



Balaji Medical Centre

An ISO 9001:2015 Accredited Organization
info@balajimedicalcentre.com, dr@balajimedicalcentre.com



CHENNAI : No.5 (3/2), Jagadeeswaran Street, T.Nagar, Chennai-600 017. INDIA ☎ : 044-24364651 / 52 / 53
No.38, Manikodi Srinivasan Nagar Main Road, Rajiv Gandhi Salai, Perungudi, Chennai-600 096. INDIA ☎ : 044-29865513 / 14

TUTICORIN : Plot No.51, Door No.20/10, Roche Colony, South Beach Road, Tuticorin - 628 001.INDIA ☎ : 0461-2332719 / 20

CUDDALORE : No.26, Dowlath Nagar, Semmandalam, Cuddalore - 607001.INDIA ☎ : 04142-202150,203150

KOCHI : No.66/2345A, Veekshnam Road, Ernakulam, Kochi-682018 . INDIA ☎ : 0484-2395006 / 07 / 08

VIZAG : Door No.39-11- 63/4-1, Murali Nagar, Visakhapatnam, Andhra Pradesh-530 007. INDIA ☎ : 0891-2710299 / 399

MANGALORE : Shop No.5, Door No.1-65/31, Kulur-Kavoor Airport Road, Vivek Nagar, Panjimogaru, Mangalore-575 013.INDIA ☎ : 0824-2972719 / 20.

KAKINADA : 70-17-15/1, RR Nagar, Road No.2, Kakinada, Andhra Pradesh -533003.INDIA ☎ : 0884-2345555, 0884-3500132.

PHYSICAL EXAMINATION

Date Of Exam : 08/07/2023 REG. NO: K023070000283

Name : Ms.SHAHIDA A (59/ Male)

Type Of Exam : UNION BANK OF INDIA

Reference : DR.A.H.BALAJI

The doctor has examined this client at Balaji Medical Centre for updated Physical examination and found the following.

Blood Pressure : 140/80mmHg
Pulse : 66/mt
Respiration Rate : 16/mt
Height : 148 Cms
Weight : 64.3 Kgs
BMI : 29.4 kg/m²

Dr. RAJENDRAN VELLACHALIL KUNJAN
Reg. No. : 15123
Approval No: KRL / KCH / 23 / 2022

“HEALTHIER MARINERS TOWARDS A WEALTHIER NATION”



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Reg.No: KO23070000283

Date: 08/07/2023

MEDICAL FITNESS CERTIFICATE

This is to certify that i have examined, Ms.SHAHIDA A
who is found to be medically **fit**. She is not found to be suffering from
any contagious disease or ailment. She is **fit** to perform her duty.


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LABORATORY REPORT

Reg.No: KO23070000283

Date : 08/07/2023

Name : Ms.SHAHIDA A
Age : 59 Yrs
Ref By : DR.A.H.BALAJI

Sex : Male

COMPLETE BLOOD COUNT (CBC)

INVESTIGATION	OBSERVED VALUE	UNIT	BIOLOGICAL REFERENCE INTERVAL
ERYTHROCYTE (RBC) COUNT	5.0	mill/cu.mm	4.7-6.0
HAEMOGLOBIN (Hb)	13.6	gm/dl	13.5-18
PCV (PACKED CELL VOLUME)	44.0	%	42-52
MCV (MEAN CORPUSCULAR VOLUME)	82.0	fl	78-100
MCH (MEAN CORPUSCULAR HAEMOGLOBIN)	29.0	pg	27-31
MCHC (MEAN CORPUSCULAR Hb CONCN.)	36.0	g/dl	32-36
RDW (RED CELL DISTRIBUTION WIDTH)	13.0	%	11.5-14.0
TOTAL LEUCOCYTES (WBC) COUNT	7000	Cells /cu.mm	4000-10500
ABSOLUTE NEUTROPHILS COUNT	3990	/c.mm	2000-7000
ABSOLUTE LYMPHOCYTE COUNT	2520	/c.mm	1000-3000
ABSOLUTE MONOCYTE COUNT	210	/c.mm	200-1000
ABSOLUTE EOSINOPHIL COUNT	210	/c.mm	20-500
ABSOLUTE BASOPHIL COUNT	70	/c.mm	20-100
NEUTROPHILS	57.0	%	40-80
LYMPHOCYTES	36.0	%	20-40
MONOCYTES	3.0	%	2.0-10
EOSINOPHILS	3.0	%	1-6
BASOPHILS	1.0	%	0-2
PLATELET COUNT	2.0	10 ³ /μl	1.50-4.50
MPV (MEAN PLATELET VOLUME)	7.0	fL	6-9.5
PCT (PLATELET HAEMATOCRIT)	0.2	%	0.2-0.5
PDW (PLATELET DISTRIBUTION WIDTH)	16	%	9-17

