

Name : Ms. RAIKA MOULIK (47 /F)

Date : 18/03/2024

Address :

Examined by:

UHID : AMHL.0002039800

Package : MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCE  
FEMALE HCK

AHC No : AMHLAH200203



## CHIEF COMPLAINTS

For corporate health checkup

## PRESENT KNOWN ILLNESS

No history of - Thyroid disorder, Heart disease, Stroke, Asthma  
Diabetes mellitus - type 2; Medication - regular  
Hypertension Medication - regular  
Dyslipidaemia Medication - regular



## DRUG ALLERGY

NO KNOWN ALLERGY :04/11/2022



## SYSTEMIC REVIEW

### Cardiovascular system

High blood pressure - yes; Medication - yes

### Respiratory system

- Nil Significant

### Oral and dental

- Nil Significant

### Gastrointestinal system

Appetite - decreased; Abdominal pain - yes; Site - lower abdomen; Dyspepsia - yes; Nature - persistent; Symptoms - acidity, bloating; Bowel habits - regular

### Genitourinary system

Dysuria/burning micturition - yes

### Gynaec history

Last menstrual period - 2.2.24; Periods - irregular; No of Children - 2; Last child birth - 24 yrs; Deliveries - normal vaginal delivery

### Central nervous system

- Nil Significant

### Eyes

Vision - normal with glasses; Glasses - yes

### ENT

- Nil Significant

### Musculoskeletal system

Spine and joints  
Back - pain; Knee (bilateral) - pain

### Skin

- itching



### Present medications

- names not known; Compliance - regular



### Past medical history

Past medical history - nil significant



### Surgical history

Tubal ligation - yes



### Personal history

Marital status - Married  
No. of children - 2  
Diet - Non Vegetarian  
Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Mild



### Family history

Father - has expired  
Mother - alive  
Diabetes - mother,aunt  
Hypertension - mother  
Coronary artery disease - none  
Cancer - None

## PHYSICAL EXAMINATION



### General

Build - over weight  
Height - 155  
Weight - 67  
BMI - 27.89  
Pallor - No  
Oedema - no



### Cardiovascular system

Heart rate (Per minute) - 99  
Rhythm - Regular  
- B.P. Sitting  
Systolic(mm of Hg) - 124  
Diastolic(mm of Hg) - 86  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds



### Abdomen

Appearance - Normal  
Organomegaly - No  
Tenderness - No  
Bowel sounds - Normal

### Ophthalmology consultation

Ophthalmology findings - UCVA:RE:6/6 LE:6/6  
NVA:RE:N10 LE:N10  
OCULAR MOVEMENT:WNL  
ANT.SEG:WNL  
ACCPT: SPECTACLE PWR  
BE:PLANO(6/6)  
ADD(BE):+1.75DSPH(N6)  
ADVICE:\*Glass Rx.\*Detail  
dilated Funduscopy\*Review  
after 1yr/SOS

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### COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	12.4	g/dl	●	12.0-15.0
RBC COUNT	4.35	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	38.0	%	●	36-46
MCV	87.3	fl	●	83-101
MCH	28.5	pg	●	27-32
MCHC	32.6	%	●	31.5-34.5
RDW	13.9	%	●	11.8-14.0
WBC Count	8500	/cu mm	●	4000-10000
Platelet Count	1.86	lacs/cu mm	●	1.5-4.0
Neutrophils	71	%	●	40-80
Lymphocytes	22	%	●	20-40
Monocytes	06	%	●	2-10
Eosinophils	01	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	30 *	mm/1st hr	●	0-20

### URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	40	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.015			
pH:	5.5			
Albumin:	Not Detected			
Glucose	+++			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	1-2	/hpf		
Epithelial Cells	1-3			

Casts: Not Found  
 Crystals: Not Found  
 NOTE : - Urine glucose rechecked and confirmed by Benedict's test

### URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	+++			

### BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	14	U/L	●	0-35
ALBUMIN - SERUM	4.2	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	122 *	U/L	●	33-98
AST (SGOT) - SERUM	20	U/L	●	0-35
BILIRUBIN TOTAL - SERUM	0.4	mg/dL	●	0.3-1.2

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	151	mg/dL	●	0-200

### CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.8	mg/dL	●	0.6-1.1

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	35	U/L	●	0-38

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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**GLUCOSE - PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	179 *	mg/dL	●	70-99

**HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	10.9 *	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	50	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	79	mg/dL	●	0-100
VLDL CHOLESTEROL - SERUM (Calculated)	22	mg/dL	●	0-35

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.1	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	2.9	g/dL	●	1.8-3.6

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.1	ng/ml	●	0.87-1.78
TOTAL T4: THYROXINE - SERUM	11.57	µg/dL	●	5.48-14.28

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
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TRIGLYCERIDES - SERUM 90 mg/dL ● 0-150

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	2.6	µIU/mL	●	0.38-5.33

**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	4.3	mg/dL	●	2.4-5.7

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.1	mg/dL	●	0.0-0.2

**BUN (BLOOD UREA NITROGEN)**

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	11.0	mg/dL	●	7.0-18.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.5		●	1.0-2.0

**BUN/CREATININE RATIO**

Test Name	Result	Unit	Level	Range
BUN/CREATININE RATIO	13.8			

**PAP SMEAR /CERVICAL SMEAR**

Ref No: AG01.C2402317  
 SPECIMEN TYPE: Conventional cervical smear (Papanicolaou stain) x 1  
 SPECIMEN ADEQUACY: Satisfactory for evaluation with endocervical cells and Metaplastic cells  
 INTERPRETATION/RESULT: Negative for intraepithelial lesion or malignancy, Reactive cellular changes associated with inflammation (includes typical repair)

**ECG**

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SINUS RHYTHM.  
LOW VOLTAGE "QRS" & T WAVES.

#### TREADMILL TEST / STRESS TEST

SUBMAXIMAL (UPTO 83%) STRESS TEST IS  
NEGATIVE FOR PROVOCABLE MYOCARDIAL  
ISCHAEMIA.

#### ULTRASOUND SCREENING WHOLE ABDOMEN

- \* Grade I fatty liver.
- \* Bulky uterus.

[NOTE: At times pelvic structures are not well visualized  
due to inadequate patient preparation / excess bowel gas  
shadow. However suggested clinical correlation and  
other investigations if clinically indicated.]

#### X-RAY CHEST PA

- \* Chest skiagram does not reveal any significant  
abnormality.

#### X-RAY MAMMOGRAPHY BILATERAL (MHC)

Heterogeneously dense bilateral breast which may  
obscure small masses- BIRADS 0

Advise further evaluation by sonography

bIRADS Category:

0. Requires additional evaluation
1. Negative
2. Benign findings
3. Intermediate
4. Suspicious malignancy
5. Highly suggestive of malignancy
- 6: ( Histo-pathologically proven )

---END OF THE REPORT---

Dr. SUDESHNA MALAKAR  
MD, DNB, MNAMS, FRCR  
CONSULTANT RADIOLOGIST  
Reg. No ?" 70658 (WBMC)

#### INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

##### Haematology

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

##### Biochemistry

GLUCOSE - PLASMA (POST PRANDIAL)



Within Normal Range



Borderline High/Low



Out of Range

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**Printed By** :

AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

## AICVD RISK SCORE REPORT

**RISK STATUS**

High Risk

**YOUR SCORE**

8

**ACCEPTABLE SCORE**

4

**Your likelihood of developing cardiovascular disease in the next ten years is 1.6 times higher than the people of your age and gender**

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

**Based on your AICVD risk score you are advised the following:**

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**
- **It is recommended that you visit your physician every 3 months** if you have:
  - Uncontrolled high blood pressure
  - Diabetes
  - Dyslipidemia
  - Coronary heart disease
- You will be referred to a **cardiologist**.

**DISCLAIMER**

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

**The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515**