



CID : 2327708868  
Name : MRS.SWATI NAYAK  
Age / Gender : 37 Years / Female  
Consulting Dr. : -  
Reg. Location : Borivali West (Main Centre)

Collected : 04-Oct-2023 / 08:10  
Reported : 04-Oct-2023 / 11:52

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**AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE**

**CBC (Complete Blood Count), Blood**

| <u>PARAMETER</u>  | <u>RESULTS</u> | <u>BIOLOGICAL REF RANGE</u> | <u>METHOD</u>      |
|---|----------------|-----------------------------|--------------------|
| <b><u>RBC PARAMETERS</u></b>  |                |                             |                    |
| Haemoglobin   | 9.9            | 12.0-15.0 g/dL              | Spectrophotometric |
| RBC   | 4.11           | 3.8-4.8 mil/cmm             | Elect. Impedance   |
| PCV   | 30.7           | 36-46 %                     | Measured           |
| MCV   | 75             | 80-100 fl                   | Calculated         |
| MCH   | 24.1           | 27-32 pg                    | Calculated         |
| MCHC  | 32.3           | 31.5-34.5 g/dL              | Calculated         |
| RDW   | 14.5           | 11.6-14.0 %                 | Calculated         |
| <b><u>WBC PARAMETERS</u></b>  |                |                             |                    |
| WBC Total Count   | 5170           | 4000-10000 /cmm             | Elect. Impedance   |
| <b><u>WBC DIFFERENTIAL AND ABSOLUTE COUNTS</u></b>                  |                |                             |                    |
| Lymphocytes   | 21.8           | 20-40 %                     |                    |
| Absolute Lymphocytes  | 1127.1         | 1000-3000 /cmm              | Calculated         |
| Monocytes   | 7.7            | 2-10 %                      |                    |
| Absolute Monocytes  | 398.1          | 200-1000 /cmm               | Calculated         |
| Neutrophils   | 69.2           | 40-80 %                     |                    |
| Absolute Neutrophils  | 3577.6         | 2000-7000 /cmm              | Calculated         |
| Eosinophils   | 0.9            | 1-6 %                       |                    |
| Absolute Eosinophils  | 46.5           | 20-500 /cmm                 | Calculated         |
| Basophils   | 0.4            | 0.1-2 %                     |                    |
| Absolute Basophils  | 20.7           | 20-100 /cmm                 | Calculated         |
| Immature Leukocytes   | -              |                             |                    |
| WBC Differential Count by Absorbance & Impedance method/Microscopy. |                |                             |                    |
| <b><u>PLATELET PARAMETERS</u></b>                                   |                |                             |                    |
| Platelet Count  | 222000         | 150000-400000 /cmm          | Elect. Impedance   |
| MPV   | 11.5           | 6-11 fl                     | Calculated         |
| PDW   | 25.0           | 11-18 %                     | Calculated         |
| <b><u>RBC MORPHOLOGY</u></b>  |                |                             |                    |
| Hypochromia   | Mild           |                             |                    |
| Microcytosis  | Mild           |                             |                    |



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|                      |                         |
|----------------------|-------------------------|
| Macrocytosis         | -                       |
| Anisocytosis         | -                       |
| Poikilocytosis       | Mild                    |
| Polychromasia        | Mild                    |
| Target Cells         | -                       |
| Basophilic Stippling | -                       |
| Normoblasts          | -                       |
| Others               | Elliptocytes-occasional |
| WBC MORPHOLOGY       | -                       |
| PLATELET MORPHOLOGY  | -                       |
| COMMENT              | -                       |

Specimen: EDTA Whole Blood

ESR, EDTA WB-ESR                      16                      2-20 mm at 1 hr.                      Sedimentation

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\*\*\* End Of Report \*\*\*



*J. Thakker*

**Dr. JYOT THAKKER**  
M.D. (PATH), DPB  
Pathologist & AVP( Medical Services)



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**AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE**

| <u>PARAMETER</u>                         | <u>RESULTS</u> | <u>BIOLOGICAL REF RANGE</u>  | <u>METHOD</u>    |
|--|----------------|--|------------------|
| GLUCOSE (SUGAR) FASTING, Fluoride Plasma | 89.5           | Non-Diabetic: < 100 mg/dl<br>Impaired Fasting Glucose: 100-125 mg/dl<br>Diabetic: >= 126 mg/dl   | Hexokinase       |
| GLUCOSE (SUGAR) PP, Fluoride Plasma PP/R | 125.7          | Non-Diabetic: < 140 mg/dl<br>Impaired Glucose Tolerance: 140-199 mg/dl<br>Diabetic: >= 200 mg/dl | Hexokinase       |
| BILIRUBIN (TOTAL), Serum                 | 0.47           | 0.1-1.2 mg/dl  | Colorimetric     |
| BILIRUBIN (DIRECT), Serum                | 0.18           | 0-0.3 mg/dl  | Diazo            |
| BILIRUBIN (INDIRECT), Serum              | 0.29           | 0.1-1.0 mg/dl  | Calculated       |
| TOTAL PROTEINS, Serum                    | 8.0            | 6.4-8.3 g/dL   | Biuret           |
| ALBUMIN, Serum                           | 5.2            | 3.5-5.2 g/dL   | BCG              |
| GLOBULIN, Serum                          | 2.8            | 2.3-3.5 g/dL   | Calculated       |
| A/G RATIO, Serum                         | 1.9            | 1 - 2  | Calculated       |
| SGOT (AST), Serum                        | 17.4           | 5-32 U/L   | NADH (w/o P-5-P) |
| SGPT (ALT), Serum                        | 9.6            | 5-33 U/L   | NADH (w/o P-5-P) |
| GAMMA GT, Serum                          | 10.4           | 3-40 U/L   | Enzymatic        |
| ALKALINE PHOSPHATASE, Serum              | 60.9           | 35-105 U/L   | Colorimetric     |
| BLOOD UREA, Serum                        | 12.4           | 12.8-42.8 mg/dl  | Kinetic          |
| BUN, Serum                               | 5.8            | 6-20 mg/dl   | Calculated       |
| CREATININE, Serum                        | 0.58           | 0.51-0.95 mg/dl  | Enzymatic        |



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|             |     |                                    |            |
|-------------|-----|------------------------------------|------------|
| eGFR, Serum | 119 | (ml/min/1.73sqm)                   | Calculated |
|             |     | Normal or High: Above 90           |            |
|             |     | Mild decrease: 60-89               |            |
|             |     | Mild to moderate decrease: 45-59   |            |
|             |     | Moderate to severe decrease: 30-44 |            |
|             |     | Severe decrease: 15-29             |            |
|             |     | Kidney failure: <15                |            |

Note: eGFR estimation is calculated using 2021 CKD-EPI GFR equation w.e.f 16-08-2023

|                         |        |               |           |
|-------------------------|--------|---------------|-----------|
| URIC ACID, Serum        | 4.3    | 2.4-5.7 mg/dl | Enzymatic |
| Urine Sugar (Fasting)   | Absent | Absent        |           |
| Urine Ketones (Fasting) | Absent | Absent        |           |
| Urine Sugar (PP)        | Absent | Absent        |           |
| Urine Ketones (PP)      | Absent | Absent        |           |

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Borivali Lab, Borivali West  
\*\*\* End Of Report \*\*\*



*Bmhasakar*

**Dr.KETAKI MHASKAR**  
M.D. (PATH)  
Pathologist



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**AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE**  
**GLYCOSYLATED HEMOGLOBIN (HbA1c)**

| <u>PARAMETER</u>                              | <u>RESULTS</u> | <u>BIOLOGICAL REF RANGE</u>  | <u>METHOD</u> |
|---|----------------|--|---------------|
| Glycosylated Hemoglobin (HbA1c), EDTA WB - CC | 5.0            | Non-Diabetic Level: < 5.7 %<br>Prediabetic Level: 5.7-6.4 %<br>Diabetic Level: >/= 6.5 % | HPLC          |
| Estimated Average Glucose (eAG), EDTA WB - CC | 96.8           | mg/dl  | Calculated    |

**Intended use:**

- In patients who are meeting treatment goals, HbA1c test should be performed at least 2 times a year
- In patients whose therapy has changed or who are not meeting glycemic goals, it should be performed quarterly
- For microvascular disease prevention, the HbA1C goal for non pregnant adults in general is Less than 7%.

**Clinical Significance:**

- HbA1c, Glycosylated hemoglobin or glycated hemoglobin, is hemoglobin with glucose molecule attached to it.
- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of glycosylated hemoglobin in the blood.

**Test Interpretation:**

- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of Glycosylated hemoglobin in the blood.
- HbA1c test may be used to screen for and diagnose diabetes or risk of developing diabetes.
- To monitor compliance and long term blood glucose level control in patients with diabetes.
- Index of diabetic control, predicting development and progression of diabetic micro vascular complications.

**Factors affecting HbA1c results:**

**Increased in:** High fetal hemoglobin, Chronic renal failure, Iron deficiency anemia, Splenectomy, Increased serum triglycerides, Alcohol ingestion, Lead/opiate poisoning and Salicylate treatment.

**Decreased in:** Shortened RBC lifespan (Hemolytic anemia, blood loss), following transfusions, pregnancy, ingestion of large amount of Vitamin E or Vitamin C and Hemoglobinopathies

**Reflex tests:** Blood glucose levels, CGM (Continuous Glucose monitoring)

**References:** ADA recommendations, AACC, Wallach's interpretation of diagnostic tests 10th edition.

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\*\*\* End Of Report \*\*\*



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**Dr.KETAKI MHASKAR**  
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**Pathologist**



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**AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE**  
**EXAMINATION OF FAECES**

| <u>PARAMETER</u>                      | <u>RESULTS</u>  | <u>BIOLOGICAL REF RANGE</u> |
|---------------------------------------|-----------------|-----------------------------|
| <b><u>PHYSICAL EXAMINATION</u></b>    |                 |                             |
| Colour                                | Brown           | Brown                       |
| Form and Consistency                  | Semi Solid      | Semi Solid                  |
| Mucus                                 | Absent          | Absent                      |
| Blood                                 | Absent          | Absent                      |
| <b><u>CHEMICAL EXAMINATION</u></b>    |                 |                             |
| Reaction (pH)                         | 6.0             | -                           |
| Occult Blood                          | Absent          | Absent                      |
| <b><u>MICROSCOPIC EXAMINATION</u></b> |                 |                             |
| Protozoa                              | Absent          | Absent                      |
| Flagellates                           | Absent          | Absent                      |
| Ciliates                              | Absent          | Absent                      |
| Parasites                             | Absent          | Absent                      |
| Macrophages                           | Absent          | Absent                      |
| Mucus Strands                         | Absent          | Absent                      |
| Fat Globules                          | Absent          | Absent                      |
| RBC/hpf                               | Absent          | Absent                      |
| WBC/hpf                               | Absent          | Absent                      |
| Yeast Cells                           | Absent          | Absent                      |
| Undigested Particles                  | Present +       | -                           |
| Concentration Method (for ova)        | No ova detected | Absent                      |
| Reducing Substances                   | -               | Absent                      |

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MC-2111

*J. Thakker*

**Dr. JYOT THAKKER**  
M.D. (PATH), DPB  
Pathologist & AVP( Medical Services)



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**AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE**  
**URINE EXAMINATION REPORT**

| <u>PARAMETER</u>                      | <u>RESULTS</u> | <u>BIOLOGICAL REF RANGE</u> | <u>METHOD</u>      |
|---------------------------------------|----------------|-----------------------------|--------------------|
| <b><u>PHYSICAL EXAMINATION</u></b>    |                |                             |                    |
| Color                                 | Pale yellow    | Pale Yellow                 | -                  |
| Reaction (pH)                         | 6.0            | 4.5 - 8.0                   | Chemical Indicator |
| Specific Gravity                      | 1.005          | 1.001-1.030                 | Chemical Indicator |
| Transparency                          | Clear          | Clear                       | -                  |
| Volume (ml)                           | 30             | -                           | -                  |
| <b><u>CHEMICAL EXAMINATION</u></b>    |                |                             |                    |
| Proteins                              | Absent         | Absent                      | pH Indicator       |
| Glucose                               | Absent         | Absent                      | GOD-POD            |
| Ketones                               | Absent         | Absent                      | Legals Test        |
| Blood                                 | Absent         | Absent                      | Peroxidase         |
| Bilirubin                             | Absent         | Absent                      | Diazonium Salt     |
| Urobilinogen                          | Normal         | Normal                      | Diazonium Salt     |
| Nitrite                               | Absent         | Absent                      | Griess Test        |
| <b><u>MICROSCOPIC EXAMINATION</u></b> |                |                             |                    |
| Leukocytes(Pus cells)/hpf             | 0-1            | 0-5/hpf                     |                    |
| Red Blood Cells / hpf                 | Absent         | 0-2/hpf                     |                    |
| Epithelial Cells / hpf                | 4-5            |                             |                    |
| Casts                                 | Absent         | Absent                      |                    |
| Crystals                              | Absent         | Absent                      |                    |
| Amorphous debris                      | Absent         | Absent                      |                    |
| Bacteria / hpf                        | +(>20/hpf)     | Less than 20/hpf            |                    |
| Others                                | -              |                             |                    |

**Interpretation:** The concentration values of Chemical analytes corresponding to the grading given in the report are as follows:

- Protein ( 1+ = 25 mg/dl , 2+ =75 mg/dl , 3+ = 150 mg/dl , 4+ = 500 mg/dl )
- Glucose(1+ = 50 mg/dl , 2+ =100 mg/dl , 3+ =300 mg/dl ,4+ =1000 mg/dl )
- Ketone (1+ =5 mg/dl , 2+ = 15 mg/dl , 3+= 50 mg/dl , 4+ = 150 mg/dl )

**Reference:** Pack inert

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*Bmhasakar*

**Dr.KETAKI MHASKAR**  
**M.D. (PATH)**  
**Pathologist**



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**AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE**  
**BLOOD GROUPING & Rh TYPING**

| <u>PARAMETER</u> | <u>RESULTS</u> |
|------------------|----------------|
| ABO GROUP        | O              |
| Rh TYPING        | Positive       |

NOTE: Test performed by automated Erythrocytes magnetized technology (EMT) which is more sensitive than conventional methods.

