

CERTIFICATE OF MEDICAL FITNESS


This is to certify that I have conducted the clinical examination

of Sagar Gupta on 08/09/2024

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> • Medically Fit 	✓
<ul style="list-style-type: none"> • Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	
<ul style="list-style-type: none"> • Currently Unfit. <p>Review after _____ recommended</p>	
<ul style="list-style-type: none"> • Unfit 	

APOLLO CLINIC - AUNDH
Dr. PRIYANKA LADI
MBBS
Family Physician
Reg. No. 2019065006/2024

Dr. 
Medical Officer
Apollo Clinic, (Aundh, Pune)

This certificate is not meant for medico-legal purposes

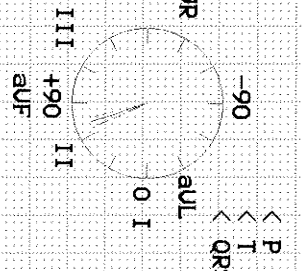
HR 73 bpm

(M) Suresh Raghavan

APOLLO CLINIC - AUNDH
 Dr. PRIYANKA LADI
 MBBS
 Family Physician
(RD)

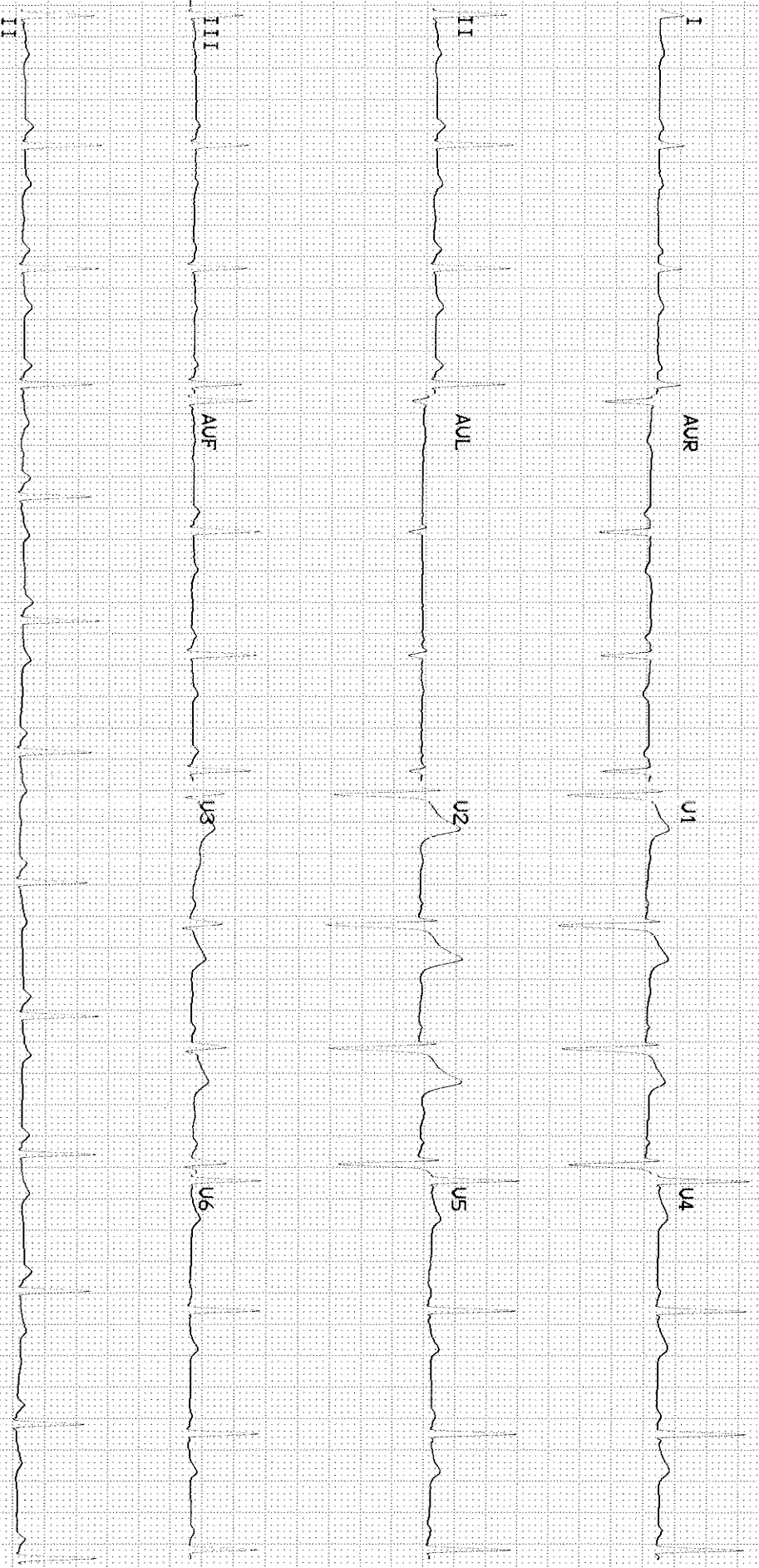
Measurement Results:

QRS	84 ms
QT/QTcB	374 / 413 ms
PR	130 ms
P	98 ms
RR/PP	820 / 840 ms
P/QRS/T	75 / 70 / 65 degrees
QTd/QTcBD	30 / 33 ms
Sokolow	2.6 mV
NK	10



Interpretation:
 normal ECG

Unconfirmed report.



Patient Name : Mr. Sagar Gupta
UHID : CAUN.0000145498
Reported on : 03-09-2024 15:18
Adm/Consult Doctor :

Age : 24 Y M
OP Visit No : CAUNOPV176388
Printed on : 03-09-2024 15:18
Ref Doctor : SELF

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

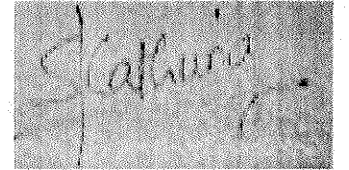
No evidence of any focal lesion.
Trachea is central in position.
Costophrenic angles are clear.
Cardio thoracic ratio is normal.
Cardiac silhouette is well maintained.
Mediastinal and hilar regions are normal.
Both diaphragmatic domes are well visualized and normal.
Visualized skeleton and soft tissues around thoracic cage appear normal.

COMMENT: No significant abnormality seen.

Please correlate clinically.

Printed on:03-09-2024 15:18

---End of the Report---



Dr. SUHAS SANJEEV KATHURIA
MBBS,DMRE, RADIOLOGY
Radiology

Patient Name : Sagor Gupta

Date : 03/09/24

AGE/Sex : 24 | M

UHID/ MR NO :

	RIGHT EYE	LEFT EYE
FAR VISION	6/6	6/6
NEAR VISION	N6	N6
ANTERIOR SEGMENT PUPIL	Normal	Normal
COLOUR VISION	Normal	Normal
FAMILY / MEDICAL HISTORY	No	No

Impression: _____

Adv.: -

Optometrist: -

Mr. Yogesh Avaghad

Apollo Clinic – Aundh Pune

Date : 03-09-2024
MR NO : CAUN.0000145498

Department : GENERAL
Doctor :

Name : Mr. Sagar Gupta

Registration No :
Qualification :

Age/ Gender : 24 Y / Male

Consultation Timing: 09:55

Apollo Clinic
Hip 87

Height : 168	Weight : 55	BMI :	Waist Circum : 78
Temp :	Pulse : 70	Resp :	B.P : 110/70

General Examination / Allergies History

Clinical Diagnosis & Management Plan

Present complains - No current complaints
Not on any medications.

Comorbidity - No w/o DM/HTN/Cb/BA/epilepsy

Allergies - None

Surgical H/O None

Family H/O Methos, father - DM, HTN

Addiction - None

OE Present complaint

CVS - normal

CNS - NAD

P/A -

Chest -

Follow up date: / /

Doctor Signature



Patient Name : Mr.SAGAR GUPTA	Collected : 03/Sep/2024 09:57AM
Age/Gender : 24 Y 0 M 13 D/M	Received : 03/Sep/2024 02:16PM
UHID/MR No : CAUN.0000145498	Reported : 03/Sep/2024 04:48PM
Visit ID : CAUNOPV176388	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : DBAPG7905N	

