

SEABIRD MEDICARE CENTRE POWAI

Patient Details Date: 23-Sep-23 Time: 12:24:33
Name: PALLAVI KIRAN ID: 1923
Age: 32 y **Sex:** F **Height:** 155 cms. **Weight:** 62 Kg.
Clinical History: NIL

Medications: NIL

Test Details

Protocol: Bruce **Pr.MHR:** 187 bpm **THR:** 158 (85 % of Pr.MHR) bpm
Total Exec. Time: 7 m 19 s **Max. HR:** 161 (86% of Pr.MHR)bpm **Max. Mets:** 10.20
Max. BP: 140 / 100 mmHg **Max. BP x HR:** 22540 mmHg/min **Min. BP x HR:** 6160 mmHg/min
Test Termination Criteria: THR ACHIEVED

Protocol Details

Stage Name	Stage Time (min : sec)	Mets	Speed (mph)	Grade (%)	Heart Rate (bpm)	Max. BP (mm/Hg)	Max. ST Level (mm)	Max. ST Slope (mV/s)
Supine	0 : 30	1.0	0	0	78	110 / 80	-0.64 aVR	1.06 II
Standing	0 : 2	1.0	0	0	78	110 / 80	-0.64 aVR	1.06 II
Hyperventilation	0 : 43	1.0	0	0	77	110 / 80	-1.70 V4	3.18 V5
1	3 : 0	4.6	1.7	10	126	120 / 80	-3.82 V5	4.60 aVL
2	3 : 0	7.0	2.5	12	141	130 / 90	-1.70 II	3.18 V5
Peak Ex	1 : 19	10.2	3.4	14	161	140 / 100	-2.97 V5	-3.54 V5
Recovery(1)	2 : 0	1.8	1	0	120	140 / 100	-2.34 III	-2.48 V1
Recovery(2)	2 : 0	1.0	0	0	105	130 / 80	-1.06 II	0.71 V2
Recovery(3)	2 : 0	1.0	0	0	103	120 / 80	-0.85 II	0.35 I
Recovery(4)	0 : 3	1.0	0	0	103	120 / 80	-0.42 V5	0.35 V3

Interpretation

The patient exercised according to the Bruce protocol for 7 m 19 s achieving a work level of Max. METS : 10.20. Resting heart rate initially 78 bpm, rose to a max. heart rate of 161 (86% of Pr.MHR) bpm. Resting blood Pressure 110 / 80 mmHg, rose to a maximum blood pressure of 140 / 100 mmHg. ST-T changes in inferior lead and V3 - V6, during peak exercise and recovery Could be suggestive of ischemia.
 Suggest. Cardiac evaluation and 2D ECHO.
 Cardiologist consult.

Dr. Mrinalini Singh
Consultant Physician
MBBS, DNB, MRCP (UK), EDIG
Reg. No. 2019/02/0392



Ref. Doctor: APOLLO

(Summary Report edited by user)

Doctor: -

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SEABIRD MEDICARE CENTRE POWAI

PALLAVI KIRAN (33 F)

ID: 1923

Date: 23-Sep-23

Exec Time : 0 m 0 s

Stage Time : 0 m 30 s HR: 78 bpm

Protocol: Bruce

Stage: Supine

Speed: 0 mph

Grade: 0 %

(THR: 158 bpm)

B.P: 110 / 80

ST Level (mm) ST Slope (mV/s)

0.2 0.4

0.8 1.1

0.2 0.4

-0.6 -0.7

0.0 0.0

0.4 0.7

ST Level (mm) ST Slope (mV/s)

V1 0.0 0.0

V2 0.6 0.4

V3 0.4 0.4

V4 0.4 0.4

V5 0.0 0.0

V6 0.2 0.4

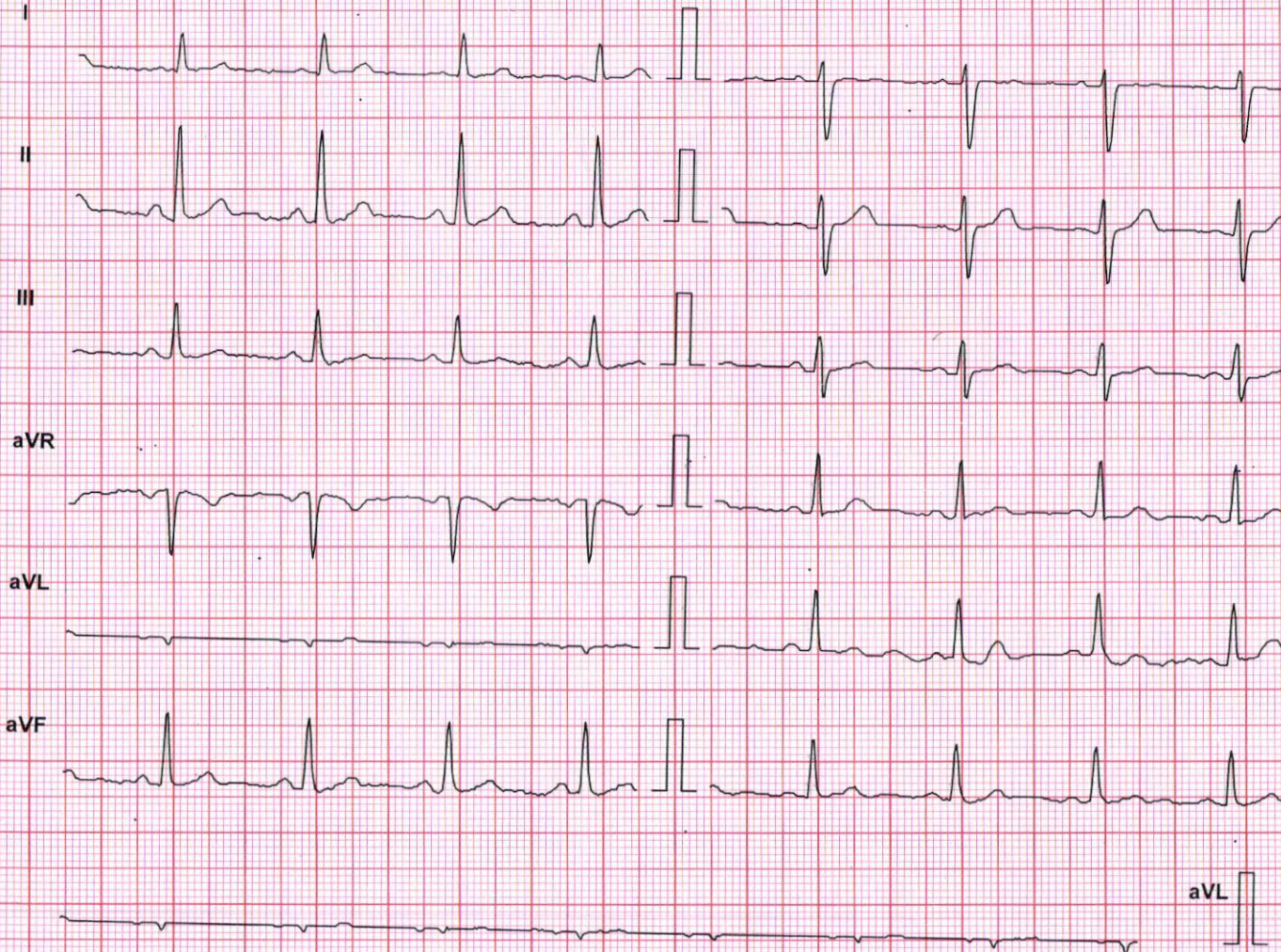


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V 4.7

SEABIRD MEDICARE CENTRE POWAI

PALLAVI KIRAN (33 F)

ID: 1923

Date: 23-Sep-23

Exec Time : 0 m 0 s

Stage Time : 0 m 2 s

HR: 78 bpm

Protocol: Bruce

Stage: Standing

Speed: 0 mph

Grade: 0 %

(THR: 158 bpm)

B.P: 110 / 80

ST Level (mm) ST Slope (mV / s)

ST Level (mm) ST Slope (mV / s)

0.2 0.4

V1
0.0 0.0

0.8 1.1

V2
0.6 0.4

0.2 0.4

V3
0.4 0.4

-0.6 -0.7

V4
0.4 0.4

0.0 0.0

V5
0.0 0.0

0.4 0.7

V6
0.2 0.4

aVL

Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V 4.7

SEABIRD MEDICARE CENTRE POWAI

PALLAVI KIRAN (33 F)

