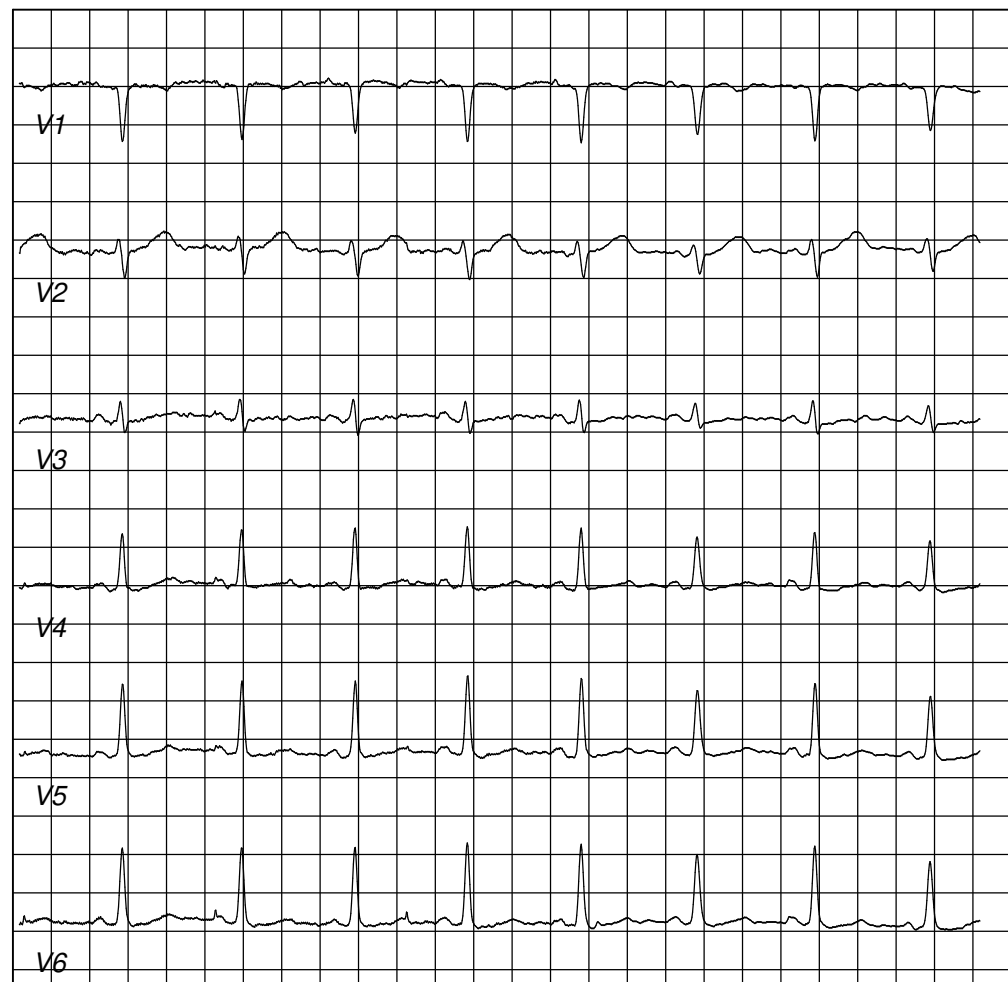
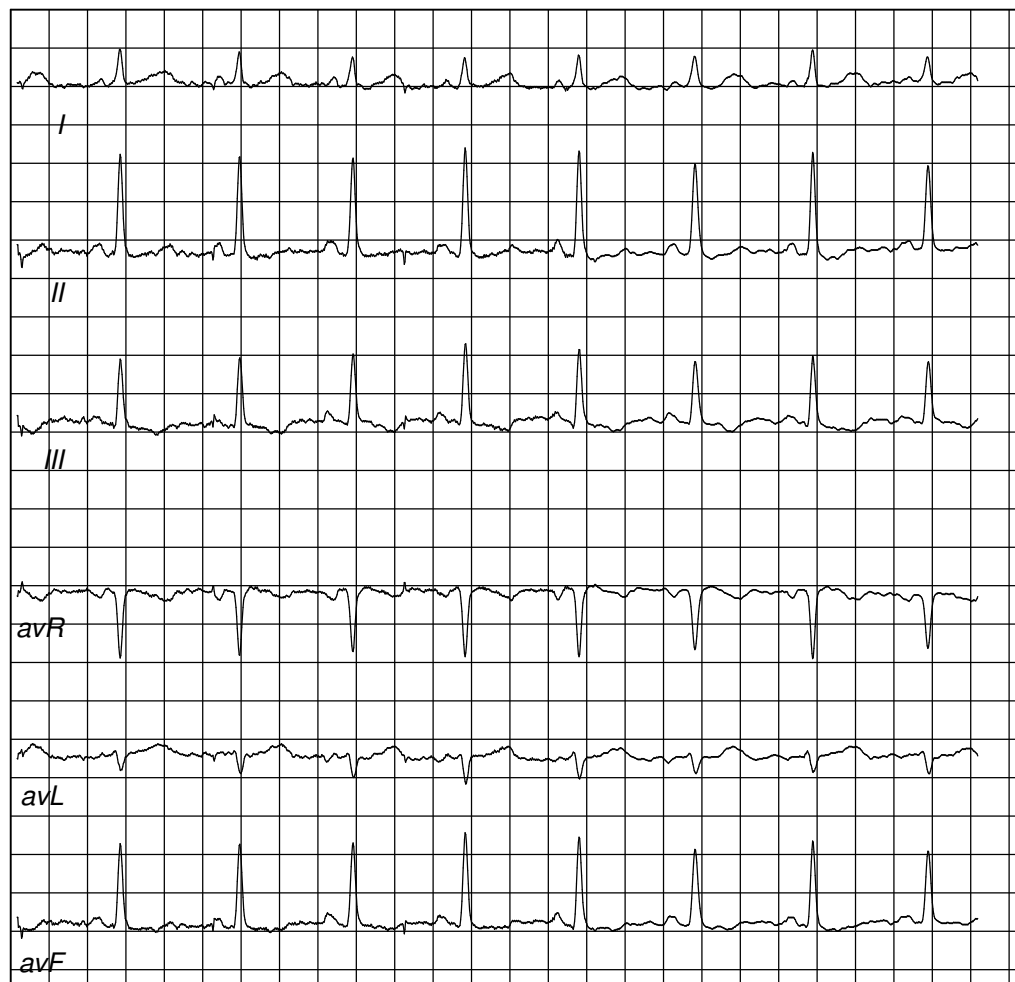




Date: 10 / 07 / 2022 12:31:21 PM METs : 01.00 HR : 79 Target HR : 41% of 190 BP : 0/0 Post J @60mSec ExTime : 01:55 Speed : 00.00 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV



| | | | |
|------------------|----------------------------------|-------------------|-----------------------|
| Lab No. | : 012207090040 | Reg No/BarcodeNo | : 418665/01415751 |
| Patient Name | : Ms..RASHMEET KAUR BHATIA | Reg. Date | : 09/Jul/2022 11:43AM |
| Age/Sex | : 30 Y / Female | Sample Taken Date | : 09/Jul/2022 02:44PM |
| Client Code/Name | : MEDIWHEEL FULL BODY CHECKUP | Report Date | : 09/Jul/2022 05:19PM |

Referred By Doctor : Dr. B O B

Blood Sugar (Fasting)

Blood Sugar Fasting 78 mg/dl 70 - 100
Haeksokinase

Sample Type:Plasma

Blood Sugar (PP)

Blood Sugar PP (2 Hr.) 89 mg/dL 70 - 140
Heksokinase

Sample Type:Plasma

GAMMA GT/GGT

GAMMA GT / GGT 15 IU/l 12 - 43

Sample Type:Serum

BUN / BLOOD UREA NITROGEN

BLOOD UREA NITROGEN 10 mg/dl 7.0 - 18.7
Urease

Sample Type:Plasma

CREATININE SERUM

CREATININE, Serum 0.62 mg/dl 0.52 - 1.04
Aminohydrolaase

Sample Type:Serum

URIC ACID

URIC ACID, Serum 3.5 mg/dl 2.5 - 6.2
Uricase Peroxidase

Sample Type:Serum



A Gupta

Dr. Arun Kumar Gupta
M.D. Chief Pathologist
(Reg No. 34930)

| | | | |
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Referred By Doctor : Dr. B O B

LFT/LIVER FUNCTION TESTS

| | | | |
|---|-------------|-------|-------------|
| BILIRUBIN TOTAL Reflectance spectrophotometry | 0.4 | mg/dl | 0.10 - 1.00 |
| BILIRUBIN DIRECT Reflectance Spectrophotometry | 0.2 | mg/dl | 0.0 - 0.3 |
| BILIRUBIN INDIRECT Reflectance Spectrophotometry | 0.2 | mg/dl | 0.10 - 1.1 |
| SGOT /AST Mutipoint Rate with P-5-P | 17 | U/L | 14 - 36 |
| SGPT /ALT UV with P5P | 15 | U/L | 12 - 76 |
| Alk. Phosphatase, Serum PNPP AMP BUFFER | 84 | U/L | 38 - 126 |
| PROTEIN TOTAL Biuret | 6.8 | g/dl | 6.4 - 8.3 |
| ALBUMIN BCP | 3.9 | g/dl | 3.5 - 5.0 |
| GLOBULIN Calculated | 2.9 | g/dl | 2.3 - 3.5 |
| A/G RATIO Calculated | 1.34 | | 1.5 - 2.5 |

Sample Type:Serum

Lipid Profile

| | | | |
|--|-------|-------|---|
| CHOLESTEROL TOTAL Cholesterol Oxidase | 151 | mg/dl | Desirable: <200 Boderline High: 200 – 239 High : ≥240 |
| TRIGLYCERIDES Lip/Gluceron Kinase | 80 | mg/dl | Normal <150 Boderline High: 150 – 199 High : 200 – 499 Very High: ≥500 |
| HDL CHOLESTEROL Non HDL Precipitation | 44 | mg/dl | 40 - 60 |
| LDL CHOLESTEROL Calculated | 105.4 | mg/dl | 100 - 130 |
| VLDL CALCULATED Calculated | 16 | mg/dl | 13 - 36 |
| CHOL/ HDL RATIO | 3.43 | Ratio | Less than 4.0 |



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Referred By Doctor : Dr. B O B

Calculated
 LDL / HDL RATIO **2.4** 3.3 - 4.4 (Low Risk)
 4.4-7.1 (Average Risk)
 7.1-11.0 (Moderate Risk)

| Risk | Ratio of LDL to HDL | |
|----------------------------|---------------------|-------|
| | Men | Women |
| Very low (1/2 average) | 1 | 1.5 |
| Average risk | 3.6 | 3.2 |
| Moderate risk (2x average) | 6.3 | 5.0 |
| High risk (3x risk) | 8 | 6.1 |

HDL levels have an inverse relationship with coronary heart disease. The ability of **HDL** to predict the development of coronary atherosclerosis has been estimated to be four times greater than **LDL** and eight times greater than **TC**. Treatment is recommended for those with a **HDL** level below 40 mg/dL. An **HDL** of 60 mg/dL is considered protection against heart disease.

Preparation:

Blood should be collected after a 12-hour fast (no food or drink, except water). For the most accurate results, wait at least 2 months after a heart attack, surgery, infection, injury or pregnancy to check Lipid Profile.

Sample Type:Serum

BUN/CREATININE RATIO

| | | | |
|--------------------------------------|------|-------|-------------|
| BLOOD UREA NITROGEN Urease | 10 | mg/dl | 7.0 - 18.7 |
| CREATININE, Serum Aminohydrolaase | 0.62 | mg/dl | 0.52 - 1.04 |
| Ratio | 16.1 | | |

Sample Type:Serum



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| Age/Sex | : 30 Y / Female | Sample Taken Date | : 10/Jul/2022 12:28PM |
| Client Code/Name | : MEDIWHEEL FULL BODY CHECKUP | Report Date | : 10/Jul/2022 01:22PM |
| Referred By Doctor | : Dr. B O B | | |

MEDIWHEEL FEMALE BELOW 40

URINE ROUTINE EXAMINATION

Method -Dipstick And Microscopy

PHYSICAL EXAMINATION

| | | |
|--|----------|---------------|
| COLOUR | YELLOW | |
| SPECIFIC GRAVITY (Based on pka change) | 1.030 | 1.001 - 1.030 |
| pH (methylred/Bromothymol blue method) | 6 | 7.50 - 8.0 |
| TURBIDITY | PRESENT | |
| Deposit (UR) | PRESENT | |

Chemical

| | | |
|---|----------|----------|
| PROTEIN Dipstick/Tetra bromophenol blue/ Heat & Acid Test method). | TRACE | Nil |
| GLUCOSE (Oxidase Peroxidase method) | NIL | Nil |
| KETONE (Nitroprusside Method) | NEGATIVE | Nil |
| BILL PIGMENT (Diazo Method) | NEGATIVE | Negative |
| UROBILINOGEN (Ehrlich reaction) | NEGATIVE | Normal |
| Nitrite (Based on presence of bacteria) | NEGATIVE | Negative |
| Leucocyte Esterase (Esterase Diazonium Method) | NEGATIVE | Negative |

After Centrifugation at 2500 R.P.M. For 5 Minutes

MICROSCOPIC EXAMINATION

| | | | |
|----------------------------------|-------|---------|---------------|
| RBC (Microscopic) | 0-1 | per HPF | |
| PUS CELLS (Microscopic) | 4-6 | Per HPF | 0 - 5 WBC/hpf |
| EPITHELIAL CELLS (Microscopic) | 20-30 | Per HPF | |
| CASTS (Microscopic) | NIL | Per LPF | |
| CRYSTALS (Microscopic) | NIL | | |
| Amorphous Material (Microscopic) | Nil | | Nil |
| BACTERIA (Microscopic) | NIL | Per HPF | 0-0 |



A Gupta

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| Age/Sex | : 30 Y / Female | Sample Taken Date | : 09/Jul/2022 02:44PM |
| Client Code/Name | : MEDIWHEEL FULL BODY CHECKUP | Report Date | : 09/Jul/2022 05:08PM |
| Referred By Doctor | : Dr. B O B | | |

MEDIWHEEL FEMALE BELOW 40

CBC / COMPLETE BLOOD COUNT

| | | | |
|--|-------------|---------------------|-------------------------------------|
| HEMOGLOBIN (Hb) Photometry Cyanide Free | 11.9 | g/dl | 12.0 - 15.0 |
| TLC Impedence | 9000 | /cumm | 4000-10000 |
| <u>DLC (%)</u> | | | |
| NEUTROPHIL DHSS/Microscopic | 58 | % | 40-80 |
| LYMPHOCYTE DHSS/Microscopic | 32 | % | 24-44 |
| EOSINOPHIL DHSS/Microscopic | 3 | % | 01-06 |
| MONOCYTE DHSS/Microscopic | 7 | % | 3-6 |
| Platelet Impedance/Microscopic | 359 | 10 ³ /μL | 150 - 410 |
| RBC COUNT Impedance | 3.96 | 10 ⁶ /μL | 3.8 - 4.8 |
| PCV (HCT) Numeric Integration | 39.6 | % | 36-46 |
| MCV Calculated | 100 | fL | 83-91 |
| MCH Calculated | 30.0 | pg | 27-32 |
| MCHC Calculated | 30.0 | g/dL | 31.5-34.5 |
| RDW-CV Calculated | 13.0 | % | 11.6 - 14.0 |
| MPV | 8.6 | fL | 8 - 12 |
| ABSOLUTE NEUTROPHIL COUNT DHSS/Calculated | 5.17 | 10 ³ /μL | 2.00-7.00 |
| ABSOLUTE LYMPHOCYTE COUNT DHSS/Calculated | 2.91 | 10 ³ /μL | 1.0-3.0 |
| ABSOLUTE MONOCYTE COUNT DHSS/Calculated | 0.61 | 10 ³ /μL | 0.0-2.0 |
| ABSOLUTE EOSINOPHIL COUNT DHSS/Calculated | 0.28 | 10 ³ /μL | 0.02 - 0.50 |
| N/L Ratio | 1.78 | Ratio | Normal: 1 - 3 Mildly High: 4 - 6 |



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Referred By Doctor : Dr. B O B

 Moderately High: 7 - 9
 Severly High: >9.0

Sample Type Whole Blood EDTA

ESR WESTERGREN (Automated)

| | | | |
|-----------------------------|----|-----|--------|
| ESR WESTERGREN (Automated) | 12 | m m | 0 - 14 |
| WESTERGREN | | | |

Sample Type:EDTA Blood

ABO Rh / BLOOD GROUP Tube Agglutination (FORWARD & REVERSE Method)

BLOOD GROUP / ABO-RH

| | | | |
|-------------------|----------|---|---|
| ABO | O | . | - |
| Reverse & Forward | | | |
| Rh | POSITIVE | . | - |
| Reverse & Forward | | | |

Sample Type:EDTA Blood



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Referred By Doctor : Dr. B O B

HbA1C/GLYCATED HEMOGLOBIN/GHB

HBA1C/GLYCATED HEMOGLOBIN 4.9 %
Average of Glucose Level 94 mg/dl

Test is done by HPLC method (Gold Standard) D-10 Analyzer.

Expected Values :-

| Test | Normal Range | |
|-------|-----------------|--------------|
| HbA1c | Non Diabetic: | 4.0% - 6.0% |
| | Good Control: | 6.1% - 8.0% |
| | Poor Control: | 8.1% - 9.0 % |
| | Unsatisfactory: | > 9 % |

To convert an A1c to the new average mean blood glucose, use this formula:
eAG(mg/dl) = (28.7 X HbA1c) - 46.7

Sample Type:EDTA Blood



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| Age/Sex | : 30 Y / Female | Sample Taken Date | : 09/Jul/2022 02:44PM |
| Client Code/Name | : MEDIWHEEL FULL BODY CHECKUP | Report Date | : 09/Jul/2022 06:01PM |

Referred By Doctor : Dr. B O B

MEDIWHEEL FEMALE BELOW 40

T3 / TRIDOTHYRONINE TOTAL

T3 TOTAL 1.07 ng/mL 0.60 - 1.81
CLIA

Increased levels are seen in hyperthyroidism and decreased levels are seen in hypothyroidism.

Sample Type:Serum

T4 / THYROXIN TOTAL

T4 TOTAL 7.79 µg/dl 4.50 - 10.9
CLIA

Increased levels are seen in graves disease cancer of thyroid as symptoms of hyperthyroidism.Low levels are seen in hypothyroidism whose symptoms are myoxyedema hashmito disease and pituitary disorders

TSH (Thyroid Stimulating Hormone)

TSH (ECLIA) 3.16 µIU/ml 0.35 - 5.50
CLIA

NOTE:

Guidelines for interpretation of abnormal thyroid function test.

| TSH | T4/FT4 | T3/FT3 | Interpretation |
|------|---------------|--------------------|---|
| High | Normal Normal | Mild(subclinical) | Hypothyroidism. |
| High | Low | Low/Normal | Hypothyroidism |
| Low | Normal Normal | Mild (subclinical) | Hyperthyroidism. |
| Low | High/Normal | High/Normal | Hyperthyroidism |
| Low | Low/Normal | Low/Normal | Rare pituitary(secondary)Hypothyroidism |

Sample Type:Serum



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(Reg No. 34930)

| | | | |
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| Age/Sex | : 30 Y / Female | Sample Taken Date | : 10/Jul/2022 12:28PM |
| Client Code/Name | : MEDIWHEEL FULL BODY CHECKUP | Report Date | : 11/Jul/2022 12:33PM |

Referred By Doctor : Dr. B O B

MEDIWHEEL FEMALE BELOW 40

URINE SUGAR (F)

URINE SUGAR (F) NIL

STOOL ROUTINE EXAMINATION

PHYSICAL EXAMINATION

| | | |
|--|-----------|------------|
| COLOUR | YELLOWISH | |
| CONSISTANCY | SEMISOLID | |
| pH (methylred/Bromothymol blue method) | 6 | 7.50 - 8.0 |
| MUCUS | NIL | |
| BLOOD | NIL | Negative |

MICROSCOPIC EXAMINATION

| | | |
|------------------------|-----|---------------|
| OVA | NIL | |
| CYST | NIL | |
| CRYSTALS (Microscopic) | NIL | |
| Pus Cells | NIL | |
| R.B.C. | NIL | Per HPF 0 - 2 |
| Fungus | NIL | |

URINE SUGAR (PP)

URINE SUGAR (PP) NIL



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Dr. Arun Kumar Gupta
M.D. Pathologist

| | | | |
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| Patient Name | : Ms..RASHMEET KAUR BHATIA | Reg. Date | : 09/Jul/2022 11:43AM |
| Age/Sex | : 30 Y / Female | Sample Taken Date | : 09/Jul/2022 11:43AM |
| Client Code/Name | : MEDIWHEEL FULL BODY CHECKUP | Report Date | : 12/Jul/2022 12:55PM |
| Referred By Doctor | : Dr. B O B | | |

MEDIWHEEL FEMALE BELOW 40

USG ABDOMEN

Liver :

Normal in size, shape & echo-texture. No focal lesions / IHBR dilatation.
Portal vein is normal.

Gall bladder :

Normal in distension & wall thickness. No sizeable GB Calculus / mass.

C.B.D. :

Normal in course and caliber (measuring 3.8 mm at porta) and clear throughout.

Pancreas :

Normal in size, shape & echo-texture. No focal / diffuse pancreatic lesion seen.
Main pancreatic duct is not dilated.

Spleen :

Normal in size (8.8 cm. in axial length). No focal lesions. Splenic vein is normal at hilum.

B/L Kidneys :

B/L kidneys normal in size, contour, location and cortical echogenicity.
Pelvicalyceal system & bilateral ureters unremarkable.
No sizeable calculus / mass on either side.

Urinary bladder :

Normal is distension and wall thickness. No sizeable UB calculus / mass.



| | | | |
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Uterus :

Normal in size and anteverted. No sizeable focal lesion seen.
Midline endometrial strip is of normal thickness. Cervix is unremarkable.

Bilateral Ovaries:

Normal sized, shape and echo-texture.
No adnexal lesion on either side.
No free fluid seen in cul-de-sac.

No evidence of ascitis / pleural effusion / RP lymphadenopathy seen.

Impression:

Normal Study of USG Whole abdomen.

Advise: Correlate clinically & further investigate.

SONOLOGIST



| | | | |
|--------------------|--------------------------------------|-------------------|-----------------------|
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MEDIWHEEL FEMALE BELOW 40

X RAY CHEST PA VIEW

Diaphragms are normal.

C.P. angles are clear.

Cardiac shadow is normal.

Trachea is in midline.

Hilar shadow are heavy.

Broncho-vascular markings are prominent ----- Bronchitis.

No parenchymal lesion is seen.

Advise :- Correlate Clinicaly.

DR. S. KHURANA
M.B.B.S.,D.M.R.E.

