

10851564

sunaina dutt

1/4/2024 8:22:36 AM

40 Years

Female

Rate 70 . Sinus rhythm.....normal P axis, V-rate 50- 99
 . Borderline intraventricular conduction delay.....QRSd >112ms
 PR 144 . ST depression, consider ischemia, lateral lds.....ST <-0.10mV, I aVL V5 V6
 QRSd 112
 QT 353
 QTc 381

--AXIS--

P 67

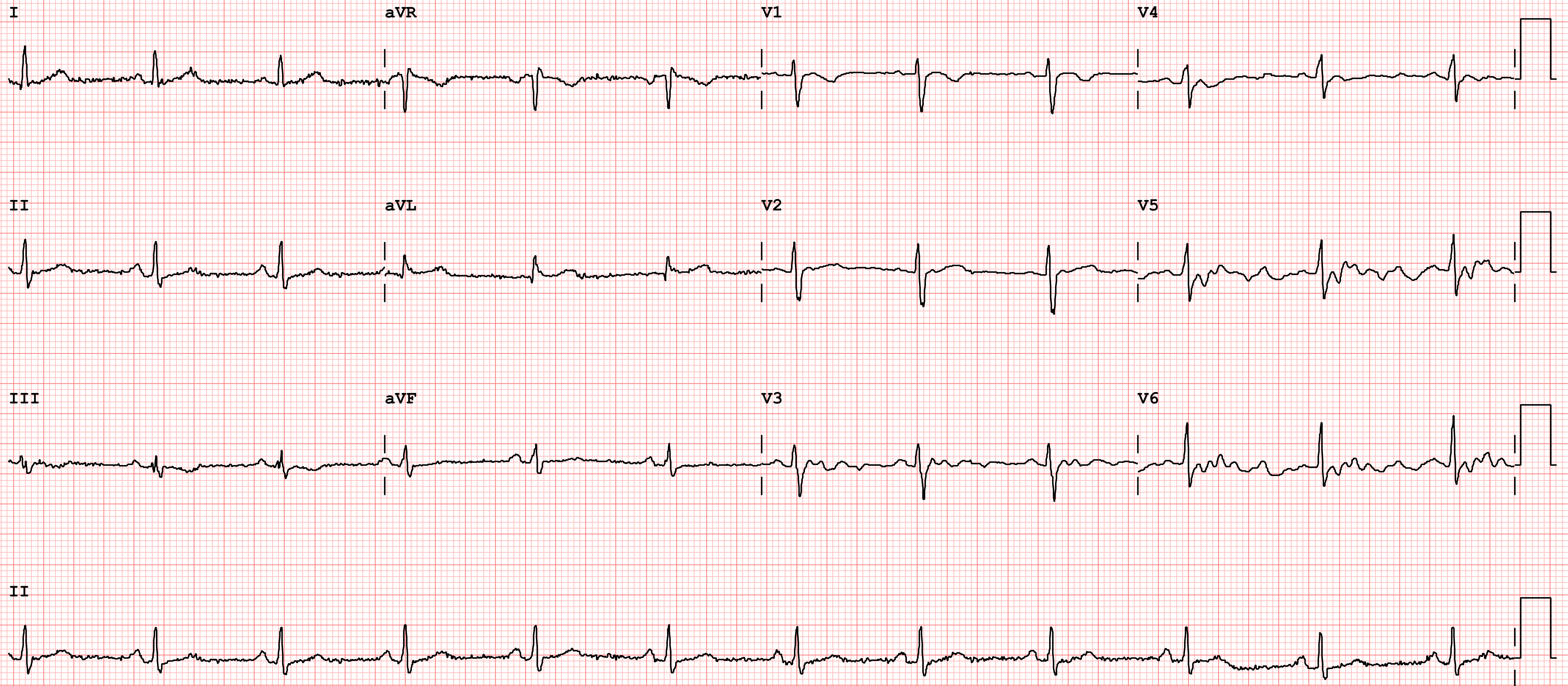
QRS 19

T 11

12 Lead; Standard Placement

- ABNORMAL ECG -

Unconfirmed Diagnosis



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

F 60~ 0.15-100 Hz

100B CL

P?