ID: 1923

Date: 23-Sep-23

Exec Time : 0 m 0 s

Stage Time : 0 m 0 s

HR: 76 bpm

Protocol: Bruce

Stage: Hyperventilation

Speed: 0 mph

Grade: 0 %

(THR: 158 bpm)

B.P: 110 / 80

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

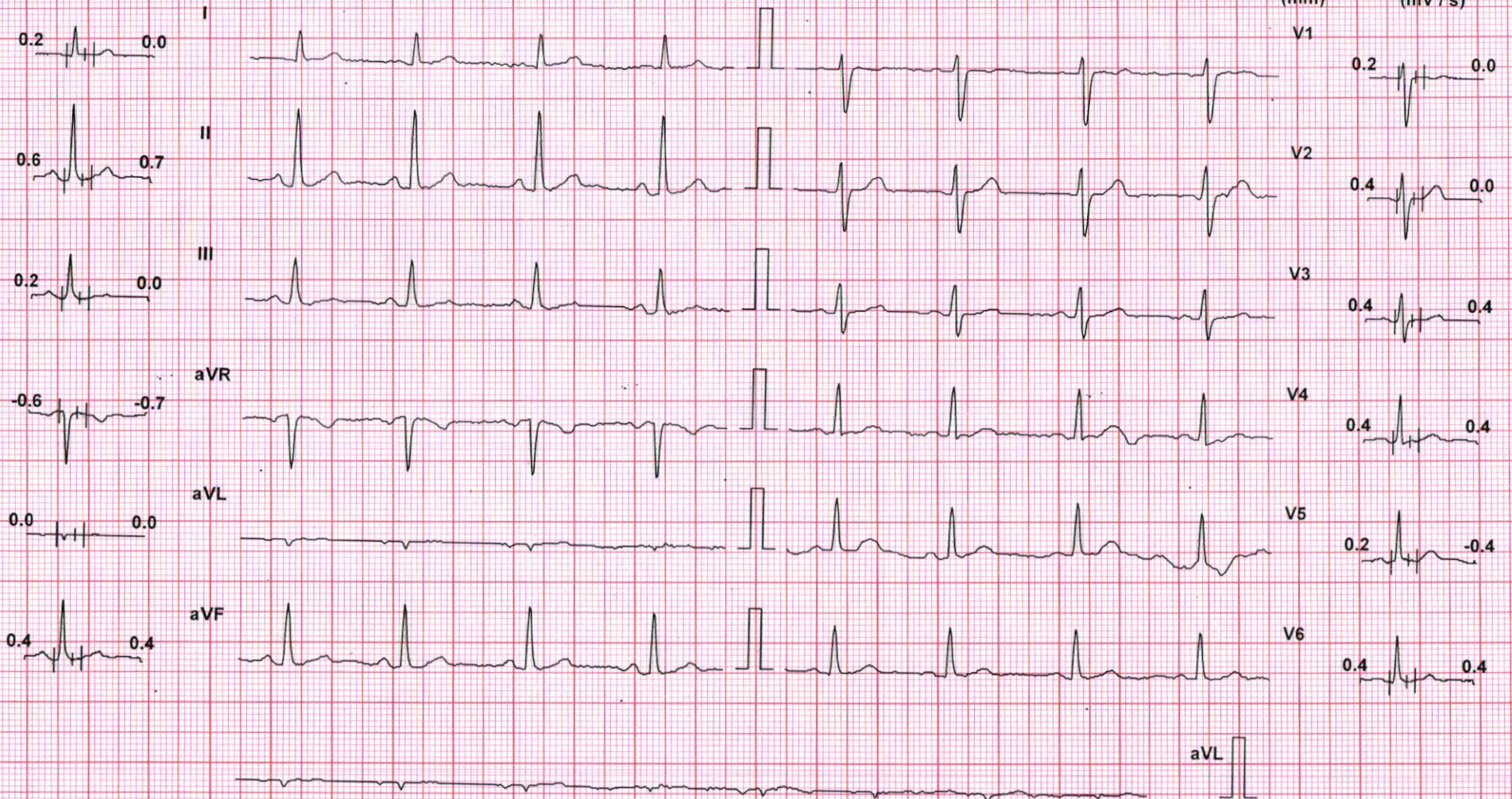


Chart Speed: 25 mm/sec
Schiller Spandan V4.7

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

SEABIRD MEDICARE CENTRE POWAI

PALLAVI KIRAN (33 F)

ID: 1923

Date: 23-Sep-23

Exec Time : 3 m 0 s

Stage Time : 3 m 0 s

HR: 126 bpm

Protocol: Bruce

Stage: 1

Speed: 1.7 mph

Grade: 10 %

(THR: 158 bpm)

B.P: 120 / 80

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

0.2 0.4

V1 0.2 0.0

-0.6 0.7

V2 0.4 1.1

-1.1 0.4

V3 -0.6 0.7

0.2 -0.4

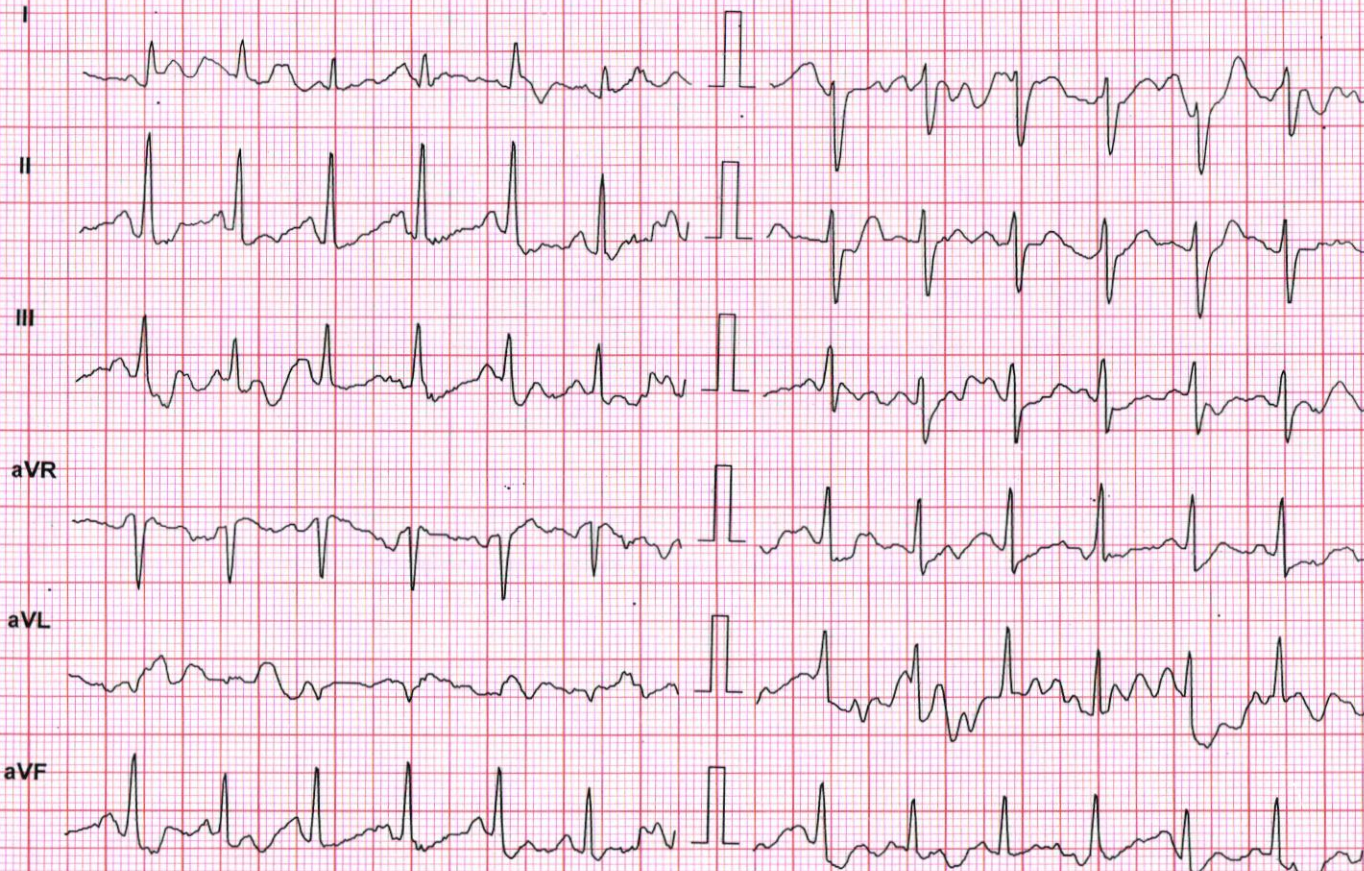
V4 -0.4 1.4

0.6 0.4

V5 -0.6 0.4

-0.8 0.7

V6 -0.4 0.7



aVL

Chart Speed: 25 mm/sec
Schiller Spandan V 4.7

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

SEABIRD MEDICARE CENTRE POWAI

PALLAVI KIRAN (33 F)