Specimen: EDTA Whole Blood and/or serum

**Clinical significance:**  
ABO system is most important of all blood group in transfusion medicine

**Limitations:**

- ABO blood group of new born is performed only by cell (forward) grouping because allo antibodies in cord blood are of maternal origin.
- Since A & B antigens are not fully developed at birth, both Anti-A & Anti-B antibodies appear after the first 4 to 6 months of life. As a result, weaker reactions may occur with red cells of newborns than of adults.
- Confirmation of newborn's blood group is indicated when A & B antigen expression and the isoagglutinins are fully developed at 2 to 4 years of age & remains constant throughout life.
- Cord blood is contaminated with Wharton's jelly that causes red cell aggregation leading to false positive result
- The Hh blood group also known as Oh or Bombay blood group is rare blood group type. The term Bombay is used to refer the phenotype that lacks normal expression of ABH antigens because of inheritance of hh genotype.

**References:**

1. Denise M Harmening, Modern Blood Banking and Transfusion Practices- 6th Edition 2012. F.A. Davis company. Philadelphia
2. AABB technical manual

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*S. Sakhare*  
**Dr.SUHAS SAKHARE**  
**M.D. (PATH)**  
**Pathologist**





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**AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE**  
**LIPID PROFILE**

| PARAMETER                        | RESULTS | BIOLOGICAL REF RANGE  | METHOD                                   |
|----------------------------------|---------|---|--|
| CHOLESTEROL, Serum               | 200.3   | Desirable: <200 mg/dl<br>Borderline High: 200-239mg/dl<br>High: >/=240 mg/dl  | CHOD-POD                                 |
| TRIGLYCERIDES, Serum             | 172.5   | Normal: <150 mg/dl<br>Borderline-high: 150 - 199 mg/dl<br>High: 200 - 499 mg/dl<br>Very high:>/=500 mg/dl                                     | GPO-POD                                  |
| HDL CHOLESTEROL, Serum           | 59.9    | Desirable: >60 mg/dl<br>Borderline: 40 - 60 mg/dl<br>Low (High risk): <40 mg/dl   | Homogeneous enzymatic colorimetric assay |
| NON HDL CHOLESTEROL, Serum       | 140.4   | Desirable: <130 mg/dl<br>Borderline-high:130 - 159 mg/dl<br>High:160 - 189 mg/dl<br>Very high: >/=190 mg/dl                                   | Calculated                               |
| LDL CHOLESTEROL, Serum           | 105.0   | Optimal: <100 mg/dl<br>Near Optimal: 100 - 129 mg/dl<br>Borderline High: 130 - 159 mg/dl<br>High: 160 - 189 mg/dl<br>Very High: >/= 190 mg/dl | Calculated                               |
| VLDL CHOLESTEROL, Serum          | 35.4    | < /= 30 mg/dl   | Calculated                               |
| CHOL / HDL CHOL RATIO, Serum     | 3.3     | 0-4.5 Ratio   | Calculated                               |
| LDL CHOL / HDL CHOL RATIO, Serum | 1.8     | 0-3.5 Ratio   | Calculated                               |

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**AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE**  
**THYROID FUNCTION TESTS**

| <u>PARAMETER</u>    | <u>RESULTS</u> | <u>BIOLOGICAL REF RANGE</u>   | <u>METHOD</u> |
|---------------------|----------------|---|---------------|
| Free T3, Serum      | 4.5            | 3.5-6.5 pmol/L  | ECLIA         |
| Free T4, Serum      | 15.1           | 11.5-22.7 pmol/L<br>First Trimester:9.0-24.7<br>Second Trimester:6.4-20.59<br>Third Trimester:6.4-20.59 | ECLIA         |
| sensitiveTSH, Serum | 3.19           | 0.35-5.5 microIU/ml<br>First Trimester:0.1-2.5<br>Second Trimester:0.2-3.0<br>Third Trimester:0.3-3.0   | ECLIA         |



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**Interpretation:**

A thyroid panel is used to evaluate thyroid function and/or help diagnose various thyroid disorders.

**Clinical Significance:**

- 1)TSH Values between high abnormal upto15 microIU/ml should be correlated clinically or repeat the test with new sample as physiological factors can give falsely high TSH.
- 2)TSH values may be trasiently altered becuae of non thyroidal illness like severe infections,liver disease, renal and heart severe burns, trauma and surgery etc.

| TSH  | FT4 / T4 | FT3 / T3 | Interpretation  |
|------|----------|----------|---|
| High | Normal   | Normal   | Subclinical hypothyroidism, poor compliance with thyroxine, drugs like amiodarone, Recovery phase of non-thyroidal illness, TSH Resistance.   |
| High | Low      | Low      | Hypothyroidism, Autoimmune thyroiditis, post radio iodine Rx, post thyroidectomy, Anti thyroid drugs, tyrosine kinase inhibitors & amiodarone, amyloid deposits in thyroid, thyroid tumors & congenital hypothyroidism. |
| Low  | High     | High     | Hyperthyroidism, Graves disease, toxic multinodular goiter, toxic adenoma, excess iodine or thyroxine intake, pregnancy related (hyperemesis gravidarum, hydatiform mole)   |
| Low  | Normal   | Normal   | Subclinical Hyperthyroidism, recent Rx for Hyperthyroidism, drugs like steroids & dopamine), Non thyroidal illness.   |
| Low  | Low      | Low      | Central Hypothyroidism, Non Thyroidal Illness, Recent Rx for Hyperthyroidism.   |
| High | High     | High     | Interfering anti TPO antibodies, Drug interference: Amiodarone, Heparin, Beta Blockers, steroids & anti epileptics.   |

**Diurnal Variation:**TSH follows a diurnal rhythm and is at maximum between 2 am and 4 am , and is at a minimum between 6 pm and 10 pm. The variation is on the order of 50 to 206%. Biological variation:19.7%(with in subject variation)

**Reflex Tests:**Anti thyroid Antibodies,USG Thyroid ,TSH receptor Antibody. Thyroglobulin, Calcitonin

**Limitations:**

1. Samples should not be taken from patients receiving therapy with high biotin doses (i.e. >5 mg/day) until atleast 8 hours following the last biotin administration.
2. Patient samples may contain heterophilic antibodies that could react in immunoassays to give falsely elevated or depressed results. this assay is designed to minimize interference from heterophilic antibodies.

**Reference:**

- 1.O.koulouri et al. / Best Practice and Research clinical Endocrinology and Metabolism 27(2013)
- 2.Interpretation of the thyroid function tests, Dayan et al. THE LANCET . Vol 357
- 3.Tietz ,Text Book of Clinical Chemistry and Molecular Biology -5th Edition
- 4.Biological Variation:From principles to Practice-Callum G Fraser (AACC Press)

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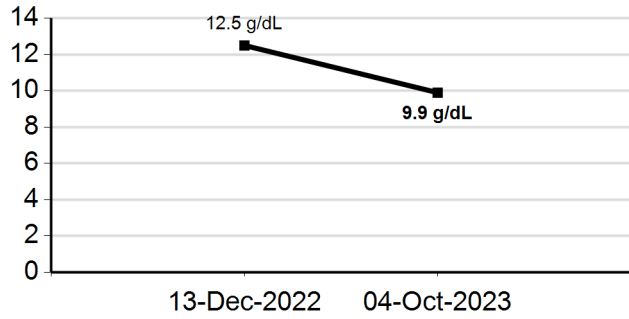
**Dr.KETAKI MHASKAR**  
M.D. (PATH)  
Pathologist



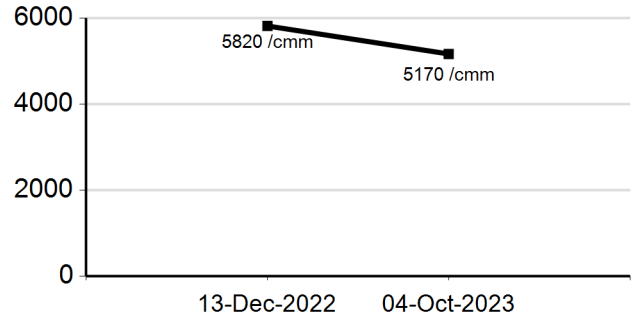
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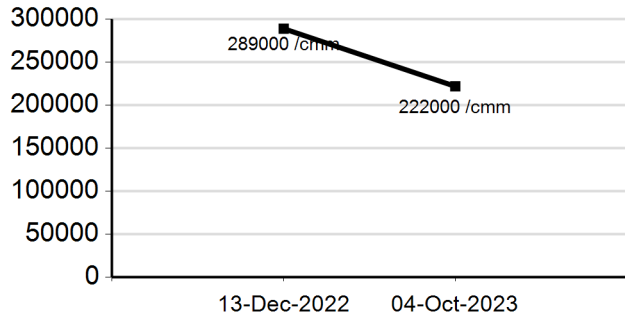
**Haemoglobin**



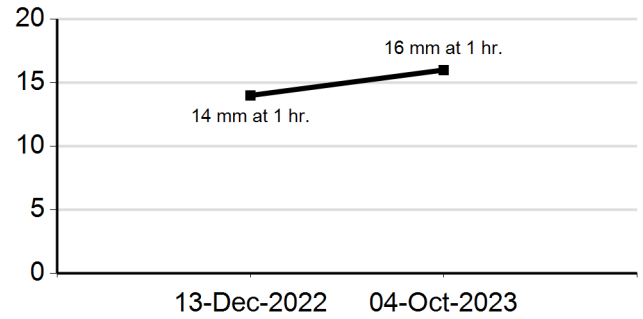
**WBC Total Count**



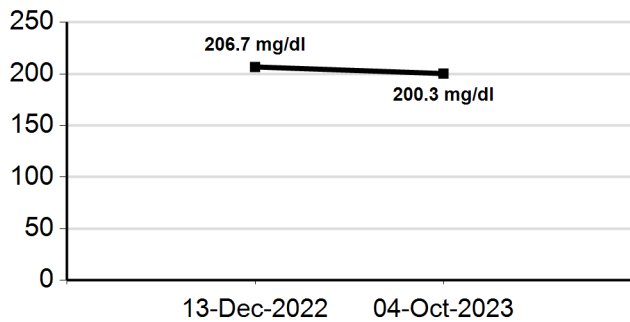
**Platelet Count**



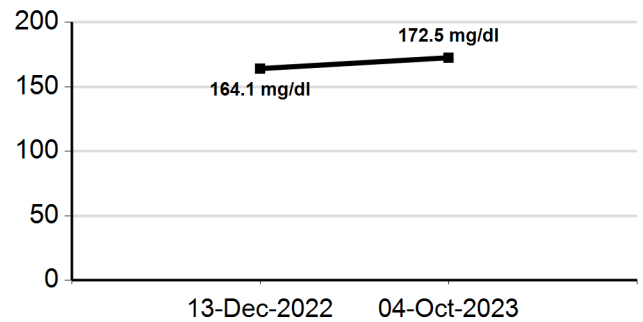
**ESR**



**CHOLESTEROL**



**TRIGLYCERIDES**

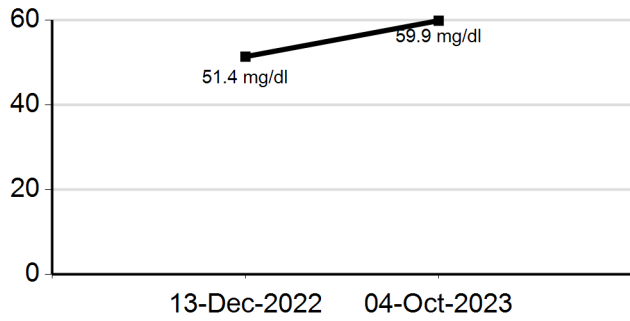




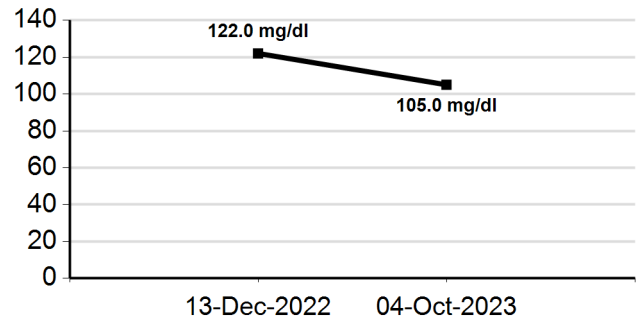
Use a QR Code Scanner Application To Scan the Code