Human Care Medical Charitable Trust

Registered Office: Sector-6, Dwarka, New Delhi 110 075

Department Of Laboratory Medicine

Name : MRS SUNAINA DUTT **Age** : 40 Yr(s) Sex :Female
Registration No : MH010851564 **Lab No** : 31240100113
Patient Episode : H03000059081 **Collection Date** : 04 Jan 2024 09:08
Referred By : HEALTH CHECK MHD **Reporting Date** : 04 Jan 2024 10:34
Receiving Date : 04 Jan 2024 09:48

Department of Transfusion Medicine (Blood Bank)

BLOOD GROUPING, RH TYPING & ANTIBODY SCREEN (TYPE & SCREEN)
Specimen-Blood

Blood Group & Rh Typing (Agglutination by gel/tube technique)

Blood Group & Rh typing B Rh(D) Positive

Antibody Screening (Microtyping in gel cards using reagent red cells)

Final Antibody Screen Result Negative

Technical Note:

ABO grouping and Rh typing is done by cell and serum grouping by microplate / gel technique. Antibody screening is done using a 3 cell panel of reagent red cells coated with Rh, Kell, Duffy, Kidd, Lewis, P, MNS, Lutheran and Xg antigens using gel technique.

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-----END OF REPORT-----



Dr Himanshu Lamba

Human Care Medical Charitable Trust

Registered Office: Sector-6, Dwarka, New Delhi 110 075

Department Of Laboratory Medicine

Name : MRS SUNAINA DUTT **Age** : 40 Yr(s) Sex :Female
Registration No : MH010851564 **Lab No** : 32240101236
Patient Episode : H03000059081 **Collection Date** : 04 Jan 2024 09:07
Referred By : HEALTH CHECK MHD **Reporting Date** : 04 Jan 2024 10:54
Receiving Date : 04 Jan 2024 09:38

BIOCHEMISTRY

Specimen: EDTA Whole blood

HbA1c (Glycosylated Hemoglobin) 5.7 % As per American Diabetes Association (ADA) 2010 [4.0-6.5]
HbA1c in %
Non diabetic adults : < 5.7 %
Prediabetes (At Risk) : 5.7 % - 6.4 %
Diabetic Range : > 6.5 %
Methodology High-Performance Liquid Chromatography (HPLC)
Estimated Average Glucose (eAG) 117 mg/dl

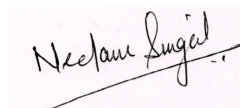
Use :
1. Monitoring compliance and long-term blood glucose level control in patients with diabetes.
2. Index of diabetic control (direct relationship between poor control and development of complications).
3. Predicting development and progression of diabetic microvascular complications.

Limitations :
1. A1C values may be falsely elevated or decreased in those with chronic kidney disease.
2. False elevations may be due in part to analytical interference from carbamylated hemoglobin formed in the presence of elevated concentrations of urea, with some assays.
3. False decreases in measured A1C may occur with hemodialysis and altered red cell turnover, especially in the setting of erythropoietin treatment

References : Rao.L.V., Michael Snyder.L. (2021). Wallach's Interpretation of Diagnostic Tests. 11th Edition. Wolterkluwer. Nader Rifai, Andrea Rita Horvath, Carl T. Wittwer. (2018) Teitz Text book of Clinical Chemistry and Molecular Diagnostics. First edition, Elsevier, South Asia.

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-----END OF REPORT-----



Dr. Neelam Singal
CONSULTANT BIOCHEMISTRY

Human Care Medical Charitable Trust

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Department Of Laboratory Medicine

Name : MRS SUNAINA DUTT **Age** : 40 Yr(s) Sex :Female
Registration No : MH010851564 **Lab No** : 32240101236
Patient Episode : H03000059081 **Collection Date** : 04 Jan 2024 09:07
Referred By : HEALTH CHECK MHD **Reporting Date** : 04 Jan 2024 11:07
Receiving Date : 04 Jan 2024 09:35

BIOCHEMISTRY

THYROID PROFILE, Serum

Specimen Type : Serum

T3 - Triiodothyronine (ECLIA)	1.120	ng/ml	[0.800-2.040]
T4 - Thyroxine (ECLIA)	8.200	µg/dl	[5.500-11.000]
Thyroid Stimulating Hormone (ECLIA)	6.620 #	µIU/mL	[0.340-4.250]
1st Trimester:0.6 - 3.4	micIU/mL		
2nd Trimester:0.37 - 3.6	micIU/mL		
3rd Trimester:0.38 - 4.04	micIU/mL		

Note : TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm.Factors such as change of seasons hormonal fluctuations,Ca or Fe supplements,high fibre diet,stress and illness affect TSH results.

