

Patient Name	: Mrs.C V HARITHA VARMA	Collected	: 26/Aug/2023 08:20AM
Age/Gender	: 34 Y 6 M 1 D/F	Received	: 26/Aug/2023 10:06AM
UHID/MR No	: CMYS.0000057756	Reported	: 26/Aug/2023 12:21PM
Visit ID	: CMYSOPV116964	Status	: Final Report
Ref Doctor	: Dr.SELF	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID	: 684012541085		

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

PERIPHERAL SMEAR , WHOLE BLOOD EDTA

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SIN No:BED230203529

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Test Name	Result	Unit	Bio. Ref. Range	Method
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HEMOGRAM , WHOLE BLOOD EDTA

HAEMOGLOBIN	9.4	g/dL	12-15	Spectrophotometer
PCV	30.50	%	36-46	Electronic pulse & Calculation
RBC COUNT	4.27	Million/cu.mm	3.8-4.8	Electrical Impedence
MCV	71	fL	83-101	Calculated
MCH	22.1	pg	27-32	Calculated
MCHC	31	g/dL	31.5-34.5	Calculated
R.D.W	15.5	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	6,400	cells/cu.mm	4000-10000	Electrical Impedence

DIFFERENTIAL LEUCOCYTIC COUNT (DLC)

NEUTROPHILS	50.8	%	40-80	Electrical Impedence
LYMPHOCYTES	34.5	%	20-40	Electrical Impedence
EOSINOPHILS	3.4	%	1-6	Electrical Impedence
MONOCYTES	10.9	%	2-10	Electrical Impedence
BASOPHILS	0.4	%	<1-2	Electrical Impedence

ABSOLUTE LEUCOCYTE COUNT

NEUTROPHILS	3251.2	Cells/cu.mm	2000-7000	Electrical Impedence
LYMPHOCYTES	2208	Cells/cu.mm	1000-3000	Electrical Impedence
EOSINOPHILS	217.6	Cells/cu.mm	20-500	Electrical Impedence
MONOCYTES	697.6	Cells/cu.mm	200-1000	Electrical Impedence
BASOPHILS	25.6	Cells/cu.mm	0-100	Electrical Impedence

PLATELET COUNT

PLATELET COUNT	344000	cells/cu.mm	150000-410000	Electrical impedence
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ERYTHROCYTE SEDIMENTATION RATE (ESR)

ERYTHROCYTE SEDIMENTATION RATE (ESR)	24	mm at the end of 1 hour	0-20	Modified Westergren
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PERIPHERAL SMEAR
R.B.C: Show anisopoikilocytosis. Majority are microcytic hypochromic. Also seen are few pencil shaped cells and tear drop cells.
W.B.C: Are normal in number with normal morphology and distribution .
Platelets: normal in number and are seen in singles and clumps.
Hemoparasites: Not seen.

IMPRESSION: MICROCYTIC HYPOCHROMIC ANEMIA.

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Note : Suggested clinical correlation



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BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA				
BLOOD GROUP TYPE	A			Forward & Reverse Grouping with Slide/Tube Aggluti
Rh TYPE	POSITIVE			Forward & Reverse Grouping with Slide/Tube Agglutination



SIN No:BED230203529

Patient Name : Mrs.C V HARITHA VARMA	Collected : 26/Aug/2023 11:19AM
Age/Gender : 34 Y 6 M 1 D/F	Received : 26/Aug/2023 12:46PM
UHID/MR No : CMYS.0000057756	Reported : 26/Aug/2023 01:23PM
Visit ID : CMYSOPV116964	Status : Final Report
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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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GLUCOSE, FASTING , NAF PLASMA	98	mg/dL	70-100	GOD - POD
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Comment:

As per American Diabetes Guidelines

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

Note:

- The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.
- Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

GLUCOSE, POST PRANDIAL (PP), 2 HOURS , SODIUM FLUORIDE PLASMA (2 HR)	122	mg/dL	70-140	GOD - POD
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Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

Ref: Marks medical biochemistry and clinical approach



Patient Name : Mrs.C V HARITHA VARMA	Collected : 26/Aug/2023 08:20AM
Age/Gender : 34 Y 6 M 1 D/F	Received : 27/Aug/2023 01:42AM
UHID/MR No : CMYS.0000057756	Reported : 27/Aug/2023 03:06AM
Visit ID : CMYSOPV116964	Status : Final Report
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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
HBA1C, GLYCATED HEMOGLOBIN , WHOLE BLOOD EDTA	5.6	%		HPLC
ESTIMATED AVERAGE GLUCOSE (eAG) , WHOLE BLOOD EDTA	114	mg/dL		Calculated

Comment:

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

REFERENCE GROUP	HBA1C %
NON DIABETIC	<5.7
PREDIABETES	5.7 – 6.4
DIABETES	≥ 6.5
DIABETICS	
EXCELLENT CONTROL	6 – 7
FAIR TO GOOD CONTROL	7 – 8
UNSATISFACTORY CONTROL	8 – 10
POOR CONTROL	>10

Note: Dietary preparation or fasting is not required.

- HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.
- Trends in HbA1C values is a better indicator of Glycemic control than a single test.
- Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
- Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.
- In cases of Interference of Hemoglobin variants in HbA1C alternative methods (Fructosamine) estimation is recommended for Glycemic Control

A: HbF >25%

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B: Homozygous Hemoglobinopathy.
(Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)



SIN No:EDT230078432

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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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LIPID PROFILE , SERUM

TOTAL CHOLESTEROL	177	mg/dL	<200	CHE/CHO/POD
TRIGLYCERIDES	67	mg/dL	<150	Enzymatic
HDL CHOLESTEROL	73	mg/dL	>40	CHE/CHO/POD
NON-HDL CHOLESTEROL	104	mg/dL	<130	Calculated
LDL CHOLESTEROL	90.6	mg/dL	<100	Calculated
VLDL CHOLESTEROL	13.4	mg/dL	<30	Calculated
CHOL / HDL RATIO	2.42		0-4.97	Calculated

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

- 1.Measurements in the same patient on different days can show physiological and analytical variations.
- 2.NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.
- 3.Primary prevention algorithm now includes absolute risk estimation and lower LDL Cholesterol target levels to determine eligibility of drug therapy.
- 4.Low HDL levels are associated with Coronary Heart Disease due to insufficient HDL being available to participate in reverse cholesterol transport, the process by which cholesterol is eliminated from peripheral tissues.
- 5.As per NCEP guidelines, all adults above the age of 20 years should be screened for lipid status. Selective screening of children above the age of 2 years with a family history of premature cardiovascular disease or those with at least one parent with high total cholesterol is recommended.
- 6.VLDL, LDL Cholesterol Non HDL Cholesterol, CHOL/HDL RATIO, LDL/HDL RATIO are calculated parameters when

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ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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Triglycerides are below 350 mg/dl. When Triglycerides are more than 350 mg/dl LDL cholesterol is a direct measurement.



SIN No:SE04462825

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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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LIVER FUNCTION TEST (LFT) , SERUM				
BILIRUBIN, TOTAL	0.80	mg/dL	0.20-1.20	DIAZO METHOD
BILIRUBIN CONJUGATED (DIRECT)	0.20	mg/dL	0.0-0.3	Calculated
BILIRUBIN (INDIRECT)	0.60	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	22	U/L	<35	Visible with P-5-P
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	33.0	U/L	14-36	UV with P-5-P
ALKALINE PHOSPHATASE	80.00	U/L	38-126	p-nitrophenyl phosphate
PROTEIN, TOTAL	8.10	g/dL	6.3-8.2	Biuret
ALBUMIN	4.40	g/dL	3.5 - 5	Bromocresol Green
GLOBULIN	3.70	g/dL	2.0-3.5	Calculated
A/G RATIO	1.19		0.9-2.0	Calculated



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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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RENAL PROFILE/KIDNEY FUNCTION TEST (RFT/KFT) , SERUM

CREATININE	0.60	mg/dL	0.5-1.04	Creatinine amidohydrolase
UREA	16.10	mg/dL	15-36	Urease
BLOOD UREA NITROGEN	7.5	mg/dL	8.0 - 23.0	Calculated
URIC ACID	3.50	mg/dL	2.5-6.2	Uricase
CALCIUM	8.80	mg/dL	8.4 - 10.2	Arsenazo-III
PHOSPHORUS, INORGANIC	2.90	mg/dL	2.5-4.5	PMA Phenol
SODIUM	143	mmol/L	135-145	Direct ISE
POTASSIUM	4.6	mmol/L	3.5-5.1	Direct ISE
CHLORIDE	106	mmol/L	98 - 107	Direct ISE



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Test Name	Result	Unit	Bio. Ref. Range	Method
GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM	19.00	U/L	12-43	Glycylglycine Nitoranalide



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DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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THYROID PROFILE TOTAL (T3, T4, TSH) , SERUM

TRI-IODOTHYRONINE (T3, TOTAL)	0.78	ng/mL	0.7-2.04	CLIA
THYROXINE (T4, TOTAL)	8.46	µg/dL	6.09-12.23	CLIA
THYROID STIMULATING HORMONE (TSH)	1.524	µIU/mL	0.34-5.60	CLIA

Comment:

Note:

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 – 3.0
Third trimester	0.3 – 3.0

TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.

TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.

Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.

Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	T3	T4	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis

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Test Name	Result	Unit	Bio. Ref. Range	Method
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High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	N	N	N	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism
Low	N	High	High	Thyroiditis, Interfering Antibodies
N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes
High	High	High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma



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DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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COMPLETE URINE EXAMINATION (CUE) , URINE

PHYSICAL EXAMINATION

COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Visual
pH	6.0		5-7.5	Bromothymol Blue
SP. GRAVITY	1.025		1.002-1.030	Dipstick

BIOCHEMICAL EXAMINATION

URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GOD-POD
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	NITROPRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	EHRlich
BLOOD	NEGATIVE		NEGATIVE	Dipstick
NITRITE	NEGATIVE		NEGATIVE	Dipstick
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	PYRROLE HYDROLYSIS

CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY

PUS CELLS	2 - 3	/hpf	0-5	Microscopy
EPITHELIAL CELLS	1 - 2	/hpf	<10	MICROSCOPY
RBC	NIL	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY

Comment:

- Biochemical Examination of urine sample was performed by reflectance photometry and confirmed by alternative methods.
- The samples are assessed for integrity and adequacy before processing.



SIN No:UR2172601

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DEPARTMENT OF CLINICAL PATHOLOGY

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Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(POST PRANDIAL)	NEGATIVE		NEGATIVE	Dipstick
URINE GLUCOSE(FASTING)	NEGATIVE		NEGATIVE	Dipstick



SIN No:UPP015385,UF009338

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DEPARTMENT OF CYTOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

LBC PAP TEST (PAPSURE) , CERVICAL BRUSH SAMPLE

	CYTOLOGY NO.	14386/23
I	SPECIMEN	
a	SPECIMEN ADEQUACY	ADEQUATE
b	SPECIMEN TYPE	LIQUID-BASED PREPARATION (LBC)
	SPECIMEN NATURE/SOURCE	CERVICAL SMEAR
c	ENDOCERVICAL-TRANSFORMATION ZONE	ABSENT
d	COMMENTS	SATISFACTORY FOR EVALUATION
II	MICROSCOPY	Superficial and intermediate squamous epithelial cells with benign morphology. Negative for intraepithelial lesion/malignancy.
III	RESULT	
a	EPITHEIAL CELL	
	SQUAMOUS CELL ABNORMALITIES	NOT SEEN
	GLANDULAR CELL ABNORMALITIES	NOT SEEN
b	ORGANISM	NIL
IV	INTERPRETATION	NEGATIVE FOR INTRAEPITHELIAL LESION OR MALIGNANCY

Pap Test is a screening test for cervical cancer with inherent false negative results. Regular screening and follow-up is recommended (Bethesda-TBS-2014) revised

***** End Of Report *****



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M.B.B.S, M.D(Biochemistry)
CONSULTANT BIOCHEMIST

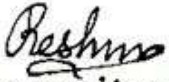


Dr. Anita Shobha Flynn
M.B.B.S,MD(Pathology)
Consultant Pathologist

Patient Name : Mrs.C V HARITHA VARMA	Collected : 26/Aug/2023 11:47AM
Age/Gender : 34 Y 6 M 1 D/F	Received : 27/Aug/2023 12:11PM
UHID/MR No : CMYS.0000057756	Reported : 28/Aug/2023 03:57PM
Visit ID : CMYSOPV116964	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 684012541085	

DEPARTMENT OF CYTOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324



Dr. Reshma Stanly
M.B.B.S, DNB(Pathology)
Consultant Pathologist



SIN No:CS067052

This test has been performed at Apollo Health & Lifestyle Ltd, Global Reference Laboratory, Hyderabad

CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of C.V. Haritha Varma on 26/8/2023

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> Medically Fit 	✓
<ul style="list-style-type: none"> Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	
<ul style="list-style-type: none"> Currently Unfit. Review after _____ recommended 	
<ul style="list-style-type: none"> Unfit 	

Dr. Haritha
Medical Officer
Apollo Clinic
The Apollo Clinic
#23, 1st Floor,
Kalidasa Road, Mysore - 02
HSR Layout, Mysore - 02
0821-4606040/41

This certificate is not meant for medical purposes.

