

Patient Name-mrs. Sarita	sinha.	Date-	30/03/29
Age-4 %		Sex-	F
BP-Systolic 5 % Diast	olic 85 mmh	R.B.S	
Pulse- 8851 min	O	SPO2-	95./.
Temp- 97.5F		Height-	
Weight- 62.7196,		BMI-	
Consultant-	,	Fat-	

Valid for 7 Days

GST:09ADNPA2038G1ZS

Address : TECHNO HERITAGE, Jehangirabad Palace, Next to DM Residence, 12, Rani Laxmi Bai Marg,

Hazratganj, Lucknow 226001



. Sanita sinha	Date-	30 (03/2)
	Sex-	F
Diastolic	R.B.S	
	SPO2-	
*	Height-	
	BMI-	-
sanhita Sinha.	Fat-	
		Diastolic R.B.S SPO2- Height- BMI-

Routine ENT Clerk up.

c/o cold at present.
K/C/O HTN.

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Mastoid Non lender Hon lender.

TFT. R L AC>BC

River AC>BC

Meber.

ABC

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NO.

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Nyslagnus

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NO

Hazratganj, Lucknow 226001





: MRS. SARITA SINHA NAME RTNO 4059

DATE : 30.MAR.2023 AGE 48 Y REFERRED BY : PAN INDIA SEX F

ULTRASOUND OF WHOLE ABDOMEN

LIVER: is enlarged in size (17.3 cms) with normal shape & increased echogenicity. Biliary radicals are not dilated. No obvious focal lesion. Portal & hepatic veins are normal in caliber

- GALL BLADDER: is partially distended. Wall thickness is normal. No pericholecystic fluid collection noted. CBD is not dilated.
- PANCREAS: is normal in size and contour. Parenchyma shows normal echotexture. No pancreatic duct dilatation is seen. No peri-pancreatic fluid collection seen.
- SPLEEN: is normal in size (10.7 cms), shape & position. Parenchyma shows normal echotexture. Splenic veins are not dilated.
- **B/L KIDNEYS:**
- Both kidneys are normal in size, site, shape, position. Cortical echoes are normal. Corticomedullary differentiation is maintained. Pelvicalyceal system are not dilated. No obvious calculus / mass / cyst seen.
- URINARY BLADDER: is well distended with normal contour. Wall appears regular. No evidence of any calculus /mass lesion is seen.
- UTERUS: It is anteverted with normal size measuring 75x38x32 mm. Myometrial & endometrial echoes are normal. Endometrial stripe measures 5.4 mm is normal. No obvious fluid collection seen with in endometrial canal. No focal mass lesion seen. Cervix appears normal.
- RIGHT OVARY: is normal in size, shape and echotexture.
- **LEFT OVARY**: is normal in size, shape and echotexture.
- No fluid in POD.

IMPRESSION:

► HEPATOMEGALY WITH GRADE II FATTY LIVER.

ADV: Please correlate clinically

Note:- discrepancies due to technical or typing errors should be reported for correction for seven days. No compensation liability stands.

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Email: hazratganj.lko@apolloclinic.com

Dr. Priyank K.S. Chaudhary

MBBS, DMRD, DNB(Radiodiagnosis)



Online appointments: www.apolloclinic.com



Patient Name- mrs	· sarita sinha.	Date- 30/3/23
Age- 48		Sex-
B P – Systolic	Diastolic	R.B.S
Pulse-		SPO2-
Тетр-		Height-
Weight-		BMI-
Consultant-DY	neena Panday.	Fat-

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Valid for 7 Days

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Mrs. Savita Simha. Age 48 YF



Vn < 619P

VnipH (6/6)

Nun (N24

CAU < 38138 & MNIS

Subjective Improvement.

R-> +1.005 - 616 L -> Plane - 616P Addn+2.005 BEX \ N6

Bifocal / Progressive glass.

