

Dr. MEHTA .Y
 MBBS, DNB (Family Medicine)
 Senior Consultant
 Reg. No. : ANP20010000845KTK

Place Label Here
Mr MADHAV BHAT
1086016
37/M
 If label not available, write Pt. Name, UHID No.,
 Age, Sex, Date, Name of Treating Physician



Allergies : NKDA	Fall Risk Assessment		Wt: 73.4	Ht: 169cm	T: _____	P: 79	BP: 120/80
	H/o fall (within 1 year)	Yes No	Pain 0 /10		<input checked="" type="checkbox"/> Psychological & Social Assessment done		
	Mobility Aid	Yes No					
	Gait	Dep. Indep.					

1. Prediabetes - HbA1c - 5.9%
2. Mild dyslipidemia
3. TMT - Negative

Adv
 - Low carb, high fiber diet
 Regular exercise

Medicine Reconciliation Dose & Frequency
 Advice & Plan

Kindly get this document scanned at the counter for the record purpose

Keluf
Signature and Date

AH-QF-RD-04

DEPARTMENT OF RADIOLOGY

Patient's Details	: Mr. MADHAV BHAT	M 037Y
UHID	: AHB.0001086016	Ward/Bed No. : AHC /
I.P.No./Bill No.	: AHBHC106563	Scanned on : 16-Jul-2022 12:44
Accession Number	: 10601.222059042	Reported On :
Referring Doctor	: Dr. MHC	

ULTRASOUND WHOLE ABDOMEN

Clinical Information: General health checkup.

Liver appears normal in size, shape and echopattern. No focal parenchymal lesions identified. No evidence of intra/extrahepatic biliary tree dilatation noted. Portal vein appears to be of normal size.

Gall bladder is moderately distended. No definite calculi identified. No evidence of abnormal wall thickening noted.

Spleen appears normal in size, shape and echopattern. No focal parenchymal lesions identified.

Pancreas appears normal in size, shape and echopattern. No definite calcification or ductal dilatation noted.

Both kidneys appear normal in size, shape and echopattern. Corticomedullary differentiation appears maintained. No evidence of calculi or hydronephrosis seen on either side.

Urinary bladder is distended and appears normal. No evidence of abnormal wall thickening noted.

Prostate appears normal in size. Normal echopattern noted within the gland.

No evidence of ascites or pleural effusion seen.

IMPRESSION:

USG study of the abdomen shows no definite abnormality.
- Suggested clinical correlation.

(Enclose reports) Ak

DR. VINEELA THALLA
RADIOLOGIST

Ultrasound is a subjective investigation. The results depend on distension of organ, bowel gas, patient co-operation and patient's body habitus. Patients are requested to inform the radiologist in advance regarding their clinical details and also any other prior surgeries (like gall bladder, uterus, ovaries, kidney stones) that the study can be targeted according to the particular clinical condition.

This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical reasons. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

CIN - U85110KA1991PLC011781

YOUR CLINICAL TEST RESULTS

Mr. MADHAV BHAT

MALE / 37 Yrs / AHB.0001086016 / AHBHC106563

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

HEMOGRAM

Test Name	Result	Unit	Level	Range
Hemoglobin	13.9	g/dL	●	13-17
:Oxyhemoglobin method(Photometric measurement)				
RBC Count (Impedance)	4.78	x(10) ¹² /l	●	4.5 - 5.5
Packed cell volume (Calculated)	40	%	●	40 - 50
MCV (Derived from RBC histogram)	85	fl	●	83 - 101
MCH (Calculated)	29	pg	●	27 - 32
RDW (Calculated)	13.3	%	●	11.60-14.00
MCHC (Calculated)	35 *	g/dl	●	31.5 - 34.5
Platelet Count (Impedance)	355	x(10) ⁹ /l	●	150 - 450
WBC Count (Impedance)	7.17	x(10) ⁹ /l	●	4 - 11
Neutrophils	60	%	●	40 - 80
Lymphocytes	31	%	●	8.6 -23.8
Monocytes	4	%	●	2 - 10
Eosinophils	5	%	●	1 - 6
Basophils	0	%	●	0 - 2
ERYTHROCYTE SEDIMENTATION RATE (ESR) (Teflon Capillary Photometry)	22 *	mm/1st hr	●	Adult Male- 0 - 10

