

**Name** : Mrs. MANISHA SHAW (30 /F)

**Date** : 11/03/2022

**Address** : 180/1, SHUBHNIWAS, J.N SINGH ROAD, GOALPARA, BARACKPORE, KOLKATA, KOLKATA, WEST BENGAL, INDIA

**Examined by:**

**UHID** : AMHL.0001927657

**Package** : MEDI WHEEL FULL BODY HCK - FEMALE (BELOW 40 YRS WITH TMT/ECHO)

**AHC No** : AMHLAH143688



## CHIEF COMPLAINTS

For corporate health checkup  
C/O Occasional bleeding PR present.  
PRESENT KNOWN ILLNESS:-  
H/O Infertility, married for 5 years - on medication.

No H/O HTN/DM/TB/Asthma/Heart Disease.



## DRUG ALLERGY

Nil

:14/03/2022



## SYSTEMIC REVIEW

### Cardiovascular system

Nil significant.

### Respiratory system

Nil significant.

### Gastrointestinal system

APPETITE - Normal, FLATULENCE AND  
DYSPEPSIA - Present occasional / settles on its  
own, on occasional medication PRN, BOWEL  
HABITS – Regular, PILES – Occasional bleeding  
PR.

### Genitourinary system

FREQUENCY – Normal.

### Gynaec history

P0+0, Married for 5 years, LMP - 14th February,  
Cycle - Regular, No other problem, on treatment for  
infertility.

### Central nervous system

HEADACHE – Present, 2 times a month / settles  
with occasional paracetamol, MEMORY &  
CONCENTRATION – Normal, SLEEP – Normal.

### Eyes

VISION - Normal.

### ENT

HEARING – Normal.

### Skin

Nil significant.

### Weight

Put on 5 kgs in 3 months



### Present medications

Tab. Fertisure F - 1 tab daily.



### Past medical history

Typhoid - 2011



### Surgical history

Surgical history - Nil



### Personal history

Marital status - Married

Diet - Vegetarian

Alcohol - does not consume alcohol

Smoking - No

Name : Mrs. MANISHA SHAW (30 /F)

UHID : AMHL.0001927657

Date : 11/03/2022

Package : MEDI WHEEL FULL BODY HCK - FEMALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH143688

Chews tobacco - No  
Physical activity - Active

No neurological deficit

### Family history

Father - alive  
Mother - alive  
Brothers - 1  
Sisters - 1  
Diabetes - paternal grandmother, maternal grandmother  
Coronary artery disease - none  
Cancer - None

### Skin

No significant finding

### Musculo Skeletal System

Extremities - No significant finding.  
Spine - No significant finding

### Ophthalmology consultation

Ophthalmology findings - Distant vision without glasses 6/6 (Right eye) and 6/6 (Left eye).  
Near vision with glasses N6.

## PHYSICAL EXAMINATION

### General

Build - obese  
Height (in cms) - 158  
Weight (in Kgs) - 75  
BMI - 30.04  
Pallor - no  
Oedema - no

### Cardiovascular system

Heart rate(Per minute) - 88  
Rhythm - Normal  
Systolic(mm of Hg) - 110  
Diastolic(mm of Hg) - 74  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds

### Abdomen

Appearance - Protruded.  
Organomegaly - No  
Tenderness - No

### Central nervous system

Printed By : AVIJIT DAS

Name : Mrs. MANISHA SHAW (30 /F)

UHID : AMHL.0001927657

Date : 11/03/2022

Package : MEDI WHEEL FULL BODY HCK - FEMALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH143688

**COMPLETE HAEMOGRAM PROFILE**

| Test Name                                  | Result                        | Unit           | Level | Range      |
|--|-------------------------------|----------------|-------|------------|
| Hemoglobin                                 | 12.5                          | g/dl           | ●     | 12.0-15.0  |
| RBC COUNT                                  | 4.24                          | Million/<br>ul | ●     | 3.8-4.8    |
| Hematocrit - Hct:                          | 37.5                          | %              | ●     | 36-46      |
| MCV  | 88.4                          | fl             | ●     | 83-101     |
| MCH  | 29.5                          | pg             | ●     | 27-32      |
| MCHC                                       | 33.4                          | %              | ●     | 31.5-34.5  |
| RDW  | 13.2                          | %              | ●     | 11.8-14.0  |
| WBC Count                                  | 9800                          | /cu mm         | ●     | 4000-10000 |
| Platelet Count                             | 2.38                          | lacs/cu<br>mm  | ●     | 1.5-4.0    |
| Neutrophils                                | 65                            | %              | ●     | 40-80      |
| Lymphocytes                                | 27                            | %              | ●     | 20-40      |
| Monocytes                                  | 05                            | %              | ●     | 2-10       |
| Eosinophils                                | 03                            | %              | ●     | 01-06      |
| Basophils                                  | 00                            | %              | ●     | 0-0        |
| RBC:                                       | Normocytic Normochromic cells |                |       |            |
| Platelets:                                 | Adequate on the smear         |                |       |            |
| ERYTHROCYTE<br>SEDIMENTATION<br>RATE (ESR) | 33 *                          | mm/1st<br>hr   | ●     | 0-20       |

**URINE ROUTINE AND MICROSCOPY**

| Test Name        | Result         | Unit | Level | Range |
|------------------|----------------|------|-------|-------|
| Volume:          | 40             | mL   |       |       |
| Colour:          | Pale Straw     |      |       |       |
| Appearance       | Clear          |      |       |       |
| Specific Gravity | 1.005          |      |       |       |
| pH:              | 6.0            |      |       |       |
| Albumin:         | Not Detected   |      |       |       |
| Glucose          | Not Detected   |      |       |       |
| Ketone:          | Not Detected   |      |       |       |
| Bile Pigments    | Not Detected   |      |       |       |
| RBC              | Nil            | /hpf |       |       |
| Pus Cells        | Occasional/hpf |      |       |       |

|                  |  |
|------------------|--|
| Epithelial Cells | 1-2 /h.p.f /hpf  |
| Casts:           | Not Found  |
| Crystals:        | Not Found  |
| Note             | Biological reference interval<br>RBC- 0-2/hpf<br>Pus Cell - 0-5/hpf. |

**URINE SUGAR - POST PRANDIAL (QUALITATIVE)**

| Test Name                          | Result | Unit | Level | Range |
|------------------------------------|--------|------|-------|-------|
| URINE<br>GLUCOSE(POST<br>PRANDIAL) | Nil    |      |       |       |

**URINE SUGAR- FASTING(QUALITATIVE)**

| Test Name                 | Result | Unit | Level | Range |
|---------------------------|--------|------|-------|-------|
| URINE<br>GLUCOSE(FASTING) | Nil    |      |       |       |

**BLOOD GROUPING AND TYPING (ABO AND RH)**

| Test Name    | Result   | Unit | Level | Range |
|--------------|----------|------|-------|-------|
| ABO Group:   | B        |      |       |       |
| Rh (D) Type: | POSITIVE |      |       |       |

**LIVER FUNCTION TEST (PACKAGE)**

| Test Name                          | Result | Unit  | Level | Range   |
|------------------------------------|--------|-------|-------|---------|
| ALT(SGPT) - SERUM                  | 27     | U/L   | ●     | 10-40   |
| ALBUMIN - SERUM                    | 4.3    | g/dL  | ●     | 3.5-5.1 |
| ALKALINE<br>PHOSPHATASE -<br>SERUM | 59     | U/L   | ●     | 42-98   |
| AST (SGOT) - SERUM                 | 24     | U/L   | ●     | 10-42   |
| BILIRUBIN TOTAL -<br>SERUM         | 0.7    | mg/dL | ●     | 0.0-1.0 |

**LIPID PROFILE TEST (PACKAGE)**

| Test Name              | Result | Unit  | Level | Range |
|------------------------|--------|-------|-------|-------|
| CHOLESTEROL -<br>SERUM | 135    | mg/dL | ●     | 0-200 |

**CREATININE - SERUM**

| Test Name          | Result | Unit  | Level | Range   |
|--------------------|--------|-------|-------|---------|
| CREATININE - SERUM | 0.7    | mg/dL | ●     | 0.6-1.1 |

**LIVER FUNCTION TEST (PACKAGE)**

| Test Name | Result | Unit | Level | Range |
|-----------|--------|------|-------|-------|
|-----------|--------|------|-------|-------|

● Within Normal Range    ● Borderline High/Low    ● Out of Range

Name : Mrs. MANISHA SHAW (30 /F)

UHID : AMHL.0001927657

Date : 11/03/2022

Package : MEDI WHEEL FULL BODY HCK - FEMALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH143688

|  |    |     |   |      |
|--|----|-----|---|------|
| GGTP: GAMMA<br>GLUTAMYL<br>TRANSPEPTIDASE -<br>SERUM | 25 | U/L | ● | 7-64 |
|--|----|-----|---|------|

|   |     |       |   |       |
|---|-----|-------|---|-------|
| TOTAL T3: TRI<br>IODOTHYRONINE -<br>SERUM | 1.1 | ng/ml | ● | 0.8-2 |
|---|-----|-------|---|-------|

|                                |     |       |   |          |
|--------------------------------|-----|-------|---|----------|
| TOTAL T4:<br>THYROXINE - SERUM | 5.4 | µg/dL | ● | 5.1-14.1 |
|--------------------------------|-----|-------|---|----------|

**GLUCOSE - PLASMA (FASTING)**

| Test Name                     | Result | Unit  | Level | Range |
|-------------------------------|--------|-------|-------|-------|
| GLUCOSE - PLASMA<br>(FASTING) | 87     | mg/dL | ●     | 70-99 |

**LIPID PROFILE TEST (PACKAGE)**

| Test Name                | Result | Unit  | Level | Range |
|--------------------------|--------|-------|-------|-------|
| TRIGLYCERIDES -<br>SERUM | 108    | mg/dL | ●     | 0-150 |

**GLUCOSE - PLASMA (POST PRANDIAL)**

| Test Name                           | Result | Unit  | Level | Range  |
|-------------------------------------|--------|-------|-------|--------|
| GLUCOSE - PLASMA<br>(POST PRANDIAL) | 216 *  | mg/dL | ●     | 70-140 |

**THYROID PROFILE - I(T3,T4 AND TSH)**

| Test Name                                      | Result | Unit   | Level | Range       |
|--|--------|--------|-------|-------------|
| TSH: THYROID<br>STIMULATING<br>HORMONE - SERUM | 2.6    | µIU/mL | ●     | 0.270-4.200 |

**HBA1C (GLYCOSYLATED**

**HAEMOGLOBIN)-WHOLE BLOOD**

| Test Name  | Result | Unit | Level | Range  |
|--|--------|------|-------|--|
| HBA1C<br>(GLYCOSYLATED<br>HAEMOGLOBIN)-WHO<br>LE BLOOD | 5.2    | %    | ●     | Nondiabetic : 4<br>- 5.6 %<br>Prediabetics :<br>5.7 - 6.4%<br>Diabetes :<br>>= 6.5%<br>ADA<br>Theraputic goal<br>: <7% |

**URIC ACID - SERUM**

| Test Name         | Result | Unit  | Level | Range   |
|-------------------|--------|-------|-------|---------|
| URIC ACID - SERUM | 5.0    | mg/dL | ●     | 2.6-6.0 |

**LIVER FUNCTION TEST (PACKAGE)**

| Test Name                                   | Result | Unit  | Level | Range   |
|---|--------|-------|-------|---------|
| BILIRUBIN<br>CONJUGATED<br>(DIRECT) - SERUM | 0.2    | mg/dL | ●     | 0.0-0.2 |

**LIPID PROFILE TEST (PACKAGE)**

| Test Name                                | Result | Unit  | Level | Range |
|--|--------|-------|-------|-------|
| HDL CHOLESTEROL -<br>SERUM               | 32     | mg/dL | ●     | 30-70 |
| LDL CHOLESTEROL<br>-SERUM                | 90     | mg/dL | ●     | 0-100 |
| VLDL CHOLESTEROL -<br>SERUM (Calculated) | 13     | mg/dL | ●     | 0-35  |

**BUN (BLOOD UREA NITROGEN)**

| Test Name                    | Result | Unit  | Level | Range    |
|------------------------------|--------|-------|-------|----------|
| BUN (BLOOD UREA<br>NITROGEN) | 6.7 *  | mg/dL | ●     | 7.0-18.0 |

**LIVER FUNCTION TEST (PACKAGE)**

| Test Name   | Result  | Unit | Level | Range   |
|-------------|---------|------|-------|---------|
| A/G - RATIO | 1.2:1.0 |      |       | 1.0-2.0 |

**LIVER FUNCTION TEST (PACKAGE)**

| Test Name                            | Result | Unit | Level | Range   |
|--------------------------------------|--------|------|-------|---------|
| PROTEIN TOTAL -<br>SERUM             | 7.7    | g/dL | ●     | 6.4-8.3 |
| GLOBULIN:<br>(CALCULATED) -<br>SERUM | 3.5    | g/dL | ●     | 1.8-3.6 |

**PAP SMEAR /CERVICAL SMEAR**

Ref No:  
AG01.C2201109  
SPECIMEN TYPE:  
Conventional cervical smear (Pap) x 1  
SPECIMEN ADEQUACY:  
Satisfactory for evaluation without endocervical cells.  
INTERPRETATION/RESULT:  
Negative for intraepithelial lesion or malignancy,with no  
organism

**THYROID PROFILE - I(T3,T4 AND TSH)**

| Test Name | Result | Unit | Level | Range |
|-----------|--------|------|-------|-------|
|-----------|--------|------|-------|-------|

**ECG**

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

● Within Normal Range    ● Borderline High/Low    ● Out of Range

Name : Mrs. MANISHA SHAW (30 /F)

UHID : AMHL.0001927657

Date : 11/03/2022

Package : MEDI WHEEL FULL BODY HCK - FEMALE (BELOW 40 YRS WITH  
TMT/ECHO)

AHC No : AMHLAH143688

---

#### TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

#### ULTRASOUND SCREENING WHOLE ABDOMEN

\* Fatty changes in liver.

#### X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

#### Haematology

STOOL ROUTINE

 Within Normal Range     Borderline High/Low     Out of Range

**Name** : Mrs. MANISHA SHAW (30 /F)

**UHID** : AMHL.0001927657

**Date** : 11/03/2022

**Package** : MEDI WHEEL FULL BODY HCK - FEMALE (BELOW 40 YRS WITH  
TMT/ECHO)

**AHC No** : AMHLAH143688

---

**Other Lifestyle Changes & Recommendations :-**

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

**Name** : Mrs. MANISHA SHAW (30 /F)

**UHID** : AMHL.0001927657

**Date** : 11/03/2022

**Package** : MEDI WHEEL FULL BODY HCK - FEMALE (BELOW 40 YRS WITH  
TMT/ECHO)

**AHC No** : AMHLAH143688

---