Clo - How - watering - bwining Several on - Itchicug

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Savita Sinha 48 F dutal checke Expertise. Closer to you. 30.3.23. oral prophylaxis. IOPAR - 17 Dr. ROHIT MADAN

Dr. ROHIT MADAN

MOS (Periodonilet & Oral Implications)

Consultant Dentist

Consultant 002259

DCI Reg. No. 002259

Apollo Clinic, Hazralgani

Apollo Clinic,

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Report Doc No.: 4788

Patient No.: 3713-3703

Name: Mrs. Sarita Sinha / 48 Year / Female

Refered By: ARCOFEMI HEALTHCARE LIMITED

Report On: 30-03-2023 05:29 PM

ARCOFEMI MEDIWHEEL FEMALE HEALTH PACKAGE

CBC (Complete Blood Count)		
Hemoglobin Method :(Cyanmethemoglobin)	12.2 gm%	Normal 12-15 gm%
Hematocrit (PCV) Method :(Calculated parameter)	35.8 %	Normal 36-45 %
RBC Count Method:(Electrical Impedence)	4.27 million/cmm	Normal 3.7-5 million/cmm
MCV Method:(Calculated parameter)	83.8 fl	Normal 83-101 fl
MCH Method :(Calculated parameter)	28.6 pg	Normal 27-32 pg
MCHC Method :(Calculated parameter)	34.1 g/dl	Normal 31-37 g/dl
RDW-CV Method :(Electrical Impedence)	13.5 %	Normal 11.6-14 %
TLC (Total Leucocyte Count) Method:(Electrical Impedence)	11900 cells/cu.mm	Normal 4000-10000 cells/cu.mm
DLC (Differential Leucocyte Count) Method:(Electrical Impedence)		
Neutrophil	65 %	40-80
ymphocyte	28 %	20-40
osinophil	04 %	1-6
Monocyte	03 %	2-10
Basophil	00 %	0-1
ABSOLUTE LEUCOCYTE COUNT Method :(Electrical Impedence)		
NEUTROPHILS	7735 cells/cu.mm	2000-7000
YMPHOCYTES	3332 cells/cu.mm	1000-3000
OSINOPHILS	476 cells/cu.mm	20-500
MONOCYTES	357 cells/cu.mm	200-1000
Platelet Count Method :(Electrical Impedence)	279 thousand/mm3	Normal 150-450 thousand/mm3
GBP (Peripheral Blood smear)		

GBP (Peripheral Blood smear)

RBC: Normocytic normochromic

WBC: Total leucocyte count and differential leucocyte count as given.

Platelets: Platelets are adequate in number.

No hemoparasite or immature cells seen .

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7897

123





Name: Mrs. Sarita Sinha / 48 Year / Female

Refered By: ARCOFEMI HEALTHCARE LIMITED

Patient No.: 3713-3703

Collected On: 30-03-2023

Report On: 30-03-2023 05:29 PM

ESR (Wintrobs)

18 mm/h

Normal 0-20 mm/h

Blood.Grouping/ABO RH Typing

Blood Group

"O"

Rh Factor

POSITIVE

Blood Sugar (Fasting) Method :(GOD-POD) 97 mg/dl

Normal 70-110 mg/dl

Blood Sugar (PP) Method :(GOD-POD)

154 mg/dl

Normal 80-160 mg/dl

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7897

123

TO BOOK AN APPOINTMENT

777



Name: Mrs. Sarita Sinha / 48 Year / Female

Refered By: ARCOFEMI HEALTHCARE LIMITED

Patient No.: 3713-3703

Collected On: 30-03-2023

Report On: 30-03-2023 05:29 PM

Kidney Function Test (KFT)

Serum Urea

Method: (UREASE)

Serum Creatinine

Method: (Creatinine amidohydrolase)

21 mg/dl

Normal 10-50 mg/dl

0.6 mg/dl

Normal 0.6-1.4 mg/dl

Serum Sodium

Method :(Direct ISE)

Serum Potassium

Method: (Direct ISE)

139 mmol/L

Normal 135-146 mmol/L

4.3 mmol/L

Normal 3.5-5.1 mmol/L

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Page 3 End

TO BOOK AN APPOINTMENT



Name: Mrs. Sarita Sinha / 48 Year / Female

Refered By: ARCOFEMI HEALTHCARE LIMITED

Patient No.: 3713-3703 Collected On: 30-03-2023

Report On: 30-03-2023 05:29 PM

Liver Function Test (LFT)