Apollo Health and Lifestyle Limited

Head Office: Apollo Health and Lifestyle Limited, 5th Floor, Bequmpet, Hyderabad, Telangana - 500 016
Phone: +91 80 02 4904 2244 | Email: enquiry@apolloh.com | www.apolloh.com

APOLLO CLINIC NETWORK KARNATAKA

Bangalore: 12, Kuvempu Road | Bellandur | Electronic City | Fraser Town | HSR Layout | Indra Nagar | JP Nagar | Kundalahalli |
Mysore: Kalidasa Road | Mysore (V.V. Mohalla)

For appointments: www.apolloclinics.com

TO BOOK AN APPOINTMENT

1860 500 7788

Date : 26-08-2023
 MR NO : CMYS.0000057756
 Name : Mrs. C V HARITHA VARMA
 Age/ Gender : 34 Y / Female

Department : GENERAL
 Doctor : Dr. Neethu Biju 'K'
 Registration No :
 Qualification :

Consultation Timing: 08:16

Height : 153	Weight : 54.8	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 100/70

General Examination
 Allergies History

Clinical Diagnosis & Management Plan

nose - ble HIT
 mucosa - congested
 subconj / - NAD.
 conj

Op: acute URT

- 1) 7. Monticope A 001 x 5
- 2) 7. Calpof 000 101 x 3dy

Follow up date :

Doctor Sign: *Neethu Biju*

Apollo Clinic
 # 23, 1st Floor,
 Kalidasa Road, Mysore - 02
 Ph : 0821-4006040/41

Date : 26-08-2023
MR NO : CMYS.0000057756

Department : GENERAL Dietetics
Doctor : Madhura . B.P

Name : Mrs. C V HARITHA VARMA

Registration No :
Qualification : M.Sc Nutrition & Dietetics
PhD

Age/ Gender : 34 Y / Female

Consultation Timing: 08:16

Height : 153	Weight : 54.8	BMI : 23.1	Waist Circum : 78
Temp :	Pulse :	Resp : 18	B.P : 100/70

General Examination
Allergies History

Hb - 9.4 g/dl

Clinical Diagnosis & Management Plan

Diagnosis - Mildly enlarged uterus, H/O - constipation

- Advised fiber rich diet with "Iron" rich foods.
- Take small frequent meals, do not skip meals.
- Include all variety of seasonal fruits, vegetables and green leafy vegetables regularly (along with that include beetroot & pomegranate).
- Include Nuts like Almonds & walnuts. Dry fruits like dried dates & raisins regularly.
- Include seeds like flaxseeds, sunflower seeds, sunflower seeds & sesame seeds - 1 teaspoon each - dry roasted
- Avoid refined sugar, too much of salt, baking soda & creamers completely.
- Avoid bakery products, chips, deep fried foods, packed & processed foods completely.

Follow up date :

Doctor Signature
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph: 0821-4006040/41

Date : 26-08-2023 Department : GENERAL
 MR NO : CMYS.0000057756 Doctor :
 Name : Mrs. C V HARITHA VARMA Registration No :
 Qualification :
 Age/ Gender : 34 Y / Female

Consultation Timing: 08:16

Height : 53	Weight : 54.8	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 100/70

General Examination
 Allergies History

Clinical Diagnosis & Management Plan

Come for pre employment checkup

USG Abdomen & Pelvis - mildly enlarged
 uterus

2D Echo - Gallbladder, noted dull streaky

46.7. - 9.9

Peripheral smear Hypochromic anisocytic anemia

IPBS - 122

Chest x-ray 1PA view - Normal streaks

EKG - normal

Adv

Follow up date :

Cyproheptadine Calcium

Dr. C V Haritha Varma
 1st Floor
 Ph: 080-26111111
 Doctor Signature

Date : 26-08-2023
 MR NO : CMYS.0000057756
 Name : Mrs. C V HARITHA VARMA
 Age/ Gender : 34 Y / Female

Department : GENERAL
 Doctor :
 Registration No :
 Qualification :

Consultation Timing: 08:16

Height : 153	Weight : 54.8	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 100/70

General Examination
 Allergies History

Clinical Diagnosis & Management Plan

ML → 11 yrs. Pa/2 EP, FTNDs, Subtotal mast

PH → NS.
 2H → hypertension +.
 MH → regular mls.
 3 to 4 days / 30 days.
 Imp → 3 days back.
 breasts (N)

scan - Bilateral ovaries (N)

Adv: TAB. PAUSE MF 1-0-1 x 3 days (6)

- unne (N) to US.

(during periods) → Bleeding

- TAB. DR 40 D (5) BF 1-0-0

S.S.H
 - empty stomach -
8:30 AM.

