

**CERTIFICATE OF MEDICAL FITNESS**

NAME: Mrs. Shweta.

AGE/ GENDER: 29y / F

HEIGHT: 147cm

WEIGHT: 55kgs

IDENTIFICATION MARK: -

BLOOD PRESSURE: 120/80 mmHg

PULSE: 77bwt

CVS: {  
RS:P } Normal

ANY OTHER DISEASE DIAGNOSED IN THE PAST: nil.

ALLERGIES, IF ANY: nil.

LIST OF PRESCRIBED MEDICINES: nil.

ANY OTHER REMARKS: no

I Certify that I have carefully examined Mr/Mrs. Shweta. son/daughter of Ms D/o Rudappa who has signed in my presence. He/ she has no physical disease and is fit for employment.

x Shweta D.G.  
Signature of candidate

**Dr. BINDURAJ. R**  
MBBS, MD  
Signature of Medical Officer  
Reg. No. 6-306

Place: Spectrum Diagnostics & health care

Date: 09/11/24

**Disclaimer: The patient has not been checked for COVID. This certificate does not relate to the covid status of the patient examined**



Dr. Ashok S  
Bsc., MBBS., D.O.M.S  
Consultant Ophthalmologist  
KMC No: 31827

DATE: 09.11.24.

**EYE EXAMINATION**

NAME: *Ms. Shweta* AGE: *29 yrs* GENDER: *F/M*

	RIGHT EYE	LEFT EYE
Vision	<i>6/6</i>	<i>6/6</i>
Vision With glass		
Color Vision	Normal	Normal
Anterior segment examination	Normal	Normal
Fundus Examination	Normal	Normal
Any other abnormality	Nil	Nil
Diagnosis/ impression	Normal	Normal

**Dr. ASHOK SARODHE**  
B.Sc., M.B.B.S., D.O.M.S.  
Eye Consultant & Surgeon  
Consultant (Ophthalmologist)



NAME	AGE	GENDER
MRS. SHWETA	29 yrs	female

**DENTAL EXAMINATION REPORT:**

8	7	6	5	4	3	2	1	1	2	3	4	5	6	7	8
8	7	6	5	4	3	2	1	1	2	3	4	5	6	7	8

C: CAVITY

→ none

M: MISSING

→ none

O: OTHERS

ADVISED:

CLEANING / SCALING / ROOTS PLANNING / FLOSSING & POLISHING / OTHERS

REMARKS:

*[Signature]*  
09/11/24

SIGNATURE OF THE DENTAL SURGEON

SEAL

DATE

**Dr. SACHDEV NAGARKAR**  
B.D.S., F.A.G.E., F.P.F.A. (USA)  
Reg. No : 2247/A





ID: 0061

09-11-2024 12:03:01

For 874

SHWETA

Female 29Y ears

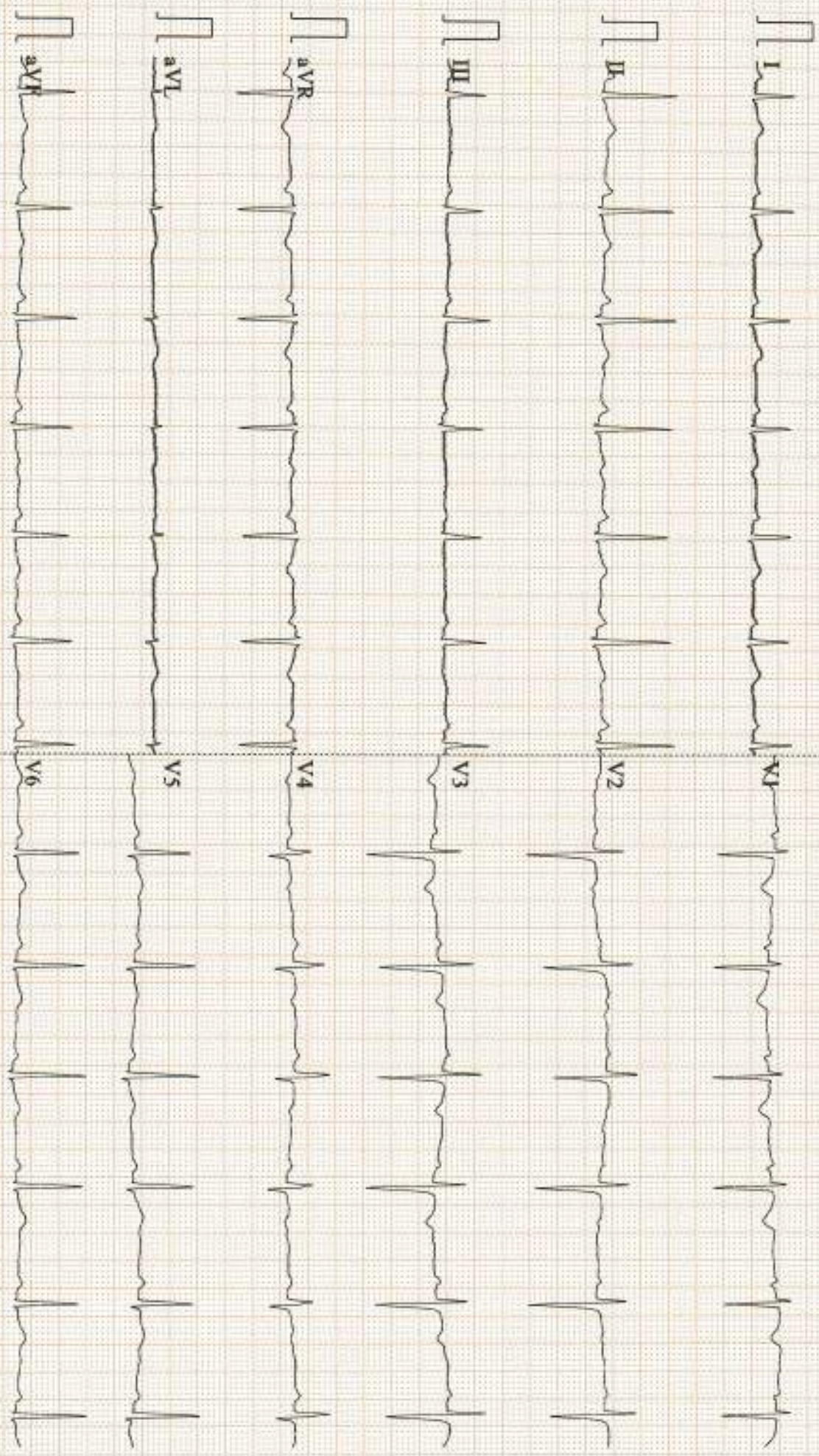
Diagnosis Information:

Sinus Rhythm

T Wave Abnormality(V3,V4,V5)

HR	: 75	bpm
P	: 105	ms
PR	: 168	ms
QRS	: 92	ms
QT/QTc	: 363/407	ms
P/QRS/T	: 55/61/47	°
RV5/SV1	: 1.088/0.982	mV

Report Confirmed by:



0.15-35Hz AC50 25mm/s 10mm/mV 2\*5.0s 75 V2.2 SEMIP V1.81 SPECTRUM DIAGNOSTICS & HEALTH CARE



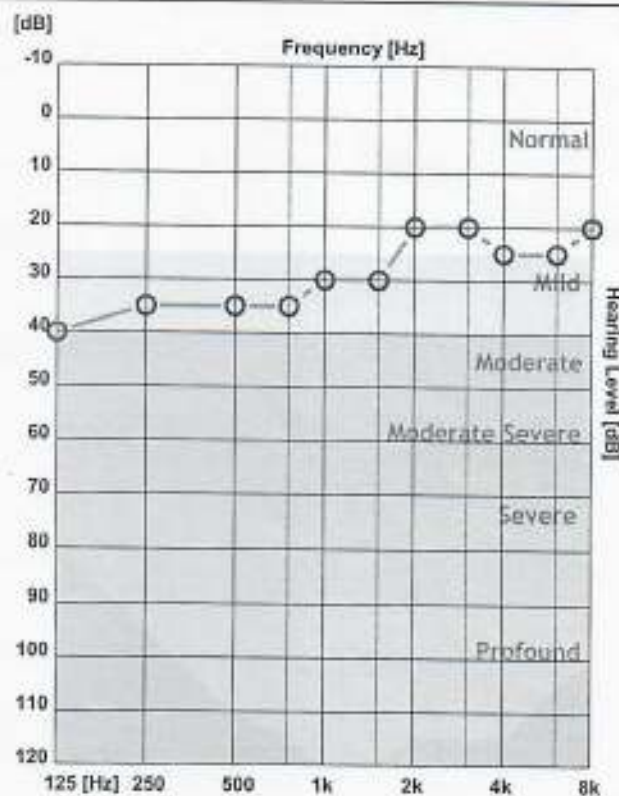
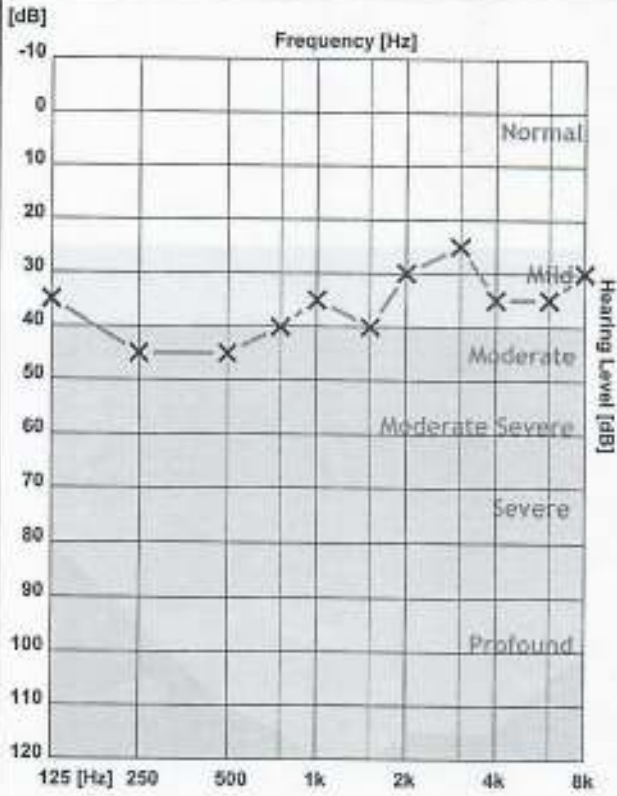


