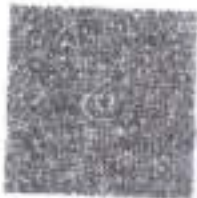
ଭାରତ ସରକାର
Unique Identification Authority of India

ପଞ୍ଜୀକୃତ ସଂଖ୍ୟା / Enrolment No.: 1093/80020/28650

To
ମଙ୍ଗଳିକା ରାଉ
Mangalika Rout
D/O Umesh Chandra Rout
Rohia
Jagatsinghpur Orissa - 754113
9937755624

Digitized Copy (Signature)

Signature valid



ଆପଣଙ୍କ ଆଧାର ସଂଖ୍ୟା / Your Aadhaar No. :

4853 4280 6258

UID - 8138 1535 2532 7593

ମୋ ଆଧାର, ମୋ ପରିଚୟ



ଭାରତ ସରକାର
Government of India



ନାମ
ମଙ୍ଗଳିକା ରାଉ
Mangalika Rout
ଜନ୍ମ ତାରିଖ DOB: 14/06/1992
ସ୍ତ୍ରୀ FEMALE

4853 4280 6258

UID - 8138 1535 2532 7593

ମୋ ଆଧାର, ମୋ ପରିଚୟ



ସୂଚନା

- ଆପଣଙ୍କ ପରିଚୟ ପ୍ରମାଣ ଅଟେ, ନାଗରୀତ୍ୱର ପ୍ରମାଣ ନୁହେଁ
- ପରିଚୟ ପ୍ରମାଣ ପାଇଁ, ଆପଣଙ୍କର ନାମ ପ୍ରମାଣିତକର କରାଯାଏ
- ଏହା ଇଲେକ୍ଟ୍ରୋନିକ୍ସରେ ପ୍ରସ୍ତୁତ ହୋଇଛି ଏବଂ ଭବିଷ୍ୟତରେ ସେବା ପାଇଁ ବ୍ୟବହୃତ ହେବ

INFORMATION

- Aadhaar is a proof of identity, not of citizenship.
- To establish identity, authenticate online.
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- ଆପଣଙ୍କର ଆଧାର ସମସ୍ତେ ବୈଧ ହେବ ଏବଂ ଆପଣଙ୍କର ଭବିଷ୍ୟତରେ ସେବା ପାଇଁ ବ୍ୟବହୃତ ହେବ ।
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- Aadhaar will be helpful in availing Government and Non-Government services in future



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Unique Identification Authority of India

ନାମ
ମଙ୍ଗଳିକା ରାଉ
Mangalika Rout
ଜନ୍ମ ତାରିଖ DOB: 14/06/1992
ସ୍ତ୍ରୀ FEMALE

Address:
D/O Umesh Chandra Rout, Rohia,
Jagatsinghpur,
Orissa - 754113



4853 4280 6258

UID - 8138 1535 2532 7593

Mangalika Rout

Patient : MRS. MANGALIKA ROUT
Age/Sex : 30 years 0 months /Female
Contact : 7008875501
MR No. : BHU/39427/23
Note Dt : 21 Oct'23

Doctor : Dr. SOFIA BHOL
Facility : Dr. Agarwal's Health Care Ltd,
Bhubaneswar
Appt. Dt : 21 Oct'23
Address : eradagaladhari.naugaon.jagatsinghpur,
Jagatsinghpur H.O, Jagatsinghpur,
ODISHA 0

OPD SUMMARY

HISTORY

Chief Complaints : C/o Headache since 3 months

Ophthalmic History : None

Systemic History : No h/o fever/cough at present
h/o cold from 1 day

Not aware of any systemic diseases

Allergies : None

REFRACTION

R/OD

Keratometry:

	Value	Axis
Kh	44.50	180
Kv	44.50	90

Avg. K: 44.50

Cyl: 0.00

Auto Refraction:

	Sph	Cyl	Axis
Dry	-1.00	-0.25	170
	--	--	--
	--	--	--

Dilated	--	--	--
	--	--	--
	--	--	--

L/OS

Keratometry:

	Value	Axis
Kh	44.00	30
Kv	44.50	120

Avg. K: 44.25

Cyl: -0.50

Auto Refraction:

	Sph	Cyl	Axis
Dry	-0.25	-0.50	30
	--	--	--
	--	--	--

Dilated	--	--	--
	--	--	--
	--	--	--

IN CASE OF EMERGENCY (UNUSUAL PAIN, WATERING, REDNESS, OR DECREASE IN VISION)

PLEASE CONTACT: MOBILE NO 8118052202

କଟୁଣା ବାବଦ ପରିସୀମିତ: ଯେପରିକି ଆଖି ଯନ୍ତ୍ରଣା, ରୁଦ୍ଧ ଦେଖିବା, ଆଖି ଭଲ ପଢ଼ିବା ଓ ଦୃଷ୍ଟି ଶକ୍ତି ବୃଦ୍ଧି କରିବାର ଉଦ୍ଦେଶ୍ୟରେ ପରୀକ୍ଷା କରାଯାଏ (୮୧୧୮୦୫୨୨୦୨)

Care Ltd, Bhubaneswar

Dr. Sofia Bhol

Printed on: 21 Oct 2023, 12:50 PM

IN CASE OF EMERGENCY (UNUSUAL PAIN, WATERING, REDNESS, OR DECREASE IN VISION)

PLEASE CONTACT: MOBILE NO 8118052202

କମ୍ପ୍ୟୁଟର ଚାକର ପଠିବିଟି: ଯେଉଁଠି ଆଣି ପଞ୍ଜଣା, ହୁଏ କୋର୍ସିକା, ଆଣି ଭାବ ପଠିକା ଓ ଦୁର୍ଲ୍ଲି ଶକ୍ତି କର୍ମିନିକା କ୍ଷେତ୍ରରେ ଉପାଦେୟ ଉତ୍ତର ଦେଇ ପୁ (ମାଟିଂ ୦୫୨୨୦୨)



693 / MANGALIKA ROUT / 30 Yrs / F / 150 Cms / 61 Kg Date: 21-Oct-2023 Refd By : MEDI-WHEEL Examined By:

Stage	Time	Duration	Speed(mph)	Elevation	METs	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:20	0:20	00.0	00.0	01.0	113	59 %	110/74	124	00	
Standing	00:37	0:17	00.0	00.0	01.0	118	62 %	110/74	129	00	
HV	00:54	0:17	00.0	00.0	01.0	109	57 %	110/74	119	00	
ExStart	01:11	0:17	00.0	00.0	01.0	118	62 %	110/74	129	00	
BRUCE Stage 1	04:11	3:00	01.7	10.0	04.7	168	88 %	112/75	188	00	
BRUCE Stage 2	07:11	3:00	02.5	12.0	07.1	185	97 %	114/76	210	00	
PeakEx	07:16	0:07	01.1	00.0	07.2	189	99 %	114/76	215	00	
Recovery	07:48	0:30	01.1	00.0	04.1	185	97 %	114/76	210	00	
Recovery	08:18	1:00	01.1	00.0	01.1	172	91 %	114/75	196	00	
Recovery	10:18	3:00	00.0	00.0	01.0	128	67 %	113/74	144	00	
Recovery	12:25	5:08	00.0	00.0	01.0	119	63 %	112/73	133	00	

FINDINGS :

- Exercise Time : 06:07
- Max HR Attained : 189 bpm 99% of Target 190
- Max BP Attained : 114/76
- Max WorkLoad Attained : 7.2 Fair response to induced stress
- Test End Reasons : Test Complete

REPORT :