- TAB. ORIF 4R XT (30) 1-0-0 ✓

- 179 MF 4R typ (1) 20tle 2hr

- TAB. Sandy plus (1)

Follow up date :

Hb.1. →

Apollo Clinic
 Doctor Signature
 Kalidasa Road, Mysore - 02
 Ph : 0821-4006040/41

0.5-45Hz AC.50 25mm/s 10mm/mv

Date : 26-08-2023
MR NO : CMYS.0000057756

Department : GENERAL Dental
Doctor : Dr. Jyothishree.

Name : Mrs. C V HARITHA VARMA

Registration No :

Age/ Gender : 34 Y / Female

Qualification :

Consultation Timing: 08:16

Height : 153	Weight : 54.8	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 100/70

General Examination
Allergies History

Clinical Diagnosis & Management Plan

O/E

6/7 missing }
17 Root Stumps } Adv. Replacement

8/8 Decayed Adv. - Restoration

Ca+, Stt

Adv. - Oral Prophylaxis

Follow up date :

Jyothishree
Doctor Signature
Ph: 0822-4006040/41

Date : 26-08-2023
MR NO : CMYS.0000057756

Department : GENERAL
Doctor :

Name : Mrs. C V HARITHA VARMA

Registration No :
Qualification :

Age/ Gender : 34 Y / Female

Consultation Timing: 08:16

Height : 153	Weight : 57.8	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 100/70

General Examination
Allergies History

Clinical Diagnosis & Management Plan

	<u>Rt eye</u>	<u>Lt eye</u>
Distance	6/6	6/6
Near vision	NG	NG
Colour vision	Normal	Normal

Follow up date :

[Signature]
Kalyana Road, Mysore - 02
Ph: 0821-4006040/41
Doctor Signature

ID: 57756

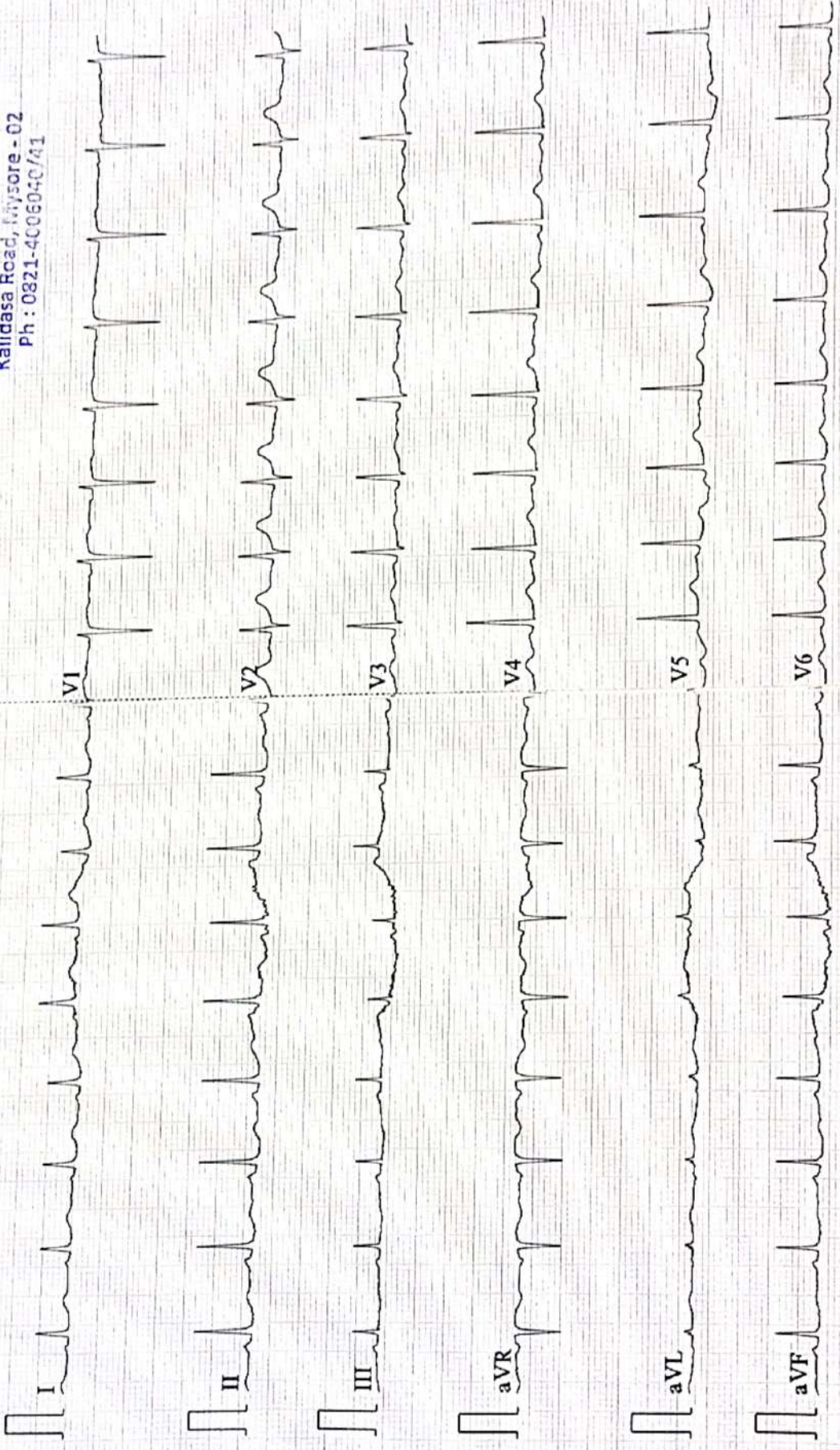
MRS C V HARITHA VARMA
Female 34Years
153cm 54kg 100/70 mmHg

