HALDAR

PID No. Register On : 29/03/2022 8:28 AM : MED111037764 : 922018809 SID No. Collection On : 29/03/2022 9:04 AM Age / Sex : 27 Year(s) / Female Report On : 30/03/2022 12:46 PM

Туре : OP : 30/03/2022 7:13 PM **Printed On**

Ref. Dr : MediWheel

<u>Investigation</u>	Observed Value	<u>Unit</u>	<u>Biological</u> <u>Reference Interval</u>
HAEMATOLOGY			
Complete Blood Count With - ESR			
Haemoglobin (EDTA Blood/Spectrophotometry)	12.0	g/dL	12.5 - 16.0
Packed Cell Volume(PCV)/Haematocrit (EDTA Blood/Derived from Impedance)	37.2	%	37 - 47
RBC Count (EDTA Blood/Impedance Variation)	4.69	mill/cu.mm	4.2 - 5.4
Mean Corpuscular Volume(MCV) (EDTA Blood/Derived from Impedance)	79.0	fL	78 - 100
Mean Corpuscular Haemoglobin(MCH) (EDTA Blood/Derived from Impedance)	25.6	pg	27 - 32
Mean Corpuscular Haemoglobin concentration(MCHC) (EDTA Blood/Derived from Impedance)	32.3	g/dL	32 - 36
RDW-CV (EDTA Blood/Derived from Impedance)	15.6	%	11.5 - 16.0
RDW-SD (EDTA Blood/Derived from Impedance)	43.13	fL	39 - 46
Total Leukocyte Count (TC) (EDTA Blood/Impedance Variation)	8800	cells/cu.mm	4000 - 11000
Neutrophils (EDTA Blood/Impedance Variation & Flow Cytometry)	55.2	%	40 - 75
Lymphocytes (EDTA Blood/Impedance Variation & Flow Cytometry)	35.0	%	20 - 45
Eosinophils (EDTA Blood/Impedance Variation & Flow Cytometry)	2.8	%	01 - 06





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Monocytes (EDTA Blood/Impedance Variation & Flow Cytometry)	6.6	%	01 - 10
Basophils (EDTA Blood/Impedance Variation & Flow Cytometry)	0.4	%	00 - 02
Absolute Neutrophil count (EDTA Blood/Impedance Variation & Flow Cytometry)	4.86	10^3 / μl	1.5 - 6.6
Absolute Lymphocyte Count (EDTA Blood/Impedance Variation & Flow Cytometry)	3.08	10^3 / μl	1.5 - 3.5
Absolute Eosinophil Count (AEC) (EDTA Blood/Impedance Variation & Flow Cytometry)	0.25	10^3 / μl	0.04 - 0.44
Absolute Monocyte Count (EDTA Blood/Impedance Variation & Flow Cytometry)	0.58	10^3 / μl	< 1.0
Absolute Basophil count (EDTA Blood/Impedance Variation & Flow Cytometry)	0.04	10^3 / μl	< 0.2
Platelet Count (EDTA Blood/Impedance Variation)	92	10^3 / μl	150 - 450
Remark: Smear Verified Kindly Correlate Clinically			
MPV (EDTA Blood/Derived from Impedance)	14.0	fL	8.0 - 13.3
PCT (EDTA Blood/Automated Blood cell Counter)	0.13	%	0.18 - 0.28
ESR (Erythrocyte Sedimentation Rate) (EDTA Blood/Modified Westergren)	32	mm/hr	< 20





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<u>Investigation</u>	Observed Value	<u>Unit</u>	<u>Biological</u> <u>Reference Interval</u>
BIOCHEMISTRY			
Liver Function Test			
Bilirubin(Total) (Serum/Diazotized Sulfanilic Acid)	0.5	mg/dL	0.1 - 1.2
Bilirubin(Direct) (Serum/Diazotized Sulfanilic Acid)	0.2	mg/dL	0.0 - 0.3
Bilirubin(Indirect) (Serum/Derived)	0.3	mg/dL	0.1 - 1.0
Total Protein (Serum/Biuret)	7.5	gm/dL	6.0 - 8.0
Albumin (Serum/Bromocresol green)	4.4	gm/dL	3.5 - 5.2
Globulin (Serum/Derived)	3.1	gm/dL	2.3 - 3.6
A : G Ratio (Serum/Derived)	1.4		1.1 - 2.2
SGOT/AST (Aspartate Aminotransferase) (Serum/IFCC Kinetic)	14	U/L	5 - 40
SGPT/ALT (Alanine Aminotransferase) (Serum/IFCC / Kinetic)	13	U/L	5 - 41
Alkaline Phosphatase (SAP) (Serum/IFCC Kinetic)	92	U/L	42 - 98
GGT(Gamma Glutamyl Transpeptidase) (Serum/SZASZ standarised IFCC)	14	U/L	< 38





