

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MS. VORUGONDA RAJANI
EC NO.	169585
DESIGNATION	SINGLE WINDOW OPERATOR A
PLACE OF WORK	HYDERABAD,QUTHBULLAPUR
BIRTHDATE	30-05-1986
PROPOSED DATE OF HEALTH CHECKUP	12-01-2023
BOOKING REFERENCE NO.	22M169585100035644E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **05-01-2023** till **31-03-2023** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

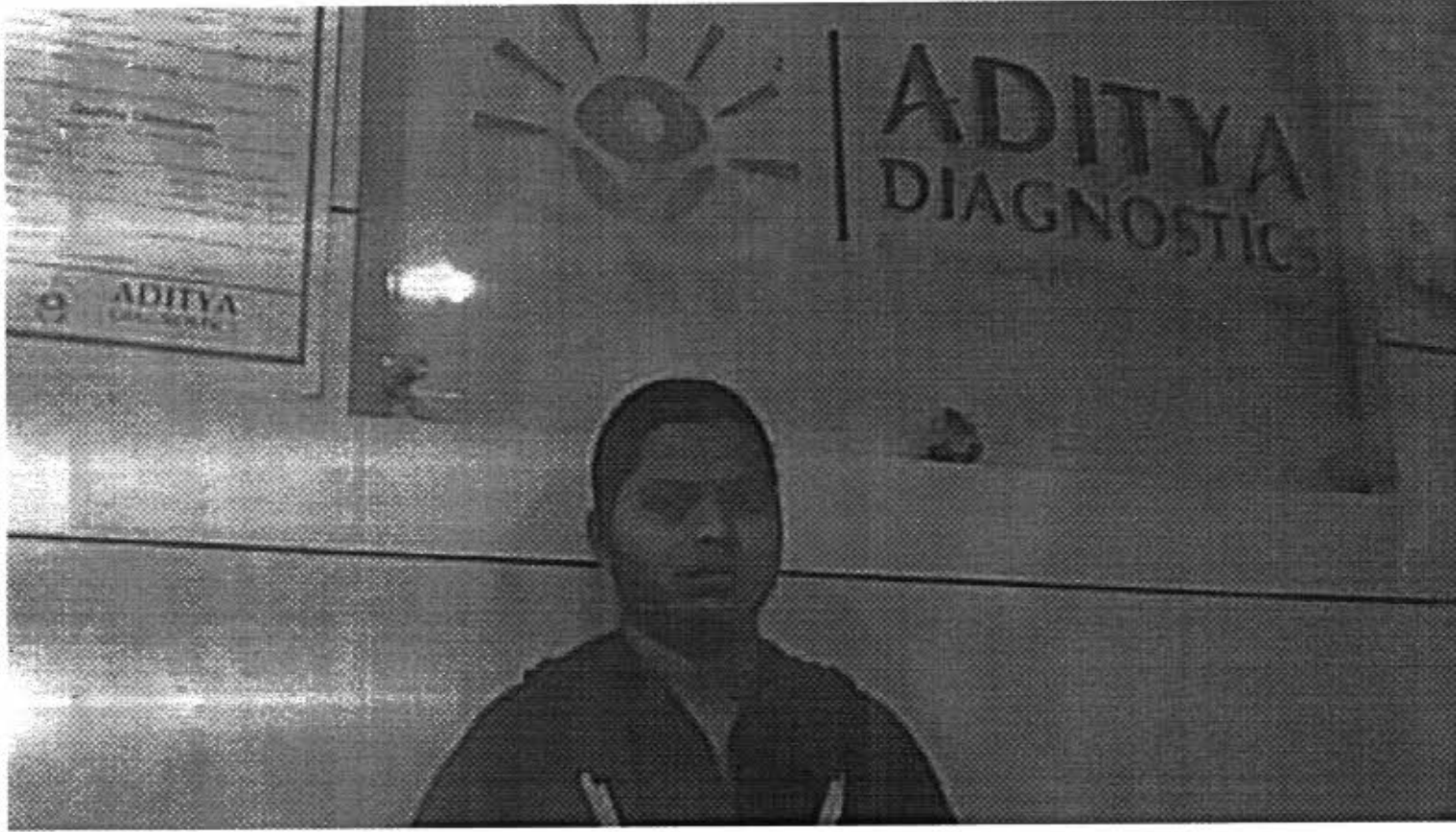
Sd/-

Chief General Manager
HRM Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

SUGGESTIVE LIST OF MEDICAL TESTS

FOR MALE	FOR FEMALE
CBC	CBC
ESR	ESR
Blood Group & RH Factor	Blood Group & RH Factor
Blood and Urine Sugar Fasting	Blood and Urine Sugar Fasting
Blood and Urine Sugar PP	Blood and Urine Sugar PP
Stool Routine	Stool Routine
Lipid Profile	Lipid Profile
Total Cholesterol	Total Cholesterol
HDL	HDL
LDL	LDL
VLDL	VLDL
Triglycerides	Triglycerides
HDL / LDL ratio	HDL / LDL ratio
Liver Profile	Liver Profile
AST	AST
ALT	ALT
GGT	GGT
Bilirubin (total, direct, indirect)	Bilirubin (total, direct, indirect)
ALP	ALP
Proteins (T, Albumin, Globulin)	Proteins (T, Albumin, Globulin)
Kidney Profile	Kidney Profile
Serum creatinine	Serum creatinine
Blood Urea Nitrogen	Blood Urea Nitrogen
Uric Acid	Uric Acid
HBA1C	HBA1C
Routine urine analysis	Routine urine analysis
USG Whole Abdomen	USG Whole Abdomen
General Tests	General Tests
X Ray Chest	X Ray Chest
ECG	ECG
2D/3D ECHO / TMT	2D/3D ECHO / TMT
Stress Test	Thyroid Profile (T3, T4, TSH)
PSA Male (above 40 years)	Mammography (above 40 years) and Pap Smear (above 30 years).
Thyroid Profile (T3, T4, TSH)	Dental Check-up consultation
Dental Check-up consultation	Physician Consultation
Physician Consultation	Eye Check-up consultation
Eye Check-up consultation	Skin/ENT consultation
Skin/ENT consultation	Gynaec Consultation





Name : MS. RAJANI V
Age /Sex : 36 Y / F
Ref. By : BANK OF BARODA (MW)

Reg. No : 023-2748
Registration Date : 12-01-2023
Alt ID : 169585

X-RAY CHEST PA VIEW

- Hilar regions are normal.
- Both C P angles are free.
- Domes of diaphragms are normal.
- Bony cage is normal
- Cardio thoracic ratio is normal.
- Lung - clear. No Evidence of any Signs of active Tuberculosis

IMPRESSION : **** NORMAL STUDY**


Dr Ravi Krishna
Consultant Radiologist



Name : MS. RAJANI V
Age /Sex : 36 Y / F
Ref. By : BANK OF BARODA (MW)

Reg. No : 023-2748
Registration Date : 12-01-2023
Alt ID : 169585

Investigation

Result

Normal Ranges

HAEMOGRAM

Investigation

Result

Normal Range

Haemoglobin	13.2 gm%	Male : 14.0 - 18.0 gm % Female : 11.5 - 16.0 gm % Children : 12 - 14 gm%
R B C mil/cmm	4.5 mil/cmm	Male : 4.5 - 6.5 mil/cmm Female : 4.0 - 5.5 mil/cmm
Packed Cell volume (PCV)	38 %	Male : 40 - 54 % Female : 36 - 49 % 76 - 96 Cubic microns
MCV	81 Cubic microns	27- 32 Picograms
MCH	29 Picograms	30 - 36 gm%
MCHC	34 gm%	4,000 - 11,000 cells/cmm
WBC (Total)	7,800 cells/cmm	
<u>DIFFERENTIAL COUNT</u>		
Neutrophils (Polymorphs)	64 %	Adults : 40 - 75 % Children : 36- 50 %
Lymphocytes	30 %	Adults : 20 - 40 % Children : 36- 50 %
Eosinophils	03 %	1 - 6 %
Monocytes	03 %	2 - 10 %
Basophils	00 %	00 - 01 %
Platelet count	2,94,000 cells/cmm	1,50,000 - 4,00,000 cells/cmm
ESR 1st Hour	05 mm/hour	Male : 0 - 10 mm / hour Female : 0 - 14 mm / hour
Reticulocyte count	0.8 %	0.5 - 1.0 %

PERIPHERAL SMEAR EXAMINATION

RBC's Morphology	Normocytic / Normochromic
WBC	With in normal limits
Plateletes	Adequate
Abnormal Cells	Nil

Method : Automated Cellcounter&Microscopy

Dr Rajani Gutha, PhD
Chief Biochemist

* End of Report *
Verified by

Dr S Ramadevi, MD
Consultant Pathologist



Name : MS. RAJANI V
Age /Sex : 36 Y / F
Ref. By : BANK OF BARODA (MW)

