

बी.एम.शरणागत

एम.डी.(मेडिसिन)

रजि.नं. - 4612

कार्डियो - डायबेटोलॉजिस्ट

एवं परामर्श चिकित्सक



रजि.क्र.-NHA/REG./BGT/2012/21

क्रिटिकल केयर युनिट I.C.C.U. सुविधायुक्त

आयुष्मान हॉस्पिटल  
एंड डायग्नोस्टिक रिसर्च सेंटर

सर्किट हाउस रोड, बालाघाट 07632-241070 समय-सुबह 10 बजे से संध्या 8.00 बजे तक

Name MRS. SHRISTY SONEKAR R/O

Date - 23/12/2023

### General Physical Examination

Date of Examination 23.12.2023

Name MRS. SHRISTY SONEKAR Age 32y. DOB 02.10.1991 Sex F

Referred by HEDIWHEEL

Photo Id ADHAAR CARD ID

Ht 163 (CM)

Wt 47 (kg)

Chest (Expiration): 93 (cm)

Abdomen Circumference 80 (cm)

Blood Pressure 110/80 mm Hg

PR 1.7 /min

RR 7.4 /min

Temp 98.6°F

BMI 19

Eye Examination R/E 2/6 L/E 6/6

Other:

On examination he/she appears physically and mentally fit: Yes/No

Signature of Examinee: *Shristy* Name of Examinee: MR. SHRISTY SONEKAR

Signature Medical Examiner: Name Medical Examiner

Dr. B. M. SHARNAGAT  
M.D. (Medicine) Reg. No. 4612  
AYUSHMAN HOSPITAL  
& Diagnostic Research Center  
BALA GHAT (M.P.)

### ॥ उपलब्ध सुविधाएं ॥

- क्रिटिकल केयर युनिट/आई.सी.सी.यू., सेंट्रल ऑक्सीजन पाइप लाईन युक्त ● फेफड़ों के कार्य क्षमता की कम्प्यूटराईज्ड जॉब (P.F.T.)
- मल्टीपैरा, पल्स ऑक्स, डीफ्रिबीलेटर एवं वेंटीलेटर सुविधाएं ● फिजियोथेरेपी युनिट एवं डायटेशियन परामर्श।
- कम्प्यूटराईज्ड ई.सी.जी., टी.एम.टी., होल्टर मॉनिटरिंग व अल्ट्रासोनो नेबुलाईजेशन ● डायबीटिज, अस्थमा एवं किडनी क्लिनिक।
- एक्सरे, पैथालॉजी, मेडिकल स्टोर्स व कैंटीन सुविधा ● मनोचिकित्सक, चर्मरोग, कैंसर एवं किडनी विशेषज्ञ द्वारा परामर्श - प्रति रविवार
- सेंट्रली एयर कूल्ड एवं ए.सी.युक्त प्राइवेट एवं जनरल वार्ड ● 24 घंटे इमरजेंसी सेवा, एम्बुलेन्स एवं विद्युत जनरेटर व्यवस्था।



क्रिटिकल केयर युनिट I.C.C.U. सुविधा युक्त

आयुष्मान हॉस्पिटल  
एण्ड डायग्नोस्टिक रिसर्च सेन्टर

Reqd.No. : NHA/REG/BGT/2012/21

NAME - MR. SHRISTY SONEKAR

R / By - MEDIWHEEL

Age - 32Y/F

Date - 23/12/2023

X- RAY CHEST ( PA VIEW)

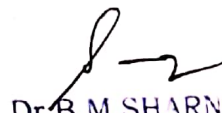
- \*Bony cage - Normal.
- \*Trachea - Normal.
- \* Heart - Position --- Normal.  
C-T ratio---Within normal limits.  
Cardiac borders--- Normal.  
Specific chamber enlargement---None.
- \*Aorta- Position---Normal.
- \*Mediastinum- Relative Position ---Normal.  
Any Lesion---None.
- \*Angles- Cardiophrenic angles---Clear.  
Costophrenic angles---Clear.
- \*Pleura- Normal.
- \*Lungs- .Lung apices seen clear.  
.Both lungs seen clear.  
.No evidence of any focal active lesion in lung fields.  
.Broncho-vascular markings appear normal.
- \*Hilar shadows- Normal.
- \*Diaphragms- Relative position---Normal.  
Outline---Normal.