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<u>Investigation</u>	Observed Value	<u>Unit</u>	<u>Biological</u> <u>Reference Interval</u>
<u>Lipid Profile</u>			
Cholesterol Total (Serum/Cholesterol oxidase/Peroxidase)	208	mg/dL	Optimal: < 200 Borderline: 200 - 239 High Risk: >= 240
Triglycerides (Serum/Glycerol phosphate oxidase / peroxidase)	211	mg/dL	Optimal: < 150 Borderline: 150 - 199 High: 200 - 499 Very High: >=500

INTERPRETATION: The reference ranges are based on fasting condition. Triglyceride levels change drastically in response to food, increasing as much as 5 to 10 times the fasting levels, just a few hours after eating. Fasting triglyceride levels show considerable diurnal variation too. There is evidence recommending triglycerides estimation in non-fasting condition for evaluating the risk of heart disease and screening for metabolic syndrome, as non-fasting sample is more representative of the "usual" circulating level of triglycerides during most part of the day.

HDL Cholesterol (Serum/Immunoinhibition)	39	mg/dL	Optimal(Negative Risk Factor): >= 60 Borderline: 50 - 59 High Risk: < 50
LDL Cholesterol (Serum/Calculated)	126.8	mg/dL	Optimal: < 100 Above Optimal: 100 - 129 Borderline: 130 - 159 High: 160 - 189 Very High: >= 190
VLDL Cholesterol (Serum/Calculated)	42.2	mg/dL	< 30
Non HDL Cholesterol (Serum/Calculated)	169.0	mg/dL	Optimal: < 130 Above Optimal: 130 - 159 Borderline High: 160 - 189 High: 190 - 219 Very High: >= 220

INTERPRETATION: 1. Non-HDL Cholesterol is now proven to be a better cardiovascular risk marker than LDL Cholesterol. 2. It is the sum of all potentially atherogenic proteins including LDL, IDL, VLDL and chylomicrons and it is the "new bad cholesterol" and is a co-primary target for cholesterol lowering therapy.





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Investigation	<u>Observed</u> <u>Value</u>	<u>Unit</u>	<u>Biological</u> <u>Reference Interval</u>
Total Cholesterol/HDL Cholesterol Ratio (Serum/Calculated)	5.3		Optimal: < 3.3 Low Risk: 3.4 - 4.4 Average Risk: 4.5 - 7.1 Moderate Risk: 7.2 - 11.0 High Risk: > 11.0

Triglyceride/HDL Cholesterol Ratio 5.4 Optimal: < 2.5 (TG/HDL) Mild to moderate risk: 2.5 - 5.0 (Serum/Calculated) High Risk: > 5.0

LDL/HDL Cholesterol Ratio 3.3 Optimal: 0.5 - 3.0

(Serum/*Calculated*)
Borderline: 3.1 - 6.0
High Risk: > 6.0





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Investigation	Observed Value	<u>Unit</u>	<u>Biological</u> <u>Reference Interval</u>
Glycosylated Haemoglobin (HbA1c)			
HbA1C (Whole Blood/ <i>HPLC</i>)	5.1	%	Normal: 4.5 - 5.6 Prediabetes: 5.7 - 6.4

INTERPRETATION: If Diabetes - Good control: 6.1 - 7.0 %, Fair control: 7.1 - 8.0 %, Poor control >= 8.1 %

Estimated Average Glucose 99.67 mg/dL

(Whole Blood)

INTERPRETATION: Comments

HbA1c provides an index of Average Blood Glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations.

