

CONSULTATION SUMMARY

Patient MRN :17540000326158
Patient Name :Sulekha Yadav
Gender/Age/Dob :Female , 32 Years , 05/10/90
Patient Phone No :7222943400
Patient Address :ward no-14, khopa patan ,Patan,
Durg,Chhattisgarh,India,-491111

Consultation Date:11/03/2023 12:22 PM
Consultant :Dr. Mukesh Kumar Sharma
(GENERAL MEDICINE)
Consultation Type : OP , NEW VISIT



CLINICAL DIAGNOSIS

- HYPOTHYROIDISM - NEW ONSET
PREDIABETES
DYSLIPIDEMIA

CHIEF COMPLAINTS & HISTORY OF PRESENT ILLNESS

- CAME FOR HEALTH CHECK UP :
- NO COMPLAIN :
- NO H/O CO-MORBIDITIES :

VITALS

Blood Pressure: 143/82 mmHg Heart Rate: 135 bpm Temperature: 98.4 F
Respiratory Rate: 33 /min
SPO2 : 99 % , Room air
Weight: 80 kg
Fall Score: Low Pain Score: 0



MEDICATION ORDER

<u>DRUG NAME</u>	<u>PATIENT INSTRUCTION</u>
1) THYROXINE SODIUM-TABLET-50MCG- <u>ELTROXIN</u>	Patient Instruction: Once Daily (1 - 0 - 0 - 0) Tablet Orally Empty Stomach For 30 Days , Qty: 30 , Start Date: Mar 11, 2023 , End Date: Apr 09, 2023
2) ROSUVASTATIN-TABLET-20MG- <u>ROZMIN</u>	Patient Instruction: Once Daily (0 - 0 - 0 - 1) Tablet Orally After Food For 60 Days , Qty: 60 , Start Date: Mar 11, 2023 , End Date: May 09, 2023
3) CALCITRIOL+VITB 12+CACO3+EPA+FOLIC ACID-TABLET- 10'S- <u>BIO D3 MAX</u>	Patient Instruction: Once Daily (1 - 0 - 0 - 0) Capsule Orally After Food For 30 Days , Qty: 30 , Start Date: Mar 11, 2023 , End Date: Apr 09, 2023

NOTES

- DIABETIC DIET
RBS CHARTING AS ADVISED
REGULAR EXERCISE

FOLLOW UP DETAILS

- Physical Consultation after 1 Month

CONSULTANT DETAILS



Dr. Mukesh Kumar Sharma , CONSULTANT , GENERAL MEDICINE
Registration No : 5549/2014

One free consultation with the same doctor within next 6 days.

Printed By: Dr. Mukesh Kumar Sharma | Printed On: 11.03.2023 16:03



CONSULTATION SUMMARY

Patient MRN : 17540000326158
Patient Name : Sulekha Yadav
Gender/Age/Dob : Female , 32 Years , 05/10/90
Patient Phone No : 7222943400
Patient Address : ward no-14, khopa patan ,Patan,
Durg,Chhattisgarh,India,-491111

Consultation Date: 11/03/2023 12:19 PM
Consultant : Dr. Manisha Sharma
(OBSTETRICS & GYNAECOLOGY)
Consultation Type : OP , NEW VISIT



CHIEF COMPLAINTS & HISTORY OF PRESENT ILLNESS

- p2 12 nd tt done , home : mens history regular
delivery breech , Imp
24.2.23

ADVICE

- weight loss 5 kg hba1c 6.2 percent, lipids are increased,
- physician opinion for control of sugar

INVESTIGATION ORDER

LAB : PAP
SMEAR

MEDICATION ORDER

DRUG NAME

- 1) THYROXINE SODIUM-TABLET-50MCG-
ELTROXIN
- 2) METFORMIN(ER)-TABLET-500MG-
CARBOPHAGE XR

PATIENT INSTRUCTION

Patient Instruction: Once Daily (1 - 0 - 0 - 0) Tablet Orally
Before Food For 3 Months , **Qty:** 90 , **Start Date:** Mar 11,
2023 , **End Date:** Jun 08, 2023

Patient Instruction: Twice Daily (1 - 0 - 1 - 0) Tablet Orally
After Food For 3 Days , **Qty:** 6 , **Start Date:** Mar 11, 2023 ,
End Date: Mar 13, 2023

CONSULTANT DETAILS



Dr. Manisha Sharma , VISITING CONSULTANT , OBSTETRICS & GYNAECOLOGY

One free consultation with the same doctor within next 6 days.

Printed By: Dr. Manisha Sharma | Printed On: 11.03.2023 13:36

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(A unit of Narayana Hrudayalaya Limited) CIN: L85110KA2000PL0027497 | GSTIN- 22AABCN1685J1Z1
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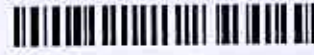
Appointments
1800-309-0309

Emergencies
8821-818181

CONSULTATION SUMMARY

Patient MRN : 17540000326158
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Patient Phone No : 7222943400
Patient Address : ward no-14, khopa patan ,Patan,
Durg,Chhattisgarh,India,-491111

Consultation Date: 11/03/2023 11:06 AM
Consultant : Dr.Kshitij Dwivedi (DENTAL)
Consultation Type : OP , NEW VISIT



CHIEF COMPLAINTS & HISTORY OF PRESENT ILLNESS

- regular health check up :

DENTAL EXAMINATION

- NAD

CONSULTANT DETAILS



Dr.Kshitij Dwivedi , VISITING CONSULTANT , DENTAL
Registration No : 29664 A

One free consultation with the same doctor within next 6 days.

Printed By: Dr.Kshitij Dwivedi | Printed On: 11.03.2023 13:21



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Gender/Age/Dob : Female , 32 Years , 05/10/90
Patient Phone No : 7222943400
Patient Address : ward no-14, khopa patan ,Patan,
Durg,Chhattisgarh,India,-491111

Consultation Date: 11/03/2023 12:25 PM
Consultant : Dr. Renuka Sharma
(OPHTHALMOLOGY)
Consultation Type : OP , NEW VISIT



CHIEF COMPLAINTS & HISTORY OF PRESENT ILLNESS

- CAME FOR ROUTINE HEALTH CHECK UP

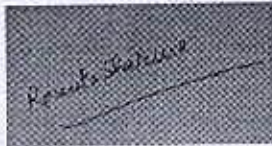
PAST MEDICAL HISTORY

- Nil disease

MEDICATION ORDER

<u>DRUG NAME</u>	<u>PATIENT INSTRUCTION</u>
1) BEPOTASTINE BESILATE-DROPS-1.5% 5ML-DABFIT	Patient Instruction: (1 - 0 - 0 - 1) For 1 Month , Qty: 1 , Start Date: Mar 11, 2023 , End Date: Apr 10, 2023

CONSULTANT DETAILS



Dr. Renuka Sharma , VISITING CONSULTANT , OPTHALMOLOGY
Registration No : 2434/2009

One free consultation with the same doctor within next 6 days.

Printed By: Dr. Renuka Sharma | Printed On: 11.03.2023 13:38



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DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Sulekha Yadav MRN : 17540000326158 Gender/Age : FEMALE , 32y (05/10/1990)

Collected On : 11/03/2023 09:53 AM Received On : 11/03/2023 10:15 AM Reported On : 13/03/2023 10:13 AM

Barcode : 7R2303110011 Specimen : Urine Consultant : Dr. Manisha Sharma(OBSTETRICS & GYNAECOLOGY)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 7222943400

CLINICAL PATHOLOGY

Test	Result	Unit	Biological Reference Interval
URINE ROUTINE & MICROSCOPY			
PHYSICAL EXAMINATION			
Volume	20	ml	-
Colour	Pale Yellow	-	-
Appearance	Slightly Turbid	-	-
CHEMICAL EXAMINATION			
pH(Reaction)	5.0	-	4.5-7.5
Sp. Gravity (Automated)	1.005	-	1.002-1.03
Protein	Negative	-	Negative
Urine Glucose	Negative	-	Negative
Ketone Bodies	Negative	-	Negative
Bile Salts	Negative	-	Negative
Bile Pigment (Bilirubin)	Negative	-	Negative
Urobilinogen	Negative	-	Negative
Urine Leucocyte Esterase	Negative	-	Negative
Blood Urine	Negative	-	Negative
Nitrite	Negative	-	Negative



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Patient Name : Sulekha Yadav MRN : 17540000326158 Gender/Age : FEMALE , 32y (05/10/1990)

MICROSCOPIC EXAMINATION

Pus Cells (Microscopy)	1-2	/hpf	2-3
RBC (Microscopy)	Not Seen	/hpf	0-0
Epithelial Cells (Microscopy)	1-2	/hpf	2-3.
Crystals	Not Seen	-	-
Casts	Not Seen	-	-
Urine For Sugar (Fasting)	negative	-	-



Dr. Smriti Rathore
 M.B.BS, MD Pathology
 Consultant

IMMUNOLOGY

Test	Result	Unit	Biological Reference Interval
THYROID PROFILE (T3, T4, TSH)			
Tri Iodo Thyronine (T3) (Chemiluminescence)	1.10	ng/mL	0.97-1.69
Thyroxine (T4) (Chemiluminescence)	6.67	ug/dl	5.53-11.0
TSH (Thyroid Stimulating Hormone) (Chemiluminescence)	9.252 H	mIU/mL	0.465-4.68



Dr. Smriti Rathore
 M.B.BS, MD Pathology
 Consultant



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Patient Name : Sulekha Yadav MRN : 17540000326158 Gender/Age : FEMALE , 32y (05/10/1990)

HAEMATOLOGY

Test	Result	Unit	Biological Reference Interval
Erythrocyte Sedimentation Rate (ESR) (Westergren Method)	30 H	mm/hr	0.0-19.0
COMPLETE BLOOD COUNT (CBC)			
Haemoglobin (Hb%) (Photometric Measurement)	12.5	g/dL	12.0-14.0
Red Blood Cell Count (Electrical Impedance)	4.68	millions/ μ L	4.5-6.5
PCV (Packed Cell Volume) / Hematocrit (Calculated)	36.4 L	%	40.0-54.0
MCV (Mean Corpuscular Volume) (Derived From RBC Histogram)	77.8	fL	76.0-96.0
MCH (Mean Corpuscular Haemoglobin) (Calculated)	26.8 L	pg	27.0-32.0
MCHC (Mean Corpuscular Haemoglobin Concentration) (Calculated)	34.4	%	30.0-36.0
Red Cell Distribution Width (RDW) (Derived)	14.6 H	%	11.6-14.0
Platelet Count (Electrical Impedance Plus Microscopy)	418	Thousand / μ L	150.0-450.0
Mean Platelet Volume (MPV)	7.2	fL	7.0-11.7
Total Leucocyte Count(WBC) (Electrical Impedance)	8.0	Thous/cumm	4.0-10.0
DIFFERENTIAL COUNT (DC)			
Neutrophils (VCS Technology Plus Microscopy)	59	%	40.0-75.0
Lymphocytes (VCS Technology Plus Microscopy)	37	%	20.0-45.0
Monocytes (VCS Technology Plus Microscopy)	03	%	2.0-10.0
Eosinophils (VCS Technology Plus Microscopy)	01	%	0.0-6.0
Basophils	00	%	0.0-1.0



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Patient Name : Sulekha Yadav MRN : 17540000326158 Gender/Age : FEMALE , 32y (05/10/1990)

Absolute Neutrophil Count	4.72	-	-
Absolute Lymphocyte Count	2.96	-	-
Absolute Monocyte Count	0.24	-	-
Absolute Eosinophil Count	0.08	-	-
BLOOD GROUP & RH TYPING			
Blood Group	"B"	-	-
RH Typing	Positive	-	-



Dr. Smriti Rathore
 M.B.BS, MD Pathology
 Consultant

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
Fasting Blood Sugar (FBS) (Hexokinase)	113 H	mg/dL	70.0-99.0
HBA1C			
HbA1c (HPLC NGSP Certified)	6.2 H	%	Both: Normal: 4.0-5.6 Both: Pre Diabetes: 5.7-6.4 Both: Diabetes: => 6.5 ADA Recommendation 2017
Estimated Average Glucose	131.24		-



Interpretation:

- HbA1C above 6.5% can be used to diagnose diabetes provided the patient has symptoms. If the patient does not have symptoms with HbA1C > 6.5%, repeat measurement on further sample. If the repeat test result is < 6.5%, consider as diabetes high risk and repeat measurement after 6 months.
- HbA1C measurement is not appropriate in diagnosing diabetes in children, suspicion of type 1 diabetes, symptoms of diabetes for less than 2 months, pregnancy, hemoglobinopathies, medications that may result sudden increase in glucose, anemia, renal failure, HIV infection, malignancies, severe chronic hepatic, and renal disease.
- Any sample with >15% should be suspected of having a haemoglobin variant.

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Patient Name : Sulekha Yadav MRN : 17540000326158 Gender/Age : FEMALE , 32y (05/10/1990)

LIPID PROFILE (CHOL,TRIG,HDL,LDL,VLDL)

Cholesterol Total (Cholesterol Oxidase/peroxidase)	222 H	mg/dL	0.0-200.0
Triglycerides (LPL/GK)	94	mg/dL	0.0-150.0
HDL Cholesterol (HDLC) (Dextran Sulphate/ PEG Cholesterol Esterase)	42	mg/dL	40.0-60.0
Non-HDL Cholesterol	180.0	-	-
LDL Cholesterol (Cholesterol Oxidase Esterase Peroxidase)	161 H	mg/dL	0.0-100.0
VLDL Cholesterol (Calculated)	19	mg/dL	0.0-40.0
Cholesterol /HDL Ratio (Calculated)	5.3 H	-	0.0-5.0

LIVER FUNCTION TEST(LFT)

Bilirubin Total (Caffeine Benzoate)	0.4	mg/dL	0.2-1.3
Conjugated Bilirubin (Direct) (Caffeine Benzoate)	0.1	mg/dL	0.0-0.4
Unconjugated Bilirubin (Indirect) (Calculated)	0.3	-	0.2-0.8
Total Protein (Biuret Method)	8.3	gm/dL	6.3-8.3
Serum Albumin (Bromocresol Purple Dye Binding)	4.7	gm/dL	3.5-5.0
Serum Globulin (Calculated)	3.61	-	-
Albumin To Globulin (A/G)Ratio	1.3	-	1.0-2.1
SGOT (AST) (UV With Pyridoxal-5-phosphate)	26	-	-
SGPT (ALT) (UV With Pyridoxal-5-phosphate)	31	IU/L	9.0-52.0
Alkaline Phosphatase (ALP)	67	IU/L	38.0-126.0
Gamma Glutamyl Transferase (GGT) (GCNA)	25	U/L	12.0-43.0



RENAL PACKAGE - 2 (RFT FASTING)

Fasting Blood Sugar (FBS) (Hexokinase)	113 H	mg/dL	70.0-99.0
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Patient Name : Sulekha Yadav MRN : 17540000326158 Gender/Age : FEMALE , 32y (05/10/1990)

Blood Urea Nitrogen (BUN) (Urease) 7 mg/dL 7.0-17.0

SERUM CREATININE

Serum Creatinine (Jaffe's Kinetic IDMS) 0.7 mg/dL Female :0.52-1.04
Male :0.66-1.25

eGFR (Calculated) 97 mL/min/1.73m² Both: <60 indicative of renal impairment
Both: Note:eGFR is inaccurate for Hemodynamically unstable patients eGFR is not applicable for less than 18

Serum Sodium (Indirect IMT) 141 mmol/L 137.0-150.0

Serum Potassium (Indirect IMT) 4.7 mmol/L 3.5-5.1

Serum Chloride 106 mmol/L 95.0-106.0

Serum Calcium (Cresol Complex) 9.3 mg/dL 8.4-10.2

Serum Magnesium (Methyl Thymol Blue Dye Binding) 2.0 mg/dL 1.6-2.3

Serum Uric Acid (Uricase) 4.3 mg/dL 2.5-6.2

Serum Phosphorus (Phosphomolybdate Reduction) 3.0 mg/dL 2.5-4.5



Dr. Smriti Rathore
M.B.BS, MD Pathology
Consultant



BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
Post Prandial Blood Sugar (PPBS)	123.0	mg/dL	120.0-140.0



Patient Name : Sulekha Yadav MRN : 17540000326158 Gender/Age : FEMALE , 32y (05/10/1990)



Dr. Neeraj Naik
M.B.B.S ,D.C.P Consultant Pathologist
Consultant

CLINICAL PATHOLOGY

Test	Result	Unit
Urine For Sugar (Post Prandial)	Negative	-



Dr. Neeraj Naik
M.B.B.S ,D.C.P Consultant Pathologist
Consultant

CYTOLOGY

PAP SMEAR

LAB No.	205/C/2023
MATERIAL RECEIVED	One unstained smear
SPECIMEN TYPE	Pap smear



GENERAL CATEGORIZATION

Smear shows superficial & intermediate squamous epithelial cells in background of inflammatory cells.

IMPRESSION

Inflammatory smear
Correlate clinically

--End of Report--

NH MMI Narayana Superspeciality Hospital



Patient Name : Sulekha Yadav MRN : 17540000326158 Gender/Age : FEMALE , 32y (05/10/1990)



Dr. Smriti Rathore
M.B.BS, MD Pathology
Consultant

Note

- * Abnormal results are highlighted.
- * Results relate to the sample only.
- * Kindly correlate clinically.



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ECHOCARDIOGRAPHY REPORT

Patient ID : 17540000326158 Report Date : 11/03/2023
Patient Name: : Mrs. Sulekha Yadav
Age / Gender : 32Years/ Female

MEASUREMENT

AO : 28 (20 - 35)mm LVID(d) : 47 (36 - 52)mm IVS: 09 (06 -11)mm
LA : 31 (19 - 40)mm LVID s : 28 (23 - 39)mm PW: 09 (06 - 11)mm
EF : 60%

VALVES

Mitral Valve : Normal
Aortic valve : Normal
Tricuspid Valve : Normal
Pulmonary Valve : Normal

CHAMBERS

Left Atrium : Normal
Right Atrium : Normal
Left Ventricle : Normal
Right Ventricle : Normal

SEPTAE

IVS : Intact
IAS : Intact

GREAT ARTERIES

Aorta : Normal
Pulmonary Artery : Normal



Patient ID : 17540000326158

Report Date : 11/03/2023

Patient Name: : Mrs. Sulekha Yadav

Age / Gender : 32Years/ Female

WALL MOTION ABNORMALITIES

No RWMA at rest

FINAL DIAGNOSIS

- No RWMA at rest
- Normal LV systolic function. LVEF-60%.
- Normal cardiac chambers dimension
- IVC normal & collapsing >50% with respiratory variation.
- No I/C clot, vegetation or pericardial effusion



Dr. S.Gouniyal
MD, DM
Senior interventional Cardiologist

Dr. JINESH JAIN
MD, DM
Consultant, interventional Cardiology



DR. PRASHANT MADHARIA
MD, PGDCC
Consultant Non- Invasive Cardiology

NAME: MS. SULEKHA YADAV

AGE: 32YRS/F MRN: 326158

REF. BY: DR. MANISHA SHARMA

DATE: 11.03.2023

SONOGRAPHY OF ABDOMEN AND PELVIS

The Real time, B mode, gray scale sonography was performed.

LIVER : The liver is normal in size & reveals normal echotexture with smooth outlines.

PORTAL VEIN : The portal vein is normal in calibre.

GALL BLADDER : The gall bladder is partially distended.

Visualized proximal CBD is normal in calibre.

SPLEEN : The spleen is normal in size . No evidence of focal lesion is noted.

PANCREAS :The visualized pancreas is normal in size, shape, contours and echotexture.

B/L KIDNEYS :

The right kidney measures - 10.1 x 4.1cm and left kidney measures - 10.4 x 4.9cm in size. Both kidneys reveal normal cortical echotexture and have smooth margins. Cortico-medullary differentiation is maintained. No calculus or hydronephrosis is seen.

URINARY BLADDER : The urinary bladder is well distended.

UTERUS:The uterus is anteverted and normal in size 7.7 x 4.3 x 4.2cm.The endometrial thickness is 7.7mm.

Both ovaries are normal in size and echotexture.

No free fluid is seen in the peritoneal cavity.

Excessive intrabowel gases are noted.

IMPRESSION :

THE SONOGRAPHY OF THE ABDOMEN AND PELVIS IS WITHIN NORMAL LIMITS.

ADVISED: Clinical correlation & appropriate further evaluation.



DR. RANJANA KEDIA
MBBS, CBET
CONSULTANT SONOLOGIST

Patient Name	Sulekha Yadav	Requested By	Dr. Manisha Sharma
MRN	17540000326158	Procedure Date Time	2023-03-11 13:11:22
Age/Sex	32Y 5M/Female	Hospital	NH-RAIPUR

CHEST RADIOGRAPH (PA VIEW)

CLINICAL DETAILS:For health checkup.

FINDINGS:

- The lung fields and bronchovascular markings appear normal.
- The cardiac size is within normal limits.
- Mediastinum and great vessels are within normal limits.
- Trachea is normal and is central. The hilar shadows are unremarkable.
- The costo-phrenic angles are clear. No evidence of pleural effusion or pneumothorax.
- The visualized bones and soft tissue structures appear normal.
- Both the diaphragmatic domes appear normal.

IMPRESSION:

- **Normal chest radiograph.**



DR VIJENDRA RUPRELA
MBBS, DMRD, DNB, MNAMS
CONSULTANT RADIOLOGIST

*** This is a digitally signed valid document.**Reported Date/Time: 2023-03-11 15:01:10



ID: 17540000326158
Name: SULEKHA YADAV
Age: 32 Years
Gender: Female

2023-03-11 10:06:17

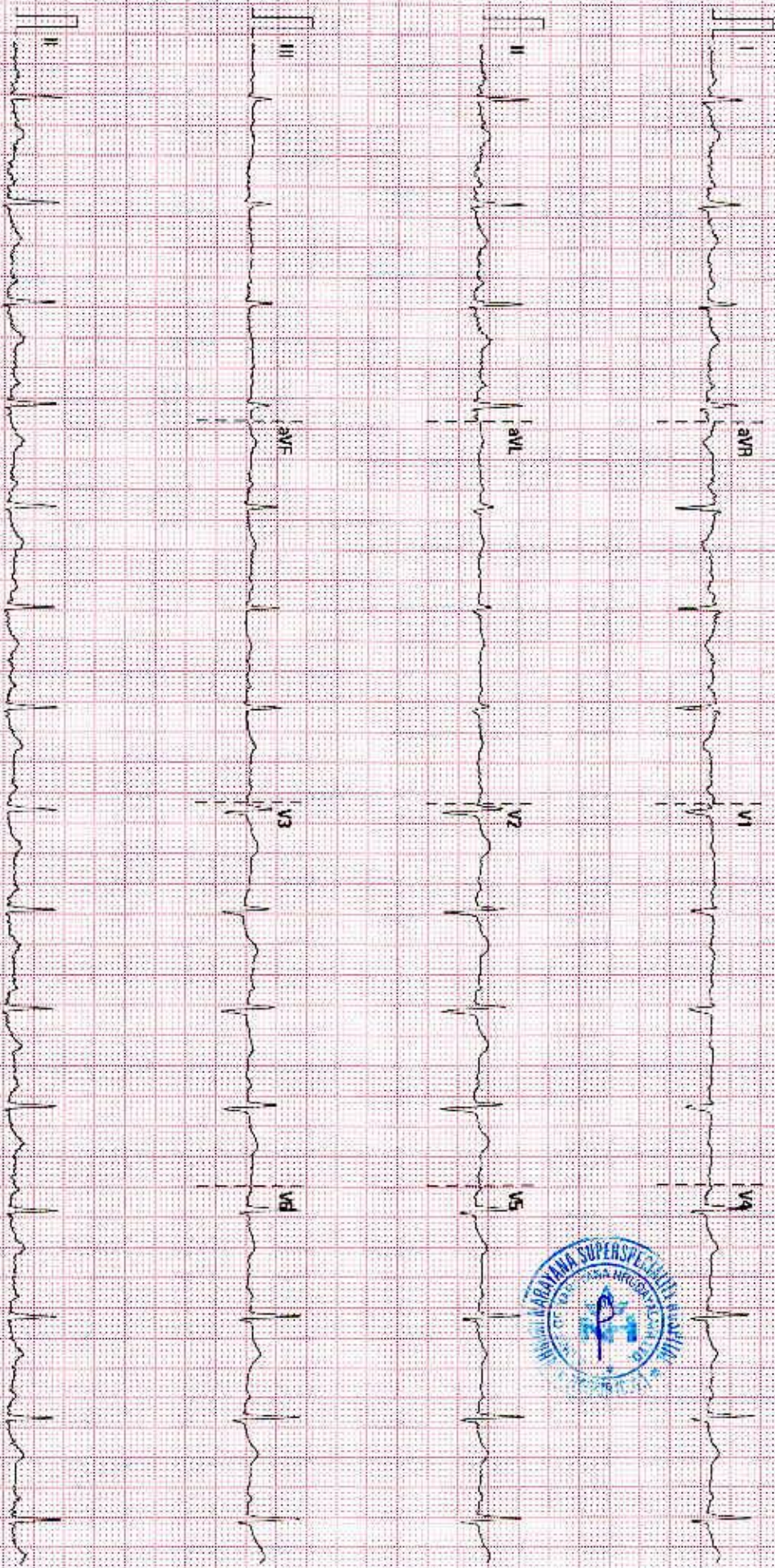
Heart Rate: 90 bpm
PR Interval: 190 ms
QRS Duration: 82 ms
QT/QTc Interval: 364/417 ms
P/QRS/T Axis: 59/56/42 deg

Sinus rhythm
Normal ECG

QTc (ms)

Unconfirmed Diagnosis

"Please Xerox This Copy"



25 min/s

10 mm/mv

50 Hz

808 35 Hz

RAI LAXMI NARAYANA HOSPITAL RAIPUR

92 ID:00V264.1

SN:FR-14027135