

CERTIFICATE OF MEDICAL FITNESS


This is to certify that I have conducted the clinical examination of

Mr. Abhay K. Ceyla on 29/07/14

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
Medically Fit	<input checked="" type="checkbox"/>
<p style="text-align: center;">With Restrictions Recommendations</p> <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However, the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p> <p>Current Unfit.</p>	
<p>Review after _____ recommended</p> <p>Unfit</p>	

Height: 166cm
Weight: 87.6/kg
Blood Pressure :

Dr.  **APOLLO HEALTH AND LIFESTYLE LTD.**
Medical Officer **APOLLO ONE**
Plot No. 3, Block No. 34, Metro Pillar No. 77
Pusa Road, WEA Karol Bagh
New Delhi-110005

This certificate is not meant for medico-legal purposes

Apollo One (Unit of Apollo Health and Lifestyle Ltd)

Plot no. 3, Block no. 34, Pusa Road, WEA, opposite metro pillar no. 77, Karol Bagh, New Delhi - 110005. Contact Number 011- 40393610 / Helpline No: 1860 500 7788
Emergency: 1066 / Email: ApolloOnePusaRoad@apolloclinic.com

Registered Office: Apollo Health and Lifestyle Limited
7-1-617/A, 615 and 616, Imperial Towers, 7th Floor,
Ameerpet, Hyderabad-500038, U85110TG2000PLC115819

www.apolloclinic.com

Patient Name : Mr.ABHAY KUMAR GUPTA
Age/Gender : 44 Y 11 M 9 D/M
UHID/MR No : CAOP.0000000891
Visit ID : CAOPOPV1129
Ref Doctor : Dr.SELF
Emp/Auth/TPA ID : 637488653918

Collected : 29/Jul/2024 09:07AM
Received : 29/Jul/2024 09:55AM
Reported : 29/Jul/2024 11:07AM
Status : Final Report
Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF HAEMATOLOGY

PERIPHERAL SMEAR , WHOLE BLOOD EDTA

RBCs Show mild anisocytosis, are predominantly Normocytic Normochromic .

WBCs Normal in number and morphology
Differential count is within normal limits

Platelets Adequate in number, verified on smear, large platelets seen
No Hemoparasites seen in smears examined.

Impression Normal peripheral smear study

Advice Clinical correlation

Page 1 of 7



Dr.Shivangi Chauhan
M.B.B.S.,M.D(Pathology)
Consultant Pathologist

SIN No:BED240198527

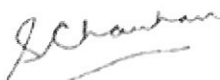


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DEPARTMENT OF HAEMATOLOGY
 ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
HEMOGRAM , WHOLE BLOOD EDTA				
HAEMOGLOBIN	13.7	g/dL	13-17	Spectrophotometer
PCV	41.00	%	40-50	Electronic pulse & Calculation
RBC COUNT	4.41	Million/cu.mm	4.5-5.5	Electrical Impedence
MCV	93	fL	83-101	Calculated
MCH	31.1	pg	27-32	Calculated
MCHC	33.5	g/dL	31.5-34.5	Calculated
R.D.W	15.3	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	6,600	cells/cu.mm	4000-10000	Electrical Impedance
DIFFERENTIAL LEUCOCYTIC COUNT (DLC)				
NEUTROPHILS	65	%	40-80	Electrical Impedance
LYMPHOCYTES	29	%	20-40	Electrical Impedance
EOSINOPHILS	02	%	1-6	Electrical Impedance
MONOCYTES	04	%	2-10	Electrical Impedance
BASOPHILS	00	%	<1-2	Electrical Impedance
ABSOLUTE LEUCOCYTE COUNT				
NEUTROPHILS	4290	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	1914	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	132	Cells/cu.mm	20-500	Calculated
MONOCYTES	264	Cells/cu.mm	200-1000	Calculated
Neutrophil lymphocyte ratio (NLR)	2.24		0.78- 3.53	Calculated
PLATELET COUNT	151000	cells/cu.mm	150000-410000	Electrical impedance
ERYTHROCYTE SEDIMENTATION RATE (ESR)	10	mm at the end of 1 hour	0-15	Modified Westergren
PERIPHERAL SMEAR				


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Test Name	Result	Unit	Bio. Ref. Range	Method
BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA				
BLOOD GROUP TYPE	B			Gel agglutination
Rh TYPE	POSITIVE			Gel agglutination

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DEPARTMENT OF BIOCHEMISTRY
ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, FASTING , NAF PLASMA	99	mg/dL	70-100	GOD - POD

Comment:

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

- Note:**
- The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.
 - Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS , SODIUM FLUORIDE PLASMA (2 HR)	88	mg/dL	70-140	GOD - POD


Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other. Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

Test Name	Result	Unit	Bio. Ref. Range	Method
ALANINE AMINOTRANSFERASE (ALT/SGPT) , SERUM	43	U/L	4-44	JSCC

Comment:

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Dr. Shivangi Chauhan
M.B.B.S, M.D (Pathology)
Consultant Pathologist



SIN No:SE04795059


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ALT elevations are noted in liver parenchymal diseases, leading to injury / destruction of hepatocytes. ALT levels are seen to be elevated even before the signs and symptoms of the liver injury appear. The ALT levels remain high longer in blood as compared to AST levels. And though both the enzymes increase in liver injury, the rise in ALT is more compared to AST, thus also altering the ALT:AST ratio.

Test Name	Result	Unit	Bio. Ref. Range	Method
BILIRUBIN, TOTAL , SERUM	0.60	mg/dL	0.1-1.2	Azobilirubin
BUN/CREATININE RATIO , SERUM				
BLOOD UREA NITROGEN	15.2	mg/dL	8.0 - 23.0	Calculated
CREATININE	0.84	mg/dL	0.6-1.1	ENZYMATIC METHOD
BUN / CREATININE RATIO	18.08			Calculated
CREATININE , SERUM	0.84	mg/dL	0.6-1.1	ENZYMATIC METHOD


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DEPARTMENT OF CLINICAL PATHOLOGY
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Test Name	Result	Unit	Bio. Ref. Range	Method
COMPLETE URINE EXAMINATION (CUE) , URINE				
PHYSICAL EXAMINATION				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Physical measurement
pH	6.5		5-7.5	DOUBLE INDICATOR
SP. GRAVITY	1.030		1.002-1.030	Dipstick
BIOCHEMICAL EXAMINATION				
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GLUCOSE OXIDASE
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING REACTION
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	SODIUM NITRO PRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	MODIFIED EHRlich REACTION
NITRITE	NEGATIVE		NEGATIVE	Griess reaction
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	Diazonium salt
CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY				
PUS CELLS	3-4	/hpf	0-5	Microscopy
EPITHELIAL CELLS	2-3	/hpf	<10	MICROSCOPY
RBC	NIL	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY

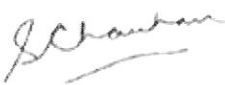
Comment:

All urine samples are checked for adequacy and suitability before examination. All abnormal chemical examination are rechecked and verified by manual methods.

Microscopy findings are reported as an average of 10 high power fields.

*** End Of Report ***

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SIN No:UR2395783



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(CIN - U85110TG2000PLC115819)

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Ph No: 040-4904 7777 | www.apollohl.com | Email ID: enquiry@apollohl.com

www.apollodiagnostics.in

Eye Checkup

NAME: - Abhay Kumar Gupta

Age: - 44 yrs.

Date: 29/07/2024

SELF / CORPORATE: -

	Right Eye	Left Eye
Distant Vision	6/6 (with Spectacles)	6/6 (with Spectacles)
Near vision	6/6	6/6
Color vision	Normal	Normal
Fundus examination	NA	NA
Intraocular pressure	NA	NA
Slit lamp exam	NA	NA