Reg. No : O23-2748
Registration Date : 12-01-2023
Alt ID : 169585

Investigation

Result

Reference Range

Fasting Plasma Glucose *
Blood Sugar
Method GOD-POD

96 mg/dl

70 - 110 mg/dl

Post Prandial Glucose *
(Blood Sugar)
Method GOD-POD

108 mg/dl

70 - 160 mg/dl

Dr Rajini G, PhD
Chief Biochemist

* End of Report *

Verified by

Dr S Ramadevi MD
Consultant Pathologist



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Investigation

Result

Reference Range

Blood Urea *
Method GLDH

17 mg/dl

10 - 50 mg/dl

Blood Urea Nitrogen *
Calculated

7.9 mg/dl

6 - 25.5 mg/dl

Serum Creatinine *
Method Enzymatic

0.7 mg/dl


Male : 0.7 - 1.3 mg/dl
Female : 0.6 - 1.1 mg/dl
New Born 1 - 4 days : 0.3 - 1.0 mg/dl
Infant (upto 1year) : 0.2 - 0.4 mg/dl
Children : 0.3 - 0.7 mg/dl

Serum Uric Acid *
Method:Uricase POD

4.6 mg/dl

Male : 3.5 - 7.2 mg/dl
Female : 2.6 - 6.0 mg/dl

* End of Report *


Dr Rajani G, PhD
Chief Biochemist


Verified by


Dr S Ramadevi MD
Consultant Pathologist



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Age /Sex : 36 Y /F
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Registration Date : 12-01-2023
Alt ID : 169585

Investigation

Result
Lipid Profile

Reference Range

Total Cholesterol *
Method CHOD-POD

140 mg/dL

Normal : < 200 mg/dL
Borderline High : 200 - 239 mg/dL
High : > 240 mg/dL

Serum Triglycerides *
Method GPO - POD

85 mg/dL

Normal : < 150 mg/dL
Borderline High : 150 - 199 mg/dL
High : 200 - 499 mg/dL
Very High : =/> 500 mg/dL

H D L Cholesterol *
Method Direct CHOD-PAD

37 mg/dL

Low : < 40
High : > 60

L D L Cholesterol *
Method Calculated

86 mg/dL

Optimal : < 100
Borderline High : 130 - 159
High : 160 - 189
Very High : =/> 190

V L D L Cholesterol *
Method Calculated

17 mg/dL

10 - 30 mg/dL

TC / HDL Cholesterol Ratio *
Method Calculated

3.78 Ratio

3.0 - 5.0 Ratio

LDL / HDL Ratio *
Method Calculated

2.32 Ratio

1.5 - 3.5 Ratio

* End of Report *

Ramadevi

Rajani
Dr Rajani G, PhD
Chief Biochemist

h
Verified by

Dr S Ramadevi MD
Consultant Pathologist



Name : MS. RAJANI V
Age /Sex : 36 Y / F
Ref. By : BANK OF BARODA (MW)

Reg. No : O23-2748
Registration Date : 12-01-2023
Alt ID : 169585

Investigation	Result	Reference Range
Liver Function Tests		
Total Bilirubin (Method: Walter &Gerarde)	0.38 mg/dl	0.3 - 1.2 mg/dl
Direct Bilirubin (Conjugated) (Method: Walter &Gerarde)	0.16 mg/dl	0.0 - 0.2 mg/dl
Indirect Bilirubin (Unconjugated)	0.22 mg/dl	
Alkaline Phosphatase (Method: GSCC)	66 U/L	Male : 53 - 128 U/L Female : 42 - 98 U/L Children : 54 - 369 U/L
SGPT (Method: IFCC)	18 IU/L	UP TO 55 IU/L
SGOT (Method: IFCC)	19 IU/L	UP TO 55 IU/L
Total Proteins (Method: Biuret)	7.4 gm/dl	6.0 - 8.3 gm/dl
Albumin (Method: BCG)	3.7 gm/dl	3.5 - 5.2 gm/dl
Globulin (Method: Calculated)	3.7 gm/dl	
A/G Ratio	1	
Gamma GT IFCC Method	24 U/L	Male : 10 - 50 U/L Female : 7 - 35 U/L
Lab Incharge		

Dr Rajini G, PhD
Chief Biochemist

* End of Report *

Verified by

Dr. S Ramadevi MD
Consultant Pathologist



Name : MS. RAJANI V
Age /Sex : 36 Y / F
Ref. By : BANK OF BARODA (MW)


Reg. No : 023-2748
Registration Date : 12-01-2023
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<u>Investigation</u>	<u>Result</u>	<u>Normal Ranges</u>
Trilodothyronine Total (TT3)	1.01 ng/mL	0.60 - 1.81 ng/mL
Thyroxine - Total (TT4)	9.5 mg/dL	3.5 - 12.6 mg/dL
Thyroid Stimulating Hormone(TSH) Method: C.L.I.A	4.77 μ IU/ml	0.35 - 5.50 μ IU/ml

Interpretation


Primary malfunction of the thyroid gland may result in excessive (hyper) or below normal (hypo) release of T3 or T4. In addition, as thyroid function is directly affected by TSH. Diagnostically, T3 concentration is more sensitive to certain thyroid conditions than T4. While T4 levels are a sensitive (and superior) indicator of hypothyroidism, T3 blood levels better define hyperthyroidism. Because T3 concentration in serum changes faster and more markedly than T4, the T3 level is also an excellent indicator of the ability of the thyroid to respond to both stimulatory and suppressive tests. Under conditions of strong thyroid stimulation, the T3 level offers a good.

It is especially useful in the differential diagnosis of primary (thyroid) from secondary (pituitary) and tertiary (hypothalamus) hypothyroidism. In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hypothyroidism, TSH levels are low.


Dr Rajani Gutha, PhD
Chief Biochemist

* End of Report *

Verified by


Dr S Ramesh, MD
Consultant Pathologist



Name : MS. RAJANI V
Age /Sex : 36 Y / F
Ref. By : BANK OF BARODA (MW)

Reg. No : O23-2748
Registration Date : 12-01-2023
Alt ID : 169585

Investigation

Result

Reference Range

% HbA1c (Glycosylated Haemoglobin)
(Method: HPLC-NGSP Certified)

5.6 %

< 6.0 : Pre Diabetic
6-7 : Good Control
7-8 : Weak Control
> 8.0 : Poor Control

Intpretation :

HbA1c is an indicator of glycemic control. HbA1c represents average glycemia over the past six to eight weeks. Glycation of hemoglobin occurs over the entire 120 day life span of the red blood cell, but within this 120 days. Recent glycemia has the largest influence on the HbA1c value. Clinical studies suggest that a patient in stable control will have 50% of their HbA1c formed in the month before sampling, 25% in the month before that, and the remaining 25% in months two to four.

Mean Plasma Glucose mg/dl = (HbA1c x 35.6) - 77.3)

Correlation between HbA1c and Mean Plasma Glucose (MPG) is not "perfect" but rather only .81 (1.0 would be a straight line, which has "perfect" correlation...) This means that to predict or estimate average glucose from Hb-A1c or vice-versa is not "perfect" but gives a good working ballpark estimate. Afternoon and evening results correlate more closely to HbA1c than morning results, perhaps because morning fasting glucose levels vary much more than daytime glucose levels, which are easier to predict and control.

Dr Rajini G, PhD
Chief Biochemist

* End of Report *

Verified by

Dr S Ramadevi MD
Consultant Pathologist



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 Age /Sex : 36 Y / F
 Ref. By : BANK OF BARODA (MW)

Reg. No : 023-2748
 Registration Date : 12-01-2023
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Investigation

Result

Complete Urine Examination

Investigation

Result

PHYSICAL EXAMINATION

Colour : Pale Yellow
 Apperance : Clear
 Reaction : Acidic
 Specific Gravity : 1.025

CHEMICAL EXAMINATION

Albumin : Nil
 Glucose : Nil

MICROSCOPIC EXAMINATION

Pus Cells : 1 - 2 /HPF
 Epithelial Cells : 1 - 2 /HPF
 RBC : Nil /HPF
 Crystals : Nil
 Casts : Nil
 Bacteria : Nil
 Others : Nil

End of report

Dr Rajani Gupta
 @the_biochemist

Verified by

Ramadas
 D. RS Ramadas, MD
 Consultant Pathologist

ADITYA DIAGNOSTICS & RESEARCH LABS ECG REPORT

ID : 3247 Years Male kg cm mmHg Room No. Department: Exam Room: Medication:

HR : 73 bpm
 P : 100 ms
 PR : 159 ms
 QRS : 76 ms
 QT/QTc : 370/408 ms
 P:QRS/T : 12/-8/12 °
 RV5/SV1 : 1914/0.965 mV