*** End Of Report ***



| Stage | Time | Duration | Belt Speed (mph) | Elevation | METs | Rate | BP | RPP | PVC | Comments |
|---------------|-------|----------|------------------|-----------|------|------|--------|-----|-----|----------|
| Supine | 01:49 | 0:01 | 00.0 | 00.0 | 01.0 | 99 | 100/70 | 099 | 00 | |
| Standing | 02:02 | 0:01 | 00.0 | 00.0 | 01.0 | 97 | 100/70 | 097 | 00 | |
| HV | 02:14 | 0:01 | 00.0 | 00.0 | 01.0 | 107 | 100/70 | 107 | 00 | |
| ExStart | 02:18 | 0:01 | 00.0 | 00.0 | 01.0 | 95 | 100/70 | 097 | 00 | |
| BRUCE Stage 1 | 05:18 | 3:00 | 01.7 | 10.0 | 04.7 | 142 | 110/74 | 156 | 00 | |
| BRUCE Stage 2 | 08:18 | 3:00 | 02.5 | 12.0 | 07.1 | 168 | 120/78 | 201 | 02 | |
| PeakEx | 09:55 | 1:37 | 03.4 | 14.0 | 08.8 | 180 | 130/82 | 234 | 03 | |
| Recovery | 10:54 | 1:00 | 00.0 | 00.0 | 01.2 | 180 | 126/80 | 226 | 00 | |
| Recovery | 11:54 | 2:00 | 00.0 | 00.0 | 01.0 | 126 | 120/78 | 151 | 00 | |
| Recovery | 13:05 | 3:10 | 00.0 | 00.0 | 01.0 | 58 | 114/74 | 139 | 00 | |

Findings :

Exercise Time : 07:38
Max HR Attained : 180 bpm 95% of Target 190
Max BP Attained : 130/82
Max WorkLoad Attained : 8.8 Fair response to induced stress
Max ST Dep Lead & Value : V3 & -2.5 mm
Duke Treadmill Score : 13.0
Test Objective : For Testing
History : Nil
Test End Reasons : Fatigue

Doctor : DR. KUSH KUMAR TYAGI D.M.



Report :

Sample Name: Stress Test Graded Exercise Treadmill
Description: .

INDICATIONS: R/O CAD.

PROCEDURE DONE: Graded exercise treadmill stress test.

STRESS ECG RESULTS:

FAIR EXERCISE TOLERANCE, ADEQUATE B.P. RESPONSE, THR 94% ACHIEVED,
NO CHEST PAIN / DYSPNOEA, NO SIGNIFICANT ST-T CHANGES DURING EXERCISE
AND RECOVERY. NO ARRHYTHAEMIA.

TEST IS NEGATIVE FOR STRESS INDUCED REVERSIBLE MYOCARDIAL ISCHEMIA.

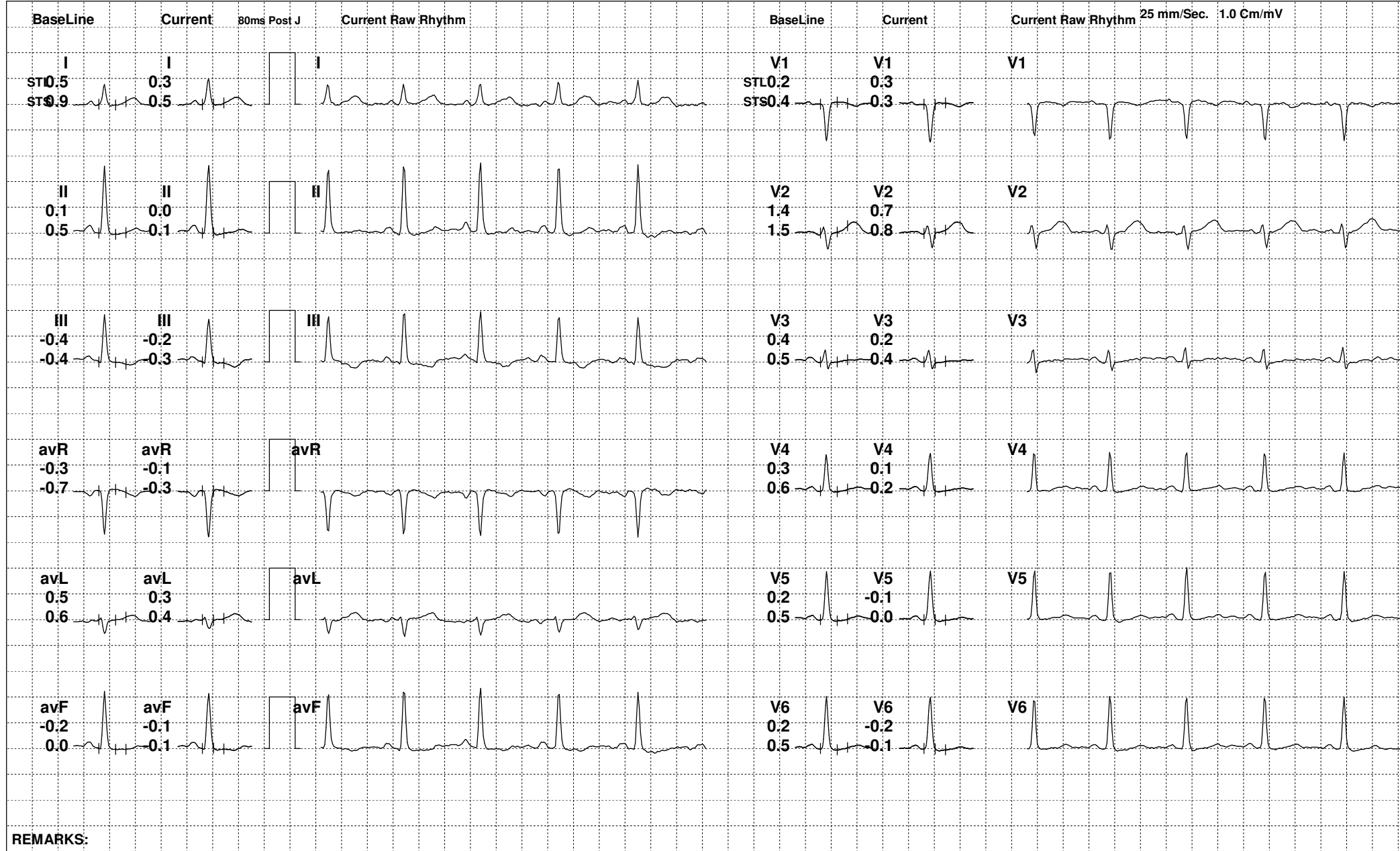
Doctor : DR. KUSH KUMAR TYAGI D.M.



57 (418665) / RASMEET KAUR BHATIA / 30 Yrs / F

Date: 10-Jul-2022 12:31:21 PM METS: 1.0/ 99 bpm 52% of THR BP: 100/70 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 01:47 0.0 mph, 0.0%