Conditions that prolong RBC life span like Iron deficiency anemia, Vitamin B12 & Folate deficiency,

hypertriglyceridemia,hyperbilirubinemia,Drugs, Alcohol, Lead Poisoning, Asplenia can give falsely elevated HbAlC values. Conditions that shorten RBC survival like acute or chronic blood loss, hemolytic anemia, Hemoglobinopathies, Splenomegaly,Vitamin E ingestion, Pregnancy, End stage Renal disease can cause falsely low HbAlc.





Diabetic: \geq 6.5

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	<u>Value</u>		Reference Interval

IMMUNOASSAY

THYROID PROFILE / TFT

T3 (Triiodothyronine) - Total 1.26 ng/mL 0.7 - 2.04

(Serum/CMIA)

INTERPRETATION:

Comment:

Total T3 variation can be seen in other condition like pregnancy, drugs, nephrosis etc. In such cases, Free T3 is recommended as it is Metabolically active.

T4 (Thyroxine) - Total 8.61 μ g/dL 4.2 - 12.0

(Serum/CMIA)

INTERPRETATION:

Comment:

Total T4 variation can be seen in other condition like pregnancy, drugs, nephrosis etc. In such cases, Free T4 is recommended as it is Metabolically active.

TSH (Thyroid Stimulating Hormone) 5.46 µIU/mL 0.35 - 5.50

(Serum/Chemiluminescent Microparticle

Immunoassay(CMIA))

INTERPRETATION:

Reference range for cord blood - upto 20

1 st trimester: 0.1-2.5 2 nd trimester 0.2-3.0 3 rd trimester : 0.3-3.0

(Indian Thyroid Society Guidelines)

Comment

- 1.TSH reference range during pregnancy depends on Iodine intake, TPO status, Serum HCG concentration, race, Ethnicity and BMI.
- 2.TSH Levels are subject to circadian variation, reaching peak levels between 2-4am and at a minimum between 6-10PM. The variation can be of the order of 50%, hence time of the day has influence on the measured serum TSH concentrations.
- 3. Values&lt 0.03 µIU/mL need to be clinically correlated due to presence of rare TSH variant in some individuals.



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CLINICAL PATHOLOGY			
PHYSICAL EXAMINATION			
Colour (Urine)	Yellow		
Appearance (Urine)	Clear		Clear
Volume (Urine)	15	mL	
<u>CHEMICAL EXAMINATION(Automated-Urineanalyser)</u>			
pH (Urine/AUTOMATED URINANALYSER)	6.0		4.5 - 8.0
Specific Gravity (Urine)	1.025		1.002 - 1.035
Ketones (Urine)	Negative		Negative
Urobilinogen (Urine/AUTOMATED URINANALYSER)	0.2		0.2 - 1.0
Blood (Urine/AUTOMATED URINANALYSER)	Negative		Negative
Nitrite (Urine/AUTOMATED URINANALYSER)	Negative		Negative
Bilirubin (Urine/AUTOMATED URINANALYSER)	Negative		Negative
Protein (Urine)	Negative		Negative
Glucose (Urine)	Negative		Negative



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Leukocytes (Urine) MICROSCOPY(URINE DEPOSITS)	Negative	leuco/uL	Negative
Pus Cells (Urine/Flow cytometry)	1-2	/hpf	3-5
Epithelial Cells (Urine)	1-2	/hpf	1-2
RBCs (Urine/Flow cytometry)	Nil	/hpf	NIL
Others (Urine)	Nil		Nil
Casts (Urine/Flow cytometry)	Nil	/hpf	0 - 1
Crystals (Urine)	Nil		NIL



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BIOCHEMISTRY			
Glucose Fasting (FBS) (Plasma - F/GOD - POD)	88	mg/dL	Normal: < 100 Pre Diabetic: 100 - 125 Diabetic: >= 126

INTERPRETATION: Factors such as type, quantity and time of food intake, Physical activity, Psychological stress, and drugs can influence blood glucose level.

Glucose Fasting - Urine	Negative		Negative
(Urine - F)			
Glucose Postprandial (PPBS)	82	mg/dL	70 - 140
(Plasma - PP/GOD - POD)			

INTERPRETATION:

Factors such as type, quantity and time of food intake, Physical activity, Psychological stress, and drugs can influence blood glucose level. Fasting blood glucose level may be higher than Postprandial glucose, because of physiological surge in Postprandial Insulin secretion, Insulin resistance, Exercise or Stress, Dawn Phenomenon, Somogyi Phenomenon, Anti- diabetic medication during treatment for Diabetes.