OPINION

"X-RAY CHEST APPEARS NORMAL."

"NO ABNORMALITY DETECTED."

Thanks for referral.

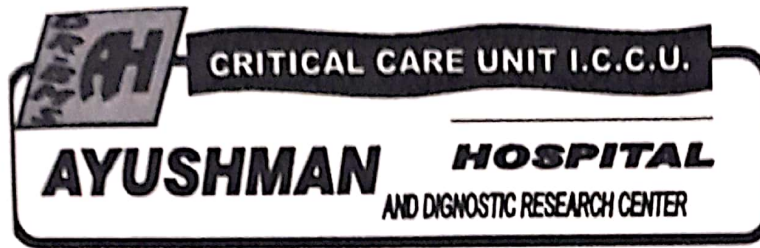
  
Dr. B.M. SHARNAGAT  
M D (Medicine) Reg. No 481.  
AYUSHMAN HOSPITAL  
& Diagnostic Research Center  
BALAGHAT



MRS SHRISTI SONEKAR 32 YRS FEMALE  
Body Part CHEST  
ADYSHIMAN HOSPITAL BALAGHAT

23 12 2023

Ref DR B M SHARNAGAT SIR MD



ULTRASOUND REPORT

Name - MRS. SHRISTY SONEKAR

Age – 32Yrs/F

Refd. By - SELF

Date - 23.12.2023

LIVER: The liver is normal in size and shape. It shows normal parenchymal echo texture.

The IHBR, IHPR and porta hepatis appear normal.

There is no e/o any lesion.

GALLBLADDER: Normal. There is no e/o evidence of calculi.

PANCREAS: Normal in size and shows normal echo texture.

SPLEEN: Spleen is normal in size and shows homogenous echo texture.

KIDNEYS: Both Kidneys are normal in size, shape, contour and in position. There is no renal calculi and no pelvicalyceal dilatation.

LEFT KIDNEY MEASURES : 6.4 X 3.2 CM

RIGHT KIDNEY MEASURES : 6.0 X 3.0 CM

URINARY BLADDER: Bladder is normal in shape. There is no intravesical calculi. There is no evidence of any residual urine.

OVARIES & UTERUS: Both ovaries & uterus are normal in size, contour & echogenicity.

There is no e/o free fluid in pelvis.

IMPRESSION: NORMAL STUDY OF ABDOMEN.

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AYUSHMAN HOSPITAL  
& Diagnostic Research Center  
Dr. B.M. Sharnagat (MD Medicine)



(NEW)

-Non

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**2D ECHOCARDIOGRAPHY AND DOPPLER REPORT**

Name - Mrs. SHRISTY SONEKAR

Refd By - SELF

Age - 32Yrs/F

Date - 23.12.2023

**M-Mode & Essential Measurements :-**

Heart Rate : 74Bpm	LVID(D) : 41 mm	MV Annulus : 24mm	RVID(d) : 34 mm
Aortic Root : 31 mm	LVID(S) : 24 mm	TV Annulus : 22mm	IVC : 16 mm
Left Atrium : 35mm	IVSd (D) : 12 mm	AO Annulus : 17mm	Mitral-Epss : 08 mm
LVEF : 60 %	LVPWd(D): 10mm	PV Annulus : 21mm	TAPSE : 16 mm

**2D Echo Findings :-**

- RWM(LV) : NORMAL
- VALVES : NORMAL
- CHAMBERS : NORMAL SIZED
- IAS/IVS : INTACT
- CLOT/VEGETATION : NIL
- PERICARDIAL EFFUSION : NIL
- PLEURAL EFFUSION : NIL


**Doppler Study :-**

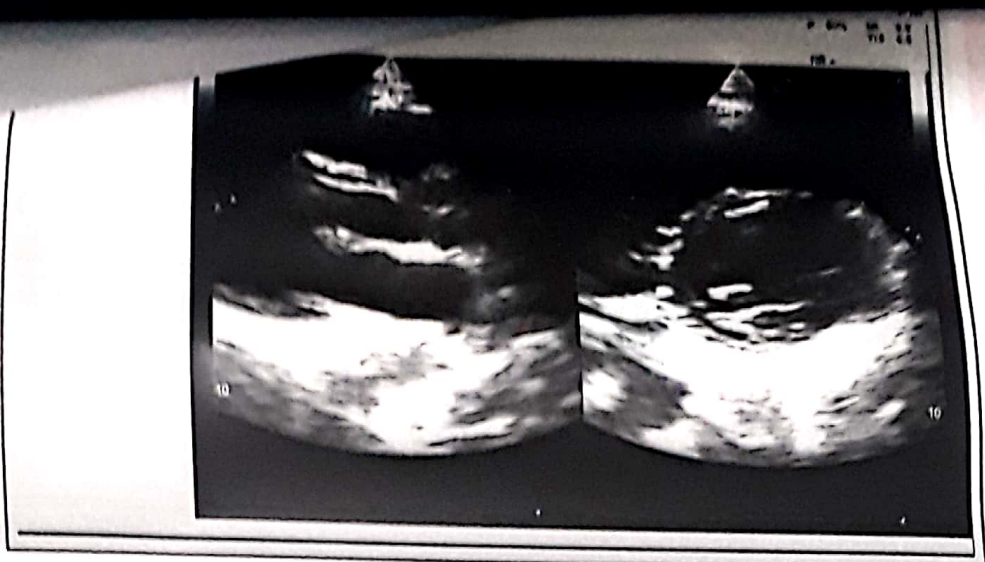
VALVES	Peak Gradient (mm of Hg)	Mean Gradient (mm of Hg)	Valve area (Normal Range)	Grade of Regurgitation
Mitral Valve	--	--	4.0-6.0	NIL
Aortic Valve	--	--	2.5-4.0	NIL
Tricuspid Valve	--	--	7.0-9.0	NIL
Pulmonary valve	--	--	2.0-3.0	NIL

Estimated PASP by TR jet = 25 mm of Hg.

**FINAL DIAGNOSIS :-**  
 NO RWMA/LVDD  
 NORMAL VALVES  
 NORMAL LV SYSTOLIC FU  
 NORMAL RV FUNCTION.

*Shristy*

  
 Dr. B. M. SHARNAGAT  
 MD (Medical) & Director  
 Dr. B. M. Sharnagat (MD Medicine)