Dr. RAJENDRAN VELLACHALAN
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Reg.No: KO23070000283

Date : 08/07/2023

Name : Ms.SHAHIDA A
Age : 59Yrs
Sex Ref By : DR.A.H.BALAJI

ROUTINE EXAMINATION URINE			
INVESTIGATION	OBSERVED VALUE	UNIT	BIOLOGICAL REFERENCE INTERVAL
GENERAL EXAMINATION:			
COLOUR	PALE YELLOW		PALE YELLOW
APPEARANCE	CLEAR		CLEAR
REACTION (pH)	6.0		4.5 - 8
SPECIFIC GRAVITY	1.020		1.010 - 1.030
CHEMICAL EXAMINATION (AUTOMATED DIPSTICK METHOD):			
URINE PROTEIN(ALBUMIN)	ABSENT		ABSENT
URINE GLUCOSE(SUGAR)	ABSENT		ABSENT
URINE KETONES(ACETONE)	ABSENT		ABSENT
BILE SALTS	ABSENT		ABSENT
BILE PIGMENTS	ABSENT		ABSENT
UROBILINOGEN	NORMAL		NORMAL
NITRITE	NEGATIVE		NEGATIVE
MICROSCOPIC EXAMINATION			
RED BLOOD CELLS	NIL	/hpf	0 - 2
PUS CELLS (WBCs)	1-2	/hpf	0 - 5
EPITHELIAL CELLS	1-2	/hpf	0 - 5
CRYSTALS	ABSENT	/hpf	ABSENT
CAST	ABSENT	/hpf	ABSENT
AMORPHOUS DEPOSITS	ABSENT	/hpf	ABSENT
BACTERIA	ABSENT	/hpf	ABSENT

Dr. RAJENDRAN VELLACHALIL KUNJAN

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Reg.No: KO23070000283

LABORATORY REPORT

Date : 08/07/2023

Name : Ms.SHAHIDA A

Age : 58 YRS

Sex : Male

Ref By : DR. A.H.BALAJI

INVESTIGATION	OBSERVED VALUE	UNIT	BIOLOGICAL REFERENCE INTERVAL
ESR – Erythrocyte Sedimentation Rate (EDTA Whole Blood, Automated-Capillary photometry aggregation/ Manual – Westergrens method)	08	mm/hr	0-15

Method: Automated Westergren

Interpretation;

1. It indicates presence and intensity of an inflammatory process, never diagnosis of a specific disease, Chance are more significant than a single abnormal test.
2. It is a prognostic test and used to monitor the course or response to treatment of diseases like tuberculosis, bacterial endocarditis, acute rheumatic fever, rheumatoid arthritis, SLE, Hodgkins disease, temporal arteritis, polymyalgia rheumatica.
3. It is also increased in pregnancy, multiple myeloma, menstruation and hypothyroidism.

Remark: ESR Performed using capillary photometric aggregation (for automated analysis) & westergrens (for manual testing).


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LABORATORY REPORT

Reg.No: KO23070000283

Date : 08/07/2023

Sex : Male

Name : Ms.SHAHIDA A
Age : 59 Yrs
Reference : UNION BANK OF INDIA
Ref By : DR.A.H.BALAJI,

<u>BIO-CHEMISTRY</u>	<u>Value/Result</u>	<u>Units</u>	<u>Reference Interval</u>
BUN	: 13	mg/dL	6-21
Creatinine	: 0.8	mg/dL	0.2-1.0
Uric Acid	: 5.2	mg/dL	3.0-7.0
Urea	: 26	mg/dL	15-40
Glucose (F)	: 95	mg/dL	70-110


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LABORATORY REPORT

DATE: 08/07/2023

Sex: Male

Name : Ms.SHAHIDA A :
Age : 59 Yrs
Reference : UNION BANK OF INDIA
Ref By : DR. A.H. BALAJI