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
HEMOGRAM , WHOLE BLOOD EDTA				
HAEMOGLOBIN	16.8	g/dL	13-17	Spectrophotometer
PCV	49.50	%	40-50	Electronic pulse & Calculation
RBC COUNT	5.38	Million/cu.mm	4.5-5.5	Electrical Impedance
MCV	92.1	fL	83-101	Calculated
MCH	31.3	pg	27-32	Calculated
MCHC	34	g/dL	31.5-34.5	Calculated
R.D.W	14.8	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	5,140	cells/cu.mm	4000-10000	Electrical Impedance
DIFFERENTIAL LEUCOCYtic COUNT (DLC)				
NEUTROPHILS	60.9	%	40-80	Electrical Impedance
LYMPHOCYTES	26	%	20-40	Electrical Impedance
EOSINOPHILS	2.9	%	1-6	Electrical Impedance
MONOCYTES	9.3	%	2-10	Electrical Impedance
BASOPHILS	0.9	%	<1-2	Electrical Impedance
ABSOLUTE LEUCOCYTE COUNT				
NEUTROPHILS	3130.26	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	1336.4	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	149.06	Cells/cu.mm	20-500	Calculated
MONOCYTES	478.02	Cells/cu.mm	200-1000	Calculated
BASOPHILS	46.26	Cells/cu.mm	0-100	Calculated
Neutrophil lymphocyte ratio (NLR)	2.34		0.78- 3.53	Calculated
PLATELET COUNT	319000	cells/cu.mm	150000-410000	Electrical impedance
ERYTHROCYTE SEDIMENTATION RATE (ESR)	9	mm at the end of 1 hour	0-15	Modified Westergren
PERIPHERAL SMEAR				

RBC's are Normocytic Normochromic

WBC's are normal in number and morphology



Dr Sheha Shah
MBBS, MD (Pathology)
Consultant Pathologist

SIN No:BED240223180

This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab






Certificate No: MC-5697

Patient Name	: Mr.SAGAR GUPTA	Collected	: 03/Sep/2024 09:57AM
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DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

Platelets are Adequate
No hemoparasite seen.


Dr Sneha Shah
MBBS, MD (Pathology)
Consultant Pathologist

SIN No:BED240223180

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Age/Gender : 24 Y 0 M 13 D/M	Received : 03/Sep/2024 02:16PM
UHID/MR No : CAUN.0000145498	Reported : 03/Sep/2024 04:08PM
Visit ID : CAUNOPV176388	Status : Final Report
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DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA				
BLOOD GROUP TYPE	AB			Microplate Hemagglutination
Rh TYPE	Negative			Microplate Hemagglutination



DR.Sanjay Ingle
M.B.B.S,M.D(Pathology)
Consultant Pathologist

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UHID/MR No : CAUN.0000145498	Reported : 03/Sep/2024 02:38PM
Visit ID : CAUNOPV176388	Status : Final Report
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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
GLUCOSE, FASTING , NAF PLASMA	83	mg/dL	70-100	HEXOKINASE

Comment:

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

Note:

- 1.The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.
2. Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.



DR.Sanjay Ingle
M.B.B.S,M.D(Pathology)
Consultant Pathologist

SIN No:PLF02205864

This test has been performed at Apollo Health and Lifestyle Ltd- Sadashiv Peth Pune, Diagnostics Lab



Patient Name : Mr.SAGAR GUPTA	Collected : 03/Sep/2024 09:57AM
Age/Gender : 24 Y 0 M 13 D/M	Received : 03/Sep/2024 02:40PM
UHID/MR No : CAUN.0000145498	Reported : 03/Sep/2024 04:19PM
Visit ID : CAUNOPV176388	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : DBAPG7905N	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS , SODIUM FLUORIDE PLASMA (2 HR)	67	mg/dL	70-140	HEXOKINASE

Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other. Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

Test Name	Result	Unit	Bio. Ref. Interval	Method
ALANINE AMINOTRANSFERASE (ALT/SGPT) , SERUM	15.75	U/L	<50	IFCC

Comment:

ALT elevations are noted in liver parenchymal diseases, leading to injury / destruction of hepatocytes. ALT levels are seen to be elevated even before the signs and symptoms of the liver injury appear. The ALT levels remain high longer in blood as compared to AST levels. And though both the enzymes increase in liver injury, the rise in ALT is more compared to AST, thus also altering the ALT:AST ratio.