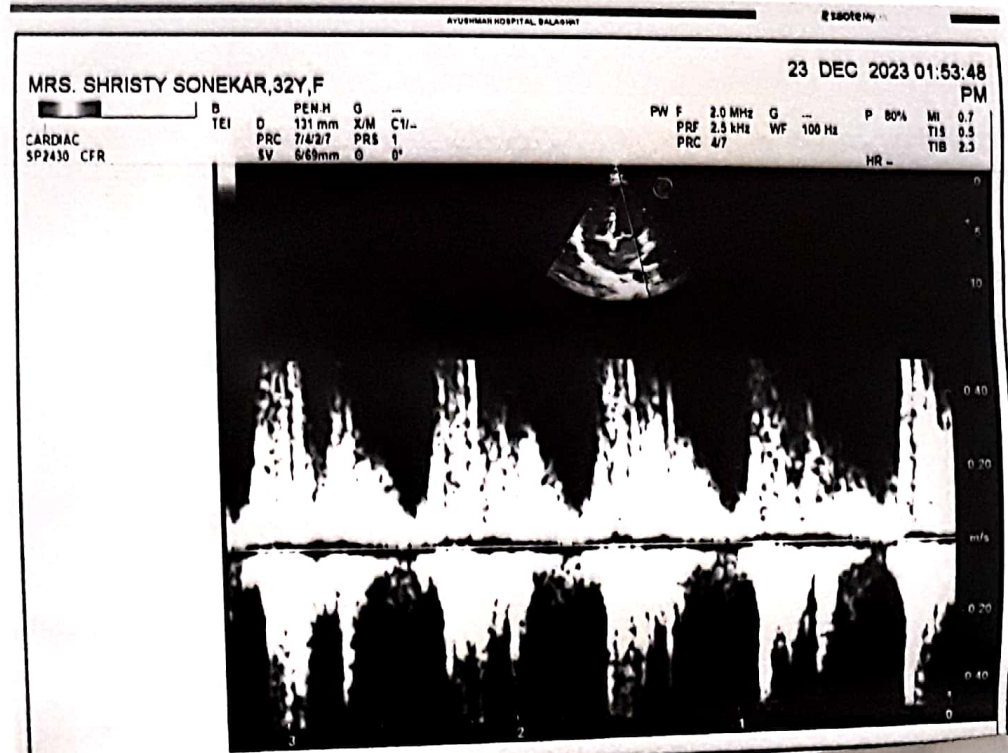


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by :



**आयुष्मान हॉस्पिटल**

एण्ड डायग्नोस्टिक रिसर्च सेन्टर

सर्किट हाऊस रोड, बालाघाट ☎ 07632:241070

**PATHOLOGY REPORT**

• Auto Analyzer • Hematology Analyzer • A.B.G. • Computerised Lab

NAME : MRS. SHRISTY SONEKAR

AGE : 32Yrs.

SEX : F

REF. BY : Dr. B. M. SHARNAGAT (M.D.)

DATE : 23/12/2023

TEST	BIOCHEMISTRY RESULTS	UNITS	REF. RANGE
Blood group	O		
Rh Type	Positive		

**STOOL EXAMINATION**

Stool for Routine & Microscopic Examination : Normal

Stool for Occult blood : Negative

**THYROID HORMONE**

TSH	3.0	uIU/mL	0.3 - 5.0
T3	0.64	ng/mL	0.6-1.8
T4	6.6	ug/dL	4.5-11.6
CRP(C-reactive Protein)	:4.0	mg/L	up to-06

**LIPID PROFILE**

S. Cholesterol	:144	mg/dl	UP TO <200
S. Triglycerides	:122	mg/dl	UP TO <150
HDL Cholesterol	:32	mg/dl	32 -60
LDL Cholesterol	:89	mg/dl	UP TO <100
VLDL Cholesterol	:28	mg/dl	7 - 35
LDL / HDL Ratio	:2.9	%	2.5 - 5.0
S. Cholesterol / HDL Ratio	:4.2	%	3.5 - 5.0

**KFT**

Serum CREATININE	:0.86	mg/dl	0.8-1.2
BUN	:10	mg/dl	8-20

**LFT**

Bilirubin-Total	:0.8	mg%	0-1.2
Direct	:0.5	mg%	0-0.6
Indirect	:0.3	mg%	0-0.5
SGPT(ALT)	:25	IU/L	7-35
SGOT(AST)	:29	IU/L	8-40
Alk. Phosphatase	:100	U/L	86-306 Adult
<b>TOTAL PROTEINS</b>	7.2	gm/dl	6.2-8.2
Albumin	4.6	g/dl	3.5-5.5
Globulin	2.6	g/dl	2.5-3.2
A/G Ratio	1.7		1.5-2.5
GGT	12	U/L	9-48

Dr. B. M. SHARNAGAT  
 M.D (Medicine), Regd No 4612  
 I/C Pathologist/Techician  
 & Diagnostic Center  
 (Ayushman Hospital Balaghat)  
 BALAGHAT

Surilla  
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- This Report is not valid for MLC purpose.
- This Report is only for Physician's help to confirm the diagnosis.



क्रिटिकल केयर युनिट I.C.C.U. सुविधायुक्त

आयुष्मान हॉस्पिटल

एण्ड डायग्नोस्टिक रिसर्च सेन्टर

सर्कित हाऊस रोड, बालाघाट ☎ 07632:241070

**PATHOLOGY REPORT**

• Auto Analyzer • Hematology Analyzer • A.B.G. • Computerised Lab

NAME : MRS. SHRISTY SONEKAR

AGE : 32Yrs.

SEX : F

REF. BY : Dr. B. M. SHARNAGAT (M.D.)