Serum Bilirubin - Total Method :(Diazo sulfanilic)	0.5 mg/dl	Normal 0.2-1.2 mg/dl
Serum Bilirubin - Direct Method :(Diazo sulfanilic)	0.2 mg/dl	Normal 0-0.3 mg/dl
Serum Bilirubin-Indirect Method :(Calculated parameter)	0.3 mg/dl	Normal 0.3-1 mg/dl
Serum SGOT/AST Method :(UV with P-5-P)	24 U/L	Normal 10-46 U/L
Serum SGPT/ALT Method :(UV with P-5-P)	45 U/L	Normal 10-49 U/L
*		
Serum Alkaline Phosphatase (SALP) Method :(p-nitrophenyl phosphate)	161 U/L	Normal 35-104 U/L
×		
Serum Gamma-Glutamyltransferase (GGT) Method :(IFCC)	27 U/L	Normal 0-38 U/L

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Page 4 End

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Name: Mrs. Sarita Sinha / 48 Year / Female

Refered By : ARCOFEMI HEALTHCARE LIMITED

Patient No.: 3713-3703

Collected On: 30-03-2023 Report On: 30-03-2023 05:29 PM

Lipid Profile

Serum Cholesterol -Total

Method: (CHE/CHO/POD)

Serum Triglyceride

Method :(Enzymatic)

204 mg/dl

Normal < 200

191 mg/dl

Normal < 150

Serum Cholesterol VLDL

Method:(Calculated parameter)

38.2 mg/dl

Normal < 30

Serum Choleterol HDL

Method: (Polymer-Detergent)

Serum Cholesterol LDL

Method:(Calculated parameter)

41 mg/dl

Normal > 40

125 mg/dl

Normal < 100

Total Cholesterol/HDL Ratio

Method: (Calculated parameter)

LDL/HDL Ratio

Checked By

Method: (Calculated parameter)

4.98

Normal 0-4.5

3.95

Normal 0-3

Page 5 End



Name: Mrs. Sarita Sinha / 48 Year / Female

Refered By : ARCOFEMI HEALTHCARE LIMITED

Patient No.: 3713-3703

Collected On: 30-03-2023

Report On: 30-03-2023 05:29 PM

HbA1c

TEST NAME	RESULT	UNIT	BIO. REF. RANGE	METHOD
HBA1C, GLYCATE HEAMOGLOBIN,	7.0	%		TURBIDIMETRIC
WHOLE BLOOD EDTA				

Comment:

Reference range as per American Diabetes Association (ADA):

HBA1C IN %
<5.7
5.7-6.4
≥6.5
6-7
7-8
8-10
>10

Note: Dietary preparation or fasting is not required.

- 1. A1C test should be performed at least two times a year in patients who are meeting treatment goals (and who have stable glycemic control).
- 2. Lowering A1C to below or around 7% has been shown to reduce microvascular and neuropathic complications of type 1 and type 2 diabetes. When mean annual HbA1c is <1.1 times ULN (upper limit of normal), renal and retinal complications are rare, but complications occur in >70% of cases when HbA1c is >1.7 times ULN.
- 3. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present. Fructosamine may be used as an alternate measurement of glycemic control.

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Name: Mrs. Sarita Sinha / 48 Year / Female

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Patient No.: 3713-3703

Collected On: 30-03-2023

Report On: 30-03-2023 05:29 PM

T3 T4 TSH

Serum T3

Method: (Chemiluminescence Immunoassay)

1.03 ng/ml

Normal 0.7-2 ng/ml

Serum T4

Method: (Chemiluminescence Immunoassay)

7.63 µg/dl

Normal 6.1-12.2 µg/dl

Serum Thyroid Stimulating Hormone (TSH)

Method: (Chemiluminescence Immunoassay)

3.57 uIU/ml

Normal 0.3-5.6 uIU/ml

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Page 7 End

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Name: Mrs. Sarita Sinha / 48 Year / Female