HAEMOTOLOGY

Blood Group & Rh Type : "B" POSITIVE


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LABORATORY REPORT

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Name : Ms.SHAHIDA A

Date : 08/07/2023

Age : 59 yrs

Sex : Male

Reference : UNION BANK OF INDIA

Ref By : DR. A.H.BALAJI

LIVER FUNCTION TEST

<u>TEST</u>	<u>PATIENT'S</u>	<u>UNITS</u>	<u>NORMAL INTERVAL</u>	
			<u>VALUES</u>	<u>FROM</u>
Serum Bilirubin (Total)	0.1	mg/dl	0.2	1.2
Serum Bilirubin (Direct)	0.2	mg/dl	-	<0.3
Serum Bilirubin (Indirect)	0.8	mg/dl	0.1	1
Serum G. P. T.	31	U/L	10	40
Serum G. O. T.	22	U/L	10	42
Serum Gamma G.T.	27	U/L	4	40
Serum Total Proteins	6.8	gm/dl	6.0	7.8
Albumin	4.3	gm/dl	3.5	5.0
Globulin	2.5	gm/dl	2.6	3.5
ALP	87	U/L	-	<150
Albumin: Globulin Ratio	1.5	-	-	-

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Date : 08/07/2023

Age : 59 yrs

Sex : Male

Reference : UNION BANK OF INDIA

Ref By : DR.A.H. BALAJI

Test Name	Result	Units	Ref.Range
LIPID SCREEN, SERUM (Spectrophotometry)			
Cholesterol	200.00	mg/dL	(<200.00)
Triglycerides	93.00	mg/dL	(<150.00)
HDL Cholesterol	45.00	mg/dL	(40.00-60.00)
LDL Cholesterol, Calculated	99.0	mg/dL	(<100.00)
VLDL Cholesterol, Calculated	18.6	mg/dL	(<30.00)

Note:

- Measurements in the same patient can show physiological & analytical variations. Three serial samples 1 week apart are recommended for Total cholesterol, Triglycerides, HDL & LDL Cholesterol.
- ATP III recommends a complete lipoprotein profile as the initial test for evaluating cholesterol.
- Friedewald equation to calculate LDL cholesterol is most accurate when Triglyceride level is <400 mg/dL. Measurement of Direct LDL cholesterol is recommended when Triglyceride level is >400 mg/dL.

INTERPRETATION	TOTAL CHOLESTEROL in mg/dL	Triglyceride in mg/dL	LDL CHOLESTEROL in mg/dL
Optimal	< 200	<150	<100
Above Optimal	-	-	100-129
Boderline High	200-239	150-199	130-159
High	>=240	200-499	160-189
Very High	-	>=500	>=190

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LABORATORY REPORT

REG.NO:KO23070000283

Name : Ms.SHAHIDA A

Date : 08/07/2023

Age : 59 Yrs

Sex : MALE

Ref By : DR.A.H.BALAJI,

BIOCHEMISTRY

<u>Investigation</u>	<u>Observed Value</u>	<u>Unit</u>	<u>Biological Reference Interval</u>
HbA1C-Glycated Haemoglobin (HPLC)	5.3	%	non-diabetic: <= 5.6 pre-diabetic: 5.7-6.4 Diabetic :> = 6.5
Estimated Average glucose (e AG)	105.41	mg/dl	

INTERPRETATION &REMARK:

- HbA1c is used for monitoring diabetic control.it reflects the estimated average glucose.(eAG)
- HbA1c has been endorsed by clinical group & ADA(American Diabetes Association)guidelines 2017,for diagnosis of diabetes using a cut-off point of 6.5%.
- Trends in HbA1Care a better indicator of diabetic control than a solitary test .
- Low glycated haemoglobin(below4%) in a non-diabetic individual are often associated with systemic inflammatory diseases,chronicanaemia (especially severe iron deficiency &haemolytic),chronic renal failure and liver diseases.clinical correlation suggested.
- To estimate the eAG from the HbA1C value, the following equation is used: $eAG(mg/dl) = 28.7 * A1c - 46.7$
- Interference of heamoglobinopathies in HbA1c estimation.
 - forHbF>25%, an alternate platform (Fructosamine) is recommended for testing of HbA1c
 - Homozygous hemoglobinopathy is detected,fructosamine is recommended for monitoring diabetic status.
 - Herterozygous state detected (D10/turbo is corrected for HbS&HbC trait)
- In known diabetic patients,following values can be considered as a tool for monitoring the glycemic control.Excellent control-6 to 7%,fair to good control -7 to 8%,unsatisfactory control -8 to 10 % and poor control - More than 10%

NOTE :Hemoglobin electrophoresis (HPLC method) is recommended for detecting hemoglobinopathy.

