

Dr. Vimmi Goel

Head - Non Invasive Cardiology
Incharge - Preventive Health Care
MBBS, MD (Internal Medicine)
Reg. No: MMC- 2014/01/0113

Preventive Health Checkup
KIMS Kingsway Hospital
Nagpur
Phone No.: 7499913052

**KIMS-KINGSWAY
HOSPITALS**

Name: MR. MANOJ SAKHARWADE Date: 3/8/24

Age: 34 Sex: M F Weight: 87.00 kg Height: 167 inc BMI: 31.2

BP: 110/70 mmHg Pulse: 80, 80²-97.1 bpm RBS: _____ mg/dl

Name: Ms. Mansj Sakhareode Date: 08/08/24

Age: 39 yrs Sex: M/F Weight: _____ kg Height: _____ inc BMI: _____

BP: _____ mmHg Pulse: _____ bpm RBS: _____ mg/dl

Routine Dental Checkup

PMH - NRM

PDH - H/O RCF ± +

O/E

- Caries ± 6/8

- Calculus +

- Stains +

Advice - Restoration ± 6/8

Extraction ± 1/8

Oral Prophylaxis -

Dr. Jidnyasa

DEPARTMENT OF OPHTHALMOLOGY
OUT PATIENT ASSESSMENT RECORD

MANOJ SAKHARWADE 39Y(S) 0M(S) 0D(S)M MRNP2425015329 8275291024	CONSULT DATE : 03-08-2024	DR. ASHISH PRAKASHCHANDRA KAMBLE MBBS,MS, FVRS,FICO CONSULTANT DEPT OPHTHALMOLOGY
	CONSULT ID : OPC2425050263	
	CONSULT TYPE :	
	VISIT TYPE : NORMAL	
	TRANSACTION TYPE :	

VITALS

Temp : Pulse : BP (mmHg) : spO2 : Pain Score : Height :
 -- °F -- /min -- %RA -- /10 -- cms
 Weight : BMI :
 -- kgs --

CHIEF COMPLAINTS

ROUTINE EYE CHECK UP

MEDICATION PRESCRIBED

#	Medicine	Route	Dose	Frequency	When	Duration
1	I SOFT EYE DROP	Topical	1-1-1-1	Every Day	NA	2 months
Instructions : BOTH EYES Composition : SODIUM HYALURONATE 0.1% W/V						

NOTES

**GLASS PRESCRIPTION :-
DISTANCE VISION**

EYE SPH CYL AXIS VISION

RIGHT EYE 00 00 00 6/6

LEFT EYE 00 00 00 6/6

NEAR ADDITION

RIGHT EYE 00 N6

LEFT EYE 00 N6

REMARK-

Ashish Kamble

Dr. Ashish Prakashchandra Kamble
MBBS,MS, FVRS,FICO
Consultant

Printed On :03-08-2024 12:30:20



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY**

Patient Name : Mr. MANOJ SAKHARWADE	Age / Gender : 39 Y(s)/Male
Bill No/ UMR No : BIL2425035238/MRNP2425015329	Referred By : Dr. Wasim Vanjara MBBS,DNB
Received Dt : 03-Aug-24 09:17 am	Report Date : 03-Aug-24 11:59 am

HAEMOGRAM

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Haemoglobin	Blood	14.8	13.0 - 17.0 gm%	Photometric
Haematocrit(PCV)		44.5	40.0 - 50.0 %	Calculated
RBC Count		5.41	4.5 - 5.5 Millions/cumm	Photometric
Mean Cell Volume (MCV)		82	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		27.4	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		33.3	31.5 - 35.0 g/l	Calculated
RDW		14.7	11.5 - 14.0 %	Calculated
Platelet count		300	150 - 450 10^3 /cumm	Impedance
WBC Count		6800	4000 - 11000 cells/cumm	Impedance
<u>DIFFERENTIAL COUNT</u>				
Neutrophils		53.8	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes		28.8	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils		7.9	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes		9.5	2 - 10 %	Flow Cytometry/Light microscopy
Basophils		0.0	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count		3658.4	2000 - 7000 /cumm	Flow Cytometry/Light microscopy Calculated



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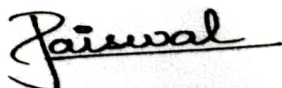
<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Absolute Lymphocyte Count		1958.4	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count		537.2	20 - 500 /cumm	Calculated
Absolute Monocyte Count		646	200 - 1000 /cumm	Calculated
Absolute Basophil Count		0	0 - 100 /cumm	Calculated
<u>PERIPHERAL SMEAR</u>				
RBC		Normochromic Normocytic, Anisocytosis +(Few)		Light microscopy
WBC		Within normal limits		
Platelets		Adequate		
E S R		05	0 - 15 mm/hr	Automated Westergren's Method
*** End Of Report ***				

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100499

Test results related only to the item tested.