ID: 1923

Date: 23-Sep-23

Exec Time : 6 m 0 s

Stage Time : 3 m 0 s

HR: 141 bpm

Protocol: Bruce

Stage: 2

Speed: 2.5 mph

Grade: 12 %

(THR: 158 bpm)

B.P: 130 / 90

ST Level (mm) ST Slope (mV/s)

-0.2 0.0

-1.7 -0.4

-1.5 -0.7

1.1 0.4

0.4 0.0

-1.5 -0.4

ST Level (mm) ST Slope (mV/s)

V1 1.3 1.1

V2 0.0 0.7

V3 -0.6 0.4

V4 -0.8 -0.4

V5 -1.7 -0.4

V6 -0.8 0.0

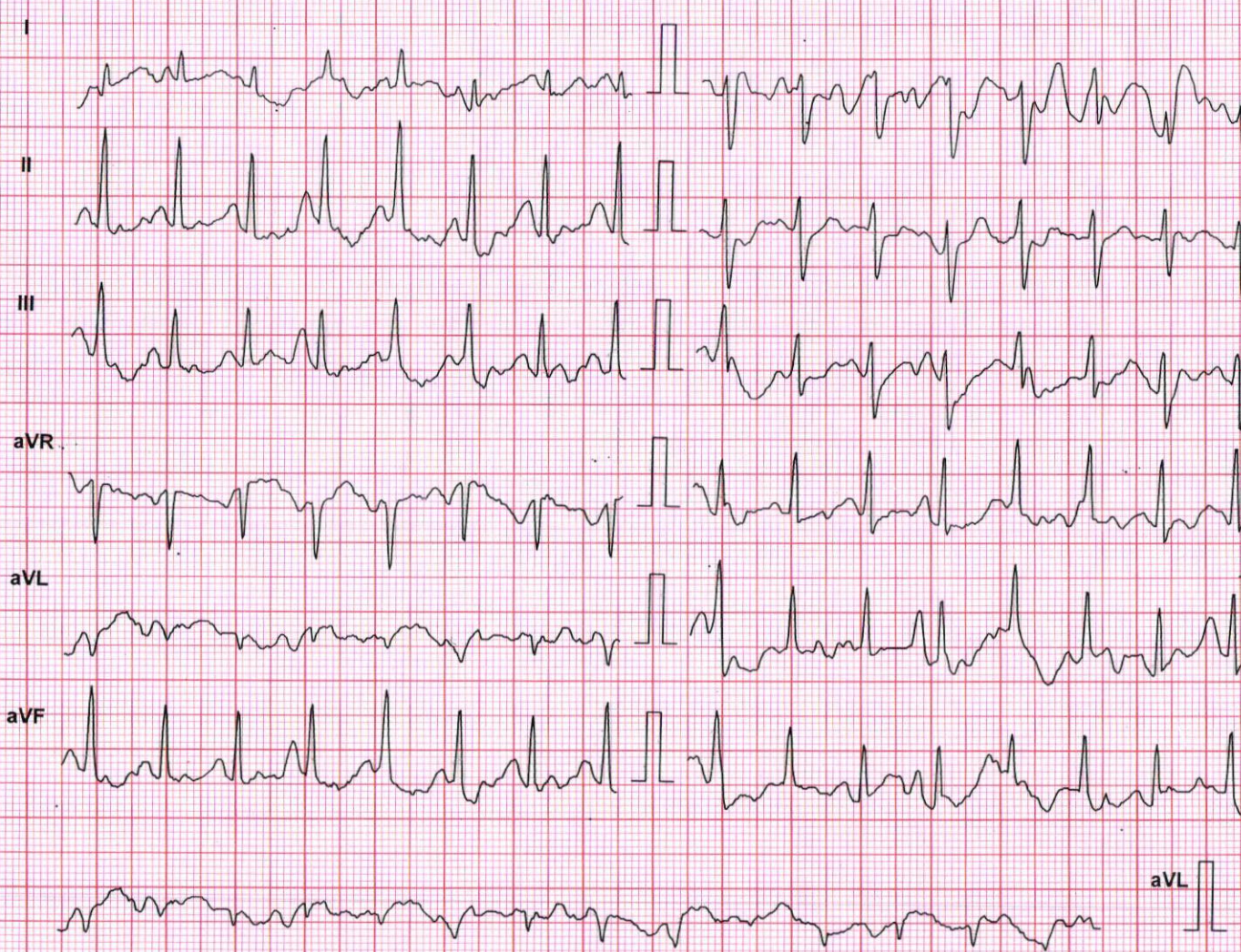


Chart Speed: 25 mm/sec
Schiller Spandan V4.7

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

SEABIRD MEDICARE CENTRE POWAI

PALLAVI KIRAN (33 F)

ID: 1923

Date: 23-Sep-23 Exec Time : 7 m 19 s Stage Time : 1 m 19 s HR: 161 bpm

Protocol: Bruce

Stage: Peak Ex

Speed: 3.4 mph Grade: 14 %

(THR: 158 bpm)

B.P: 140 / 100

ST Level (mm) ST Slope (mV / s)

ST Level (mm) ST Slope (mV / s)