Test is Negative
 Dr. N. K. HOTA
 M.B.B.S.
 REGD. No. 1993

ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

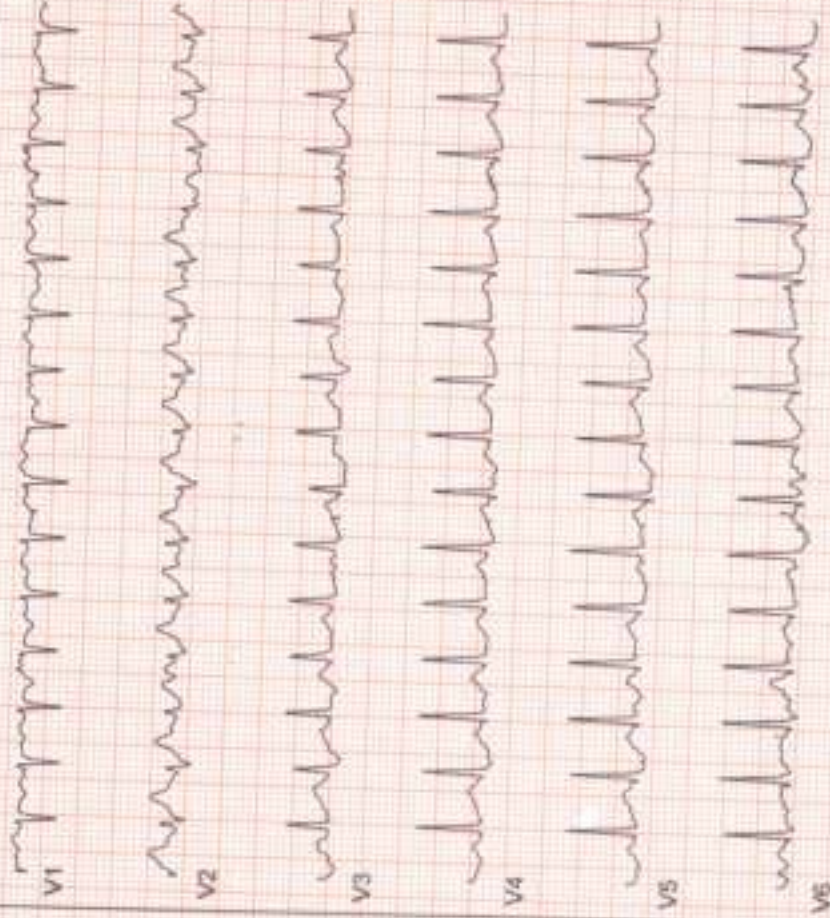
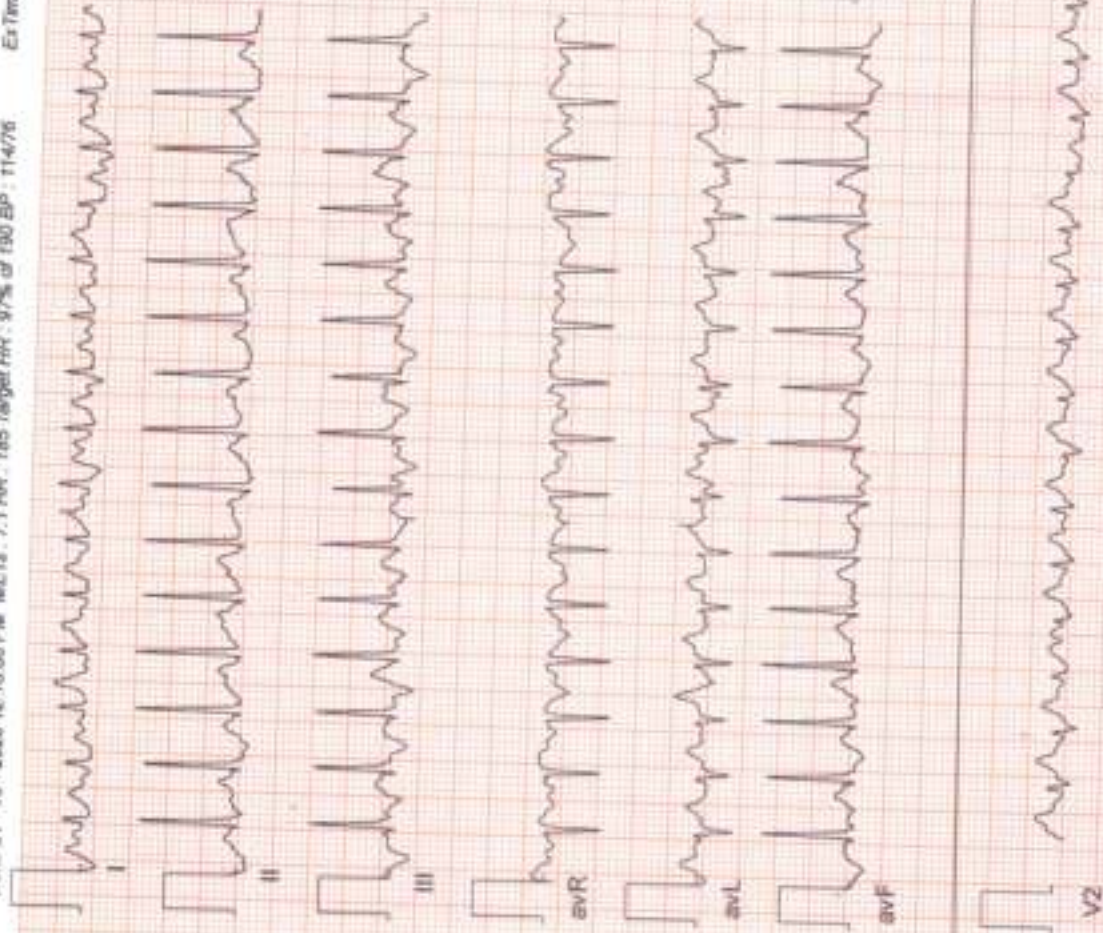
693 / MANGALIKA ROUT / 30 Yrs / Female / 150 Cm / 61 Kg

6 x 2 + Rhythm
BRUCE: Stage 2 (3:00)



Date: 21-10-2023 12:13:56 PM METs : 7.1 HR : 165 Target HR : 97% of 190 BP : 114/76

Ex Time : 06:00 2.5 mph 12.0 % 25 mmVSec 1.0 Cm/IV BLC Ov/ Notch Ov/ HF 0.05 Hz & LF 35 Hz



ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

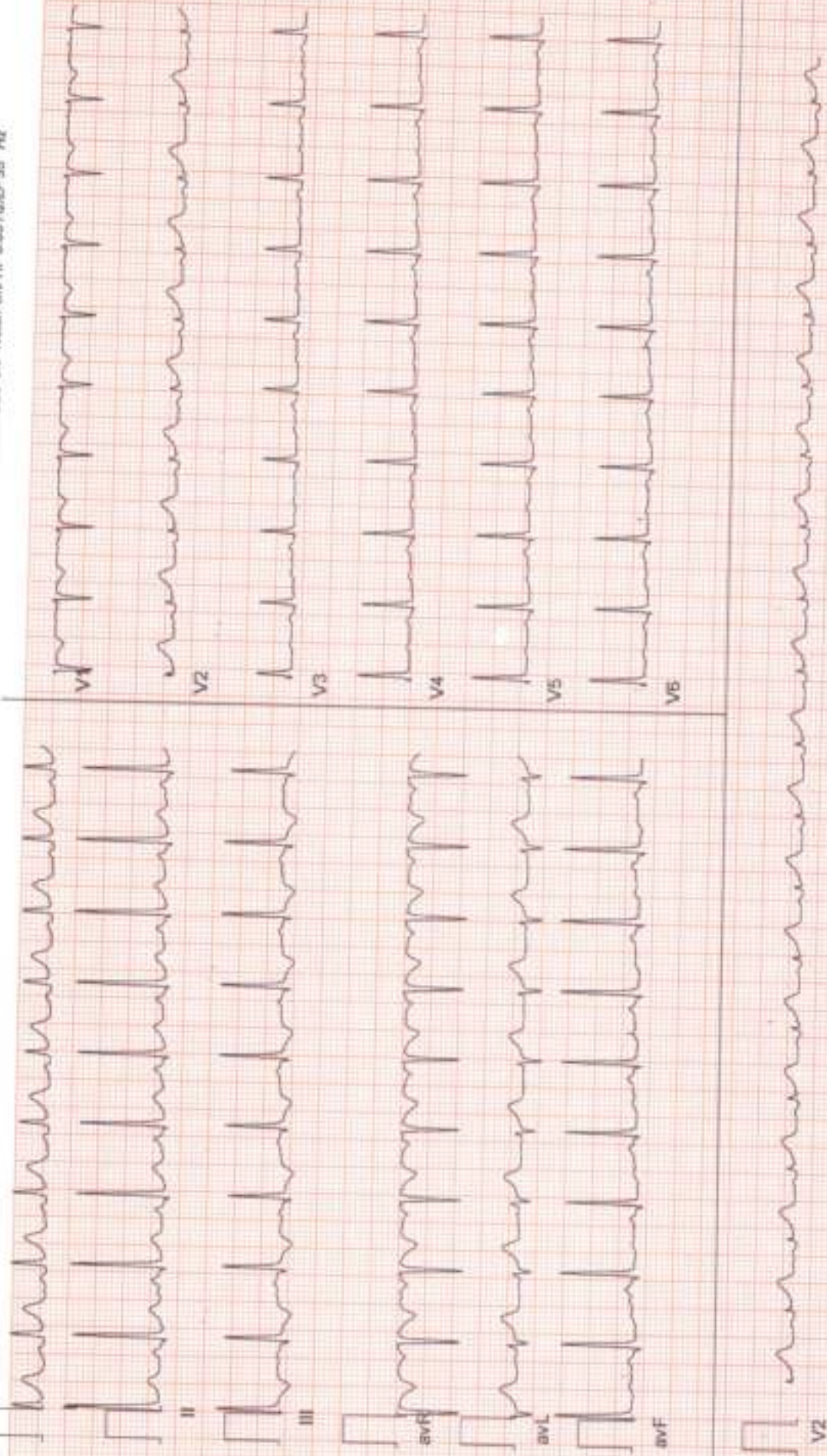
693 / MANGALIKA ROUT / 30 Yrs / Female / 150 Cm / 61 Kg

6 x 2 + Rhythm
BRUCE:Supine(0:20)



Date: 21 - 10 - 2023 12:13:56 PM METs: 1.0 HR: 113 Target HR: 66% of 190 BP: 110/74

Ex Time: 00:00 0.0 mph 0.0 % 25 mm/Sec 1.0 Cm/mV ELC On/ Nobby On/ HF 0.05 Hz/ LF 35 Hz



ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

693 / MANGALIKA ROUT / 30 Yrs / Female / 150 Cm / 61 Kg

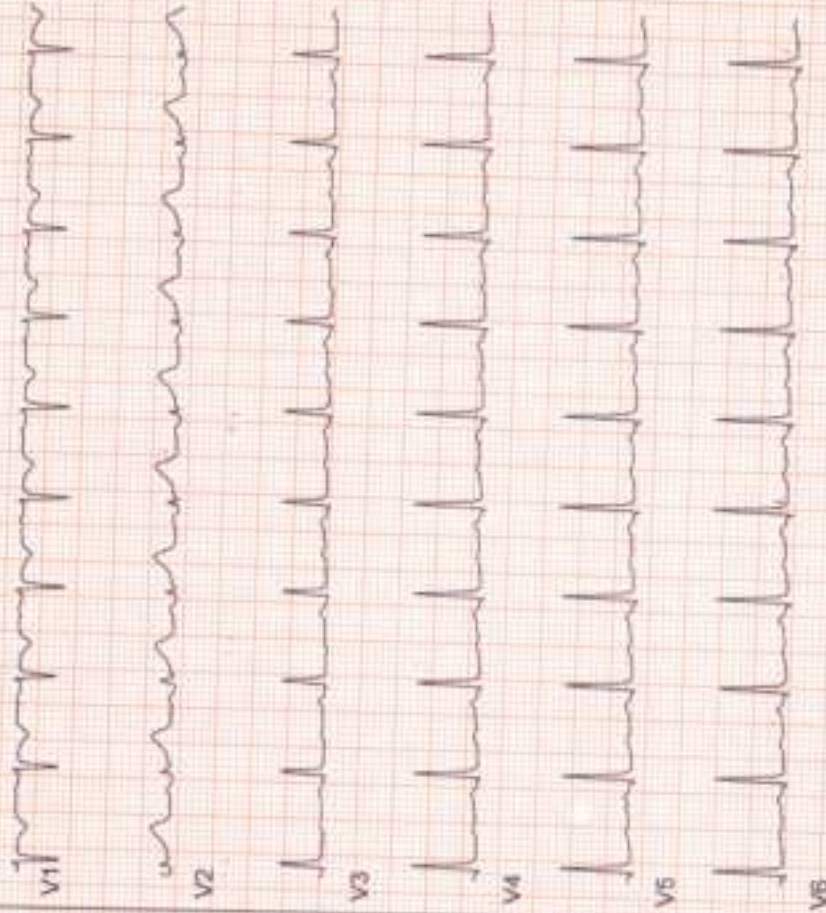
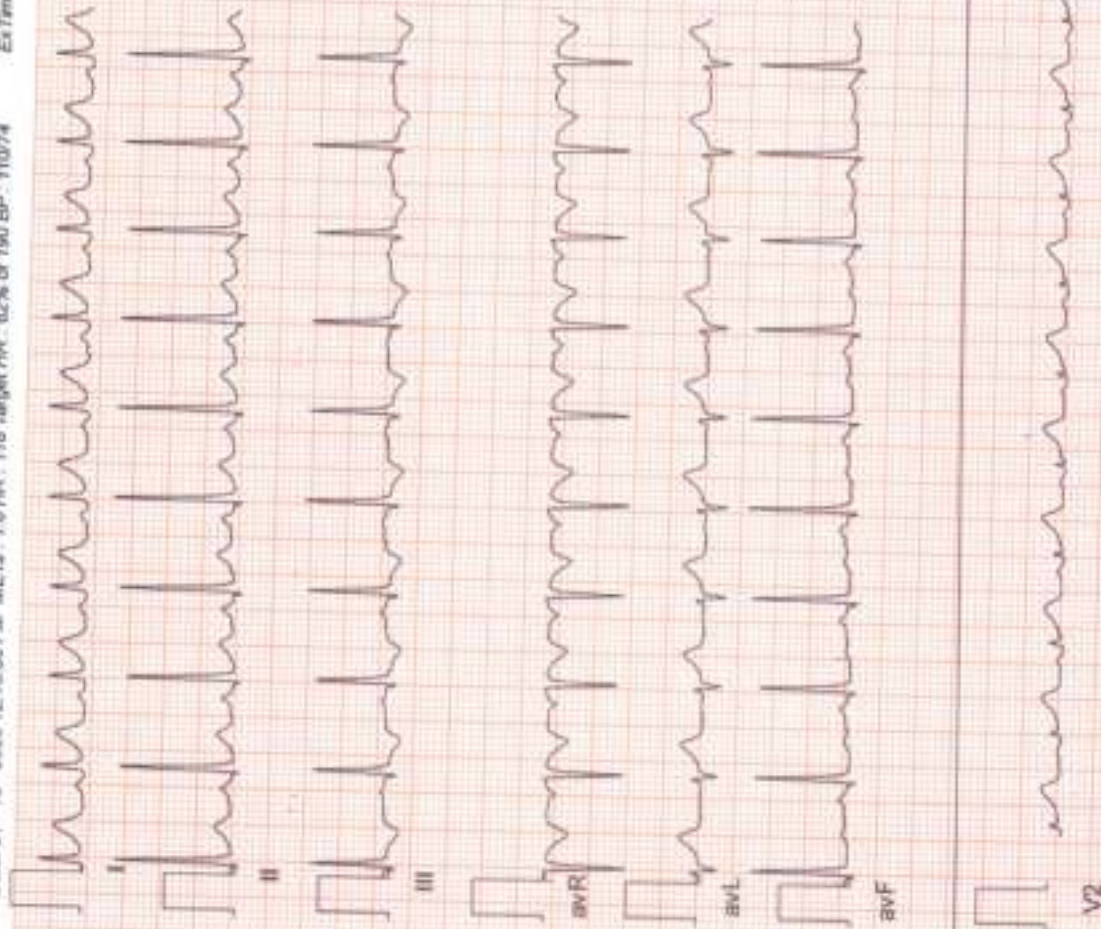
6 x 2 + Rhythm