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Dr. PURVA JAISWAL, MBBS,MD,DNB
CONSULTANT PATHOLOGIST



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mr. MANOJ SAKHARWADE
Age / Gender : 39 Y(s)/Male
Bill No/ UMR No : BIL2425035238/MRNP2425015329
Referred By : Dr. Wasim Vanjara MBBS,DNB
Received Dt : 03-Aug-24 09:16 am
Report Date : 03-Aug-24 11:30 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Fasting Plasma Glucose	Plasma	100	< 100 mg/dl	GOD/POD, Colorimetric
Post Prandial Plasma Glucose		96	< 140 mg/dl	GOD/POD, Colorimetric
GLYCOSYLATED HAEMOGLOBIN (HbA1c)		5.1	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC

*** End Of Report ***

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Jaiswal

Dr. PURVA JAISWAL, MBBS,MD,DNB
CONSULTANT PATHOLOGIST
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 44, Parwana Bhawan, Kingway, Nagpur - 440 001, Maharashtra, India.
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 CIN: U74999MH2018PTC303510



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mr. MANOJ SAKHARWADE	Age / Gender : 39 Y(s)/Male
Bill No/ UMR No : BIL2425035238/MRNP2425015329	Referred By : Dr. Wasim Vanjara MBBS,DNB
Received Dt : 03-Aug-24 09:17 am	Report Date : 03-Aug-24 11:30 am

LIPID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
Total Cholesterol	Serum	160	Enzymatic(CHE/CHO/POD)
Triglycerides		< 200 mg/dl	
HDL Cholesterol Direct		94	
LDL Cholesterol Direct		38	
VLDL Cholesterol		< 100 mg/dl	
Tot Chol/HDL Ratio		19	
		4	3 - 5

<u>Intiate therapeutic</u>		<u>Consider Drug therapy</u>	<u>LDC-C</u>
CHD OR CHD risk equivalent	>100	>130, optional at 100-129	<100
Multiple major risk factors conferring 10 yrs CHD risk >20%			
Two or more additional major risk factors, 10 yrs CHD risk <20%	>130	10 yrs risk 10-20 % >130	<130
No additional major risk or one additional major risk factor	>160	10 yrs risk <10% >160	<160
		>190, optional at 160-189	<160

*** End Of Report ***

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**Dr. PURVA JAISWAL, MBBS,MD,DNB
CONSULTANT PATHOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mr. MANOJ SAKHARWADE
Age /Gender : 39 Y(s)/Male
Bill No/ UMR No : BIL2425035238/MRNP2425015329
Referred By : Dr. Wasim Vanjara MBBS,DNB
Received Dt : 03-Aug-24 09:17 am
Report Date : 03-Aug-24 11:30 am

LIVER FUNCTION TEST(LFT)

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Total Bilirubin	Serum	0.80	0.2 - 1.3 mg/dl	
Direct Bilirubin		0.37	0.1 - 0.3 mg/dl	
Indirect Bilirubin		0.43	0.1 - 1.1 mg/dl	
Alkaline Phosphatase		58	38 - 126 U/L	
SGPT/ALT		30	10 - 40 U/L	
SGOT/AST		29	15 - 40 U/L	
Serum Total Protein		6.62	6.3 - 8.2 gm/dl	
Albumin Serum		3.94	3.5 - 5.0 gm/dl	
Globulin		2.68	2.0 - 4.0 gm/dl	Bromocresol green Dye Binding
A/G Ratio		1.47		

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**Dr. PURVA JAISWAL, MBBS,MD,DNB
CONSULTANT PATHOLOGIST**



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. MANOJ SAKHARWADE	Age /Gender : 39 Y(s)/Male
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RFT

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
Blood Urea	Serum	11	19.0 - 43.0 mg/dl	
Creatinine		0.99	0.66 - 1.25 mg/dl	
GFR		99.4	>90 mL/min/1.73m square.	
Sodium		138	136 - 145 mmol/L	Direct ion selective electrode
Potassium		4.24	3.5 - 5.1 mmol/L	

*** End Of Report ***

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Dr. PURVA JAISWAL, MBBS,MD,DNB
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mr. MANOJ SAKHARWADE	Age / Gender : 39 Y(s)/Male
Bill No/ UMR No : BIL2425035238/MRNP2425015329	Referred By : Dr. Wasim Vanjara MBBS,DNB
Received Dt : 03-Aug-24 12:22 pm	Report Date : 03-Aug-24 01:21 pm

