

# Baweja Hospital & Maternity Home

557804 / Arun Kumar Shama / 33 Yrs / M / 70 Kg / 1.79 Cms

Date: 19/08/2021 11:45:16 AM

4X

METS: 1.0

HR: 170 bpm 90% Trgt.

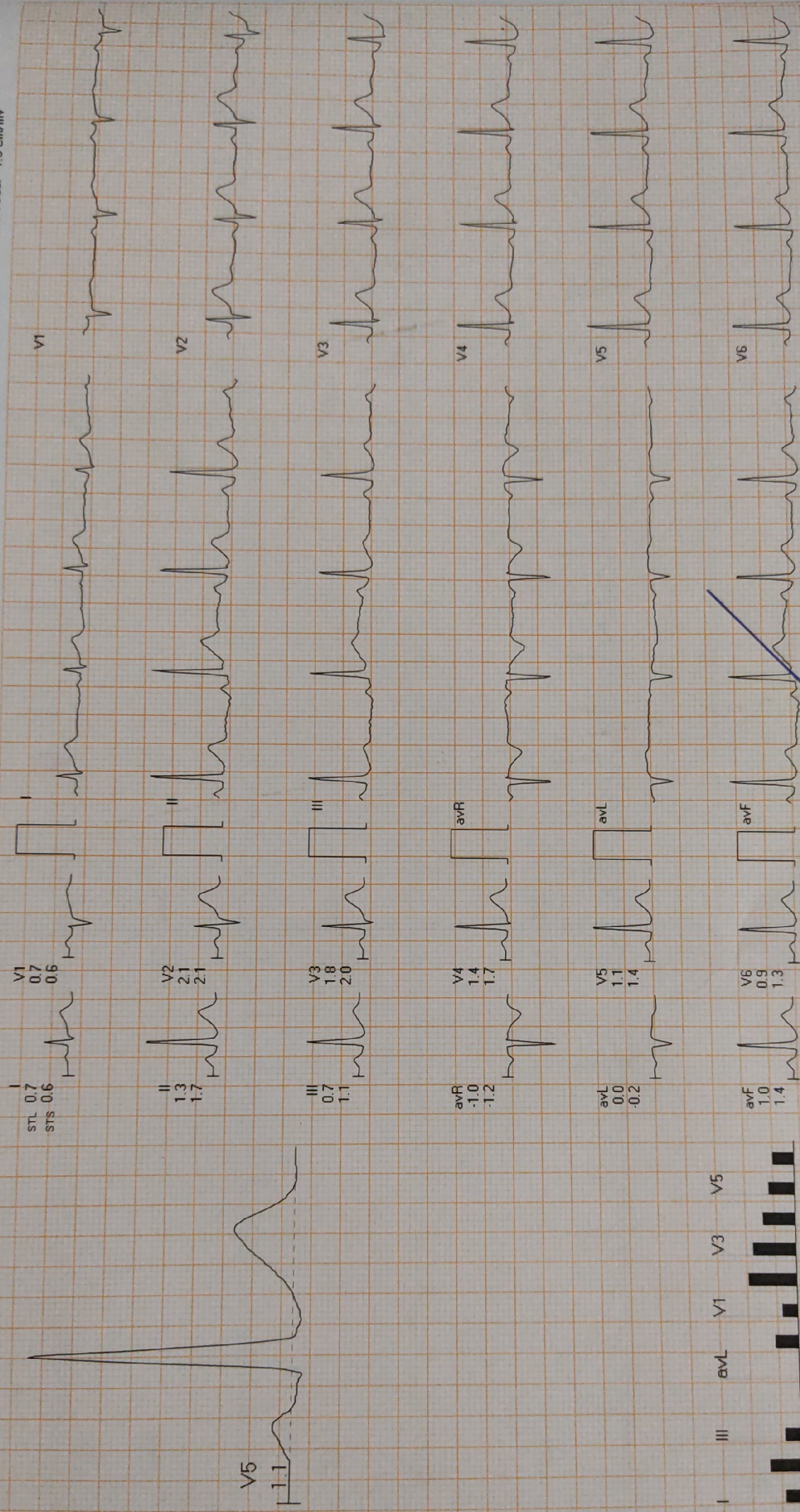
BP: 120/70 Raw ECG, BLC, Notch, (0.05-100)Hz