26-08-2023 10:25:00 AM

Diagnosis Information:

Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4006040/41

Unconfirmed Report.



0.5-45Hz AC50 25mm/s 10mm/mV 2*5.0s ♥102 CADIART D V1.43 Glasgow V286.0 APOLLO CLINIC MYSURU

Patient Name	: Mrs. C V HARITHA VARMA	Age	: 34 Y 1
UHID	: CMYS.0000057756	OP Visit No	: CMYSOPV116964
Reported on	: 26-08-2023 15:45	Printed on	: 26-08-2023 15:45
Adm/Consult Doctor	:	Ref Doctor	: SELI

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Both lung fields and hila are normal .
 No obvious active pleuro-parenchymal lesion seen .
 Both costophrenic and cardiophrenic angles are clear .
 Both diaphragms are normal in position and contour .
 Thoracic wall and soft tissues appear normal.

IMPRESSION :NORMAL STUDY.

Printed on:26-08-2023 15:45

---End of the Report---

Dr. PRADEEP KUMAR C N
MBBS DNB RADIOLOGY
 Radiology

Apollo Health and Lifestyle Limited

REGD OFFICE : 100 Feet Road, Rajbhawan Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016

PH: TEL: 080-4554 1111 | FAX: 080-4554 7744 | E-MAIL: ID.enquiry@apollohospitals.com | www.apollohospitals.com

APOLLO CLINIC - ALL INDIA NETWORK

Bangalore : Basavanagudi | Bellandur | Electronic City | Frazer Town | HSR Layout | Indira Nagar | JP Nagar | Kundalahalli | Koramangala | Rajajinagar
Mysore : V.S. Mahalle

Online appointment: www.apollohospitals.com

TO BOOK AN APPOINTMENT

1860 500 7788

Patient Name: Mrs C V Haritha Varma	Date :26.08.2023	Referring Doctor: Dr .Self
Age / Sex: 34rs/Female	UHID No :57756	Location : OP
ULTRASONOGRAPHY- ABDOMEN & PELVIS		

LIVER: It is normal in size and in echotexture. No focal lesions seen. IIRB are not dilated. CBD and Portal vein are normal.

GALL BLADDER: It is well distended and normal. No calculi seen.

SPLEEN: It is normal in size, outline and echopattern. No e/o focal lesions.

PANCREAS: It is normal.

RIGHT KIDNEY: It measures 9.3x3.2 cm with parenchymal thickness of 1.0 cm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

LEFT KIDNEY: It measures 8.4x3.4 cm with parenchymal thickness of 1.0 cm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

URINARY BLADDER: It is well distended. The UB wall is normal. No calculi seen.

UTERUS: It is enlarged anteverted and measures 11.2x4.2x6.2cm with ET=8.2 mm. It is normal in echotexture. No mass lesion.


Rt. OVARY: It measures 4x1.8 cm. It is normal. No mass lesion seen.

Lt. OVARY: It measures 3.2x1.2cm. It is normal. No mass lesion seen.

OTHERS: No e/o free fluid in the abdomen. No e/o lymphadenopathy. No e/o gut wall thickening. No mass lesion seen in the abdomen.

IMPRESSION:

MILDLY ENLARGED UTERUS.


Dr. Chetan H. DNB
Consultant Radiologist.