* References ranges recommended by the American Thyroid Association

1) Thyroid. 2011 Oct;21(10):1081-125.PMID .21787128

2) <http://www.thyroid-info.com/articles/tsh-fluctuating.html>

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Name : MRS SUNAINA DUTT **Age** : 40 Yr(s) Sex :Female
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Receiving Date : 04 Jan 2024 09:35

BIOCHEMISTRY

Lipid Profile (Serum)

TOTAL CHOLESTEROL (CHOD/POD)	170	mg/dl	[<200] Moderate risk:200-239 High risk:>240
TRIGLYCERIDES (GPO/POD)	100	mg/dl	[<150] Borderline high:151-199 High: 200 - 499 Very high:>500
HDL - CHOLESTEROL (Direct)	73 #	mg/dl	[30-60]
Methodology: Homogenous Enzymatic			
VLDL - Cholesterol (Calculated)	20	mg/dl	[10-40]
(CALCULATED) LDL- CHOLESTEROL	77	mg/dl	[<100] Near/Above optimal-100-129 Borderline High:130-159 High Risk:160-189
T.Chol/HDL.Chol ratio	2.3		<4.0 Optimal 4.0-5.0 Borderline >6 High Risk
LDL.CHOL/HDL.CHOL Ratio	1.1		<3 Optimal 3-4 Borderline >6 High Risk

Note:
Reference ranges based on ATP III Classifications.
Recommended to do fasting Lipid Profile after a minimum of 8 hours of overnight fasting.

Technical Notes:
Lipid profile is a panel of blood tests that serves as initial broad medical screening tool for abnormalities in lipids, the results of these tests can identify certain genetic

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Patient Episode : H03000059081 **Collection Date** : 04 Jan 2024 09:07
Referred By : HEALTH CHECK MHD **Reporting Date** : 04 Jan 2024 11:00
Receiving Date : 04 Jan 2024 09:35

BIOCHEMISTRY

diseases and determine approximate risks for cardiovascular disease, certain forms of pancreatitis and other diseases.

Test Name	Result	Unit	Biological Ref. Interval
LIVER FUNCTION TEST (Serum)			
BILIRUBIN-TOTAL (Diazonium Ion)	0.34	mg/dl	[0.10-1.20]
BILIRUBIN - DIRECT (Diazotization)	0.15	mg/dl	[0.00-0.30]
BILIRUBIN - INDIRECT (Calculated)	0.19 #	mg/dl	[0.20-1.00]
SGOT/ AST (UV without P5P)	26.8	U/L	[10.0-35.0]
SGPT/ ALT (UV without P5P)	24.6	U/L	[0.0-33.0]
ALP (p-NPP,kinetic)*	96	U/L	[37-98]
TOTAL PROTEIN (Biuret)	7.4	g/dl	[6.0-8.2]
SERUM ALBUMIN (BCG-dye)	4.3	g/dl	[3.5-5.2]
SERUM GLOBULIN (Calculated)	3.1	g/dl	[1.8-3.4]
ALB/GLOB (A/G) Ratio(Calculated)	1.39		[1.10-1.80]

Technical Notes:

Liver function test aids in diagnosis of various pre hepatic, hepatic and post hepatic causes of dysfunction like hemolytic anemia's, viral and alcoholic hepatitis and cholestasis of obstructive causes.