URINE MICROSCOPY

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
<u>PHYSICAL EXAMINATION</u>			
Volume	Urine	30 ml	
Colour.		Pale yellow	
Appearance		Clear	Clear
<u>CHEMICAL EXAMINATION</u>			
Reaction (pH)		7.0	4.6 - 8.0
Specific gravity		1.015	1.005 - 1.025
Urine Protein		Negative	Negative
Sugar		Negative	Negative
Bilirubin		Negative	Negative
Ketone Bodies		Negative	Negative
Nitrate		Negative	Negative
Urobilinogen		Normal	Normal
<u>MICROSCOPIC EXAMINATION</u>			
Epithelial Cells		0-1	0 - 4 /hpf
R.B.C.		Absent	0 - 4 /hpf
Pus Cells		0-1	0 - 4 /hpf
Casts		Absent	Absent



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mr. MANOJ SAKHARWADE **Age / Gender** : 39 Y(s)/Male
Bill No/ UMR No : BIL2425035238/MRNP2425015329 **Referred By** : Dr. Wasim Vanjara MBBS,DNB
Received Dt : 03-Aug-24 12:22 pm **Report Date** : 03-Aug-24 01:21 pm

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
Crystals		Absent	
*** End Of Report ***			

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100998

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Page 2 of 2

Dr. Anuradha Deshmukh, MBBS,MD
CONSULTANT MICROBIOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF IMMUNO HAEMATOLOGY

Patient Name : Mr. MANOJ SAKHARWADE	Age / Gender : 39 Y(s)/Male
Bill No/ UMR No : BIL2425035238/MRNP2425015329	Referred By : Dr. Wasim Vanjara MBBS,DNB
Received Dt : 03-Aug-24 09:17 am	Report Date : 03-Aug-24 12:07 pm

BLOOD GROUPING AND RH

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	
BLOOD GROUP.	EDTA Whole Blood & Plasma/Serum	" B "	Gel Card Method
Rh (D) Typing.		" Positive "(+Ve)	
		*** End Of Report ***	

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100499

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Dr. PURVA JAISWAL, MBBS,MD,DNB
CONSULTANT PATHOLOGIST

DEPARTMENT OF RADIOLOGY & IMAGING SCIENCE

NAME	MANOJ SAKHARWADE	STUDY DATE	03-08-2024 10:45:25
AGE/ SEX	39Y 1D / M	HOSPITAL NO.	MRNP2425015329
ACCESSION NO.	BIL.2425035238-9	MODALITY	DX
REPORTED ON	03-08-2024 12:36	REFERRED BY	Dr. Wasim Vanjara

X-RAY CHEST PA VIEW

Both the lung fields are clear.

Heart and Aorta are normal.

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

IMPRESSION -No pleuro-parenchymal abnormality seen.



Dr Poonam Chiddarwar
MBBS, MD

PATIENT NAME:	MANOJ SAKHARWADE	AGE /SEX:	39 Y/MALE
UMR NO:	MRNP2425015329	BILL NO:	BIL2425035238
REF BY	DR. WASIM VANJARA	DATE:	03/08/2024

USG WHOLE ABDOMEN

LIVER is normal in size **but shows raised echotexture.**

No evidence of any focal lesion seen.

Intrahepatic biliary radicals are not dilated.

PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No stones or sludge seen within it.
Wall thickness is within normal limits.

Visualized head and body of PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in size shape and echotexture. **No focal lesion seen.**

Both KIDNEYS are normal in shape, size and echotexture.

No evidence of calculus or hydronephrosis seen.

URETERS are not dilated.

URINARY BLADDER is partially distended. No calculus or mass lesion seen.


Prostate is normal in size, shape and echotexture.

There is no free fluid or abdominal lymphadenopathy seen.

IMPRESSION –

- **Grade I-II fatty infiltration in liver.**
- **No other significant visceral abnormality seen.**

Suggest clinical correlation.


DR. POONAM CHIDDARWAR
MBBS, MD
CONSULTANT RADIOLOGIST.

2D ECHOCARDIOGRAPHY AND COLOR DOPPLER REPORT

Patient Name : Mr. Doman Singh
 Age : 31 years / Male
 UMR No : MRNP2425015325
 Date : 03/08/2024
 Done by : Dr. Rishi Lohiya

Impression: Normal 2D Echocardiography Study

Normal chambers dimensions
 No RWMA of LV at rest
 Good LV systolic function, LVEF 60%
 Normal LV diastolic function
 E/A is 2.0
 Trivial MR
 Trivial TR, No pulmonary hypertension
 IVC is normal in size and collapsing well with respiration
 No clots or pericardial effusion

Comments:

Sector echocardiography was performed in various conventional views (PLAX, SSAX, AP4 CH and 5 CH views). LV size normal. There is no RWMA of LV seen at rest. Good LV systolic function. LVEF 60%. Normal LV diastolic function. E Velocity is 100 cm/s, A Velocity is 50 cm/s. E/A is 2.0. No Pulmonary Hypertension. IVC normal in size and collapsing well with respiration. Pericardium is normal. No clots or pericardial effusion seen.