STOOL ROUTINE

Test Name	Result	Unit	Level	Range
Color :	Brownish			Yellow
Consistency :	Semi Solid			7.2-7.8
Reaction:	Acidic			NEGATIVE
Blood :	NEGATIVE			

● Within Normal Range ● Boderline High/Low ● Outside Range

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Mucus:	Absent		0 - 5
Pus Cells	1-2 /h.p.f	/HPF	0 - 2
RBC	Nil	Cells/hpf	
Ova:	Absent		
Cysts:	Absent		
Trophozoite	Absent		
Yeast Cells	Yeast Cells Not Seen		
Vegetable Matter	Absent		

URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Color :	Yellow			Yellow
Appearance	Clear			Clear
Volume :	30	ml		
pH	6.0		●	1.016 - 1.022
Specific Gravity	1.010 *			NEGATIVE
Protein :	NEGATIVE			NEGATIVE
Glucose:	NEGATIVE			NEGATIVE
Ketone	NEGATIVE			NEGATIVE
Bile Salts :	NEGATIVE			NEGATIVE
Bile Pigments:	NEGATIVE		●	0.2 - 1.0
Urobilinogen	0.2	E.U./dL		NEGATIVE
Blood :	NEGATIVE			NEGATIVE
Nitrate:	NEGATIVE			NEGATIVE
Leucocyte Esterases	NEGATIVE			0 - 2
RBC	Nil	Cells/hpf		0 - 5
Pus Cells	1-2 /h.p.f	/HPF		Occasional - Few
Epithelial Cells	Occasional			

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
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● Within Normal Range ● Boderline High/Low ● Outside Range

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Mr. MADHAV BHAT

MALE / 37 Yrs / AHB.0001086016 / AHBHC106563

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

Blood Group: O
Rh (D) Type: POSITIVE
Method: COLUMN AGGLUTINATION

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	15	U/L	●	<= 50
GLOBULIN - SERUM - CALCULATED	3.3	g/dL	●	Adult 2.0 - 4.0
ALBUMIN:GLOBULIN (RATIO) - CALCULATED	1.3		●	0.8 - 2.0
ALBUMIN - SERUM	4.4	g/dL	●	Adult- 3.5-5.2
ALKALINE PHOSPHATASE - SERUM	72	U/L	●	Adult: 30 - 120
AST (SGOT) - SERUM	19	U/L	●	<= 50
BILIRUBIN, TOTAL - SERUM	0.64	mg/dL	●	0.30-1.20

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CHLORIDE - SERUM	103	mmol/L	●	98 - 107

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	151	mg/dL	●	"Desirable : <200 Borderline : 200 - 239 High Risk : >239"

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.73	mg/dL	●	Male : 0.9 -1.3

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
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YOUR CLINICAL TEST RESULTS

Mr. MADHAV BHAT
 MALE / 37 Yrs / AHB.0001086016 / AHBHC106563
 2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

GGTP: GAMMA GLUTAMYL TRANSEPTIDASE - SERUM	21	U/L	●	<= 55
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GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	87	mg/dL	●	"Non-Diabetic :<= 100 Impaired Fasting Glucose: 100-125 Diabetic :>= 126 "

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (POST PRANDIAL)	121	mg/dL	●	"Non-Diabetic :<= 140 Impaired Glucose Tolerance : 140-199 Diabetic :>= 200 "

GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	5.9	%	●	"NON-DIABETICS<=5.6 PRE-DIABETIC: 5.7-6.4 DIABETIC>=6.5"

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	35 *	mg/dL	●	"Low : <40 High: >59"
LDL Cholesterol (Direct LDL)	109 *	mg/dL	●	"Optimal : <100 Near/Above Optimal: 100 - 129 Borderline High: 130 - 159 High: 160 - 189 Very High: > 189"

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
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Within Normal Range
 Boderline High/Low
 Outside Range

YOUR CLINICAL TEST RESULTS

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MALE / 37 Yrs / AHB.0001086016 / AHBHC106563

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

POTASSIUM - SERUM	4.0	mmol/L	●	3.5-5.1
LIVER FUNCTION TEST (PACKAGE)				
Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.7	g/dL	●	ADULT: 6.0 - 8.5
NEPHROLOGY RENAL PROFILE (RANDOM)				
Test Name	Result	Unit	Level	Range
SODIUM - SERUM	137	mmol/L	●	135 - 145
THYROID PROFILE - I(T3,T4 AND TSH)				
Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	112.43	ng/dL	●	Adults: 87 - 178
TOTAL T4: THYROXINE - SERUM	10.5	µg/dL	●	5.93 - 13.29
LIPID PROFILE TEST (PACKAGE)				
Test Name	Result	Unit	Level	Range
Triglycerides - Serum	160 *	mg/dL	●	"Normal: < 150 Borderline High: 150 - 199 High: 200 - 499 Very High: > 499"
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	4.3		●	< 5.0
THYROID PROFILE - I(T3,T4 AND TSH)				
Test Name	Result	Unit	Level	Range
THYROID STIMULATING HORMONE [TSH]	1.52	µIU/mL	●	0.34 - 5.6
NEPHROLOGY RENAL PROFILE (RANDOM)				
Test Name	Result	Unit	Level	Range
UREA - SERUM	14 *	mg/dL	●	15 - 45
URIC ACID - SERUM	5.6	mg/dL	●	Adult Male: 3.0 - 7.0

Within Normal Range
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 Outside Range

YOUR CLINICAL TEST RESULTS

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MALE / 37 Yrs / AHB.0001086016 / AHBHC106563

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
VLDL CHOLESTEROL - SERUM	32	mg/dl	●	Desirable: <30

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN DIRECT - SERUM	0.08	mg/dL	●	upto 0.4
BILIRUBIN INDIRECT - SERUM - CALCULATED	0.56	mg/dL	●	0.1 - 1.0

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
BICARBONATE (HCO ₃) - SERUM	27		●	Healthy Adults: 22 - 29

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE (LAB, RADIOLOGY & CARDIOLOGY)

Biochemistry

GLUCOSE - SERUM / PLASMA (RANDOM)

CARDIOLOGY

ECHO/TMT - OPTIONAL

Ultrasound Radiology

ULTRASOUND - WHOLE ABDOMEN

CARDIOLOGY

ECG

X Ray

X-RAY CHEST PA

● Within Normal Range

● Boderline High/Low

● Outside Range

YOUR CLINICAL TEST RESULTS

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MALE / 37 Yrs / AHB.0001086016 / AHBHC106563

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

● Within Normal Range ● Boderline High/Low ● Outside Range

AH-QF-RD-04

DEPARTMENT OF RADIOLOGY

Patient's Details :	Mr. MADHAV BHAT		M	037Y
UHID :	AHB.0001086016	Ward/Bed No. :		AHC /
I.P.No./Bill No. :	AHBHC106563	Scanned on :		16-Jul-2022
Accession Number :	10601.122071114	Reported On :		11:11
Referring Doctor :	Dr. MHC			16-Jul-2022

X-RAY CHEST PA VIEW

Clinical Information : health check-up

Positional rotation present.

Lung fields appear clear bilaterally with normal bronchovascular markings.

Cardiac silhouette and cardiothoracic ratio appear normal.

Costophrenic angles appear normal on both sides.

Domes of the diaphragm appear normal.

Underlying bony and soft tissue shadows appear normal.

IMPRESSION:

No definite abnormality noted on the chest radiograph.

Suggested clinical correlation.

Dr Salim Shaikh
Sr Resident

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

APOLLO HOSPITALS
BANNERGHATTA ROAD
BANGALORE-560076

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: MADHAV BHAT,
Patient ID: AHB/108616
Height: 169 cm
Weight: 73 kg

DOB: 15.12.1984
Age: 37yrs
Gender: Male
Race: Indian

Study Date: 16.07.2022
Test Type: Treadmill Stress Test
Protocol: BRUCE

Referring Physician: AHC
Attending Physician: DR K M NAIR
Technician: JAGADEESHA A B

Medications:
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Medical History:
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Reason for Exercise Test:
Screening for CAD

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:10	0.00	0.00	115	120/80	
	STANDING	00:02	0.00	0.00	114	120/80	
EXERCISE	STAGE 1	03:00	1.70	10.00	141	130/80	
	STAGE 2	03:00	2.50	12.00	160	140/80	
	STAGE 3	01:21	3.40	14.00	179	150/80	
RECOVERY		02:48	0.00	0.00	133	130/80	

The patient exercised according to the BRUCE for 7:20 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 113 bpm rose to a maximal heart rate of 179 bpm. This value represents 97% of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 150/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

Summary: Functional Capacity: normal.
HR Response to Exercise: appropriate.
BP Response to Exercise: normal resting BP - appropriate response.
Chest Pain: none.
Arrhythmias: none.
ST Changes: none.

Conclusions

IMP:- STRESS TEST NEGATIVE FOR INDUCIBLE ISCHEMIA.

Physician

Technician

AHB/1086018
37 Years

MADHAV BHAT
Male

16-Jul-22 10:04:32 AM

Rate 65

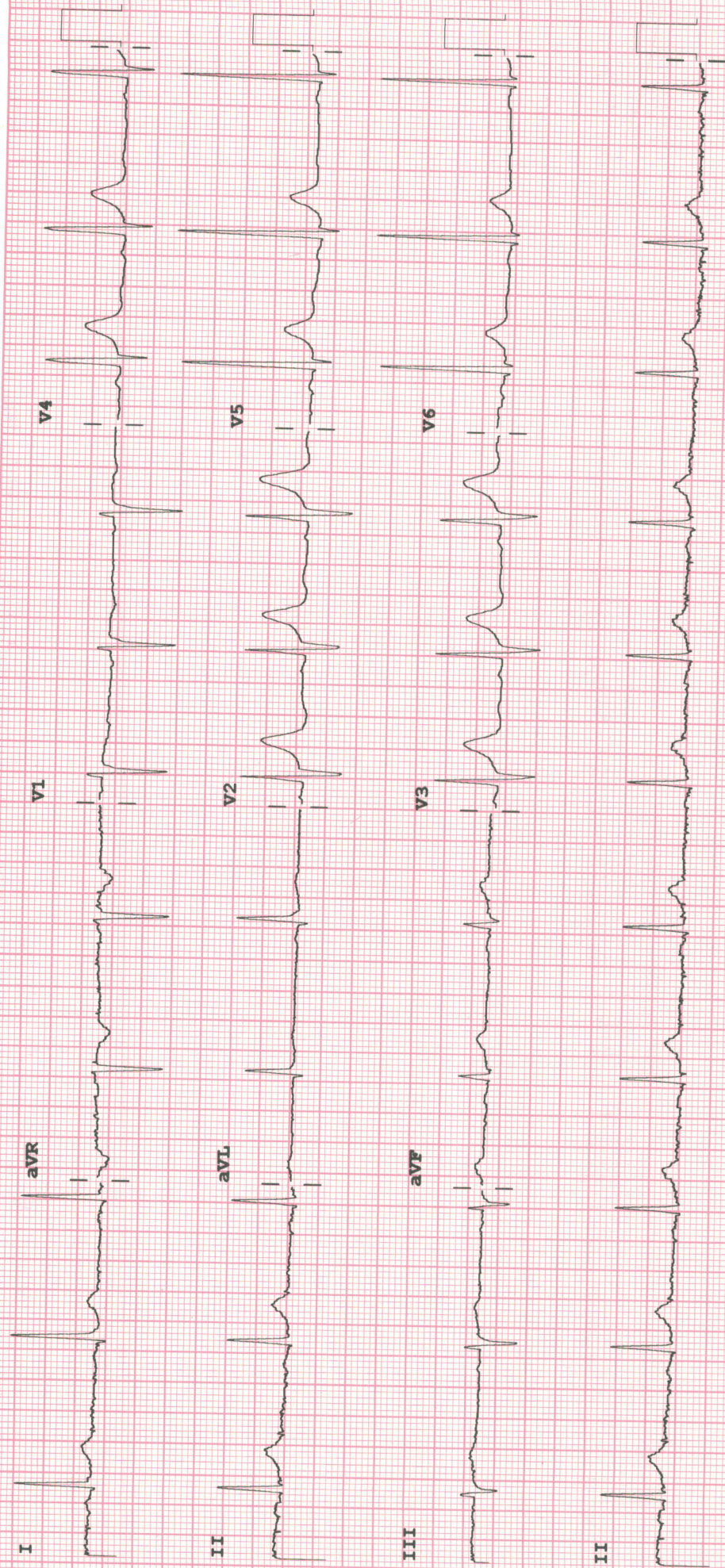
PR 140
QRS 95
QT 376
QTc 391

--AXIS--

P 43
QRS 20
T 50

12 Lead; Standard Placement

AHB.0001086018
MR. MADHAV BHAT
Age: 37 Year(s) Year(s)/Male
16 Jul 2022 9:01:48 AM



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

F 50~ 0.15-100 Hz

100B

CL

P?