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Registration No : MH010851564 **Lab No** : 32240101236
Patient Episode : H03000059081 **Collection Date** : 04 Jan 2024 09:07
Referred By : HEALTH CHECK MHD **Reporting Date** : 04 Jan 2024 11:01
Receiving Date : 04 Jan 2024 09:35

BIOCHEMISTRY

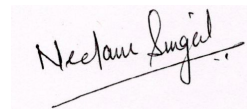
Test Name	Result	Unit	Biological Ref. Interval
KIDNEY PROFILE (Serum)			
BUN (Urease/GLDH)	9.00	mg/dl	[6.00-20.00]
SERUM CREATININE (Jaffe's method)	0.69	mg/dl	[0.60-1.40]
SERUM URIC ACID (Uricase)	2.8	mg/dl	[2.6-6.0]
SERUM CALCIUM (NM-BAPTA)	9.34	mg/dl	[8.00-10.50]
SERUM PHOSPHORUS (Molybdate, UV)	3.2	mg/dl	[2.5-4.5]
SERUM SODIUM (ISE)	141.0	mmol/l	[134.0-145.0]
SERUM POTASSIUM (ISE)	4.28	mmol/l	[3.50-5.20]
SERUM CHLORIDE (ISE Indirect)	105.6 #	mmol/L	[95.0-105.0]
eGFR	109.2	ml/min/1.73sq.m	[>60.0]

Technical Note

eGFR which is primarily based on Serum Creatinine is a derivation of CKD-EPI 2009 equation normalized to 1.73 sq.m BSA and is not applicable to individuals below 18 years. eGFR tends to be less accurate when Serum Creatinine estimation is indeterminate e.g. patients at extremes of muscle mass, on unusual diets etc. and samples with severe Hemolysis / Icterus / Lipemia.

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-----END OF REPORT-----



Dr. Neelam Singal
CONSULTANT BIOCHEMISTRY

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Name : MRS SUNAINA DUTT **Age** : 40 Yr(s) Sex :Female
Registration No : MH010851564 **Lab No** : 32240101237
Patient Episode : H03000059081 **Collection Date** : 04 Jan 2024 13:14
Referred By : HEALTH CHECK MHD **Reporting Date** : 04 Jan 2024 14:53
Receiving Date : 04 Jan 2024 13:59

BIOCHEMISTRY

Specimen Type : Plasma

PLASMA GLUCOSE - PP

Plasma GLUCOSE - PP (Hexokinase) 98 mg/dl [70-140]

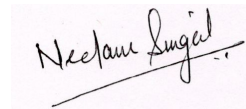
Note : Conditions which can lead to lower postprandial glucose levels as compared to fasting glucose are excessive insulin release, rapid gastric emptying, brisk glucose absorption , post exercise

Specimen Type : Serum/Plasma

Plasma GLUCOSE-Fasting (Hexokinase) 92 mg/dl [74-106]

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-----END OF REPORT-----



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Department Of Laboratory Medicine

Name : MRS SUNAINA DUTT **Age** : 40 Yr(s) Sex :Female
Registration No : MH010851564 **Lab No** : 33240100838
Patient Episode : H03000059081 **Collection Date** : 04 Jan 2024 09:08
Referred By : HEALTH CHECK MHD **Reporting Date** : 04 Jan 2024 10:56
Receiving Date : 04 Jan 2024 09:38

HAEMATOLOGY

ERYTHROCYTE SEDIMENTATION RATE (Automated) Specimen-Whole Blood

ESR 7.0 mm/1sthour [0.0-20.0]

Interpretation :

Erythrocyte sedimentation rate (ESR) is a non-specific phenomena and is clinically useful in the diagnosis and monitoring of disorders associated with an increased production of acute phase reactants (e.g. pyogenic infections, inflammation and malignancies). The ESR is increased in pregnancy from about the 3rd month and returns to normal by the 4th week postpartum.

ESR is influenced by age, sex, menstrual cycle and drugs (eg. corticosteroids, contraceptives).

It is especially low (0 -1mm) in polycythemia, hypofibrinogenemia or congestive cardiac failure and when there are abnormalities of the red cells such as poikilocytosis, spherocytosis or sickle cells.