# SPECTRUM DIAGNOSTICS

Bangalore

Patient ID : 0047  
 Name : SHWETHA  
 CR Number : 20241109104912  
 Registration Date : 09-Nov-2024

Age : 29  
 Gender : Female  
 Operator : spectrum diagnostics



	125 Hz	250 Hz	500 Hz	750 Hz	1000 Hz	1500 Hz	2000 Hz	3000 Hz	4000 Hz	6000 Hz	8000 Hz
X - Air Left	35	45	45	40	35	40	30	25	35	35	30
O - Air Right	40	35	35	35	30	30	20	20	25	25	20
> - Bone Left											
< - Bone Right											

	Average	High	Mid	Low
AIR Left	35.91 dB	31.25 dB	35.00 dB	41.25 dB
AIR Right	28.64 dB	22.50 dB	26.67 dB	36.25 dB

**Clinical Notes :**

RIGHT EAR=NORMAL  
 LEFT EAR=NORMAL



Name	: MRS. SHWETA	UHID	: 0911240061	Bill Date	: 09-Nov-2024 09:41 AM
Age / Gender	: 29 years / Female			Sample Col. Date	: 09-Nov-2024 09:41 AM
Ref. By Dr.	: C/O APOLO CLINIC			Result Date	: 09-Nov-2024 12:51 PM
Reg. No.	: 0911240061			Report Status	: Final
C/o	: APOLLO CLINIC	0911240061			

Test Name	Result	Unit	Reference Value	Method
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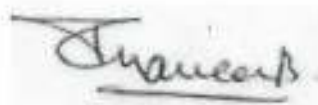
CHEST PA VIEW

- Visualised lungs are clear.
- Bilateral hila appears normal.
- Cardia is normal in size.
- No pleural effusion.

**IMPRESSION: No significant abnormality.**



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DR. PRAVEEN B, MBBS, DMRD, DNB Consultant  
Radiologist



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Age / Gender	: 29 years / Female			Sample Col. Date	: 09-Nov-2024 09:41 AM
Ref. By Dr.	: C/O APOLO CLINIC			Result Date	: 09-Nov-2024 01:28 PM
Reg. No.	: 0911240061			Report Status	: Final
C/o	: APOLLO CLINIC				

Test Name	Result	Unit	Reference Value	Method
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## 2D ECHO

### 2D ECHO CARDIOGRAHIC STUDY M-MODE

Cardiographic Study	Size
Aorta	28 mm
Left Atrium	26 mm
Right Ventricle	25 mm
Left ventricle (Diastole)	47 mm
Left ventricle(Systole)	20 mm
Ventricular Septum (Diastole)	07 mm
Ventricular septum (Systole)	10 mm
Posterior Wall (Diastole)	08 mm
Posterior Wall (Systole)	12 mm
Fractional Shortening	30 %
Ejection fraction	60 %

### DOPPLER /COLOUR FLOW

Mitral Valve Velocity	MVE- 0.89m/s	MVA – 0.72m/s	E/A-1.23
Tissue Doppler	e' ( Septal) 10cm/s	E/e'(Septal) -8	
Velocity/ Gradient across the Pulmonic valve	0.83m/s	3mmHg	
Max. Velocity / Gradient across the Aortic valve	1.34m/s	7mmHg	
Velocity / Gradient across the Tricuspid valve	1.87 m/s	19mmHg	