DATE : 23/12/2023

**HAEMOGRAM**

TESTS	RESULTS	UNIT	REFERENCERANGE
Haemoglobin	: 11.4	gm%	12-16
<b>WBC Count</b>			
Total WBC Count	: 6900	/cmm	4000-11000

**DIFFERENTIAL COUNT**


Neutrophil	: 67	%	50-65
Lymphocytes	: 25	%	20-45
Eosinophil	: 06	%	1-4
Basophil	: 1	%	0-1

**RBC Indices**

R.B.C. count	4.2	mil./cmm	3.8-5.8
PCV	42	%	40-54
MCV	65	fL	76-96
MCH	: 26	pg	27-32
MCHC	35	gm/dl	32-36
RDW-CV	: 13	%	11.5-14.5
RDW-SD	: 41	fL	36-56

**Platelets Indices**

Platelet Count	: 140000	/cmm	150000-450000
MPV	: 8.4	fL	7.4-10.4
PDW	: 16.0	fL	15.0-17.0
PCT	: 0.256	%	0.100-0.282

  
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 I/C Pathologist/Technician  
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NAME : MRS. SHRISTY SONEKAR      AGE : 32Yrs.      SEX : F  
 REF. BY : Dr. B. M. SHARNAGAT (M.D.)      DATE : 23/12/2023

**BIOCHEMISTRY**

TEST	RESULTS	UNITS	REF. RANGE
B.SUGAR (f)	:68	mg/ dl	60-100
METHOD : GOD-POD			
S.URIC ACID	3.9	mg/dl	3.4- 7.2

**SEROLOGY**

HIV I&II :NON-REACTIVE  
 HbsAg :NON-REACTIVE  
 COTININE TEST :NEGATIVE  
 (Qualitative)

**HbA1C**      5.0 %  
 Nondiabetic :4.5 -6.2  
 Good Control: 6.0 -7.0%  
 Fair Control: 7.0 -8%  
 Poor Control: >8%  
 (Action Suggested)

**ESR**      :06 1 st Hr      0-20  
 Method westangren

**URINE ANALYSIS REPORT (By urometer120 analyzer)**

**PHYSICAL EXAMINATION**


Colour : pale Yellow  
 Quantity : 10ml  
 Apperance : cliar

**CHEMICAL EXAMINATION**

Sugar : nil  
 Bile Pigment : nil  
 Nitrite : nil  
 Protein : nil  
 Bilirubin : nil  
 Ketone : nil  
 Albumin : nil  
 Urobilinogen : Normal      0.01 mg/ml  
 Specific gravity :1.015      1.010-1.030  
 Reaction(pH) : 5.5      (Acidic3-6,Alkaline8-10)

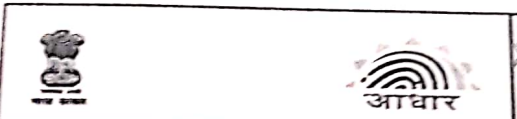
**MICROSCOPIC EXAMINATION**

Pus(WBCs) Cells :NIL/ hpf  
 RBC :nil/hpf  
 Crystals : Absent  
 Spermatozoa : Absent  
 Epithelial Cells : Absent  
 Bactria :Absent

  
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 BALAGHAT

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 22/12/2018  
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 22/12/2018



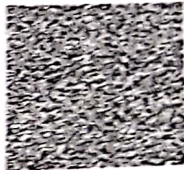
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**भारत सरकार**  
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 Government of India

नामांकन क्र./ Enrolment No.: 2721/27206/27559

Download Date: 20/08/2018

To  
 सुदि सोनेकर  
 Srisdy Sonekar  
 C/O Akash Sonekar  
 Ward no 33  
 Mota Nagar  
 Near Kumar Furniture  
 Balaghat  
 Balaghat, Madhya Pradesh - 481001  
 9993821145

Generation Date: 02/01/2018



आपका आधार क्रमांक / Your Aadhaar No. :

**9018 1244 6196**  
 VID : 9100 7030 6807 3448

मेरा आधार, मेरी पहचान




- सूचना
- आधार पहचान का प्रमाण है, नागरिकता का नहीं।
  - पहचान का प्रमाण ऑनलाइन ऑथेंटिकेशन द्वारा प्राप्त करें।
  - यह एक इलेक्ट्रॉनिक प्रतिलिपि द्वारा बना हुआ पत्र है।

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- Aadhaar is a proof of identity, not of citizenship.
- To establish identity, authenticate online.
- This is electronically generated letter.