Signature

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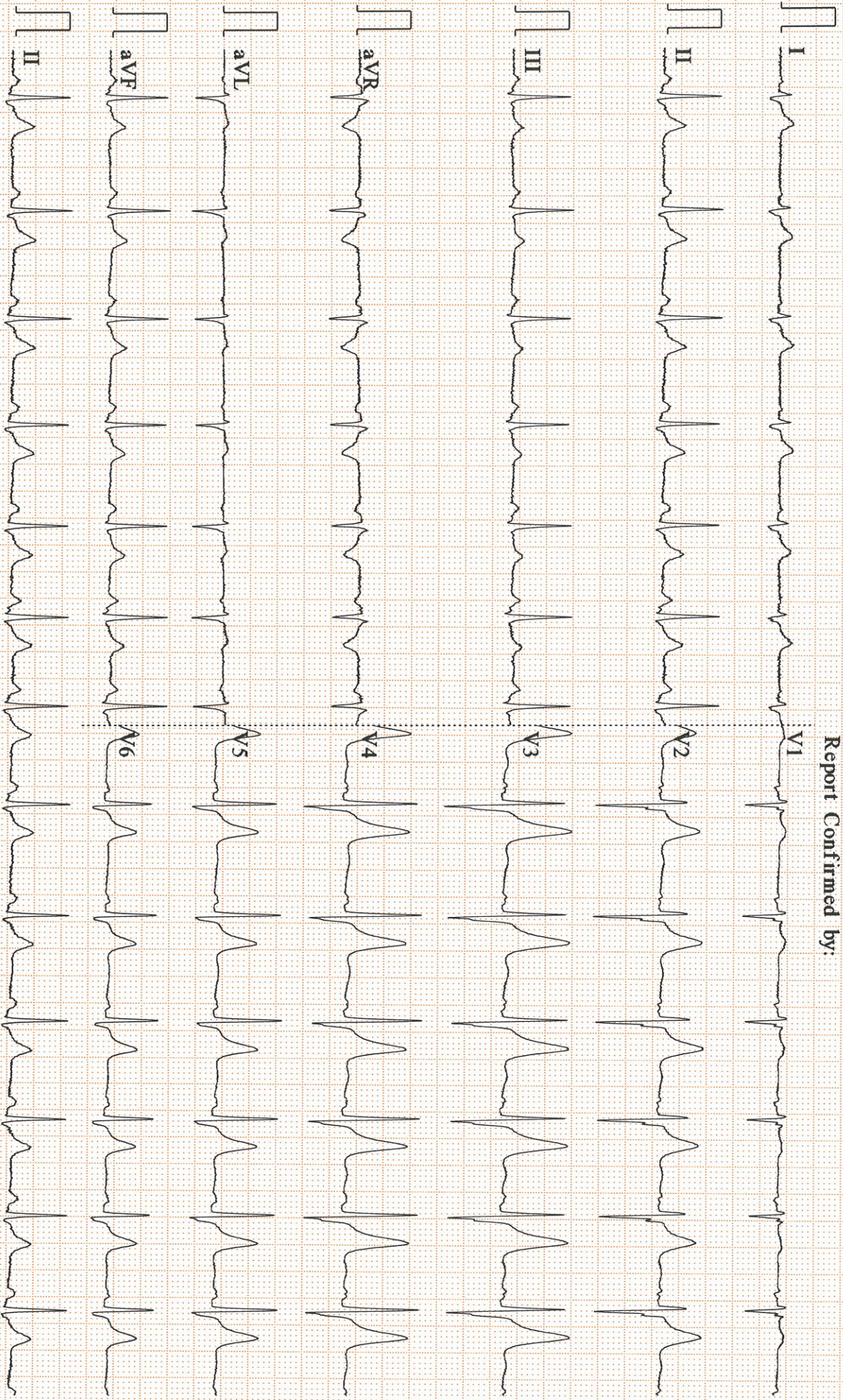
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MR ABHAY KUMAR GUPTA
Male 44 Years
Req. No. :

HR : 80 bpm
P : 95 ms
PR : 137 ms
QRS : 101 ms
QT/QTcBz : 336/390 ms
P/QRS/T : 73/89/57 °
RV5/SV1 : 1.18/0.568 mV

Diagnosis Information:
Sinus Arrhythmia
Incomplete Right Bundle Branch Block

Report Confirmed by:



0.67~45Hz AC50 25mm/s 10mm/mV 2*5.0s+1r V2.23 SEMIP V192 APOLLO HEALTH & LIFESTYLE LIMITED

=====

NAME: ABHAY KUMAR GUPTA
DATE: 29.07.2024
REF. BY:- HEALTH CHECKUP

=====

AGE : 44Y/SEX/M
MR. NO:- CAOP.0000000891
S.NO. :- 1824

=====

X-RAY CHEST PA VIEW

Both lung fields and hila are normal .

No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear .


Both diaphragms are normal in position and contour .

Thoracic wall and soft tissues appear normal.

CONCLUSION :

No obvious abnormality seen

Please correlate clinically and with lab. Investigations


DR. SEEMA PRAJAPATI
SENIOR RESIDENT
RADIOAIGNOSIS

Note: It is only a professional opinion. Kindly correlate clinically.

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Mr. Abhay Kumar Gupta
Age 44y/M

Height : 166 cm	Weight : 81 kg	BMI : 28.5	Waist Circum :
Temp : 98.1 F	Pulse : 87 b/m	Resp : 18 mt	B.P : 119/89 mmHg

General Examination / Allergies
History

Past h/o : N/S
 Sx h/o : N/S
 Allergies : NO -
 Reactions : F - NO
 M - NO
 Diet : Mixed
 Physical : Moderate
 activity
 Covid vaccines @ 2 doses
 Married @ kids
 Addictions : occasional
 smoking
 alcohol

SPO2 98%
Clinical Diagnosis & Management Plan

General health checkup

CBS :
 PR :
 CR :
 PA : Soft BS (A)

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Adv.
 - life style modifications
 - Balanced diet
 - USA abd.
 - KFT, vit. D, vit. B12
 - lipid profile
 - platinum health
 checkup for families
 (2022)

Follow up date:

Doctor Signature