## Resting ECG

ExTime: 00:00 1.1 mph, 0.0%

25 mm/Sec. 1.0 Cm/mV

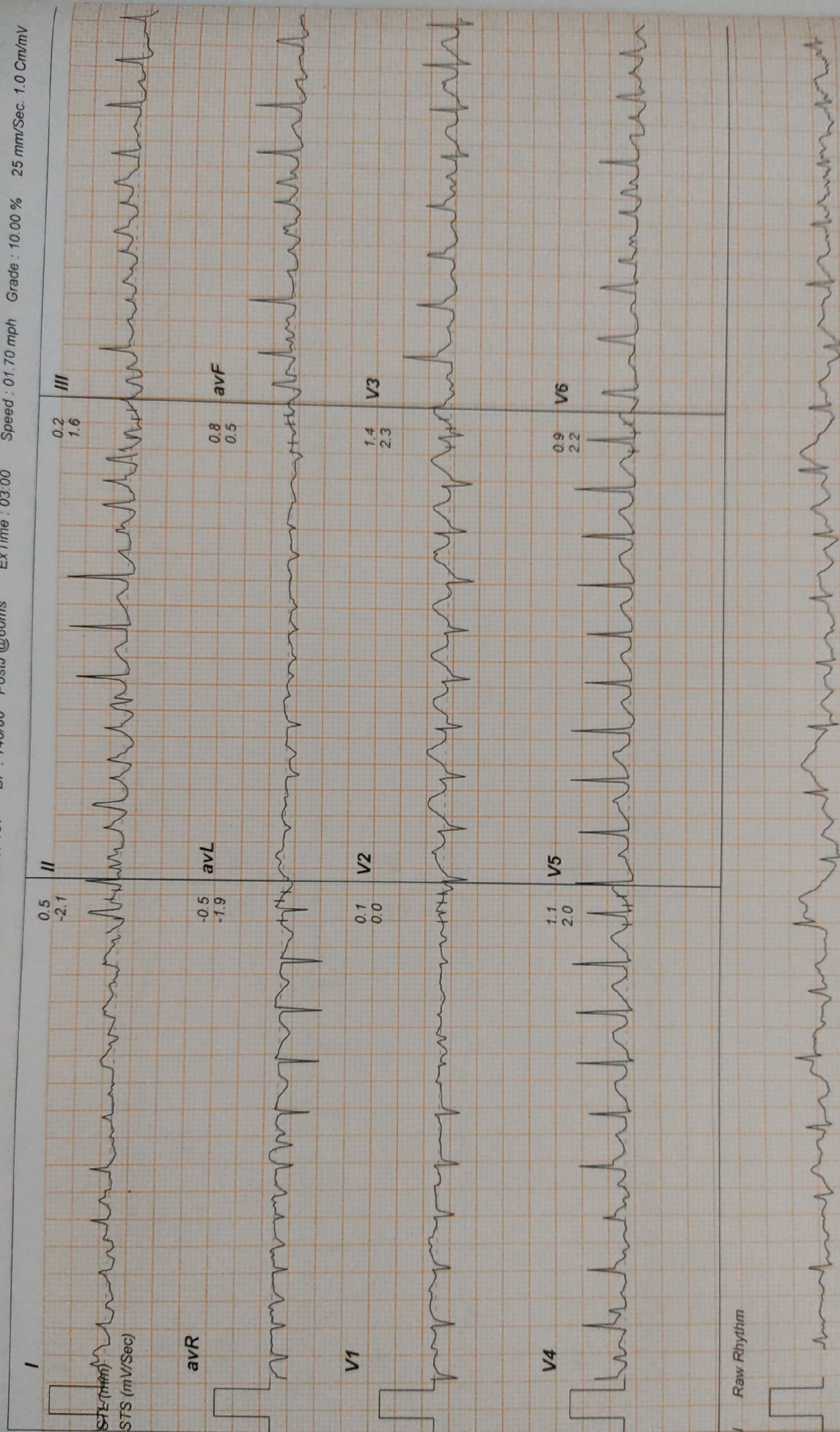


**Dr. Rupinder Singh**  
 Physician & Cardiologist  
 Baweja Hospital & Maternity Home  
 Near Salt Mandi, Model House Road  
 Jalandhar City, (P.N) Distt. 830017

COMMENTS:  
 RMS TMT MARK-II (40) TYPE RECORDERS AND MEDICARE SYSTEMS (P) Ltd. CHANDIGARH



**Linked Medians Report**  
BRUCE: Stage 1 (3:00)



1.0 mm/mV

2.5 0.05

# Baweja Hospital & Maternity Home

Model Housec Road, Jalandhar  
557804 / Arun Kumar Sharma / 33 Yrs / Male / 70 Kg / 179 Cm / Non Smoker

Date: 19 / 08 / 2021 11:45:16 AM

METs : 07.10 HR : 145 Target HR : 77% of 187

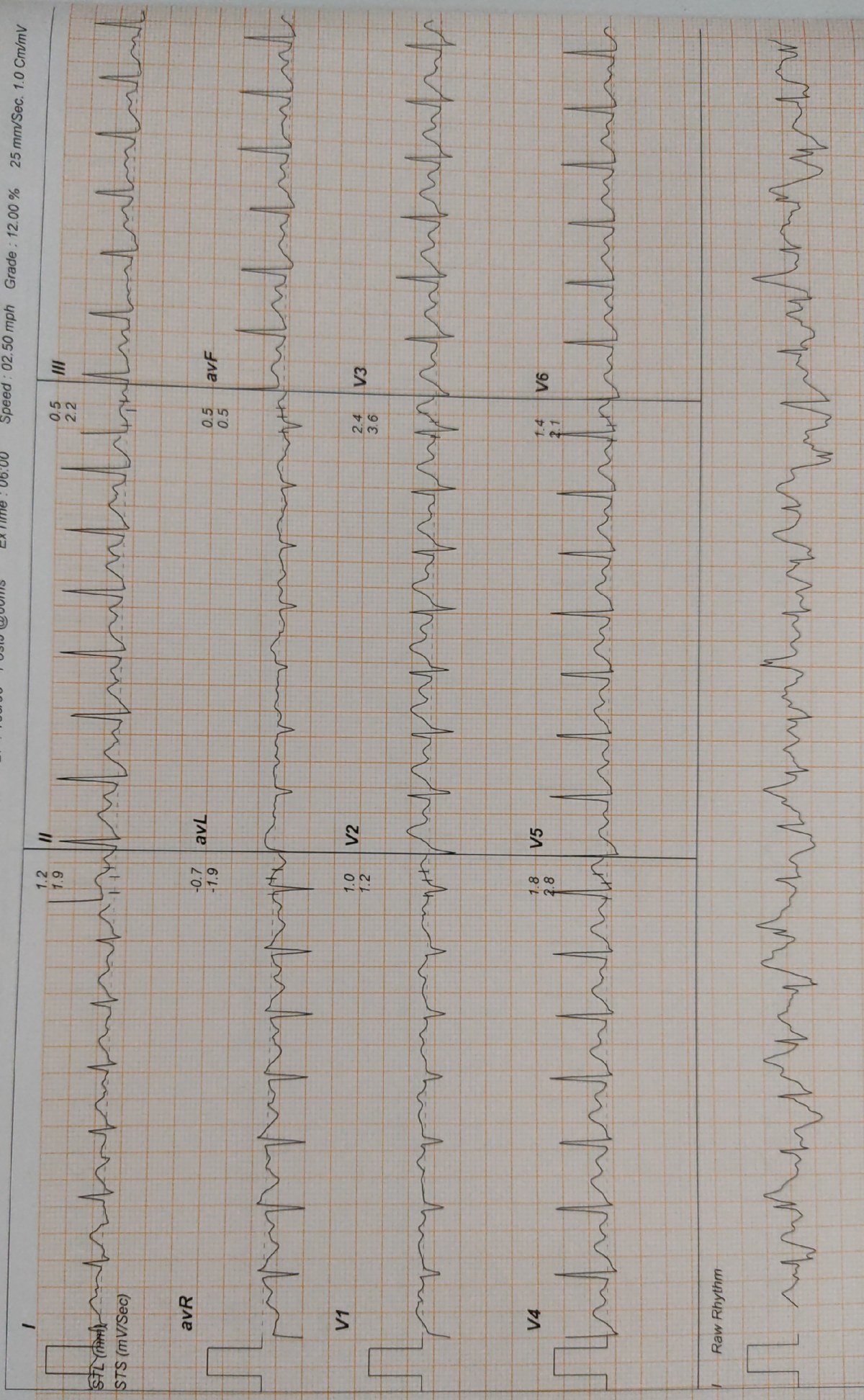
BP : 150/90 PostJ @60ms

Ex Time : 06:00

Speed : 02.50 mph Grade : 12.00 % 25 mm/Sec. 1.0 Cm/mV

## Linked Medians Report

BRUCE: Stage 2(3:00)