BRUCE: Standing(0:17)



Date: 21-10-2023 12:13:56 PM METs : 1.0 HR : 118 Target HR : 62% of 150 BP : 110/74

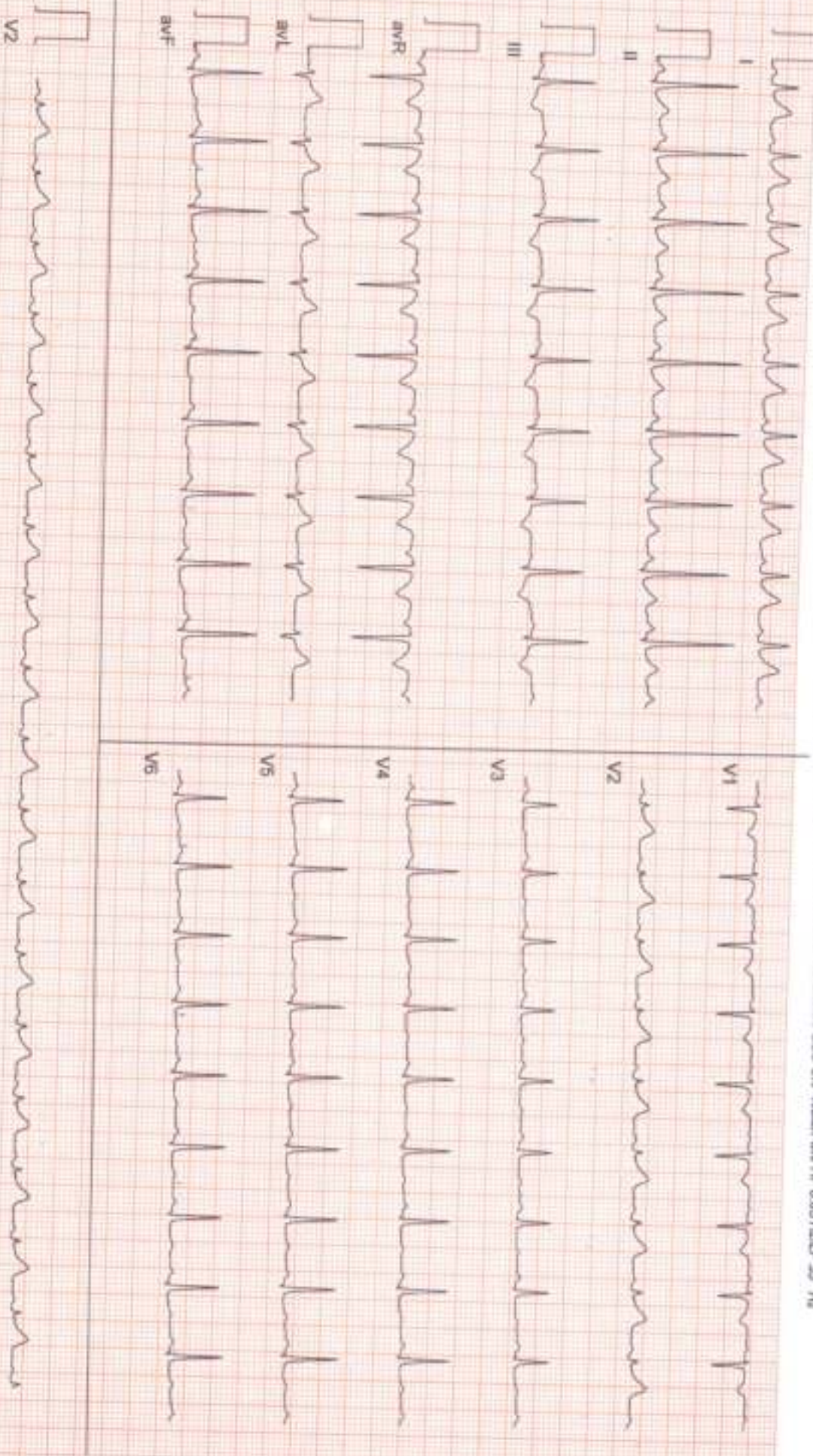
ExTime : 00:00 0.0 mph/0.0 % 25 mm/Sec 1.0 Cm/mV/ELC On/ Notch On/ HF 0.05 Hz/AF 35 Hz





Date: 21-10-2023 12:13:56 PM METs : 1.0 HR : 109 Target HR : 57% of 150 BPM : 110/74

Ex Time : 00:00 0.0 mph/0.0 % 25 mm/Sec 1.0 Cm/mV ELC ON Watch Chg HF 0.06 Hz/EF 35 Hz



ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

693 / MANGALIKA ROUT / 30 Yrs / Female / 150 Cm / 61 Kg

6 x 2 + Rhythm
ExStart



Date: 21-10-2023 12:13:56 PM METs : 1.0 HR : 118 Target HR : 62% of 190 BP : 110/74

Ex Time : 00:00 0.0 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

693 / MANGALIKA ROUT / 30 Yrs / Female / 150 Cm / 61 Kg

6 x 2 + Rhythm
BRUCE: Stage 1 (3:00)



Date: 21 - 10 - 2023 12:13:56 PM METs : 4.7 HR : 160 Target HR : 88% of 190 BP : 112/75

Ex Time : 03:00 1.7 mph 10.0 % 25 mm/Sec 1.0 Cm/mV BLC On/ Match On/ HF 0.05 Hz/LF 35 Hz



ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

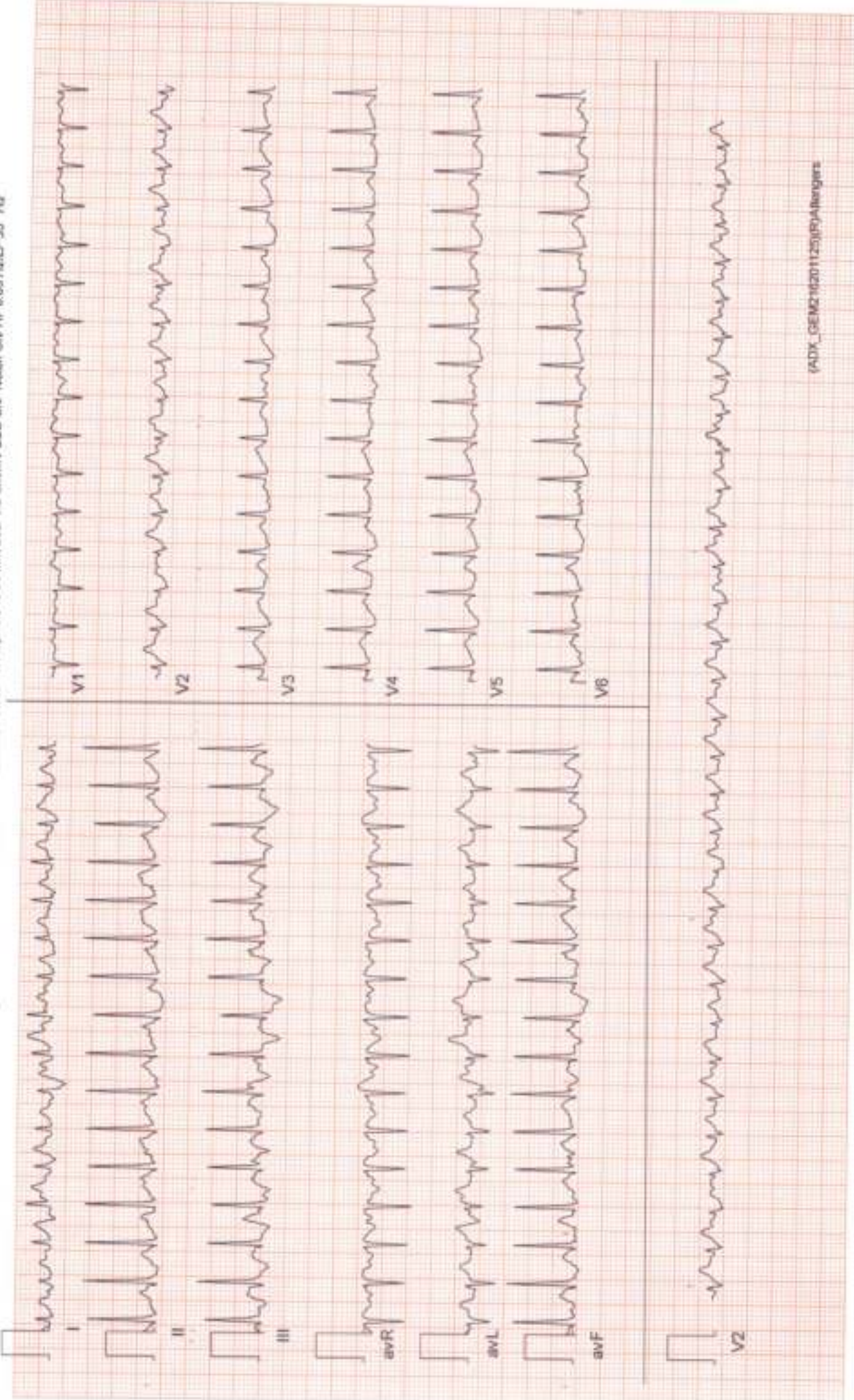
693 / MANGALIKA ROUT / 30 Yrs / Female / 150 Cm / 61 Kg

