



Name : Mrs. SHIKHAMONI SAHARIA (34 /F)  
Address : LAKHIMINAGAR, JORHAT, JORHAT, ASSAM, INDIA

Date : 03/08/2024  
UHID : AHLG2.0000043605  
AHC No : APHCAH27349

Examined by: Dr .PRABIN KUMAR SAIKIA  
Package : MediWheel Full Body Health Check up-Female below 40Yrs



**CHIEF COMPLAINTS**

Package Name: MediWheel Full Body Health  
Check up-Female below 40Yrs  
Antenatal - Second Trimester  
LMP- 03-03-2024



**Surgical history**

Caesarian section - 2017

**Immunization history**

- Covid Dose2



**DRUG ALLERGY**

NO KNOWN ALLERGY :08/08/2024



**SYSTEMIC REVIEW**

**Cardiovascular system**

- Nil Significant

**Respiratory system**

- Nil Significant

**Oral and dental**

- Adv- Scaling and polishing. Restoration

**Gastrointestinal system**

Appetite - normal; Abdominal pain - no; Dyspepsia - no; Peptic ulcer - no; Bowel habits - regular; Piles - no

**Genitourinary system**

- Nil Significant

**Gynaec history**

Last menstrual period - ANTE NATAL , LMP 03/03/24

**Central nervous system**

Dizziness - no; Concentration - good; Sleep - normal

**Musculoskeletal system**

Spine and joints  
- Nil Significant

**Weight**

- stable



**Personal history**

Marital status - Married  
No. of children - 1  
Female - 1  
Diet - Non Vegetarian  
Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Mild



**Family history**

Father - alive  
Aged - 62 YRS  
Mother - has expired  
Aged - 35 YRS  
Cause - not known  
Brothers - 1  
Sisters - 1  
Diabetes - father  
Hypertension - father  
Coronary artery disease - none  
Cancer - None

**PHYSICAL EXAMINATION**



**General**

Height - 157  
Weight - 68  
BMI - 27.59  
Waist circumference - 100  
Hip - 99  
Waist/ Hip ratio - 1.01

allor - No  
 Oedema - no  
 SpO2 - 100% RA

### Head and ENT

Others - Nose Bilateral HIT +

### Cardiovascular system

Heart rate (Per minute) - 82  
 Rhythm - Regular  
 - B.P. Sitting  
 Systolic(mm of Hg) - 100  
 Diastolic(mm of Hg) - 60  
 Heart sounds - S1S2+

### Respiratory system

Rate of respiration(per minute) - 22  
 Breath sounds - Normal vesicular breath sounds

### Abdomen

Organomegaly - No  
 Tenderness - No

### Eyes

Eye vision - Normal  
 Eye vision - BE 6/6. N6  
 Pupil - Normal  
 Intraocular pressure - 16 mmHg (R), 14 mmHg (L)  
 Advice for spectacle - No

### Gynaec findings

Marital status - married  
 No of Children - 1  
 Deliveries - CS  
 Periods - regular  
 L M P - 03 03 24  
 Others - EDD 10 12 24  
 P/A - Soft  
 P/S - Not done (pregnancy)  
 Pap smear - Not taken

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Executive Summary



- 1. Second Trimester Pregnancy (LMP 03-03-2024)
- 2. Overweight (BMI 27.6)
- 3. Dyslipidemia (Ch 225 mg/dL, LDL 123 mg/dL, Tg 160 mg/dL)
- 4. Normocytic normochromic Anaemia (Hb 10.8 g/dL)

Recommended Follow-up Tests

Test Name	Test Schedule	Repeat Frequency	Remarks
HB ELECTROPHORESIS	Immediate/Urgent		

Follow-up and Review Plan



Referred to Gynaecologist.



Scan the QR code in AskApollo App to book your follow-up appointments and investigations

Dr.PRABIN KUMAR SAIKIA

AHC Physician / Consultant Internal Medicine

Printed By : HEALTH CHECK REPORT

Dr. Prabin Kumar Saikia  
 MD (Gen Medicine), FCGP, FICP, PGDHHM  
 Registration No.-7523, Assam  
 Consultant Physician, APHC  
 Apollo Hospitals Guwahati-781005

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

Name : Mrs. SHIKHAMONI SAHARIA Age : 34Yr 0Mth 0Days Gender : Female  
 UHID : AHLG2.0000043605 / APHCAH27349 W/BNo/RefNo : AHC  
 SIN \ LRN : 124938812 \ 124938819 \ 124938814 \ 10896093  
 Specimen : Serum  
 Ref Doctor : Dr. Prabin Kumar Saikia



Collected on : 08-AUG-2024 10:23:11 AM Received on : 08-AUG-2024 11:44:45 AM Reported on : 08-AUG-2024 12:28:52 PM