1.0mm/mV

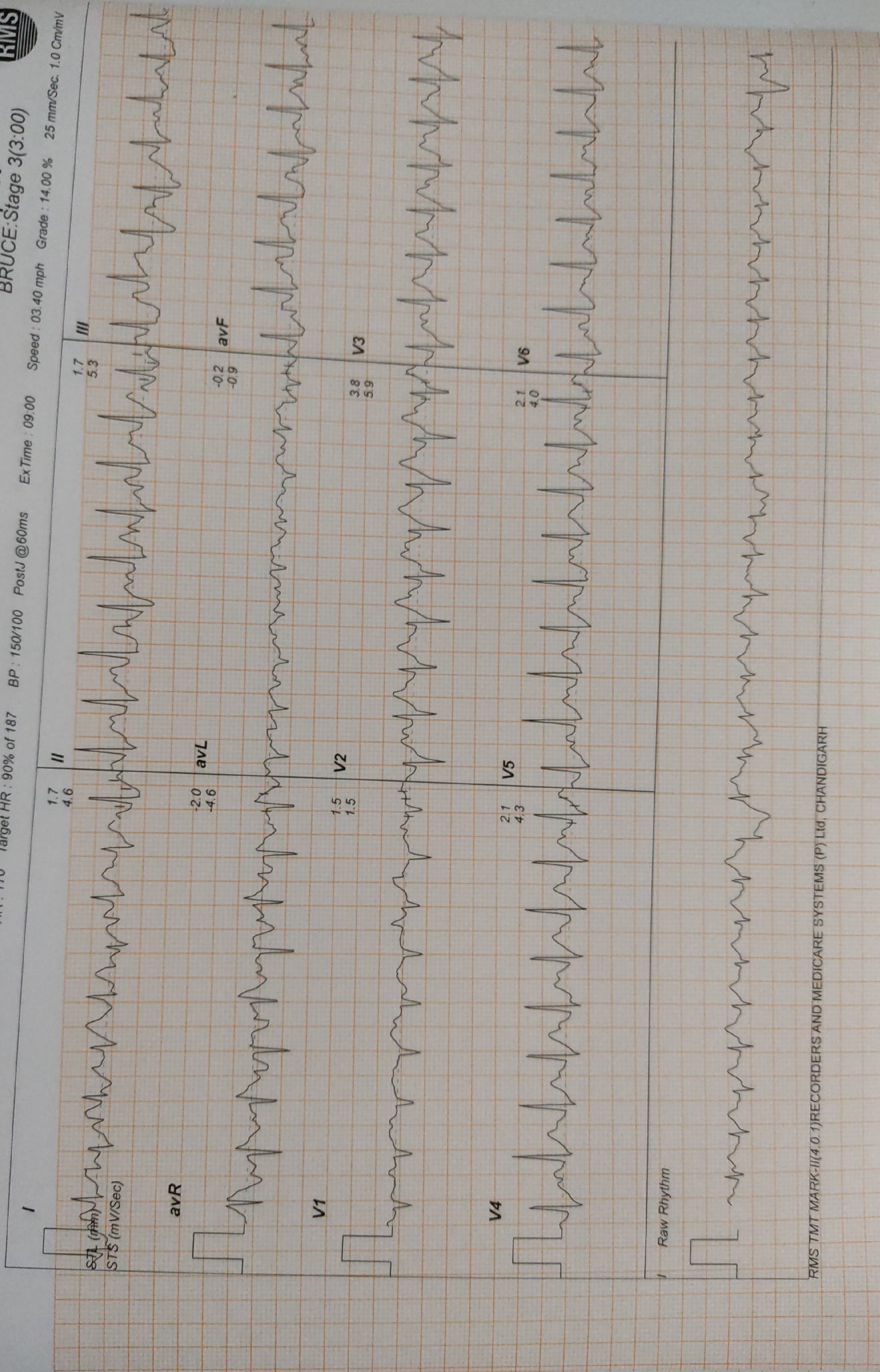
Model Housesec Road, Jalandhar  
557804 / Arun Kumar Sharma / 33 Yrs / Male / 70 Kg / 179 Cm / Non Smoker

Date: 19/08/2021 11:45:16 AM METs: 10.20 HR: 170 Target HR: 90% of 187 BP: 150/100 PostU @60ms

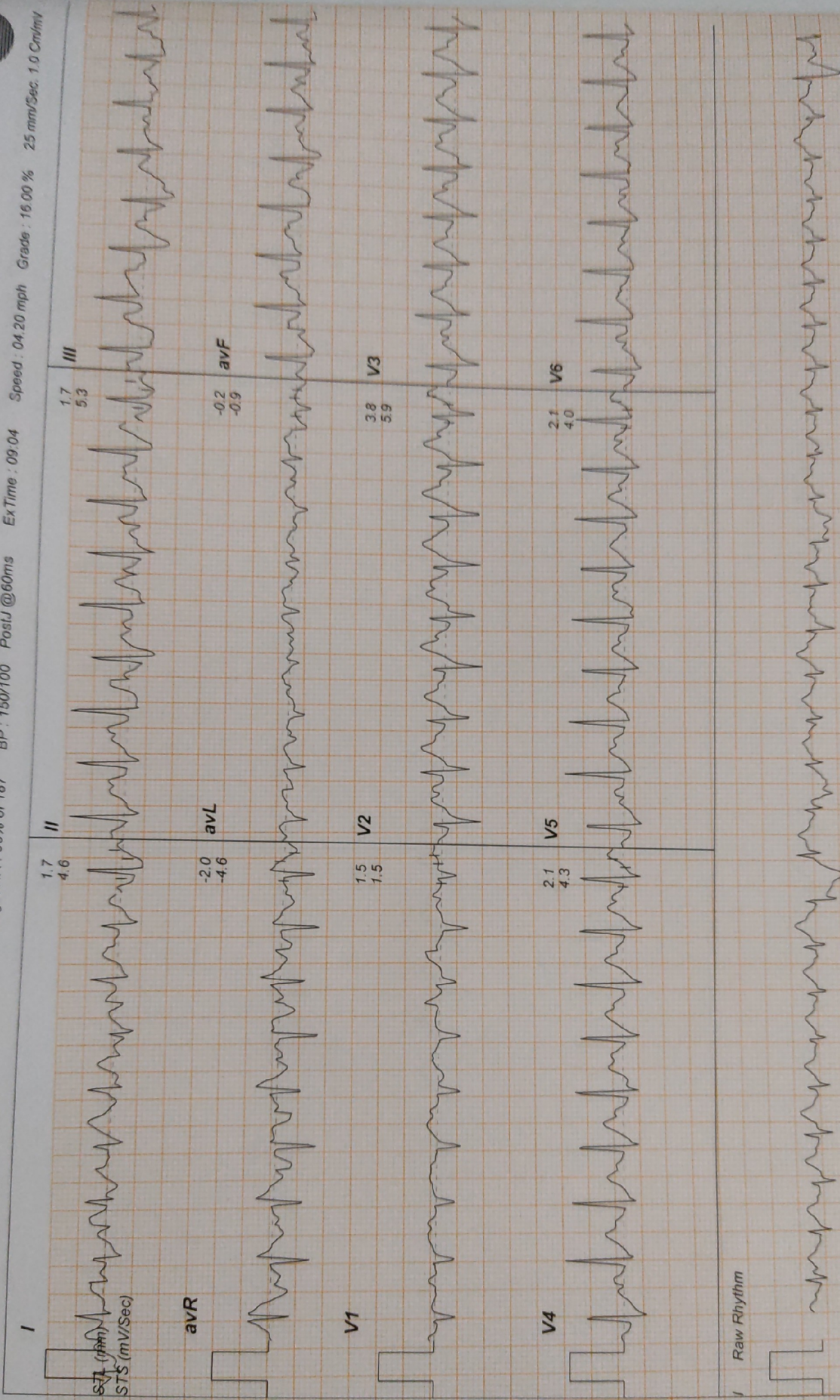
# Linked Medians Report

BRUCE: Stage 3(3:00)

