

Name : Mr. SUMIT PANDIA (44 /M)

Date : 14/10/2023

Address : 10-H AMBEY ECO VALLEY, JATRAGACHI NEW TOWN, KOLKATA, KOLKATA, WEST BENGAL, INDIA

Examined by: Dr .JHUMA BAGCHI

UHID : AMHL.0002232844

Package : MEDIWHEEL - FULL BODY HEALTH PLUS 20 YRS TO BELOW 50 YRS (UNISEX) HCK

AHC No : AMHLAH185111



## CHIEF COMPLAINTS

For corporate health checkup  
Cramps, off and on

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Hypertension,  
Dyslipidemia, Thyroid  
disorder, Heart disease  
Others - APD on medication



## DRUG ALLERGY

NO KNOWN ALLERGY :14/10/2023



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

- Nil Significant

### Gastrointestinal system

Dyspepsia - yes; Nature - intermittent

### Genitourinary system

- Nil Significant

### Central nervous system

- Nil Significant

### Eyes

- Nil Significant

### ENT

- Nil Significant

### Musculoskeletal system

Spine and joints  
- Nil Significant

### Skin

- Nil Significant



## Past medical history

Others - GBS in 2018



## Personal history

Marital status - Married  
Diet - Mixed Diet  
Alcohol - consumes alcohol  
Frequency - weekly  
Smoking - Yes  
Type - Cigarette  
Number - 2  
Chews tobacco - Yes  
Physical activity - Active



## Family history

Father - alive  
Mother - alive  
Brothers - 1  
Diabetes - father  
Hypertension - mother  
Coronary artery  
disease - none  
Cancer - None

## PHYSICAL EXAMINATION



### General

Height - 174  
Weight - 67  
BMI - 22.13  
Pallor - No  
Oedema - no



### Cardiovascular system

Heart rate (Per minute) - 86  
Rhythm - Regular  
- B.P. Sitting

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Systolic(mm of Hg) - 114  
Diastolic(mm of Hg) - 82  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds

### Abdomen

Organomegaly - No  
Tenderness - No

### Ophthalmology consultation

Ophthalmology findings - UCVA:RE:6/9 LE:6/9  
NVA:RE:N10 LE:N10  
OCULAR MOVEMENT:WNL  
ANT.SEG:WNL  
ACCPT: SPECTACLE PWR  
RE:-0.50/-0.50X165\*(6/6)  
LE:-0.25DS(6/6)  
ADD(BE):+1.50DSPH(N6)  
ADVICE: \*Glass Rx.\*Review after 1yr/SOS

Printed By : Benazir Begaum

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COMPLETE HAEMOGRAM PROFILE

Table with 5 columns: Test Name, Result, Unit, Level, Range. Rows include Hemoglobin, RBC COUNT, Hematocrit - Hct, MCV, MCH, MCHC, RDW, WBC Count, Platelet Count, Neutrophils, Lymphocytes, Monocytes, Eosinophils, Basophils, RBC, Platelets, ERYTHROCYTE SEDIMENTATION RATE (ESR).

Casts: Not Found
Crystals: Not Found

URINE SUGAR- FASTING(QUALITATIVE)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row: URINE GLUCOSE(FASTING) Nil

BLOOD GROUPING AND TYPING (ABO AND RH)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Rows: ABO Group: B, Rh (D) Type: NEGATIVE

LIVER FUNCTION TEST (PACKAGE)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Rows: ALT(SGPT) - SERUM, ALBUMIN - SERUM, ALKALINE PHOSPHATASE - SERUM, AST (SGOT) - SERUM, BILIRUBIN TOTAL - SERUM

URINE ROUTINE AND MICROSCOPY

Table with 5 columns: Test Name, Result, Unit, Level, Range. Rows: Volume, Colour, Appearance, Specific Gravity, pH, Albumin, Glucose, Ketone, Bile Pigments, RBC, Pus Cells, Epithelial Cells

LIPID PROFILE TEST (PACKAGE)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row: CHOLESTEROL - SERUM

CREATININE - SERUM

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row: CREATININE - SERUM

LIVER FUNCTION TEST (PACKAGE)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row: GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM

GLUCOSE - PLASMA (FASTING)

Table with 5 columns: Test Name, Result, Unit, Level, Range

Legend: Green circle = Within Normal Range, Yellow circle = Borderline High/Low, Red circle = Out of Range

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GLUCOSE - PLASMA (FASTING) 74 mg/dL ● 70-99

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (POST PRANDIAL) 148 \* mg/dL ● 70-140

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name Result Unit Level Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 5.1 % ●
Nondiabetic : 4 - 5.6 %
Prediabetics : 5.7 - 6.4%
Diabetes : >/= 6.5%
ADA Therapeutic goal : <7%

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
HDL CHOLESTEROL - SERUM 55 mg/dL ● 30-70
LDL CHOLESTEROL -SERUM 111 mg/dL ● Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated) 12 mg/dL ● 0-35

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
PROTEIN TOTAL - SERUM 7.9 g/dL ● 6.4-8.3
GLOBULIN: (CALCULATED) - SERUM 3.4 g/dL ● 1.8-3.6

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TOTAL T3: TRI IODOTHYRONINE - SERUM 1.00 ng/ml ● 0.87-1.78
TOTAL T4: THYROXINE - SERUM 7.3 µg/dL ● 5.93-13.29

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
TRIGLYCERIDES - SERUM 109 mg/dL ● 0-150

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TSH: THYROID STIMULATING HORMONE - SERUM 1.1 µIU/mL ● 0.380-5.330

URIC ACID - SERUM

Test Name Result Unit Level Range
URIC ACID - SERUM 4.9 mg/dL ● 2.6-7.2

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM 0.2 mg/dL ● 0.0-0.2

BUN (BLOOD UREA NITROGEN)

Test Name Result Unit Level Range
BUN (BLOOD UREA NITROGEN) 6.8 \* mg/dL ● 7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
A/G - RATIO 1.3 ● 1.0-2.0

BUN/CREATININE RATIO

Test Name Result Unit Level Range
BUN/CREATININE RATIO 8

ECG

SINUS RHYTHM. EARLY REPOLARIZATION LIKE ST CHANGES.

ULTRASOUND SCREENING WHOLE ABDOMEN

\* Grade-I fatty liver.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.]

● Within Normal Range ● Borderline High/Low ● Out of Range

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### X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

 Within Normal Range     Borderline High/Low     Out of Range

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**Printed By** :

**Dr.JHUMA BAGCHI**  
AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

### AICVD RISK SCORE REPORT

**RISK STATUS**

Low Risk

**YOUR SCORE**

3

**ACCEPTABLE SCORE**

5

**Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender**

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

**Based on your AICVD risk score you are advised the following:**

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

**DISCLAIMER**

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

**The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515**