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- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MR PRAVIN KUMAR SAHI  
**Referred By Dr** : MEDIWHEEL  
**Sex** : MALE **Age** : 37 Years  
**Collected At** : THAKUR VILLAGE MAIN BRANCH

**Lab No.** : KHC1052 \*KHC1052\*  
**Reg. Date** : 12-Aug-2023 9:17 am  
**Report Date** : 12-Aug-2023 4:30 pm  
**Print Date** : 14-Aug-2023 7:53 pm

## BIOCHEMISTRY

| TEST                      | RESULT |        | NORMAL VALUES        |
|---------------------------|--------|--------|----------------------|
| Blood Urea Nitrogen (BUN) | 13.30  |        | 5 - 20 mg/dl         |
| CREATININE                | 0.93   | mg/dl  | 0.5 - 1.5 mg/dl      |
| Serum Uric Acid           | 7      | mg%    | Male : 3.4 - 7.0 mg% |
| Age of the Patient        | 37     |        |                      |
| eGFR                      | 97.17  | ml/min |                      |

eGFR calculation based on MDRD guideline 2012  
 REFERENCE RANGE FOR CREATININE CLEARANCE ml/min

| AGE   | MALES  | FEMALES | AGE   | MALES | FEMALES |
|-------|--------|---------|-------|-------|---------|
| 20-29 | 94-140 | 72-121  | 60-69 | 54-98 | 45-75   |
| 30-39 | 89-137 | 71-110  | 70-79 | 49-79 | 37-61   |
| 40-49 | 76-120 | 50-102  | 80-89 | 30-60 | 27-55   |
| 50-59 | 67-109 | 50-102  | 90-99 | 26-44 | 26-42   |

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## BLOOD GROUP

| TEST        | RESULT   |
|-------------|----------|
| Blood Group | 'O'      |
| Rh Factor   | Positive |

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**Collected At** : THAKUR VILLAGE MAIN BRANCH

**Lab No.** : KHC1052 \*KHC1052\*  
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**Print Date** : 14-Aug-2023 7:53 pm

## BLOOD SUGAR REPORT

| TEST                        | RESULT | UNITS | NORMAL VALUES   |
|-----------------------------|--------|-------|---|
| BLOOD SUGAR FASTING         | 83.5   | mg/dL | Normal: 70-110 mg/dL<br>Impaired Fasting Glucose(IFG): 110 -125<br>Diabetes mellitus: $\geq$ 126<br>(on more than one occasion) |
| BLOOD SUGAR (Post prandial) | 104.6  | mg/dl | Normal: 70-140 mg/dL<br>Impaired Tolerance: 140-199<br>Diabetes mellitus: $\geq$ 200<br>(on more than one occasion)             |
| URINE SUGAR (Post prandial) | Absent |       |   |

Method: GOD - POD Enzymatic on Erba EM 200 Random access analyser

Comment:

Blood suagr values are known to be affected by several factors like food, stress and medication. So all discrepant results should be confirmed with repeat sample collection.

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# HEALTHCARE

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**Sex :** MALE **Age :** 37 Years  
**Collected At :** THAKUR VILLAGE MAIN BRANCH

**Lab No. :** KHC1052 \*KHC1052\*  
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**Print Date :** 14-Aug-2023 7:53 pm

## COMPLETE BLOOD COUNT

| TEST                       | RESULT                  | UNITS       | NORMAL VALUES                        |
|----------------------------|-------------------------|-------------|--------------------------------------|
| Haemoglobin                | 13.9                    | gm %        | Male : 13 - 17.0 gm%                 |
| Erythrocytes ( Total RBCs) | 4.46                    | mill. / cmm | Male : 4.2 - 5.8mill. / cmm          |
| PCV                        | 42.1                    | %           | Male : 37 - 51 %                     |
| MCV                        | 94.30                   | fl          | 80- 96 fl                            |
| MCH                        | 31.30                   | pg          | 27 - 32 pg                           |
| MCHC                       | 33.20                   | gm%         | 32 - 37 gm%                          |
| RDW                        | 13.5                    | %           | 12 - 14.5                            |
| <u>TOTAL WBC COUNT</u>     |                         |             |                                      |
| TOTAL WBC COUNT            | 8180                    | / cumm      | 4,000 - 11,000                       |
| <u>DIFFERENTIAL COUNT</u>  |                         |             |                                      |
| Neutrophils                | 39                      | %           | 40 - 75                              |
| Lymphocytes                | 53                      | %           | 20 - 40                              |
| Eosinophils                | 06                      | %           | 0 - 6                                |
| Monocytes                  | 02                      | %           | 2 - 8                                |
| Platelet count             | 140000                  | Lacs/cmm    | 150000-450000                        |
| <u>PERIPHERAL SMEAR</u>    |                         |             |                                      |
| RBC Morphology             | Normocytic Normochromic |             |                                      |
| WBC Morphology             | Normal                  |             |                                      |
| Platelets Morphology       | Megaplatelets Seen      |             |                                      |
| ESR (westergren's method)  | 12                      | mm/hr       | Male: 0 - 10 mm<br>Female: 0 - 20 mm |

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## GLYCOSYLATED HAEMOGLOBIN (HbA1c)

| TEST                      | RESULT | UNITS | NORMAL VALUES |
|---------------------------|--------|-------|---------------|
| HBA1C                     | 5.3    | %     | 4 - 5.7 %     |
| ESTIMATED AVERAGE GLUCOSE | 105.41 |       |               |
| METHOD : NEPHELOMETRY     |        |       |               |

### DIAGNOSTIC CRITERIA FOR DIABETES:

Normal: Less than 5.7%  
 Impaired glucose tolerance: 5.8% to 6.4%  
 Diabetes: 6.5% or more

### CONTROL CRITERIA IN DIABETICS:

Optimal control: 7.0% or less  
 Fair control: 7.0% to 8.0%  
 Poor control: More than 8.0%

### Comment :

HbA1c values should not used in diagnosis of Diabetes Mellitus and are marker of glycaemic control in known cases of Diabetes Mellitus.

----- End of Report -----

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## LIPID PROFILE

| TEST              | RESULT | UNITS   | NORMAL VALUES   |
|-------------------|--------|---------|---|
| SR. CHOLESTEROL   | 220    | mg / dl | Desirable: < 200 mg/dl<br>Borderline High: 200-239 mg/dl<br>High: >= 240 mg/dl  |
| SR. TRIGLYCERIDES | 210    | mg / dl | Normal: < 150 mg/dl<br>Borderline High: 150-199 mg/dl<br>High: 200-499 mg/dl<br>Very High: >= 500 mg/dl                                 |
| HDL CHOLESTEROL   | 60     | mg / dl | 40 - 60 mg / dl   |
| VLDL              | 42.00  | mg / dl | 6 - 38 mg / dl  |
| LDL CHOLESTEROL   | 118.00 | mg / dl | Optimal: < 100 mg/dl<br>Near Optimal: 100-129 mg/dl<br>Borderline high: 130-159 mg/dl<br>High: 160-189 mg/dl<br>Very High: >= 190 mg/dl |
| CHOLESTEROL / HDL | 3.67   |         | < 5   |
| LDL / HDL         | 1.97   |         | < 3.5   |

NOTE: Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.  
 Lower HDL values are associated with increased risk of atherosclerosis. Cholesterol/HDL  
 Ratio below 5.1 is statistically associated with decreased incidence of heart disease.

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## LIVER FUNCTION TEST

| TEST                 | RESULT      | UNITS   | NORMAL VALUES   |
|----------------------|-------------|---------|---|
| Bilirubin Total      | 1           | mg / dl | 0.5 - 1.0 mg / dl   |
| Bilirubin Direct     | 0.3         | mg / dl | 0.1 - 0.3 mg / dl   |
| Bilirubin Indirect   | 0.70        | mg/dl   | UPTO 0.8 mg / dl  |
| S.G.P.T.             | <b>60</b>   | U / L   | Up to 49 U / L  |
| S.G.O.T.             | 37.40       | U / L   | Up to 46 U / L  |
| Alkaline Phosphatase | 147.00      | U/I     | 1 - 12 Years: 54 - 369 U/I<br>20 - 59 Years: 53 - 128 U/I<br>> 60 Years: 56 - 119 U/I |
| Total Proteins       | 6.7         | gm / dl | 6 - 8 gm / dl   |
| Albumin              | 4.67        | gm / dl | 3.2 - 5.5 gm / dl   |
| Globulin             | 2.03        | mg/dl   | 2 - 3.5 mg / dl   |
| A / G Ratio          | <b>2.30</b> |         | 1.0- 2.3  |
| GGT                  | 40          | IU/L    | 5 - 50 IU/L   |

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- CORPORATE HEALTH CHECKUPS



# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MR PRAVIN KUMAR SAHI  
**Referred By Dr** : MEDIWHEEL  
**Sex** : MALE **Age** : 37 Years  
**Collected At** : THAKUR VILLAGE MAIN BRANCH

**Lab No.** : KHC1052 \*KHC1052\*  
**Reg. Date** : 12-Aug-2023 9:17 am  
**Report Date** : 12-Aug-2023 2:17 pm  
**Print Date** : 14-Aug-2023 7:53 pm