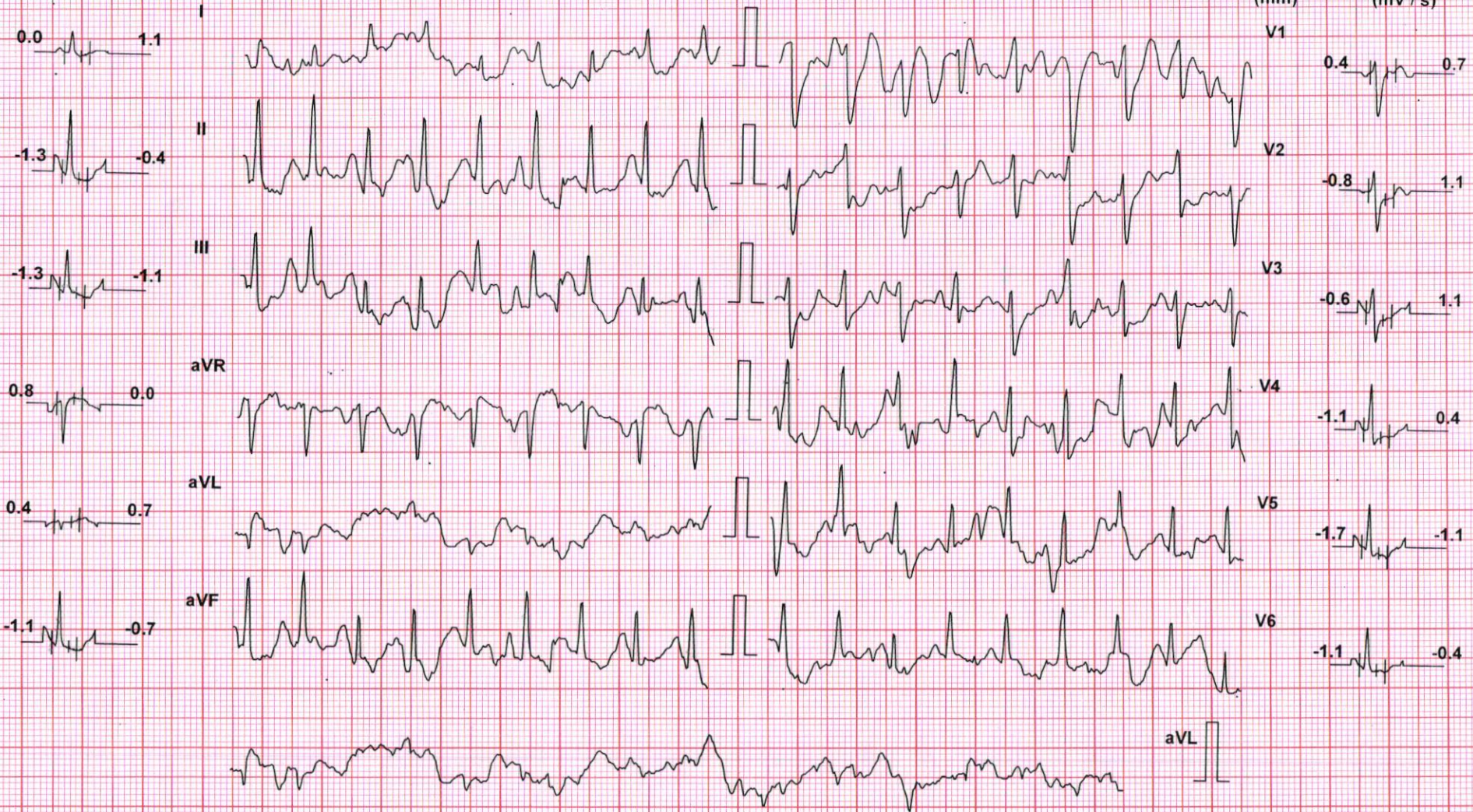


Chart Speed: 25 mm/sec
Schiller Spandan V 4.7

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

SEABIRD MEDICARE CENTRE POWAI

PALLAVI KIRAN (33 F)

ID: 1923

Date: 23-Sep-23 Exec Time : 7 m 19 s Stage Time : 1 m 0 s HR: 124 bpm

Protocol: Bruce

Stage: Recovery(1)

Speed: 0 mph

Grade: 0 %

(THR: 158 bpm)

B.P: 140 / 100

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

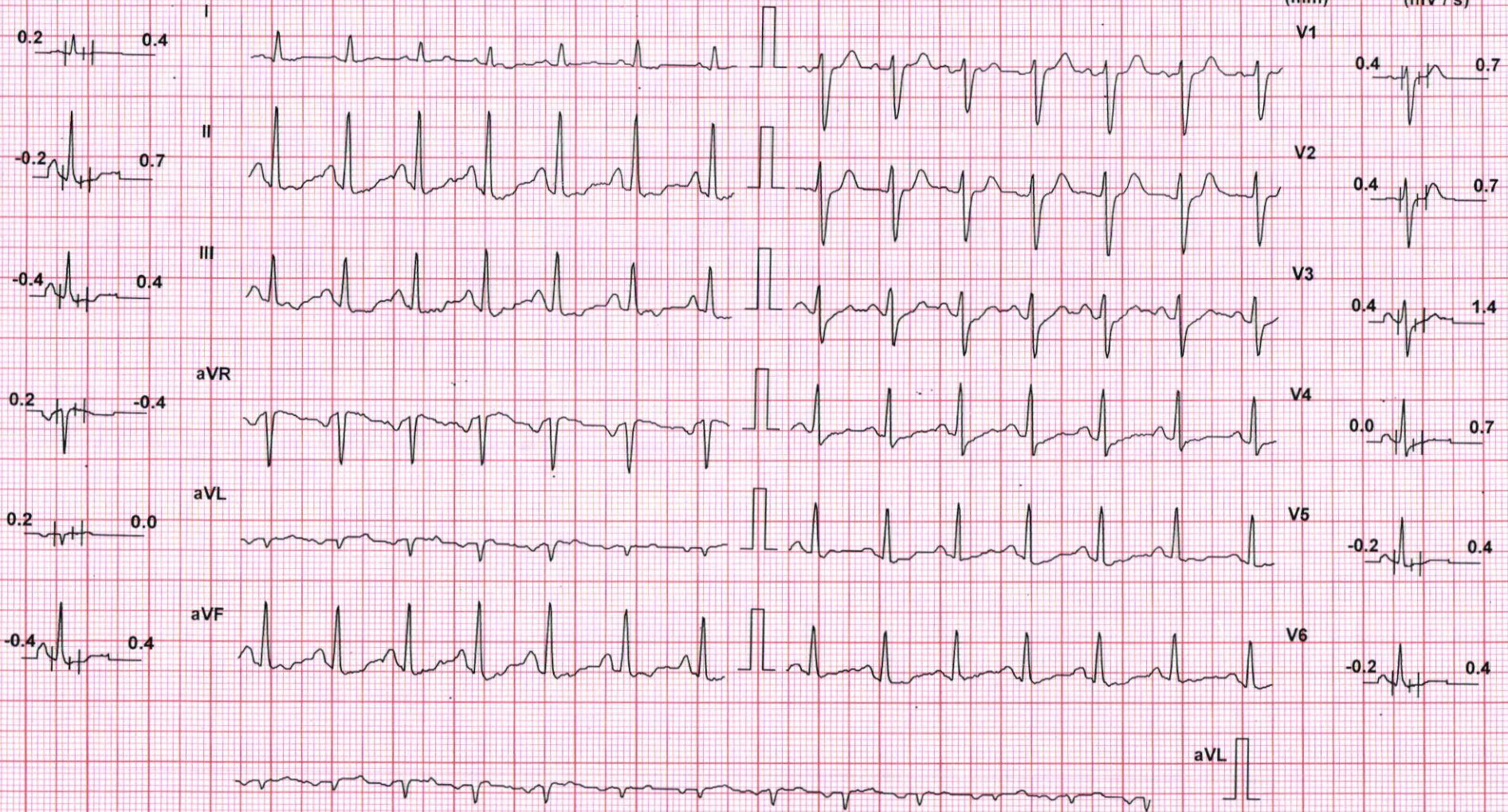


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V 4.7

SEABIRD MEDICARE CENTRE POWAI

PALLAVI KIRAN (33 F)

ID: 1923

Date: 23-Sep-23 Exec Time : 7 m 19 s Stage Time : 2 m 0 s HR: 120 bpm

Protocol: Bruce

Stage: Recovery(1)

Speed: 0 mph

Grade: 0 %

(THR: 158 bpm)

B.P: 140 / 100

ST Level (mm) ST Slope (mV / s)

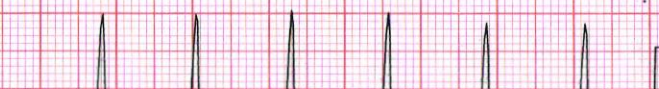
-0.2 0.0

I



ST Level (mm) ST Slope (mV / s)

V1 0.2 0.4



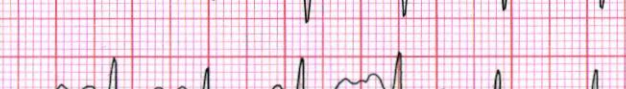
V2 0.4 0.4

-0.6 0.0

II

-0.6 -0.4

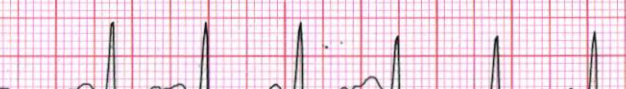
III



V3 0.0 0.7

0.4 0.0

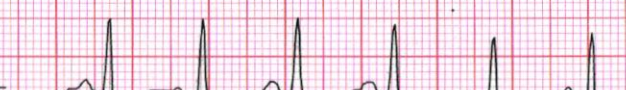
aVR



V4 -0.6 0.4

0.2 0.4

aVL



V5 -0.4 0.0

-0.6 -0.4

aVF



V6 -0.6 0.0

aVL

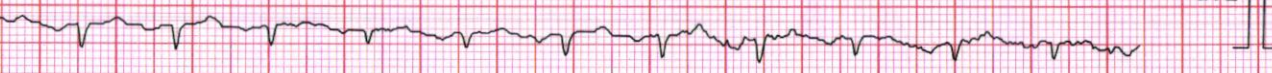


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V 4.7

SEABIRD MEDICARE CENTRE POWAI

PALLAVI KIRAN (33 F)

ID: 1923

Date: 23-Sep-23

Exec Time : 7 m 19 s

Stage Time : 2 m 0 s

HR: 105 bpm

Protocol: Bruce

Stage: Recovery(2)

Speed: 0 mph

Grade: 0 %

(THR: 158 bpm)