6 x 2 + Rhythm
PeakEx



Date: 21-10-2023 12:13:56 PM METs : 7.2 HR : 89 Target HR : 90% of 190 BP : 114/76

Ex Time : 06:08 1.1 mph 0.0 % 25 mm/Sec: 1.0 Overlay BLC On/ HF 0.05 Hz, LF 35 Hz



ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

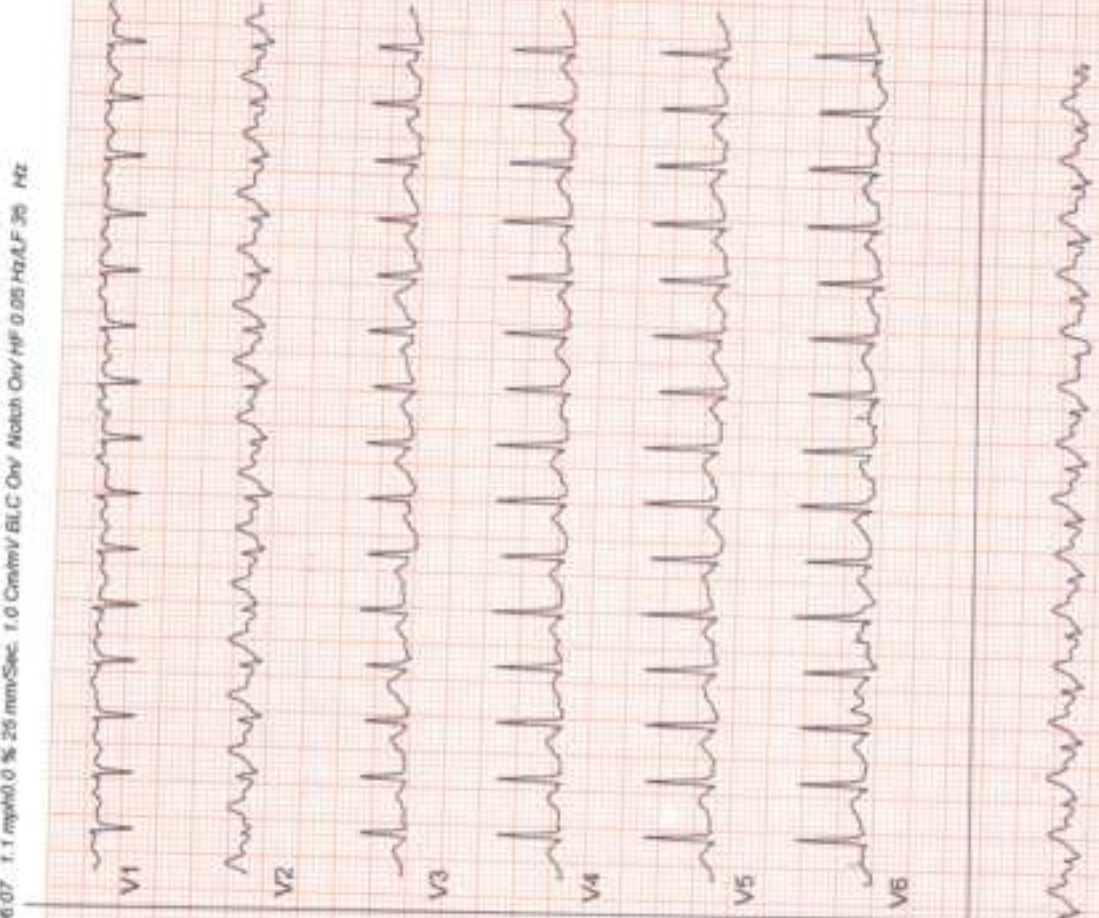
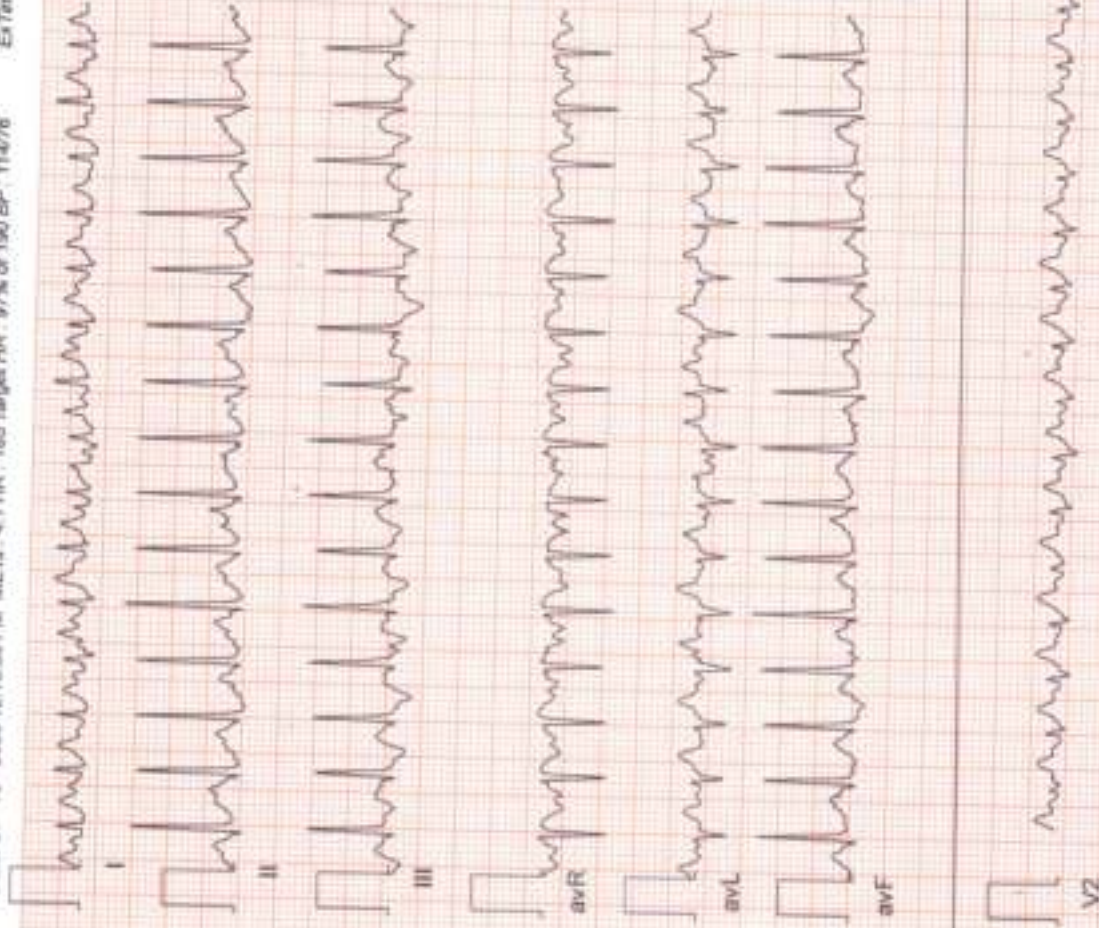
693 / MANGALIKA ROUT / 30 Yrs / Female / 150 Cm / 61 Kg

6 x 2 + Rhythm
Recovery(0:30)



Date: 21 - 10 - 2023 12:13:56 PM METs : 4.1 HR : 185 Target HR : 97% of 190 BP : 114/76

Ex Time : 06:07 1.1 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV ELC On/ HF 0.05 Hz/AF 35 Hz



ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

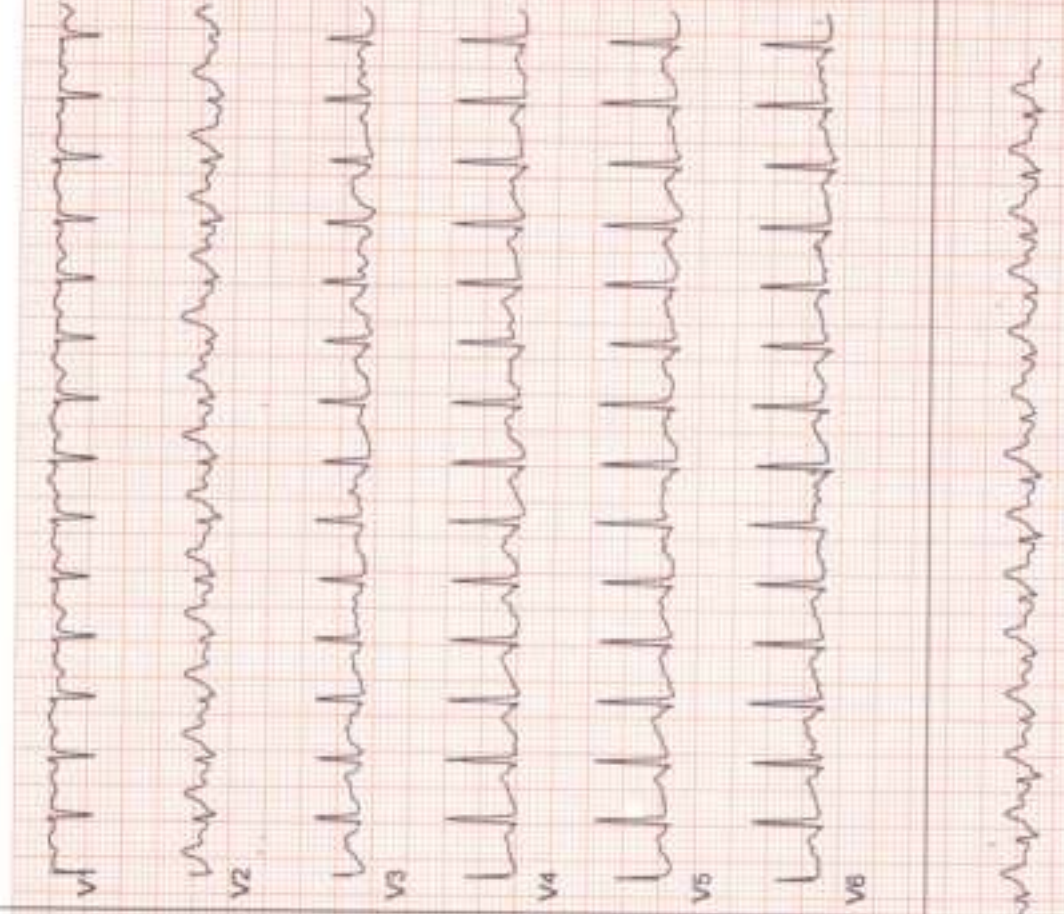
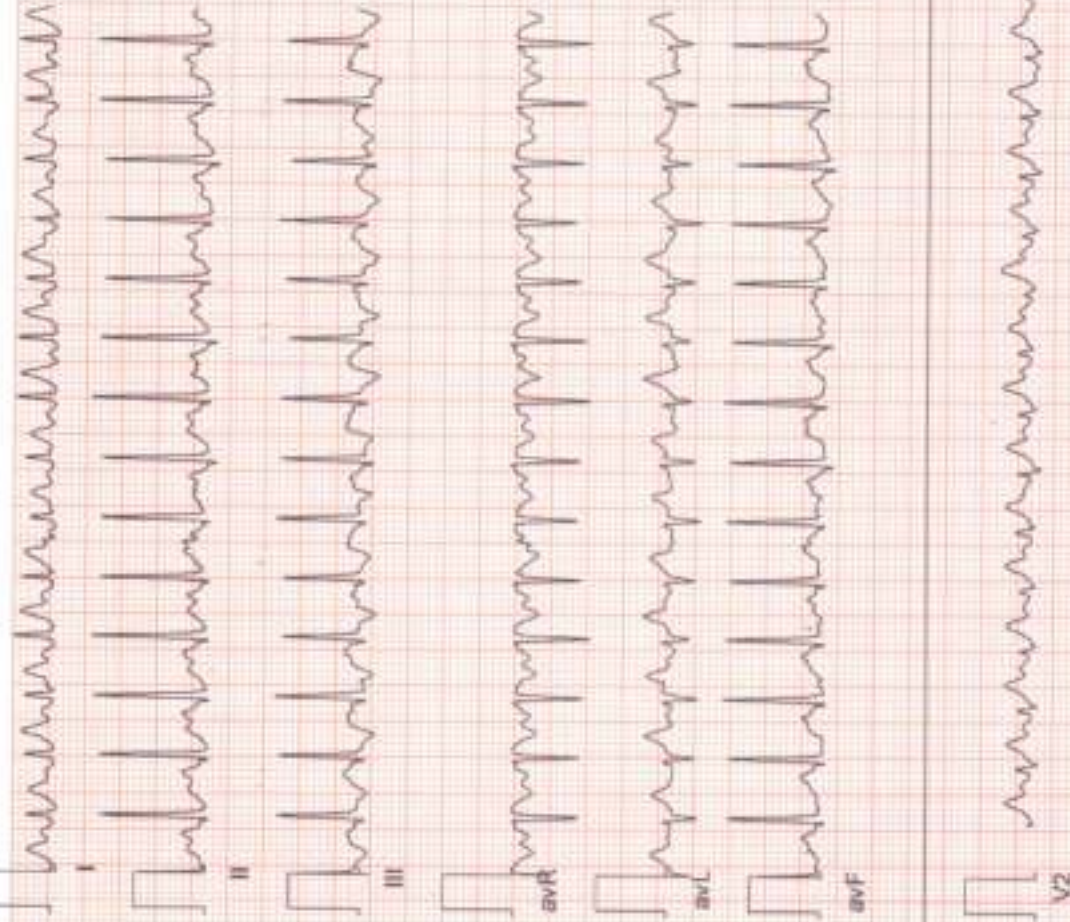
693 / MANGALIKA ROUT / 30 Yrs / Female / 150 Ctm / 61 Kg

6 x 2 + Rhythm
Recovery(1:00)



Date: 21 - 10 - 2023 12:13:56 PM METs: 1.1 HR: 172 Target HR: 91% of 190 BP: 114/75

