

Name : Mr. NIMMANA SUDHAKAR (54 /M)

Date : 02/03/2022

Address : SIDDHA WATERFRONT, NORTH 24 PARGANAS, NORTH 24 PARGANAS, WEST BENGAL, INDIA

Examined by:

UHID : AGHL.0001817747

Package : MEDI WHEEL FULL BODY HCK - MALE (ABOVE 40 YRS)

AHC No : AMHLAH143027



CHIEF COMPLAINTS

For corporate health checkup

No specific complaints

PRESENT KNOWN ILLNESS:-

H/O Hypertension - on mediation.

No H/O DM/TB/Asthma/Heart Disease.



DRUG ALLERGY

NO KNOWN ALLERGY

:02/03/2022



SYSTEMIC REVIEW

Cardiovascular system

BREATHLESSNESS – on exertion,

HYPERTENSION – Yes, ANY MEDICATION – Yes.

Respiratory system

Nil significant.

Gastrointestinal system

APPETITE - Normal, BOWEL HABITS - Regular.

Genitourinary system

FREQUENCY – Normal.

Central nervous system

MEMORY & CONCENTRATION – Normal, SLEEP – Normal.

Eyes

VISION - Corrected with glasses.

ENT

HEARING – Normal.

Musculoskeletal system

Occasional knee joint pain.

Skin

Nil significant.

Weight

Steady.



Present medications

Tab. Telista CH (80 mg) - once daily.



Past medical history

Past medical history - nil significant

Covid 19 - Yes

Hospitalization for - No

Covid 19



Surgical history

Hydrocelectomy - 30 years back.



Personal history

Marital status - Married

No. of children - 2

Diet - Mixed Diet

Alcohol - consumes alcohol occasionally

Smoking - No

Chews tobacco - Yes

Physical activity - Sedentary



Family history

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Father - has expired
Mother - alive
Brothers - 2
Sisters - 4
Hypertension - mother
Coronary artery disease - none
Cancer - father



Musculo Skeletal System

Extremities - No significant finding
Spine - No significant finding

PHYSICAL EXAMINATION



General

Build - over weight
Height (in cms) - 159
Weight (in Kgs) - 71
BMI - 28.08
Pallor - no
Oedema - no



Cardiovascular system

Heart rate(Per minute) - 90
Rhythm - Normal
Systolic(mm of Hg) - 126
Diastolic(mm of Hg) - 77
Heart sounds - S1S2+



Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Appearance - Normal
Organomegaly - No
Tenderness - No
Bowel sounds - Present.



Central nervous system

No neurological deficit



Skin

No significant finding

Printed By : AVIJIT DAS

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COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	11.0 *	g/dl	●	13.0-17.0
RBC COUNT	4.13 *	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	32.6 *	%	●	41-53
MCV	79.1 *	fl	●	83-101
MCH	26.8 *	pg	●	27-32
MCHC	33.8	%	●	31.5-34.5
RDW	14.4 *	%	●	11.8-14.0
WBC Count	7600	/cu mm	●	4000-10000
Platelet Count	1.65	lacs/cu mm	●	1.5-4.0
Neutrophils	75	%	●	40-80
Lymphocytes	16 *	%	●	20-40
Monocytes	08	%	●	2-10
Eosinophils	01	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Microcytic Hypochromic RBCs.			
Platelets:	Adequate on the smear			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	37 *	mm/1st hr	●	0-15

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	50	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.010			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			
Epithelial Cells	Occasional/hpf			

Casts: Not Found
 Crystals: Not Found
 Note: Biological reference interval
 RBC- 0-2/hpf
 Pus Cell - 0-5/hpf.

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	47 *	U/L	●	10-40
ALBUMIN - SERUM	4.3	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	93	U/L	●	53-128
AST (SGOT) - SERUM	40	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.6	mg/dL	●	0.0-1.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	160	mg/dL	●	0-200

CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	1.4 *	mg/dL	●	0.9-1.3

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
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● Within Normal Range ● Borderline High/Low ● Out of Range

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GGTP: GAMMA 33 U/L ● 7-64
GLUTAMYL
TRANSPEPTIDASE -
SERUM

GLUCOSE - PLASMA (FASTING)

Test Name Result Unit Level Range
GLUCOSE - PLASMA 94 mg/dL ● 70-99
(FASTING)

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name Result Unit Level Range
GLUCOSE - PLASMA 108 mg/dL ● 70-140
(POST PRANDIAL)

**HBA1C (GLYCOSYLATED
HAEMOGLOBIN)-WHOLE BLOOD**

Test Name Result Unit Level Range
HBA1C 6.0 * % ● Nondiabetic : 4
(GLYCOSYLATED - 5.6 %
HAEMOGLOBIN)-WHO Prediabetics :
LE BLOOD 5.7 - 6.4%
Diabetes :
>= 6.5%
ADA
Therapeutic goal
: <7%

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
HDL CHOLESTEROL - 39 mg/dL ● 30-70
SERUM
LDL CHOLESTEROL 105 mg/dL ● Optimal: <100
-SERUM
VLDL CHOLESTEROL - 16 mg/dL ● 0-35
SERUM (Calculated)

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
PROTEIN TOTAL - 8.0 g/dL ● 6.4-8.3
SERUM
GLOBULIN: 3.7 * g/dL ● 1.8-3.6
(CALCULATED) -
SERUM

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TOTAL T3: TRI 1.0 ng/ml ● 0.8-2
IODOTHYRONINE -
SERUM

TOTAL T4: 9.3 µg/dL ● 5.1-14.1
THYROXINE - SERUM

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
TRIGLYCERIDES - 88 mg/dL ● 0-150
SERUM

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TSH: THYROID 2.4 µIU/mL ● 0.270-4.200
STIMULATING
HORMONE - SERUM

URIC ACID - SERUM

Test Name Result Unit Level Range
URIC ACID - SERUM 7.9 * mg/dL ● 3.5-7.2

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
BILIRUBIN 0.1 mg/dL ● 0.0-0.2
CONJUGATED
(DIRECT) - SERUM

**PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) -
SERUM**

Test Name Result Unit Level Range
PROSTATIC SPECIFIC 0.4 ng/mL ● 0.00-6.50
ANTIGEN (PSA TOTAL)
- SERUM

BUN (BLOOD UREA NITROGEN)

Test Name Result Unit Level Range
BUN (BLOOD UREA 11.3 mg/dL ● 7.0-18.0
NITROGEN)

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
A/G - RATIO 1.1:1.0 1.0-2.0

ECG

SINUS RHYTHM.
INTRAVENTRICULAR BLOCK.

ULTRASOUND SCREENING WHOLE ABDOMEN

* Fatty changes in liver.

* Cyst in right kidney.

X-RAY CHEST PA

● Within Normal Range ● Borderline High/Low ● Out of Range

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Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

 Within Normal Range  Borderline High/Low  Out of Range

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Other Lifestyle Changes & Recommendations :-

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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