Test Name	Result	Unit	Biological Ref. Interval
COMPLETE BLOOD COUNT (EDTA Blood)			
WBC Count (Flow cytometry)	6220	/cu.mm	[4000-10000]
RBC Count (Impedence)	4.37	million/cu.mm	[3.80-4.80]
Haemoglobin (SLS Method)	11.9 #	g/dL	[12.0-15.0]
Haematocrit (PCV) (RBC Pulse Height Detector Method)	36.7	%	[36.0-46.0]
MCV (Calculated)	84.0	fL	[83.0-101.0]
MCH (Calculated)	27.2	pg	[25.0-32.0]
MCHC (Calculated)	32.4	g/dL	[31.5-34.5]
Platelet Count (Impedence)	176000	/cu.mm	[150000-410000]
RDW-CV (Calculated)	15.1 #	%	[11.6-14.0]
DIFFERENTIAL COUNT			
Neutrophils (Flowcytometry)	74.9	%	[40.0-80.0]
Lymphocytes (Flowcytometry)	10.5 #	%	[20.0-40.0]

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Registration No : MH010851564 **Lab No** : 33240100838
Patient Episode : H03000059081 **Collection Date** : 04 Jan 2024 09:08
Referred By : HEALTH CHECK MHD **Reporting Date** : 04 Jan 2024 09:46
Receiving Date : 04 Jan 2024 09:38

HAEMATOLOGY

Monocytes (Flowcytometry)	11.7 #	%	[2.0-10.0]
Eosinophils (Flowcytometry)	2.3	%	[1.0-6.0]
Basophils (Flowcytometry)	0.6 #	%	[1.0-2.0]
IG	0.20	%	
Neutrophil Absolute(Flourescence flow cytometry)	4.7	/cu mm	[2.0-7.0]x10 ³
Lymphocyte Absolute(Flourescence flow cytometry)	0.7 #	/cu mm	[1.0-3.0]x10³
Monocyte Absolute(Flourescence flow cytometry)	0.7	/cu mm	[0.2-1.2]x10 ³
Eosinophil Absolute(Flourescence flow cytometry)	0.1	/cu mm	[0.0-0.5]x10 ³
Basophil Absolute(Flourescence flow cytometry)	0.0	/cu mm	[0.0-0.1]x10 ³

Complete Blood Count is used to evaluate wide range of health disorders, including anemia, infection, and leukemia. Abnormal increase or decrease in cell counts as revealed may indicate that an underlying medical condition that calls for further evaluation.

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-----END OF REPORT-----



Dr.Himansha Pandey

Human Care Medical Charitable Trust

Registered Office: Sector-6, Dwarka, New Delhi 110 075

Department Of Laboratory Medicine

Name : MRS SUNAINA DUTT **Age** : 40 Yr(s) Sex :Female
Registration No : MH010851564 **Lab No** : 38240100204
Patient Episode : H03000059081 **Collection Date** : 04 Jan 2024 09:08
Referred By : HEALTH CHECK MHD **Reporting Date** : 04 Jan 2024 13:49
Receiving Date : 04 Jan 2024 10:46

CLINICAL PATHOLOGY

Test Name	Result	Biological Ref. Interval
ROUTINE URINE ANALYSIS		
MACROSCOPIC DESCRIPTION		
Colour (Visual)	PALE YELLOW	(Pale Yellow - Yellow)
Appearance (Visual)	CLEAR	
CHEMICAL EXAMINATION		
Reaction[pH] (Reflectancephotometry (Indicator Method))	7.0	(5.0-9.0)
Specific Gravity (Reflectancephotometry (Indicator Method))	1.005	(1.003-1.035)
Bilirubin	Negative	NEGATIVE
Protein/Albumin (Reflectance photometry (Indicator Method)/Manual SSA)	Negative	(NEGATIVE-TRACE)
Glucose (Reflectance photometry (GOD-POD/Benedict Method))	NOT DETECTED	(NEGATIVE)
Ketone Bodies (Reflectance photometry (Legal's Test)/Manual Rotheras)	NOT DETECTED	(NEGATIVE)
Urobilinogen Reflectance photometry/Diazonium salt reaction	NORMAL	(NORMAL)
Nitrite Reflectance photometry/Griess test	NEGATIVE	NEGATIVE
Leukocytes Reflectance photometry/Action of Esterase	NIL	NEGATIVE
BLOOD (Reflectance photometry (peroxidase))	NIL	NEGATIVE
MICROSCOPIC EXAMINATION (Manual) Method: Light microscopy on centrifuged urine		
WBC/Pus Cells	1-2 /hpf	(4-6)
Red Blood Cells	NIL	(1-2)
Epithelial Cells	1-2 /hpf	(2-4)
Casts	NIL	(NIL)
Crystals	NIL	(NIL)
Bacteria	NIL	
Yeast cells	NIL	

