

Name : Mr. ATANU PAUL (35 /M)

Date : 23/12/2022

Address : FLAT NO-7F, NARAYANI APPRT, SAPTARSHI PARK, DURGAPUR, WEST  
BURDWAN, BARDDHAMAN, BARDHAMAN, WEST BENGAL, INDIA

Examined by:

UHID : AMHL.0002064086

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS  
WITH TMT/ECHO)

AHC No : AMHLAH163598



## CHIEF COMPLAINTS

For corporate health checkup  
No specific complaints

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus, Thyroid disorder, Heart disease, Asthma  
Hypertension Since - 2 yrs; Medication - regular; - Homoeopathic medication  
Dyslipidaemia Since - 2 yrs; Medication - nil



## DRUG ALLERGY

NO KNOWN ALLERGY :24/12/2022



## SYSTEMIC REVIEW

### Cardiovascular system

Palpitation - yes; Exacerbated by - moderate exercise; High blood pressure - yes; Medication - yes

### Respiratory system

Sneezing - yes; Exacerbated by - cold weather; Blocked nose - yes

### Gastrointestinal system

Appetite - normal; Dyspepsia - yes; Symptoms - acidity; Bowel habits - regular; Piles - no; Hernia - no

### Genitourinary system

- hesitancy, slow stream; Prostatomegaly - yes

### Eyes

Vision - normal

### ENT

- Normal hearing

### Musculoskeletal system

Spine and joints  
Calf(right) - pain

### Skin

- allergic rash; - rash

### Weight

- stable



### Present medications

- on Homoeopathic medication



### Past medical history

Do you have any allergies? - No  
Do you have any drug allergies? - No  
Covid 19 - Yes  
- 2022  
Hospitalization for Covid 19 - No



### Surgical history

Cholecystectomy - 2021



### Personal history

Marital status - Married  
Diet - Non Vegetarian  
Alcohol - consumes alcohol occasionally  
Frequency - occasional  
Smoking - Yes  
Type - Cigarette

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Number - 5  
Frequency - daily  
Chews tobacco - No  
Physical activity - Mild



### Abdomen

Organomegaly - No  
Tenderness - No



### Family history

Father - has expired  
Aged - 57  
Cause - coronary artery disease  
Mother - alive  
Aged - 58  
Sisters - 1  
Diabetes - father  
Hypertension - father  
Coronary artery disease - father  
Cancer - maternal grandfather,uncle  
Type - Pancreas

## PHYSICAL EXAMINATION



### General

Build - over weight  
Height - 169  
Weight - 77  
BMI - 26.96  
Pallor - No  
Oedema - no



### Cardiovascular system

Heart rate (Per minute) - 66  
Rhythm - Regular  
- B.P. Sitting  
Systolic(mm of Hg) - 130  
Diastolic(mm of Hg) - 80  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds

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**COMPLETE HAEMOGRAM PROFILE**

Test Name	Result	Unit	Level	Range
Hemoglobin	14.1	g/dl	●	13.0-17.0
RBC COUNT	4.75	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	43.1	%	●	41-53
MCV	90.8	fl	●	83-101
MCH	29.6	pg	●	27-32
MCHC	32.6	%	●	31.5-34.5
RDW	16.2 *	%	●	11.8-14.0
WBC Count	7000	/cu mm	●	4000-10000
Platelet Count	1.68	lacs/cu mm	●	1.5-4.0
Neutrophils	61	%	●	40-80
Lymphocytes	32	%	●	20-40
Monocytes	05	%	●	2-10
Eosinophils	02	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate on the smear			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	07	mm/1st hr	●	0-15

**URINE ROUTINE AND MICROSCOPY**

Test Name	Result	Unit	Level	Range
Volume:	40	mL		
Colour:	Pale Straw			
Appearance	Clear			
Specific Gravity	1.015			
pH:	6.0			
Albumin:	Trace			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		

Pus Cells	Occasional/hpf
Epithelial Cells	Occasional/hpf
Casts:	Not Found
Crystals:	Not Found
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.
NOTE : -	Urine protein rechecked and confirmed by sulphosalicylic acid test

**URINE SUGAR - POST PRANDIAL (QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

**URINE SUGAR- FASTING(QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

**BLOOD GROUPING AND TYPING (ABO AND RH)**

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	93 *	U/L	●	10-40
ALBUMIN - SERUM	4.7	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	129 *	U/L	●	53-128
AST (SGOT) - SERUM	51 *	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	1.2 *	mg/dL	●	0.0-1.0

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	187	mg/dL	●	0-200

LDL CHOLESTEROL -SERUM	113	mg/dL	●	Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated)	23	mg/dL	●	0-35

**CREATININE - SERUM**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	1.2	mg/dL	●	0.9-1.3

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.3	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	2.6	g/dL	●	1.8-3.6

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	83 *	U/L	●	7-64

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.0	ng/ml	●	0.8-2
TOTAL T4: THYROXINE - SERUM	9.9	µg/dL	●	5.1-14.1

**GLUCOSE - PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	92	mg/dL	●	70-99

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	228 *	mg/dL	●	0-150

**GLUCOSE - PLASMA (POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	89	mg/dL	●	70-140

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	2.9	µIU/mL	●	0.270-4.200

**HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	5.4	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >/= 6.5% ADA Therapeutic goal : <7%

**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	6.6	mg/dL	●	3.5-7.2

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	51	mg/dL	●	30-70

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.3 *	mg/dL	●	0.0-0.2

**BUN (BLOOD UREA NITROGEN)**

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	14.8	mg/dL	●	7.0-18.0

#### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.8:1.0			1.0-2.0

#### ECG

SINUS BRADYCARDIA.  
LOW VOLTAGE T WAVES.

#### TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

#### ULTRASOUND SCREENING WHOLE ABDOMEN

\* No significant abnormality seen.

#### X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

#### Haematology

STOOL ROUTINE

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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Printed By :

AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.