Blood Urea Nitrogen (BUN) (Serum/Urease-GLDH)	8	mg/dL	7.0 - 21
Creatinine (Serum/Jaffe Kinetic)	0.6	mg/dL	0.6 - 1.1

INTERPRETATION: Elevated Creatinine values are encountered in increased muscle mass, severe dehydration, Pre-eclampsia, increased ingestion of cooked meat, consuming Protein/ Creatine supplements, Diabetic Ketoacidosis, prolonged fasting, renal dysfunction and drugs such as cefoxitin, cefazolin, ACE inhibitors, angiotensin II receptor antagonists, N-acetylcyteine, chemotherapeutic agent such as flucytosine etc.

Uric Acid 3.7 mg/dL 2.6 - 6.0

(Serum/Uricase/Peroxidase)





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InvestigationObservedUnitBiologicalValueReference Interval

IMMUNOHAEMATOLOGY

BLOOD GROUPING AND Rh TYPING

 $(\hbox{EDTA Blood} Agglutination)$

'B' 'Positive'

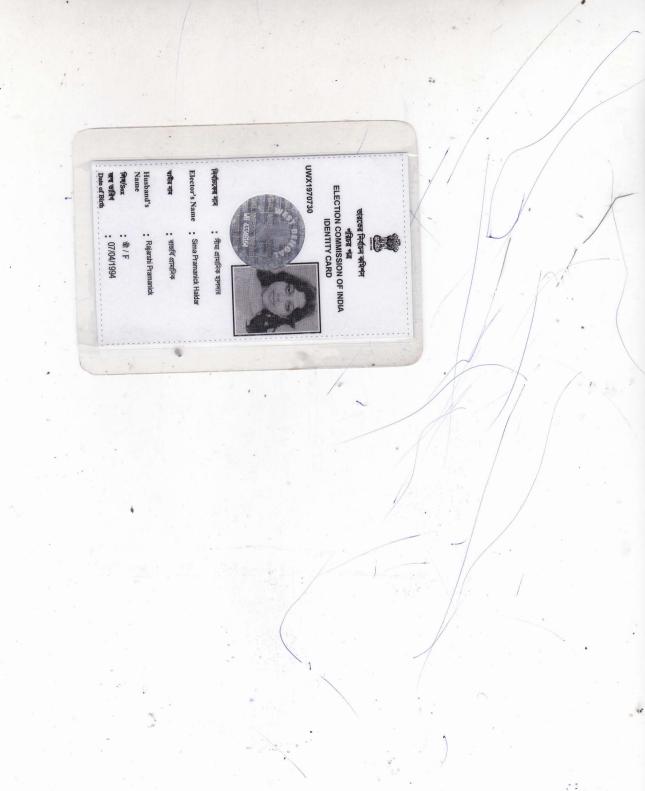


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APPROVED BY

-- End of Report --



Signature:

Sign-up & Health Assessment Form

MEDALL To be filled by Customer 14 MA 5 ame: Mr/Ms/Mrs DOB: Age: ender: **O** Female O Male Pincode: lobile: GM mail: To be filled by Customer Medical History Have you been previously diagnosed with? O No O Yes Diabetes (Sugar) Bar code O Yes O No Hypertension (BP) O Yes O No Cardiovascular Disease (Heart) O No Asthma/Allergies (Dust, Pollen, Food, Animals, etc.) O Yes Neurological Problems (Nerve) O Yes O No **Vitals** Are you currently taking medications for? To be filled by Technician Diabetes (Sugar) O Yes O No cms Height: O Yes O No Hypertension (BP) Waist: in. O Yes O No Cardiovascular Disease (Heart) O No O Yes Liver Disease Hip: in. O No O Yes Cancer kg Weight: O No O Yes Tuberculosis (TB) Family History Fat: Is there a history of below diseases in your family? Visc. Fat: O Yes O No Diabetes (Sugar) O Yes O No Hypertension (BP) RM: O No Cardiovascular Disease (Heart) O Yes 4 kg/m² BMI: O Yes O No Cancer Lifestyle years Body Age: O No O Yes Do you exercise regularly? Sys. BP: mmHg Do you consume alcohol more than 2 times a week? O No O Yes O Yes O No Do you smoke/chew tobacco? Dia. BP: mmHg O No O Yes Are you vegetarian? Plun. General O Yes O No Do you see a doctor at least once in 6 months? O No O Yes Do you undergo a health checkup every year? How would you rate your overall Health? 0 0 0 0 0 Excellent Good Normal Poor Very Poor Women's Health O No O Yes Is there a family history of Breast Cancer? Is there a family history of Endometrial (Uterus) Cancer? O No O Yes O Yes O No Is there a family history of Ovarian Cancer? O Yes O No Do you have irregular periods? O No O Yes Do you have heavy bleeding during periods? O No O Yes Do you have scanty periods? O Yes O No Have you attained Menopause? O Yes O No Do you have children? O No O Yes .Was it a normal delivery? O No Did you have diabetes/hypertension during delivery? O Yes