CID : 2327708868  
 Name : MRS.SWATI NAYAK  
 Age / Gender : 37 Years / Female  
 Consulting Dr. : -  
 Reg. Location : Borivali West (Main Centre)

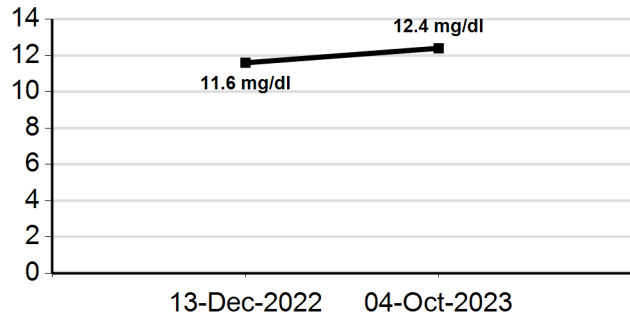
**HDL CHOLESTEROL**



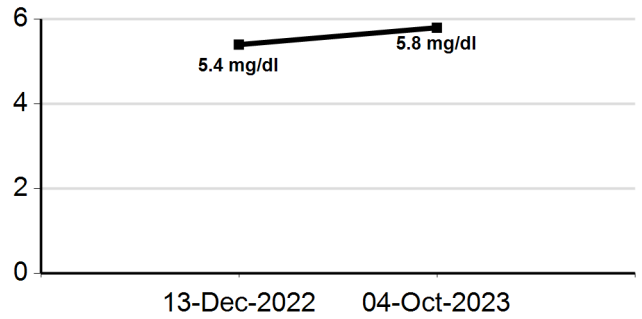
**LDL CHOLESTEROL**



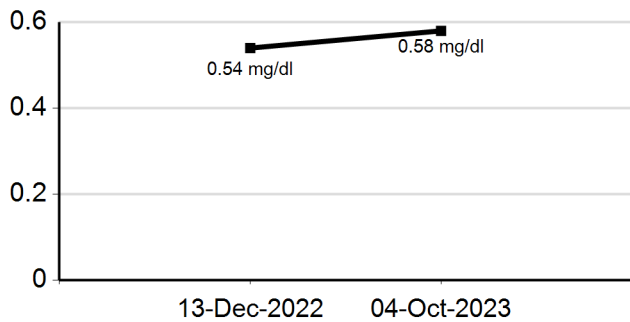
**BLOOD UREA**



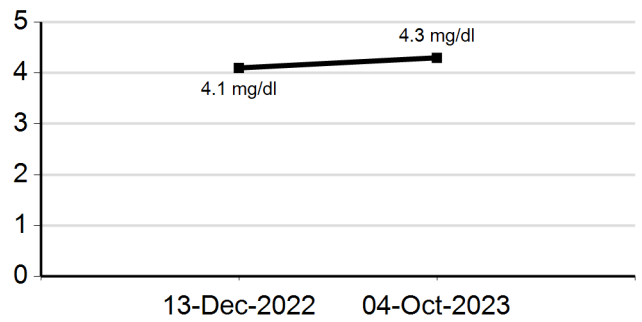
**BUN**



**CREATININE**



**URIC ACID**

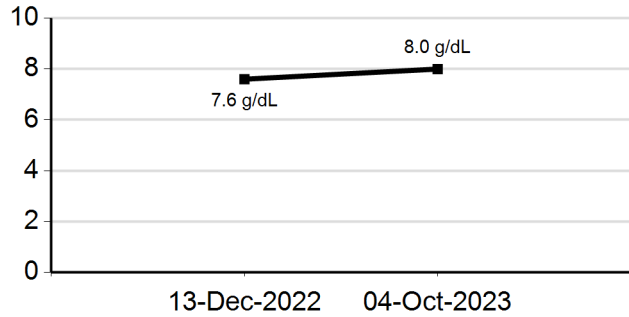




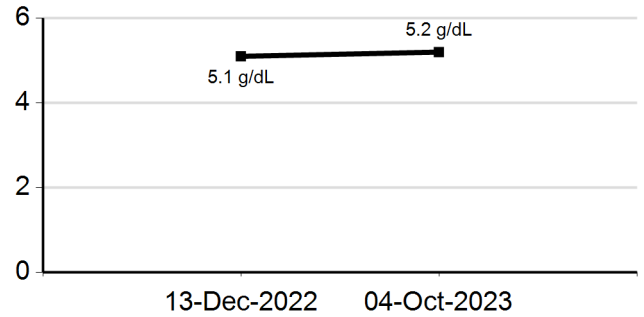
Use a QR Code Scanner  
 Application To Scan the Code

**CID** : 2327708868  
**Name** : MRS.SWATI NAYAK  
**Age / Gender** : 37 Years / Female  
**Consulting Dr.** : -  
**Reg. Location** : Borivali West (Main Centre)

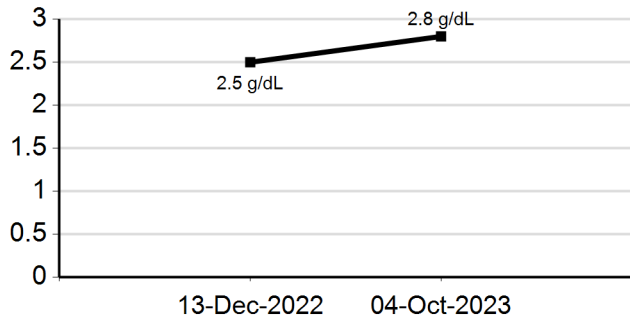
**TOTAL PROTEINS**



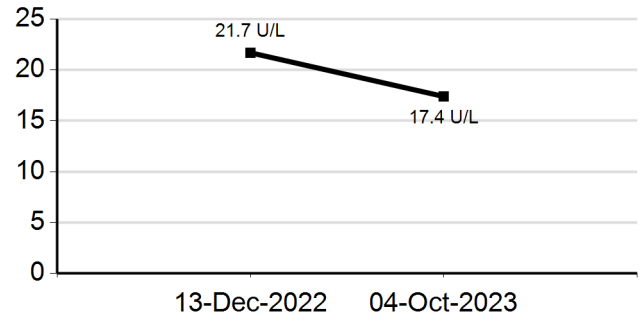
**ALBUMIN**



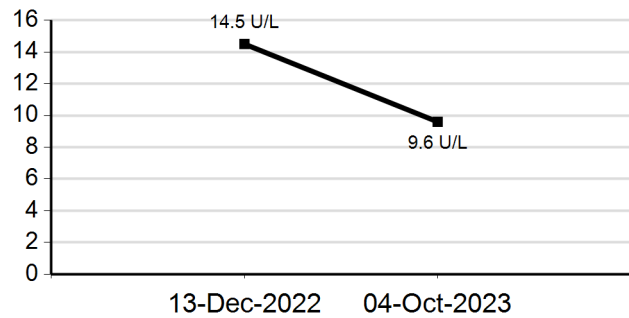
**GLOBULIN**



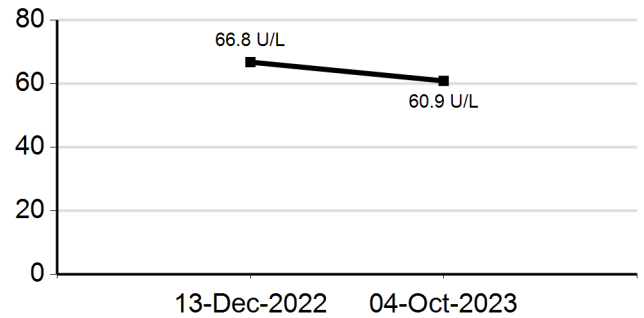
**SGOT (AST)**



**SGPT (ALT)**



**ALKALINE PHOSPHATASE**

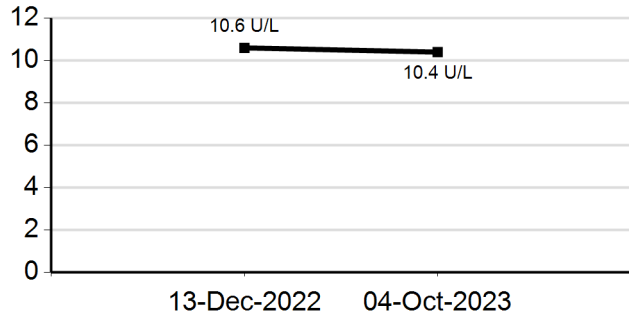




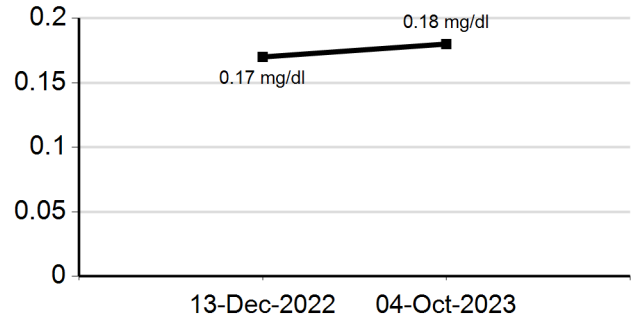
Use a QR Code Scanner Application To Scan the Code

CID : 2327708868  
 Name : MRS.SWATI NAYAK  
 Age / Gender : 37 Years / Female  
 Consulting Dr. : -  
 Reg. Location : Borivali West (Main Centre)

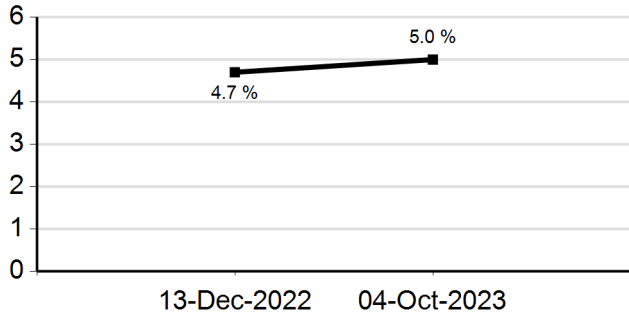
**GAMMA GT**



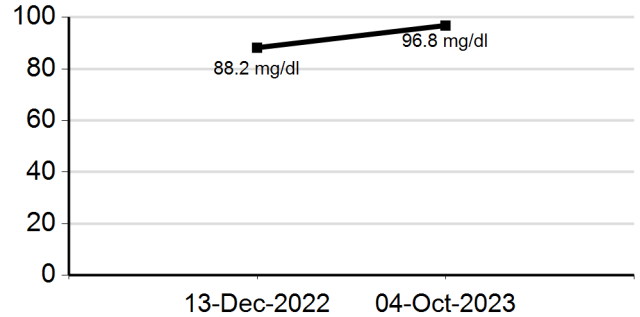
**BILIRUBIN (DIRECT)**



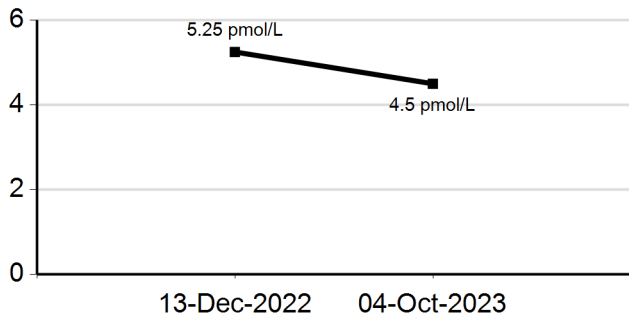
**Glycosylated Hemoglobin (HbA1c)**



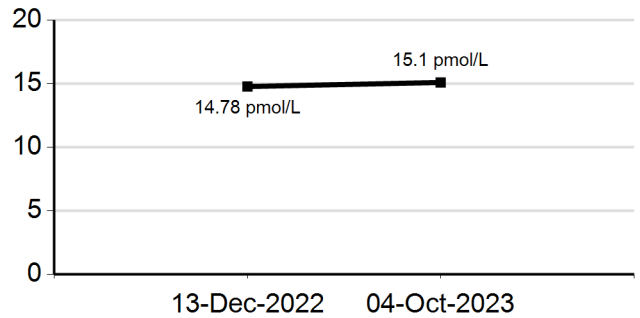
**Estimated Average Glucose (eAG)**



**Free T3**



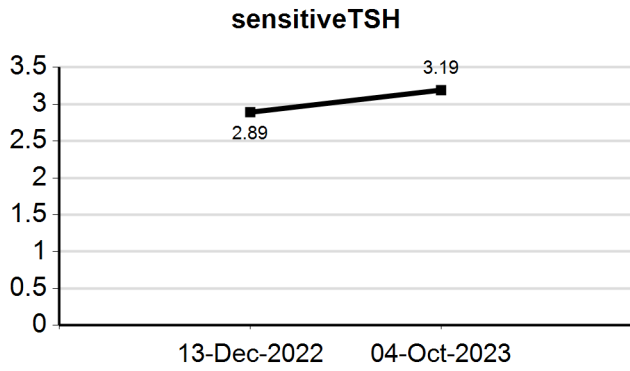
**Free T4**





Use a QR Code Scanner  
Application To Scan the Code

CID : 2327708868  
Name : MRS.SWATI NAYAK  
Age / Gender : 37 Years / Female  
Consulting Dr. : -  
Reg. Location : Borivali West (Main Centre)