MediWheel Full Body Health Check up-Female below 40Yrs

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
ALT(SGPT) - SERUM (UV With P5P-IFCC)	76 *	Healthy Females:14-59 U/L	U/L
ALBUMIN - SERUM (Brom Cresol Green)	3.1 *	Healthy Adults:3.5-5.2	g/dL
GLOBULIN-SERUM(Calculated)	4.2 *	Healthy Adults: 1.8 - 3.6	
ALBUMIN:GLOBULIN-SERUM(RATIO)(Calculated)	1 *	0 - 0	
ALKALINE PHOSPHATASE - SERUM PNPP,AMP Buffer-IFCC	88	Healthy Adults:40-150	U/L
AST (SGOT) - SERUM (UV With P5P-IFCC)	39 *	Healthy Adults:15 - 37	U/L
BILIRUBIN, TOTAL - SERUM (Modified Doumas Ref. method/Jendrassik & Grof.)	0.6	Healthy Adults:<=1.0	mg/dL
CHOLESTEROL - SERUM (Cholesterol Oxidase)	225 *	Desirable:<200 Borderline:200 - 240 High Risk:>=240	mg/dL
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM (L-gamma-glutamyl-3-carboxy-4-nitranilide)	27	Healthy Women:5 - 55	U/L

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MC-3480

Name : Mrs. SHIKHAMONI SAHARIA  
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 SIN \ LRN : 124938812 \ 124938819 \ 124938814 \ 10896093  
 Specimen : Serum  
 Ref Doctor : Dr. Prabin Kumar Saikia

Age : 34Yr 0Mth 0Days  
 Gender : Female  
 W/BNo/RefNo : AHC



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**GLUCOSE - PLASMA (FASTING)**

Hexokinase 83  
 Non-Diabetic: <=100  
 Pre-Diabetic: 100-125  
 Diabetic: >=126\*  
 mg/dL

**HDL CHOLESTEROL - SERUM / PLASMA (Direct Measurement)**

78 \*  
 Low: <40  
 High: >=60  
 mg/dL

**TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)**

2.9  
 Desirable :< 4.5

**LDL CHOLESTEROL - SERUM(DIRECT LDL) (Homogenous Method)**

123 \*  
 Optimal:<100  
 Near Optimal:100-129  
 Borderline High:130-159  
 High:160-189  
 Very High:>=190  
 mg/dL

**PROTEIN, TOTAL - SERUM (Biuret)**

7.3  
 Healthy Adults:6.4-8.3  
 mg/dl

**TRIGLYCERIDES - SERUM (Glycerol Phosphate Oxidase)**

160 \*  
 Normal : <150  
 Borderline High :150-199  
 High : 200-499  
 Very High : >=500  
 mg/dL

**UREA - SERUM (Enzymatic,Urease-GLDH) (Urease)**

7 \*  
 <50 years:15-40  
 mg/dL

**URIC ACID - SERUM (Modified Uricase)**

4.6  
 Healthy Women:2.6 - 6.0  
 mg/dL

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VLDL CHOLESTEROL - SERUM CALCULATED.	32 *	Desirable:<30	
BILIRUBIN CONJUGATED (DIRECT) - SERUM (Jendrassik & Grof)	0.2	Healthy Adults:0.0-0.5	mg/dL
CREATININE - SERUM JAFTE METHOD	0.5 *	Healthy Women: 0.57 - 1.11	mg/dL
TOTAL T3: TRI IODOTHYRONINE - SERUM (Eclia)	2.3	Healthy Adults Euthyroid:1.3-3.1	nmol/L
TOTAL T4: THYROXINE - SERUM (Eclia)	98	Healthy Adults Euthyroid: 66-181	nmol/L
TSH: THYROID STIMULATING HORMONE - SERUM (Eclia)	0.851	Healthy Adults Euthyroid: 0.270-4.20	uIU/mL
GLUCOSE - PLASMA (POST PRANDIAL) Hexokinase	146 *	Normal: <140 Pre-Diabetic: 140-199 Diabetic :->=200	mg/dL

Report Status:Final

\* END OF REPORT \*

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1078550

First Report Printed On : 09-AUG-2024 10:11:58 AM  
Printed On : 09-AUG-2024 10:11:59 AM

Dr. MOUSHUMI SAIKIA,  
MBBS,MD  
REG NO.14979 AMC  
CONSULTANT BIOCHEMIST

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 UHID : AHLG2.0000043605 / APHCAH27349 W/BN/RefNo : AHC  
 SIN \ LRN : 124938817 \ 10896093  
 Specimen : Whole blood  
 Ref Doctor : Dr. Prabin Kumar Saikia