- आधार देश भर में मान्य है।
- पहचान प्रमाण को सारकारी और गैर-सरकारी सेवाओं का लाभ उठाने में उपयोगी होगा।
- Aadhaar is valid throughout the country.
- Aadhaar will be helpful in availing Government and Non-Government services in future.

भारत सरकार  
 Government of India



सुदि सोनेकर  
 Srisdy Sonekar  
 जन्म तिथि/DOB: 02/04/1991  
 लिंग/ GENDER: FEMALE



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मेरा आधार, मेरी पहचान

भारतीय विशिष्ट पहचान प्राधिकरण  
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पता:  
 C/O Akash Sonekar, वार्ड नं 33, मोटा नगर, कुमार  
 फर्निचर के पास, बलाघाट, बलाघाट,  
 मध्य प्रदेश - 481001

Address:  
 C/O Akash Sonekar, Ward no 33, Mota  
 Nagar, Near Kumar Furniture, Balaghat,  
 Balaghat,  
 Madhya Pradesh - 481001



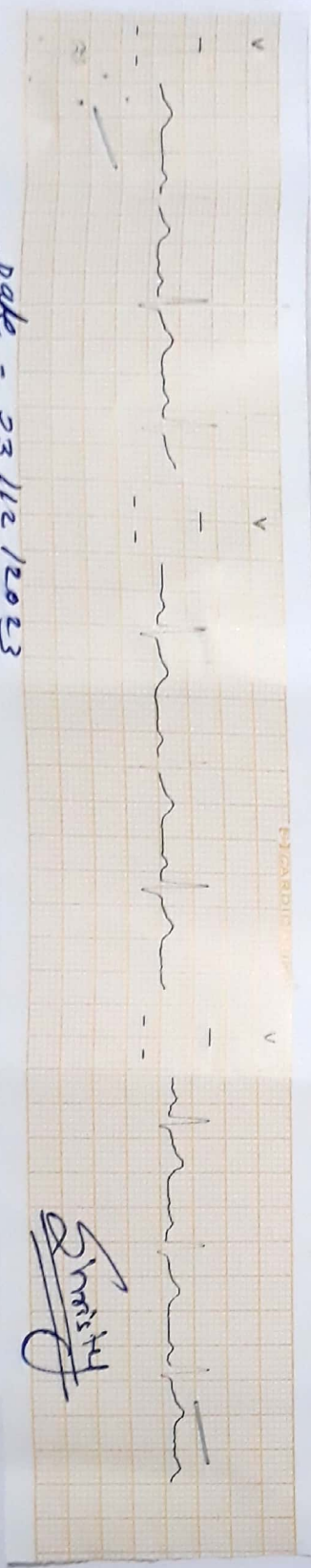
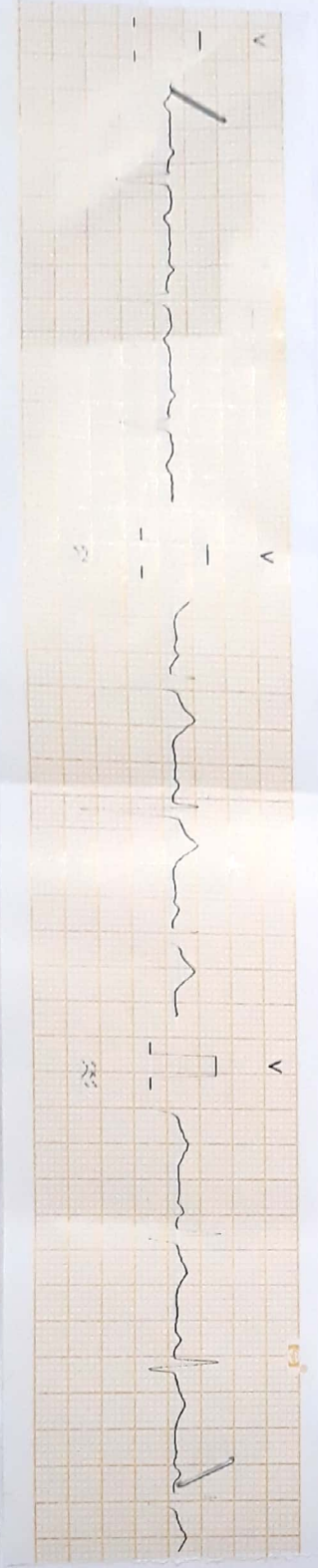
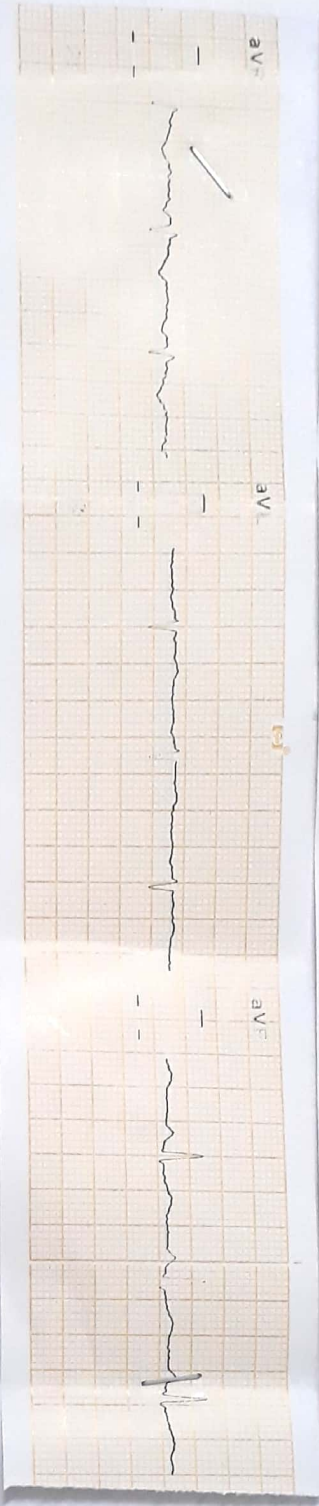
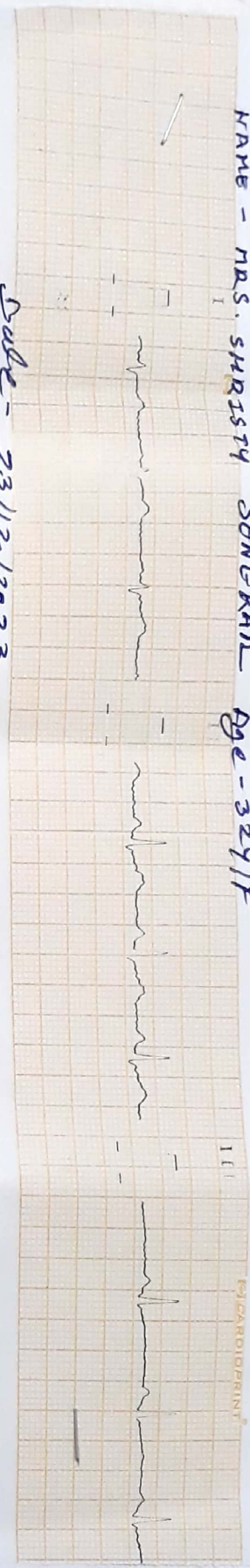
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*Srisdy*

*Dr. B. M. Sharnagat*  
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 AYU SHIVAN HOSPITAL  
 & Diagnostic Research Center  
 BALAGHAT (M.P) 481001

NAME - MRS. SHRISTY SONERAN Age - 32Y/F

Date - 23/12/2023



Date - 23/12/2023

Shristy

REPORT - NORMAL

Dr. B. M. SHAFI NAGAT  
MD (Medicine) Reg. No. 4612  
AYUSHM... HOSPITAL  
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BALAGHA (MP) 481001