# SUBURBAN DIAGNOSTICS - BORIVALI WEST

Patient Name: SWATI NAYAK

Date and Time: 4th Oct 23 9:01 AM

Patient ID: 2327708868

Age **37** **5** **1**  
years months days

Gender **Female**

Heart Rate **72bpm**

### Patient Vitals

BP: 100/70 mmHg

Weight: 54 kg

Height: 149 cm

Pulse: NA

Spo2: NA

Resp: NA

Others: \_\_\_\_\_

### Measurements

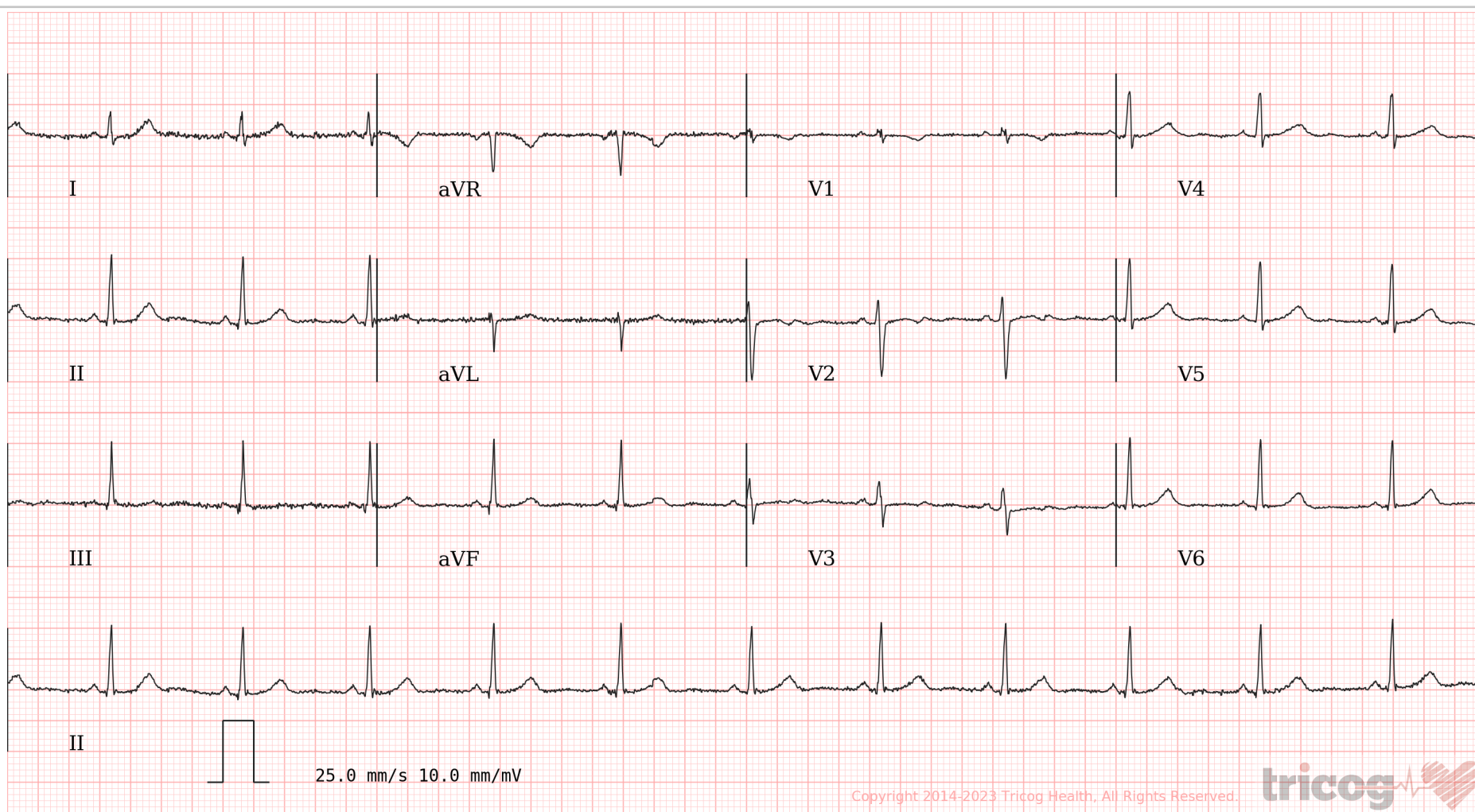
QRSD: 68ms

QT: 374ms

QTcB: 409ms

PR: 118ms

P-R-T: 50° 80° 43°



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ECG Within Normal Limits: Sinus Rhythm. Normal axis. Please correlate clinically.

REPORTED BY

Dr Nitin Sonavane  
M.B.B.S.AFLH, D.DIAB,D.CARD  
Consultant Cardiologist  
87714

**आयकर विभाग**  
**INCOME TAX DEPARTMENT**


**भारत सरकार**  
**GOVT. OF INDIA**

**SWATI NAYAK**  
**SUDARSAN BEHERA**  
 03/05/1986  
 Permanent Account Number  
**ANUPB5676N**

  
 Signature


*Swati*  
*04 Oct 23*  
*at Suburban*

Suburban Diagnostics (I) Pvt. Ltd.  
 3012, 302, 3rd Floor, Vini Enterprise  
 Above Tansa Jweler, L. T. Road,  
 Borivali (West), Mumbai - 400 082.

*Swati*

Name : Mrs . Swati Nayak  
VID : 2327708868  
Ref By : Arcofemi Healthcare Limited

Reg Date : 04-Oct-2023 08:00  
Age/Gender : 37 Years  
Regn Centre : Borivali West (Main Centre)

**History and Complaints:**

Nil

**EXAMINATION FINDINGS:**

|                         |          |              |              |
|-------------------------|----------|--------------|--------------|
| Height (cms):           | 149      | Weight (kg): | 54           |
| Temp (0c):              | Afebrile | Skin:        | NAD          |
| Blood Pressure (mm/hg): | 100/70   | Nails:       | NAD          |
| Pulse:                  | 82/min   | Lymph Node:  | Not Palpable |

**Systems**

Cardiovascular: S1S2-Normal  
Respiratory: Chest-Clear  
Genitourinary: NAD  
GI System: NAD  
CNS: NAD

**IMPRESSION:**

*Hb ↓  
Lipid profile.*

**ADVICE:**

*physician Refn.*

**CHIEF COMPLAINTS:**

- |  |    |
|--|----|
| 1) Hypertension:                         | No |
| 2) IHD                                   | No |
| 3) Arrhythmia                            | No |
| 4) Diabetes Mellitus                     | No |
| 5) Tuberculosis                          | No |
| 6) Asthama                               | No |
| 7) Pulmonary Disease                     | No |
| 8) Thyroid/ Endocrine disorders          | No |
| 9) Nervous disorders                     | No |
| 10) GI system                            | No |
| 11) Genital urinary disorder             | No |
| 12) Rheumatic joint diseases or symptoms | No |
| 13) Blood disease or disorder            | No |
| 14) Cancer/lump growth/cyst              | No |
| 15) Congenital disease                   | No |
| 16) Surgeries                            | No |
| 17) Musculoskeletal System               | No |

Name : Mrs . Swati Nayak  
VID : 2327708868  
Ref By : Arcofemi Healthcare Limited

Reg Date : 04-Oct-2023 08:00  
Age/Gender : 37 Years  
Regn Centre : Borivali West (Main Centre)

**PERSONAL HISTORY:**

- |               |     |
|---------------|-----|
| 1) Alcohol    | No  |
| 2) Smoking    | No  |
| 3) Diet       | Veg |
| 4) Medication | No  |

**DR. NITIN SONAVANE**  
M.B.B.S.AFLH, D.DIAB, D.CARD.  
CONSULTANT-CARDIOLOGIST  
REGD. NO. : 87784  
Dr. Nitin Sonavane  
PHYSICIAN

**Suburban Diagnostics (I) Pvt. Ltd.**  
301 & 302, 3rd Floor, Mini Elegance  
Above Tarisa Jeweller, L. T. Road,  
Borivali (West), Mumbai - 400 092.

Date:-

CID: 2327708868

Name:-

Swati Nayak

Sex / Age: 37 / F

**EYE CHECK UP**

Chief complaints:

Systemic Diseases:

Past history:

Unaided Vision:

Aided Vision:

Refraction:



HO

|     |     |
|-----|-----|
| RE  | LE  |
| G/G | G/G |
| M/G | M/G |

(Right Eye)

(Left Eye)

|          | Sph | Cyl | Axis | Vn | Sph | Cyl | Axis | Vn |
|----------|-----|-----|------|----|-----|-----|------|----|
| Distance |     |     |      |    |     |     |      |    |
| Near     |     |     |      |    |     |     |      |    |

Colour Vision: Normal / Abnormal

Remark:

Suburban Diagnostics (I) Pvt. Ltd.  
301 & 302, 3rd Floor, Sun Experience  
Above Parsi Club, 7 Road,  
Borivali (West), Mumbai - 400 092.

**SUBURBAN DIANOSTICS PVT. LTD. BORIVALI**

**Name: SWATI NAYAK**

**Date: 04-10-2023 Time: 10:39**

**Age: 37 Gender: F Height: 149 cms Weight: 54 Kg ID: 2327708868**

**Clinical History: NIL**

**Medications: NIL**

**Test Details:**

**Protocol: Bruce Predicted Max HR: 183 Target HR: 155 (85% of Pr. MHR)**

**Exercise Time: 0:07:23 Achieved Max HR: 183 (100% of Pr. MHR)**

**Max BP: 150/70 Max BP x HR: 27450 Max Mets: 8.3**

**Test Termination Criteria: TEST COMPLET**

**Protocol Details:**

| Stage Name       | Stage Time | METS | Speed kmph | Grade % | Heart Rate bpm | BP mmHg | RPP   | Max ST Level mm | Max ST Slope mV/s |
|------------------|------------|------|------------|---------|----------------|---------|-------|-----------------|-------------------|
| Supine           | 01:18      | 1    | 0          | 0       | 85             | 100/70  | 8500  | -0.5 aVR        | -1.2 III          |
| Standing         | 00:16      | 1    | 0          | 0       | 95             | 100/70  | 9500  | 0.2 I           | -0.9 III          |
| HyperVentilation | 00:16      | 1    | 0          | 0       | 80             | 100/70  | 8000  | 0.4 V6          | -1.2 III          |
| PreTest          | 00:06      | 1    | 1.6        | 0       | 97             | 100/70  | 9700  | -0.2 III        | -0.9 III          |
| Stage: 1         | 03:00      | 4.7  | 2.7        | 10      | 133            | 120/70  | 15960 | -0.6 III        | -1.2 III          |
| Stage: 2         | 03:00      | 7    | 4          | 12      | 168            | 140/70  | 23520 | -1.9 V3         | 0.8 V2            |
| Peak Exercise    | 01:23      | 8.3  | 5.5        | 14      | 183            | 140/70  | 25620 | -1.7 V5         | 1 V2              |
| Recovery1        | 01:00      | 1    | 0          | 0       | 146            | 150/70  | 21900 | -0.7 II         | -1.4 III          |
| Recovery2        | 01:00      | 1    | 0          | 0       | 125            | 140/70  | 17500 | -0.5 III        | -1.2 III          |
| Recovery3        | 01:00      | 1    | 0          | 0       | 117            | 120/70  | 14040 | -0.5 II         | -1.1 III          |
| Recovery4        | 01:00      | 1    | 0          | 0       | 117            | 120/70  | 14040 | -0.3 II         | -1.2 III          |
| Recovery5        | 00:07      | 1    | 0          | 0       | 115            | 120/70  | 13800 | -0.3 II         | -1.2 III          |

**Interpretation**

The Patient Exercised according to Bruce Protocol for 0:07:23 achieving a work level of 8.3 METS.  
Resting Heart Rate, initially 85 bpm rose to a max. heart rate of 183bpm (100% of Predicted Maximum Heart Rate).  
Resting Blood Pressure of 100/70 mmHg. rose to a maximum Blood Pressure of 150/70 mmHg  
Good Effort tolerance Normal HR & BP Response No Angina or Arrhythmias  
No Significant ST-T Change Noted During Exercise Stress test Negative for Stress inducible ischaemia.