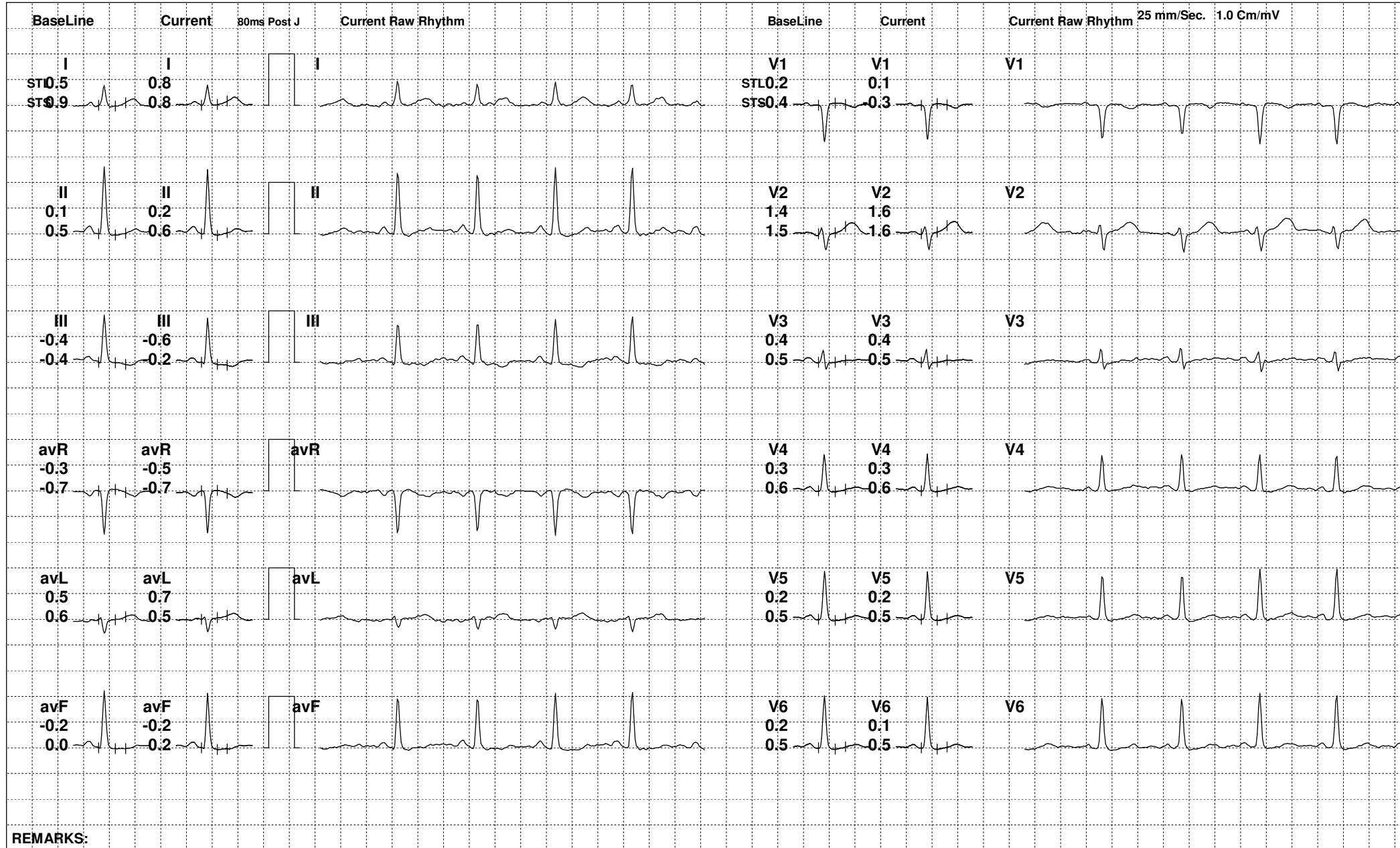
REMARKS:



57 (418665) / RASMEET KAUR BHATIA / 30 Yrs / F

Date: 10-Jul-2022 12:31:21 PM METS: 1.0/ 97 bpm 51% of THR BP: 100/70 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 02:01 0.0 mph, 0.0%



REMARKS:



57 (418665) / RASMEET KAUR BHATIA / 30 Yrs / F

Date: 10-Jul-2022 12:31:21 PM METS: 1.0/ 97 bpm 51% of THR BP: 100/70 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 02:13 0.0 mph, 0.0%



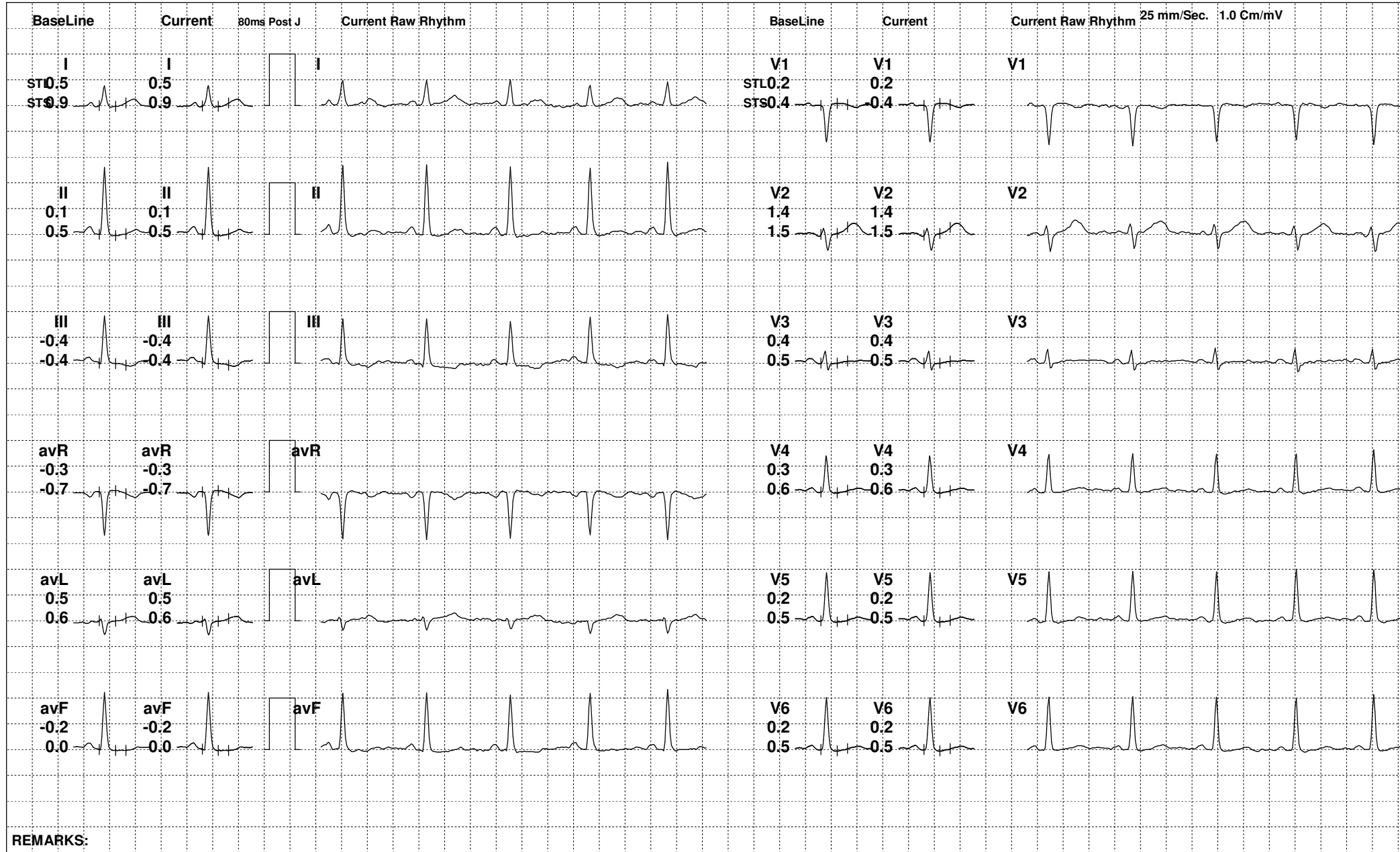
REMARKS:



57 (418665) / RASMEET KAUR BHATIA / 30 Yrs / F

Date: 10-Jul-2022 12:31:21 PM METS: 1.0/ 95 bpm 50% of THR BP: 100/70 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 02:17 0.0 mph, 0.0%

