



Name : Mr. MUNIN BARO (39 /M)

AHC MEDICAL SUMMARY Date 14/09/2024

Address : BHANGAGHAR, GUWAHATI, KAMRUP(M), ASSAM, INDIA

Examined by: Dr .PRABIN KUMAR SAIKIA

UHID : AHLG2.00000445

Package : MediWheel Full Body Health Check up-Male below 40Yrs

AHC No : APHCAH28095



CHIEF COMPLAINTS

MediWheel Full Body Health Check up-Male below 40Yrs



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Oral and dental

- Adv: Scaling and polishing. Restoration

Gastrointestinal system

Appetite - normal; Dyspepsia - yes

Genitourinary system

- Nil Significant

Central nervous system

Head ache - occasional; Concentration - good

Weight

- stable



Personal history

Marital status - Married
 No. of children - 1
 Diet - Non Vegetarian
 Alcohol - consumes alcohol occasionally
 Smoking - No
 Chews tobacco - No
 Physical activity - Mild



Family history

Father - alive
 Aged - 64 yrs
 Mother - alive

Aged - 56 yrs
 Brothers - 1
 Sisters - 1
 Diabetes - father
 Hypertension - father
 Coronary artery disease - none
 Cancer - None

PHYSICAL EXAMINATION



General

Height - 172
 Weight - 72
 BMI - 24.34
 Waist circumference - 92
 Hip - 90
 Waist/ Hip ratio - 1.02
 Pallor - No
 Oedema - no
 SpO2 - 98%RA



Head and ENT

Others - Nose : Bilateral HIT +



Cardiovascular system

Heart rate (Per minute) - 88
 Rhythm - Regular
 - B.P. Sitting
 Systolic(mm of Hg) - 120
 Diastolic(mm of Hg) - 70
 Heart sounds - S1S2+

Respiratory system

Rate of respiration(per minute) - 22
 Breath sounds - Normal vesicular breath sounds



Abdomen

Organomegaly - No
 Tenderness - No

 Eyes


Eye vision - Normal
Eye vision - BE 6/6. N6
Colour vision - Normal
Pupil - Normal
Intraocular pressure - 18 mmHg (R), 19 mmHg (L)
Advice for spectacle - Yes

Executive Summary


- 1. Fatty liver Grade II
- 2. Subclinical Hypothyroid (TSH 5 uIU/mL)
- 3. Hypochromic microcytic Anaemia (Hb 9.0 g/dL)

Wellness Prescription

Advice On Diet :-

 Dietician consultation

Advice On Physical Activity :-

 Regular exercise

*FOLW TB Sup
1 x bedtime daily & continue*

Recommended Follow-up Tests

Test Name	Test Schedule	Repeat Frequency	Remarks
HB ELECTROPHORESIS	Immediate/Urgent		
IRON - SERUM	Immediate/Urgent		
IRON BINDING CAPACITY TOTAL - SERUM	Immediate/Urgent		

FIBROSCAN



Dr.PRABIN KUMAR SAIKIA

AHC Physician / Consultant Internal Medicine

Printed By : HEALTH CHECK REPORT

Dr. Prabin Kumar Saikia
MD (Gen Medicine), FCGP, FICP, PGDHHM
Registration No.-7523, Assam
Consultant Physician, APHC
Assam Health & Family Welfare Deptt-781005

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.



MC-3480

Name : Mr. MUNIN BARO Age : 39Yr 0Mth 0Days Gender : Male
 UHID : AHLG2.0000044594 / APHCAH28095 W/BNo/RefNo : AHC
 SIN \ LRN : 125323165 \ 125323267 \ 125323270 \ 11043881
 Specimen : Serum
 Ref Doctor : Dr. Prabin Kumar Saikia



Collected on : 14-SEP-2024 09:15:51 AM Received on : 14-SEP-2024 10:54:17 AM Reported on : 14-SEP-2024 12:48:56 PM

MediWheel Full Body Health Check up-Male below 40Yrs

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
TOTAL T3: TRI IODOTHYRONINE - SERUM (Eclia)	1.4	Healthy Adults Euthyroid: 1.2-3.1	nmol/L
TOTAL T4: THYROXINE - SERUM (Eclia)	72	Healthy Adults Euthyroid: 66-181	nmol/L
TSH: THYROID STIMULATING HORMONE - SERUM (Eclia)	5.000 *	Healthy Adults Euthyroid:0.270 - 4.20	uIU/mL
ALT(SGPT) - SERUM (UV With P5P-IFCC)	54	Healthy Males:-16-63 U/L	U/L
ALBUMIN - SERUM (Brom Cresol Green)	4.2	Healthy Adults-3.5-5.2	g/dL
GLOBULIN-SERUM(Calculated)	3.1	Healthy Adults :1.8 - 3.6	
ALKALINE PHOSPHATASE - SERUM PNPP,AMP Buffer-IFCC	61	Healthy Adults:40-150	U/L
AST (SGOT) - SERUM (UV With P5P-IFCC)	11 *	Healthy Adults:15 - 37	U/L
BILIRUBIN, TOTAL - SERUM (Modified Doumas Ref. method/Jendrassik & Grof.)	2.8 *	Healthy Adults:<=1.0	mg/dL

CONSULTANTS

DR. T. SARMA, DCP DR. P. GOSWAMI, MD DR. M. SAIKIA, MD(BIOCHEMISTRY) DR. A. VERMA, DCP DR. M. BARMAN, MD
 DR. D.J. LAHON, MD (MICRO) DR. M. SARMA, MD (MICRO) DR. POOJA KESHAN, MD (PATHO) DR. N. MAHANTA, MD (PATHO)

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CHOLESTEROL - SERUM (Cholesterol Oxidase)	103	Desirable:<200 Borderline:200 - 240 High Risk:>=240	mg/dL
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM (L-gamma-glutamyl-3-carboxy-4-nitranilide)	27	Healthy Men:15 - 85	U/L
GLUCOSE -PLASMA (FASTING) Hexokinase	118 *	Non-Diabetic: <=100 Pre-Diabetic: 100-125 Diabetic: >=126	mg/dL
HDL CHOLESTEROL - SERUM / PLASMA (Direct Measurement)	35 *	Low: <40 High: >=60	mg/dL
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	2.9	Desirable :< 4.5	
LDL CHOLESTEROL - SERUM(DIRECT LDL) (Homogenous Method)	56	Optimal:<100 Near Optimal:100-129 Borderline High:130-159 High:160-189 Very High:>=190	mg/dL
PROTEIN, TOTAL - SERUM (Biuret)	7.3	Healthy Adults:6.4-8.3	mg/dl

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TRIGLYCERIDES - SERUM (Glycerol Phosphate Oxidase)	159 *	Normal : <150 Borderline High :150-199 High : 200-499 Very High : >=500	mg/dL
UREA - SERUM (Enzymatic,Urease-GLDH) (Urease)	26	<50 years:19-44	mg/dL
URIC ACID - SERUM (Modified Uricase)	6.3	Healthy Men: 3.5 - 7.2	mg/dL
VLDL CHOLESTEROL - SERUM CALCULATED.	31 *	Desirable:<30	
BILIRUBIN CONJUGATED (DIRECT) - SERUM (Jendrassik & Grof)	0.5	Healthy Adults:0.0-0.5	mg/dL
CREATININE - SERUM JAFTE METHOD	0.8	Healthy Men: 0.72 - 1.25	mg/dL
GLUCOSE - PLASMA (POST PRANDIAL) Hexokinase	93	Normal: <140 Pre-Diabetic: 140-199 Diabetic :->=200	mg/dL

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Report Status:Final

* END OF REPORT *



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DR. TRIDIB SARMA, D.C.P
CONSULTANT PATHOLOGIST

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 SIN ILRN : 125323166 \ 125323269 \ 11043881
 Specimen : Urine
 Ref Doctor : Dr. Prabin Kumar Saikia



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MediWheel Full Body Health Check up-Male below 40Yrs

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
HEMOGRAM(CBC+ESR+RECTIC+PS)			
Hemoglobin	9.0 *	13.0 - 18.0	g/dl
RBC COUNT	4.69	4.5 - 5.5	Million/ul
MCV	62.7 *	82.0 - 92.0	fl
MCH	19.2 *	26.0 - 32.0	pg
MCHC	30.6 *	31.0 - 36.0	g/dl
RDW-CV	18 *	11.6 - 14	%
RETICULOCYTE COUNT	2.8 *	Healthy Adult :-0.5-2.5%	%
Platelet Count	100 *	150 - 400	10 ³ /mm ³
ERYTHROCYTE SEDIMENTATION RATE (ESR)	22 *	0 - 10	mm/1st hr
Differential Count			
Neutrophils	75.8 *	45 - 75	%
Lymphocytes	17.6 *	20 - 40	%
Eosinophils	1.9	1 - 6	%
Monocytes	4.1	2 - 10	%
Basophils	0.6	0 - 2	%
PERIPHERAL SMEAR			
RBC:	Anisopoikilocytosis is seen with microcytic hypochromic blood picture. Few target cells are seen. Hypochromia+.		
WBC:	Total and Differential counts are within normal limits		
Platelets:	Mild thrombocytopenia is seen. Few large platelets are seen.		
Hemoparasites	No hemoparasites		
PACKED CELL VOLUME [PCV]	29.4 *	40 - 50	%

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URINE- BENCE JONES PROTEINS	Negative	Negative
URINE ROUTINE (CUE)		
Color,:	Pale yellow	Pale Yellow/amber
Transparency:	Clear	Clear
Specific Gravity(Strip Method)	1.000 *	1.016 - 1.026
pH(Strip Method+ Ph Paper)	6.5	4.6 - 8
Glucose:(Benedicts+Strip Method)	Nil	Negative
Protein :(Strip+Heat Method)	Nil	Negative
DEPOSITS:(Microscopy)		
RBC	Not seen	Upto 3 Cells/hpf
WBC/Pus Cells	1-2/HPF	Upto to 5 Cells/hpf
Squamous epithelial cells	0-1/HPF	Up to 20
Casts:(Microscopy)	Not Detected	Absent /lpf
Crystals:	Not Detected	Absent /lpf
Nitrite	Negative	Negative
URINE SUGAR	Nil	
Report Status:Final		

* END OF REPORT *

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Dr.Pooja Keshan MBBS,MD
Reg No 21460 AMC

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DEPARTMENT OF RADIOLOGY & IMAGING

Division of Computerised Radiography & IITV, DEXA, Computed Tomography & MRI

Patient ID:	AHLG2.0000044594	Patient Name:	MUNIN BARO
Age:	39 Years	Sex:	M
Accession Number:	149202494929516	Modality:	DX
Study Date:	14-Sep-2024	Study:	Chest PA
Referring Physician:	Prabin Kumar Saikia		

CHEST PA VIEW

- No active parenchymal lesion is seen in the lung fields.
- Hilar shadows are normal.
- There is cardiomegaly.
- Hemidiaphragms are normal. CP angles are normal.
- Bony thorax is intact.

Meghali

Dr. Meghali Gohain, MD
Consultant Radiology

Date: 14-Sep-2024 13:59:20

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S Hazarika, MD R. Baruah, DMRD P. Hatimota, MD R. Sarmah, MD A. Agarwal, MD M. Gohain, MD, S. Choudhury, MD Zohaib Hussain MD DNB
Discrepancy or transcription error if detected should be sent for correction

Patient ID:	0000044594	Patient Name:	MUNIN BARO
Age:	39	Sex:	M
Accession Number:		Modality:	US
Study Date:	14-Sep-2024	Study:	W/A
Referring Physician:	DR P KR SAIKIA		

USG OF WHOLE ABDOMEN

LIVER

The liver is mildly enlarged in size with increased parenchymal echotexture. No focal lesion is seen. The intrahepatic portal and hepatic venous system are normal. The intrahepatic bile ducts are not dilated.

GALL BLADDER

The gall bladder is normally distended and shows smooth contour. There is no obvious echoreflexive calculus in the gall-bladder. GB wall thickness is within normal limit.

CBD

The CBD is normal in course and calibre. No obvious luminal pathology in visualized portion.

SPLEEN

The spleen is mildly enlarged in size (167 mm) with normal echotexture. No focal lesion is noted.

PANCREAS

The pancreas is normal in size and echotexture. No focal lesion is seen. Pancreatic duct is not dilated.

KIDNEYS

Both the kidneys are normal in size, shape, position and echotexture. Cortico-medullary differentiation is maintained. No evidence of calculi or calyceal dilatation on either side. Ureters are not dilated.

Right kidney measures – 100 mm Left kidney measures – 109 mm

URINARY BLADDER

The urinary bladder is normal in capacity and contour. The wall is not thickened. No intraluminal calculus or mass is seen.

PROSTATE

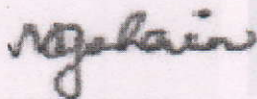
The prostate gland is normal in size. It weighs about 12 gms.

SEMINAL VESICLE

Both the seminal vesicles appear normal.

No ascites is seen.

**Impression: Mild hepatomegaly with grade II hepatic steatosis.
Mild splenomegaly.**



Dr. Meghali Gohain, MD
Consultant Radiology

Date: 14-Sep-2024 11:04:47

APOLLO HOSPITALS GHY
RG BARUAH ROAD
GUWAHATI

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: MR. MUNIN BARO.
Patient ID: 18096
Height:
Weight:

DOB: 17.02.1985
Age: 39yrs
Gender: Male
Race: Indian

Study Date: 14.09.2024
Test Type: --
Protocol: BRUCE

Referring Physician: --
Attending Physician: --
Technician: --

Medications:

--

Medical History:

--

Reason for Exercise Test:

--

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (km/h)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	01:46	0.00	0.00	65	120/80	
	STANDING	00:52	0.00	0.00	78		
	WARM-UP	00:08	1.60	0.00	77		
EXERCISE	STAGE 1	03:00	2.70	10.00	120	120/80	
	STAGE 2	03:00	4.00	12.00	146	130/80	
	STAGE 3	01:30	5.50	14.00	164	140/80	
RECOVERY		03:04	0.00	0.00	111	120/80	

The patient exercised according to the BRUCE for 7:29 min:s, achieving a work level of Max. METS: 10.20. The resting heart rate of 65 bpm rose to a maximal heart rate of 164 bpm. This value represents 90 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 150/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

Summary: Resting ECG: normal.

Functional Capacity: normal.

HR Response to Exercise: appropriate.

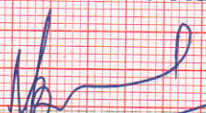
BP Response to Exercise: normal resting BP - appropriate response.

Overall impression: Normal stress test.

Conclusions

TMT IS NEGATIVE FOR INDUCIBLE MYOCARDIAL ISCHAEMIA.

Physician


DR. MONTREYEE BARUAH
MBBS, PGDCC
Jr. Consultant Cardiologist
Apollo Hospitals, Guwahati
Unit: International Hospital

Technician

Patient Details : Mr. MUNIN BARO | Male | 39Yr 0Mth 0Days

UHID : AHLG2.0000044594

Patient Location: AHC

Patient Identifier: APHCAH28095



DRN : 100177307

Completed on : 14-SEP-2024 09:37


Ref Doctor : Dr. Prabin Kumar Saikia

ECG

IMPRESSION .:

ECG TRACING IS WITHIN NORMAL LIMITS

--- END OF THE REPORT ---


DR. MOITREYEE BARUAH
MBBS, PGDCC
Jr. Consultant Cardiologist
Apollo Hospitals, Guwahati
Unit: International Hospital

Name : Mr. MUNIN BARO Age : 39Yr 0Mth 0Days Gender : Male
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SIN \LRN : 125323268 \ 11043881
Specimen : Blood
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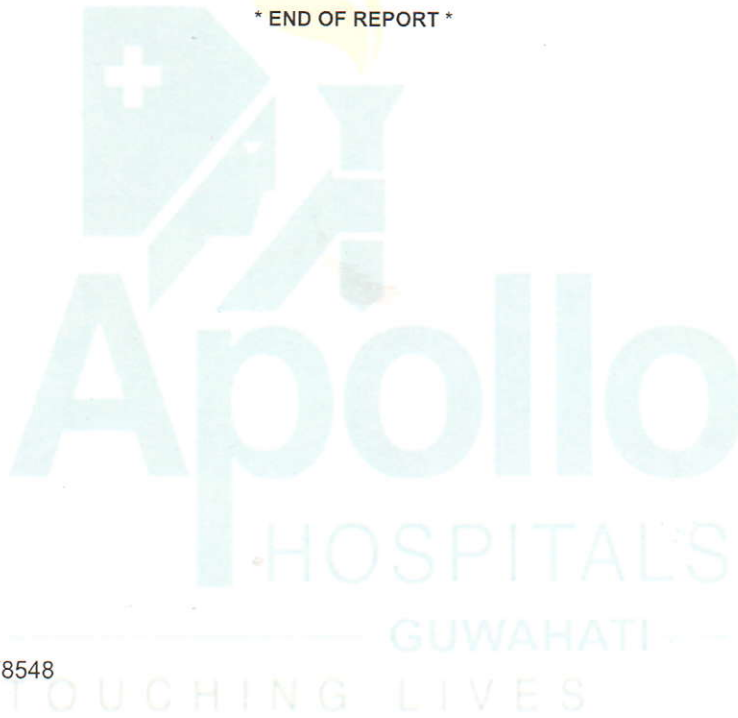
TEST NAME

RESULT

BLOOD GROUPING AND TYPING

ABO Group: B
Rh (D) Type: POSITIVE
Report Status: Final

* END OF REPORT *



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DR. DEEPA BHUYAN
MOIC, BLOOD BANK

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