Speed: 03.40 mph Grade: 14.00 % 25 mm/Sec. 1.0 Cm/mV



**Linked Medians Report**  
PeakEx

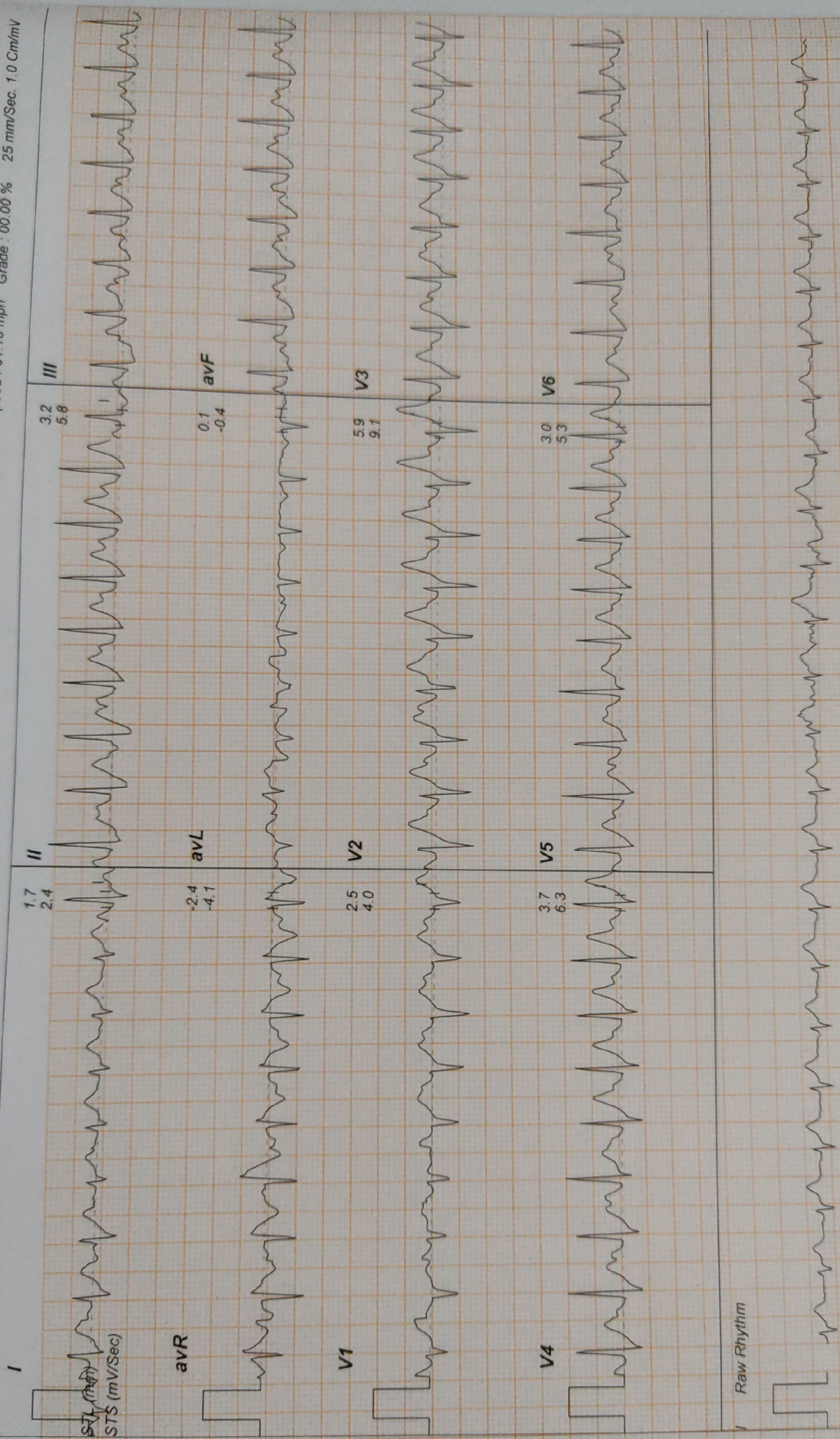


Model Housesec Road, Jalandhar  
557804 / Arun Kumar Sharma / 33 Yrs / Male / 70 Kg / 179 Cm / Non Smoker

Date: 19 / 08 / 2021 11:45:16 AM METs : 04.30 HR : 153 Target HR : 81% of 187

# Linked Medians Report Recovery(1:00)

Speed : 01.10 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV



Model Housec Road, Jalandhar  
 557804 / Arun Kumar Sharma / 33 Yrs / Male / 70 Kg / 179 Cm / Non Smoker

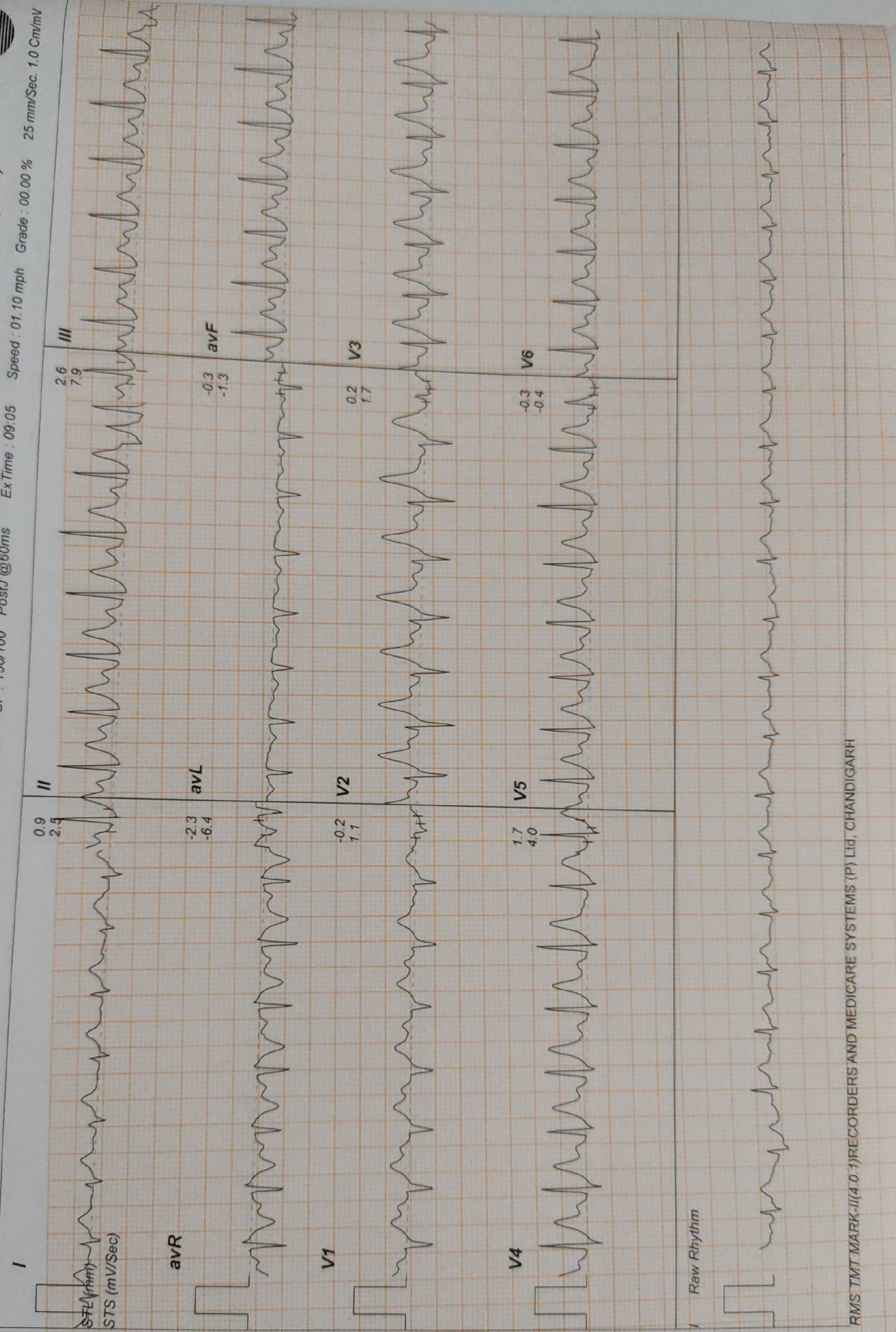
**Linked Medians Report**  
 Recovery(2:00)