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Patient No.: 3713-3703

Collected On: 30-03-2023

Report On: 30-03-2023 05:29 PM

Urine R/M

DI	EPARTMENT OF CLINI	CAL PATHOLOGY	Y
URINE EXAMINATION REPORT	Γ		
TEST NAME	VALUE	UNIT	NORMAL VALUE
PSYSICAL EXAMINATION:-			
Urine Color	Pale Yellow		Pale yellow
Reaction	Acidic		Acidic/Alkaline
Appearance	Turbid		Clear
Specific Gravity	1.010		1.010-1.025
CHEMICAL EXAMINATION:-			
Albumin	Absent		Trace/Nil
Glucose	Absent		Absent
Ketone	Absent		Absent
Blood	Absent		Absent
Bilirubin	Absent		Absent
Urobilinogen	Absent		Absent
Nitrite	Absent		Absent
MICROSCOPIC EXMINATION:-			
Pus Cells(WBC)	3-4	Cells/hpf	
Red Blood Cells (RBC)	Nil	Cells/hpf	
Epithelial Cell	12-15	Cells/hpf	
Casts	Nil	Nil	
Bacteria	Nil		
Crystals	Nil	Nil	

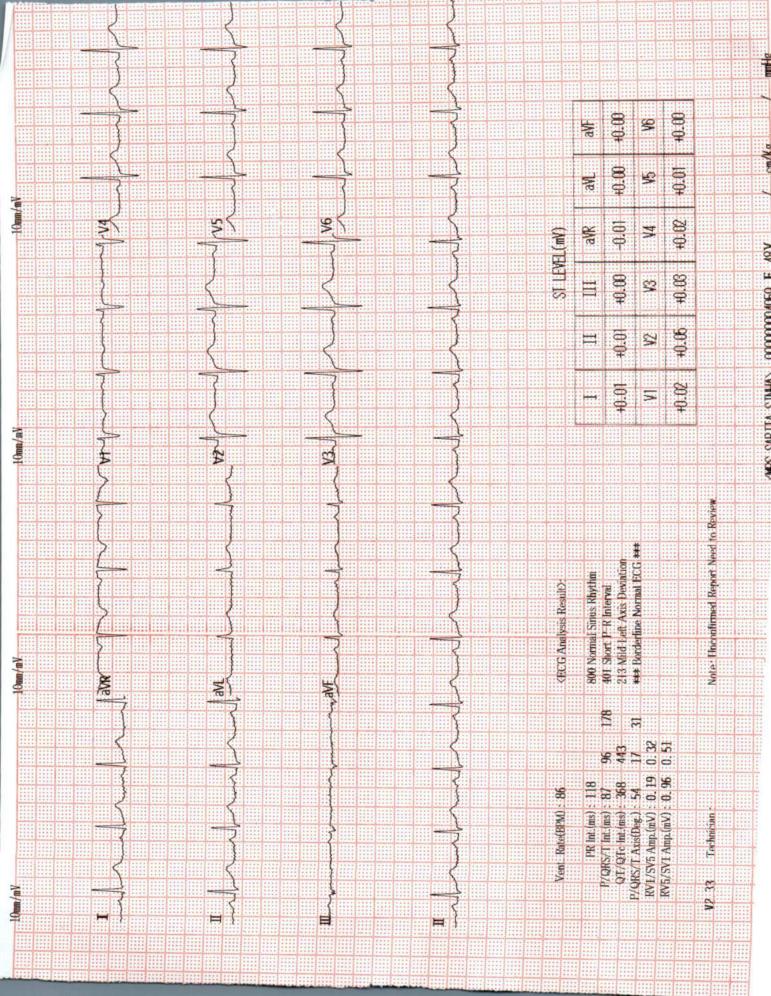
End of Report

Checked By

Dr. Divya Mehdiratta MBBS, MD (Pathologist)



Online appointments: www.apolloclinic.com





PATIENT NAME :MRS SARITA SINHA

AGE / SEX: 48 YRS/F

UHID: 4059

DATE: 30, MAR, 2023

2-D ECHO& M-MODE EXAMINATION **VALVES**

1.MITRAL VALVES STUDY:

a) Motion: Normal

b) Thickness: Normal c)Calcium- none

2. AORTIC VALVE STUDY

a) Aortic root 2.3cm.

b)Aortic Opening 1.6cm.

c)Closure:Central

d)Calcium-none

e)Eccentricity Index 1

f) Vegetation- none

g) Valve Structure: Trileaflet

3.PULMONARY VALVE STUDY Normal

a)EF Slope

Normal

b)A Wave +

c)Thickness

Normal

d)Others -

4.TRICUSPID VALVE

Normal.