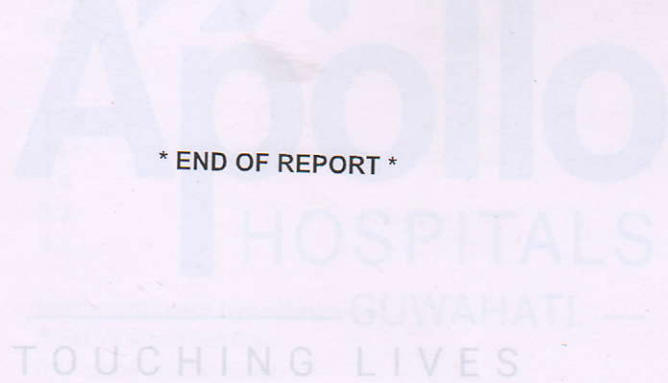
Collected on : 08-AUG-2024 10:23:11 AM Received on : 08-AUG-2024 12:01:19 PM Reported on : 08-AUG-2024 12:55:42 PM

MediWheel Full Body Health Check up-Female below 40Yrs

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD	5.5	GOAL:<6.5% Prediabetic:5.7-6.4%	%
GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD		Diabetic:>6.5% Non-diabetic:<5.7%	
Mean Plasma Glucose (MPG) Estimate:	111.1500	Uncontrolled-diabetics>8%	mg/dL

Report Status:Final

\* END OF REPORT \*



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1078553

First Report Printed On : 09-AUG-2024 10:13:09 AM  
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DR. TRIDIB SARMA, D.C.P  
CONSULTANT PATHOLOGIST

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 UHID : AHLG2.0000043605 / APHCAH27349 W/BNo/RefNo : AHC  
 SIN ILRN : 124938813 \ 124938816 \ 10896093  
 Specimen : Urine  
 Ref Doctor : Dr. Prabin Kumar Saikia



Collected on : 08-AUG-2024 10:23:11 AM Received on : 08-AUG-2024 02:34:31 PM Reported on : 08-AUG-2024 02:43:29 PM

**MediWheel Full Body Health Check up-Female below 40Yrs**

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
<b>HEMOGRAM(CBC+ESR+RECTIC+PS)</b>			
Hemoglobin	10.8 *	12.0 - 15.0	g/dl
RBC COUNT	4.07	3.8 - 4.8	Million/ul
MCV	85.7	82.0 - 92.0	fl
MCH	26.5	26.0 - 32.0	pg
MCHC	30.9 *	31.0 - 36.0	g/dl
RDW-CV	15.7 *	11.6 - 14	%
RETICULOCYTE COUNT	3.65 *	Healthy Adult -:0.5-2.5%	%
Platelet Count	134 *	150 - 400	10 <sup>3</sup> /mm <sup>3</sup>
TLC/WBC Count	10.04	4.0 - 11.0	10 <sup>3</sup> /mm <sup>3</sup>
ERYTHROCYTE SEDIMENTATION RATE (ESR)	62 *	0 - 20	mm/1st hr
<b>Differential Count</b>			
Neutrophils	77.9 *	40 - 70	%
Lymphocytes	16 *	20 - 40	%
Eosinophils	3.6	1 - 6	%
Monocytes	2.3	2 - 10	%
Basophils	0.2	0 - 2	%
<b>PERIPHERAL SMEAR</b>			
RBC:	Normocytic with hypochromia +		
WBC:	Relative Neutrophilia +		
Platelets:	Adequate on the smear		
Hemoparasites	No hemoparasites		
PACKED CELL VOLUME [PCV]	34.9 *	36 - 46	%

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MC-3480

Name : **Mrs. SHIKHAMONI SAHARIA** Age : **34Yr 0Mth 0Days** Gender : **Female**  
 UHID : **AHLG2.0000043605 / APHCAH27349** W/BN/RefNo : **AHC**  
 SIN ILRN : **124938813 \ 124938816 \ 10896093**  
 Specimen : **Urine**  
 Ref Doctor : **Dr. Prabin Kumar Saikia**



Collected on : **08-AUG-2024 10:23:11 AM** Received on : **08-AUG-2024 02:34:31 PM** Reported on : **08-AUG-2024 02:43:29 PM**

<b>URINE- BENCE JONES PROTEINS</b>	<b>Negative</b>	<b>Negative</b>
<b>URINE ROUTINE (CUE)</b>		
Color,:	<b>Pale yellow</b>	<b>Pale Yellow/amber</b>
Transparency:	<b>Clear</b>	<b>Clear</b>
Specific Gravity (Strip Method)	<b>1.010 *</b>	<b>1.016 - 1.026</b>
pH (Strip Method+ Ph Paper)	<b>6.0</b>	<b>4.6 - 8</b>
Glucose: (Benedicts+Strip Method)	<b>Nil</b>	<b>Negative</b>
Protein : (Strip+Heat Method)	<b>Nil</b>	<b>Negative</b>
<b>DEPOSITS: (Microscopy)</b>		
RBC	<b>Not seen</b>	<b>Upto 3 Cells/hpf</b>
WBC/Pus Cells	<b>3-5 /HPF</b>	<b>Upto to 5 Cells/hpf</b>
Squamous epithelial cells	<b>2-4 /HPF</b>	<b>Up to 20</b>
Casts: (Microscopy)	<b>Not Detected</b>	<b>Absent</b>
Crystals:	<b>Not Detected</b>	<b>Absent</b> /lpf
Nitrite	<b>Negative</b>	<b>Negative</b> /lpf
<b>URINE SUGAR</b>	<b>Nil</b>	
Report Status: Final		

\* END OF REPORT \*

APOLLO HOSPITALS  
GUWAHATI  
TOUCHING LIVES

CHECKED BY : **1078444**

First Report Printed On : **09-AUG-2024 10:17:05 AM**

Printed On : **09-AUG-2024 10:17:06 AM**

*Signature*  
DR. TRIDIB SARMA, D.C.P  
CONSULTANT PATHOLOGIST

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UHID : AHLG2.0000043605 / APHCAH27349      W/BNo/RefNo : AHC  
SIN \LRN : 124938818 \ 10896093  
Specimen : Blood  
Ref Doctor : Dr. Prabin Kumar Saikia



Collected on : 08-AUG-2024 10:23:11 AM      Received on : 08-AUG-2024 11:47:00 AM      Reported on : 08-AUG-2024 11:48:50 AM

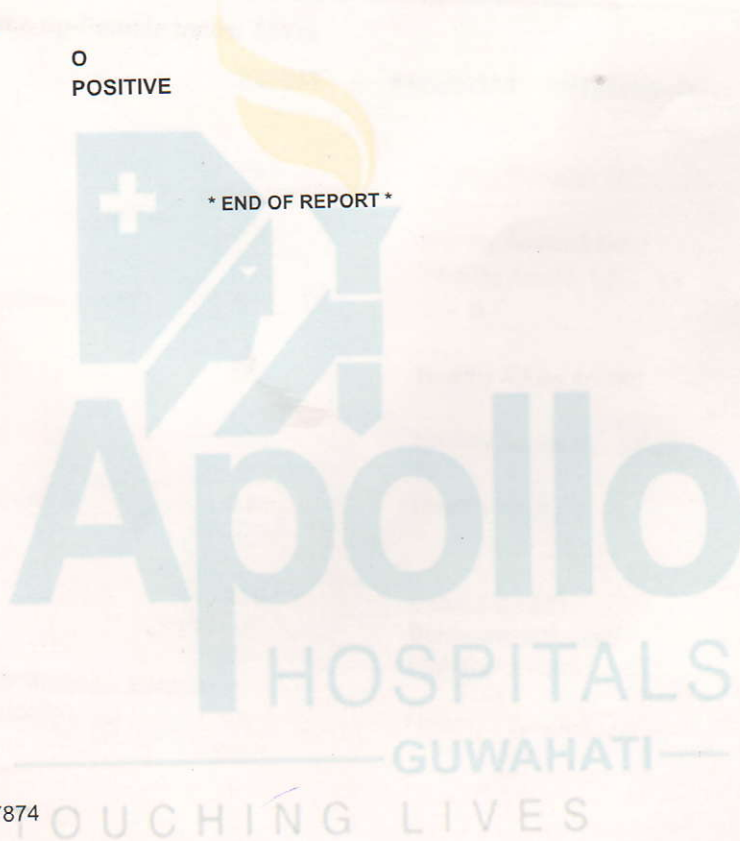
**TEST NAME**

**RESULT**

**BLOOD GROUPING AND TYPING**

ABO Group: O  
Rh (D) Type: POSITIVE  
Report Status:Final

\* END OF REPORT \*



CHECKED BY : 1077874

Printed On : 08-AUG-2024 11:49:46 AM

**CONSULTANTS**


DR. DEEPA BHUYAN  
MOIC, BLOOD BANK

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**Patient Details** : Mrs. SHIKHAMONI SAHARIA | Female | 34Yr 0Mth 0Days

**UHID** : AHLG2.0000043605      **Patient Location:** AHC

**Patient Identifier:** APHCAH27349      

**DRN** : 100152125      **Completed on :** 08-AUG-2024 11:23


**Ref Doctor** : Dr. Prabin Kumar Saikia

ECG

**IMPRESSION .:**

ECG TRACING IS WITHIN NORMAL LIMITS.

--- END OF THE REPORT ---

  
DR. MOITREYEE BARUAH  
MBBS, PGDCC  
Jr. Consultant Cardiologist  
Apollo Hospitals, Guwahati  
International Hospital