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Test Name	Result	Unit	Reference Value	Method
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**2DECHO Cardiographic Study**

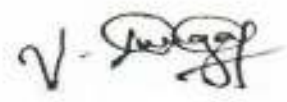
- **SITUS SOLITUS, LEVOCARDIA**
- **SYSTEMIC VEINS:** Normal drainage. IVC-1,2>50% collapse with inspiration.
- **PULMONARY VEINS:** Normal drainage.
- **RIGHT ATRIUM:** Normal size, **LEFT ATRIUM:** Normal size.
- **RIGHT VENTRICLE:** Normal size & Adequate function.
- **LEFT VENTRICLE:** Normal size; No RWMA; LV Systolic function adequate.
- **IAS: INTACT; IVS: INTACT.**
- **MITRAL VALVE :** No stenosis; No regurgitation
- **TRICUSPID VALVE:** No stenosis; No regurgitation
- **AORTIC VALVE :** No stenosis; No regurgitation
- **PULMONIC VALVE:** No stenosis; No regurgitation
- **GREAT ARTERIES:** Normally related.
- **AORTA:** Left aortic arch. No aortic dissection
- **PULMONARY ARTERY :** Confluent branch pulmonary arteries
- **NO PDA.**
- **No pericardial effusion.**

**IMPRESSION:**

- **ADEQUATE LEFT VENTRICLE SYSTOLIC FUNCTION**
- **NO REGIONAL WALL MOTION ABNORMALITY**
- **ADEQUATE RIGHT VENTRICLE SYSTOLIC FUNCTION**
- **NO PAH**



Printed By : Durga  
Printed On : 09 Nov, 2024 01:29 pm



Ms.Durga V., ECHO Technician





NAME AND LAB NO	MRS SHWETA	REG -0061
AGE & SEX	29 YRS	FEMALE
DATE AND AREA OF INTEREST	09.11.2024	
REF BY	C/O APOLO CLINIC	

**USG ABDOMEN AND PELVIS**

**LIVER:** Normal in size and echogenicity  
No e/o IHBR dilatation. No evidence of focal lesion  
Portal vein appears normal. CBD appears normal.

**GALL BLADDER:** Partially distended. No obvious calculus in the visualised luminal portion.

**SPLEEN:** Normal in size and echotexture. No focal lesion

**PANCREAS:** Head and body appears normal. Tail obscured by bowel gas shadows

**RETROPERITONEUM:** Suboptimal visualised due to bowel gas.

**RIGHT KIDNEY:** Right kidney is normal in size & echotexture  
No evidence of calculus/ hydronephrosis.

**LEFT KIDNEY:** Left kidney is normal in size & echotexture  
No evidence of calculus/ hydronephrosis.

**URINARY BLADDER:** Well distended. No wall thickening/ calculi.

**UTERUS** Anteverted, Normal in size 6.9 X2.9 X3.5 cm and echotexture .  
No obvious mass lesion  
Endometrium is normal. ET – 6 mm.

**OVARIES** **Bilateral mild polycystic ovarian appearance**  
RO-3.2 X1.8 X2.6 cm vol 8 cc , LO -3.6 X 2.0 X2.6 cm vol 10 cc  
No obvious adnexal mass lesions .

No evidence of ascites.

**IMPRESSION:**

- *Bilateral mild polycystic ovarian appearance .*
- *Suggested clinical / lab correlation*

  
**DR PRAVEEN B , DMRD , DNB**  
**CONSULTANT RADIOLOGIST**



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Age / Gender : 29 years / Female	 0911240061	Sample Col. Date : 09-Nov-2024 09:41 AM
Ref. By Dr. : C/O APOLO CLINIC		Result Date : 09-Nov-2024 12:06 PM
Reg. No. : 0911240061		Report Status : Final
C/o : APOLLO CLINIC		