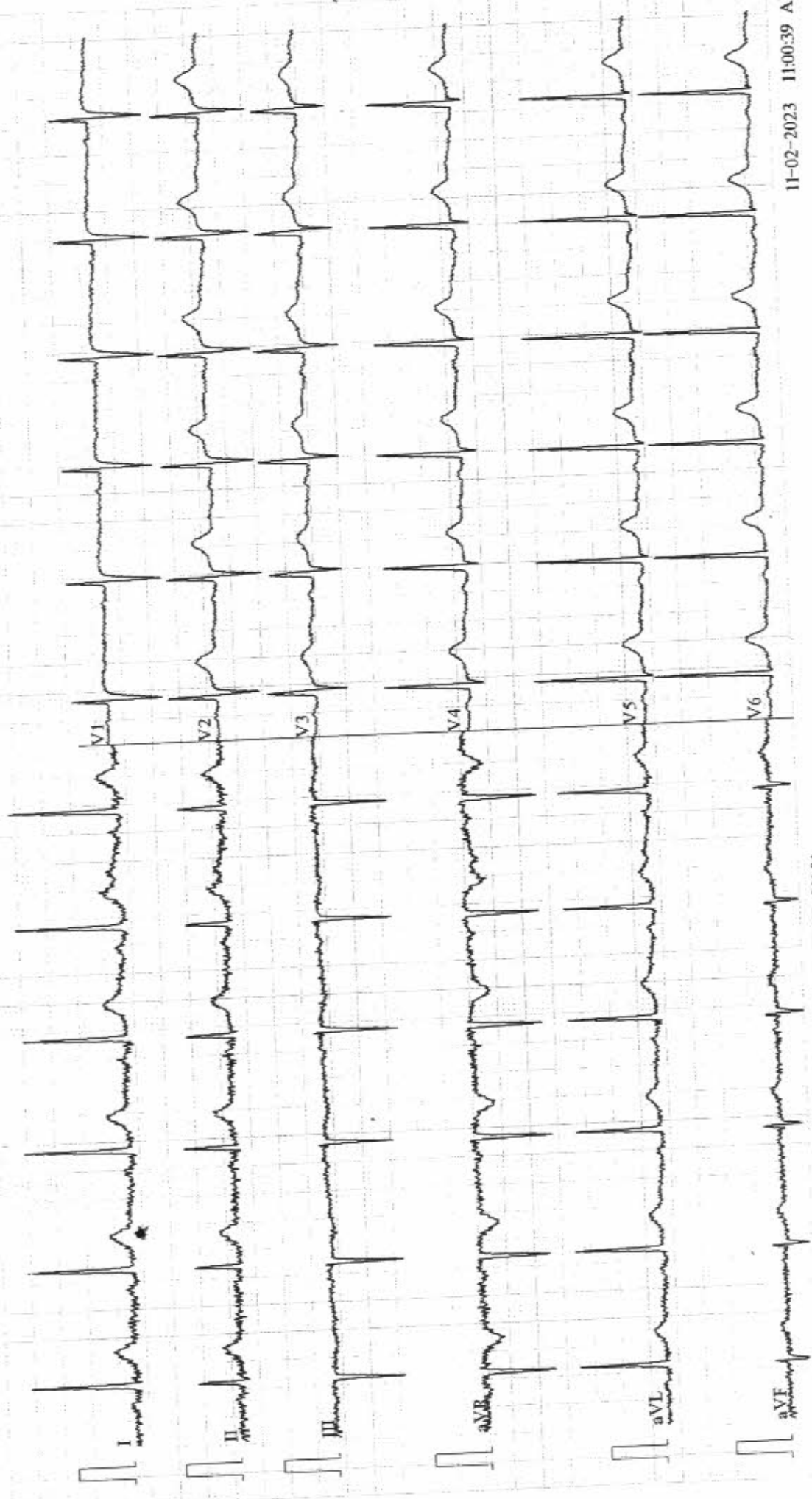
O23-2748 F / 36 Y

MS RAJAN
 Aditya Diagnostics 12-01-2023

Technician :
 Ref-Phys. :
 Report Confirmed by:

NSR
 ✓

Diagnosis Information:
 Sinus Rhythm
 Abnormal Q Wave(III)



ADITYA DIAGNOSTIC & RESEARCH LABORATORIES

0232748 / MS RAJANI V

36 Yrs / Female

61 Kg / 150 Cms

12-Jan-2023 11:35:48 AM

Summary

Protocol : BRUCE

Medication : YES

Ref By : BANK OF BARODA

Objective :

Stage	StageTime (Min:Sec)	PhaseTime (Min:Sec)	Speed (mph)	Grade (%)	METs	H.R. (bpm)	B.P. (mmHg)	R.P.P. x100	PVC	Comments
Supine					1.0	80	120/70	96	-	
Standing					1.0	111	120/70	133	-	
HV					1.0	118	120/70	141	-	
ExStart					1.0	125	120/70	150	-	
Stage 1	3:00	3:01	1.7	10.0	4.7	134	130/80	174	-	
Stage 2	3:00	6:01	2.5	12.0	7.1	158	140/90	221	-	
PeakEX	0:42	6:43	3.4	14.0	7.8	173	140/90	242	-	
Recovery	1:00		1.1	0.0	1.2	136	140/90	190	-	
LegPain	1:15	6:44	1.1	0.0	1.0	136	130/80	176	-	
Recovery	2:00		1.1	0.0	1.0	123	130/80	159	-	
Recovery	3:00		0.0	0.0	1.0	104	120/70	124	-	
Recovery	3:02		0.0	0.0	1.0	100	120/70	120	-	

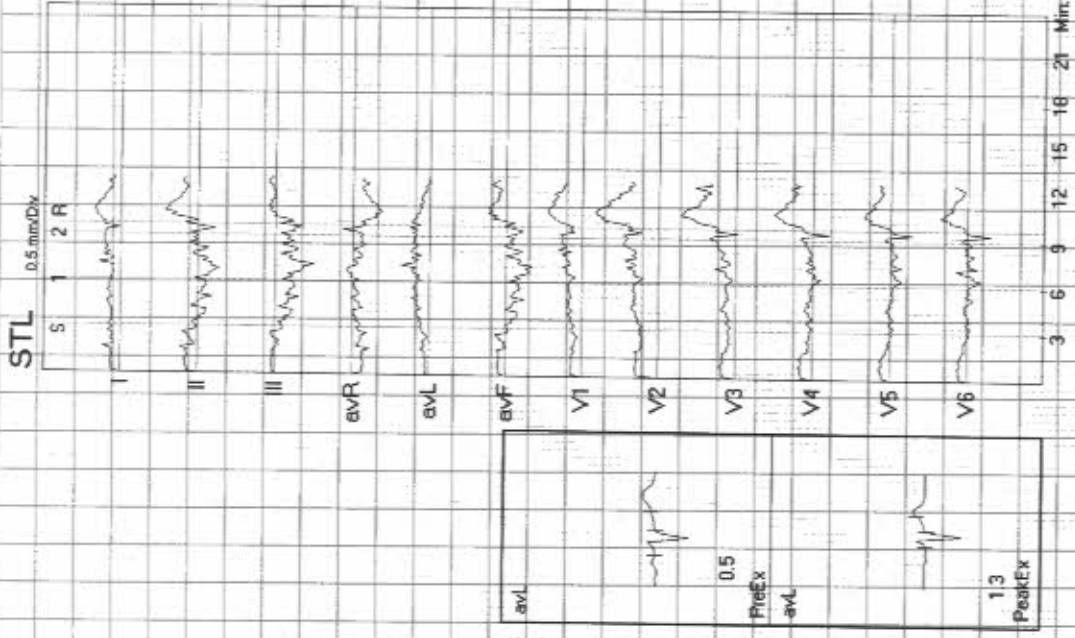
Findings :

Exercise Time : 06:43
 Max HR Attained : 173 bpm 94% of Target 184
 Max BP : 140/90 (mmHg)
 Max WorkLoad attained : 7.8 (Fair Effort Tolerance)

Advice/Comments:

TMV is Negative FOR
 INDUCIBLE ISCHEMIA

Dr. V. HARIRAM
 MD/DM (Card)
 HARI'S HEART CLINIC



ADITYA DIAGNOSTIC & RESEARCH LABORATORIES
 MIG 256-258, S R TOWERS, ROAD NO 4, REMEDY LINE KPHB, HYD TS.