---End of report ---


Dr. RAJENDRAN VELLACHALIL KUNJAN
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Approval No: KRL / KCH / 23 / 2022

“HEALTHIER MARINERS TOWARDS A WEALTHIER NATION”



Balaji Medical Centre

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CHENNAI : No.5 (3/2), Jagadeeswaran Street,T.Nagar,Chennai-600 017. INDIA ☎ : 044-24364651 / 52 / 53
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CUDDALORE : No.26, Dowlath Nagar, Semmandalam, Cuddalore - 607001.INDIA ☎ : 04142-202150,203150
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VIZAG : Door No.39-11- 63/4-1, Murali Nagar, Visakhapatnam,Andhra Pradesh-530 007. INDIA ☎ : 0891-2710299 / 399
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KAKINADA : 70-17-15/1,RR Nagar,Road No.2, Kakinada, Andhra Pradesh -533003.INDIA ☎ : 0884-2345555, 0884-3500132.

LABORATORY REPORT

Name : Ms.SHAHIDA A Reg No: KO23070000283
Age : 59 yrs Date : 08/07/2023
Sex : Male
Reference : UNION BANK OF INDIA
Ref By : DR.A.H. BALAJI

Test Name	Result	Units	Ref.Range
THYROID PROFILE,TOTAL,SERUM (CLIA)			
T3>Total	88.38	ng/dl	(80-200)
T4>Total	6.70	ug/dL	(3.2-12.6)
TSH	1.38	uIU/ml	(0.35-5.50)

Note:1 TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m. and at a Minimum between 6-10pm. The variation is of the order of 50%, hence time of the day has Influence on the measured serum TSH concentrations.

2 Recommended test for T3 and T4 is unbound fraction or free levels as it is metabolically active.

3 Physiological rise in Total T3 /T4 levels is seen in pregnancy and in patients on steroid therapy.

Clinical Use

- Primary Hypothyroidism
- Hyperthyroidism
- Hypothalamic-Pituitary hypothyroidism
- Inappropriate TSH secretion
- Non thyroidal illness
- Autoimmune thyroid disease
- Pregnancy associated thyroid disorders
- Thyroid dysfunction in infancy and early childhood


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REG NO: **KO23070000283**

LABORATORY REPORT

Name : Ms.SHAHIDA A Date : 08/07/2023
Age : 59 Yrs Sex : male
Ref By : DR.A.H. BALAJI

<u>Tests</u>	<u>Value/Results</u>	<u>Units</u>	<u>Reference Interval</u>
<u>PERIPHERAL SMEAR EXAMINATION</u>			
RED BLOOD CELL MORPHOLOGY	: NORMAL		
W B C MORPHOLOGY	: NORMAL		
PLATELET MORPHOLOGY	: NORMAL		

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Reg.No: KO23070000283

ECG REPORT

Date: 08/07/2023

Name : Ms.SHAHIDA A

Age : 59 yrs

Sex : Male

Ref By : DR. A.H.BALAJI

Impression : Normal Study.


Dr. RAJENDRAN VELLACHALIL KUNJAN
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Patient Id	KO23070000283	Study Date	08-07-2023
Name	SHAHIDA .A	Description	Female-Whole Abdomen
Age/Sex	59/Year:Female	Ref.Doctor	DR.A.H.BALAJI

Real time B-mode ultrasonography of Abdomen, KUB, Uterus and Ovaries done.

Abdomen

Liver Filled with homogeneous parenchymal echoes. No abscess or mass lesion in the liver.
 Gallbladder walls appeared normal. No calculi seen in the gallbladder.
 Common duct appeared normal. No calculi seen in the common duct.
 Pancreas appeared normal.
 Spleen appeared normal.
 Aorta appeared normal.
 No free fluid in the peritoneal cavity.
 No Para aortic lymphadenopathy.
 Adrenal glands appeared normal.

KUB

Cortex and collecting system of both kidneys appeared normal. No calculi seen.
 Right Kidney measured 4.6 X 3.2 cms.
 Left Kidney measured 9.1 X 3.7cms.
 Both ureters appeared normal. No dilatation seen.
 Bladder appeared normal. Postvoid showed satisfactory emptying of bladder. (Volume = 32 ml)

Pelvis

Trans abdominal sonography of the pelvis done. Normal appearing uterus with homogenous myometrial echoes. Cavity echo appeared normal.

Right Ovary appeared normal. Left Ovary appeared normal.

Both adnexae appeared normal.

Impression

- NORMAL APPEARING LIVER, GALLBLADDER, COMMON DUCT, PANCREAS, SPLEEN, AORTA, BOTH KIDNEYS, BLADDER, UTERUS, BOTH OVARIES.

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