Apollo Health and Lifestyle Limited

(CIN: UR5110TG2000PLC115819)

Regd. Office: 1, 10, 60, 62, Ashoka Rajgopathi Chambers, 5th Floor, Bengalpet, Hyderabad, Telangana - 500 016

Ph. No: 040 4304 7777, Fax No: 4904 7744 | Email ID: enquiry@apollohospitals.com | www.apollohospitals.com

APOLLO CLINICS NETWORK KARNATAKA

Bangalore (Basavanagudi | Bellandur | Electronic City | Fraser Town | HSR Layout | Indira Nagar | JP Nagar | Kundalahalli)
Kannur (Kannur Road) | Mysore (VV Mahall)

Online appointments: www.apollohospitals.com

TO BOOK AN APPOINTMENT

1860 500 7788

Scanned with CamScanner

Patient's Name : Ms . C V Harithavarma	Age & Sex: 34Yrs / Female
Date : 26.08.2023	UHID No : 57756

2D ECHOCARDIOGRAPHY STUDY

Impression:

- Normal chambers and valves
- No regional wall motion abnormality
- Normal left ventricular systolic function. EF 67 %
- No clots. No pericardial effusion

Tachycardia noted during study.

Findings

Left Ventricle:	No RWMA
Right Ventricle	Normal
Left Atrium	Normal
Right Atrium	Normal
Aorta	Normal
Pulmonary Artery	Normal
IAS	Intact
IVS	Intact
Valves	Normal
Pericardium	Normal
Doppler	Normal

Apollo Health and Lifestyle Limited

ICIN : UB5110TG2000PLC115819

Regd. Office: 1-10-60-62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016

Ph. No: 040 4904 7777, Fax No: 4904 7744 | Email ID: enquiry@apollohospitals.com | www.apollohospitals.com

APOLLO CLINICS NETWORK KARNATAKA

Bangalore (Basavanagudi | Bellandur | Electronic City | Frazer Town | HSR Layout | Indira Nagar | JP Nagar | Kundalahalli | Koramangala | Sarjapur Road) | Mysore (VV Mohalla)

Online appointments: www.apollohospitals.com

TO BOOK AN APPOINTMENT

1860 500 7788

Patient Name : Mrs. C V HARITHA VARMA

Age/Gender : 34 Y/F

UHID/MR No. : CMYS.0000057756

OP Visit No : CMYSOPV116964

Sample Collected on :

Reported on : 26-08-2023 15:45

LRN# : RAD2082372

Specimen :

Ref Doctor : SELF

Emp/Auth/TPA ID : 684012541085

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Both lung fields and hila are normal .

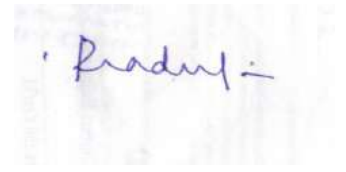
No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear .

Both diaphragms are normal in position and contour .

Thoracic wall and soft tissues appear normal.

IMPRESSION :NORMAL STUDY.



Dr. PRADEEP KUMAR C N
MBBS DNB(RADIOLOGY)

Radiology

Patient Name : Mrs. C V HARITHA VARMA

Age/Gender : 34 Y/F

UHID/MR No. : CMYS.0000057756

OP Visit No : CMYSOPV116964

Sample Collected on :

Reported on : 26-08-2023 12:49

LRN# : RAD2082372

Specimen :

Ref Doctor : SELF

Emp/Auth/TPA ID : 684012541085

DEPARTMENT OF RADIOLOGY

ULTRASOUND - WHOLE ABDOMEN

LIVER: It is normal in size and in echotexture. No focal lesions seen. IHBR are not dilated. CBD and Portal vein are normal.

GALL BLADDER: It is well distended and normal. No calculi seen.

SPLEEN: It is normal in size, outline and echopattern. No e/o focal lesions.

PANCREAS: It is normal.

RIGHT KIDNEY: It measures 9.3x3.2 cm with parenchymal thickness of 1.0 cm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

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UTERUS: It is enlarged anteverted and measures 11.2x4.2x6.2cm with ET=8.2 mm. It is normal in echotexture. No mass lesion.

Rt. OVARY: It measures 4x1.8 cm. It is normal. No mass lesion seen.

Lt. OVARY: It measures 3.2x1.2cm. It is normal. No mass lesion seen.

OTHERS: No e/o free fluid in the abdomen. No e/o lymphadenopathy. No e/o gut wall thickening. No mass lesion seen in the abdomen.

IMPRESSION:

- **MILDLY ENLARGED UTERUS.**

Chetan H, DNB

Consultant Radiologist.