## STOOL ROUTINE & MICROSCOPY

| TEST                           | RESULT    |
|--------------------------------|-----------|
| <u>PHYSICAL EXAMINATION</u>    |           |
| Colour                         | Brown     |
| Form ( Consistency )           | Semisolid |
| Mucus                          | Absent    |
| Blood (Frank)                  | Absent    |
| Parasites                      | Absent    |
| <u>CHEMICAL EXAMINATION</u>    |           |
| Reaction                       | Acidic    |
| Occult Blood                   | Absent    |
| <u>MICROSCOPIC EXAMINATION</u> |           |
| Red Blood Cells                | Not seen  |
| Epithelial Cells               | Not seen  |
| Pus Cells                      | 2-3/hpf   |
| Macrophages                    | Not seen  |
| Cyst/Ova/Trophozoites          | Not seen  |
| Fat globules                   | Absent    |

----- End of Report -----

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Checked By  
JAY

DR. BHAVINI KAMDAR  
MD (PATH) MUM

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**HEALTHCARE**

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name : MR PRAVIN KUMAR SAHI**  
**Referred By Dr : MEDIWHEEL**  
**Sex : MALE Age : 37 Years**  
**Collected At : THAKUR VILLAGE MAIN BRANCH**

**Lab No. : KHC1052 \*KHC1052\***  
**Reg. Date : 12-Aug-2023 9:17 am**  
**Report Date : 12-Aug-2023 4:28 pm**  
**Print Date : 14-Aug-2023 7:53 pm**

**T3 T4 TSH**

| TEST                              | RESULT       | UNITS  | NORMAL VALUES        |
|-----------------------------------|--------------|--------|----------------------|
| T3 [ Tri - iodothyronine ]        | 117.391      | ng/dl  | 91.14 - 237.61 ng/dl |
| T4 [ Thyroxine ]                  | 8.048        | ug/dl  | 4.71 - 13.20 ug/dl   |
| TSH [Thyroid Stimulating Hormone] | <b>4.756</b> | uIU/mL | 0.3 - 4.3 uIU/mL     |

METHOD: CLIA  
 Interpretation :

1. TSH results between 4.5 to 15 show considerable physiologic & seasonal variation, suggest clinical correlation or repeat testing with fresh sample.
2. TSH values may be transiently altered because of non thyroidal illness like severe infections, liver disease, renal and heart failure , severe burns , trauma and surgery etc.
3. Drugs that decrease TSH values e.g:L dropa, Glucocorticoid Drugs that increase TSH values e.g Iodine,Lithium,Amiodarone.
- 4.Total T3 & T4 Values may also be altered in other conditions due to changes in serum proteins or binding sites Pregnancy. Drugs (Androgens,Estrogens. O C Pills,Phenytoin). Nephrosis etc. In such cases Free T3 and Free T4 give corrected values.

----- End of Report -----

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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MR PRAVIN KUMAR SAHI  
**Referred By Dr** : MEDIWHEEL  
**Sex** : MALE **Age** : 37 Years  
**Collected At** : THAKUR VILLAGE MAIN BRANCH

**Lab No.** : KHC1052 \*KHC1052\*  
**Reg. Date** : 12-Aug-2023 9:17 am  
**Report Date** : 12-Aug-2023 1:04 pm  
**Print Date** : 14-Aug-2023 7:53 pm

## URINE ROUTINE & MICROSCOPY

| TEST  | RESULT          |
|---|-----------------|
| <u>PHYSICAL EXAMINATION</u>                           |                 |
| Quantity  | 15 ml           |
| Colour  | Pale yellow     |
| Appearance  | clear           |
| Deposit   | Absent          |
| pH  | Acidic (5.0)    |
| Specific Gravity                                      | 1.010           |
| <u>CHEMICAL EXAMINATION</u>                           |                 |
| Proteins  | Absent          |
| Sugar   | Absent          |
| Ketone  | Absent          |
| Occult Blood  | Absent          |
| Bile Pigment  | Absent          |
| Bile Salts  | Absent          |
| Urobilinogen  | Normal          |
| <u>MICROSCOPIC EXAMINATION OF CENTRIFUGED DEPOSIT</u> |                 |
| Red Blood Cells                                       | Absent          |
| Pus Cells   | Occasional /hpf |
| Epithelial Cells                                      | Occasional /hpf |
| Casts   | Not seen        |
| Crystals  | Not seen /hpf   |
| Yeast   | Not seen        |
| Bacteria  | Absent          |

----- End of Report -----

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**Health Check up Booking Confirmed Request(bobE43349),Package Code-PKG10000242,  
Beneficiary Code-54045**

messages

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MUMBAI - 400 101 ,City:Mumbai

We have received the confirmation for the following booking .

**Beneficiary Name** : PKG10000242**Beneficiary Name** : MR. SAHI PRAVIN KUMAR**Member Age** : 35**Member Gender** : Male**Member Relation** : Employee**Package Name** : Medi-Wheel Metro Full Body Health Checkup Male Above 40**Location** : MUMBAI,Maharashtra-400007**Contact Details** : 8789280075**Booking Date** : 03-08-2023**Appointment Date** : 12-08-2023**Instructions to undergo Health Check:**

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
4. Please bring all your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

**For Women:**

1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
2. It is advisable not to undergo any Health Check during menstrual cycle.

We request you to facilitate the employee on priority.

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*Dr. Nupur Rai*

भारत सरकार

— आर्य समाज की आर्य समाज

2473 7194 3767



पुरुष / Male

जन्म वर्ष / Year of Birth : 1985

प्रवीण कुमार साहि

Pravin Kumar Sahi



GOVERNMENT OF INDIA

भारत सरकार

**DR. NUPUR RAI**  
MBBS, DIPLOMA CARDIOLOGY (PGCC)  
Reg. No.. 2018115643



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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

|  |                      |                 |                |            |          |
|--|----------------------|-----------------|----------------|------------|----------|
| <b>NAME</b>  | MR PRAVIN KUMAR SAHI |                 | <b>DATE</b>    | 12/08/2023 |          |
| <b>HEIGHT:</b>   | 166 CM               | <b>WEIGHT :</b> | 68.3 KG        | <b>AGE</b> | 37 YEARS |
| <b>BMI</b>   | 24.8                 |                 |                |            |          |
| <b>REFERRED BY</b>   | MEDIWHEEL            | <b>SEX</b>      | MALE           |            |          |
| <b>PRESENT COMPLAINT:</b> NIL  |                      |                 |                |            |          |
| <b>CURRENT MEDICATION:</b> TAB AMLOSAFE 3 D 1-0-0  |                      |                 |                |            |          |
| <b>PAST HISTORY :</b> ACCIDENT LEFT SIDE RIBS HAIRLINE FRACTURE 2018, H/O HAIRLINE FRACTURE OF RT SIDE RIBSDUE TO PUSH WHILE TRAVELLING IN TRAIN IN 2022 |                      |                 |                |            |          |
| <b>ALLERGY:</b> EGG <b>APPETITE :</b> GOOD <b>HABITS :</b> ALCOHOL OCC ONCE IN 2 MONTHS 90 TO 180 ML AT A TIME SINCE 10 YRS                              |                      |                 |                |            |          |
| <b>BLADDER:</b> NONE <b>BOWEL:</b> NONE  |                      |                 |                |            |          |
| <b>FAMILY HISTORY :-</b> FATHER- HTN 3 TO 4 YRS<br>MOTHER - HEALTHY  |                      |                 |                |            |          |
| <b>GENERAL EXAMINATION:</b>  |                      |                 | <b>ADVICE-</b> |            |          |
| P: 76 /MIN    BP: 120/80MMHG   |                      |                 |                |            |          |
| SPO2-96% ON RA   |                      |                 |                |            |          |
| PALLOR: NIL    ICTERUS: NIL  |                      |                 |                |            |          |
| OEDEMA: NIL    OTHERS: NAD   |                      |                 |                |            |          |
| RS: NAD      CNS : NAD   |                      |                 |                |            |          |
| PA :    SOFT,NAD   |                      |                 |                |            |          |
| <b>INVESTIGATION :</b>   |                      |                 |                |            |          |
| Adv t3/t4 t5/t4  |                      |                 |                |            |          |
| after 1 month  |                      |                 |                |            |          |

**Dr. NUPUR RAI**  
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## EYE CHECK UP & COLOUR VISION

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|      |                      |       |          |
|------|----------------------|-------|----------|
| NAME | MR Pravin Kumar Subi | DATE: | 12/08/23 |
| REF  | Mediwheel            | AGE:  | 37       |
|      |                      | SEX:  | Male     |

|                  | RIGHT EYE | LEFT EYE |
|------------------|-----------|----------|
| CORNEA           | Normal    | Normal   |
| PUPIL            | Normal    | Normal   |
| SCLERA           | Normal    | Normal   |
| EYE MOVEMENTS    | Normal    | Normal   |
| REFRACTIVE ERROR | Normal    | Normal   |
| COLOUR VISION    | Normal    | Normal   |

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**DR. SIGNATURE**  
Mob.: 89288 41541 / 2885 744

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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

|            |                      |      |            |
|------------|----------------------|------|------------|
| NAME       | MR PRAVIN KUMAR SAHI | DATE | 12.08.2023 |
| REF. BY DR | MEDIWHEEL            | AGE  | 37 YRS     |
|            |                      | SEX  | MALE       |

## X-RAY CHEST (PAVIEW).

The lungs on the either side show equal translucency.

The pleural spaces are normal.

The cardiac size is normal.

The domes of the diaphragms are normal in position, and show smooth outline.

Ribs appear normal.

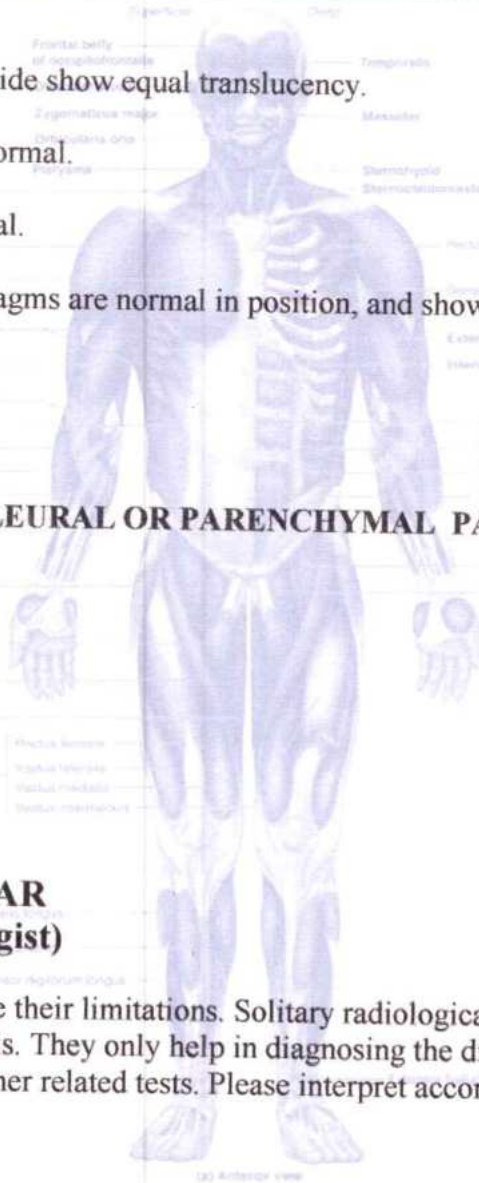
### IMPRESSION :

**NO EVIDENCE OF PLEURAL OR PARENCHYMAL PATHOLOGY IS NOTED.**

Correlate clinically .

**DR.SACHIN JADKAR**  
(Consultant Radiologist)

Note : Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. Please interpret accordingly



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- MIRA ROAD CENTER (E)** UNIT-13, RNA LIBERTY CHS, VIJAY PARK, JANGID CIRCLE, MIRA ROAD (E). • MOB.: 70218 04221 / 70218 27389
- VASAI NALLSOPARA (E)** A/4, JAI VIJAY GREEN CHS. BLDG. NO. 2, JAI VIJAY NAGAR, 1833 ACHOLE, LINK ROAD, VASAI - NALLASOPARA (E), THANE - 401209 • MOB.: 8591601677 / 8591922640



- COMPU. PATHOLOGY • ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
- DIGITAL 3D SONOGRAPHY
- DIGITAL WHOLE BODY COLOUR DOPPLER
- DIGITAL 2-D ECHO WITH COLOUR DOPPLER
- E.C.G. • LUNG FUNCTION TEST
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



|             |                      |      |            |
|-------------|----------------------|------|------------|
| NAME        | MR PRAVIN KUMAR SAHI | DATE | 12.08.2023 |
|             |                      | AGE  | 37 YRS     |
| REF. BY DR. | MEDIWHEEL            | SEX  | MALE       |

**ULTRASOUND OF ABDOMEN & PELVIS**

The real time, B mode, gray scale sonography of the abdomen was performed.

**Liver** is normal in size (14.4 cms) & **bright** in echogenicity. No focal lesion seen. Intra hepatic biliary radicles are normal. No e/o IHBRD. Portal vein is normal in size, caliber with normal flow.

**Gall bladder** is well distended. No e/o calculus or sludge. Wall thickness is normal. No e/o peri-cholecystic fluid or fat stranding.

**CBD** visualized part of CBD is normal in caliber however terminal parts of CBD is obscured due to bowel gases shadowing artifact.

**Pancreas** is head and body observed normal in size & normal in echogenicity. No focal lesion seen. No e/o peri-pancreatic fluid collection or fat stranding. Rest of the pancreas is obscured due to bowel gas shadowing artifacts.

**Spleen** is normal in size (10.1 cms). No focal lesion seen. Splenic vein is normal in caliber.

**KIDNEYS:**

**Right kidney** measures 10.0 x 3.5 cms, normal in size, shape, position, axis & echogenicity. Cortico Medullary Differentiation is well maintained. No e/o solid or cystic lesion. No calculus, hydronephrosis or hydroureter noted.

**Left kidney** measures 9.0 X 4.0 cms, normal in size, shape, position, axis & echogenicity. Cortico Medullary Differentiation is well maintained. No e/o solid or cystic lesion. No calculus, hydronephrosis or hydroureter noted.

No **free fluid** or **significant lymphadenopathy** is detected in abdomen.

**Urinary bladder** is well distended. No calculus, internal echoes or mass lesion seen. Bladder wall is smooth and normal in thickness

**Prostate** is normal in size and volume (14.7 c.c.). It shows normal echogenicity. Solitary **echogenic calcific foci** measuring 6.8 mm noted in median lobe.

**IMPRESSION:**

- **GRADE I FATTY LIVER.**
- **SOLITARY ECHOGENIC CALCIFIC FOCI IN PROSTATE, AS DESCRIBED.**

**SUGGESTED: CLINICAL AND LFT CORRELATION.**

**NOTE:** USG FINDINGS ARE TO BE CORELATED WITH CLINICAL, LABORATORY AND OTHER INVESTIGATION FINDINGS FOR FINAL DIAGNOSIS AND FOR THEIR MANAGEMENT.

- BORIVALI CENTRE (W)** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
- GORAI CENTRE** VICTORY HEIGHTS, GORAI MAIN ROAD, OPP. SUVIDYA SCHOOL, BORIVALI (W), MUMBAI - 92. • TEL.: 2869 6556 • MOB.: 90222 39301
- DAHISAR CENTRE (W)** NILANGI APARTMENT, KANDERPADA JUNCTION, DAHISAR (W), MUMBAI - 400068. • TEL.: 2893 3427 • MOB.: 90222 39301
- KANDIVALI CENTRE (W)** MAHAVIR SURYADARSHAN SOC., SATYANAGAR RD., MAHAVIR NAGAR, KANDIVALI (W), MUMBAI - 67. • TEL.: 2868 0090 / 6522 6565 / 2869 7808 • MOB.: 90220 54458
- KANDIVALI CENTRE (E)** SHOP NO. 44/49, EMP 71, EVERSHERE MILLENNIUM PARADISE, THAKUR VILLAGE, 120 FEET ROAD, KANDIVALI (E) MUMBAI - 400101. • TEL.: 2885 7171 / 89288 41541
- GOREGAON CENTRE (W)** M.G. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400062. • Tel.: 2873 3030 / 2873 3131 • MOB.: 93213 83806
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DR. RAJNANK SINGH  
[RADIOLOGIST & SONOLOGIST]



- COMPU. PATHOLOGY
- DIGITAL X-RAY
- DIGITAL SONOGRAPHY
- DIGITAL COLOR DOPPLER
- 2D ECHO CARDIOGRAPHY
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY ( BMD )
- ECG ■ PFT
- COMPU. TREADMILL TEST
- PHYSIOTHERAPY
- DENTAL
- HEALTH CHECK-UP



# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

## ELECTROCARDIOGRAM (ECG)

MIR PRAVIN KUMAR SAHI  
 EKHC1052  
 12-Aug-2023  
 ECG

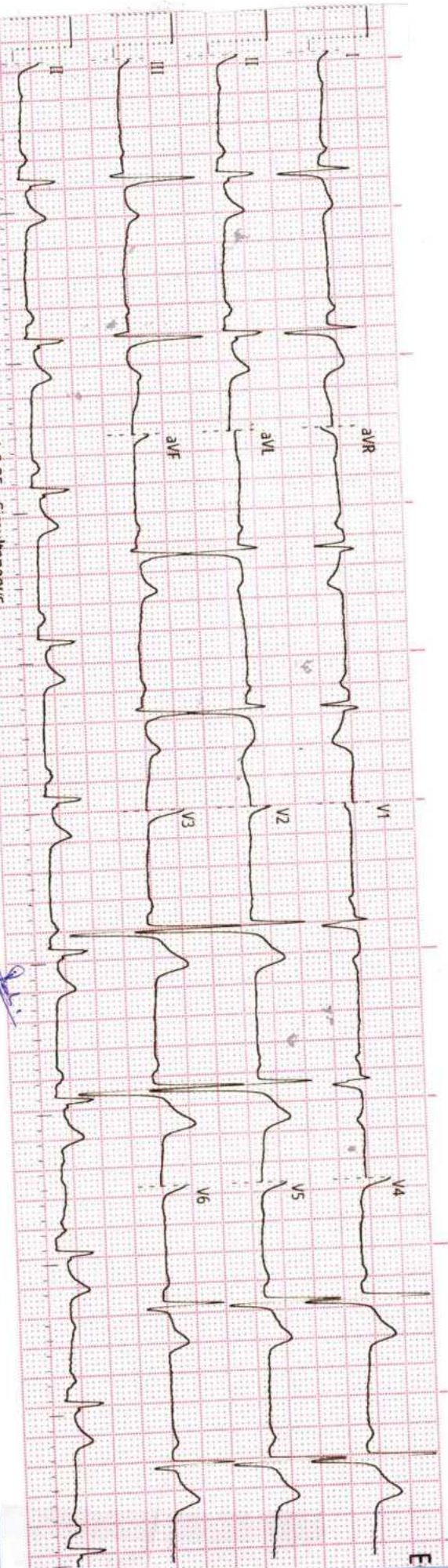
PATIENT Mr. Pravin Kumar Sahi AGE 87 SEX Male  
 REF. BY DR. Medisheel DATE 12/8/23

INTERPRETATION : sin bradycardia

Dr. M  
**DR. NUPUR RAI**  
 MBBS, DIPLOMA CARDIOLOGY (PGDCC)  
 Reg. No. 2018115643

**HEALTHCARE**  
**MEDICAL CENTRE & DIAGNOSTICS**  
 Shop No.78, Venus CHS, Evershine  
 Village, Kharivati (E), Mumbai - 401.  
 Mob.: 8928841541 / 2885 7171

0.6Hz - 35Hz - AC 50Hz 25mm/s 10mm/mV 1.0.25 Simultaneous



E



History : .....

B.P. : .....

Drugs : .....

Standard : .....

Auricular Rate : .....

Ventricular Rate : .....

Rhythm : .....

Mechanism : .....

Voltage : .....

Axis : .....

P Waves : .....

PR Interval : .....

Q. Waves : .....

QRS Interval : .....

ST Segment : .....

T. Waves : .....

QT Interval : .....

Extra Systoles : .....

REMARKS & CONCLUSIONS : .....

*Sim Bradycardia*

} 58 bpm

4

(N)



# HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

THAKUR VILLAGE  
KANDIVALI EAST

## TREADMILL TEST REPORT

MR PRAVIN KUMAR SAHI  
ID : 561  
DATE : 12-08-2023  
AGE/SEX : 37 / M  
HT/WT : 166 / 68  
REF. BY : MEDIMWHEEL

PROTOCOL : Bruce  
HISTORY : Checkup/Physical fitness,  
INDICATION : CARDIAC EVALUATION  
MEDICATION : TAB AMLOSAFE 3 D 1-0-0

| PHASE       | TOTAL TIME | STAGE TIME | SPEED Km/Hr | GRADE % | H.R. bpm | B.P. mmHg | RPP x100 | ST LEVEL (MM) |      |     | METS |
|-------------|------------|------------|-------------|---------|----------|-----------|----------|---------------|------|-----|------|
|             |            |            |             |         |          |           |          | II            | V1   | V5  |      |
| SUPINE      |            |            |             |         | 59       | 120 / 80  | 70       | 1.9           | -0.7 | 2.2 |      |
| STANDING    |            |            |             |         | 59       | 120 / 80  | 70       | 1.8           | -0.6 | 2.2 |      |
| HYPERVENT   |            |            |             |         | 61       | 120 / 80  | 73       | 1.7           | -0.6 | 2.4 |      |
| Stage 1     | 2:59       | 2:59       | 2.7         | 10      | 110      | 126 / 86  | 138      | 1.4           | -1.5 | 2.5 | 4.80 |
| Stage 2     | 5:59       | 2:59       | 4           | 12      | 144      | 134 / 94  | 192      | 1.5           | -0.2 | 3.4 | 7.10 |
| PK-EXERCISE | 6:35       | 0:35       | 5.4         | 14      | 156      | 140 / 100 | 218      | 0.9           | -0.9 | 2.6 | 7.66 |
| RECOVERY    | 7:52       | 1:2        |             |         | 115      | 140 / 100 | 161      | 0.9           | -0.9 | 2.6 |      |
| RECOVERY    | 9:0        | 2:10       |             |         | 94       | 134 / 94  | 125      | 0.6           | -0.5 | 1.6 |      |
| RECOVERY    | 9:49       | 2:59       |             |         | 86       | 130 / 90  | 111      | 0.6           | -0.5 | 1.3 |      |
| RECOVERY    | 10:52      | 4:2        |             |         | 81       | 124 / 84  | 100      | 0.8           | -0.6 | 1.4 |      |
| RECOVERY    | 11:52      | 5:2        |             |         | 83       | 120 / 80  | 99       | 0.9           | -0.6 | 1.4 |      |

### RESULTS

EXERCISE DURATION : 6:35

MAX HEART RATE : 156 bpm

MAX BLOOD PRESSURE : 140 / 100 mm Hg

REASON OF TERMINATION : Achieved THR,

BP RESPONSE : Normal,

ARRHYTHMIA : None,

H.R. RESPONSE : Normal Chronotropic Response,

IMPRESSIONS :

FAIR EFFORT TOLERANCE,

NO ANGINA,

NO ARRHYTHMIA,

NORMAL HR AND BP RESPONSE.

NO SIGNIFICANT ST CHANGES NOTED DURING TEST AS COMPARED TO BASELINE ECG,

STRESS TEST NEGATIVE FOR INDUCIBLE ISCHEMIA,

MAX WORK LOAD : 7.66 METS

### HEALTHCARE

### MEDICAL CENTRE & DIAGNOSTICS

Shop No.78, Venus CHS, Evershine

Milinium No.15 / Phase 1, Opp. TV Gardens,

Thakur Village, Kandivali (E), Mumbai - 101.

Mob.: 89288 41541 / 2885 7171

**Dr. NUPUR RAI**

MBBS, DIPLOMA IN CARDIOLOGY (PGDCC)

Reg. No. 2018115648D

Technician : 1



# HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

MR PRAVIN KUMAR SAHI  
 I.D. 561  
 Age 37/M  
 Date 12-08-2023

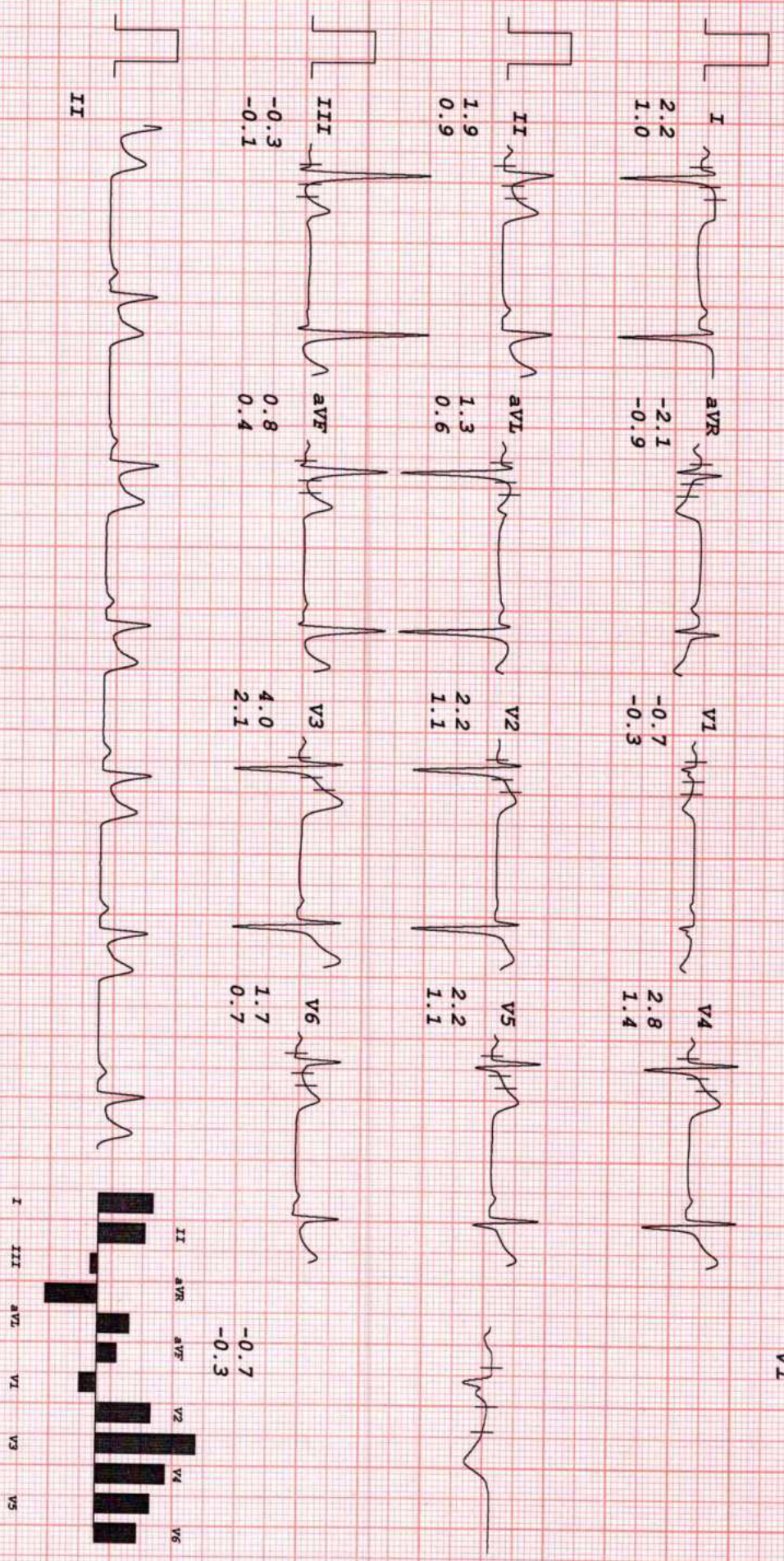
RATE 59bpm  
 B.P. 120/80

PRETEST  
 SUPINE

ST @ 10mm/mV  
 80ms PostJ

LINKED MEDIAN

Mag. X 2





# HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

MR PRAVIN KUMAR SAHI  
 I.D. 561  
 Age 37/M  
 Date 12-08-2023

RATE 59bpm  
 B.P. 120/80

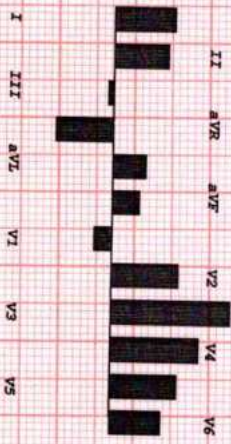
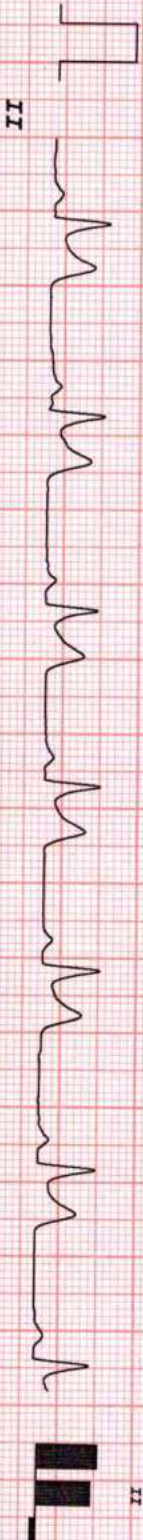
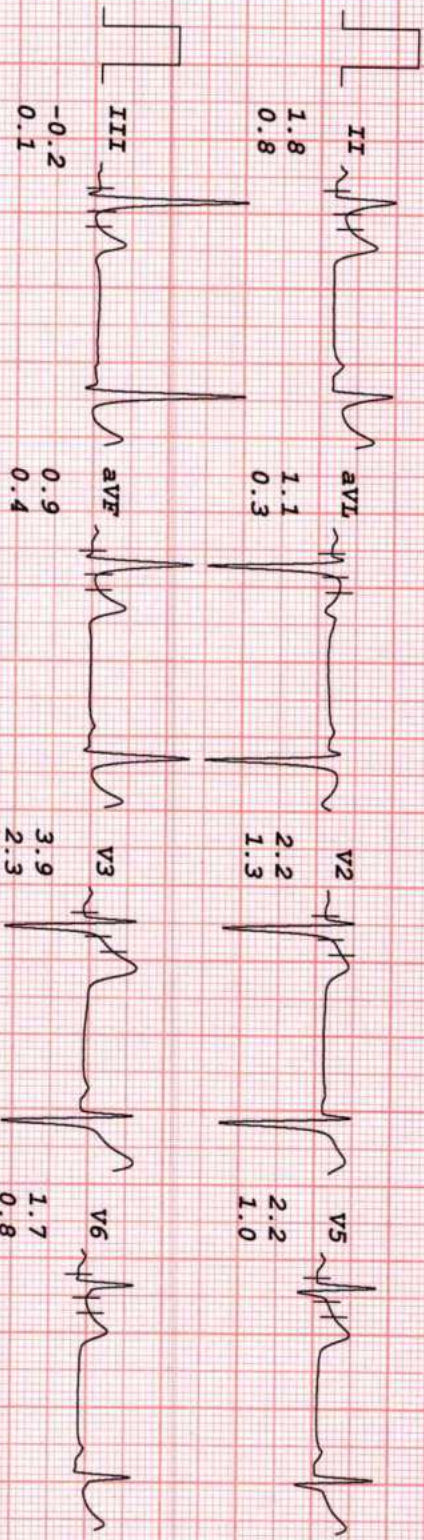
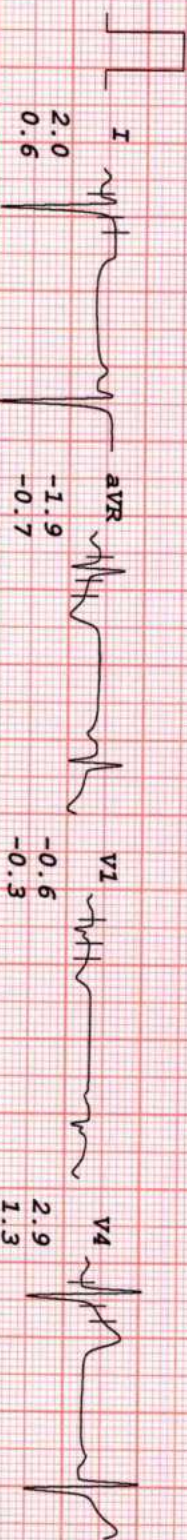
PRETEST  
 STANDING

ST @ 10mm/mV  
 80ms PostJ

LINKED MEDIAN

Mag. X 2

V1





# HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

MR PRAVIN KUMAR SAHI

I.D. 561

Age 37/M

Date 12-08-2023

RATE 61bpm

B.P. 120/80

PRETEST

HYPERTENT

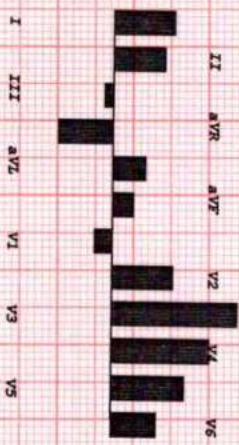
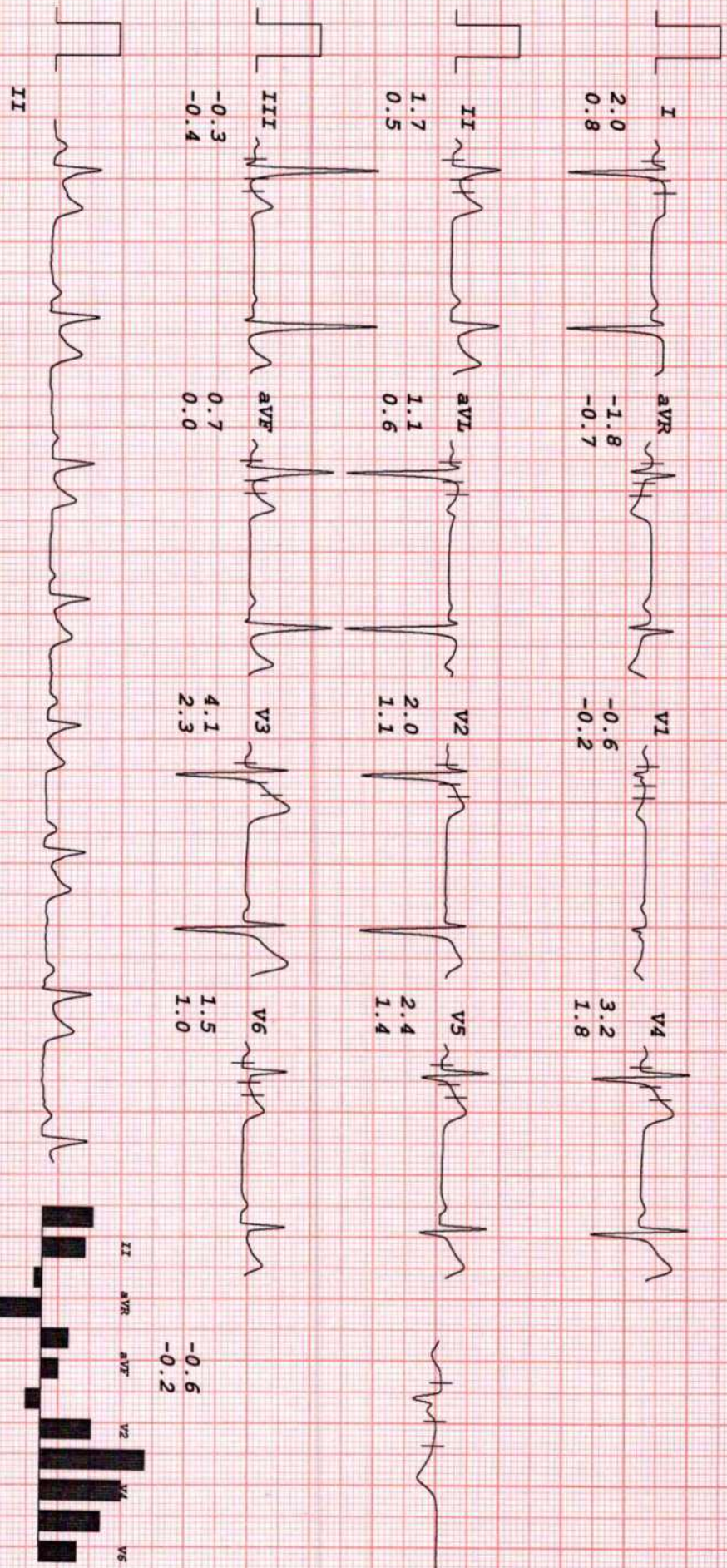
ST @ 10mm/mV

80ms Post J

PHASE TIME 0:23

LINKED MEDIAN

Mag. X 2





# HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

MR PRAVIN KUMAR SAHI  
 I.D. 561  
 Age 37/M  
 Date 12-08-2023

Rate 110bpm  
 B.P. 126/86

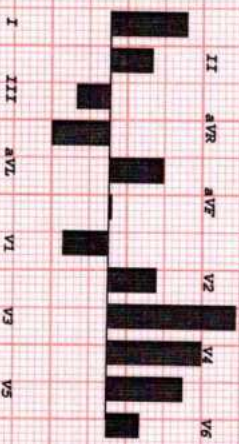
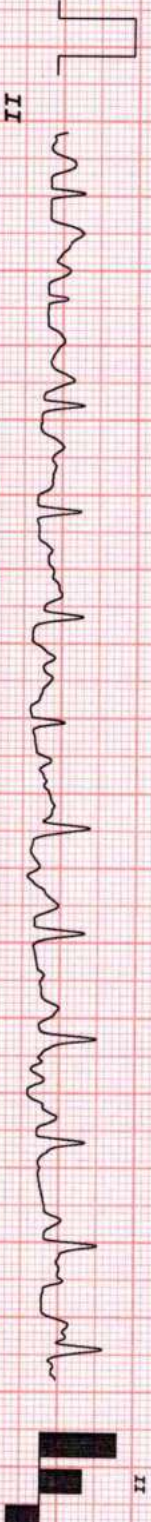
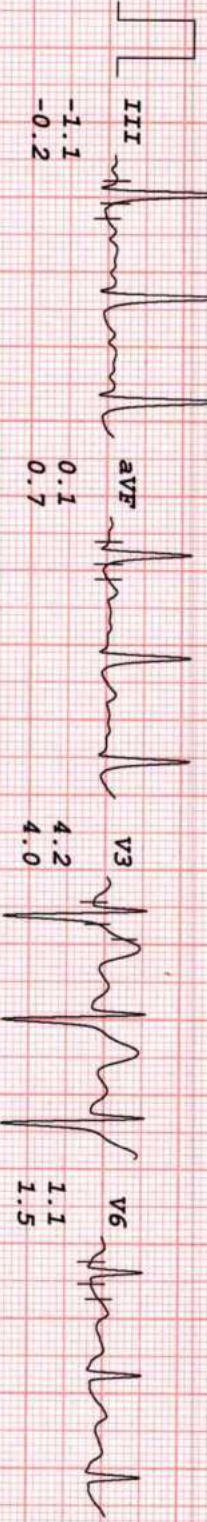
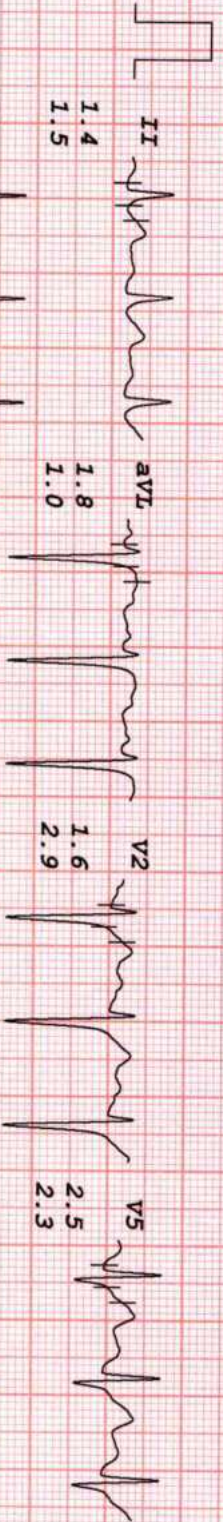
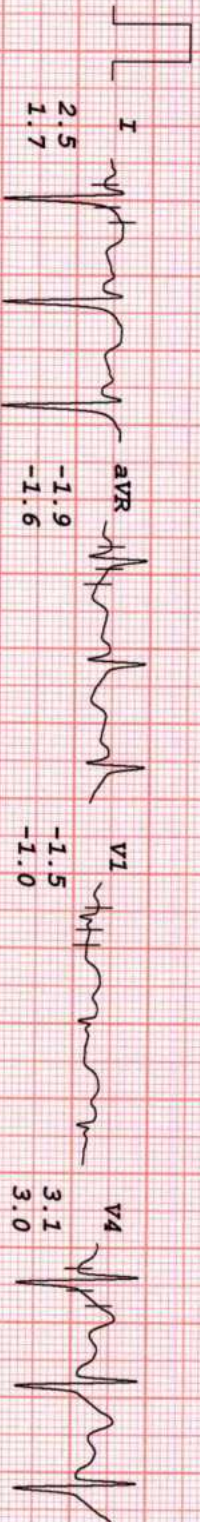
Bruce  
 Stage 1  
 TOTAL TIME 2:59  
 PHASE TIME 2:59

ST @ 10mm/mV  
 80ms PostJ  
 Speed 2.7 km/hr  
 SLOPE 10 %

LINKED MEDIAN

Mag. X 2

V1





# HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

MR PRAVIN KUMAR SAHI  
 I.D. 561  
 Age 37/M  
 Date 12-08-2023

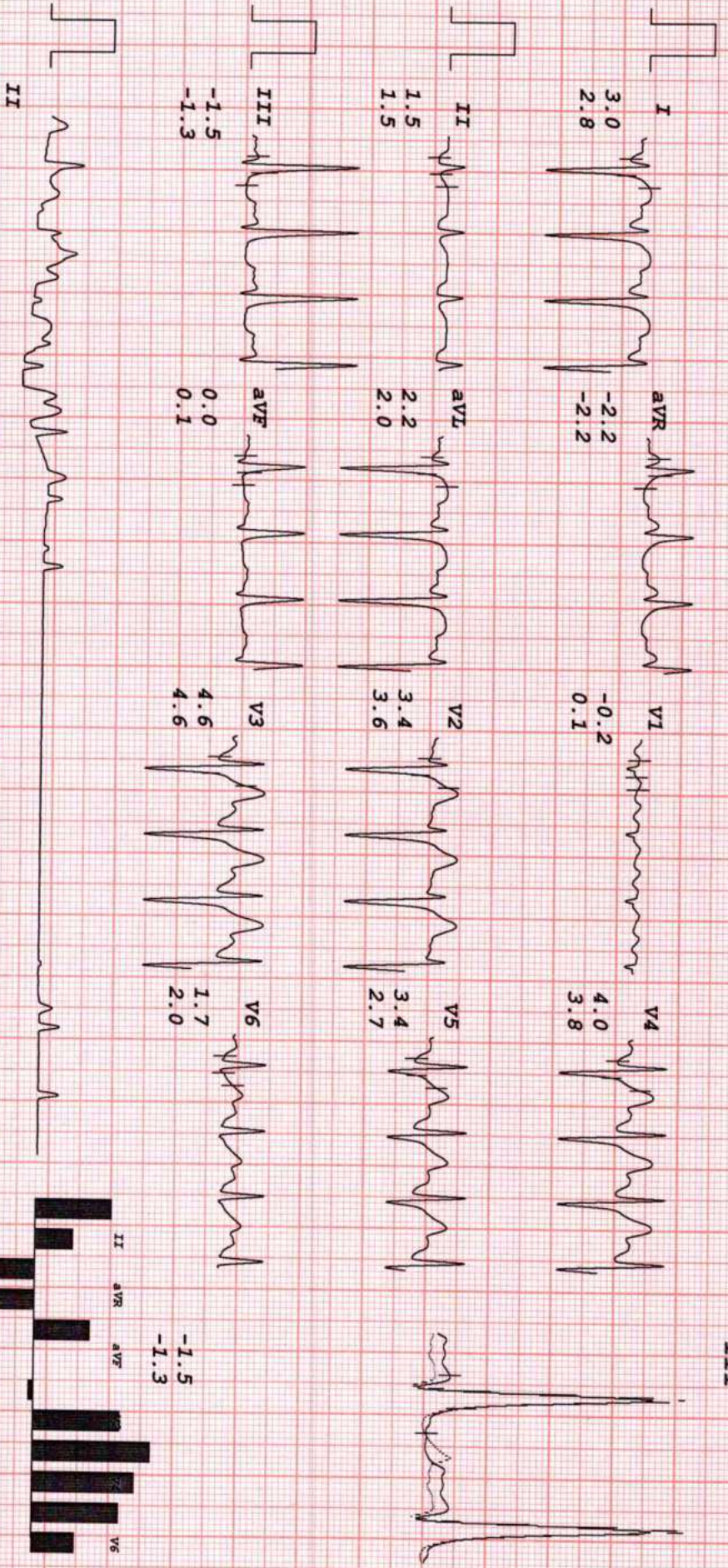
RATE 144bpm  
 B.P. 134/94

Bruce  
 Stage 2  
 TOTAL TIME 5:59  
 PHASE TIME 2:59

ST @ 10mm/mV  
 80ms PostJ  
 Speed 4 km/hr  
 SLOPE 12 %

LINKED MEDIAN

Mag. X 2





# HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

MR PRAVIN KUMAR SAHI  
 I.D. 561  
 Age 37/M  
 Date 12-08-2023

RATE 156bpm  
 B.P. 140/100

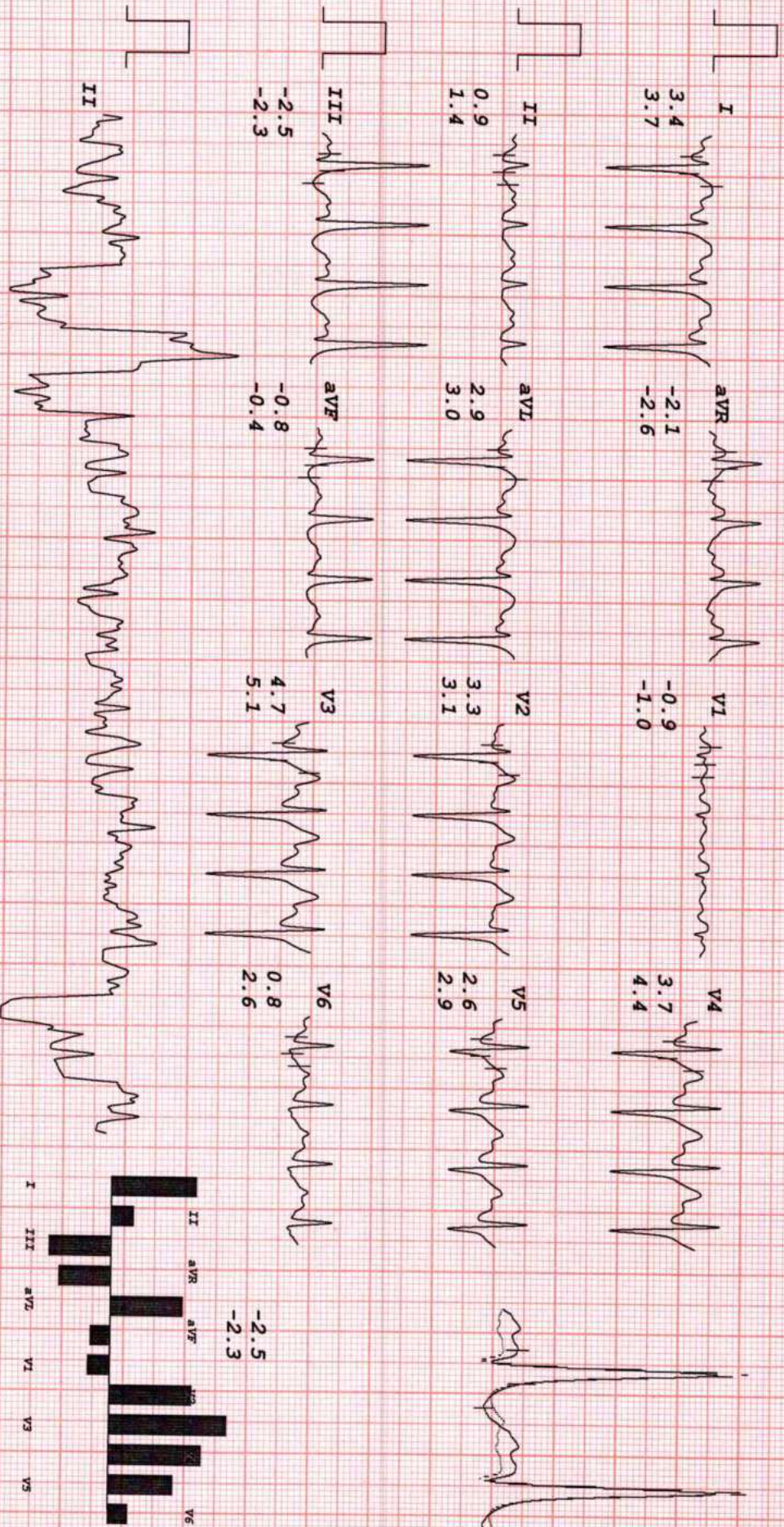
Bruce  
 PK-EXERCISE  
 TOTAL TIME 6:35  
 PHASE TIME 0:35