Test Name	Result	Unit	Reference Value	Method
<b>Complete Haemogram-Whole Blood EDTA</b>				
Haemoglobin (HB)	14.30	g/dL	Female: 12.0 - 15.0	Spectrophotometer
Red Blood Cell (RBC)	5.31	million/cumm	3.50 - 5.50	Volumetric
Packed Cell Volume (PCV)	41.70	%	Female: 36.0 - 45.0	Impedance
Mean corpuscular volume (MCV)	78.50	fL	78.0 - 94.0	Electronic Pulse
Mean corpuscular hemoglobin (MCH)	26.90	pg	27.50-32.20	Calculated
Mean corpuscular hemoglobin concentration (MCHC)	34.30	%	33.00-35.50	Calculated
Red Blood Cell Distribution Width SD (RDW-SD)	33.60	fL	40.0-55.0	Volumetric
Red Blood Cell Distribution CV (RDW-CV)	14.60	%	Female: 12.20 - 16.10	Impedance
Mean Platelet Volume (MPV)	10.00	fL	8.0-15.0	Volumetric
Platelet	4.41	lakh/cumm	1.50-4.50	Impedance
Platelet Distribution Width (PDW)	10.90	%	8.30 - 56.60	Volumetric
White Blood cell Count (WBC)	7960	cells/cumm	Female: 4000.0 - 11000.0	Impedance
Neutrophils	59.80	%	40.0-75.0	Volumetric
Lymphocytes	33.80	%	20.0-45.0	Impedance
Eosinophils	2.50	%	0.0-8.0	Light scattering/Manual
Monocytes	3.90	%	0.0-10.0	Light scattering/Manual
Basophils	0.00	%	0.0-1.0	Light scattering/Manual
Absolute Neutrophil Count	4.76	10 <sup>3</sup> /uL	2.0- 7.0	Light scattering/Manual
				Calculated





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Test Name	Result	Unit	Reference Value	Method
Absolute Lymphocyte Count	2.69	10 <sup>3</sup> /uL	1.0-3.0	Calculated
Absolute Monocyte Count	0.31	10 <sup>3</sup> /uL	0.20-1.00	Calculated
Absolute Eosinophil Count	200.00	cells/cumm	40-440	Calculated
Absolute Basophil Count	0.00	10 <sup>3</sup> /uL	0.0-0.10	Calculated
Erythrocyte Sedimentation Rate (ESR)	19	mm/hr	Female: 0.0 - 20.0	Westergren

**Peripheral Smear Examination-Whole Blood EDTA**

Method : (Microscopy-Manual)

RBC'S : Normocytic Normochromic.

WBC'S : Are normal in total number, morphology and distribution.

Platelets : Adequate in number and normal in morphology.  
No abnormal cells or hemoparasites are present.

Impression : Normocytic Normochromic Blood Picture.



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Age / Gender : 29 years / Female		Sample Col. Date : 09-Nov-2024 09:41 AM
Ref. By Dr. : C/O APOLO CLINIC		Result Date : 09-Nov-2024 12:42 PM
Reg. No. : 0911240061		Report Status : Final
C/o : APOLO CLINIC		

Test Name	Result	Unit	Reference Value	Method
<b>LFT-Liver Function Test -Serum</b>				
Bilirubin Total-Serum	1.18	mg/dL	0.2-1.0	Caffeine Benzoate
Bilirubin Direct-Serum	0.29	mg/dL	0.0-0.2	Diazotised Sulphanilic Acid
Bilirubin Indirect-Serum	0.89	mg/dL	0.0-1.10	Direct Measure
Aspartate Aminotransferase (AST/SGOT)-Serum	24.00	U/L	15.0-37.0	UV with Pyridoxal - 5 - Phosphate
Alanine Aminotransferase (ALT/SGPT)-Serum	33.00	U/L	Male:16.0-63.0 Female:14.0-59.0	UV with Pyridoxal - 5 - Phosphate
Alkaline Phosphatase (ALP)-Serum	109.00	U/L	Adult: 45.0-117.0 Children: 48.0-445.0 Infants: 81.90-350.30	PNPP,AMP-Buffer
Protein, Total-Serum	9.48	g/dL	6.40-8.20	Biuret/Endpoint-With Blank
Albumin-Serum	5.01	g/dL	3.40-5.00	Bromocresol Purple
Globulin-Serum	4.47	g/dL	2.0-3.50	Calculated
Albumin/Globulin Ratio-Serum	1.12	Ratio	0.80-2.0	Calculated



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Dr. Nithun Reddy C,MD,Consultant Pathologist





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Test Name	Result	Unit	Reference Value	Method
Fasting Urine Glucose-Urine	Negative		Negative	Dipstick/Benedicts (Manual)
Fasting Blood Sugar (FBS)- Plasma	76	mg/dL	60.0-110.0	Hexo Kinase

**Comments:** Glucose, also called dextrose, one of a group of carbohydrates known as simple sugars (monosaccharides). Glucose has the molecular formula  $C_6H_{12}O_6$ . It is found in fruits and honey and is the major free sugar circulating in the blood of higher animals. It is the source of energy in cell function, and the regulation of its metabolism is of great importance (fermentation; gluconeogenesis). Molecules of starch, the major energy-reserve carbohydrate of plants, consist of thousands of linear glucose units. Another major compound composed of glucose is cellulose, which is also linear. Dextrose is the molecule D-glucose. Blood sugar, or glucose, is the main sugar found in the blood. It comes from the food you eat, and it is body's main source of energy. The blood carries glucose to all of the body's cells to use for energy. Diabetes is a disease in which your blood sugar levels are too high. Usage: Glucose determinations are useful in the detection and management of Diabetes mellitus.