6. AORTIC MITRAL CONTINUITY: maintained

Left Atrium

IVC

3.6 x3.5cm.

Normal

Clot Clot

: none Others:

:none I.A.S.: intact

Right Atrium

11mm with normal respiratory variation

(Cont2)

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(...2)

VENTRICLES

RIGHT VENTRICLE:

Normal

Ejection fraction: 70%

LEFT VENTRICLE:

Fractional Shortening 39%

IVS (D) 1.1cm.(S)

1.4 cm.

LV mass:170g

LVID(D) 4.26cm.(S)

2.57 cm.

PW(D)

1.1cm (S)

1.5 cm

RWMA: None IVS: Intact

TOMOGRAPHIC VIEWS

PARASTERNAL LONG AXIS VIEW:

Normal

Good LV contractility

SHORT AXIS VIEWS:

Aortic Valve Level

AOV- Normal

MV-Normal PV-Normal

TV-Normal

Mitral Valve Level

Papillary Muscle Level:

APICAL 4 CHAMBER VIEW OTHER SPECIAL VIEWS:

No clot / vegetation

(Cont.....3)

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(....3)

PERICARDIUM Normal DOPPLER STUDIES

	Velocity (m/ sec)	Flow Pattern	Regurgitation	Gradient mmHg
MITRAL	E=0.74;A=0.61 E/A1.2;E/e'=8.2	Normal	Nil	-
AORTIC	1.3	Normal	Nil	4.5
TRICUSPID	Normal	Normal	Nil	-
PULMONARY	1	Normal	Nil	4.5

CONCLUSIONS:

- No RWMA
- LVEF = 70%
- IAS/IVS intact
- No MR/AR/TR
- No clot / vegetation.
- No pericardial effusion.
- No Diastolic Dysfunction

DR. A.KSINGH MD,DM(Cardiology)

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CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

edically Fit	H
with restrictions/recommendations	+
ough following restrictions have been revealed, in my opinion, these are timpediments to the job.	
Dyslipidenia	
type I DM	
Repotomegaly T grade I fitty liver	
wever, the employee should follow the advice/medication that has en communicated to him/her.	
view after3 months	
rrently Unfit.	+
view afterrecommended	
fit	+
t	impediments to the job. Byslipidenia Type I DM Hepatomegaly & gode I Jatly liver wever, the employee should follow the advice/medication that has en communicated to him/her. view after

This certificate is not meant for medico-legal purpose pr. Saurabh Agarwal

MBBS, MD, FIDM JK), FAGE Reg. No. 1 395

Apollo Clinic I uzratganj

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Medical Officer Apollo Clinic,





Patient Name-mrs. Sarita Sinha.	Date- 30 (03 29
Age-48	Sex-
BP-Systolic 158 Diastolic 85 mm	R.B.S
Pulse- 8851 min	SPO2- 95./.
Temp- 97.5F	Height-
Weight- 62.71cgs,	BMI-
Consultant- Dr. Savraigh Agarwal	Fat-

- Type I DM

- Type I DM

- preparamogaly c grade I fatty liver MbAK-7

on medication

By Talo Heptagon 1-0-1 X 1 month

Tab Evien 600 IO 1-0-0 X 1 month

Tab Atoma 20 mg 0-0-1 X 1 month

Tab Atoma 20 mg 0-0-1 X 1 month

Adjust dose for type I DM & HTN medicine

Advice: Avoid only spray food

Avoid sugary brings

Ext open loafy regetables

Aiet modification

Excurse 30 min/day

Padiator 7 Days

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Inv: Sugar F Japler 1 month

HDAIC - after 3 months

Lipid profile after 1 month

USG Abdomen after 3 months

Dr. Saurabh Agarwal MBBS, MD, FIDM (UK), FAGE Reg. No. 68395 Apollo Clinic Hazratganj