

Dr. MEHTA .Y
 MBBS, DNB (Family Medicine)
 Senior Consultant
 Reg. No. : ANP20010000845KTK

AUB: 0001136945

Place Label Here

Mr. Pioneer Selvaraj D

Age: 44 years

If label not available, write Pt. Name, UHID No., Age, Sex, Date, Name of Treating Physician

Allergies : NIL	Fall Risk Assessment		WT: 79.0	HT: 168	T: _____	P: 67	BP: 132/84
	H/o fall (within 1 year)	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Pain	0	<input type="checkbox"/> Psychological & Social Assessment done		
	Mobility Aid	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>					
	Gait	Dep. <input checked="" type="checkbox"/> Indep. <input type="checkbox"/>					

- ① H/o of Bronchial Asthma
- ② Prediabetes - HbA1c - 6.3%
- ③ LDL-C - 127 mg/dl.
- ④ Fatty Liver
- ⑤ GB poly. (2mm).

Medicine Reconciliation Dose & Frequency Advice & Plan

Adv

- Diabetic, low fat diet
 Regular exercise - As tolerated
 - FBS, PPBS, HbA1c, Lipids - after 3 months.
- USG abd every year for FU of GB poly.
- Pulmonology consultation.

Kindly get this document scanned at the counter for the record purpose

Signature and Date

DEPT. OF APOLLO HEALTH CHECK



CASE RECORD

AHB.0001130945
 MR. PANNEER SELVAM D
 Age: 44 Year(s) Year(s)/Male
 18 Mar 2023 10:08:41 AM



Age :

Sex : M/F

UHID :

Physical Examination

General :

Build

Height

168

Weight

79.6

BMI :

Anaemia

Icterus

Cyanosis

Clubbing

Oedema

Glands

HEAD & NECK :

ENT :

CVS :

Heart Rate & Rhythm

67 bpm

B.P. : Supine

Sitting

Standing

Sp 297 %

Chest shape

132/84 mmHg

Echo screening

Heart Sounds

- Normal "cycloic function"

- NO RWMA, EF: 60%

Murmurs

- Dilated coronary sinus

Thrills

- Trivial TR, RVSP: 25+10mmHg

RS :

Rate & Type

Breath Sounds

YOUR CLINICAL TEST RESULTS

Mr. PANNEER SELVAM D

MALE / 44 Yrs / AHB.0001136945 / AHBHC119672

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE ABOVE 40 YEARS

Date : 18/03/2023

HEMOGRAM

Test Name	Result	Unit	Level	Range
Hemoglobin :Oxyhemoglobin method(Photometric measurement)	14.3	g/dL	●	13-17
RBC Count (Impedance)	4.36 *	x(10) ¹² /l	●	4.5 - 5.5
Packed cell volume (Calculated)	42	%	●	40 - 50
MCV (Derived from RBC histogram)	97	fl	●	83 - 101
MCH (Calculated)	33 *	pg	●	27 - 32
RDW (Calculated)	13.8	%	●	11.60-14.00
MCHC (Calculated)	34	g/dl	●	31.5 - 34.5
Platelet Count (Impedance)	374	x(10) ⁹ /l	●	150 - 450
WBC Count (Impedance)	8.2	x(10) ⁹ /l	●	4 - 11
Neutrophils	68	%	●	40 - 80
Lymphocytes	23	%	●	8.6 - 23.8
Monocytes	7	%	●	2 - 10
Monocytes	7	%	●	2 - 10
Eosinophils	2	%	●	1 - 6
Basophils	0	%	●	0 - 2
ERYTHROCYTE SEDIMENTATION RATE (ESR) (Teflon Capillary Photometry)	15 *	mm/1st hr	●	Adult Male- 0 - 10

URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Color :	Yellow			Yellow
Volume :	30	ml		
Appearance	Clear			Clear
pH	5.5			

Within Normal Range
 Boderline High/Low
 Outside Range

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Specific Gravity	>=1.030		1.016 - 1.022
Protein :	NEGATIVE		NEGATIVE
Glucose:	NEGATIVE		NEGATIVE
Ketone	NEGATIVE		NEGATIVE
Bile Salts :	NEGATIVE		NEGATIVE
Bile Pigments:	NEGATIVE		NEGATIVE
Urobilinogen	0.2	E.U./dL ●	0.2 - 1.0
Blood :	NEGATIVE		NEGATIVE
Nitrate:	NEGATIVE		NEGATIVE
Leucocyte Esterases	NEGATIVE		NEGATIVE
RBC	Nil	Cells/hpf	0 - 2
Pus Cells	1-2 /h.p.f	/HPF	0 - 5
Epithelial Cells	1-2 /h.p.f		Occasional - Few