Note: Additional tests available for Diabetic control are Glycated Hemoglobin (HbA1c), Fructosamine & Microalbumin urine

Comments: Conditions which can lead to lower postprandial glucose levels as compared to fasting glucose are excessive insulin release, rapid gastric emptying & brisk glucose absorption.

Probable causes : Early Type II Diabetes / Glucose intolerance, Drugs like Salicylates, Beta blockers, Pentamidine etc., Alcohol ,Dietary - Intake of excessive carbohydrates and foods with high glyceemic index ? Exercise in between samples ? Family history of Diabetes, Idiopathic, Partial / Total Gastrectomy.



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Dr. Nithan Reddy C.MD, Consultant Pathologist



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<b>Age / Gender</b> : 29 years / Female	 0911240061	<b>Sample Col. Date</b> : 09-Nov-2024 09:41 AM
<b>Ref. By Dr.</b> : C/O APOLO CLINIC		<b>Result Date</b> : 09-Nov-2024 12:42 PM
<b>Reg. No.</b> : 0911240061		<b>Report Status</b> : Final
<b>C/o</b> : APOLLO CLINIC		

Test Name	Result	Unit	Reference Value	Method
Glycosylated Haemoglobin (HbA1c)-Whole Blood EDTA	5.50	%	Non diabetic adults : <5.7 At risk (Prediabetes) : 5.7 - 6.4 Diagnosing Diabetes : >= 6.5 Diabetes Excellent Control : 6-7 Fair to good Control : 7-8 Unsatisfactory Control : 8-10 Poor Control : >10	HPLC
Estimated Average Glucose(eAG)	111.14	mg/dL		Calculated

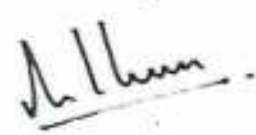
**Note:** 1. Since HbA1c reflects long term fluctuations in the blood glucose concentration, a diabetic patient who is recently under good control may still have a high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled.

2. Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targeting a goal of < 7.0 % may not be appropriate.

**Comments:** HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations.



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Test Name	Result	Unit	Reference Value	Method
<b>Blood Group &amp; Rh Typing-Whole Blood EDTA</b>				
Blood Group	O			Slide/Tube agglutination
Rh Type	Positive			Slide/Tube agglutination

Note: Confirm by tube or gel method.

Comments: ABO blood group system, the classification of human blood based on the inherited properties of red blood cells (erythrocytes) as determined by the presence or absence of the antigens A and B, which are carried on the surface of the red cells. Persons may thus have type A, type B, type O, or type AB blood.

Gamma-Glutamyl Transferase (GGT)-Serum	36.00	U/L	Male: 15.0-85.0 Female: 5.0-55.0	Other g-Glut-3-carboxy-4 nitro
--	-------	-----	-------------------------------------	--------------------------------

Comments: Gamma-glutamyltransferase (GGT) is primarily present in kidney, liver, and pancreatic cells. Small amounts are present in other tissues. Even though renal tissue has the highest level of GGT, the enzyme present in the serum appears to originate primarily from the hepatobiliary system, and GGT activity is elevated in any and all forms of liver disease. It is highest in cases of intra- or posthepatic biliary obstruction, reaching levels some 5 to 30 times normal. GGT is more sensitive than alkaline phosphatase (ALP), leucine aminopeptidase, aspartate transaminase, and alanine aminotransferase in detecting obstructive jaundice, cholangitis, and cholecystitis; its rise occurs earlier than with these other enzymes and persists longer. Only modest elevations (2-5 times normal) occur in infectious hepatitis, and in this condition, GGT determinations are less useful diagnostically than are measurements of the transaminases. High elevations of GGT are also observed in patients with either primary or secondary (metastatic) neoplasms. Elevated levels of GGT are noted not only in the sera of patients with alcoholic cirrhosis but also in the majority of sera from persons who are heavy drinkers. Studies have emphasized the value of serum GGT levels in detecting alcohol-induced liver disease. Elevated serum values are also seen in patients receiving drugs such as phenytoin and phenobarbital, and this is thought to reflect induction of new enzyme activity.



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<b>C/o</b> : APOLLO CLINIC		

Test Name	Result	Unit	Reference Value	Method
<b>Thyroid function tests (TFT)- Serum</b>				
Tri-Iodo Thyronine (T3)-Serum 1.00		ng/mL	0.60-1.81	Chemiluminescence Immunoassay (CLIA)
Thyroxine (T4)-Serum 11.9		µg/dL	5.50-12.10	Chemiluminescence Immunoassay (CLIA)
Thyroid Stimulating Hormone (TSH)-Serum 1.93		µIU/mL	0.35-5.50	Chemiluminescence Immunoassay (CLIA)

**Comments:** Triiodothyronine (T3) assay is a useful test for hyperthyroidism in patients with low TSH and normal T4 levels. It is also used for the diagnosis of T3 toxicosis. It is not a reliable marker for Hypothyroidism. This test is not recommended for general screening of the population without a clinical suspicion of hyperthyroidism.

Reference range: Cord: (37 Weeks): 0.5-1.41, Children: 1-3 Days: 1.0-7.40, 1-11 Months: 1.05-2.45, 1-5 Years: 1.05-2.69, 6-10 Years: 0.94-2.41, 11-15 Years: 0.82-2.13, Adolescents (16-20 Years): 0.80-2.10

Reference range: Adults: 20-50 Years: 0.70-2.04, 50-90 Years: 0.40-1.81,

Reference range in Pregnancy: First Trimester : 0.81-1.90, Second Trimester : 1.0-2.60

**Increased Levels:** Pregnancy, Graves disease, T3 thyrotoxicosis, TSH dependent Hyperthyroidism, increased Thyroid-binding globulin (TBG).  
**Decreased Levels:** Nonthyroidal illness, hypothyroidism, nutritional deficiency, systemic illness, decreased Thyroid-binding globulin (TBG).

**Comments:** Total T4 levels offer a good index of thyroid function when TBG is normal and non-thyroidal illness is not present. This assay is useful for monitoring treatment with synthetic hormones (synthetic T3 will cause low total T4). It also helps to monitor treatment of Hyperthyroidism with Thiouracil or other anti-thyroid drugs.

Reference Range: Males : 4.6-10.5, Females : 5.5-11.0, > 60 Years: 5.0-10.70, Cord : 7.40-13.10, Children: 1-3 Days : 11.80-22.60, 1-2 Weeks : 9.90-16.60, 1-4 Months: 7.20-14.40, 1-5 Years : 7.30-15.0, 5-10 Years: 6.4-13.3

1-15 Years: 5.60-11.70, Newborn Screen: 1-5 Days: >7.5, 6 Days : >6.5

**Increased Levels:** Hyperthyroidism, increased TBG, familial dysalbuminemic hyperthyroxinemia, Increased transthyretin, estrogen therapy, pregnancy.  
**Decreased Levels:** Primary hypothyroidism, pituitary TSH deficiency, hypothalamic TRH deficiency, non thyroidal illness, decreased TBG.

**Comments:** TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH is a labile hormone & is secreted in a pulsatile manner throughout the day and is subject to several non-thyroidal pituitary influences. Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, caloric intake, medication & circulating antibodies. It is important to confirm any TSH abnormality in a fresh specimen drawn after ~ 3 weeks before assigning a diagnosis, as the cause of an isolated TSH abnormality.

Reference range in Pregnancy: I- trimester: 0.1-2.5; II- trimester: 0.2-3.0; III- trimester: 0.3-3.0

Reference range in Newborns: 0-4 days: 1.0-39.0; 2-20 Weeks: 1.7-9.1

**Increased Levels:** Primary hypothyroidism, Subclinical hypothyroidism, TSH dependent Hyperthyroidism and Thyroid hormone resistance.  
**Decreased Levels:** Graves disease, Autonomous thyroid hormone secretion, TSH defi.



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Dr. Nithin Reddy C, MD, Consultant Pathologist





**Name** : MRS. SHWETA  
**Age / Gender** : 29 years / Female  
**Ref. By Dr.** : C/O APOLO CLINIC  
**Reg. No.** : 0911240061  
**C/o** : APOLO CLINIC

**UHID** : 0911240061  
  
 0911240061

**Bill Date** : 09-Nov-2024 09:41 AM  
**Sample Col. Date** : 09-Nov-2024 09:41 AM  
**Result Date** : 09-Nov-2024 01:17 PM  
**Report Status** : Final

Test Name	Result	Unit	Reference Value	Method
<b>Lipid Profile-Serum</b>				
Cholesterol Total-Serum	139.00	mg/dL	0.0-200	Cholesterol Oxidase/Peroxidase Lipase/Glycerol Dehydrogenase Accelerator/Selective Detergent
Triglycerides-Serum	62.00	mg/dL	0.0-150	Calculated
High-density lipoprotein (HDL) Cholesterol-Serum	49.00	mg/dL	40.0-60.0	Cholesterol esterase and cholesterol oxidase
Non-HDL cholesterol-Serum	90	mg/dL	0.0-130	Calculated
Low-density lipoprotein (LDL) Cholesterol-Serum	78	mg/dL	0.0-100.0	Calculated
Very-low-density lipoprotein (VLDL) cholesterol-Serum	12	mg/dL	0.0-40	Calculated
Cholesterol/HDL Ratio-Serum	2.84	Ratio	0.0-5.0	Calculated