**Suburban Diagnostics (Pvt. Ltd.**  
301 & 302, 3rd Floor, Vini Elegancee  
Above Tanisq Jeweller, L. T. Road,  
Borivali (West), Mumbai - 400 092.

**DR. NITIN SONAVANE**  
M.B.B.S.AFLH, D.DIAB, D.CAR  
CONSULTANT-CARDIOLOGIST,  
REGD. NO. : 87714

Ref. Doctor: ---

Doctor: DR. NITIN SONAVANE

**SCHILLER**

The Art of Diagnostics

( Summary Report edited by User.)  
Cardiovit CS-20 Version:3.4

# SUBURBAN DIANOSTICS PVT. LTD. BORIVALI

**SWATI NAYAK (37 F)**

ID: 2327708868

Date: 04-10-2023

Exec Time : 0:00:00

Stage Time: 01:18

**HR: 85 bpm**

Bruce Protocol

Stage: Supine

Speed: 0 km/h

Slope: 0%

THR: 155 bpm

BP: 100/70 mmHg

STLevel(mV) STSlope(mV/s)

STLevel(mV) STSlope(mV/s)

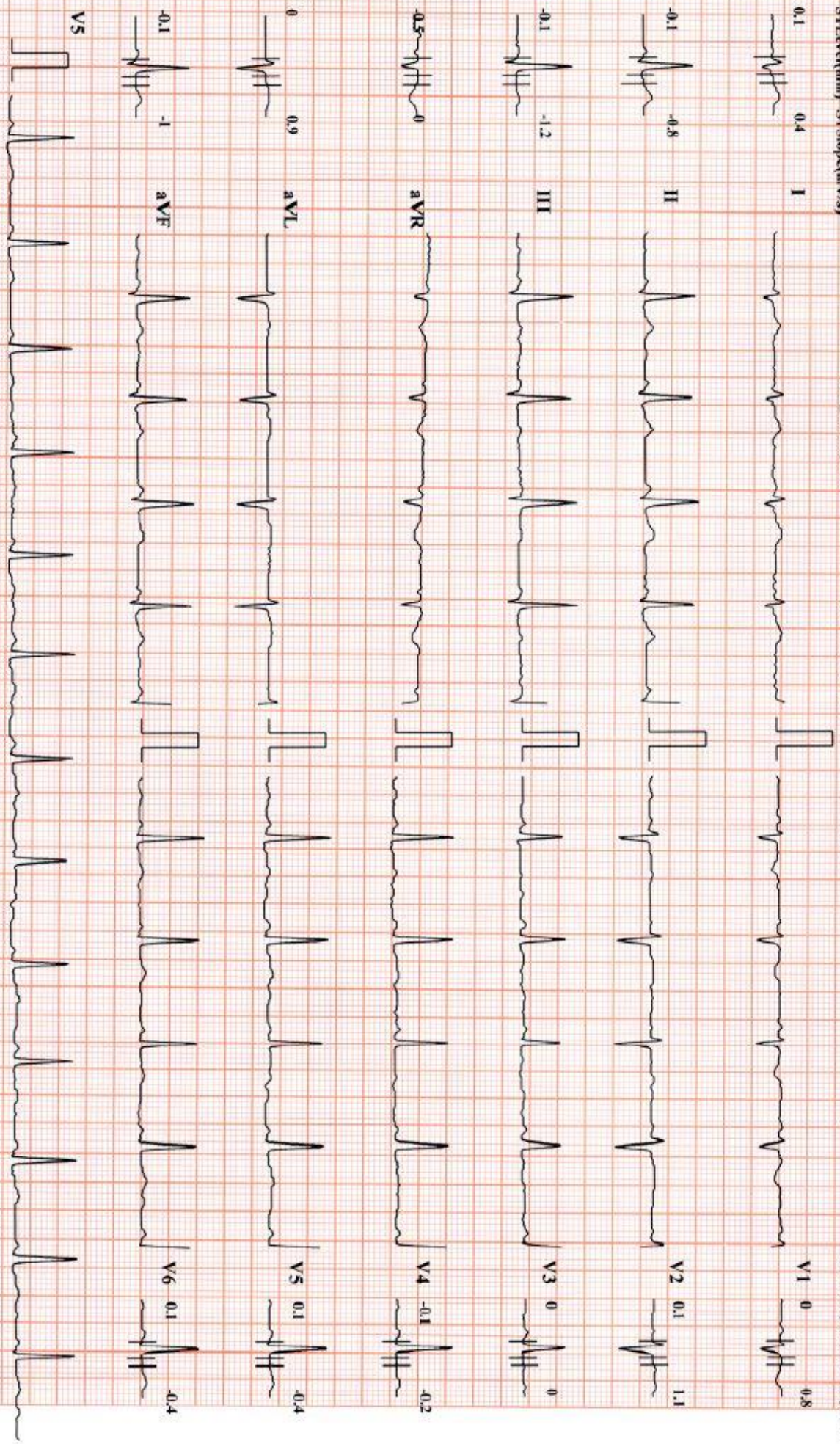


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 25Hz Mains Filter ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 60 ms

Schiller Cardiofit CS-20 Version:3.4



# SUBURBAN DIANOSTICS PVT. LTD. BORIVALLI

**SWATINAYAK (37 F)**

Bruce Protocol  
STLevel(mm) STISlope(mV/s)

ID: 2327708868  
Stage: Standing

Date: 04-10-2023  
Speed: 0

Exec Time: 0:00:00  
Slope: 0%

Stage Time: 00:16  
THR: 155 bpm

**HR: 95 bpm**

BP: 100/70 mmHg

STLevel(mm) STISlope(mV/s)

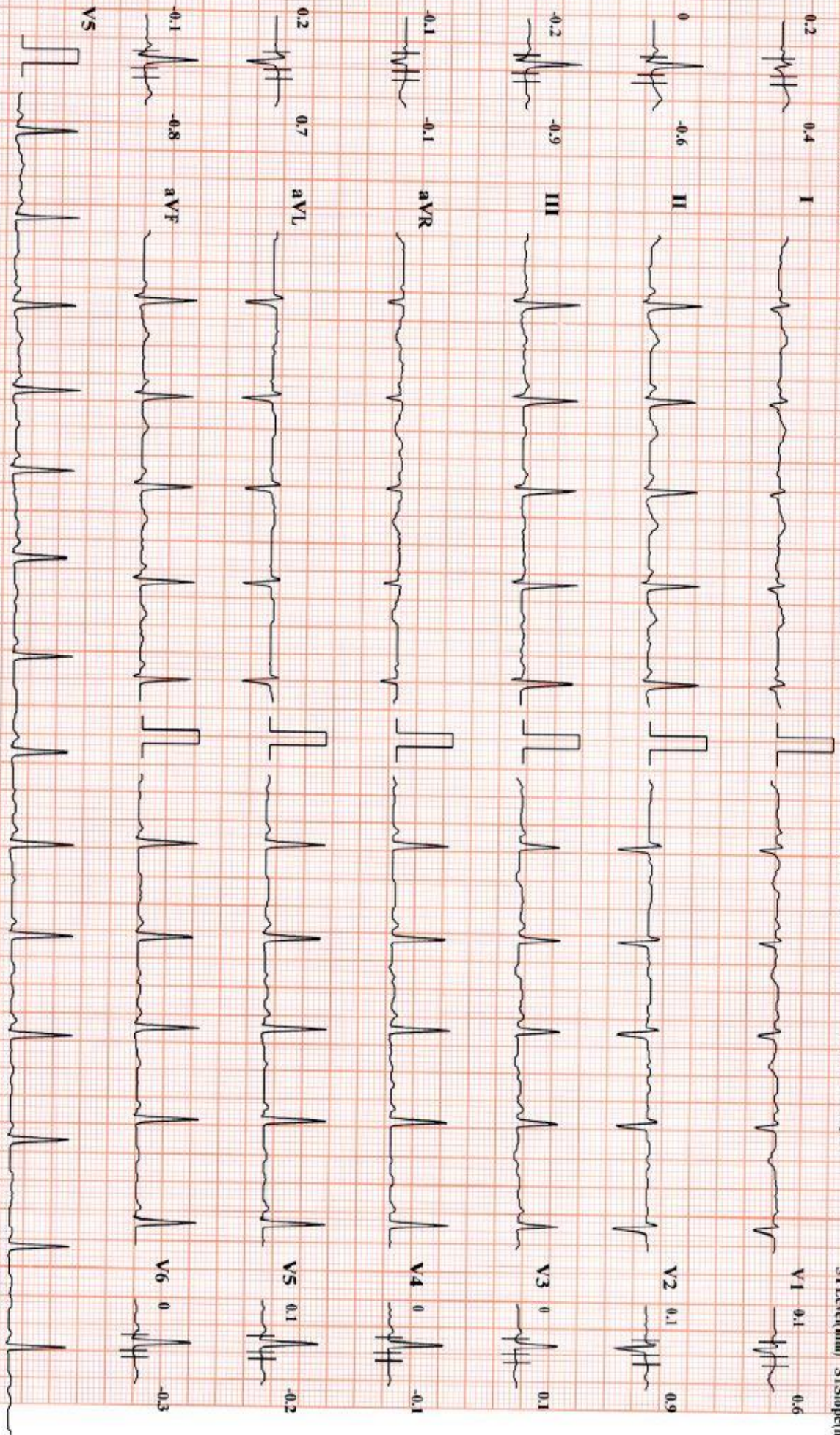


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 25 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 60 ms

Schiller Cardiovit CS-20 Version 3.4





# SUBURBAN DIANOSTICS PVT. LTD. BORIVALI

**SWATI NAYAK (37 F)**

Bruce Protocol

STLevel(mm) STSlope(mV/s)

ID: 232708868

Date: 04-10-2023

Exec Time : 0:00:00

Stage Time: 00:16

**HR: 80 bpm**

BP: 100/70 mmHg

STLevel(mm) STSlope(mV/s)

Stage: HyperVentilation

Speed: 0

Slope: 0 %

THR: 155 bpm

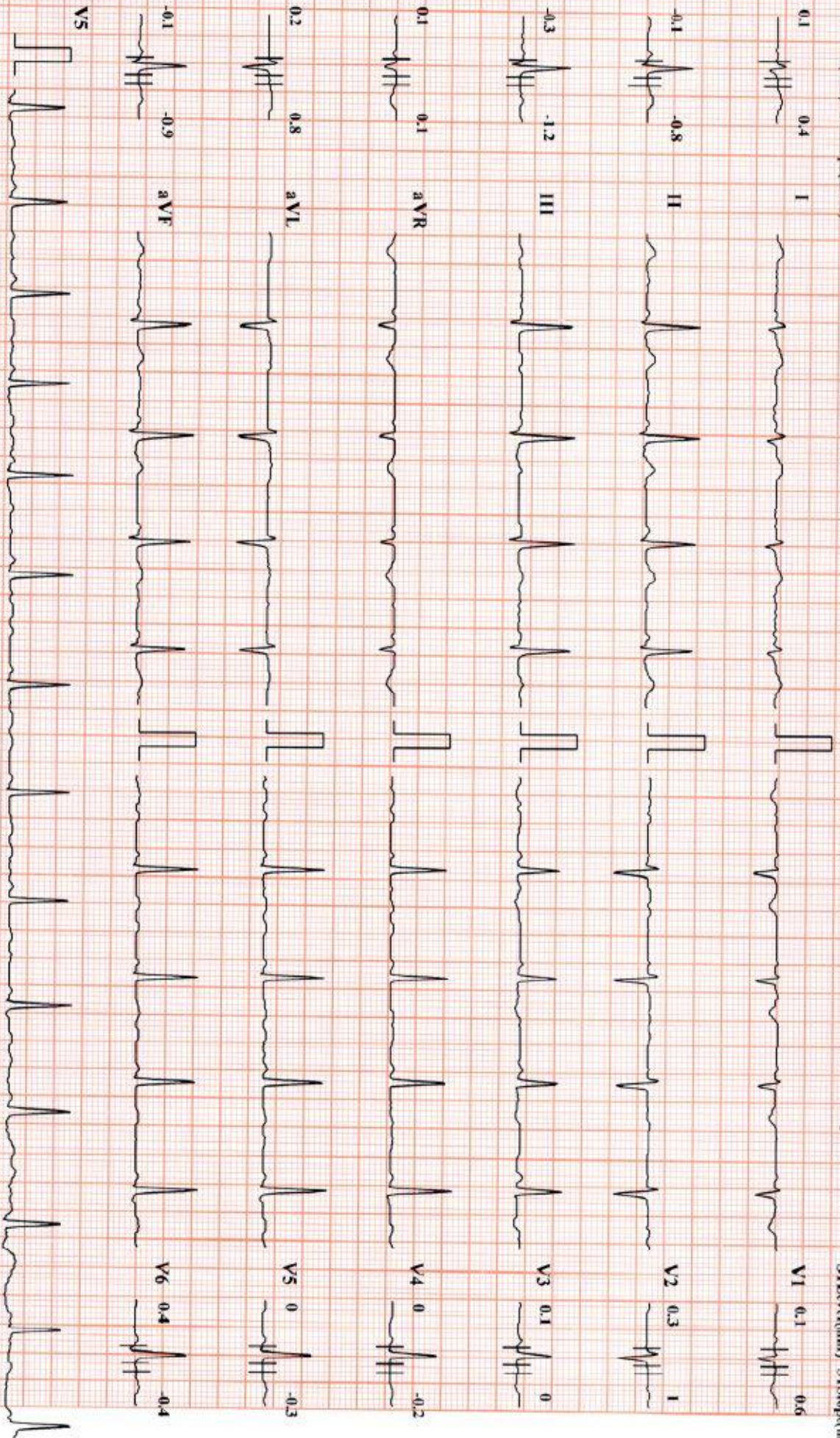


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 25 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 60 ms