Dr. CHETAN HOLEPPAGOL
MBBS, DNB(RADIO DIAGNOSIS)

Radiology



Patient Name : Mrs. C V HARITHA VARMA

Age/Gender : 34 Y/F

Name: Mrs. C V HARITHA VARMA
Age/Gender: 34 Y/F
Address: VIRAJPETE
Location: MYSORE, KARNATAKA
Doctor:
Department: GENERAL
Rate Plan: MYSORE_06042023
Sponsor: ARCOFEMI HEALTHCARE LIMITED
Consulting Doctor: Dr. SABAH JAVED

MR No: CMYS.0000057756
Visit ID: CMYSOPV116964
Visit Date: 26-08-2023 08:16
Discharge Date:
Referred By: SELF

HT-CHIEF COMPLAINTS AND PRESENT KNOWN ILLNESS

Chief Complaints

COMPLAINTS:::: For Annual Health Checkup,

SYSTEMIC REVIEW

**Weight

--->: Stable,

Number of kgs: 70,

HT-HISTORY

Past Medical History

PAST MEDICAL HISTORY: Nil Significant,

**Cancer: NILL,

PHYSICAL EXAMINATION

SYSTEMIC EXAMINATION

IMPRESSION

IMPRESSION

Finding Category : within normal limits,

EKG

: NORMAL,

RECOMMENDATION

DISCLAIMER

Disclaimer: The health checkup examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the consulting physician. Additional tests, consultations and follow up may be required in some cases.,

Doctor's Signature



Bill Of Supply

Name : Mrs. C V HARITHA VARMA
 Age/Gender : 34 Y F
 Contact No : +919703197645
 Address : VIRAJPETE
 UHID : CMYS 0000057756
 Corporate Name : ARCOFEMI HEALTH CARE LIMITED
 Plan : ARCOFEMI MEDIWHEEL FEMALE AHC CREDIT PAN INDIA OP AGREEMENT

Bill No : CMYS OCR-21151
 Bill Reg Date : 26/08/2023 08:16
 Referred by : SELF
 Center : Mysore
 Emp No/ Auth Code : 681012541085

#	Department	Description Of Service	SAC Code	Qty	Rate	Gross Value	Discount	CGST Rate	CGST Amt	SGST/UTGST Rate	SGST/UTGST Amt	Net Value
1	Package Charges	ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324	999312	1	2,400.00	2,400.00	0.00	0.00	0.00	0.00	0.00	2,400.00

Bill Amount: 2,400.00
 Total Discount: 0.00
 Patient Payment: 0.00
 Corporate Due: 2,400.00
 Patient Due: 0.00

Received with thanks: Zero Rupees only

Authorized Signature : (Nikhitha R)

You can download your report from "www.apolloclinic.com" Enter user name as CMYSOPV116964 and password as 95374

Please log on to AskApollo.com for booking Appointments

భారత ప్రభుత్వం

GOVERNMENT OF INDIA



సి వి హరిత వర్మ

C V Haritha Varma

పుట్టిన తేదీ / DOB: 25/02/1989

స్త్రీ / FEMALE



6840 1254 1085

Fwd: Health Check up Booking Confirmed Request(bobS44127),Package Code-
PKG10000319, Beneficiary Code-80133

Mahesh Varma <maheshvarma212@gmail.com>

Fri 8/25/2023 3:29 PM

To:Kakotuparambu, Puttur Region <VJKAKO@bankofbaroda.com>

You don't often get email from maheshvarma212@gmail.com. [Learn why this is important](#)

ध्यान: यह मेल बैंक डोमेन के बाहर से आया है. अगर आप प्रेषक को नहीं जानते तो मेल में दी गयी लिंक पर क्लिक न करें.
CAUTION: THIS MAIL IS ORIGINATED FROM OUTSIDE OF THE BANK'S DOMAIN. DO NOT CLICK ON LINKS.

----- Forwarded message -----

From: **Mediwheel** <wellness@mediwheel.in>

Date: Wed, 16 Aug 2023, 15:50

Subject: Health Check up Booking Confirmed Request(bobS44127),Package Code-PKG10000319,
Beneficiary Code-80133

To: <maheshvarma212@gmail.com>

Cc: <customercare@mediwheel.in>

011-41195959

[Email:wellness@mediwheel.in](mailto:wellness@mediwheel.in)

Dear **C V HARITHA VARMA,**

Please find the confirmation for following request.

Booking Date : 14-08-2023
Package Name : Arcofemi MediWheel Full Body Health Annual Plus Check Female 2D
: ECHO
Name of Diagnostic/Hospital : Apollo clinic - Kalidasa Road
Address of Diagnostic/Hospital : Apollo Clinic, 23, Kalidasa Road, VV Mohalla, Mysore -570002
Contact Details : 18605007788
City : Mysore
State : Karnataka
Pincode : 570002
Appointment Date : 26-08-2023
Confirmation Status : Confirmed
Preferred Time : 8:00am-8:00am
Comment : APPOINTMENT TIME 9:00AM

Instructions to undergo Health Check:

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.