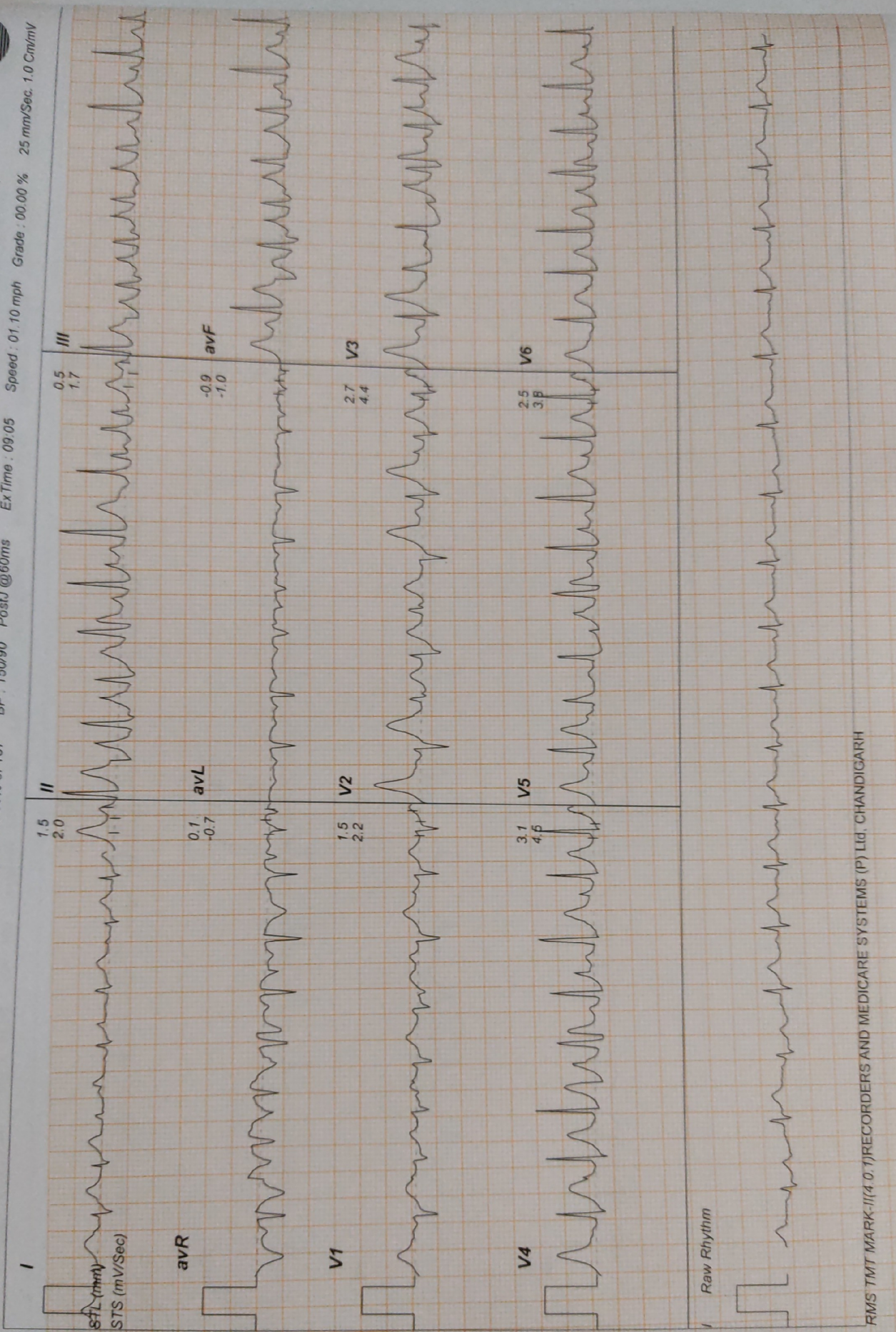
Date: 19 / 08 / 2021 11:45:16 AM METs : 01.00 HR : 157 Target HR : 83% of 187

Speed : 01.10 mph Grade : 00.00 % ExTime : 09:05 PostU @ 60ms BP : 150/100

25 mm/Sec. 1.0 Cm/mV



**Linked Medians Report**  
Recovery(3:00)





# Baweja Hospital & Maternity Home

Model Housec Road, Jalandhar  
557804 / Arun Kumar Sharma / 33 Yrs / Male / 70 Kg / 179 Cm / Non Smoker

Date: 19 / 08 / 2021 11:45:16 AM

METs : 01.00

HR : 109

Target HR : 58% of 187

BP : 140/80

PostU @60ms

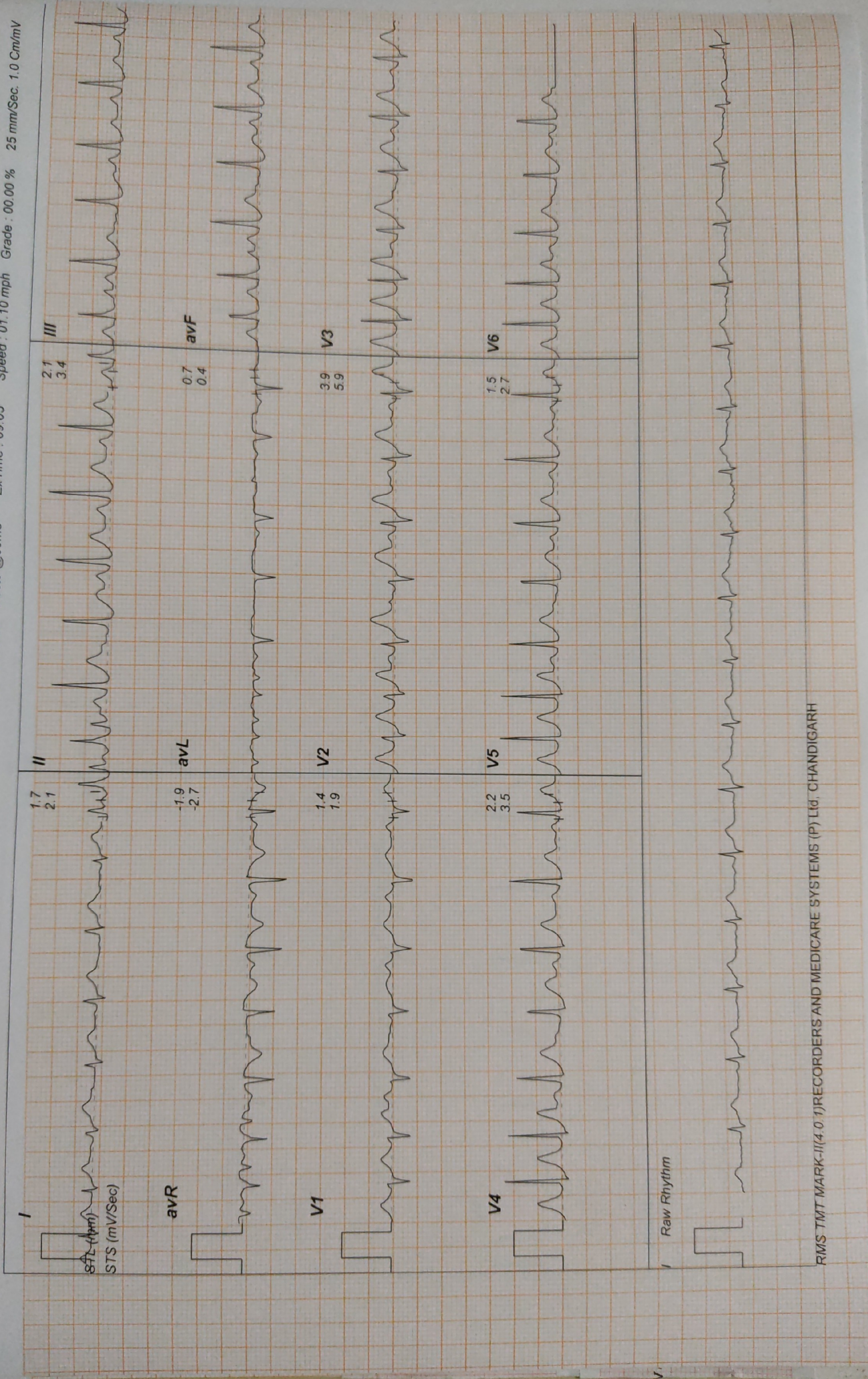
ExTime : 09:05

Speed : 01.10 mph

Grade : 00.00 %

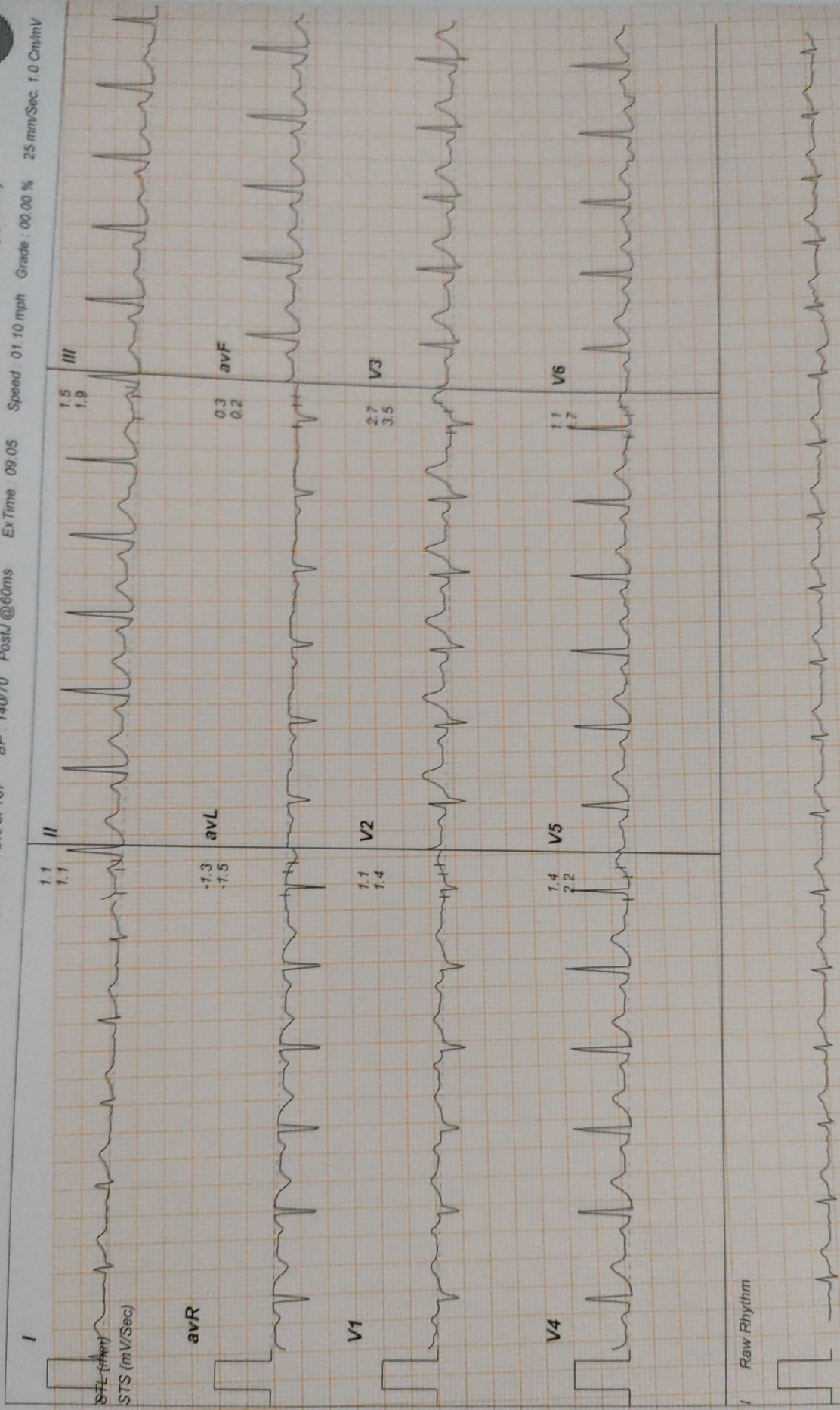
25 mm/Sec. 1.0 Cm/mV

## Linked Medians Report Recovery(4:00)

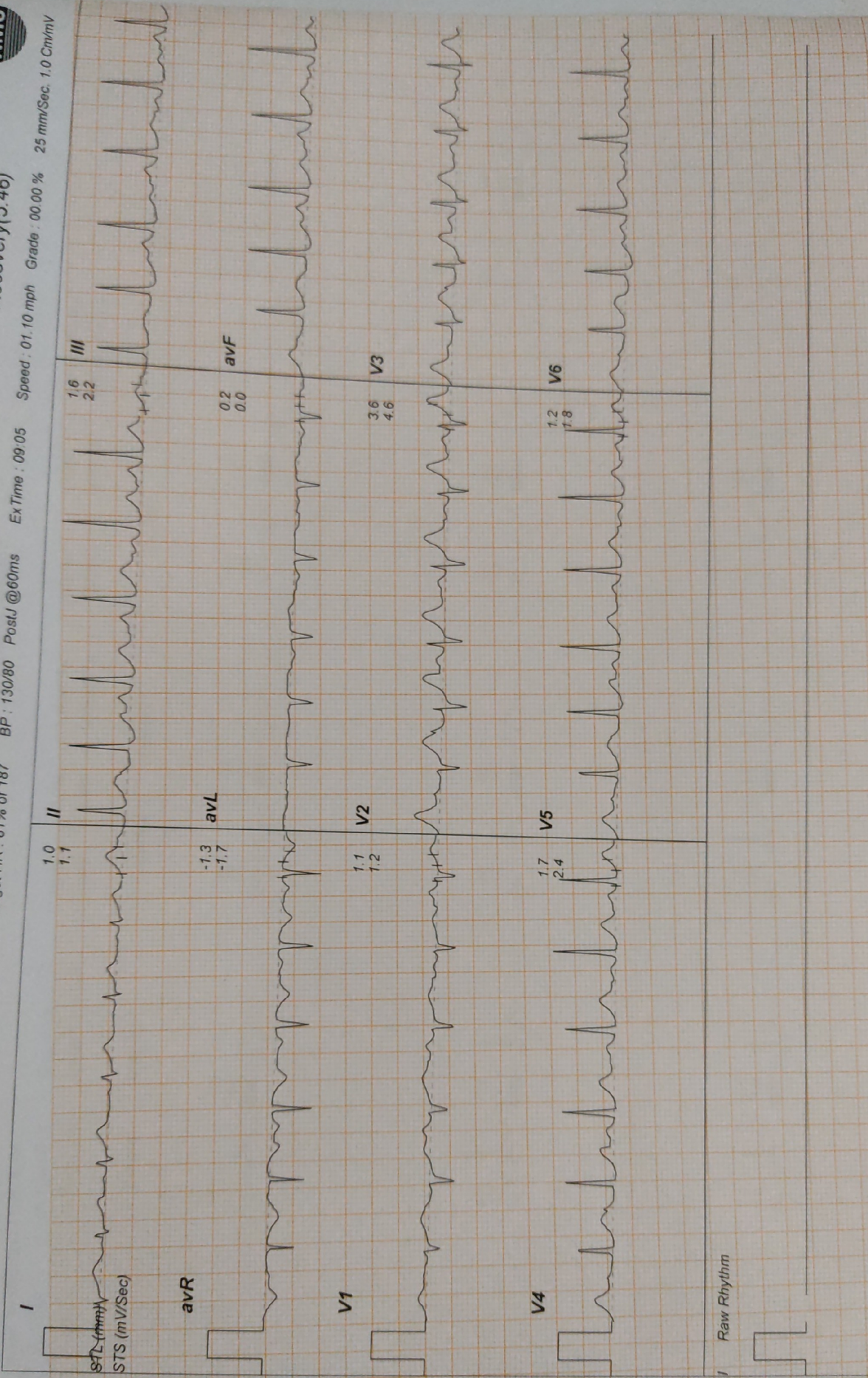


# Linked Medians Report

Recovery(5:00)



# Linked Medians Report Recovery(5.46)



# Baweja Hospital & Maternity Home

557804 / Arun Kumar Shamma / 33 Yrs / M / 70 Kg / 179 Cms

Date: 19/08/2021 11:45:16 AM

ExStart : PhTime 0:01

PeakEx : PhTime: 9:05

StageTime 0:01

StageTime: 0:01

1.1 mph

1.1 mph

0.0%

0.0%

1.0 METs

10.3 METs

202 bpm

170 bpm

120/70

150/100

@60ms Post J

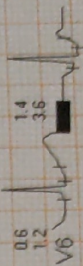
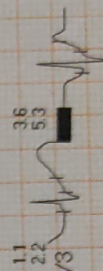
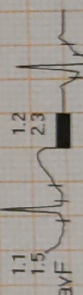
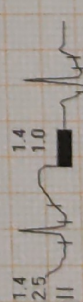
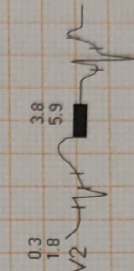
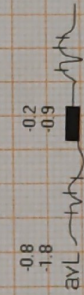
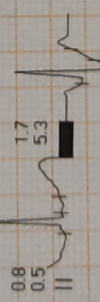
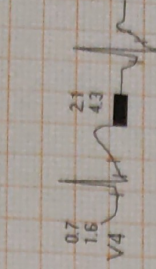
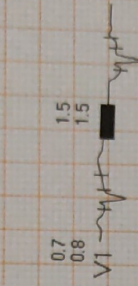
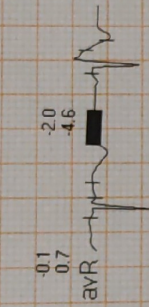
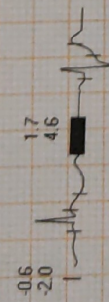
@60ms Post J

## Comparison Report ( ExStart Vs PeakEx)

Protocol : BRUCE

STL

STS



1.0 mm/mV

**Dawaja Hospital & Maternity Home**  
 Model Housec Road, Jalandhar

557804 / Arun Kumar Sharma / 33 Yrs / M / 70 Kg / 179 Cms / Non-Smoker

Date: 19/08/2021

Medication : NAD  
 Ref By : Dr. Singh

Protocol : BRUCE

Objective :

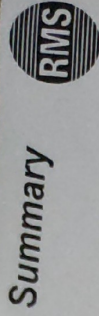
Stage	Stage Time (Min:Sec)	Speed (mph)	Grade (%)	METs	H.R. (bpm)	B.P. (mmHg)	R.P.P x100	PVC	Comments
ExStart				1.0	202	120/70	242	-	
Stage 1	3:00	1.7	10.0	4.7	167	140/80	233	-	
Stage 2	3:00	2.5	12.0	7.1	145	150/90	217	1	
Stage 3	3:00	3.4	14.0	10.2	170	150/100	255	5	
PeakEx	0:04	4.2	16.0	10.3	170	150/100	255	1	
Recovery	1:00	1.1	0.0	4.3	153	150/100	229	-	
Recovery	2:00	1.1	0.0	1.0	157	150/100	235	3	
Recovery	3:00	1.1	0.0	1.0	151	150/90	226	2	
Recovery	4:00	1.1	0.0	1.0	109	140/80	152	1	
Recovery	5:00	1.1	0.0	1.0	136	140/70	190	-	
Recovery	5:46	1.1	0.0	1.0	153	130/80	198	-	

Findings :

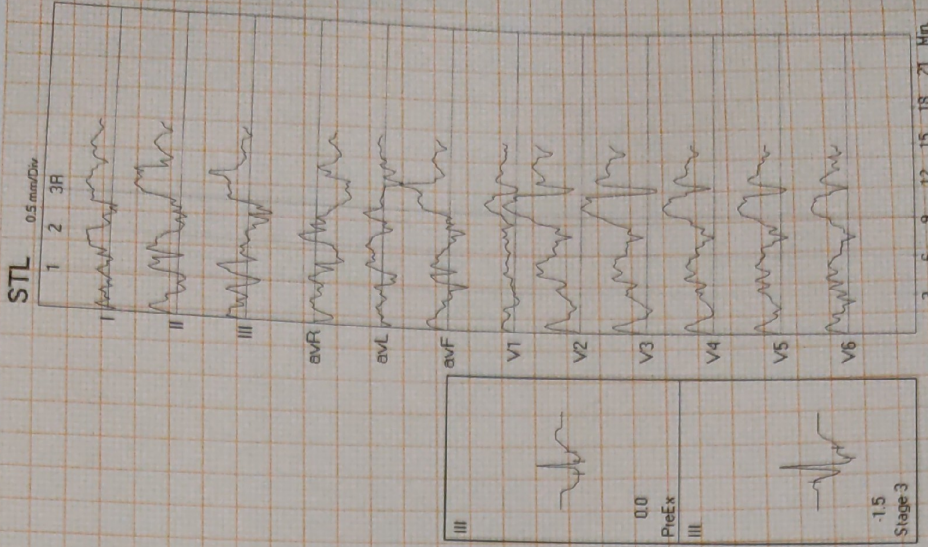
Exercise Time : 9:05 minutes  
 Max HR attained : 194 bpm 104% of Target 187  
 Max BP : 150/90  
 Max WorkLoad attained : 10.3 (Good Effort Tolerance )  
 NO Significant ST segment changes noted during exercise & recovery.  
 No Anginal/Arrhythmia/S3/murmur  
 Final Impression : Test is Negative for inducible ischaemia.

Advice/Comments

RMS TMT MARKS 114.0 / RECORDERS AND MEDICARE SYSTEMS (P) Ltd. CHANDIGARH



Summary



**Dr. Rupinder Singh**

M.D. (Medicine)  
 Physician & Cardiologist  
 Dawaja Hospital & Maternity Home  
 Model Housec Road, Jalandhar  
 Jalandhar City, (M) 141-3331

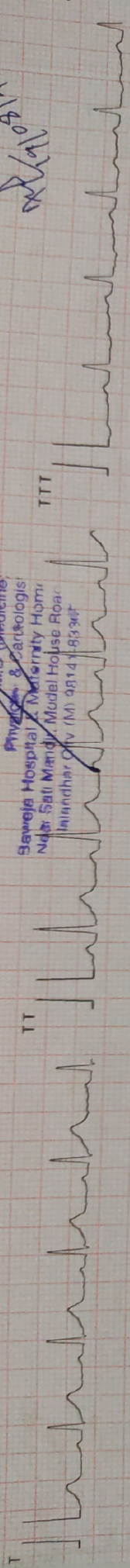
Rupinder Singh

10mm/mV 25.0mm/S

0.05-35 Hz 50Hz

**Dr. Rupinder Singh**  
 M.D. (Medicine)  
 Physician & Cardiologist  
 Sarveja Hospital & Maternity Home  
 Near Sati Mandir, Model House Road  
 Bhindhar City (M) 9814185947

16/08/21

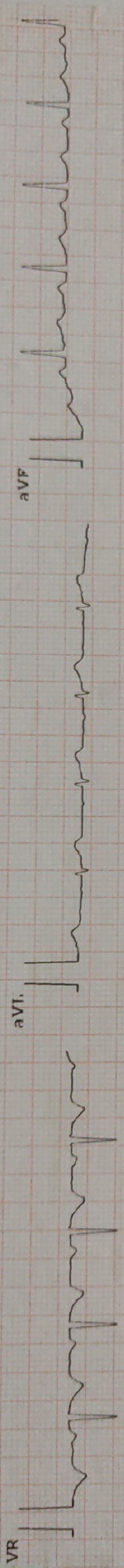


16/08/21

ARROW CE

10mm/mV 25.0mm/S

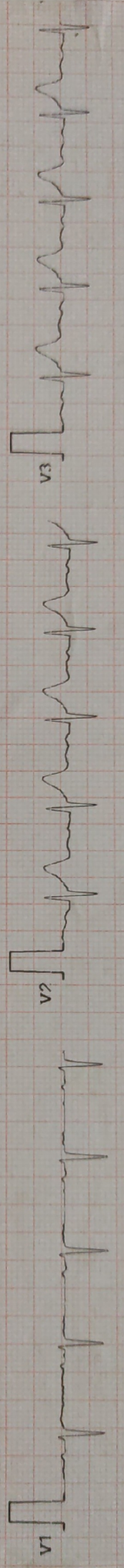
0.05-35 Hz 50Hz



ARROW CE

10mm/mV 25.0mm/S

0.05-35 Hz 50Hz

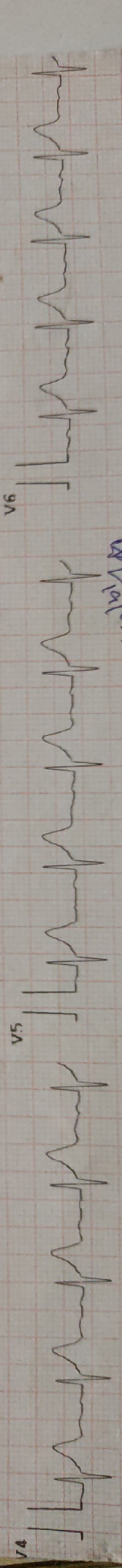


16/08/21

ARROW CE

10mm/mV 25.0mm/S

0.05-35 Hz 50Hz



16/08/21

ARROW CE

# Baweja Hospital & Maternity Home

Near Sati Mandir, Model House Road, Jalandhar City.

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Fax : 0181-2430333 E-mail : rsbaweja@yahoo.co.in

## ELECTROCARDIOGRAM

Dr. Rupinder Singh

M.D. (Medicine), Physician & Cardiologist  
Ex. Consultant : Guru Nanak Mission Hospital, Jal.  
Ex. Consultant : Gulab Devi Hospital, Jalandhar.  
Ex. Sr. Resident : Sir Ganga Ram Hospital, New Delhi.

Name - Mr./Ms. Heen Kumar Sharma Age- 33 M/K/C/O Hypertension / Diabetes Mellitus / ~~IHD~~ ~~↑~~ ~~Hypids~~

Clinical Summary None

### ECG Findings

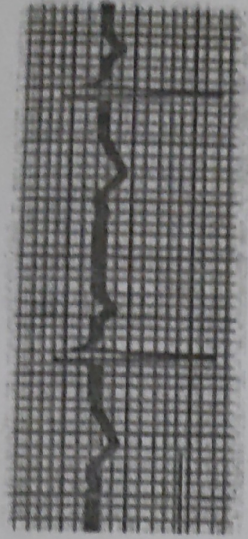
Rate 71 Rhythm Normal Mechanism Normal Axis Normal

P Wave Normal PR Interval .16 QRS Complex Q

ST segment Q

T Wave Q OT Interval .36

Recommendations None



Date 19/08/21

Appl. No./ Proposal No. \_\_\_\_\_

Dr. Rupinder Singh  
Physician & Cardiologist  
Baweja Hospital & Maternity Home  
Model House Road, Jalandhar City  
(Stamp With Code No.)