Schiller Cardio1: CS-20 Version:3.4



# SUBURBAN DIANOSTICS PVT. LTD. BORIVALI

**SWATI NAYAK (37 F)**

Bruce Protocol  
ST1:evl(mm) ST1Slope(mV/s)

ID: 2327708868  
Stage: 1

Date: 04-10-2023  
Speed: 2.7 kmph

Exec Time : 0:03:00  
Slope: 10 %

Stage Time: 03:00  
THR: 155 bpm

**HR: 133 bpm**

BP: 120/70 mmHg  
ST1:evl(mm) ST1Slope(mV/s)

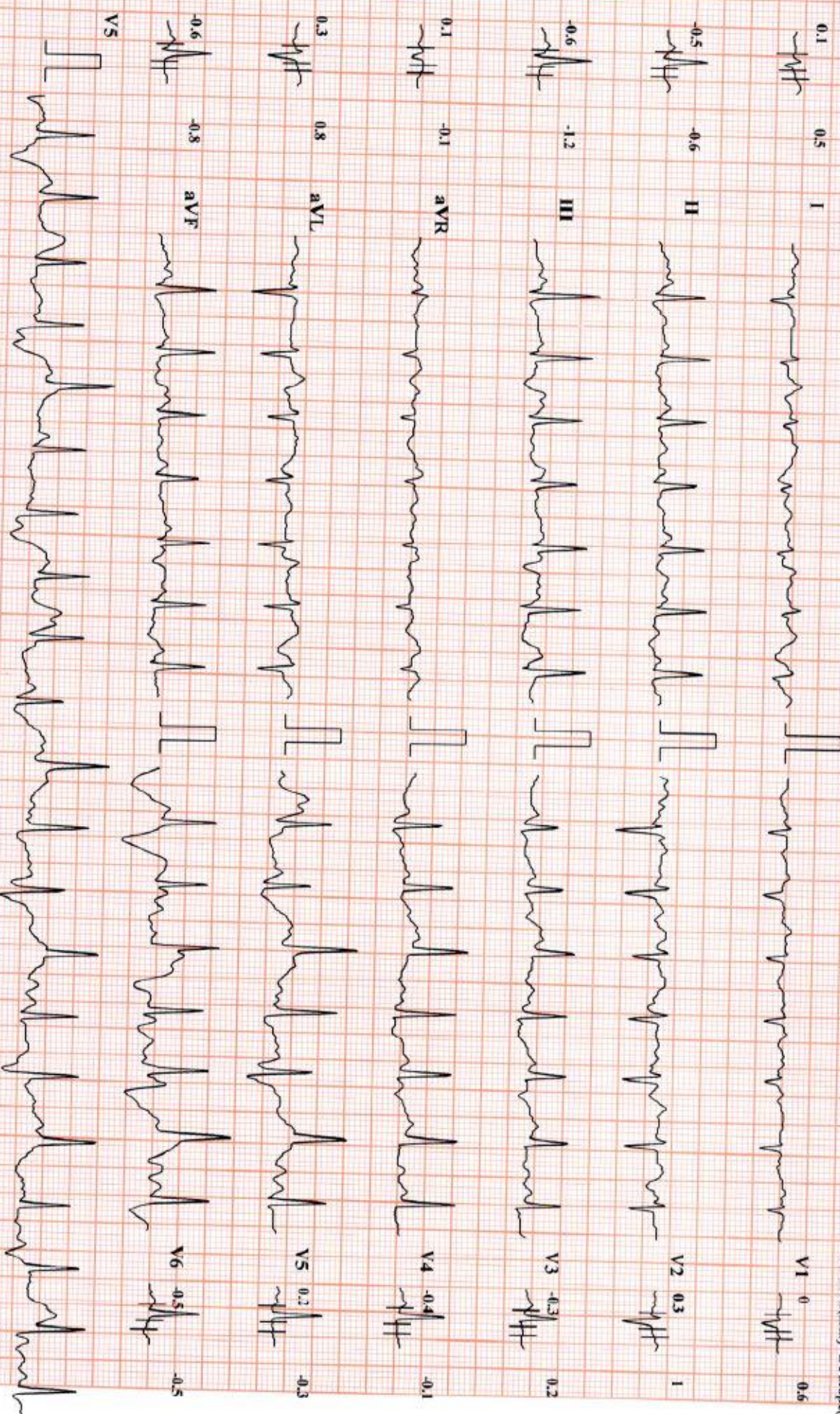


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 25 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 60 ms

# SUBURBAN DIANOSTICS PVT. LTD. BORIVALI

**SWATI NAYAK (37 F)**

Bruce Protocol  
STLevel(mm) STSlope(mV/s)

ID: 2327708868  
Stage: 2

Date: 04-10-2023  
Speed: 4 kmph

Exec Time: 0:05:28  
Grade: 12%

Stage Time: 02:27  
THR: 155 bpm

**HR: 164 bpm**

BP: 140/70 mmHg  
STLevel(mm) STSlope(mV/s)

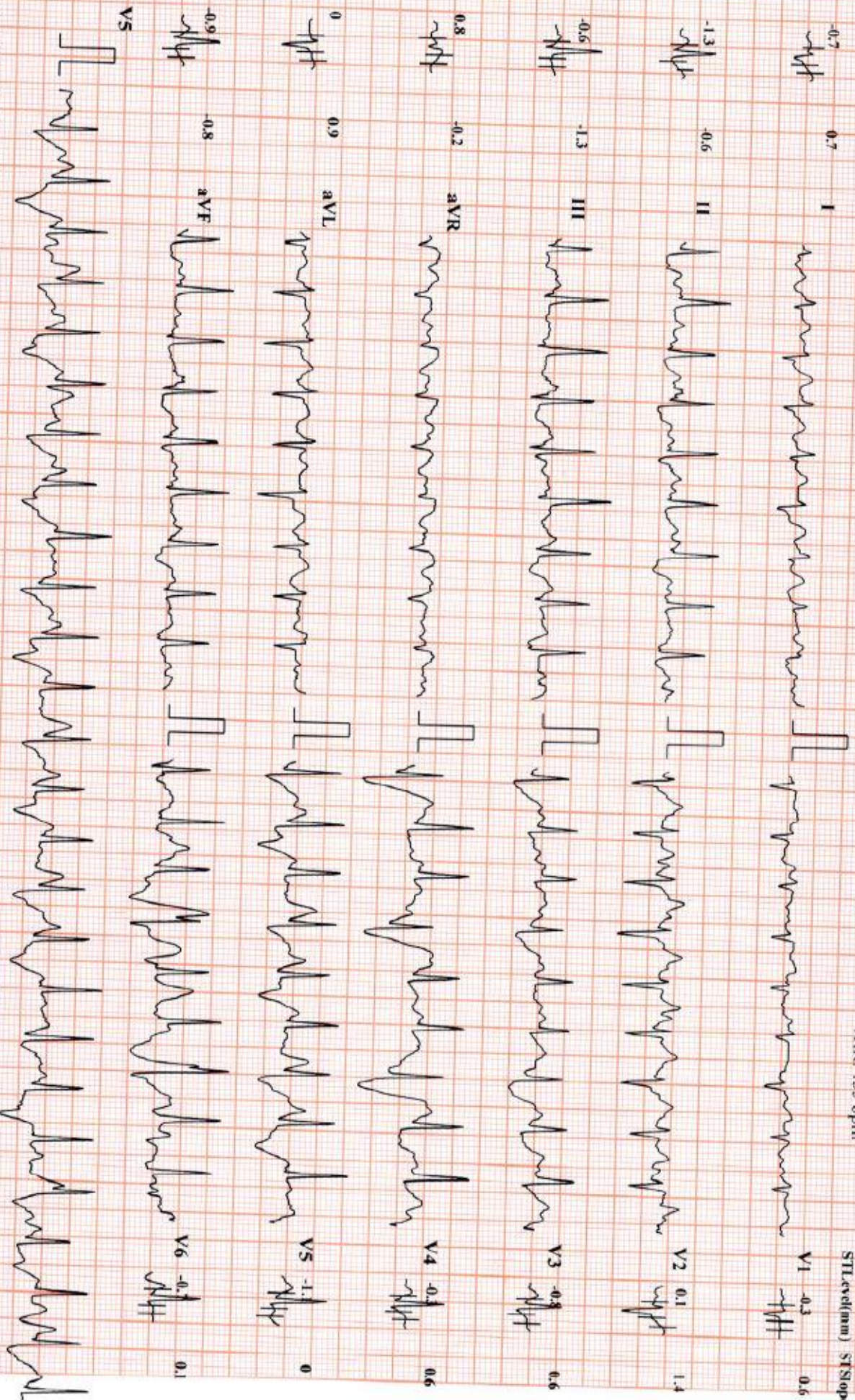


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 25 Hz Mains Filter: ON

ISO - R - 60 ms, J - R + 60 ms, Post J - J + 60 ms

**SWATI NAYAK (37 F)**

**SUBURBAN DIANOSTICS PVT. LTD. BORIVALI**

Bruce Protocol

ID: 2327708868

Date: 04-10-2023

Exec Time : 0:07:23

Stage Time: 01:23

**HR: 183 bpm**

STLevel(mm) STSlope(mV/s)

Stage: 3 Peak Exercise

Speed: 5.5 kmph

Slope: 14 %

THR: 155 bpm

BP: 140/70 mmHg

STLevel(mm) STSlope(mV/s)

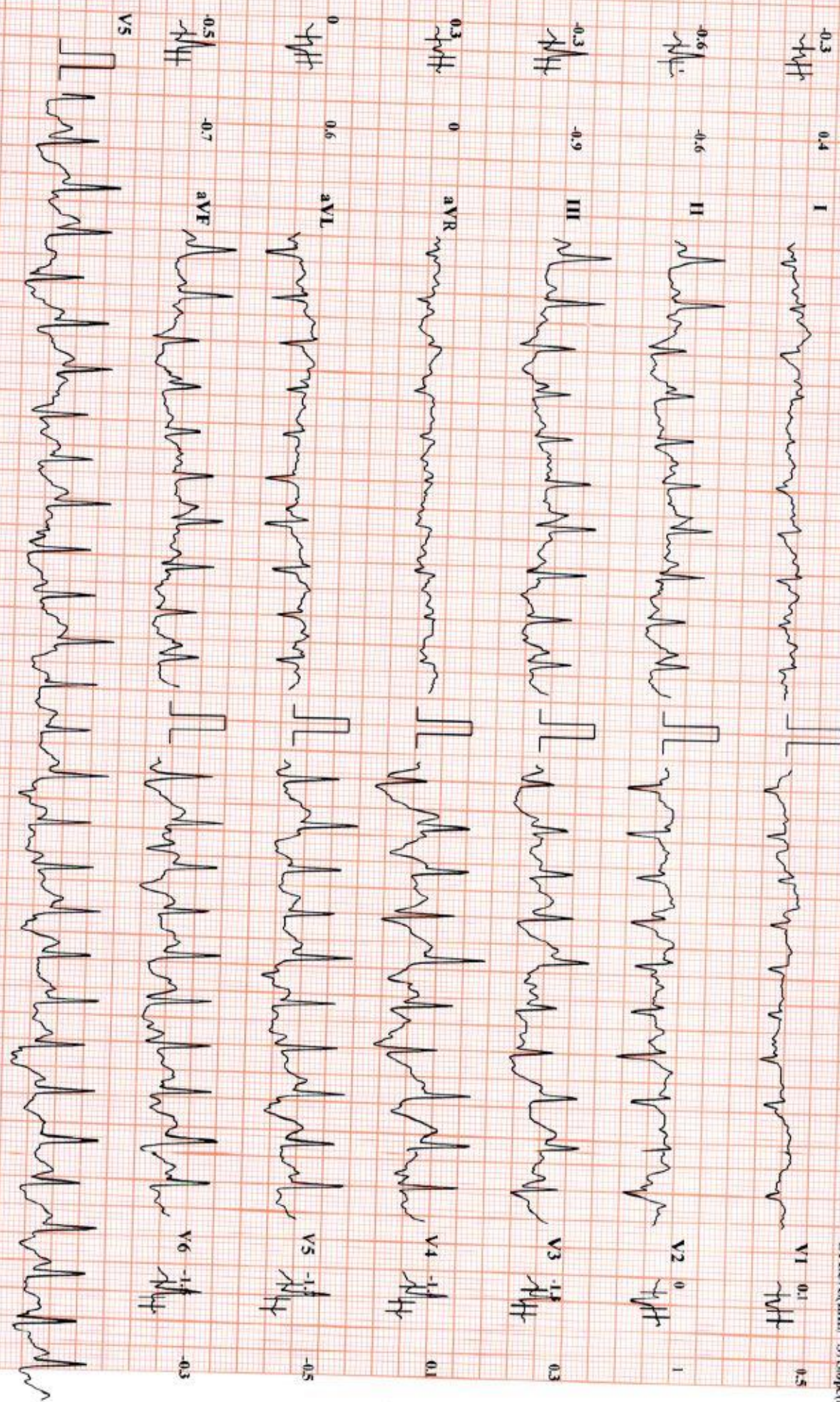


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 25 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 60 ms