ST @ 10mm/mV  
 80ms PostJ  
 Speed 5.4 km/hr  
 SLOPE 14 %

LINKED MEDIAN

Mag. X 2

III





# HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

MR PRAVIN KUMAR SAHI  
 I.D. 561  
 Age 37/M  
 Date 12-08-2023

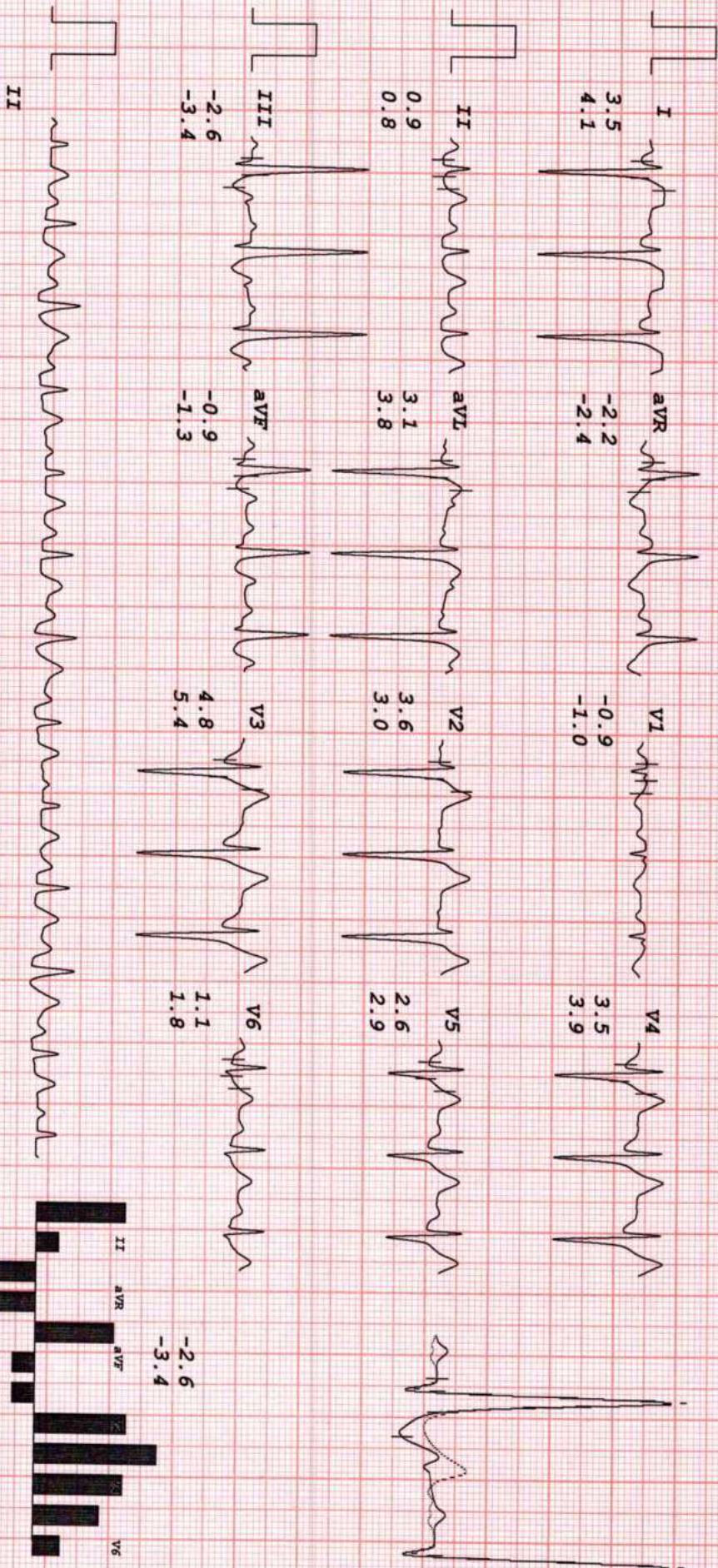
RATE 115bpm  
 B.P. 140/100

Bruce  
 RECOVERY  
 TOTAL TIME 7:52  
 PHASE TIME 1:02

ST @ 10mm/mV  
 80ms Post J

RECOVERY  
 LINKED MEDIAN

Mag. X 2





# HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

MR PRAVIN KUMAR SAHI  
 I.D. 561  
 Age 37/M  
 Date 12-08-2023

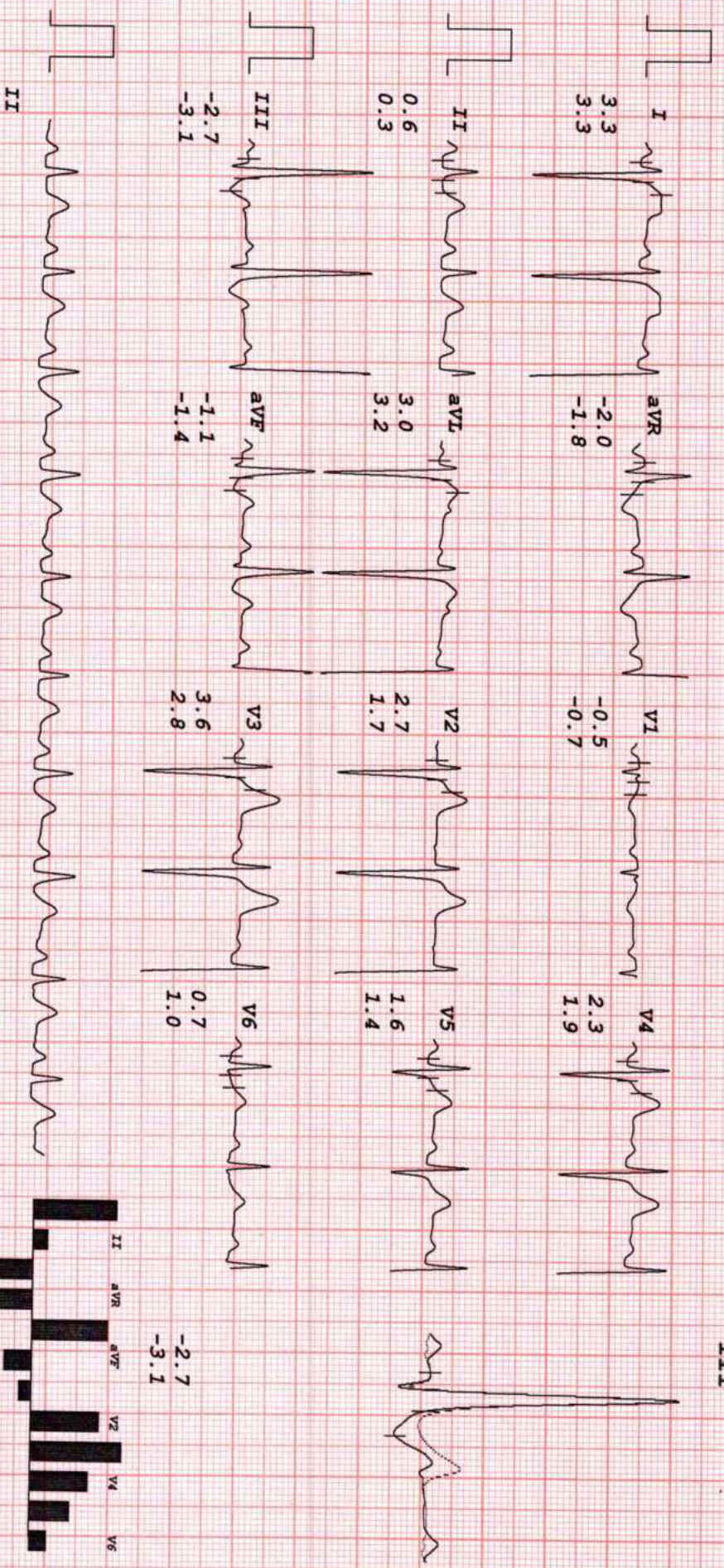
RATE 94bpm  
 B.P. 134/94

Bruce  
 RECOVERY  
 TOTAL TIME 9:00  
 PHASE TIME 2:10

ST @ 10mm/mV  
 80ms PostJ

RECOVERY  
 LINKED MEDIAN

Mag. X 2





# HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

MR PRAVIN KUMAR SAHI  
 I.D. 561  
 Age 37/M  
 Date 12-08-2023

RATE 86bpm  
 B.P. 130/90

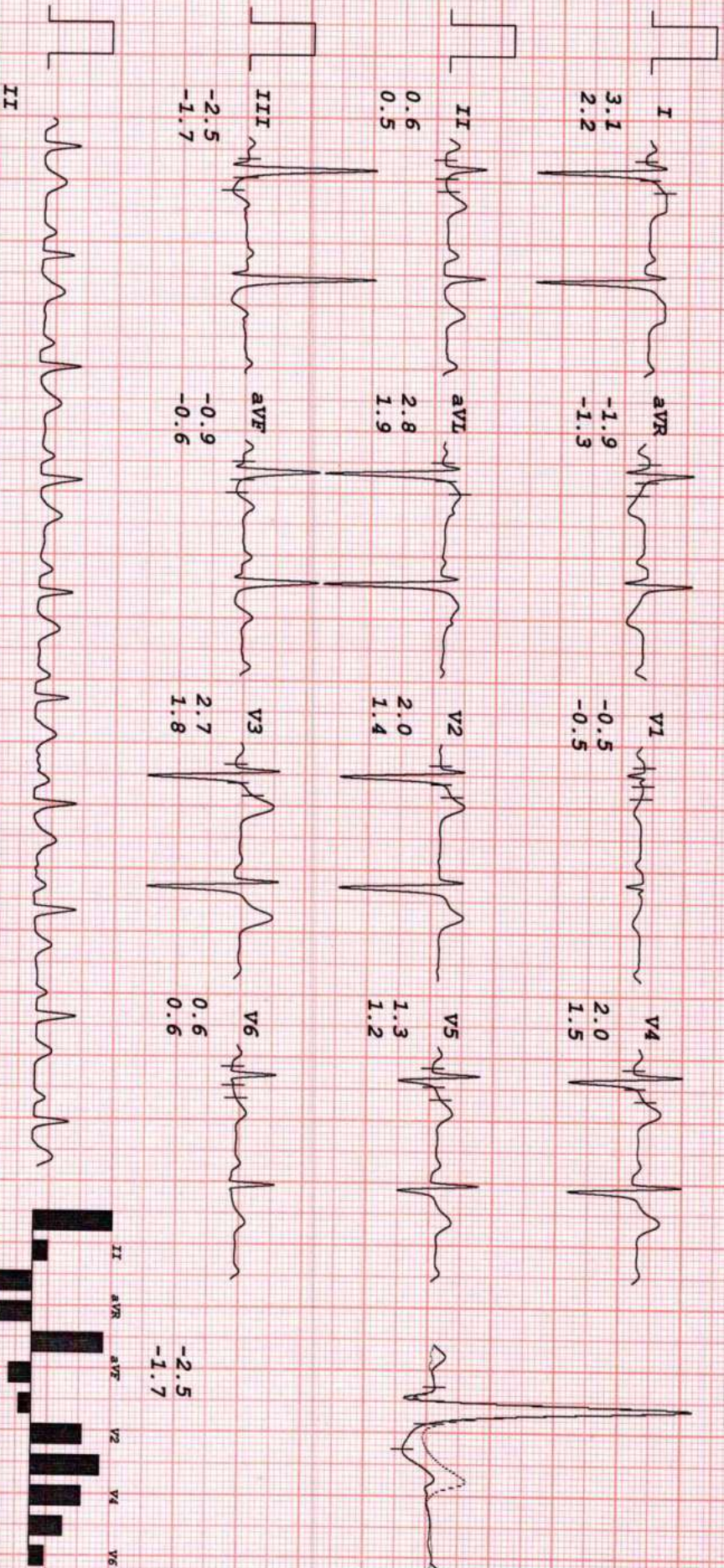
Bruce  
 RECOVERY  
 TOTAL TIME 9:49  
 PHASE TIME 2:59

ST @ 10mm/mV  
 80ms PostJ

LINKED MEDIAN

Mag. X 2

III





# HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

MR PRAVIN KUMAR SAHI  
 I.D. 561  
 Age 37/M  
 Date 12-08-2023

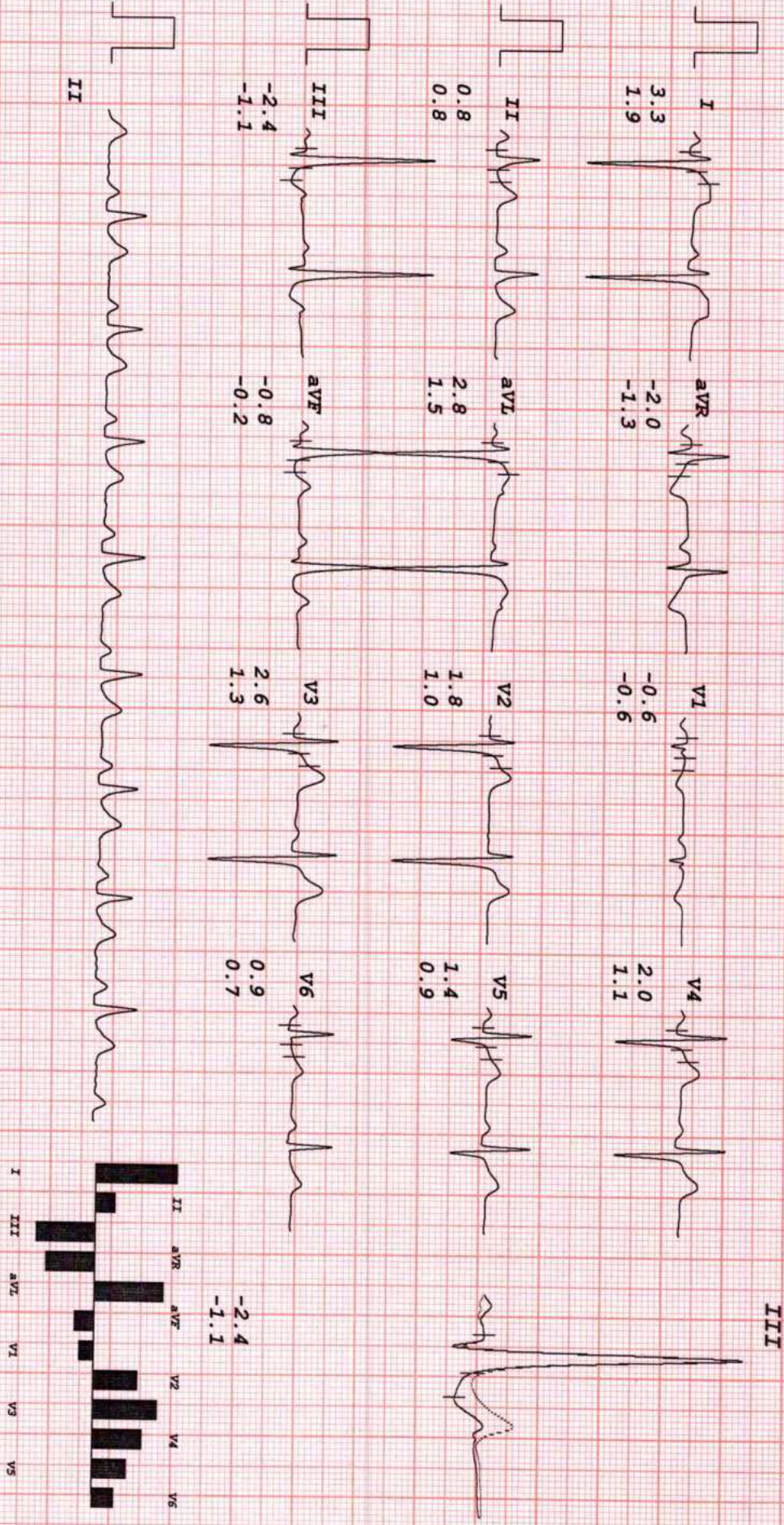
RATE 81bpm  
 B.P. 124/84

Brucce  
 RECOVERY  
 TOTAL TIME 10:52  
 PHASE TIME 4:02

ST @ 10mm/mV  
 80ms PostJ

RECOVERY  
 LINKED MEDIAN

Mag. X 2





# HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

MR PRAVIN KUMAR SAHI  
 I.D. 561  
 Age 37/M  
 Date 12-08-2023

RATE 83bpm  
 B.P. 120/80

Bruc  
 RECOVERY  
 TOTAL TIME 11:52  
 PHASE TIME 5:02

ST @ 10mm/mV  
 80ms PostJ

RECOVERY  
 LINKED MEDIAN

Mag. X 2