Prabha Eye Clinic & Research Center

#504, 40th Cross, 8th Block, Jayanagar, Bengaluru - 560 070. Tel.: 080-26659595, 26659090, 42659090, 46659595 Fax: 080-22446360

email:info@prabhaeyeclinic.com

web:www.prabhaeyeclinic.com

PATIENT SUMMARY

Page 1 of 1

Patient

: SIMA PRAMANICK HALDAR -

OP Number: KA-PEC2022/347421

Address

: BILEKAHALLI

: +918617639756 Phone

29/03/2022

OPTOMETRIST FINDINGS (-11:56:58)

UNAIDED VISION DIST

6/9P RE 6/9P LE

WITH PH

6/6 RE 6/6 LE

AR READING DRY

RE: +0.50 VERTICAL 1.00 HORIZONTAL 14 AXIS

LE: +0.50 VERTICAL -0.50 HORIZONTAL 162 AXIS

COLOR VISION

RE Normal LE Normal

Sleeping with Contact Lens

NO

OPTICAL PRESCRIPTION DIST RE: -1.00 CYL 15 AXIS 6/6 VN

LE: -0.50 CYL 160 AXIS 6/6 VN

DOCTOR ADVICE (DR.MAHESH K - 12:04:52)

PRESENTING COMPLAINTS

came for regular eye check up

LIDS & ADNEXA

RE: N; LE: N

PUPIL .