# SUBURBAN DIANOSTICS PVT. LTD. BORIVALI

**SWATI NAYAK (37 F)**

Bruce Protocol  
STLevel(mm) STSlope(mV/s)

ID: 2322708868  
Stage: Recovery I

Date: 04-10-2023  
Speed: 0 kmph

Exec Time: 00:00  
Slope: 0 %

Stage Time: 01:00  
THR: 155 bpm

**HR: 146 bpm**

BP: 150/70 mmHg  
STLevel(mm) STSlope(mV/s)

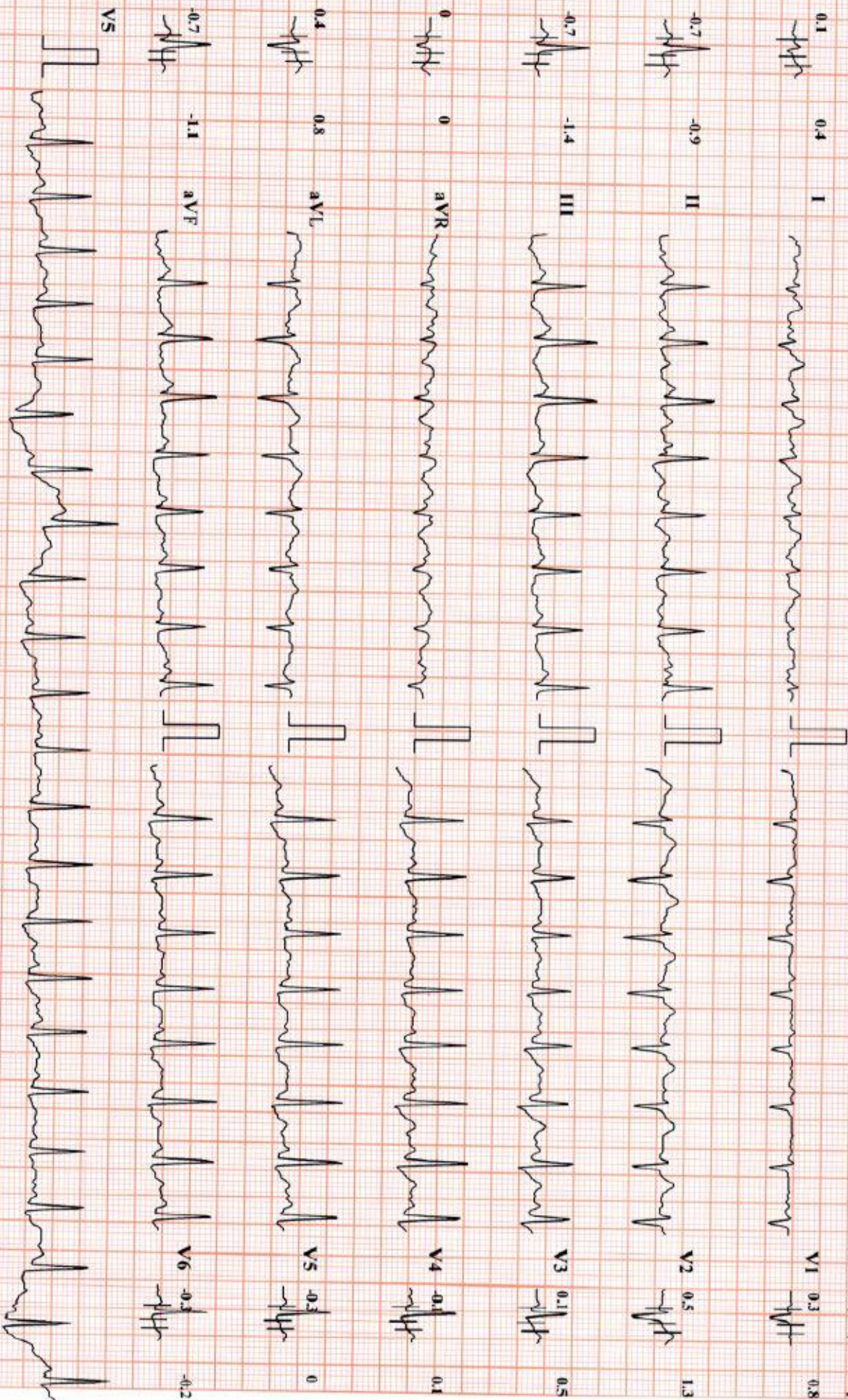


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 25 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 60 ms

Schiller Cardiovit CS-20 Version 3.4



**SWATI NAYAK (37 F)**

Bruce Protocol

STISlope(mm) STISlope(mV/s)

**SUBURBAN DIANOSTICS PVT. LTD. BORIVALI**

ID: 2327708868

Date: 04-10-2023

Exec Time : 00:00

Stage Time: 01:00

Stage: Recovery2

Speed: 0 kmph

Slope: 0 %

THR: 155 bpm

**HR: 125 bpm**

BP: 140/70 mmHg

STISlope(mm) STISlope(mV/s)

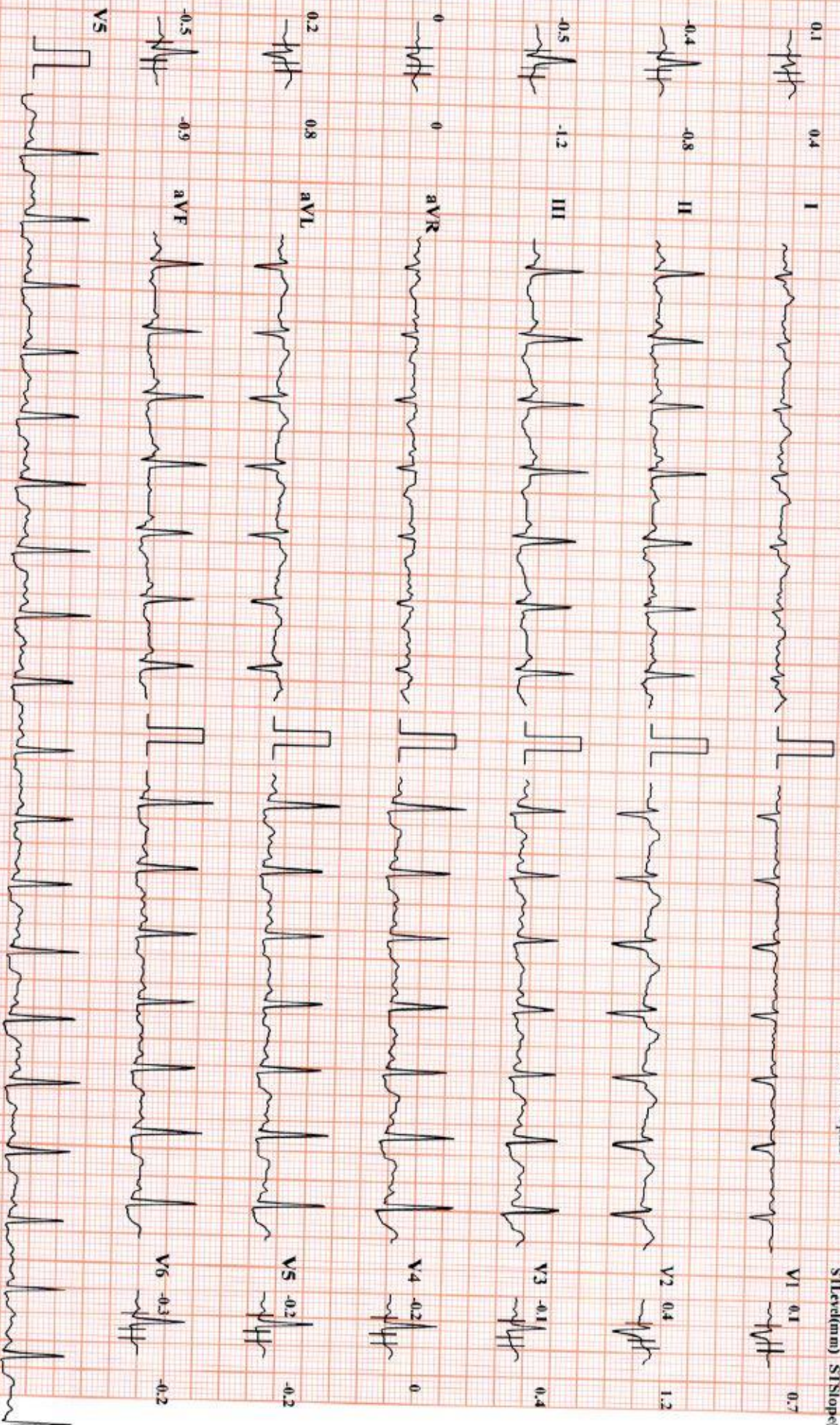


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 25 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 60 ms



# SUBURBAN DIANOSTICS PVT. LTD. BORIVALI

**SWATI NAYAK (37 F)**

Bruce Protocol  
STLevel(mm) STSlope(mV/s)

ID: 2327708868  
Stage: Recovery3

Date: 04-10-2023  
Speed: 0 kmph

Exec Time : 00:00  
Slope: 0 %

Stage Time: 01:00  
THR: 155 bpm

**HR: 117 bpm**

BF: 120/70 mmHg  
STLevel(mm) STSlope(mV/s)

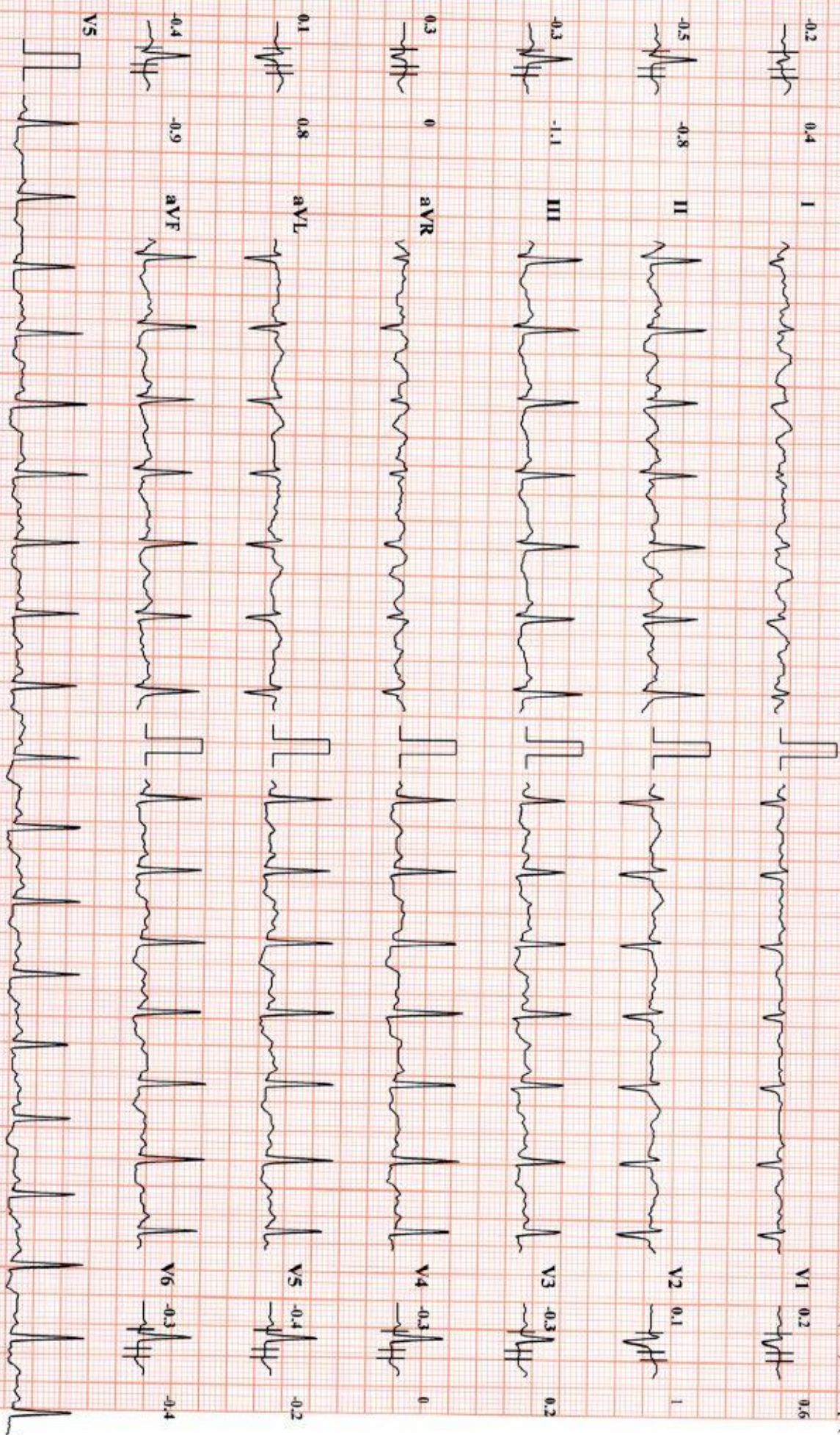


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 25 Hz Mains Filter: ON

ISO = R - 60 ms, J - R + 60 ms, Post J = J + 60 ms

Schiller Cardiovit CS-20 Version 3.4



**SWATI NAYAK (37 F)**

**SUBURBAN DIANOSTICS PVT. LTD. BORIVALI**

Bruce Protocol  
ST1 level(mm) ST1slope(mV/s)