B.P: 130 / 80

ST Level (mm) ST Slope (mV / s)

ST Level (mm) ST Slope (mV / s)

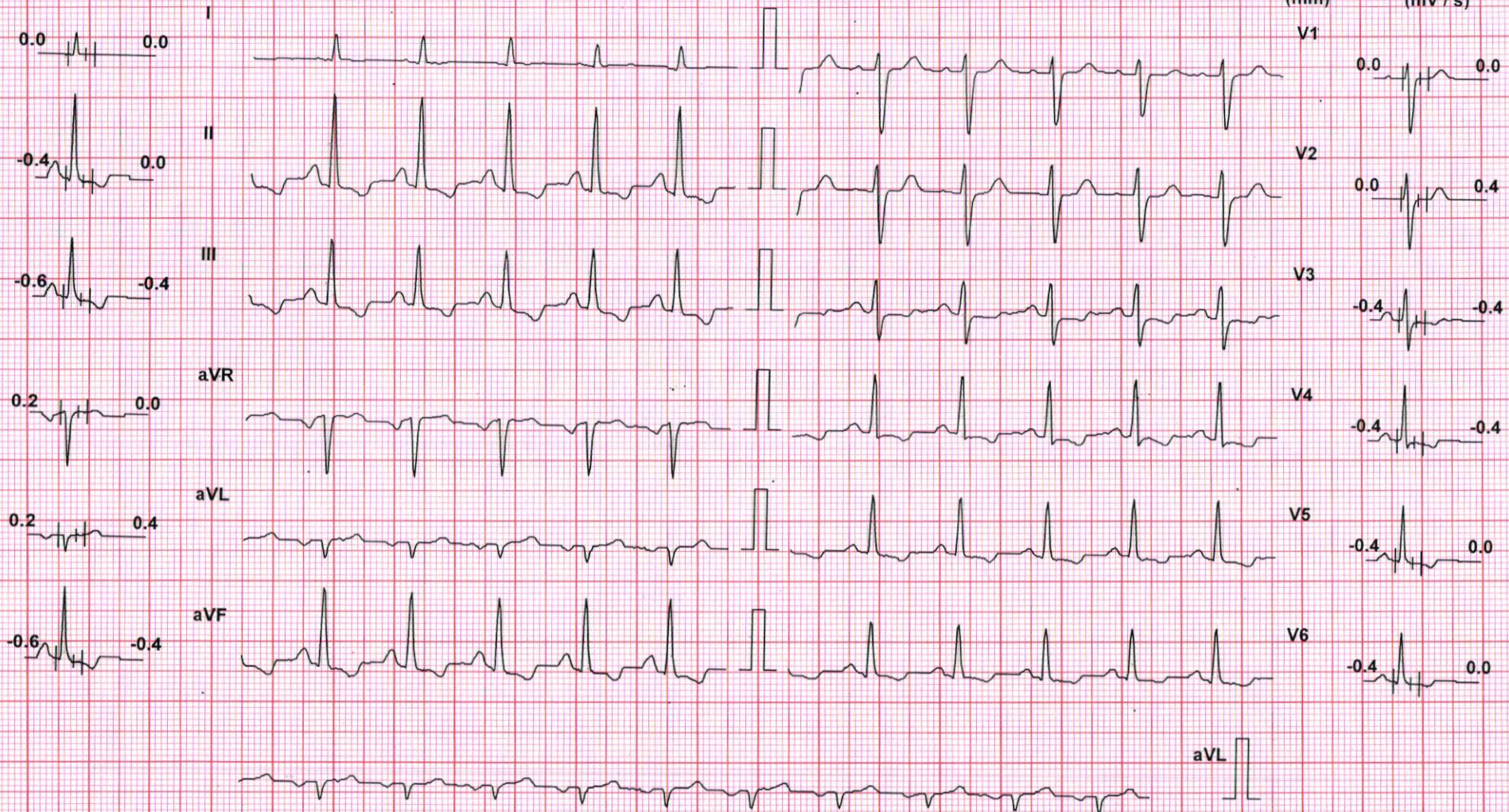


Chart Speed: 25 mm/sec
Schiller Spandan V 4.7

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

SEABIRD MEDICARE CENTRE POWAI

PALLAVI KIRAN (33 F)

ID: 1923

Date: 23-Sep-23

Exec Time : 7 m 19 s

Stage Time : 2 m 0 s

HR: 103 bpm

Protocol: Bruce

Stage: Recovery(3)

Speed: 0 mph

Grade: 0 %

(THR: 158 bpm)

B.P: 120 / 80

ST Level (mm) ST Slope (mV/s)

0.2 0.0

-0.2 0.0

-0.2 0.0

0.0 0.0

0.0 0.0

-0.2 0.0

ST Level (mm)

ST Slope (mV/s)

V1

0.0 0.0

V2

0.2 0.0

V3

0.0 0.4

V4

-0.2 -0.4

V5

-0.4 0.0

V6

0.0 0.0

I

II

III

aVR

aVL

aVF

aVL

Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

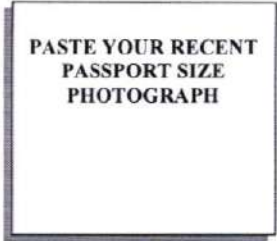
Post J = J + 60 ms

Schiller Spandan V 4.7

Annexure-2

Self-Health Declaration

(Please ✓ Mark Where Applicable)



1 PERSONAL DETAILS:

Name: First Name PALLAVI Middle Name _____ Surname KIRAN
Address: Flat No. - 601, Suncity Complex, Powai
City: Mumbai Pin: 400076
Birth Place: Supaul Birth Date: 11/12/1990 Religion: Hindu
(dd/mm/yyyy)
Post applied for: - Marital Status: Married / Unmarried ✓ Gender: M / F ✓

2 PREVIOUS EMPLOYMENT: Yes / No If yes specify

	Name	Nature of work	Duration
i)	<u>-</u>		
ii)	<u>-</u>		
iii)	<u>-</u>		

3 NAME OF FAMILY DOCTOR:

Address:

Contact Details:

4 PERSONAL HABITS: NO

- i) Smoking
- ii) Tobacco chewing
- iii) Alcohol
- iv) Any other

5 MEDICAL HISTORY:

i) **ANY DISABILITY:** Yes / No If yes specify with disability %

NO

ii) **PERSONAL HISTORY:**

- Are you in good health and capable of full work
- Have you ever suffered from job related disease or injury?
- Have you ever been discharged or rejected on medical grounds?

Yes	No
<input checked="" type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input checked="" type="checkbox"/>
<input type="checkbox"/>	<input checked="" type="checkbox"/>

Types of Previous Occupation (Pl. describe in brief about company, nature of work, duration in years)

iii) Have you ever suffered from any of the following (Answer Yes or No. if yes, give details)

Y	N		Y	N	
	<input checked="" type="checkbox"/>	Hypertension		<input checked="" type="checkbox"/>	Hepatitis-B
	<input checked="" type="checkbox"/>	Diabetes		<input checked="" type="checkbox"/>	Cancer
	<input checked="" type="checkbox"/>	Heart disease		<input checked="" type="checkbox"/>	Stroke
	<input checked="" type="checkbox"/>	Kidney diseases		<input checked="" type="checkbox"/>	Bronchitis
	<input checked="" type="checkbox"/>	Tuberculosis		<input checked="" type="checkbox"/>	Any allergy
	<input checked="" type="checkbox"/>	Chronic lung disease (e.g. Pleurisy Pneumonia etc.)		<input checked="" type="checkbox"/>	Any chronic ear or hearing problem (e.g. sinusitis, rhinitis otitis etc.)
	<input checked="" type="checkbox"/>	Epilepsy, Fits, Fainting or Dizziness		<input checked="" type="checkbox"/>	Mental disorder of any kind
	<input checked="" type="checkbox"/>	Any major operation or injury		<input checked="" type="checkbox"/>	Any other illness

Details of the above if "Yes")

(For female candidates only)

Are you pregnant at present? Y N NO

Date of L.M.P. 31/08/2023

iv) Immunization:

Yes No

Tetanus Toxoid

<input type="checkbox"/>	<input type="checkbox"/>
--------------------------	--------------------------

Hepatitis B

<input type="checkbox"/>	<input type="checkbox"/>
--------------------------	--------------------------

Others

<input type="checkbox"/>	<input type="checkbox"/>
--------------------------	--------------------------

6 FAMILY HISTORY:

Has anyone of your parents suffered from any of the following: Yes / No

(If yes, Please ✓ Mark Where Applicable)

	Father	Mother
Hypertension	<input type="checkbox"/>	<input type="checkbox"/>
Heart Disease	<input type="checkbox"/>	<input type="checkbox"/>
Cancer	<input type="checkbox"/>	<input type="checkbox"/>
Diabetes	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Tuberculosis	<input type="checkbox"/>	<input type="checkbox"/>
Epilepsy	<input type="checkbox"/>	<input type="checkbox"/>
Any other Disease	<input type="checkbox"/>	<input type="checkbox"/>

	IF LIVING		IF DEAD	
	AGE	HEALTH (Good, Bad, Fair)	AGE AT DEATH	CAUSE OF DEATH
Father	60+	Good		
Mother	60+	Bad		
Spouse	35 years	Good		
Children-1	3 years	Good		
Children -2				

7 I declare that the above statements are true and complete to the best of my knowledge and belief. In case this information is found to be false by the company, then the company reserves the right to terminate my services without giving any notice. I agree that the results of this medical examination in general terms may be revealed to the company if required. I also fully understand that in case I am declared medically unfit due to any reason, I shall not be entitled for the employment in the company. However, the decision taken by recruitment committee about my medical fitness will be final and binding to me.

Date: 23/09/23

Pallavi
(Signature of Candidate)

Annexure-3

Pre-Employment Medical Assessment

(All details given below will be filled by examine physician & treated as confidential)
(Please ✓ Mark Where Applicable)

1 Personal Habits:

- i) Smoking
- ii) Tobacco chewing
- iii) Alcohol
- iv) Any other

2 Medical History:

i) **Any Disability:** Yes / No If yes specify with disability %

ii) **Personal History:**

_____ NO _____

iii) **Known case of or past history of**

_____ NO _____

iv) **Immunization:** Yes No

Tetanus Toxoid	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Hepatitis B	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Others	<input checked="" type="checkbox"/>	<input type="checkbox"/>

Covid 19 dose

v) **Family History:**

Has anyone of parents suffered from

<input type="checkbox"/> Hypertension	<input checked="" type="checkbox"/> Diabetes
<input type="checkbox"/> Heart Disease	<input type="checkbox"/> Tuberculosis
<input type="checkbox"/> Cancer	<input type="checkbox"/> Epilepsy
	<input type="checkbox"/> Any other Disease

3 Physical Examination:

- i) Build: Poor / Average / Strong _____ Skin: N
- ii) Throat: N Tonsils: N Thyroid: NO Lymph nodes: NO
- iii) Teeth & Gums: _____ Tongue: _____
- iv) Height 155 cms Weight 155 kg BMI 25.8
- v) Identification marks: 62
Mole on upper lip

1 Vision (To be checked by eye specialist):

General Eye examination: _____

		Rt	Lt	Colour Vision (Pls ✓ Mark Applicable)
Visual Acuity	Distance	<u>6/6</u>	<u>6/6</u>	Normal Colour vision <input checked="" type="checkbox"/>
	Near	<u>N6</u>	<u>N6</u>	Total colour deficiency <input type="checkbox"/>
Corrected Vision	Distance	<u>6/6</u>	<u>6/6</u>	Partial Colour Deficiency <input type="checkbox"/>
	Near	<u>N6</u>	<u>N6</u>	
Power of lens	Spherical	<u>-3.50</u>	<u>-3.75</u>	If partial - pl. mention _____ <u>X</u>
	Cylindrical	<u>-1.00</u>	<u>-0.50</u>	
	Axis	<u>40°</u>	<u>176</u>	

	Yes	No
Squint	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Nystagmus	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Night Blindness	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Any other eye disease	<input type="checkbox"/>	<input checked="" type="checkbox"/>
If yes pl. give details _____		<u>X</u>

Signature & Seal of Ophthalmologist

Latahira
DR LATAM BAPPA
 MBBS, DCO, DNB, FRCO, FRCO
 Reg No: 2001 / 08 / 3125

Faint, illegible text, possibly bleed-through from the reverse side of the page.

Handwritten signature or name in blue ink.

Printed text in blue ink, likely a stamp or official header, containing illegible characters.

v) 2D Echo/TMT: ST-T changes in inferior lead & V3-V6, during peak exercise & recovery could be suggestive of ischemia.

vi) PFT: FVC — FEV1 — FEV1/FVC % — PEFR —

vii) Any other Investigations / clinical finding: —

14 COMMENTS AND RECOMMENDATIONS:

(Pls Mark Applicable)

Fit	Unfit
-----	-------

Remarks: Suggest cardiac evaluation & 2D Echo - Cardiologist Fitness.

Details of Examining Physician:

Name: _____

Registration No.: _____
Address: _____
Contact No.: _____

Dr. Mrinalini Singh
Consultant Physician
MBBS, DNB, MRCP (UK), EDIC
Reg. No. 2019/02/0392



Signature with Seal of Examining Physician

For office use only:

Date of receipt of original documents: _____ PEM No.: _____

MDMS No: _____

Medically

Fit	Temp. Unfit	Unfit
-----	-------------	-------

Special Remarks: _____

Dr. Michael Bligh
Consultant Physician
Venerable Order of St. John
Reg. No. 207803033

आयकर विभाग
INCOME TAX DEPARTMENT



भारत सरकार
GOVT. OF INDIA

PALLAVI KIRAN

MADAN JHA

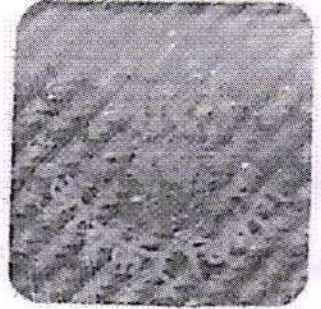
11/12/1990

Permanent Account Number

CEXPK3143M

Pallavi

Signature



13092011

*Pallavi
23/09/23
self attached*



PID NO. : BIA0876

Name : PALLAVI KIRAN

Sex / Age : Female / 33 Years

Ref By : APOLLO CREW MANAGEMENT PVT LTD

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Reg. Date

23-Sep-2023 / 10:29 am

Coll Date

23-Sep-2023 / 9:02 am

Report Date

23-Sep-2023 / 4:18 pm

REPORT

Blood Group

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
<u>BLOOD GROUP</u>			
ABO Group	"B"		
RH (D)	Positive		

Method : Slide Method
Sample: Whole Blood (EDTA)

----- End of Report -----

DR.SANDIP M HUDDEDAR
MBBS, DCP

Consultant Pathologist

DR.RITESH KHARCHHE
MBBS, MD PATHOLOGY

Pathologist



Molly R
Lab Technician

CONDITIONS OF REPORTING

SEA BIRD MEDICARE CENTRE (DIVISION OF SEA BIRD MEDICARE PVT LTD)

1. Individual Laboratory Investigation should not be considered as conclusive and should be used along with other relevant clinical examination to achieve the final diagnosis. The reported results are for the information of the referring doctors only.
2. The test results relate only to the item/ items in our laboratory.
3. The values of a laboratory investigation are dependent on the quality of sample as well as the assay procedure used.
4. For test performed on specimens received from other locations (within and outside Mumbai), it is presumed that the specimen belongs to the patient named or identified, such verification having been carried out at the point of generation of the said specimen(s).
5. Electronic images in the report are created by electronic processing. Sea Bird Medicare Centre makes no expressed or implied warranties or representations with respects to it and takes no responsibility for the authenticity, quality and size of the image, affected possibly due to a computer virus or other contamination.
6. Sea Bird Medicare centre confirms that all tests have been carried out with reasonable care, clinical safety and technical integrity
 - A. However due to certain factors such as reagent inconsistency, machine breakdown etc. beyond its control which could affect the testing, it does not make any representation or give any warranty about the accuracy of the reported results.
 - B. The test results are to be used for help in diagnosing/treating medical disease & not for forensic applications. Hence these results cannot be used for medico-legal purpose
7. Since Sea Bird Medicare Centre does not verify the identify or the details of the customer except in case of certain tests, it cannot be held responsible for any misrepresentation or misuse.
8. Partial reproduction of this report is not valid and should not be resorted to.
9. Any query from referring doctor pertaining to this report should be directed to Sea Bird Medicare Centre.
10. All dispute / claims concerning to this report are subject to Mumbai jurisdiction only.