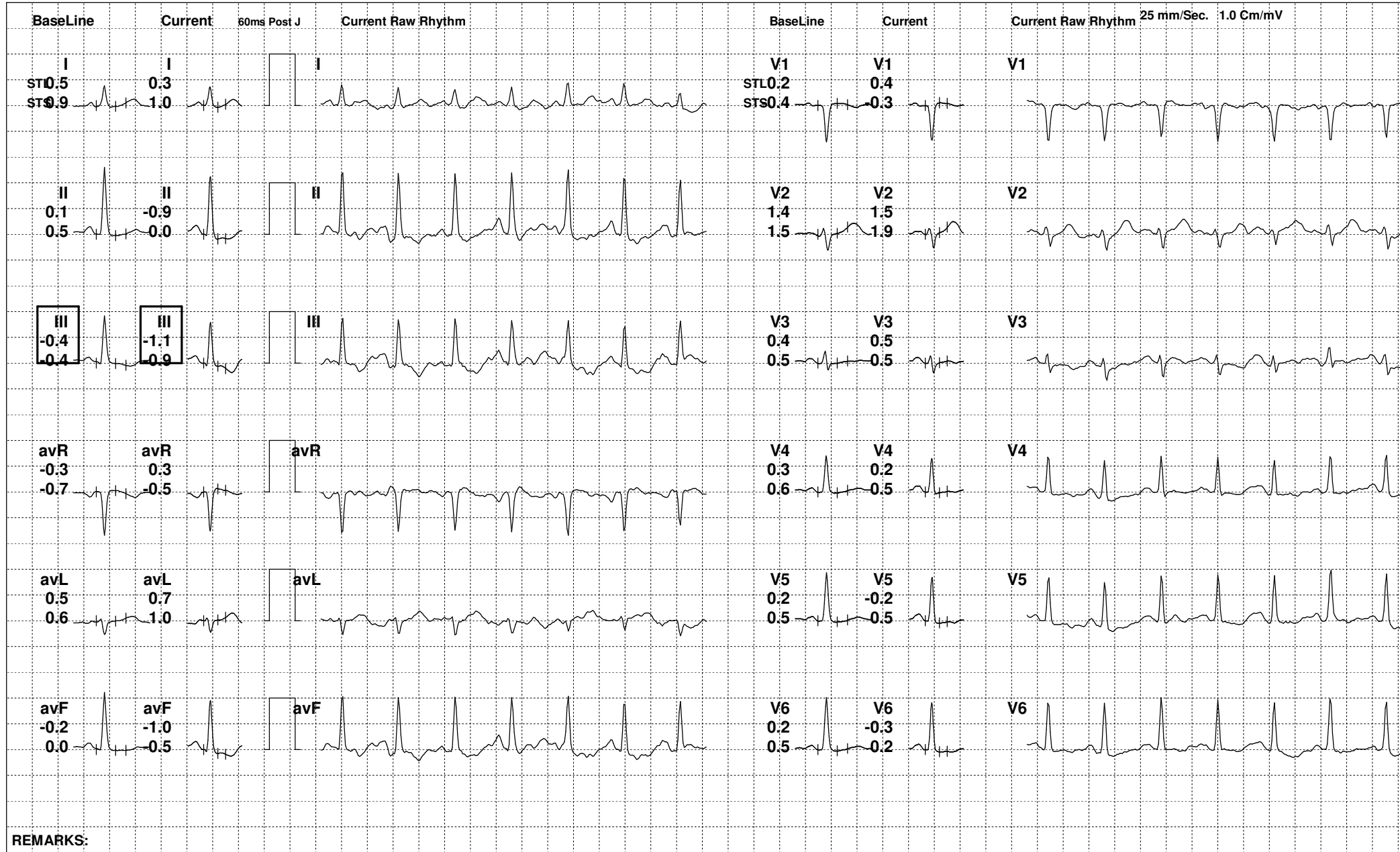




57 (418665) / RASMEET KAUR BHATIA / 30 Yrs / F

Date: 10-Jul-2022 12:31:21 PM METS: 4.7/ 137 bpm 72% of THR BP: 110/74 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 03:00 1.7 mph, 10.0%





57 (418665) / RASMEET KAUR BHATIA / 30 Yrs / F

Date: 10-Jul-2022 12:31:21 PM METS: 7.1/ 164 bpm 86% of THR BP: 120/78 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 06:00 2.5 mph, 12.0%

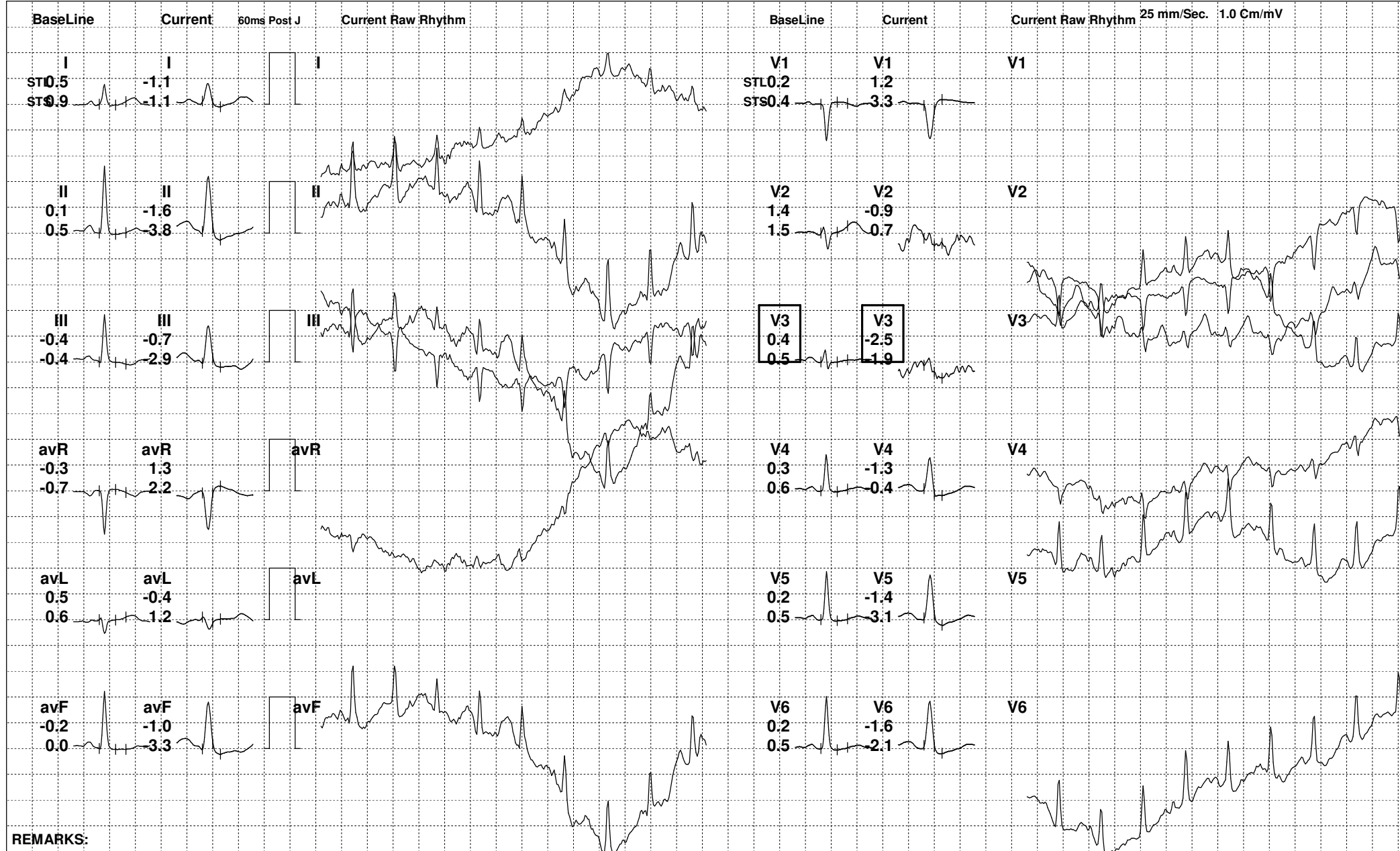




57 (418665) / RASMEET KAUR BHATIA / 30 Yrs / F

Date: 10-Jul-2022 12:31:21 PM METS: 8.8/ 87 bpm 45% of THR BP: 130/82 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 07:37 3.4 mph, 14.0%