ID: 2327708868  
Stage: Recovery4

Date: 04-10-2023  
Speed: 0 kmph

Exec Time : 00:00  
Slope: 0%

Stage Time: 01:00  
THR: 155 bpm

**HR: 117 bpm**  
BP: 120/70 mmHg  
ST1 level(mm) ST1 slope(mV/s)

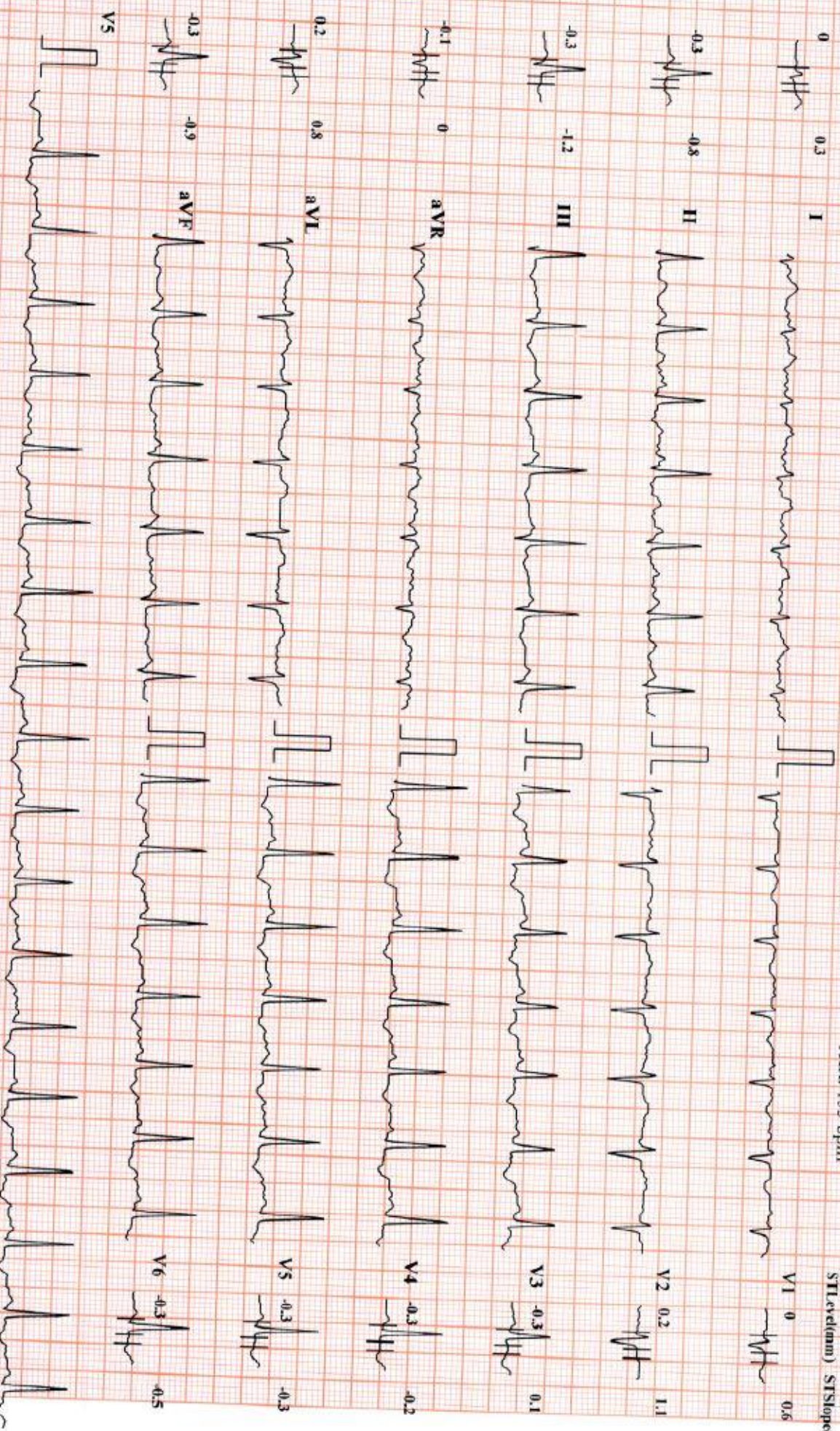


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 25 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 60 ms



**SWATI NAYAK (37 F)**

**SUBRBAN DIANOSTICS PVT. LTD. BORIVALI**

Bruce Protocol  
STLevel(mm) STSlope(mV/s)

ID: 2327708868  
Stage: Recovery5

Date: 04-10-2023  
Speed: 0 kmph

Exec Time : 00:00  
Slope: 0 %

Stage Time: 00:05  
THR: 155 bpm

**HR: 115 bpm**  
BP: 120/70 mmHg  
STLevel(mm) STSlope(mV/s)

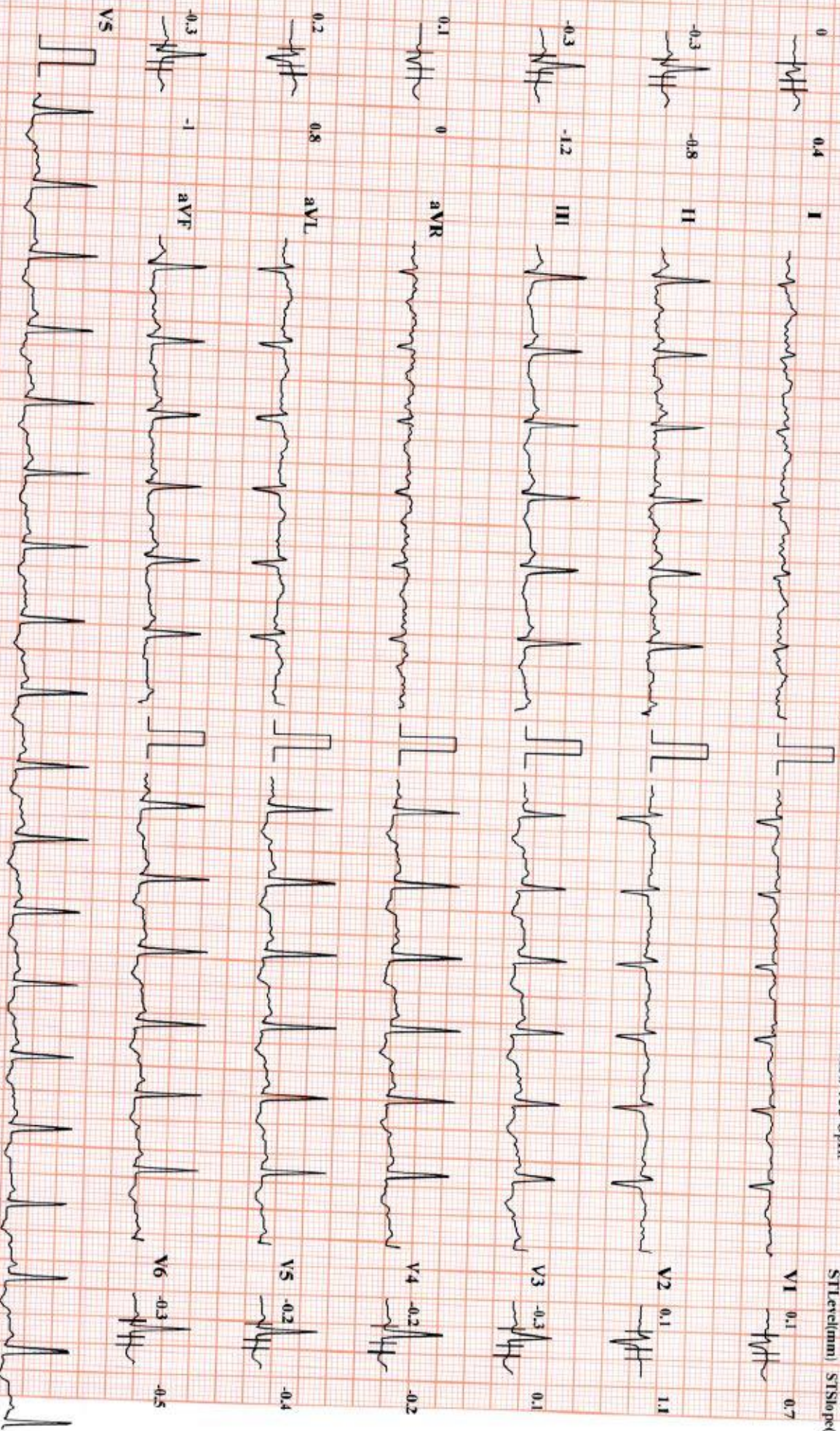


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 25 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 60 ms



**CID** : 2327708868  
**Name** : Mrs Swati Nayak  
**Age / Sex** : 37 Years/Female  
**Ref. Dr** :  
**Reg. Location** : Borivali West

**Reg. Date** : 04-Oct-2023  
**Reported** : 04-Oct-2023/09:26

## **USG WHOLE ABDOMEN**

**LIVER:** Liver is normal in size 12.5 cm , shape and echotexture. There is no intra-hepatic biliary radical dilatation. No evidence of any obvious focal lesion.

**GALL BLADDER:** Gall bladder is distended and appears normal. No obvious wall thickening is noted. There is no evidence of any calculus.

**PORTAL VEIN:** Portal vein is 10.6 mm normal. **CBD:** CBD is 3.4 mm normal.

**PANCREAS:** Pancreas appears normal in echotexture. There is no evidence of any focal lesion or calcification.

**KIDNEYS:** Right kidney measures 9.5 x 3.7 cm. Left kidney measures 8.9 x 4.2 cm.

Both kidneys are normal in shape and echotexture. Corticomedullary differentiation is maintained. There is no evidence of any hydronephrosis, hydroureter or calculus.

**SPLEEN:** Spleen is normal in size 9 cm , shape and echotexture. No focal lesion is seen.

**URINARY BLADDER:** Urinary bladder is distended and normal. Wall thickness is within normal limits.

**UTERUS:** Uterus is anteverted, normal and measures 7.1 x 4.3 x 5.8 cm. Uterine myometrium shows homogenous echotexture. Endometrium is normal in thickness and measures 5.9 mm. Cervix appears normal.

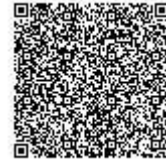
**OVARIES:** Both ovaries appear normal in size and echotexture.

The right ovary measures 2.3 x 2.1 x 2.2 cm (volume 5.8 cc).

The left ovary measures 2.1x 1.9 x 2.6 cm (volume 5.7 cc).

Bilateral adnexa is clear.

No free fluid or obvious significant lymphadenopathy is seen.



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**Opinion:**

- **No significant abnormality is detected.**

**For clinical correlation and follow up.**

Note: Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. USG is known to have inter-observer variations. Further / Follow-up imaging may be needed in some cases for confirmation / exclusion of diagnosis. Patient was explained in detail verbally about the USG findings, USG measurements and its limitations. In case of any typographical error in the report, patient is requested to immediately contact the center for rectification within 7 days post which the center will not be responsible for any rectification. Please interpret accordingly.

-----End of Report-----

**DR.SUDHANSHU SAXENA**  
**Consultant Radiologist**  
**M.B.B.S DMRE (RadioDiagnosis)**  
**RegNo .MMC 2016061376.**



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**X-RAY CHEST PA VIEW**

Both lung fields are clear.

Both costo-phrenic angles are clear.

The cardiac size and shape are within normal limits.

The domes of diaphragm are normal in position and outlines.

The skeleton under review appears normal.

**IMPRESSION:**

**NO SIGNIFICANT ABNORMALITY IS DETECTED.**

-----End of Report-----

**DR.SUDHANSHU SAXENA**  
**Consultant Radiologist**  
**M.B.B.S DMRE (RadioDiagnosis)**  
**RegNo .MMC 2016061376.**



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