A. SEA BIRD MEDICARE CENTRE

Corporate Office: B-401, Heritage Plaza, Teli Cross Lane, Andheri East (Nr Station) Mumbai 400069
Central Laboratory: 102-103-104 Gateway Plaza, Central Avenue Road, Hiranandani Gardens Powai, Mumbai 400076, India

B. Enquiry and Home Visit Booking

022 25701053 / 9324924370 or
admin@seabirdhf.com

C. Sea Bird Medicare services are also available at:

Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)

www.seabirdhf.com



PID NO. : BIA0876

Name : PALLAVI KIRAN

Sex / Age : Female / 33 Years

Ref By : APOLLO CREW MANAGEMENT PVT LTD

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare

105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Reg. Date

23-Sep-2023 / 8:56 am

Coll Date

23-Sep-2023 / 9:01 am

Report Date

23-Sep-2023 / 4:16 pm

REPORT

BLOOD SUGAR

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
Blood Glucose (Fasting), plasma (Plasma, Method- Hexokinase) NORMAL : 70 - 100 mg/dl Pre-Diabetic : 100 - 125 mg/dl Diabetic : >125 mg/dl (ON MORE THAN ONE OCCASION) Reference : American diabetes association guidelines 2022	105.31	mg/dl	70.00 - 100.00 mg/dl
Urine Glucose (Fasting)	Absent		Absent
Urine Ketones (Fasting)	Absent		Absent
Blood Glucose (PP) plasma (Plasma, Method- Hexokinase) Non-Diabetic : 70 - 140 mg/dl Pre-Diabetic : 140 - 199 mg/dl Diabetic : >200 mg/dl (ON MORE THAN ONE OCCASION) Reference : American diabetes association guidelines 2022	97.70	mg/dl	70.00 - 140.00
Urine Glucose (PP)	Absent		Absent
Urine Ketones (PP)	Absent		Absent

Test Done on Fully Automated Cobas C111 Analyser

----- End of Report -----



MC - 5321

DR. SANDIP M HUDDEDAR
MBBS, DCP

Consultant Pathologist

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY

Pathologist



Molly R

Molly R
Lab Technician

Proudly... Caring For You

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23-Sep-2023 / 11:28 am

REPORT

Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Hemoglobin	11.7	gm/dl	12.0 - 15
<u>RED BLOOD CELLS</u>			
R.B.C. Count	4.11	million / cumm	3.8- 4.8
PCV	36.4	%	35-48
MCV	88.7	fL	83 - 101
MCH	28.4	pg	27 - 32
MCHC	32	gm / dl	31.5 - 34.5
RDW (CV)	12.4	%	11.6- 14.0
Total W.B.C. Count	7270	/cu.mm.	4000-10000
<u>DIFFERENTIAL COUNT</u>			
Neutrophils	54	%	40 - 80
Lymphocytes	40	%	20 - 40
Eosinophils	03	%	1 - 6
Monocytes	03	%	2 - 10
Basophils	00	%	0 - 1

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Consultant Pathologist

DR.RITESH KHARCHE
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Pathologist

Molly R
Lab Technician



MC - 5321



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REPORT

Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Platelet Count	193000	/cumm	150000 - 410000
<u>MORPHOLOGY</u>			
RBC Morphology	Predominantly Normocytic and Normochromic.		
WBC Morphology	Normal Morphology.		
Platelets on Smear	Adequate on smear		

(EDTA Whole Blood - Tests done Automated Three part cell counter (RBC, WBC, Platelets count by impedance, Haemoglobin by colorimetric Cyanmeth free method. Rest are calculated parameters. Microscopy is manual by Pathologist.)

----- End of Report -----

DR. SANDIP M HUDDEDAR
MBBS, DCP

Consultant Pathologist

Molly R
Lab Technician



MC - 5321

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY

Pathologist



Page 4 of 13

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Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022

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Report Date

23-Sep-2023 / 4:19 pm

REPORT

Erythrocyte Sedimentation Rate (ESR)

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
E.S.R	27	mm at 1hr	0 - 20

Method: Wintrobe . Sample: Whole Blood (EDTA)

----- End of Report -----

DR.SANDIP M HUDDEDAR
MBBS, DCP

Consultant Pathologist

DR.RITESH KHARCHE
MBBS, MD PATHOLOGY

Pathologist

Molly R
Lab Technician



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Report Date

23-Sep-2023 / 4:16 pm

REPORT

Glycosylated Haemoglobin (HbA1c)

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
HbA1c	5.49	%	< 5.7
Non-diabetic : <= 5.7 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 (EDTA Whole Blood, Turbidimetric)			
Mean Blood Glucose (MBG)	118.14	mg/dl	

Interpretation & Remark:

- HbA1c is used for monitoring diabetic control. It reflects the estimated average glucose (eAG).
- HbA1c has been endorsed by clinical groups & ADA (American Diabetes Association guideline 2022, for diagnosis of diabetes using a cut-off points of 6.5 %.
- Trends in HbA1c are a better indicator of diabetic control than a solitary test.
- Low glycated haemoglobin (below 4%) in a non-diabetic individual are often associated with systemic inflammatory diseases, chronic anaemia (especially severe iron deficiency & haemolytic), chronic renal failure and liver diseases. Clinical correlation suggested.
- To estimate the eAG from the HbA1C value, the following equation is used : $eAg(mg/dl) = 28.7 * A1c - 46.7$.
- Interference of Haemoglobinopathies in HbA1c estimation.
 - For Hb > 25%, an alternate platform (Fructosamine) is recommended for testing of HbA1c.
 - Homozygous hemoglobinopathy is detected, fructosamine is recommended for monitoring diabetic status.
 - Heterozygous state detected (D10/ Tosha G8 is corrected for HbS and HbC trait).
- In known diabetic patients, following values can be considered as a tool for monitoring the glycemic control.
 - Excellent Control - 6 to 7 %
 - Fair to Good Control - 7 to 8 %
 - Unsatisfactory Control - 8 to 10 %
 - and Poor Control - More than 10 %

Note : Hemoglobin electrophoresis (HPLC method) is recommended for detecting hemoglobinopathy.

----- End of Report -----

DR. SANDIP M HUDDEDAR
MBBS, DCP

Consultant Pathologist

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY

Pathologist

Molly R
Lab Technician



MC - 5321



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23-Sep-2023 / 4:15 pm

REPORT

LFT

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Sr. Alkaline Phosphatase (Serum, AMP Buffer IFCC) Test Done on Fully Automated Cobas C111 Analyser	43.3	U/L	35 - 104

----- End of Report -----

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MC - 5321

Molly R
Lab Technician



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REPORT

Lipid Profile

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Total Cholesterol	191.72	mg/dl	100 - 240
Method: CHOD-PAP			
Triglycerides	64.65	mg/dl	0 - 150
Method: GPO-PAP			
HDL Cholesterol-Direct	47.23	mg/dl	45 - 65
Method: Cholesterol-esterase-Direct			
LDL Cholesterol	131.56	mg/dl	<100
Calculated			
VLDL-Cholesterol	12.93	mg/dl	10 - 40
Calculated			
CHO/HDLC Ratio	4.06		Upto 5.0
Calculated			
LDLC/HDLC Ratio	2.79		2.5 - 3.5
Calculated			

Desirable Cholesterol Level : <200 mg/dl
Bordeline High Cholesterol : 200-239 mg/dl

Test Done on Fully Automated Cobas C111 Analyser
Sample: Serum

----- End of Report -----

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PID NO. : BIA0876

Name : PALLAVI KIRAN

Sex / Age : Female / 33 Years

Ref By : APOLLO CREW MANAGEMENT PVT LTD

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare

105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Reg. Date

23-Sep-2023 / 10:29 am

Coll Date

23-Sep-2023 / 9:02 am

Report Date

23-Sep-2023 / 4:16 pm

REPORT

Liver Function Tests

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
S.G.O.T. (Serum, Method-IFCC / UV without P5P)	19.8	U/L	0 - 32
S.G.P.T. (Serum, Method-IFCC / UV without P5P)	25.2	U/L	0 - 33.0
GGT (Serum, Method-IFCC Method)	15.3	U/L	5 - 36
Bilirubin (Total) (Serum, Method-Diazo- End point)	0.47	mg/dl	0.0 - 1.20
Bilirubin (Direct) (Serum, Method-Diazo-End point)	0.2	mg/dl	0.0 - 0.80
Bilirubin (Indirect) Calculated	0.27	mg/dl	0.0 - 0.90
Total Proteins (serum, Method-Biuret)	6.8	g/dl	6.6 - 8.7
Albumin (Serum, Method-Bromocresol Green)	4.5	g/dl	3.5 - 5.2
Globulin Calculated	2.30	g/dl	1.90 - 3.70
A/G ratio Calculated	1.96		