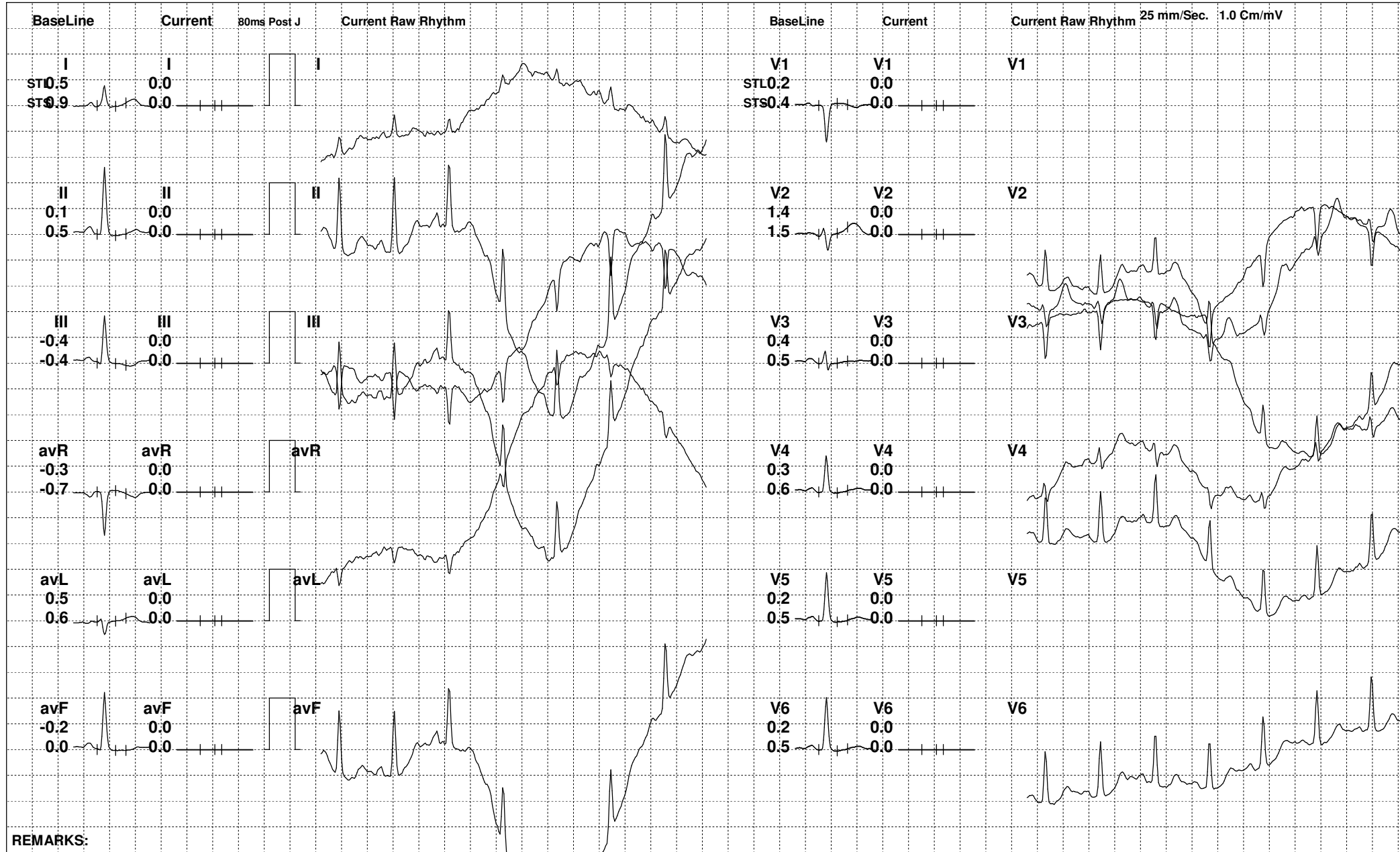




57 (418665) / RASMEET KAUR BHATIA / 30 Yrs / F

Date: 10-Jul-2022 12:31:21 PM METS: 1.2/ 88 bpm 46% of THR BP: 126/80 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 07:38 0.0 mph, 0.0%



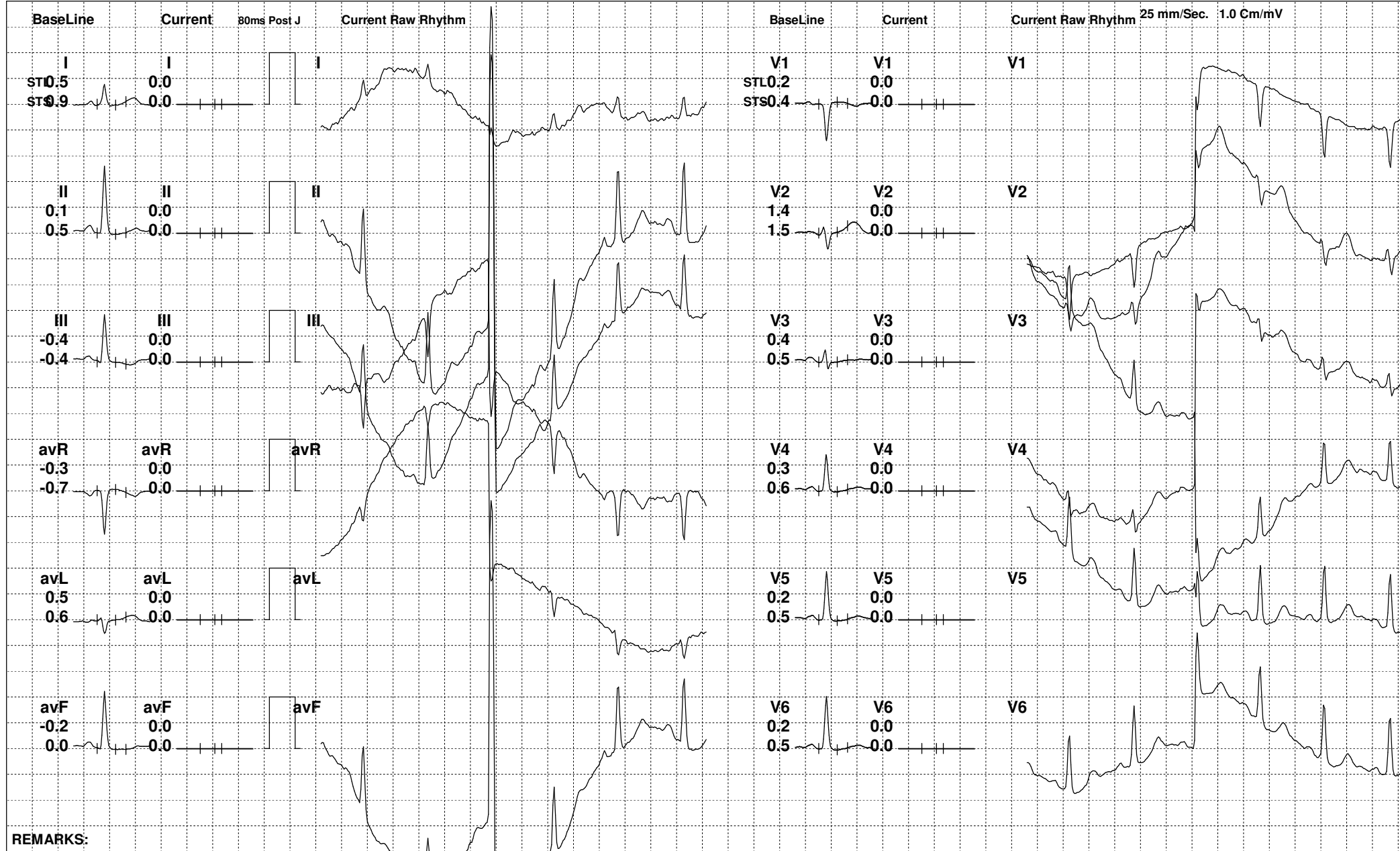
REMARKS:



57 (418665) / RASMEET KAUR BHATIA / 30 Yrs / F

Date: 10-Jul-2022 12:31:21 PM METS: 1.0/ 122 bpm 64% of THR BP: 120/78 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 07:38 0.0 mph, 0.0%