Test Name	Result	Unit	Bio. Ref. Interval	Method
BILIRUBIN, TOTAL , SERUM	0.72	mg/dL	0.3-1.2	DPD

Sneha Shah

 Dr Sneha Shah
 MBBS, MD (Pathology)
 Consultant Pathologist

SIN No:SE04820144

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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
BUN/CREATININE RATIO , SERUM				
BLOOD UREA NITROGEN	10.2	mg/dL	8.0 - 23.0	Calculated
CREATININE	0.80	mg/dL	0.72 - 1.18	Modified Jaffe, Kinetic
BUN / CREATININE RATIO	12.76			Calculated

Sheha Shah

 Dr Sheha Shah
 MBBS, MD (Pathology)
 Consultant Pathologist

SIN No:SE04820144

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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
CREATININE , SERUM	0.80	mg/dL	0.72 – 1.18	Modified Jaffe, Kinetic



Sheha Shah

 Dr Sheha Shah
 MBBS, MD (Pathology)
 Consultant Pathologist

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Patient Name	: Mr.SAGAR GUPTA	Collected	: 03/Sep/2024 09:57AM
Age/Gender	: 24 Y 0 M 13 D/M	Received	: 03/Sep/2024 05:01PM
UHID/MR No	: CAUN.0000145498	Reported	: 03/Sep/2024 05:37PM
Visit ID	: CAUNOPV176388	Status	: Final Report
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DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
COMPLETE URINE EXAMINATION (CUE) , URINE				
PHYSICAL EXAMINATION				
COLOUR	YELLOW		PALE YELLOW	Scattering of light
TRANSPARENCY	CLEAR		CLEAR	Scattering of light
pH	5.5		5-7.5	Bromothymol Blue
SP. GRAVITY	1.018		1.002-1.030	Refractometric
BIOCHEMICAL EXAMINATION				
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NORMAL		NEGATIVE	GOD-POD
URINE BILIRUBIN	NEGATIVE		NEGATIVE	Diazonium Salt
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	Sodium nitro prusside
UROBILINOGEN	NORMAL		NORMAL (0.1-1.8mg/dl)	Diazonium salt
NITRITE	NEGATIVE		NEGATIVE	Sulfanilic acid
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	Diazonium salt
CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY				
PUS CELLS	1 - 2	/hpf	0-5	Microscopy
EPITHELIAL CELLS	0 - 1	/hpf	< 10	Microscopy
RBC	0	/hpf	0-2	Microscopy
CASTS	NEGATIVE	/lpf	0-2 Hyaline Cast	Microscopy
CRYSTALS	NEGATIVE	/hpf	Occasional-Few	Microscopy

Comment:

All urine samples are checked for adequacy and suitability before examination. All abnormal chemical examination are rechecked and verified by manual methods.

Microscopy findings are reported as an average of 10 high power fields.



Dr Sneha Shah
MBBS, MD (Pathology)
Consultant Pathologist

SIN No:UR2410176

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DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

*** End Of Report ***


Dr Sneha Shah
MBBS, MD (Pathology)
Consultant Pathologist

SIN No:UR2410176

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TERMS AND CONDITIONS GOVERNING THIS REPORT

The reported results are for information and interpretation of the referring doctor or such other medical professionals, who understand reporting units, reference ranges and limitations of technologies.


Laboratories not be responsible for any interpretation whatsoever.

It is presumed that the tests performed are, on the specimen / sample being to the patient named or identified and the verifications of the particulars have been cleared out by the patient or his / her representative at the point of generation of said specimen.

The reported results are restricted to the given specimen only. Results may vary from lab to lab and from time to time for the same parameter for the same patient.

Assays are performed in accordance with standard procedures, The reported results are dependent on individual assay methods / equipment used and quality of specimen received.

This report is not valid for medico legal purposes.


Dr Sneha Shah
MBBS, MD (Pathology)
Consultant Pathologist

SIN No:UR2410176

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