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
Blood Group:	O			
Rh (D) Type:	POSITIVE			
Method:	COLUMN AGGLUTINATION			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	22	U/L	●	<= 50
GLOBULIN - SERUM - CALCULATED	2.7	g/dL	●	Adult 2.0 - 4.0
ALBUMIN:GLOBULIN (RATIO) - CALCULATED	1.6		●	0.8 - 2.0
ALBUMIN - SERUM	4.3	g/dL	●	Adult- 3.5-5.2
ALKALINE PHOSPHATASE -	66	U/L	●	Adult: 30 - 120
	● Within Normal Range		● Boderline High/Low	● Outside Range

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SERUM

Test Name	Result	Unit	Level	Range
AST (SGOT) - SERUM	18	U/L	●	<= 50
BILIRUBIN, TOTAL - SERUM	0.54	mg/dL	●	0.30-1.20

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CHLORIDE - SERUM	106	mmol/L	●	98 - 107

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	186	mg/dL	●	"Desirable : <200 Borderline : 200 – 239 High Risk : >239 "

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.93	mg/dL	●	Male : 0.9 -1.3

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	20	U/L	●	<= 55

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	96	mg/dL	●	"Non-Diabetic : <= 100 Impaired Fasting Glucose: 100-125 Diabetic : >= 126 "

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (POST PRANDIAL)	145 "	mg/dL	●	"Non-Diabetic : <=140 Impaired Glucose Tolerance : 140-199 Diabetic : >=200 "

GLYCATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

● Within Normal Range Boderline High/Low ● Outside Range

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Date : 18/03/2023

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	6.3	%	●	"NON-DIABETICS<=5.6PRE-DIABETIC: 5.7-6.4DIABETIC>=6.5"

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	47	mg/dL	●	"Low : <40High: >59"
LDL Cholesterol (Direct LDL)	127 *	mg/dL	●	"Optimal : <100Near/Above Optimal: 100 – 129Borderline High: 130 – 159High: 160 – 189Very High: > 189"

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
POTASSIUM - SERUM	4.8	mmol/L	●	3.5-5.1

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.0	g/dL	●	ADULT: 6.0 - 8.5

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
SODIUM - SERUM	138	mmol/L	●	135 - 145

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	124.44	ng/dL	●	Adults: 87 - 178
TOTAL T4: THYROXINE - SERUM	7.7	µg/dL	●	5.93 - 13.29

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	122	mg/dL	●	"Normal: < 150Borderline High: 150 – 199High: 200 – 499Very High: > 499"

● Within Normal Range

● Boderline High/Low

● Outside Range

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TOTAL CHOLESTEROL/HDL	4.0	●	< 5.0
CHOLESTEROL RATIO(Calculated)			

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
THYROID STIMULATING HORMONE [TSH]	3.61	μIU/mL	●	0.34 - 5.6

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
UREA - SERUM	26	mg/dL	●	15 - 45
URIC ACID - SERUM	3.6	mg/dL	●	Adult Male: 3.0 - 7.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
VLDL CHOLESTEROL - SERUM	24	mg/dl	●	Desirable: <30

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN DIRECT - SERUM	0.11	mg/dL	●	upto 0.4
BILIRUBIN INDIRECT - SERUM - CALCULATED	0.43	mg/dL	●	0.1 - 1.0

ROSTATE SPECIFIC ANTIGEN (PSA TOTAL) - SERUM

Test Name	Result	Unit	Level	Range
PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM	0.43	ng/mL	●	0.000-4.000

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
BICARBONATE (HCO3) - SERUM	31		●	Healthy Adults: 22 - 29

● Within Normal Range

○ Boderline High/Low

● Outside Range

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MALE / 44 Yrs / AHB.0001136945 / AHBHC119672

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE ABOVE 40 YEARS

Date : 18/03/2023

**INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY
& CARDIOLOGY)**

Haematology

STOOL ROUTINE

Biochemistry

GLUCOSE - SERUM / PLASMA (RANDOM)

CARDIOLOGY

ECHO/TMT - OPTIONAL

Ultrasound Radiology

ULTRASOUND - WHOLE ABDOMEN

CARDIOLOGY

ECG

X Ray

X-RAY CHEST PA

● Within Normal Range ● Boderline High/Low ● Outside Range

AH-QF-RD-04

DEPARTMENT OF RADIOLOGY

Patient's Details :	Mr. PANNEER SELVAM D	M	044Y
UHID :	AHB.0001136945	Ward/Bed No.	AHC / AHC
I.P.No./Bill No. :	AHBHC119672	Scanned on	18-Mar-2023 11:43
Accession Number :	10601.123032147	Reported On	18-Mar-2023
Referring Doctor :	null		15:08:55

X-RAY CHEST PA VIEW

Lung fields appear clear bilaterally with normal bronchovascular markings.
 Cardiac silhouette and cardiothoracic ratio appear normal.
 Costophrenic angles appear normal on both sides.
 Domes of the diaphragm appear normal.
 Underlying bony and soft tissue shadows appear normal.