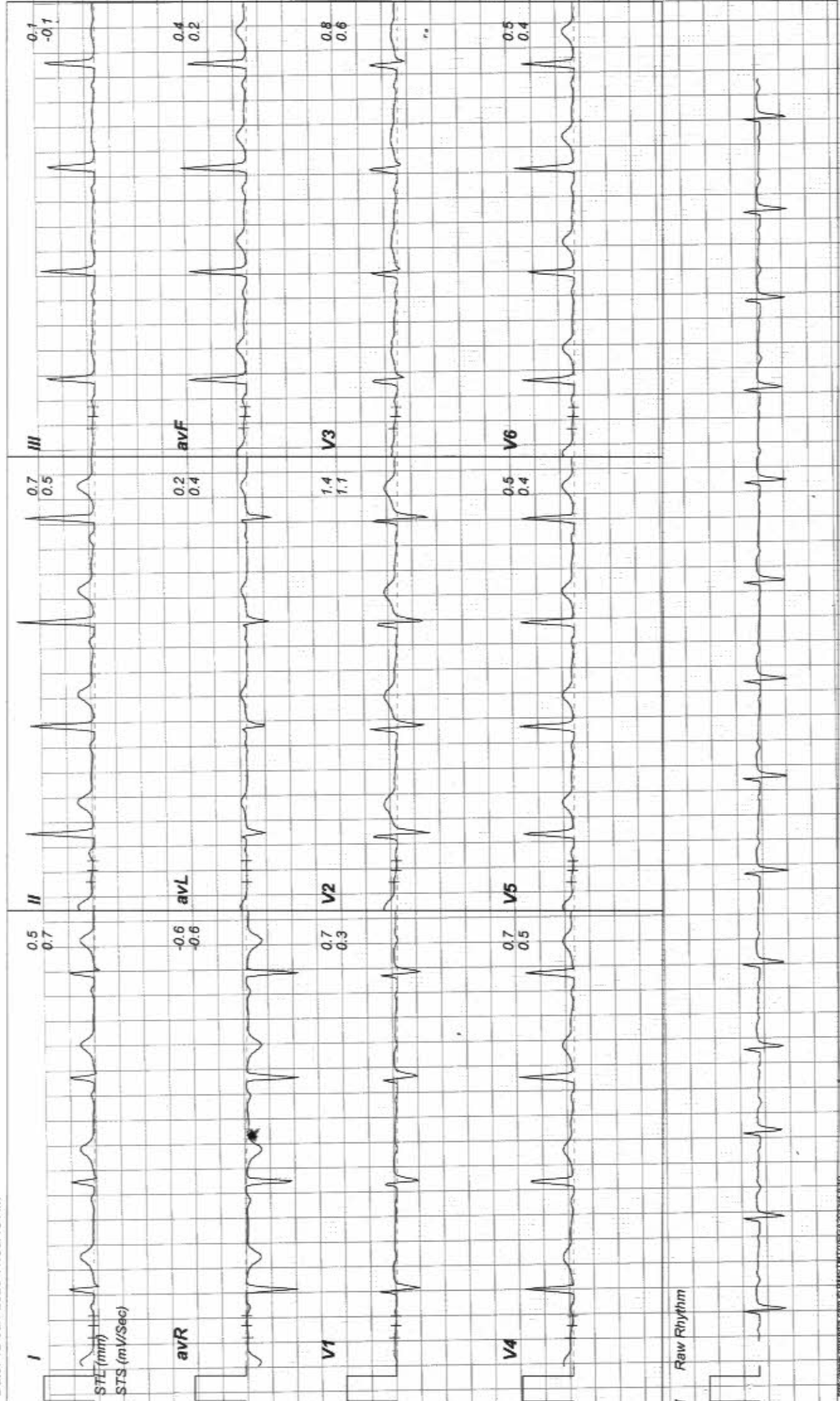
0232748 / MS RAJANI V
 HR: 82 bpm
 METS: 1.0
 BP: 120/70
 36 Yrs / Female
 61 Kg / 150 Cm/
 Date: 12-Jan-2023 11:35:48 AM

Linked Medians Report

Ex Time 00:59
 BLC :On
 Notch :On
 (0.05-100)Hz



SUPINE
 1.0 Cm/mV
 25 mm/Sec.



ADITYA DIAGNOSTIC & RESEARCH LABORATORIES
 MIG 256-258, S R TOWERS, ROAD NO 4, REMEDY LINE KPHB, HYD TS.

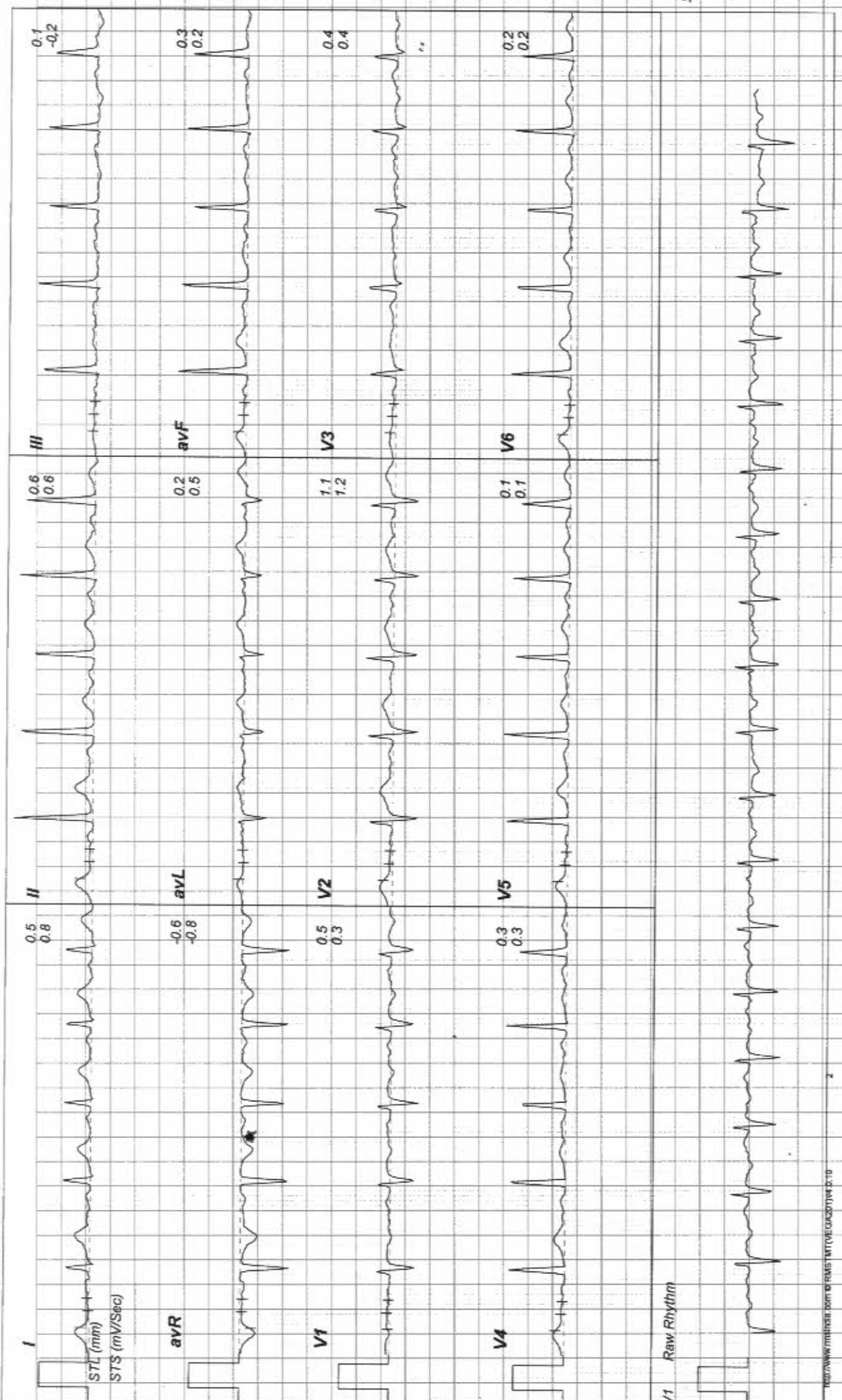
Linked Medians Report



HR: 112 bpm
 METS: 1.0
 BP: 120/70
 Tgt HR: 60% of 184
 Speed: 11.0 mph
 Grade: 0.0%

Ex Time 02:17
 BLC : On
 Notch : On
 STANDING
 1.0 Cm/mV
 25 mm/Sec.

Date: 12-Jan-2023 11:35:48 AM



ADITYA DIAGNOSTIC & RESEARCH LABORATORIES
 MIG 256-258, S R TOWERS, ROAD NO 4, REMEDY LINE KPHB, HYD TS.

Linked Medians Report

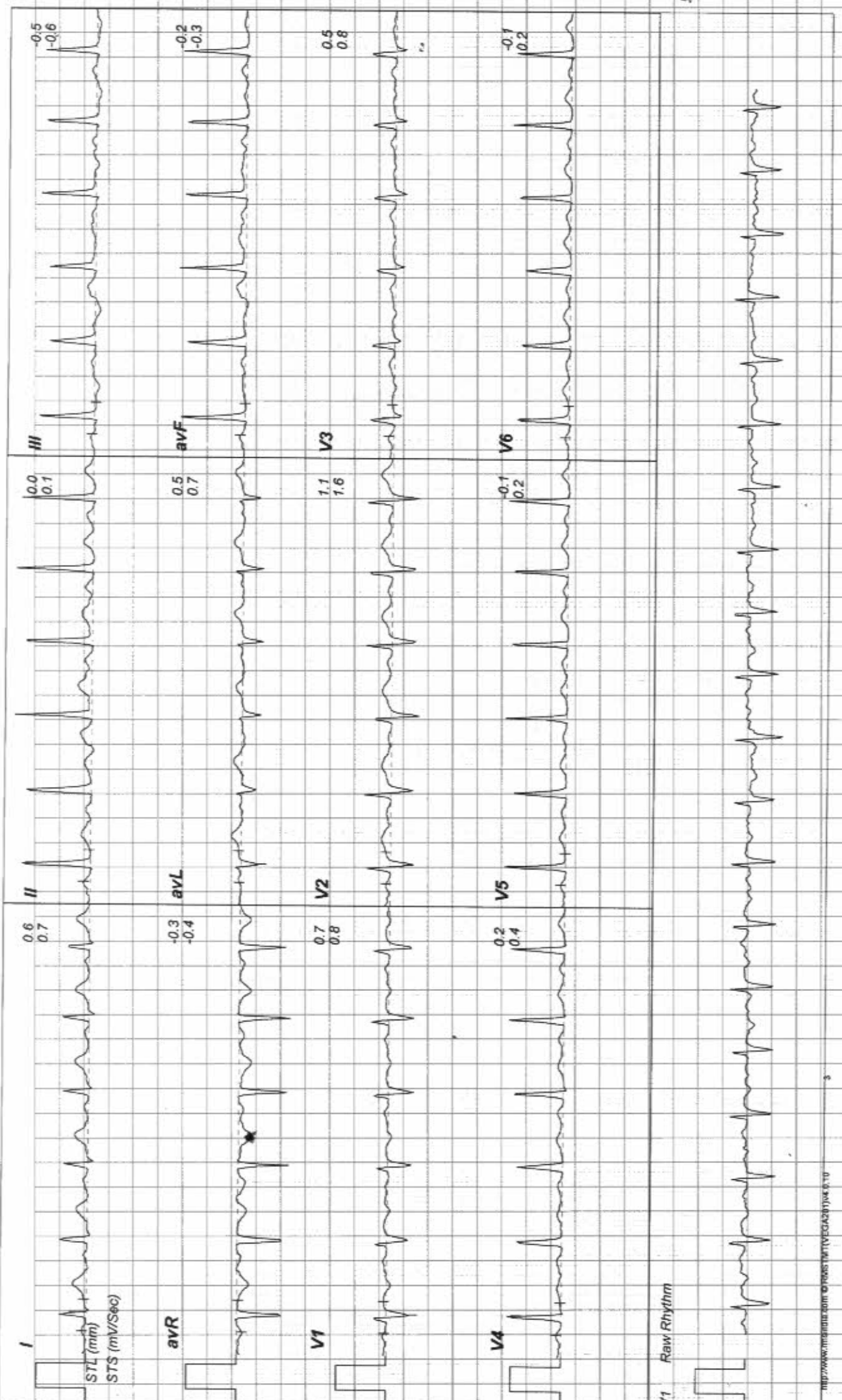


HR: 118 bpm
 METS: 1.0
 BP: 120/70

Ex Time 02:59
 BLC :On
 Notch :On

HV
 1.0 Cm/mV
 25 mm/Sec.

0232748 / MS RAJANI V
 36 Yrs / Female
 61 Kg / 150 Cm/
 Date: 12-Jan-2023 11:35:48 AM



ADITYA DIAGNOSTIC & RESEARCH LABORATORIES
 MIG 256-258, S R TOWERS, ROAD NO 4, REMEDY LINE KPFB, HYD TS.

Linked Medians Report

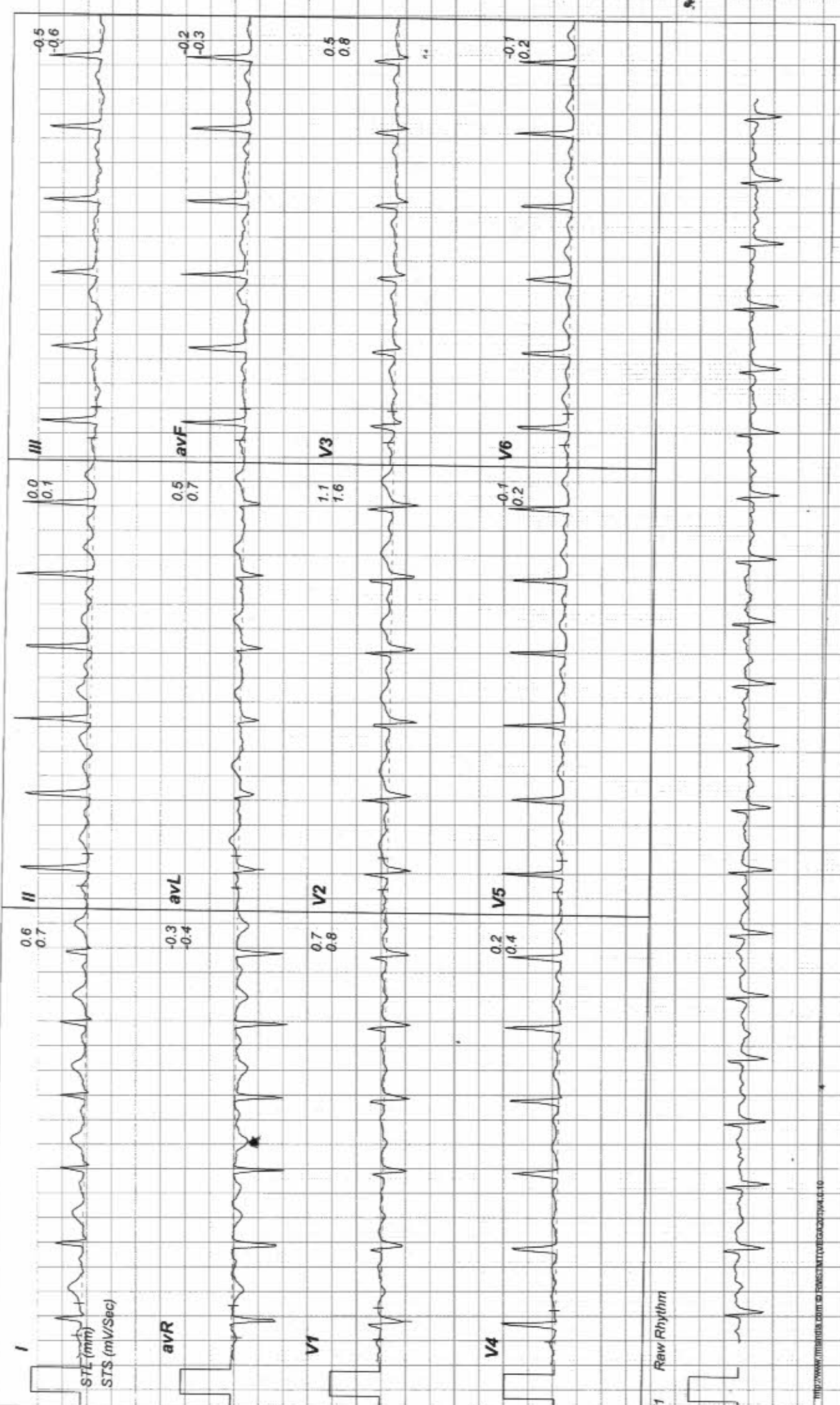


0232748 / MS RAJANI V
 HR: 125 bpm
 METS: 1.0
 BP: 120/70
 Date: 12-Jan-2023 11:35:48 AM

Ex Time 00:00
 BLC : On
 Notch : On

ExStrt
 1.0 Cm/mV
 25 mm/Sec.

(0.05-100)Hz



ADITYA DIAGNOSTIC & RESEARCH LABORATORIES
 MIG 256-258, S R TOWERS, ROAD NO 4, REMEDY LINE KPHB, HYD TS.

Linked Medians Report



Stage 1 (03:00)
 1.0 Cm/mV
 25 mm/Sec.

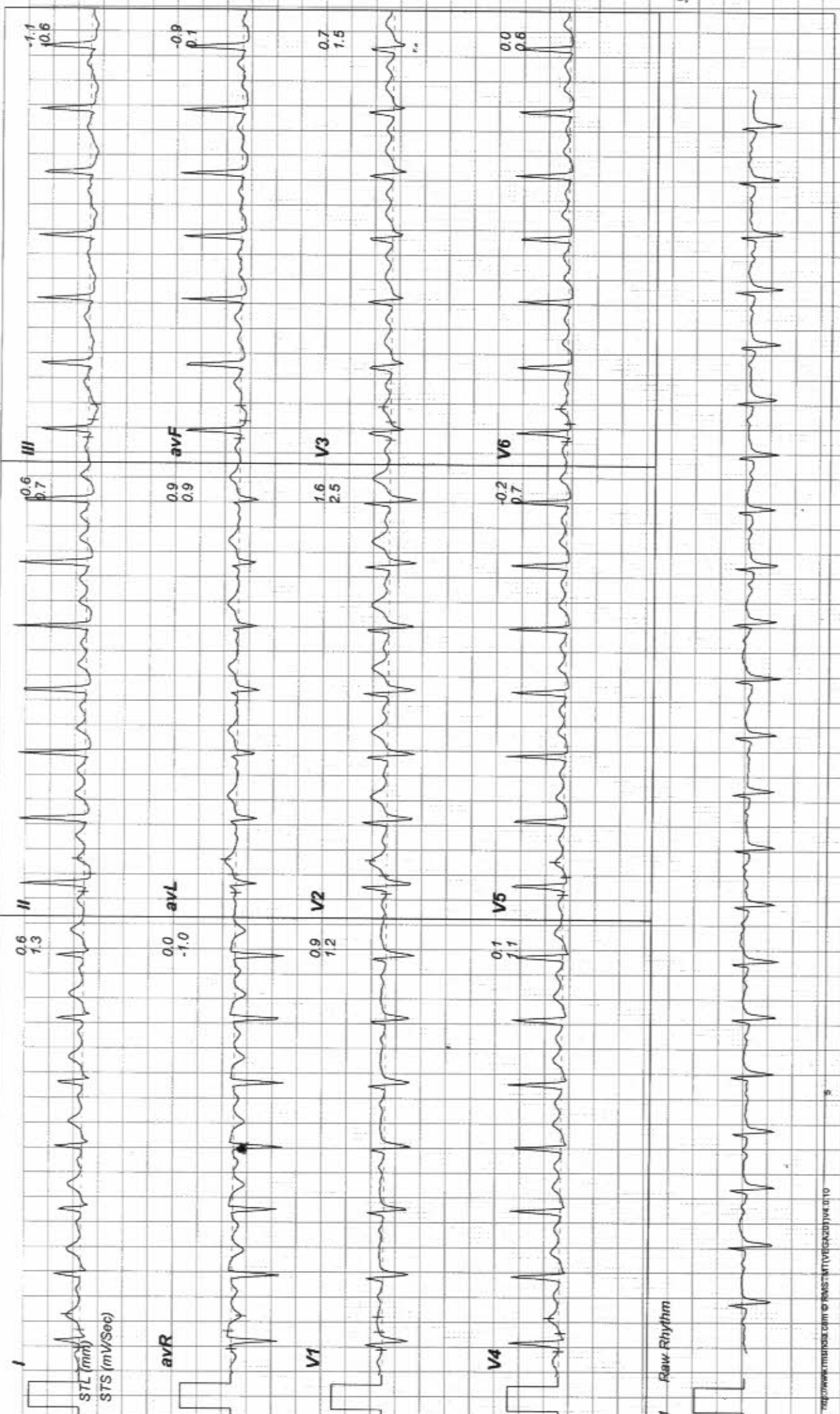
Ex Time 03:00
 BLC :On
 Notch :On

(0.05-100)Hz

Tgt HR: 72% of 184
 Speed: 17.0 mph,
 Grade: 10.0%

HR: 134 bpm
 METS: 4.7
 BP: 130/80

0232748 / MS RAJANI V
 36 Yrs / Female
 61 Kg / 150 Cm/
 Date: 12-Jan-2023 11:35:48 AM



ADITYA DIAGNOSTIC & RESEARCH LABORATORIES
 MIG 256-258, S R TOWERS, ROAD NO 4, REMEDY LINE KPHB, HYD TS.

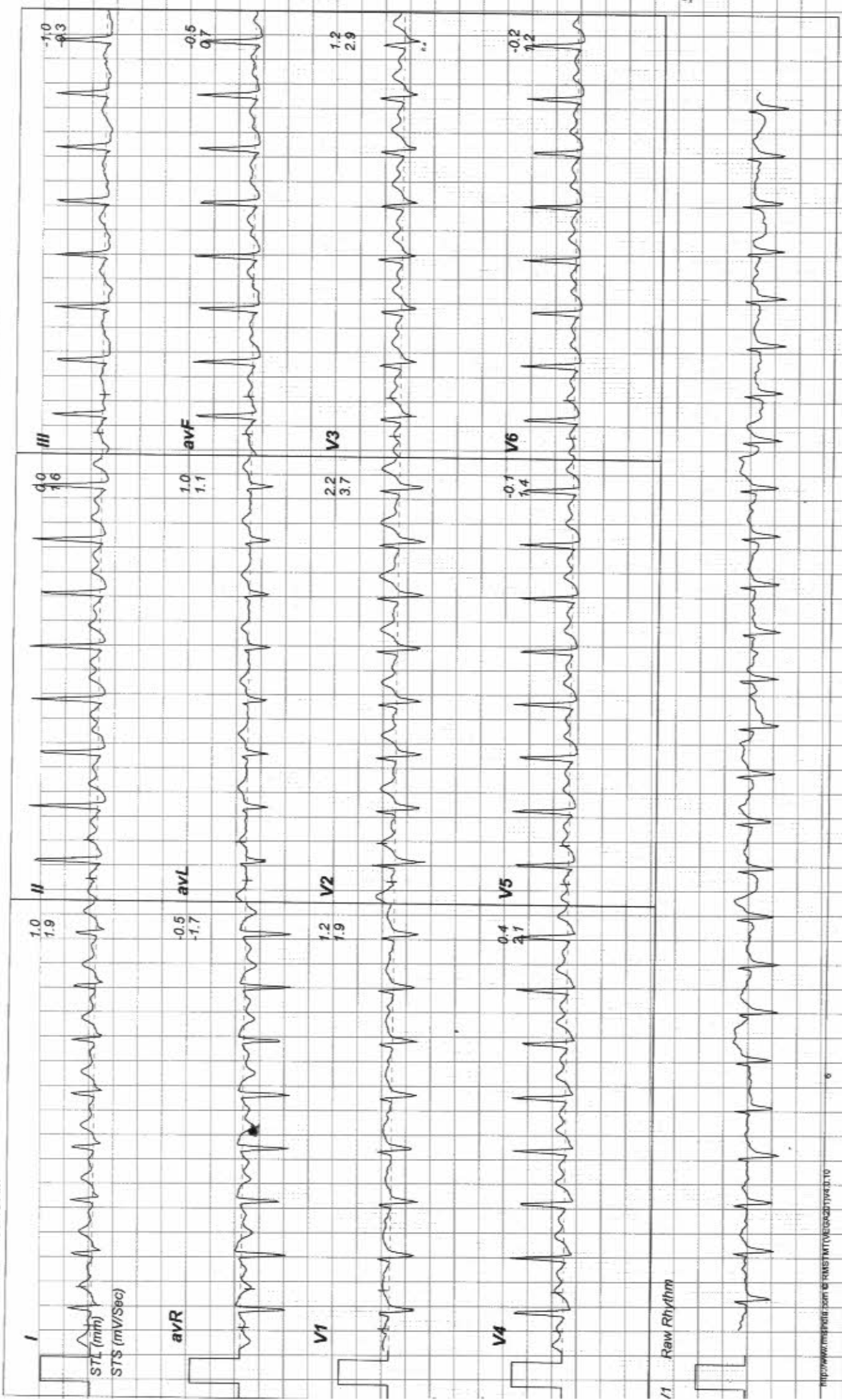
0232748 / MS RAJANI V
 HR: 158 bpm
 METS: 7.1
 BP: 140/90
 36 Yrs / Female
 61 Kg / 150 Cm/
 Date: 12-Jan-2023 11:35:48 AM

Linked Medians Report

Ex Time 06:00
 BLC: On
 Notch: On

(0.05-100)Hz

Stage 2 (03:00)
 1.0 Cm/mV
 25 mm/Sec.



0232748 / MS RAJANI V
 36 Yrs / Female
 61 Kg / 150 Cm/
 Date: 12-Jan-2023 11:35:48 AM

HR: 173 bpm
 METS: 7.8
 BP: 140/90

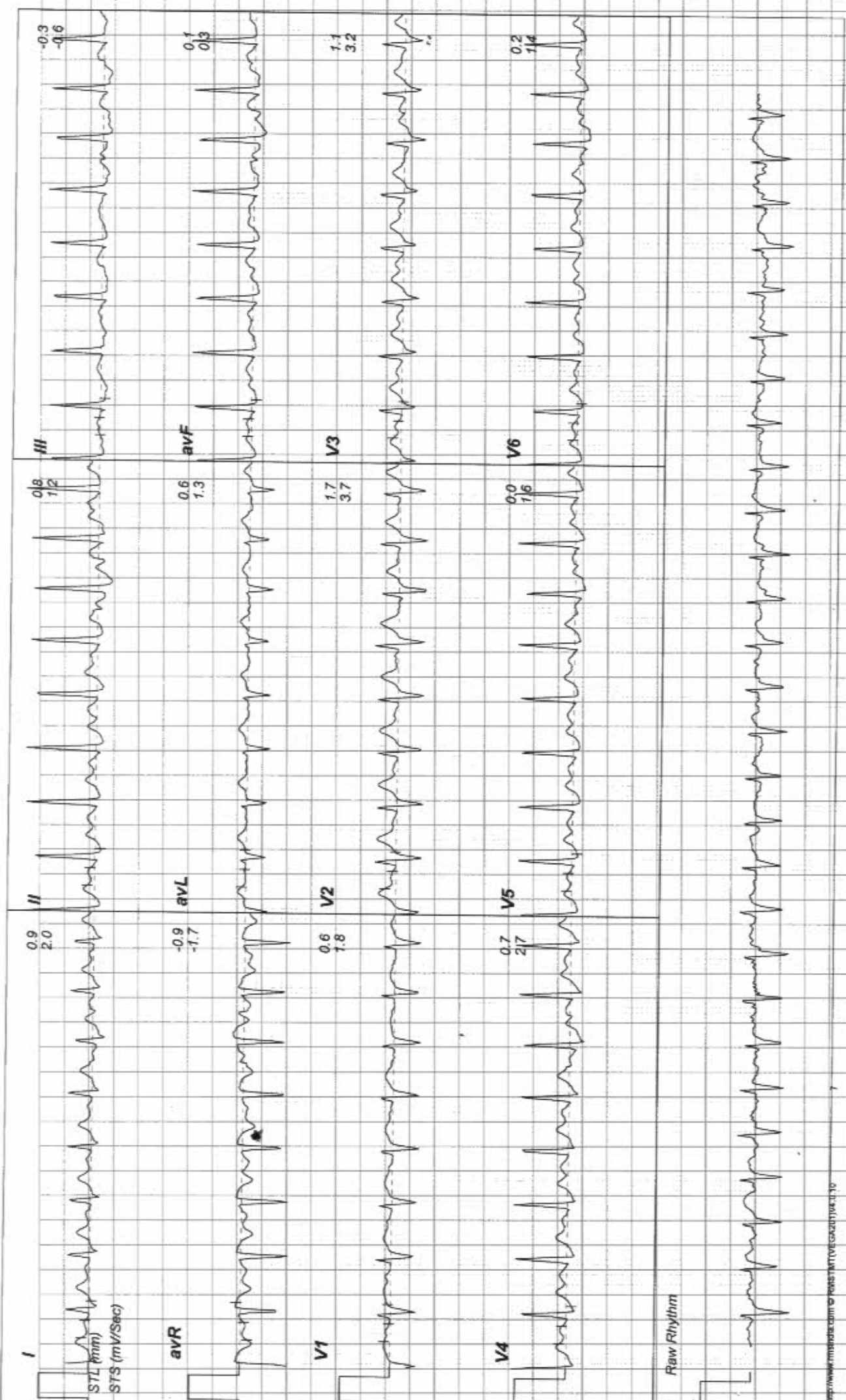
Tgt HR: 94% of 184
 Speed: 34.0 mph,
 Grade: 14.0%

Linked Medians Report

Ex Time 06:42
 BLC : On
 Notch : On
 (0.05-100)Hz



PeakEx
 1.0 Cm/mV
 25 mm/Sec.



ADITYA DIAGNOSTIC & RESEARCH LABORATORIES
 MIG 256-258, S R TOWERS, ROAD NO 4, REMEDY LINE KPHB, HYD TS.

HR: 136 bpm
 METS: 1.1
 BP: 140/90
 Tgt HR: 73% of 184
 Speed: 11.0 mph
 Grade: 0.0%

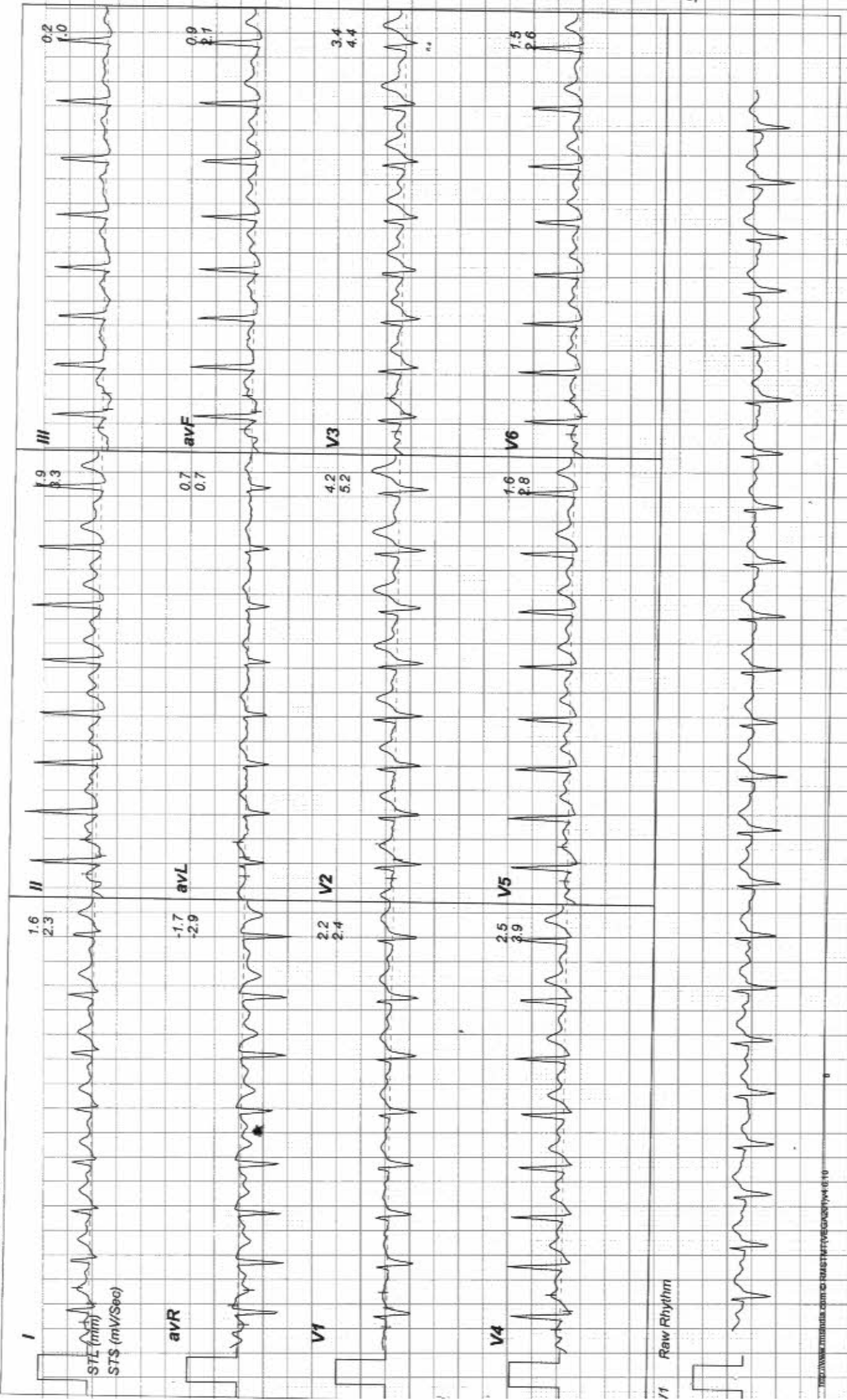
Linked Medians Report

Ex Time 06:42
 BLC : On
 Notch : On



Recovery : (00:59)
 1.0 Cm/mV
 25 mm/Sec.

0232748 / MS RAJANI V
 36 Yrs / Female
 61 Kg / 150 Cm/
 Date: 12-Jan-2023 11:35:48 AM



ADITYA DIAGNOSTIC & RESEARCH LABORATORIES
 MIG 256-258, S R TOWERS, ROAD NO 4, REMEDY LINE KPHB, HYD TS.

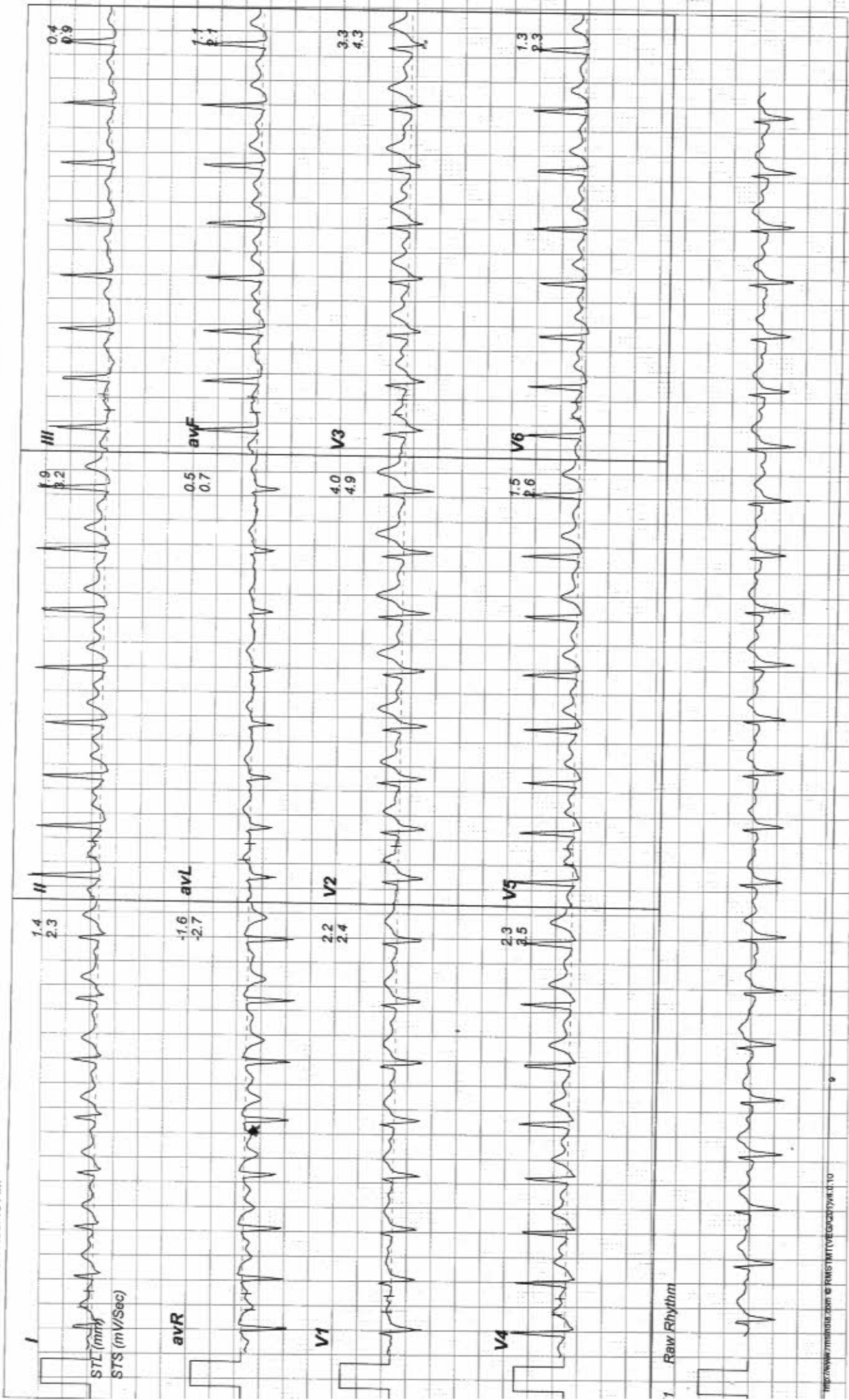
0232748 / MS RAJANI V
 HR: 136 bpm
 METS: 1.0
 BP: 130/80
 Tgt HR: 73% of 184
 Speed: 11.0 mph,
 Grade: 0.0%

Linked Medians Report

Ex Time 06:42
 BLC: On
 Notch :On
 (0.05-100)Hz



Recovery : (01:15)
 1.0 Cm/mV
 25 mm/Sec.



ADITYA DIAGNOSTIC & RESEARCH LABORATORIES
 MIG 256-258, S R TOWERS, ROAD NO 4, REMEDY LINE KPHB, HYD TS.

Linked Medians Report



Recovery : (01:59)
 1.0 Cm/mV
 25 mm/Sec.

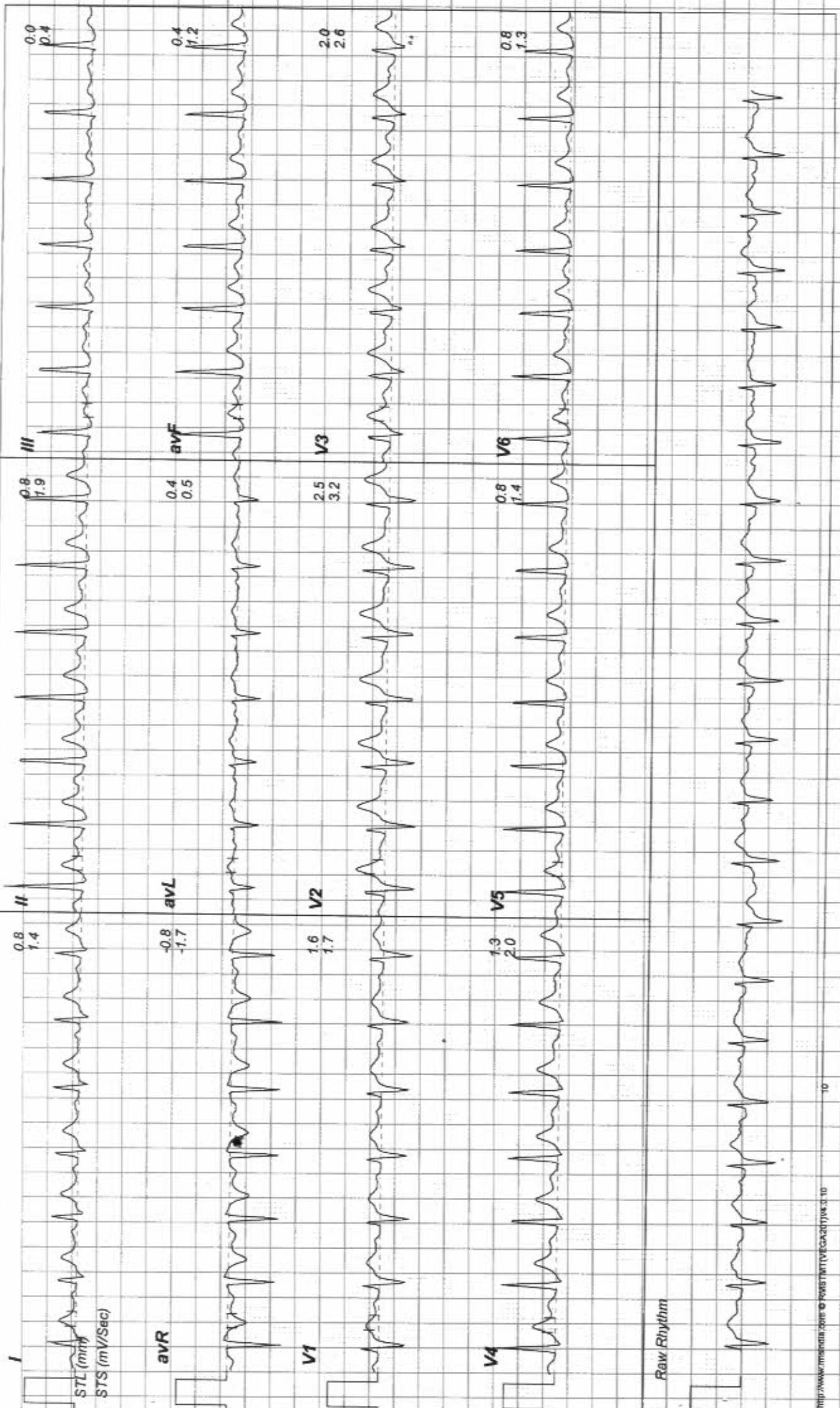
Ex Time 06:42
 BLC : On
 Notch : On

Tgt HR: 66% of 184
 Speed: 11.0 mph,
 Grade: 0.0%

HR: 123 bpm
 METS: 1.0
 BP: 130/80

0232748 / MS RAJANI V
 36 Yrs / Female
 61 Kg / 150 Cm/
 Date: 12-Jan-2023 11:35:48 AM

(0.05-100)Hz



1 Raw Rhythm

ADITYA DIAGNOSTIC & RESEARCH LABORATORIES
 MIG 256-258, S R TOWERS, ROAD NO 4, REMEDY LINE KPHB, HYD TS.

Linked Medians Report

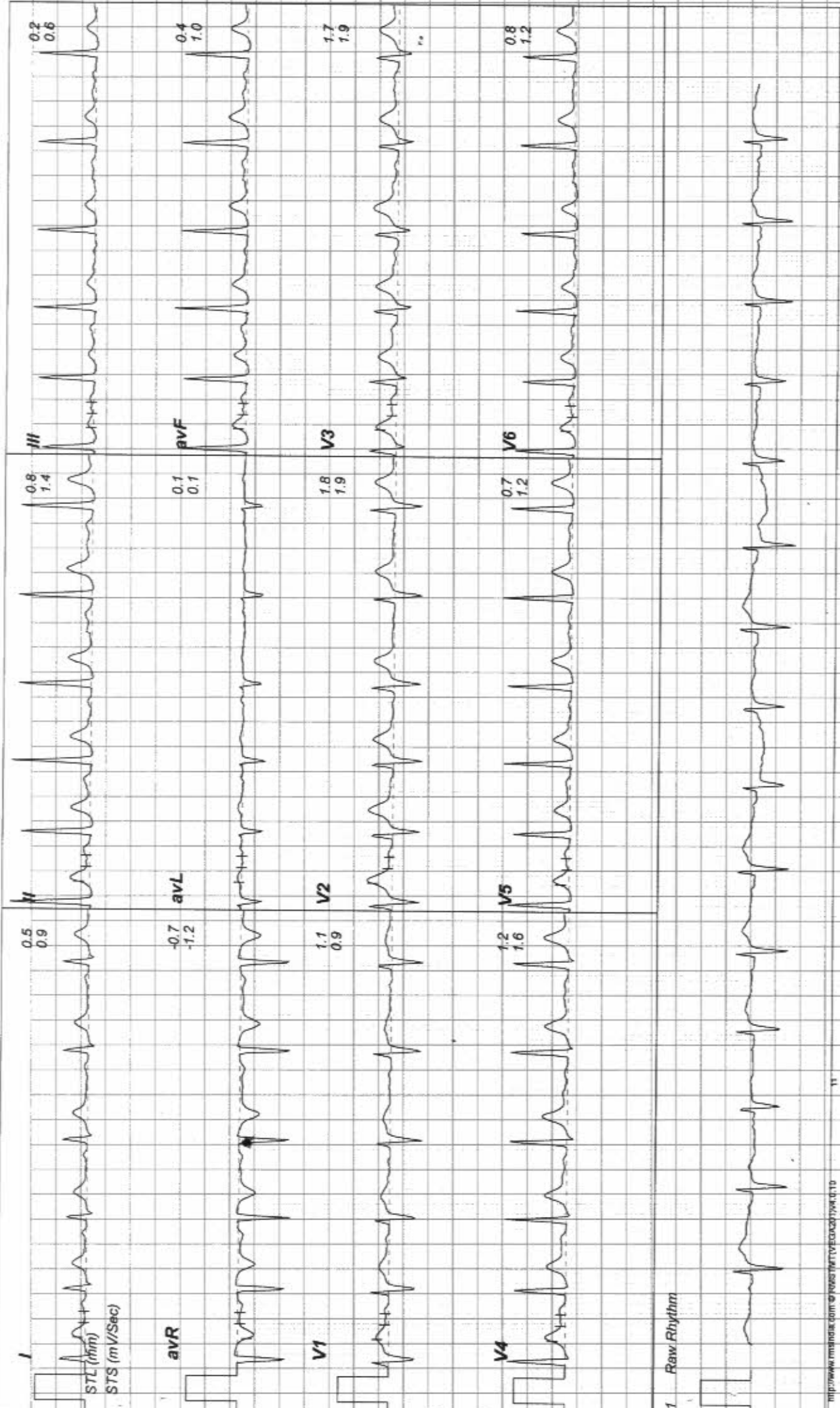


0232748 / MS RAJANI V
 36 Yrs / Female
 61 Kg / 150 Cm/
 Date: 12-Jan-2023 11:35:48 AM

Ex Time 06:42
 BLC : On
 Notch : On

Recovery : (02:59)
 1.0 Cm/mV
 25 mm/Sec.

(0.05-100)Hz



11 Raw Rhythm