Interpretation:

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CLINICAL PATHOLOGY

URINALYSIS--Routine urine analysis assists in screening and diagnosis of various metabolic , urological, kidney and liver disorders

Protein: Elevated proteins can be an early sign of kidney disease. Urinary protein excretion can also be temporarily elevated by strenuous exercise, orthostatic proteinuria, dehydration, urinary tract infections and acute illness with fever

Glucose: Uncontrolled diabetes mellitus can lead to presence of glucose in urine.

Other causes include pregnancy, hormonal disturbances, liver disease and certain medications.

Ketones: Uncontrolled diabetes mellitus can lead to presence of ketones in urine.

Ketones can also be seen in starvation, frequent vomiting, pregnancy and strenuous exercise.

Blood: Occult blood can occur in urine as intact erythrocytes or haemoglobin, which can occur in various urological, nephrological and bleeding disorders.

Leukocytes: An increase in leukocytes is an indication of inflammation in urinary tract or kidneys. Most Common cause is bacterial urinary tract infection.

Nitrite: Many bacteria give positive results when their number is high. Nitrite concentration during infection increases with length of time the urine specimen is retained in bladder prior to collection.

pH: The kidneys play an important role in maintaining acid base balance of the body. Conditions of the body producing acidosis/alkalosis or ingestion of certain type of food can affect the pH of urine.

Specific gravity: Specific gravity gives an indication of how concentrated the urine is. Increased Specific gravity is seen in conditions like dehydration, glycosuria and proteinuria while decrease

Specific gravity is seen in excessive fluid intake, renal failure and diabetes insipidus.

Bilirubin: In certain liver diseases such as biliary obstruction or hepatitis, bilirubin gets excreted in urine.

Urobilinogen: Positive results are seen in liver diseases like hepatitis and cirrhosis and in case of hemolytic anemia.

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-----END OF REPORT-----



Dr.Himansha Pandey

Name: **SUNAINA DUTT**

Hospital No: MH010851564

Age: 40 Sex: F

Episode No: H03000059081

Doctor: Health Check MHD

Result Date: 04 Jan 2024 17:12

Order: Tread Mill Test

EXERCISE STRESS TEST REPORT (TMT)

Findings:

Baseline ECG NSR
Premedications Nil

Protocol	Bruce	MPHR	180
Duration of exercise	08 Minutes 07 sec	85% OF MPHR	153
Reason for termination	THR achieved	METS	10.10
Peak achieved	153	%of MPHR achieved	85%

Stage	Time	Heart rate (bpm)	BP (mmHg)	ECG(ST/T changes/arrhythmia)	Symptom
Control	0.00	75	110/80	No ST-T changes	Nil
Stage I	3.00	98	110/80	No ST-T changes	Nil
Stage II	3.00	116	130/80	No ST-T changes	Nil
Stage III	2.07	153	140/80	No ST-T changes	Nil
Recovery	3.00	90	140/80	No ST-T changes	Nil

Result:

- Normal heart rate and BP response.
- No significant ST-T changes were seen during exercise or recovery period.
- No symptomatic of angina/ chest pain during the test
- No significant arrhythmia during the test

FINAL IMPRESSION.

- Exercise stress test is **Negative** for reversible myocardial Ischemia.
- Good effort tolerance.
Please correlate clinically.