ExTime: 06:07 1.1 mph 0.0 % 25 mmSec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/ LF 35 Hz



ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

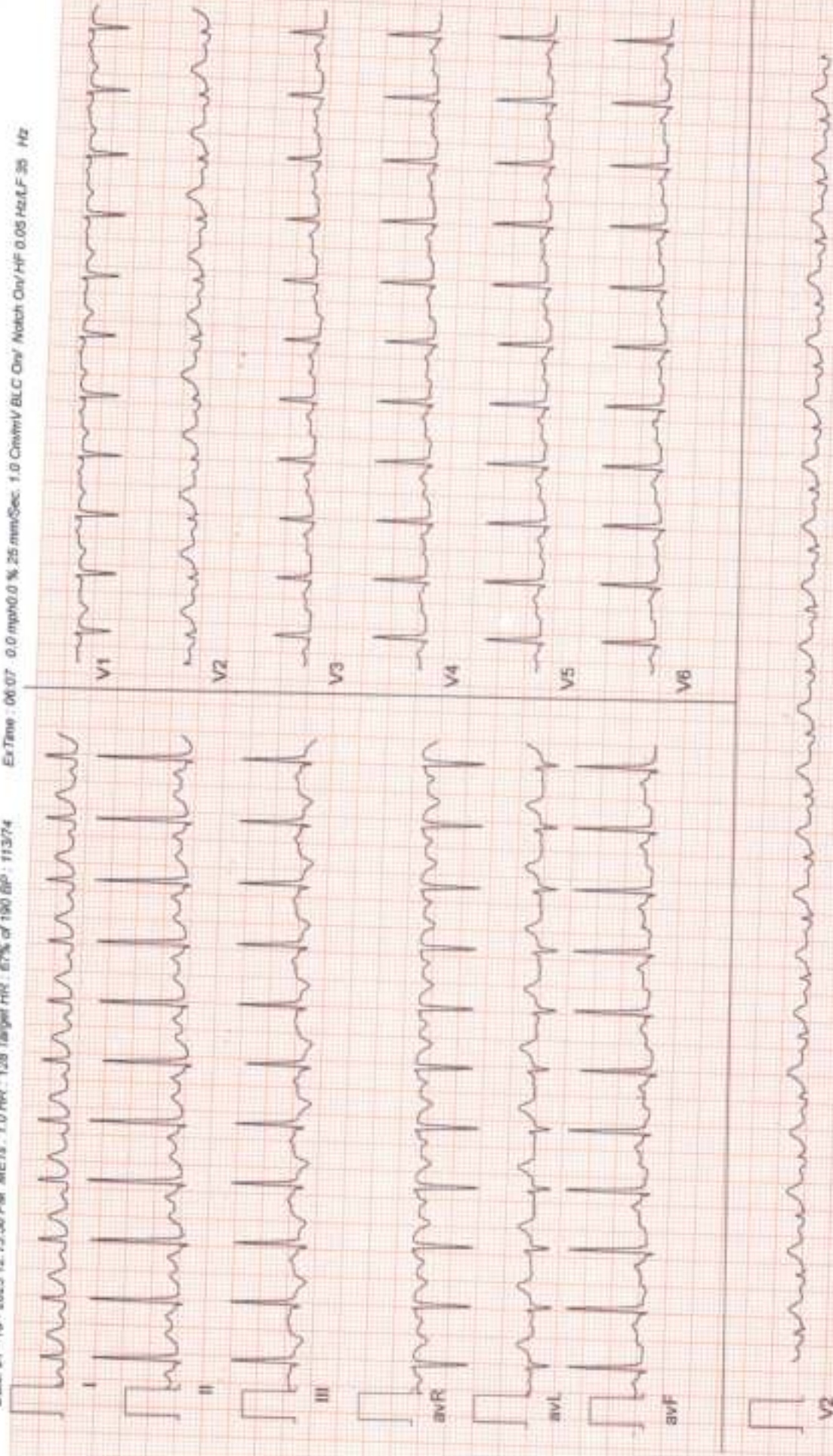
693 / MANGALIKA ROUT / 30 Yrs / Female / 150 Cm / 61 Kg

**6 x 2 + Rhythm
Recovery(3.00)**



Date: 21-10-2023 12:13:56 PM METs: 1.0 HR: 128 Target HR: 67% of 190 BP: 113/74

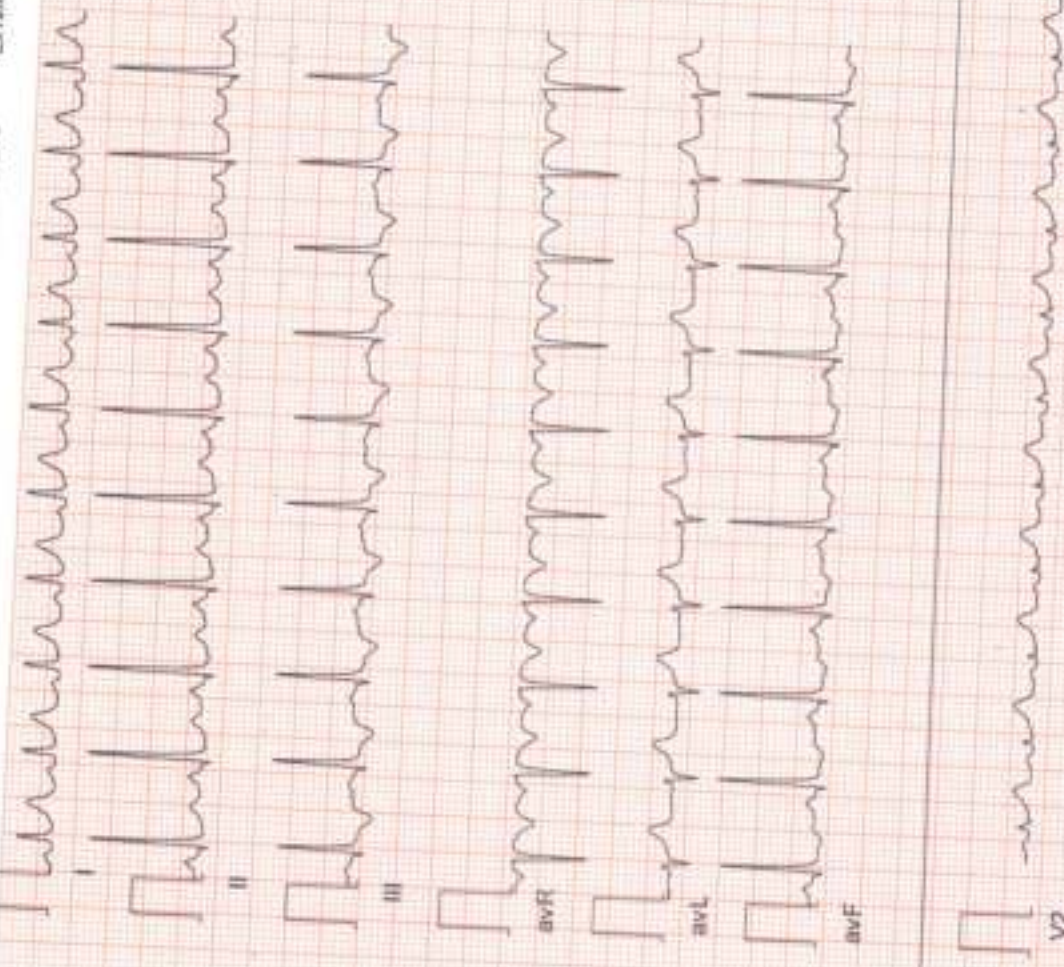
Ex Time: 06:07 0.0 mph/0.0 % 25 mm/Sec. 1.0 Chenniv BLC On/ Notch On/HF 0.05 Hz/LF 35 Hz





Date: 21 - 10 - 2023 12:13:56 PM METs : 1.0 HR : 119 Target HR : 65% of 190 BP : 112/73

ExTime : 06:07 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch DW HF 0.05 Hz LF 35 Hz



