

Name : Mr. ARUMUGA SARAVANAN (52 /M)

Date : 24/02/2024

Address : BANOF BARODA , 145 C RAM BUILDING ,TRICHY ROAD, NAMAKKAL,
NAMAKKAL, TAMIL NADU, INDIA

Examined by:

UHID : AT01.0000088315

Package : MEDIWHEEL WHOLE BODY HEALTH CHECK MALE ABOVE
40YRS

AHC No : TRYMH56805



CHIEF COMPLAINTS

For Annual health checkup
Runny nose

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Hypertension,
Dyslipidemia, Thyroid
disorder, Heart disease,
Stroke, Asthma, COPD,
Cancer, Impaired Glycemia



DRUG ALLERGY

NO KNOWN ALLERGY

:05/06/2021



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

Sneezing - yes; Blocked nose - no; Runny nose -
yes; Sputum - yes; Dyspnoea - yes; Dyspnoea at
rest - yes

General symptoms

Happiness score
Stress at home - Moderately; Stress at work -
Moderately

Mind Health screening

Emotional Wellness
Assessment (PHQ9)
Score - 0
Depression Level -
None-Minimal

Anxiety Assessment
(GAD7) Score - 0
Anxiety Level - No to
Low risk level

Sleep Assessment

Sleep Score:3-8
Risk Level:
High risk of Obstructive
sleep apnea
Recommendation:
Sleep study to rule out
with Sleep apnea



Present medications

On immunosuppressive - No



Past medical history

Do you have any - Yes
allergies?
Allergies - dust
Do you have any drug - No
allergies?
Covid 19 - No



Surgical history

Surgical history - Nil

Immunization history

- Covid Dose1,Covid Dose2



Personal history

Marital status - Married
No. of children - 2
Female - 1
Male - 1
Occupation - Professional
Profession - government employee

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Diet - Mixed Diet
Consumption of - No
Smoked or Preserved Meat regularly
Alcohol - does not consume alcohol
Smoking - No
E-cigarettes, vaping, hookah or water-pipe? - No
Chews tobacco - No
Uses snuff - No
Physical activity - Sedentary
Ethnicity - Indian Asian



Abdomen

Organomegaly - No
Tenderness - No



Family history

Father - alive
Mother - alive
Brothers - 3
Sisters - 1
Coronary artery disease - none
Cancer - None

PHYSICAL EXAMINATION



General

General appearance - normal
Build - normal
Height - 174
Weight - 75.7
BMI - 25
Pallor - No
Oedema - no
SpO2 - 97%



Cardiovascular system

Heart rate (Per minute) - 68
Rhythm - Regular
Systolic(mm of Hg) - 110
Diastolic(mm of Hg) - 80
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds

Printed By : Sankar S

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STOOL ROUTINE

Test Name	Result	Unit	Level	Range
Colour:	Yellow			
Consistency :	Semi Solid			
Mucus:	Absent			
Blood:	Negative			
Ova:	Nil			
Cysts:	Nil			

URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Specific Gravity	1.030 *		●	1.016 - 1.026
Colour:	Pale Straw			
Transparency:	Clear			
pH	5 *		●	4.6 -8.0
Protein :	Nil			Negative
Sugar:	Nil			
Ketone	Negative			
Bile Pigments:	Negative			
Bile Salts :	Negative			
Urobilinogen	Normal	E.U./dL		
RBC	Nil	/hpf		0-5
Pus Cells	2-4 /h.p.f			
Epithelial Cells	1-2 /h.p.f			0-5 /HPF
Reaction:	Acidic			
Blood:	Negative			

CBC

Test Name	Result	Unit	Level	Range
Hemoglobin	14.4	gm%	●	13.0-18.0
Packed cell volume(Calculated)	45.3	%	●	40-54
WBC Count	6.36	10 ⁹ /m ³	●	4-11
Platelet Count	244	10 ⁹ /m ³	●	150-450
ESR	10	mm/hr	●	0-15
Neutrophils	70	%	●	40-80
Lymphocytes	23	%	●	20-40

Eosinophils	02	%	●	01-06
Monocytes	05	%	●	2-10

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
Blood Group	O			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST WITH GGTP

Test Name	Result	Unit	Level	Range
ALT(SGPT)	13	U/L	●	Adult Male : < 45
Globulin - Serum: (Calculated)	2.7	g/dL	●	Adult (2.0 - 3.5)
Alkaline Phosphatase - Serum	75	U/L	●	ADULT(MALE) < 129 ADULT(FEMALE) < 104
AST (SGOT)	15	U/L	●	Adult Male: <35
Bilirubin, Total - Serum	0.6	mg/dL		

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	170	mg/dL	●	Adult Desirable: <200 Borderline High: 200 - 239 High: >=240

CREATININE - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
Creatinine - Serum	1.0	mg/dL	●	Male: 0.9 - 1.3

LIVER FUNCTION TEST WITH GGTP

Test Name	Result	Unit	Level	Range
GGTP: Gamma Glutamyl Transpeptidase	29	U/L	●	Male: < 55

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
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● Within Normal Range ● Borderline High/Low ● Out of Range

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Glucose - Serum / Plasma (Fasting) 97 mg/dL ● 70 - 100

Triglycerides - Serum 98 mg/dL ● Normal: <150 High: 150 - 199 Hypertriglyceridemic: 200 - 499 Very High: >=500

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name Result Unit Level Range
Glucose - Serum / Plasma (Post Prandial) 110 mg/dL ● < 140

Total Cholesterol / HDL Cholesterol Ratio (Calculated) 4.9 * ● < 4.5

GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

Test Name Result Unit Level Range
Glycosylated Hemoglobin (HbA1c) 5.7 % ● 4 - 6 % (NGSP)

TOTAL T3 T4 TSH

Test Name Result Unit Level Range
TSH: Thyroid Stimulating Hormone 3.52 uIU/mL ● Adults(21 - 54 Years): 0.5 - 5.0

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
HDL Cholesterol 35 * mg/dL ● Low: <40 High: >=60
LDL Cholesterol (Direct LDL) 103 mg/dL ● Optimal: <100 Near/above optimal: 100 - 129 Borderline High: 130 - 159 High: 160 - 189 Very High: >=190

UREA - SERUM / PLASMA

Test Name Result Unit Level Range
Urea 28 mg/dL ● Adult: 13 - 43

URIC ACID - SERUM

Test Name Result Unit Level Range
Uric Acid - Serum 3.8 mg/dL ● Adult Male: 3.5 - 7.2

LIVER FUNCTION TEST WITH GGTP

Test Name Result Unit Level Range
Protein Total - Serum 6.9 g/dL ● >2 Year: 6.0 - 8.0
Albumin - Serum 4.2 g/dL ● Adult(20 - 60 Yr): 3.5 - 5.2

LIVER FUNCTION TEST WITH GGTP

Test Name Result Unit Level Range
Bilirubin Conjugated - Serum 0.2 mg/dL ● 0.0-0.2
Bilirubin Unconjugated - Serum (Calculated) 0.4 mg/dL ● 0.0-1.0

TOTAL T3 T4 TSH

Test Name Result Unit Level Range
TOTAL T3: TRI IODOTHYRONINE - SERUM 128.41 ng/dL ● Adults(50-90 Yrs Male): 40 - 181
TOTAL T4: THYROXINE - SERUM 9.7 ug/dL ● Adults(15-60 Yrs Male): 4.6 - 10.5

PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM

Test Name Result Unit Level Range
Prostatic Specific Antigen (PSA Total) 1.38 ng/mL ● Healthy Men: <= 4.0 Males: 40-49 yrs: 0 - 2.5 50-59 yrs: 0 - 3.5 60-69 yrs: 0 - 4.5 70-79 Yrs: 0 - 6.5

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range

BUN (BLOOD UREA NITROGEN)

Test Name Result Unit Level Range

● Within Normal Range ● Borderline High/Low ● Out of Range

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BUN (BLOOD UREA NITROGEN) 13.0 mg/dL ● Adult : 6 - 20

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES/HDL CHOLESTROL	2.8			

2D-ECHO WITH COLOUR DOPPLER

NO REGIONAL WALL MOTION ABNORMALITY
LEFT VENTRICLE NORMAL IN SIZE
NORMAL LEFT VENTRICULAR FUNCTION
NO LV CLOT
TRIVIAL MITRAL REGURGITATION
TRIVIAL AORTIC REGURGITATION
MILD TRICUSPID REGURGITATION
MILD PULMONARY ARTERY HYPERTENSION
NO PERICARDIAL EFFUSION
IAS/IVS INTACT

ULTRASOUND - WHOLE ABDOMEN

IMPRESSION:

- Grade I fatty liver.
- Left renal simple cortical cyst.
- Grade I prostatomegaly.

Suggested Clinical Correlation and Further Evaluation.

Please note that this report is a radiological professional opinion. It has to be correlated clinically and interpreted along with other investigations.

CARDIOLOGY

ECG

X Ray

X-RAY CHEST PA

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Printed By :

AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

AICVD RISK SCORE REPORT

RISK STATUS

Low Risk

YOUR SCORE

5

ACCEPTABLE SCORE

7

Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515