Name: **SUNAINA DUTT**

Hospital No: MH010851564

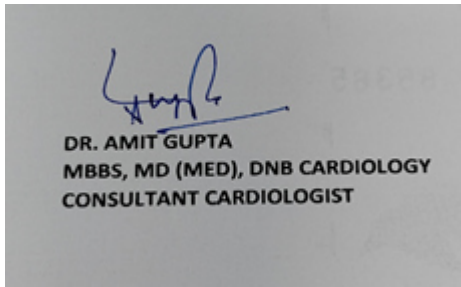
Age: 40 Sex: F

Episode No: H03000059081

Doctor: Health Check MHD

Result Date: 04 Jan 2024 17:12

Order: Tread Mill Test



Dr. Amit Gupta
CONSULTANT



NAME	MRS Sunaina DUTT	STUDY DATE	04/01/2024 10:06AM
AGE / SEX	40 y / F	HOSPITAL NO.	MH010851564
ACCESSION NO.	R6661781	MODALITY	US
REPORTED ON	04/01/2024 12:30PM	REFERRED BY	Health Check MHD

USG WHOLE ABDOMEN

Results:

Liver is enlarged in size (~16.2 cm) and normal in echopattern. No focal intra-hepatic lesion is detected. Intra-hepatic biliary radicals are not dilated. Portal vein is normal in calibre.

Gall bladder appears echofree with normal wall thickness. Common bile duct is normal in calibre.

Pancreas is normal in size and echopattern.

Spleen is normal in size and echopattern.

Both kidneys are normal in position, size (RK ~10.0 x 3.9 cm and LK ~9.7 x 4.5 cm) and outline. Cortico-medullary differentiation of both kidneys is maintained. Central sinus echoes are compact. No focal lesion or calculus seen. Bilateral pelvicalyceal systems are not dilated.

Urinary bladder is normal in wall thickness with clear contents. No significant intra or extraluminal mass is seen.

Uterus is anteverted. It is normal in size (~8.2 x 4.7 x 3.8 cm). **Tiny fibroid seedling measuring ~8 mm is seen in anterior myometrium. Endometrium is central and measures 9.8 mm. Cervix is bulky measuring 39 x 38 mm.**

Both ovaries are normal in size and echopattern.

Right ovary measures ~2.9 x 2.1 cm

Left ovary measures ~2.7 x 2.1 cm.

No significant free fluid is detected.

IMPRESSION:

- **Hepatomegaly.**
- **Uterine fibroid seedling.**
- **Bulky cervix.**

Kindly correlate clinically



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Human Care Medical Charitable Trust



Sector-6, Dwarka, New Delhi 110 075

GST: 07AAAAH3917LIZM

PAN NO: AAAAH3917L

NAME	MRS Sunaina DUTT	STUDY DATE	04/01/2024 10:06AM
AGE / SEX	40 y / F	HOSPITAL NO.	MH010851564
ACCESSION NO.	R6661781	MODALITY	US
REPORTED ON	04/01/2024 12:30PM	REFERRED BY	Health Check MHD

Dr. Roly Srivastava MBBS, DNB DMC No.45626

CONSULTANT RADIOLOGIST

*****End Of Report*****



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Human Care Medical Charitable Trust



Sector-6, Dwarka, New Delhi 110 075

GST: 07AAAAH3917LIZM

PAN NO: AAAAH3917L

NAME	MRS Sunaina DUTT	STUDY DATE	04/01/2024 8:59AM
AGE / SEX	40 y / F	HOSPITAL NO.	MH010851564
ACCESSION NO.	R6661782	MODALITY	CR
REPORTED ON	04/01/2024 4:29PM	REFERRED BY	Health Check MHD

X-RAY CHEST - PA VIEW

Results:

Visualized lung fields appear clear.

Both hilar shadows appear normal.

Cardiothoracic ratio is within normal limits.

Both hemidiaphragmatic outlines appear normal.

Both costophrenic angles are clear.

Kindly correlate clinically.

Dr. Nipun Gumber MBBS, MD DMC No.90272

ASSOCIATE CONSULTANT

*******End Of Report*******



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NABL Accredited Hospital
MC/3228/04/09/2019-03/09/2021



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E-2019-0026/27/07/2019-26/07/2021



Awarded Nursing Excellence Services
N-2019-0113/27/07/2019-26/07/2021



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