ID: 10485 CASE
AGE: 30 Y M D
CMS

MANGAL IKA ROU
FEMALE

21/10/2023 10:47:45
ZENA HEALTHCARE
PLOT-119, SAHIDNAGAR, BHUBANESWAR

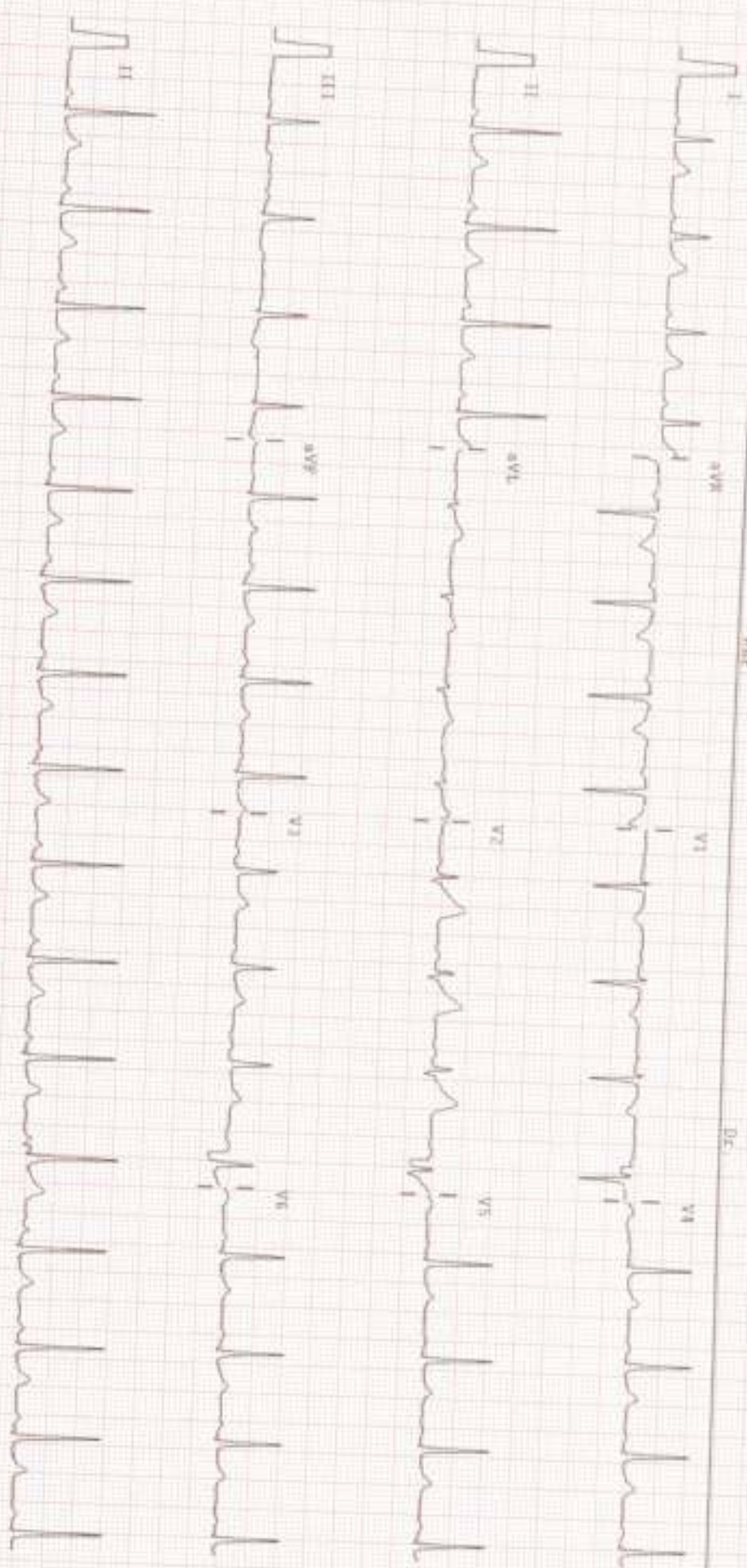
PATE 95 bpm SINDU RAYTHIN
R-R 632 ms
P-R 122 ms
QRS 78 ms
QTc 328 ms
QTc 389 ms

PR-MIS-
P 56+
QRS 65+
T 32+
NORMAL ECG

12 LEAD REPORT FORMAT 3x4+1L 50

PRF

DC



75mm/sec 10mm/mV Match: ON DIC: ON 0.05-39Hz ALLIEDDIGS PEGGED 1012 VER-1.91 CLINICALLY CORRELATE THE FINDINGS



ZENA
Healthcare Services
Professional | Accuracy | Precision

Professional Accuracy Precision

Regd. No. : 1834

ZENA HEALTHCARE SERVICES

(A Unit of Zena Enterprises)

Patient Name : MANGALIKA ROUT

Age / Gender : 30 years / Female

Patient ID : 18508

Referral : mediwheel

Collection Time : 21/10/2023, 10:30 AM

Reporting Time : 21/10/2023, 06:22 PM

Sample ID :



21330

Test Description	Value(s)	Reference Range	Unit
Lipid Profile			
Cholesterol-Total <small>Method : Spectrophotometry</small>	111.30	Desirable level < 200 Borderline High 200-239 High ≥ or = 240	mg/dL
Triglycerides <small>Method : Serum, Enzymatic, endpoint</small>	123.6	Normal: < 150 Borderline High: 150-199 High: 200-499 Very High: ≥= 500	mg/dL
HDL Cholesterol <small>Method : Serum, Direct reaction-PEG</small>	38.20	Normal: > 40 Major Risk for Heart: < 40	mg/dL
LDL Cholesterol <small>Method : Enzymatic selective precipitation</small>	48.38	Optimal < 100 Near / Above Optimal 100-129 Borderline High 130-159 High 160-189 Very High ≥ or = 190	mg/dL
VLDL Cholesterol <small>Method : Serum, Enzymatic</small>	24.72	6 - 38	mg/dL
CHOL/HDL Ratio <small>Method : Serum, Enzymatic</small>	2.91	3.5 - 5.0	
LDL/HDL Ratio <small>Method : Serum, Enzymatic</small>	1.27	2.5 - 3.5	

Note:

8-10 hours fasting sample is required.

END OF REPORT

Lab technician

K. Sahoo
Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

For Home Collection Please Call at Number :

Zena Healthcare Services

Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07
Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com

Wishing Good Health

MATERNITY CARE HOSPITAL

NAME : MANGALIKA ROUT

DATE : 21/10/2023

AGE-30Y/F

SONOGRAPHER BY : DR. MAYURI MOHAPATRA

USG OF WHOLE ABDOMEN

LIVER: normal in size, shape and parenchymal echotexture. No. SOL seen. Intrahepatic biliary channels normal in caliber and contains no echogenic structure. Portal and hepatic vascular systems within normal limits. P. V. measures 9.0 mm

Gall bladder-normal cavity,

SPLEEN : Normal in size, shape and parenchymal echotexture. Spleen measures 11.8cm.

PANCREAS: Normal in size, shape and parenchymal echotexture. Pancreatic duct not dilated.

KIDNEYS: both kidney normal in size, shape and position. Renal cortical echotexture is within normal limits. Cortico medullary differentiation maintained. No evidence of my calculus or hydronephrosis on both sides. Pelvi-calyceal systems appear normal. No focal lesion seen.

- Right Kidney-9.7 x 5.0cms
- Left kidney : 9.8 x 4.0cms.

URETERS: Both ureters not visualized (normal).

Appendix- not visualized(normal)


URINARY BLADDER: Normal in outline. Lumen is clear. Walls thickness is normal

uterus: *uterus is normal in size shape 67.01 X47.83X41.68MM size, and normal endometrium seen in cavity.*

Ovary-*both ovary normal in echopattern*

Cervix-*cervical canal normal , cervix normal*

POD- *is free of fluid or sol*


DR. SAUDAMINI MOHAPATRA
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A-142/143, Sahid Nagar
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