Test Done on Fully Automated Cobas C111 Analyser

----- End of Report -----



MC - 5321

DR. SANDIP M HUDDEDAR
MBBS, DCP

Consultant Pathologist

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY

Pathologist



Molly R

Molly R
Lab Technician

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Report Date

23-Sep-2023 / 4:17 pm

REPORT

RENAL PROFILE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Blood Urea Method-Urease	14.63	mg/dl	16.6 - 48.5 mg/dl
Blood Urea Nitrogen Method-Urease	6.83	mg/dl	06 - 20 mg/dl
Creatinine Method-Kinetic Jaffes	0.63	mg/dL	0.5 - 0.90 mg/dl
Uric Acid Method: Uricase-POD	4.6	mg/dl	2.4 - 5.7

Test Done on Fully Automated Cobas C111 Analyser

----- End of Report -----

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MBBS, DCP

Consultant Pathologist

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY

Pathologist

Molly R
Lab Technician



MC - 5321



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Reg. Date

23-Sep-2023 / 8:56 am

Coll Date

23-Sep-2023 / 9:01 am

Report Date

23-Sep-2023 / 4:20 pm

REPORT

THYROID FUNCTION TEST

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
TSH	3.13	μIU/ml	0.25-5 μIU/ml
T3	1.22	nmol/l	0.92-2.33 nmol/l
T4	73.16	nmol/l	60-120 nmol/l

The assay principle combines an enzyme immunoassay competition method with a final fluorescent detection (ELFA).

INTERPRETATION

TSH : A high TSH result often means an under active thyroid gland that is not responding adequately to the stimulation of TSH due to some type of acute or chronic thyroid dysfunction. A high TSH value can also occur when someone with a known thyroid disorder or who has had their thyroid gland removed is receiving too little thyroid hormone medication. A low TSH result can indicate an over active thyroid gland (hyperthyroidism) or excessive amounts of thyroid hormone medication in those who are being treated for an under active (or removed) thyroid gland. An abnormal TSH test result is usually followed by additional testing to investigate the cause of the increase or decrease.

T3: Triiodothyronine T3 contributes significantly to the maintenance of the euthyroid state, and the total T3 concentration has a role in screening for thyroid disease in conjunction with other tests. T3 alone cannot diagnose hypothyroidism, but it may be more sensitive than thyroxine (T4) for hyperthyroidism.

T4 :Thyroxine accounts for at least 90% of circulating protein-bound iodine. While >99.9% of T4 is protein-bound, primarily to thyroKine-binding globulin(TBG), it is the free fraction that is biologically active. In most patients the total T4 level is a good indicator of thyroid status, however it can sometimes be inadequate, and diagnostic efficiency may be improved by use of a total T4 test in conjunction with other tests.

----- End of Report -----

DR.SANDIP M HUDDEDAR
MBBS, DCP

Consultant Pathologist

DR.RITESH KHARCHE
MBBS, MD PATHOLOGY

Pathologist



Molly R
Lab Technician

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PID NO. : BIA0876

Name : PALLAVI KIRAN

Sex / Age : Female / 33 Years

Ref By : APOLLO CREW MANAGEMENT PVT LTD

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Coll Date

23-Sep-2023 / 9:01 am

Report Date

23-Sep-2023 / 4:19 pm

REPORT

URINE ANALYSIS

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
<u>PHYSICAL EXAMINATION</u>			
Colour	Pale Yellow		Pale Yellow
Quantity	30 ml	ml	20 - 50
Appearance	Clear		Clear
Reaction (pH)	5.5		5.0 - 9.0
Specific Gravity	1.015		1.000 - 1.030
<u>CHEMICAL EXAMINATION</u>			
Proteins	Absent		Absent
Sugar	Absent		Absent
Ketone Bodies	Absent		Absent
Bile Salts	Absent		Absent
Bile Pigment	Absent		Absent
Urobilinogen	Normal	mg/dl	Normal (0.1 - 1.0 mg/dl)
Ocult Blood	Absent		Absent

MICROSCOPIC EXAMINATION

DR. SANDIP M HUDDERAR
MBBS, DCP

Consultant Pathologist

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY

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Molly R
Lab Technician



MC - 5321



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Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022

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REPORT

URINE ANALYSIS

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Pus Cells	2 - 3 / hpf		2 - 3 / hpf
Red Blood Cells	Absent		Absent
Epithelial cells	2 - 3 / hpf		2 - 5 / hpf
Casts	Absent		Absent
Crystals	Absent		Absent
Other Findings	Absent		

METHOD:

Physical Examination : Visual Strip Method.

Chemical Examination : Bilirubin(Azo-coupling), Blood(Peroxidase), Glucose(Specific glucose-oxidase/peroxidase reaction), Ketone(Rothera's test), Leukocytes(Reflectance Photometer(Leucocyte esterase)), Nitrite(Diazotization), pH(Double Indicator), Protein(Protein Error of Indicators), Specific Gravity(Refractometric method), Urobilinogen(Ehrlich).

Microscopy Examination : Automation/Manual Microscopy.

----- End of Report -----

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Name: Ms. PALLAVI	Age : 33 Y	Sex : FEMALE
Date : 23-09-2023 10:59 AM	Ref Dr : SELF	Reg. No. : MHM2309/412

USG ABDOMEN AND PELVIS

LIVER: Liver appears normal in size 12.3cm and echo texture. There is no intra-hepatic biliary radical dilatation. No evidence of any focal lesion.

GALL BLADDER: Gall bladder is distended and appears normal. Wall thickness is within normal limits. There is no evidence of any calculus. Portal vein is normal. CBD is normal.

PANCREAS: Pancreas appears normal in echo texture. There is no evidence of any focal lesion or calcification. Pancreatic duct is not dilated.

KIDNEYS: Both kidneys are normal in shape and echo texture. Corticomedullary differentiation is maintained. There is no evidence of any hydronephrosis, hydroureter or calculus.

Right kidney measures 9.3 x 4.3cm. Left kidney measures 11.2 x 4.2cm.

SPLEEN: Spleen is normal in size, shape and echotexture. No focal lesion is seen.

URINARY BLADDER: Urinary bladder is distended and normal. Wall thickness is within normal limits.

UTERUS: Uterus is normal in size and shows normal echotexture. **Tiny 1.6 x 1.0 cm subserosal fibroid seen . It shows tiny calcific focus . No increased vascularity seen. No indentataion seen upon endometrium.**

Uterus measures 7.7 x 4.1 x 4.7cm. Endometrial thickness is normal (5.9mm).

Right ovary is normal measures cm. Left ovary is normal measures cm.

A follicular cyst / dominant follicle seen in right ovary measuring 19 x 15 mm.

No free fluid or significant lymphadenopathy is seen.

IMPRESSION :

- **Tiny uterine fibroid- subserosal.No vascularity seen on Doppler. Tiny calcification seen within.**
- **Follicular cyst in right ovary- physiological.**
- **Rest unremarkable.**

Advice:Clinical co-relation and further evaluation.

Priyanka Nerulkar

DR. PRIYANKA NERULKAR

CONSULTANT RADIOLOGIST





Sea Bird
Sea Bird Medicare Centre

Report ID : **PKM23916318** Reg. : **23-Sep-2023**
Patient Name : **Ms. PALLAVI KIRAN** Report Date : **25-Sep-2023**
Rank : Company Name : **M/S. APOLLO HEALTH AND LIFESTYLE**
Ref By : **DR.PARAG ARVIND PRADHAN** Age/Sex : **32 Year / Female**

CHEST X RAY REPORT

X-Ray No : 3308

Investigation : Chest PA View.

Bony thoracic cage is normal.

Cardiac silhouette appears normal in size and configuration.

Both lungs shows equal translucency and normal vasculature.

Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

Impression :

Normal Chest X-Ray.


Dr. Jacob
Mathew MD

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