=====

IMPRESSION: *No definite abnormality noted on the chest radiograph.*

=====

DR ANJITHA S
RESIDENT

---END OF THE REPORT---

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

DEPARTMENT OF RADIOLOGY

Patient's Details	: Mr. PANNEER SELVAM D	M 044Y
UHID	: AHB.0001136945	Ward/Bed No. : AHC / AHC
I.P.No./Bill No.	: AHBHC119672	Scanned on : 18-Mar-2023 13:24
Accession Number	: 10601.223025146	Reported On :
Referring Doctor	: null	

ULTRASOUND WHOLE ABDOMEN SCREENING

Clinical Information: - General health checkup.

Liver appears normal in size, shows diffuse increased parenchymal echogenicity. No focal parenchymal lesions identified. No evidence of intra/extrahepatic biliary tree dilatation noted. Portal vein appears to be of normal size.

Gall bladder is partially distended (post prandial status), shows immobile echogenic focus measuring ~ 2 mm – suggestive of polyp.

Spleen appears normal in size, shape and echopattern. No focal parenchymal lesions identified.

Pancreas: Head appears normal. Rest obscured by bowel gas shadows.

Both kidneys appear normal in size, shape and echopattern. Corticomedullary differentiation appears maintained. No sonological evidence of calculi or hydronephrosis seen on either side.

Urinary bladder is partially distended, appears grossly normal.

Prostate appears grossly normal

No evidence of ascites or pleural effusion seen.

IMPRESSION:

Fatty liver

Gall bladder polyp.

- Suggested clinical correlation.

(Enclosed report) Mn

DR. SHADAB ALAM
ASSOCIATE CONSULTANT
RADIOLOGIST

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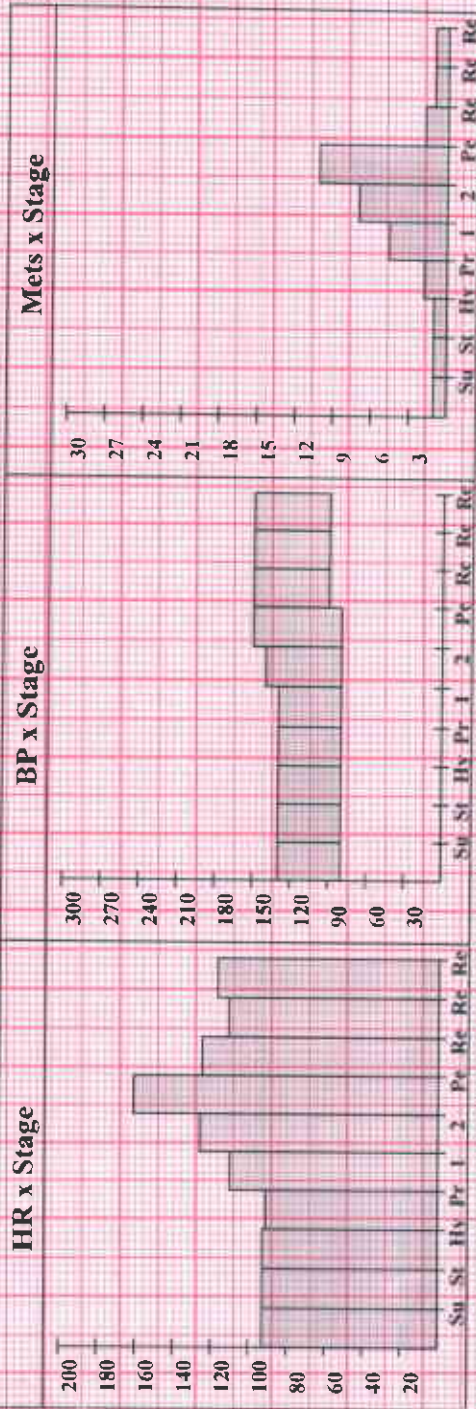
APOLLO HOSPITALS

Patient Details

Date: 18-Mar-23
 Name: PANNEER SELVAM D ID: AHB1136945
 Age: 44 y Sex: M

Time: 14:27:30

Height: 168 cms
 Weight: 79 Kgs



Interpretation

GOOD EFFORT TOLERANCE
 NORMAL HR AND BP RESPONSE
 NO ANGINA OR ARRHYTHMIAS
 NO SIGNIFICANT ST-T CHANGES NOTED
 IMP- STRESS TEST NEGATIVE FOR INDUCIBLE ISCHEMIA.