M Mode echocardiography and dimension:

	Normal range (mm)		Observed (mm)
	(adults)	(children)	
Left atrium	19-40	7-37	32
Aortic root	20-37	7-28	24
LVIDd	35-55	8-47	43
LVIDs	23-39	6-28	28
IVS (d)	6-11	4-8	10
LVPW (d)	6-11	4-8	10
LVEF %	~ 60%	~60%	60%
Fractional Shortening			30%



DR. RISHI LOHIYA
MD, DM (CARDIOLOGY) FACC, FSCAI
INTERVENTIONAL CARDIOLOGIST

39 Years

MR. MANOJ SAKHARWADE
Male

03-Aug-24 9:14:44 AM

KIMS-KINGSTAY HOSPITALS

PRC DEPT.

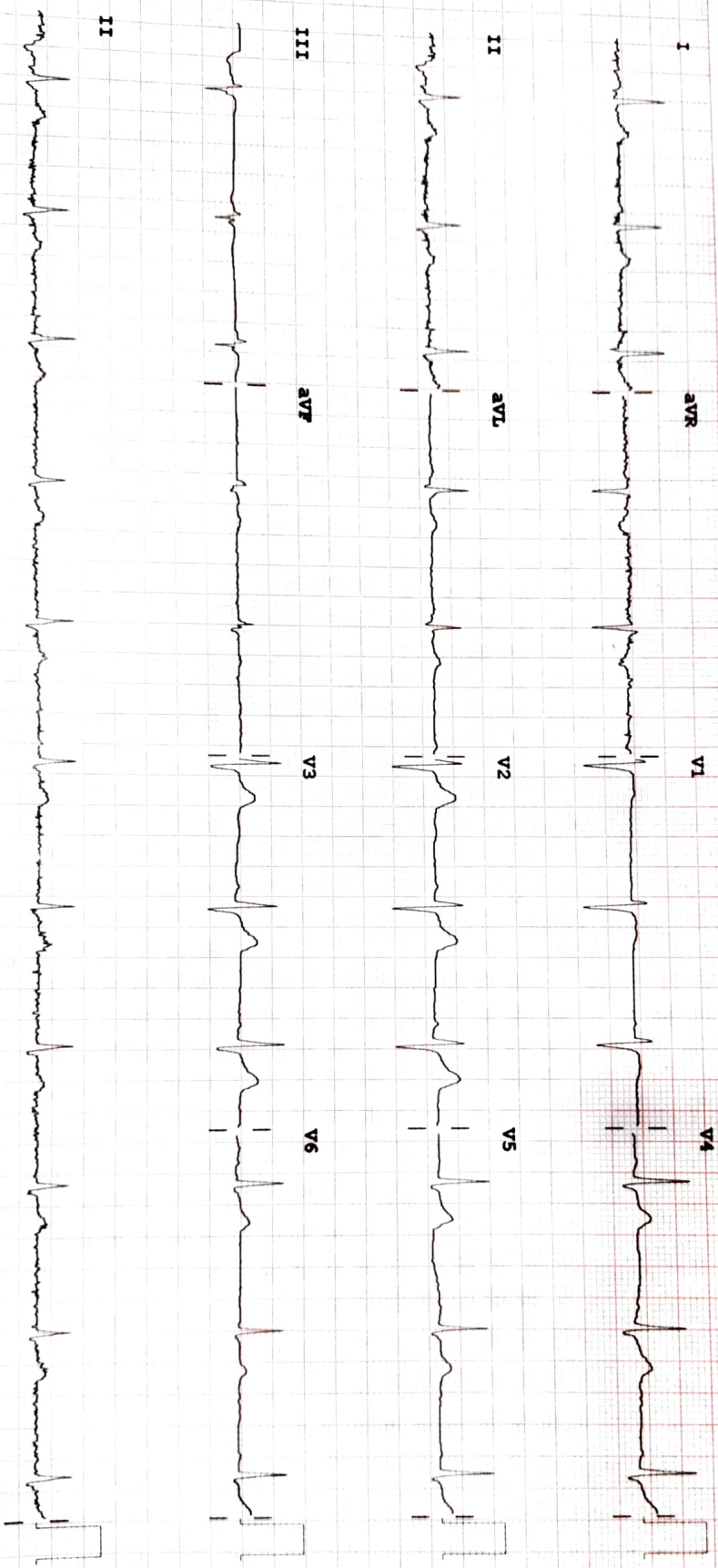
Rate 65 . Sinus rhythm.....normal P axis, V-rate 50-99

PR 141
QRSd 94
QT 357
QTc 372

--AXIS--
P -26
QRS 4
T 16
12 Lead: Standard Placement

- NORMAL ECG -

Unconfirmed Diagnosis



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

F 50 ~ 0.50-150 Hz W

100B CL

P?