

Name : Ms. RASHMI SOOD (48 /F)

Date : 17/08/2023

Address :

Examined by:

UHID : AMHL.0002198598

Package : MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCE
FEMALE HCK

AHC No : AMHLAH180568



CHIEF COMPLAINTS

For corporate health checkup
Psoriasis

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Hypertension,
Dyslipidemia, Thyroid
disorder, Heart disease



DRUG ALLERGY

NO KNOWN ALLERGY

:17/08/2023



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Gastrointestinal system

- Nil Significant

Genitourinary system

- Nil Significant

Gynaec history

Last menstrual period - 14/8/23; Periods - regular;
No of Children - 3; No of deliveries - 2; Deliveries -
normal vaginal delivery

Central nervous system

- Nil Significant

Eyes

- Nil Significant

ENT

- Nil Significant

Musculoskeletal system

Spine and joints

- Nil Significant



Past medical history

Past medical history - nil significant



Surgical history

Cholecystectomy - 2015



Personal history

Marital status - Married

Diet - Vegetarian

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

Physical activity - Mild

- level ground walking



Family history

Father - has expired

Mother - alive

Brothers - 1

Sisters - 3

Coronary artery
disease - father

Cancer - None

PHYSICAL EXAMINATION



General

Height - 158

Weight - 90

BMI - 36.05

Pallor - No

Oedema - no



Cardiovascular system

Heart rate (Per minute) - 91

Rhythm - Regular

- B.P. Sitting

Systolic(mm of Hg) - 150

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Diastolic(mm of Hg) - 90
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds

Abdomen

Organomegaly - No
Tenderness - No

Ophthalmology consultation

Ophthalmology findings - PGVA:RE:6/9 LE:6/9P
BCVA:RE:N8P LE:N8P
OCULAR MOVEMENT:WNL
ANT.SEG:WNL
NCT (RE):17 (LE):19
ACCPT: SPECTACLE PWR
RE:-1.25/ 0.25X55* (6/6)
LE:-1.25DS(6/6)
ADD(BE):+2.00DSPH(N6)
ADVICE:*Glass Rx. **Review
after 1yr/SOS

Printed By : Benazir Begaum

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COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	11.7 *	g/dl	●	12.0-15.0
RBC COUNT	4.54	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	35.5 *	%	●	36-46
MCV	78.2 *	fl	●	83-101
MCH	25.6 *	pg	●	27-32
MCHC	32.8	%	●	31.5-34.5
RDW	16.6 *	%	●	11.8-14.0
WBC Count	6300	/cu mm	●	4000-10000
Platelet Count	2.43	lacs/cu mm	●	1.5-4.0
Neutrophils	62	%	●	40-80
Lymphocytes	32	%	●	20-40
Monocytes	04	%	●	2-10
Eosinophils	02	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Anisocytosis+, Microcytic Hypochromic.			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	28 *	mm/1st hr	●	0-20

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	50	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.005			
pH:	6.0			
Albumin:	Trace			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Occasional/hpf			
Pus Cells	10-15	/hpf		

Epithelial Cells	3-5
Casts:	Not Found
Crystals:	Not Found
NOTE : -	Urine protein rechecked and confirmed by sulphosalicylic acid test

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	14	U/L	●	0-35
ALBUMIN - SERUM	4.4	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	89	U/L	●	33-98
AST (SGOT) - SERUM	19	U/L	●	0-35
BILIRUBIN TOTAL - SERUM	0.3	mg/dL	●	0.3-1.2

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	201 *	mg/dL	●	0-200

CREATININE - SERUM

● Within Normal Range
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Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.7	mg/dL	●	0.6-1.1

GLOBULIN: (CALCULATED) - SERUM	3.0	g/dL	●	1.8-3.6
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LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	15	U/L	●	0-38

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	0.97	ng/ml	●	0.87-1.78
TOTAL T4: THYROXINE - SERUM	8.3	µg/dL	●	5.93-13.29

GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	104 *	mg/dL	●	70-99

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	127	mg/dL	●	0-150

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	102	mg/dL	●	70-140

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	3.1	µIU/mL	●	0.380-5.330

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	5.8 *	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4 % Diabetes : >= 6.5% ADA Therapeutic goal : <7%

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	3.5	mg/dL	●	2.4-5.7

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	47	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	131 *	mg/dL	●	0-100
VLDL CHOLESTEROL - SERUM (Calculated)	23	mg/dL	●	0-35

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.1	mg/dL	●	0.0-0.2

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	9.4	mg/dL	●	7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.4	g/dL	●	6.4-8.3

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.4		●	1.0-2.0

BUN/CREATININE RATIO

Test Name	Result	Unit	Level	Range
BUN/CREATININE RATIO	13.3			

● Within Normal Range ● Borderline High/Low ● Out of Range

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ECG

SINUS RHYTHM.
LOW VOLTAGE T WAVES.

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

ULTRASOUND SCREENING WHOLE ABDOMEN

* Mild hepatomegaly with grade-I fatty liver.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.]

Dr. ANWESHA DUTTA
DNB RESIDENT
In consultation with

X-RAY CHEST PA

No significant abnormalities seen.

X-RAY MAMMOGRAPHY BILATERAL (MHC)

*Mammographic study of both breasts are within normal limit.

Assessment & Recommendation :
BIRADS Category 1.

BIRADS Category: (0.Requires additional evaluation, 1.Negative, 2. Benign findings, 3. Intermediate, 4. Suspicious malignancy, 5. Highly suggestive of malignancy, 6. Histologically proven malignancy).

Please Note :

False negative mammogram is 10-15%. Dense breast parenchyma may obscure an underlying neoplasm.

---END OF THE REPORT---

[INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE\(LAB,RADIOLOGY & CARDIOLOGY\)](#)

Histopathology

PAP SMEAR /CERVICAL SMEAR

[ADDITIONAL INVESTIGATIONS \(LAB\)](#)

VITAMIN D TOTAL(25-OH)-SERUM

Test Name	Result	Unit	Level	Range
25 (OH) VITAMIN D	4 *	ng/mL	●	Deficiency(<=20 ng/ml) Insufficiency (21-29 ng/ml) Optimum Level (30-40 ng/ml) Toxicity (>150 ng/ml)



Within Normal Range



Borderline High/Low



Out of Range

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Printed By :

AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

AICVD RISK SCORE REPORT

RISK STATUS

Moderate Risk

YOUR SCORE

6

ACCEPTABLE SCORE

5

Your likelihood of developing cardiovascular disease in the next ten years is 1.3 times higher than the people of your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**
- **It is recommended that you visit your physician every 6 months** if you have:
 - o Uncontrolled high blood pressure, Diabetes, Dyslipidemia, Coronary heart disease

DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515