Handwritten signature

Ref Doctor: AHC

Doctor: DR K M NAIR

(Summary Report edited by user)

Schiller CS-20 V1.9

AHB.0001136945
44 Years

PANNEER SELVAM D
Male

Rate 68

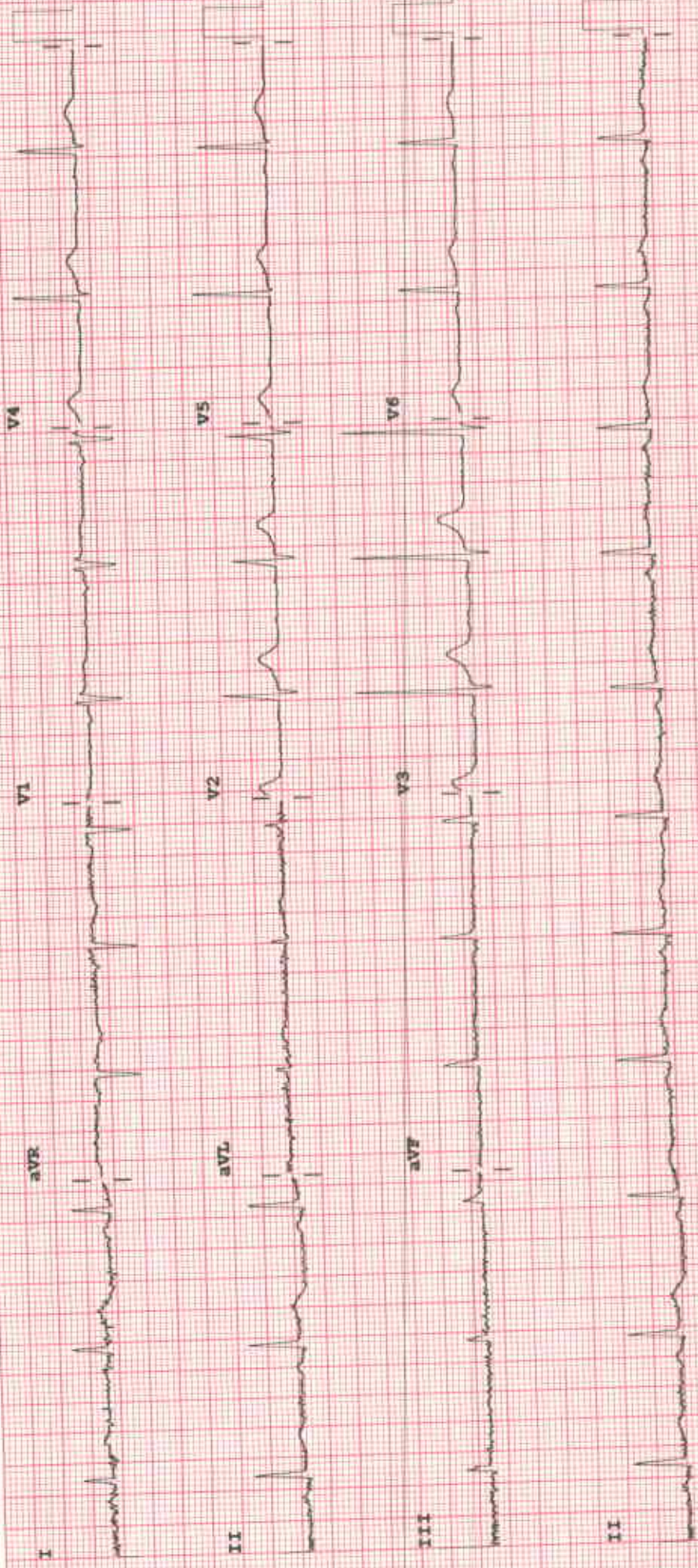
PR 87
QRSD 379
QT 404
QTC

--AXIS--

P 52
T 25

12 Lead; Standard Placement

AHB 0001136945
MR. PANNEER SELVAM D
Age 44 Year(s) / Male
18 Mar 2023 10:08:38 AM



F 50~ 0.15-100 Hz

100B CL P?

Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

Device: