

OP CASE SHEET



Narayana™

Medical Centre

Langford Road

Unit of Narayana Health

Patient MRN : 4002000000272
Patient Name : Ms Pooja Jain
Sex/Age : Female , 39y 7m
Address : Bengaluru, Bangalore Urban, Karnataka, India, 560025
Visit Number : OP-001
Consultation Type : OP, New Visit
Mobile Number : 8725800379

Date : 27/04/2023 09:10 AM
Department : GENERAL MEDICINE
Consultant : Dr. Swetha Rajkumar
Ref. Hospital : -
Ref. Doctor : -
Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

VITALS

BP (mmHg) : 120/80
Heart Rate(bpm) : 86/min
Height (cm) : 155
Weight (kg) :
Respiratory Rate(brpm) : 155
Fall Score :
Temp (*F) :
BMI :
Pain Score :

CHIEF COMPLAINTS AND HPI

SpO2 - 97%

GENERAL EXAMINATION

Allergies : Known/Unknown
Body Habitus: : Cachectic/ Thin Built/ Average Built/ Obese/ Normal
Pertinent Family History : Negative/ Unknown
Psychological Assessment: : Normal/Any Psychological Problem

for MHC

SYSTEMIC EXAMINATION

Lam
↓ Hb

NUTRITIONAL ASSESSMENT

Other WNL adv

INVESTIGATIONS

T. Liver 0-1-0
x 2 mo

TREATMENT SUGGESTED

NARAYANA CLINIC
Unit Of NH Integrated Care Private Limited
Civil Station, 9, Hosur Road
BANGALORE - 560 025
Diet

REVIEW ON

Sign

Generated By : Gundiga Kiran(353556)

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One free consultation with the same doctor within next 6 days



PATIENT HELPLINE

186-0208-0208

Narayana Medical Center

(A Unit of Narayana Hrudayalaya Limited)

(Previously Narayana Hrudayala Pvt, Ltd..) CIN : L85110KA2000PLCO27497



NH NarayanaTM

Langford Road

Medical Centre

Unit of Narayana Health

<i>Patient Name</i>	Ms. POOJA JAIN	<i>Reg No</i>	40020000000272
<i>Age</i>	39 Yrs	<i>Sex</i>	Female
<i>Ref by</i>	PKG	<i>Date</i>	27/04/23

Ultrasound Abdomen & Pelvis

FINDINGS:

Liver is normal in size and increased echopattern. No intra or extra hepatic biliary duct dilatation. No focal lesions.

Portal vein is normal in size, course and caliber. CBD is not dilated

Gall bladder Distended, no obvious calculus/sludge seen at the time of scan.

Pancreas Persistently obscured by gaseous bowel.

Spleen is normal in size, shape, contour and echopattern. No evidence of mass or focal lesions.

Kidneys Both Kidneys are normal in size, shape, and position. RK- 10.7 x 1.4 cm, LK - 10.1 x 1.4 cm. Corticomedullary differentiation is maintained. No evidence of calculi or hydronephrosis at the time of scan.

Urinary Bladder is distended. Wall thickness is normal. No evidence of calculi.

Uterus is anteverted and normal in size.

Endometrium - 8 mm

Right Ovary- Shows a cyst measuring 1.7 x 1.5 cm

Left Ovary - normal in size, measures 2.7 x 1.6 cm

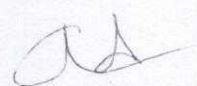
BOWEL GASSES SEEN.

Impression:

- Fatty liver - Grade II
- Right ovarian cyst / Follicular cyst.

To correlate clinically

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Dr. Naveed Ansar
Consultant Radiologist

Note: Investigations have their limitations. Solitary pathological/Radiological and other investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. Please interpret accordingly. This Report is not for Medico - Legal Purposes.

PATIENT HELPLINE

180-0200-0208

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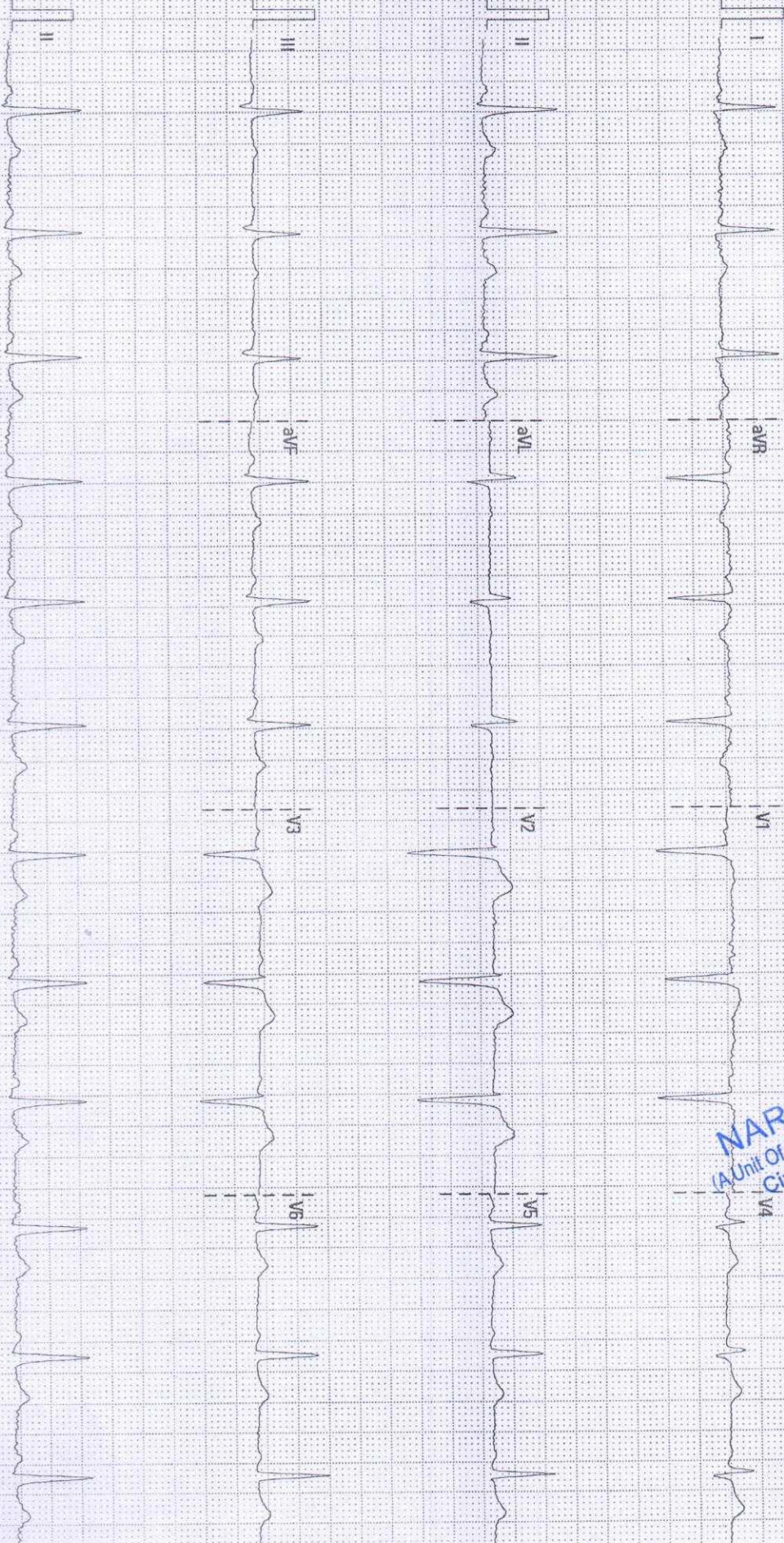
Name: ms.pooja jain
Age: 39 Years
Gender: Female

Vent. Rate	74 bpm	Sinus rhythm
PR Interval	128 ms	Normal ECG
QRS Duration	102 ms	
QT/QTc Interval	386/411 ms	
P/QRS/T Axes	63/57/61 deg	

Dr:Chodges

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Unconfirmed Diagnosis



25 mm/s

10 mm/mV

50 Hz

BDR 20 Hz

Narayana Medical Centre Bangalore

02.07.00/V28.4.1

SN-FN-77008762



NH NarayanaTM

Medical Centre

Unit of Narayana Health

Langford Road

GREAT ARTERIES

AORTA : Normal sized , Normal arch

PULMONARY ARTERY : Normal

DOPPLER DATA

MITRAL VALVE : E : 1.1 m/s , A : 0.8 m/s, MR – Trivial

AORTIC VALVE : Pgr – 11 mmHg, AR - Trivial

TRICUSPID VALVE : TR –Mild, PASP – 25 mmHg

PULMONARY VALVE : Pgr – 5 mmHg

WALL MOTION ABNORMALITIES : NO RWMA

PERICARDIUM : Nil

VEGETATION/THROMBUS : Nil

OTHER FINDINGS :

HR : 80 bpm (Sinus Rhythm)

IVC : 14 mm , Normal Sized, Collapsing, Normal RA pressure

FINAL DIAGNOSIS

NORMAL CHAMBER DIMENSIONS

NORMAL VALVES

TR- MILD

NORMAL PA PRESSURE

NO RWMA

NORMAL RV AND LV FUNCTION

LVEF- 60%

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Done by : SHABRIN TAJ
CARDIAC SONOGRAPHER

Shabrin Taj
Signature



PATIENT HELPLINE

186-0208-0208

Narayana Medical Center

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(Previously Narayana Hrudayala Pvt. Ltd.,) CIN : L85110KA2000PLCO27497

DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Ms Pooja Jain MRN : 4002000000272 Gender/Age : FEMALE , 39y (08/09/1983)

Collected On : 27/04/2023 09:11 AM Received On : 27/04/2023 09:12 AM Reported On : 27/04/2023 10:46 AM

Barcode : N22304270004 Specimen : Whole Blood Consultant : Dr. Swetha Rajkumar(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 8725800379

HAEMATOLOGY

Test	Result	Unit	Biological Reference Interval
COMPLETE BLOOD COUNT (CBC)			
Haemoglobin (Hb%) (Photometric Measurement)	10.19 L	g/dL	12.0-15.0
Red Blood Cell Count (Electrical Impedance)	3.63 L	Million/ul	3.8-4.8
PCV (Packed Cell Volume) / Hematocrit (Calculated)	30.6 L	%	36.0-46.0
MCV (Mean Corpuscular Volume) (Derived)	84.3	fL	80.0-100.0
MCH (Mean Corpuscular Haemoglobin) (Calculated)	28.1	pg	27.0-32.0
MCHC (Mean Corpuscular Haemoglobin Concentration) (Calculated)	33.3	%	31.5-34.5
Red Cell Distribution Width (RDW) (Derived)	14.9 H	%	11.6-14.0
Platelet Count (Electrical Impedance Plus Microscopy)	411.1	Thous/ μ L	150.0-450.0
Total Leucocyte Count(WBC) (Electrical Impedance)	7.10	Thous/ μ L	4.0-10.0
DIFFERENTIAL COUNT (DC)			
Neutrophils (VCS Technology Plus Microscopy)	49.79	%	40.0-75.0
Lymphocytes (VCS Technology Plus Microscopy)	34.54	%	20.0-40.0
Monocytes (VCS Technology Plus Microscopy)	7.47	%	2.0-10.0
Eosinophils (VCS Technology Plus Microscopy)	7.85 H	%	1.0-6.0
Basophils (VCS Technology Plus Microscopy)	0.34	%	0.0-2.0

DEPARTMENT OF LABORATORY MEDICINE

Final Report

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Collected On : 27/04/2023 09:11 AM Received On : 27/04/2023 09:12 AM Reported On : 27/04/2023 12:29 PM

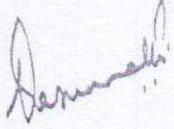
Barcode : N12304270007 Specimen : Serum Consultant : Dr. Swetha Rajkumar(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 8725800379

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
SERUM CREATININE			
Serum Creatinine	0.62	mg/dL	0.6-1.0
eGFR (Calculated)	107.2	mL/min/1.73m ²	Inductive of Renal Impairment:<60 Note:eGFR is inaccurate for Hemodynamically unstable patients. eGFR is not applicable for less than 18 years of age .
Blood Urea Nitrogen (BUN) (Endpoint /Colorimetric – Urease)	6.3 L	mg/dL	7.0-17.0
Serum Uric Acid (Colorimetric - Uricase,Peroxidase)	5.0	mg/dL	2.5-6.2
LIPID PROFILE (CHOL,TRIG,HDL,LDL,VLDL)			
Cholesterol Total	215	mg/dL	Both: Desirable: < 200 Both: Borderline High: 200-239 Both: High: > 240
Triglycerides (LPL/GK)	129	-	0.0-150.0
HDL Cholesterol (HDLC) (Colorimetric: Non HDL Precipitation Phosphotungstic Acid Method)	47	mg/dL	40.0-60.0
Non-HDL Cholesterol	168	-	-
LDL Cholesterol (Colorimetric)	142.2	mg/dL	Both: Optimal: < 100 Both: Near to above optimal: 100-129 Both: Borderline High: 130-159 Both: High: 160-189 Both: Very High: > 190
VLDL Cholesterol (Calculated)	25.8	mg/dL	<40.0
Cholesterol /HDL Ratio (Calculated)	4.6	-	0.0-5.0
THYROID PROFILE (T3, T4, TSH)			

Patient Name : Ms Pooja Jain MRN : 4002000000272 Gender/Age : FEMALE , 39y (08/09/1983)



Dr. Vasumathi Kishore
MBBS, DCP
CONSULTANT PATHOLOGIST

Note

- Abnormal results are highlighted.
- Results relate to the sample only.
- Kindly correlate clinically.



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BANGALORE - 560 025

DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Ms Pooja Jain MRN : 4002000000272 Gender/Age : FEMALE , 39y (08/09/1983)

Collected On : 27/04/2023 09:11 AM Received On : 27/04/2023 09:12 AM Reported On : 27/04/2023 10:50 AM

Barcode : N82304270003 Specimen : Urine Consultant : Dr. Swetha Rajkumar(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 8725800379

Test	CLINICAL PATHOLOGY		
	Result	Unit	Biological Reference Interval
URINE ROUTINE & MICROSCOPY			
PHYSICAL EXAMINATION			
Volume	20.00	ml	-
Colour	Pale Yellow	-	-
Appearance	Clear	-	-
CHEMICAL EXAMINATION			
pH(Reaction)	6.0	-	4.8-7.5
Sp. Gravity	1.020	-	1.002 - 1.03
Protein	Nil	-	-
Urine Glucose	Nil	-	-
Ketone Bodies	Nil	-	-
Bile Salts	Nil	-	-
Bile Pigment (Bilirubin)	Nil	-	-
Urobilinogen	Normal	-	-
MICROSCOPIC EXAMINATION			
Pus Cells	4-5/hpf	-	-
RBC	Nil	-	-
Epithelial Cells	5-6/hpf	-	-

DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Ms Pooja Jain MRN : 40020000000272 Gender/Age : FEMALE , 39y (08/09/1983)

Collected On : 27/04/2023 09:11 AM Received On : 27/04/2023 09:12 AM Reported On : 27/04/2023 06:30 PM

Barcode : N72304270001 Specimen : Smear Consultant : Dr. Swetha Rajkumar(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 8725800379

CYTOLOGY

PAP SMEAR

LAB No. P : 16/2023

MATERIAL RECEIVED Received 2 unstained smears.

CLINICAL DETAILS LMP : 22/03/2023
No other pertinent clinical information.

SPECIMEN TYPE Routine type.

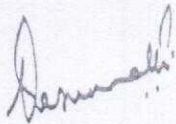
SMEAR ADEQUACY Smears are satisfactory for evaluation.

GENERAL CATEGORIZATION CERVICAL CYTOLOGY SMEAR REPORT-The Bethesda system 2014
Smears examined show mainly superficial cells and occasional intermediate cells.The background shows a moderate degree of acute inflammatory cell infiltrate,masking the cells at many places .No dysplastic/malignant cells are seen in the smears examined.

IMPRESSION Acute inflammatory smears.
Negative for intra-epithelial lesion/malignancy.

NOTE Pap test is only a screening test for cervical cancer,with inherent false negative results.

--End of Report--



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DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Ms Pooja Jain MRN : 4002000000272 Gender/Age : FEMALE , 39y (08/09/1983)

Collected On : 27/04/2023 09:11 AM Received On : 27/04/2023 09:12 AM Reported On : 27/04/2023 10:40 AM

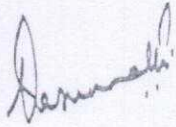
Barcode : N22304270003 Specimen : Whole Blood - ESR Consultant : Dr. Swetha Rajkumar(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 8725800379

HAEMATOLOGY

Test	Result	Unit	Biological Reference Interval
Erythrocyte Sedimentation Rate (ESR) (Westergren Method)	9	mm/1hr	0.0-12.0

--End of Report--



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भारत सरकार
GOVERNMENT OF INDIA



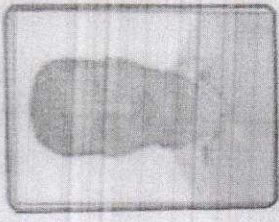
पूजा जैन
Pooja Jain
जन्म वर्ष / Year of Birth : 1983
महिला / Female




3802 7717 7798


आधार — आम आदमी का अधिकार

Bank of Baroda
Bank of Baroda



नाम राकेश कुमार जैन
Name RAKESH KUMAR JAIN
E.C.NO. 124869
B.G. O+VE


प्राधिकृत प्राधिकारी
Issuing Authority


धारक के हस्ताक्षर
Signature of Holder

3802 7717 7798

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186-0288-0200

DEPARTMENT OF LABORATORY MEDICINE

Patient Name : Ms Pooja Jain MRN : 4002000000272 Gender/Age : FEMALE , 39y (08/09/1983)

Collected On : 27/04/2023 09:11 AM Received On : 27/04/2023 09:12 AM Reported On : 27/04/2023 10:07 AM

Barcode : N12304270006 Specimen : Whole Blood Consultant : Dr. Swetha Rajkumar(GENERAL MEDICINE)

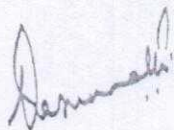
Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 8725800379

Test	BIOCHEMISTRY		Biological Reference Interval
	Result	Unit	
HbA1C			
HbA1c	5.4	%	Normal: 4.0-5.6 Prediabetes:5.7-6.4 Diabetes:>6.5 (ADA Recommendation 2017)
Estimated Average Glucose	108.28	%	-

Interpretation:

- HbA1C above 6.5% can be used to diagnose diabetes provided the patient has symptoms. If the patient does not have symptoms with HbA1C>6.5%, repeat measurement on further sample. If the repeat test result is <6.5%, consider as diabetes high risk and repeat measurement after 6 months.
- HbA1C measurement is not appropriate in diagnosing diabetes in children, suspicion of type 1 diabetes, symptoms of diabetes for less than 2 months, pregnancy, hemoglobinopathies, medications that may result sudden increase in glucose, anemia, renal failure, HIV infection, malignancies, severe chronic hepatic, and renal disease.
- Any sample with >15% should be suspected of having a haemoglobin variant.

--End of Report--



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MBBS, DCP
CONSULTANT PATHOLOGIST

Note

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- Results relate to the sample only.
- Kindly correlate clinically.

NARAYANA CLINIC
A Unit of NH Integrated Care Private Limited
Civil Station, 9, Hosur Road,
BANGALORE - 560 052



Patient Name : Ms Pooja Jain MRN : 40020000000272 Gender/Age : FEMALE , 39y (08/09/1983)



Note

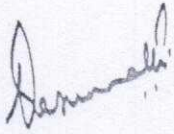
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A Unit of NH Integrated Care Private Limited
Civil Station, 9, Hosur Road
BANGALORE - 560 025

Patient Name : Ms Pooja Jain MRN : 4002000000272 Gender/Age : FEMALE , 39y (08/09/1983)

Crystals	Nil	-	-
Casts	Nil	-	-
Bacteria	Nil	-	-

--End of Report--



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DEPARTMENT OF LABORATORY MEDICINE

Final Report

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Collected On : 27/04/2023 09:11 AM Received On : 27/04/2023 09:12 AM Reported On : 27/04/2023 12:43 PM

Barcode : N12304270005 Specimen : Plasma Consultant : Dr. Swetha Rajkumar(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 8725800379

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
Fasting Blood Sugar (FBS) (Colorimetric - Glucose Oxidase Peroxidase)	94	mg/dL	ADA standards 2020 >126 : Diabetes 70 to 99 : Normal 100 to 125 : Pre-diabetes
Post Prandial Blood Sugar (PPBS) (Colorimetric - Glucose Oxidase Peroxidase)	93	-	ADA standards 2020 >200 : Diabetes 70 to 139 : Normal 140 to 199 : Pre-diabetes

--End of Report--

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Patient Name : Ms Pooja Jain MRN : 4002000000272 Gender/Age : FEMALE , 39y (08/09/1983)

Tri Iodo Thyronine (T3)	1.51	ng/mL	0.97-1.69
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Interpretations:

Thyroid hormone binding protein can profoundly affect total T3 and total T4 levels especially in pregnancy and in patients on steroid therapy.

Unbound fractions of T3 and T4(FT3, FT4) of thyroid hormones are biologically active forms and correlate more closely with clinical status of the patient.

Thyroxine (T4)	6.92	ug/dl	5.53-11.0
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TSH (Thyroid Stimulating Hormone)	2.32	μIU/mL	0.4-4.049
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Interpretations:

TSH levels are subject to circadian variation, reaching peak levels between 2-4 a.m. and minimum between 6-10 p.m. The variation is of the order of 50%, hence time of the day has influence on the measured serum TSH concentration.

LIVER FUNCTION TEST(LFT)

Bilirubin Total (Colorimetric -Diazo Method)	0.4	mg/dL	0.2-1.3
--	-----	-------	---------

Conjugated Bilirubin (Direct) (Dual Wavelength - Reflectance Spectrophotometry)	0.1	mg/dL	0.0-0.4
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Unconjugated Bilirubin (Indirect) (Calculated)	0.3	-	-
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Total Protein (Colorimetric - Biuret Method)	7.6	gm/dL	6.3-8.2
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Serum Albumin (Colorimetric - Bromo-Cresol Green)	4.7	gm/dL	3.5-5.0
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Serum Globulin (Calculated)	2.9	gm/dL	2.0-3.5
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Albumin To Globulin (A/G)Ratio (Calculated)	1.62	-	1.0-2.1
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SGOT (AST) (Multipoint-Rate With P-5-P (pyridoxal-5-phosphate))	31	U/L	14.0-36.0
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SGPT (ALT) (Multipoint-Rate With P-5-P (pyridoxal-5-phosphate))	32	U/L	<35.0
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Alkaline Phosphatase (ALP) (Multipoint-Rate - P-nitro Phenyl Phosphate, AMP Buffer)	73	U/L	38.0-126.0
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Gamma Glutamyl Transferase (GGT) (Multipoint Rate - L-glutamyl-p-nitroanilide (Szasz Method))	13	U/L	12.0-43.0
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--End of Report--

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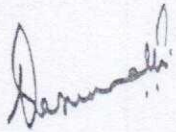
Absolute Neutrophil Count	3.54 L	-	1800.0-8000.0
Absolute Lymphocyte Count	2.46 L	-	990.0-3150.0
Absolute Monocyte Count	0.54	-	-
Absolute Eosinophil Count	0.56	-	-
Absolute Basophil Count	0.03	-	-

As per the recommendation of International Council for Standardization in Hematology, the differential counts are additionally being reported as absolute numbers.

BLOOD GROUP & RH TYPING

Blood Group	"A"	-	-
RH Typing	POSITIVE	-	-

--End of Report--

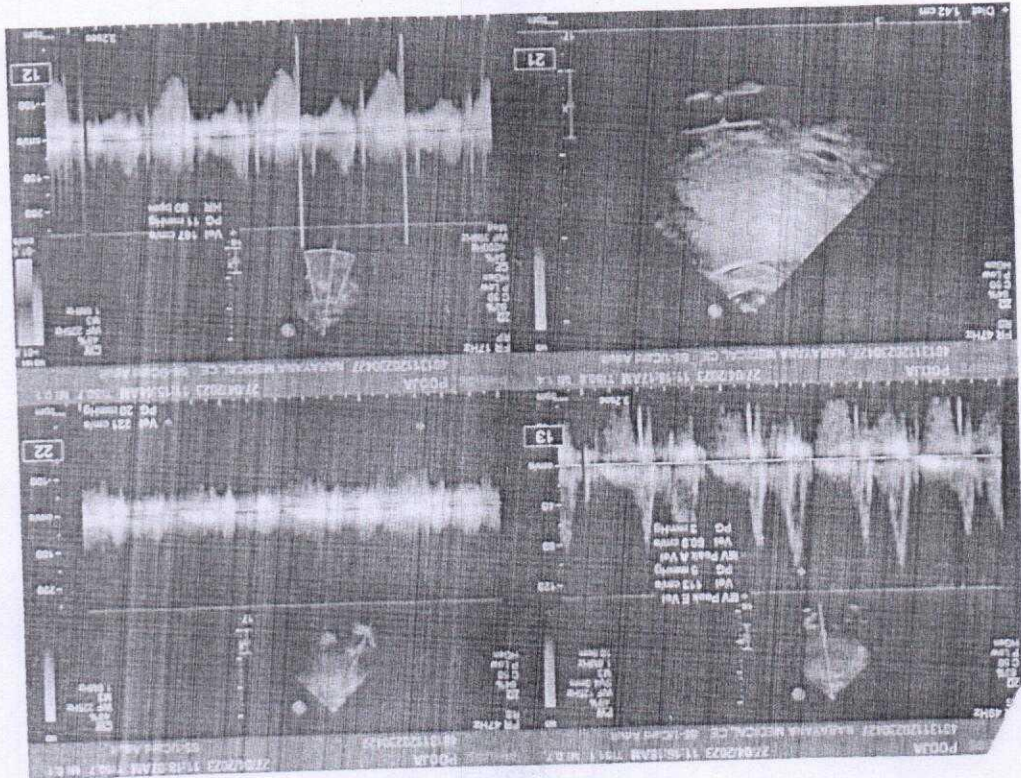


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NARAYANA CLINIC
 1st Floor, Narayana Complex Private Limited
 Narayana Road
 Bangalore - 560022

NAME:- Mrs. pooja Jain

Age/sex:- 39y/F

MRO. No. :- 40020000000272



NH NarayanaTM

Langford Road

Medical Centre

Unit of Narayana Health

Date - 27/04/2023

EYE * Examination

Unaided VA { 6/6
6/6

Nv { N6
N6

Colours vision (ou) Normal

Diagnosis:-

- Normal

Advice:-

- Normal



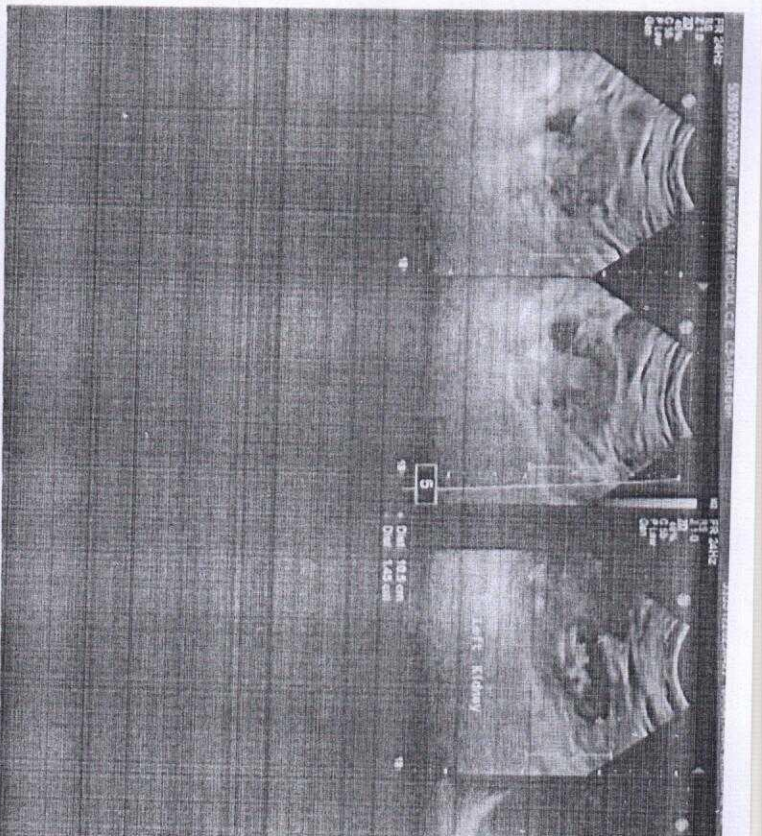
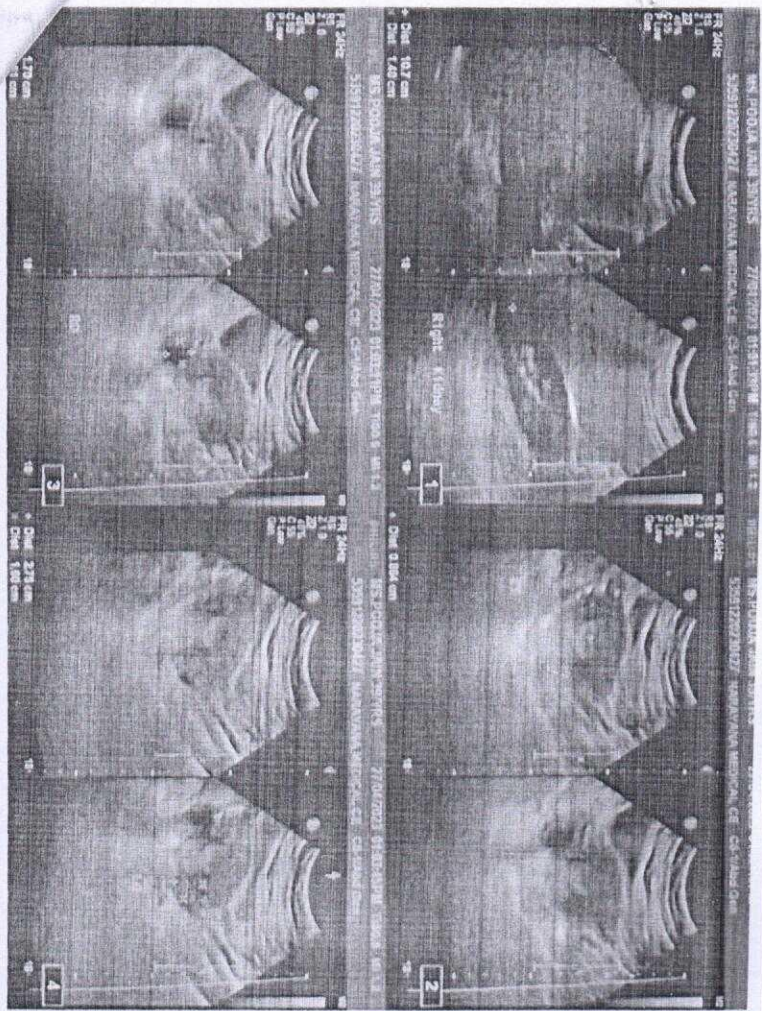
PATIENT HELPLINE

186-0208-0208

Narayana Medical Center

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(Previously Narayana Hrudayala Pvt Ltd.) CIN : L85110KA2000PLCO27497



NARAYANA CLINIC
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 Civil Station, B. Hosur Road
 BANGALORE - 560 028



NH NarayanaTM

Langford Road

Medical Centre

COLOUR DOPPLER ECHOCARDIOGRAPHY

Patient Name	Ms POOJA JAIN	Reg No	40020000000272
Age	39 YRS	Sex	FEMALE
Ref by	PKG	Date	27/04/23

2D / M MODE MEASUREMENTS

AO : 25 mm LVID(d) : 41 mm IVS(d) : 09 mm
 LA : 30 mm LVID (s) : 27 mm PW(d) : 10 mm
 EF : 60%

VALVES

MITRAL VALVE : Normal
 AORTIC VALVE : Normal
 TRICUSPID VALVE : Normal
 PULMONARY VALVE : Normal

CHAMBERS

LEFT ATRIUM : Normal
 RIGHT ATRIUM : Normal sized
 LEFT VENTRICLE : Normal , Normal LV systolic function
 RIGHT VENTRICLE : Normal sized , TAPSE – 23 mm , Normal RV Function

SEPTAE

IVS : Intact
 IAS : Intact

NARAYANA CLINIC
 (A Unit of Narayana Hrudayalaya Private Limited)
 Civil Station, 9, Hosur Road
 BANGALORE - 560 025



PATIENT HELPLINE

186-0208-0208

Narayana Medical Center

(A Unit of Narayana Hrudayalaya Limited)

(Previously Narayana Medical Center)