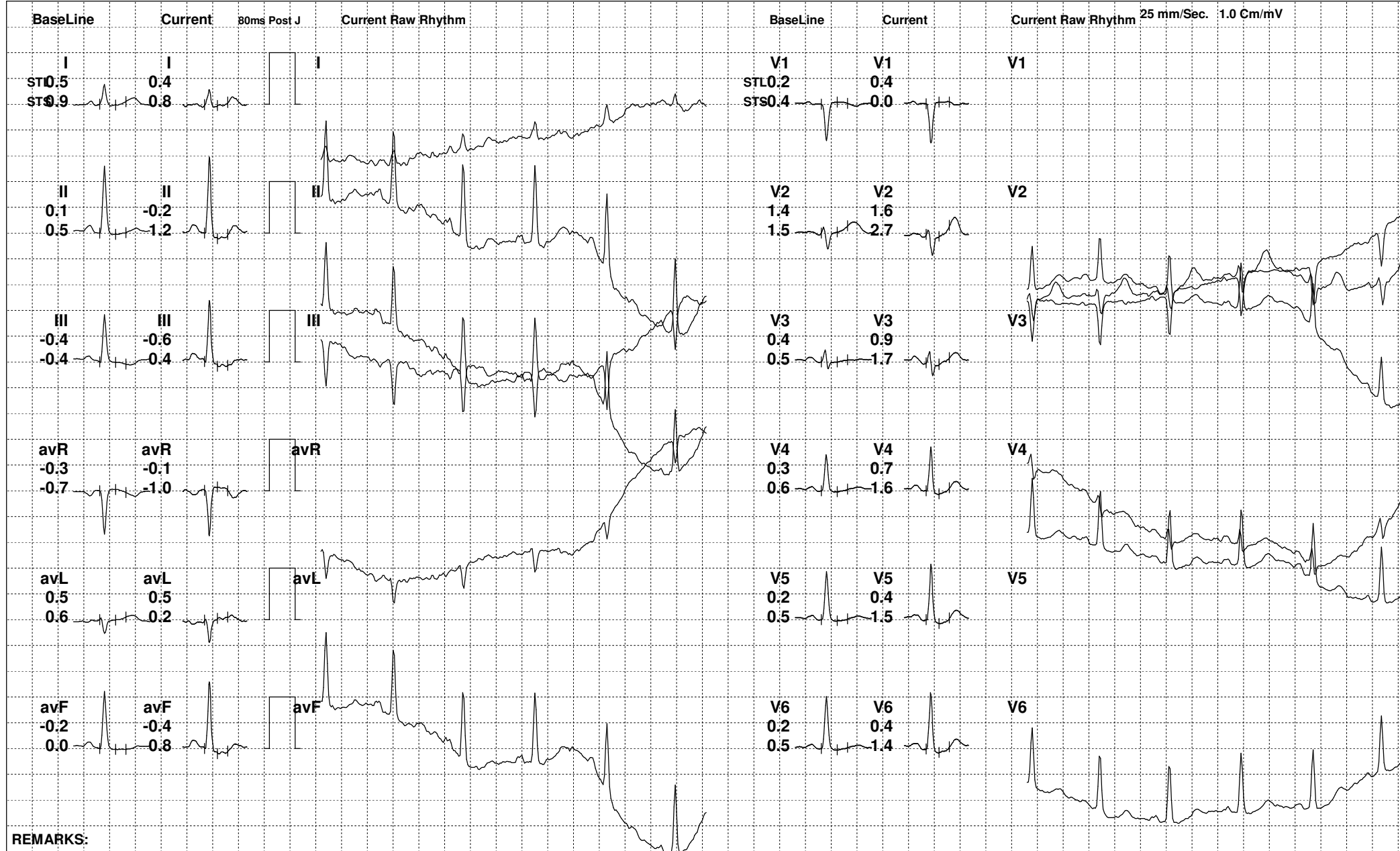




57 (418665) / RASMEET KAUR BHATIA / 30 Yrs / F

Date: 10-Jul-2022 12:31:21 PM METS: 1.0/ 58 bpm 30% of THR BP: 114/74 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 07:38 0.0 mph, 0.0%

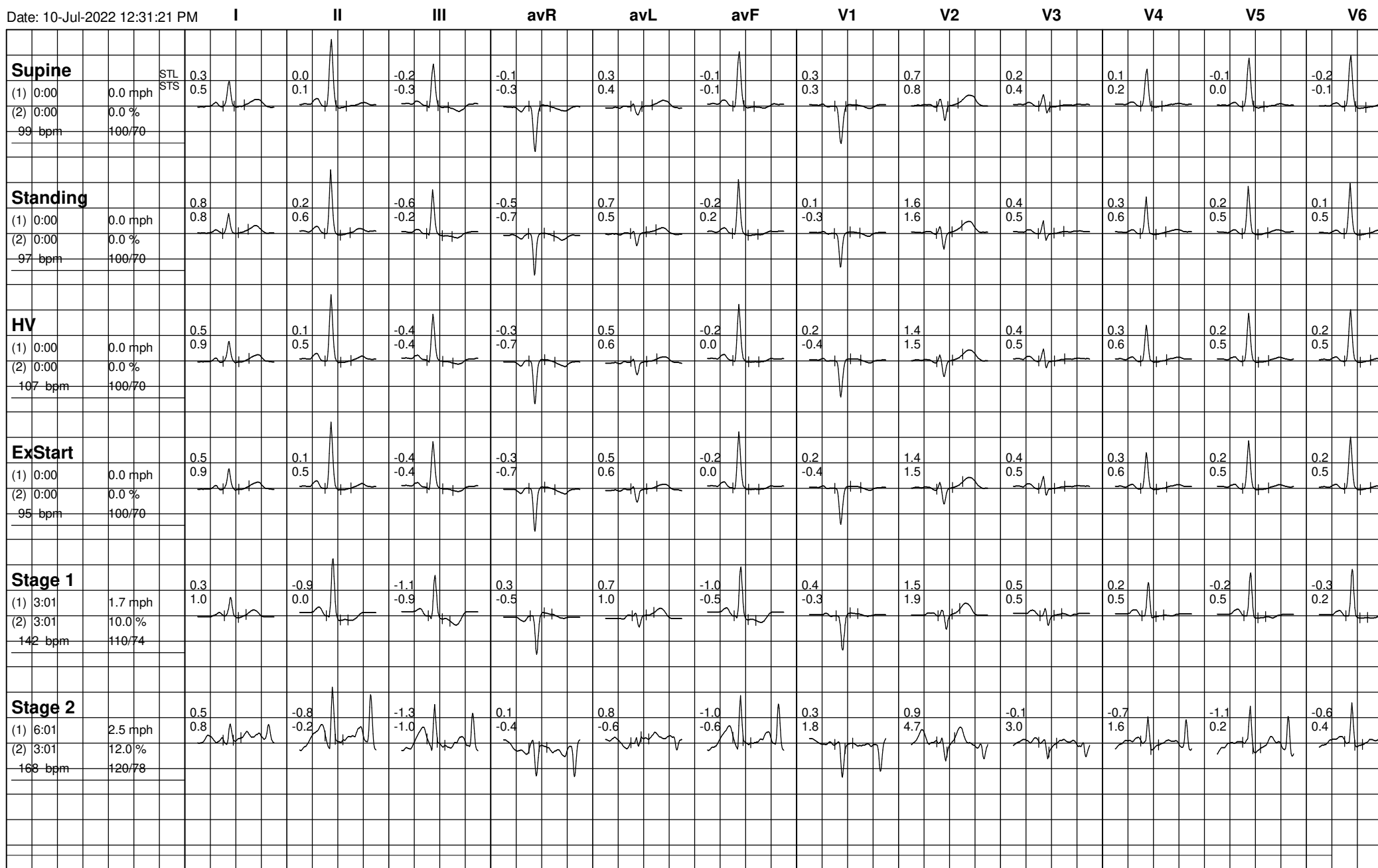


REMARKS:



57 (418665) / RASMEET KAUR BHATIA / 30 Yrs / F

Date: 10-Jul-2022 12:31:21 PM





57 (418665) / RASMEET KAUR BHATIA / 30 Yrs / F

Date: 10-Jul-2022 12:31:21 PM