**Interpretation:**

Parameter	Desirable	Borderline High	High	Very High
Total Cholesterol	<200	200-239	>240	
Triglycerides	<150	150-199	200-499	>500
Non-HDL cholesterol	<130	160-189	190-219	>220
Low-density lipoprotein (LDL) Cholesterol	<100	100-129	160-189	>190

**Comments:** As per Lipid Association of India (LAI), for routine screening, overnight fasting preferred but not mandatory. Indians are at very high risk of developing Atherosclerotic Cardiovascular (ASCVD). Among the various risk factors for ASCVD such as dyslipidemia, Diabetes Mellitus, sedentary lifestyle, Hypertension, smoking etc., dyslipidemia has the highest population attributable risk for MI both because of direct association with disease pathogenesis and very high prevalence in Indian population. Hence monitoring lipid profile regularly for effective management of dyslipidemia remains one of the most important healthcare targets for prevention of ASCVD. In addition, estimation of ASCVD risk is an essential, initial step in the management of individuals requiring primary prevention of ASCVD. In the context of lipid management, such a risk estimate forms the basis for several key therapeutic decisions, such as the need for and aggressiveness of statin therapy.



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Test Name	Result	Unit	Reference Value	Method
<b>Kidney Function Test (KFT)-BUN,CREA,Uric Acid,Na,K,Cl-Serum</b>				
<b>Kidney Function Test (KFT)-Serum</b>				
Blood Urea Nitrogen (BUN)	7.90	mg/dL	7.0-18.0	GLDH,Kinetic Assay
Creatinine-Serum	0.56	mg/dL	Male: 0.70-1.30 Female: 0.55-1.02	Modified kinetic Jaffe
Uric Acid-Serum	5.11	mg/dL	Male: 3.50-7.20 Female: 2.60-6.0	
<b>Electrolytes</b>				
Sodium (Na <sup>+</sup> )-Serum	136.9	mmol/L	135.0-145.0	ISE-Direct
Potassium (K <sup>+</sup> )-Serum	4.69	mmol/L	3.50-5.50	ISE-Direct
Chloride (Cl <sup>-</sup> )-Serum	101.30	mmol/L	96.0-108.0	ISE-Direct

**Comments:** Renal Function Test (RFT), also called kidney function tests, are a group of tests performed to evaluate the functions of the kidneys. The kidneys play a vital role in removing waste, toxins, and extra water from the body. They are responsible for maintaining a healthy balance of water, salts, and minerals such as calcium, sodium, potassium, and phosphorus. They are also essential for blood pressure control, maintenance of the body's pH balance, making red blood cell production hormones, and promoting bone health. Hence, keeping your kidneys healthy is essential for maintaining overall health. It helps diagnose inflammation, infection or damage in the kidneys. The test measures Uric Acid, Creatinine, BUN and electrolytes in the blood to determine the health of the kidneys. Risk factors for kidney dysfunction such as hypertension, diabetes, cardiovascular disease, obesity, elevated cholesterol or a family history of kidney disease. It may also be when has signs and symptoms of kidney disease, though in early stage often no noticeable symptoms are observed. Kidney panel is useful for general health screening; screening patients at risk of developing kidney disease; management of patients with known kidney disease. Estimated GFR is especially important in CKD patients CKD for monitoring, it helps to identify disease at early stage in those with risk factors for CKD (diabetes, hypertension, cardiovascular disease, and family history of kidney disease). Early recognition and intervention are important in slowing the progression of CKD and preventing its complications.



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Test Name	Result	Unit	Reference Value	Method
Postprandial Urine glucose-Urine	Negative		Negative	Dipstick/Benedicts (Manual)

Note: Additional tests available for Diabetic control are Glycated Hemoglobin (HbA1c), Fructosamine & Microalbumin urine

Comments: Conditions which can lead to lower postprandial glucose levels as compared to fasting glucose are excessive insulin release, rapid gastric emptying & brisk glucose absorption.

Probable causes : Early Type II Diabetes / Glucose intolerance, Drugs like Salicylates, Beta blockers, Pentamidine etc., Alcohol ,Dietary – Intake of excessive carbohydrates and foods with high glycemic index ? Exercise in between samples ? Family history of Diabetes, Idiopathic, Partial / Total Gastrectomy.

Calcium, Total- Serum	10.00	mg/dL	8.50-10.10	Spectrophotometry (O-Cresolphthalein complexone)
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