RE: RRR; LE: RRR

FUNDUS

RE: NAD; LE: NAD

CORNEA

RERE: CLEAR; LE: CLEAR

LENS

RERE: CLEAR: LE: CLEAR

CONJUNCTIVA

RERE: N; LE: N

IRIS

RERE: N; LE: N

ANTERIOR CHAMBER

RE:ND, QUIET; LE: ND, QUIET

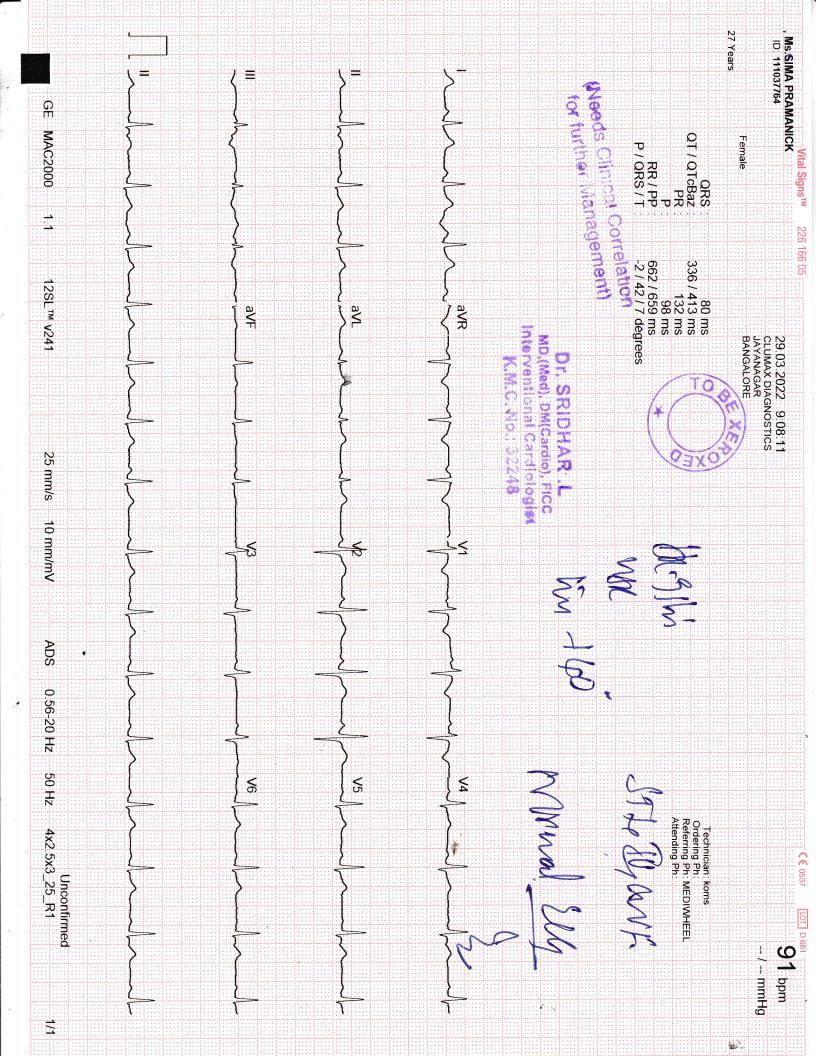
OTHER RESULTS

OTHER FINDINGSRE: glasses for regular use,

r/w after 1 year

Printed On 29/3/22 12:15:11 PM

Thanking you for giving us an opportunity to provide you eye care services.





Name	SIMA PRAMANICK HALDAR	Customer ID	MED111037764
Age & Gender	27Y/F	Visit Date	Mar 29 2022 8:22AM
Ref Doctor	MediWheel		

X - RAY CHEST PA VIEW

Bilateral lung fields appear normal.

Cardiac size is within normal limits.

Bilateral hilar regions appear normal.

Bilateral domes of diaphragm and costophrenic angles are normal.

Visualised bones and soft tissues appear normal.

Impression: Essentially normal study.

DR. H.K. ANAND

DR. SHWETHA S

DR. PRAJNA SHENOY

DR. MAHESH M S

CONSULTANT RADIOLOGISTS





Name	MS.SIMA PRAMANICK HALDAR	ID =	MED111037764
Age & Gender	27Y/FEMALE	Visit Date	29/03/2022
Ref Doctor	MediWheel		

ABDOMINO-PELVIC ULTRASONOGRAPHY

LIVER is normal in shape, size and has uniform echopattern. No evidence of focal lesion or intrahepatic biliary ductal dilatation. Hepatic and portal vein radicals are normal.

GALL BLADDER show normal shape and has clear contents. Gall bladder wall is of normal thickness. CBD is of normal calibre.

PANCREAS has normal shape, size and uniform echopattern. No evidence of ductal dilatation or calcification.

SPLEEN show normal shape, size and echopattern.

No demonstrable Para -aortic lymphadenopathy.

KIDNEYS move well with respiration and have normal shape, size and echopattern. Cortico- medullary differentiations are well madeout. Right kidney shows a hyperechogenic focus measuring 2mm in the middle calyx. Left kidney shows a calculus measuring 2.8mm in the middle calyx. No evidence of hydronephrosis.

The kidney measures as follows

	Bipolar length (cms)	Parenchymal thickness (cms)
Right Kidney	9.3	1.6
Left Kidney	9.6	1.6

URINARY BLADDER show normal shape and wall thickness.

It has clear contents. No evidence of diverticula.

UTERUS is anteverted and has normal shape and size.

It has uniform myometrial echopattern.

Endometrial echo is of normal thickness – 9.0mms.

Uterus measures as follows:

LS: 7.7cms AP: 3.2cms TS: 4.2cms







Name	MS.SIMA PRAMANICK HALDAR	ID a	MED111037764
Age & Gender	27Y/FEMALE	Visit Date	29/03/2022
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:2:

OVARIES are normal size, shape and echotexture

Ovaries measures as follows:

Right ovary: 3.1 x 1.9 x 2.7 cms, vol-8.8ml. Left ovary: 3.1 x 1.8 x 2.5 cms, vol-7.2ml.

POD & adnexa are free.

No evidence of ascites.

Impression:

- > Right renal microlith.
- > Left renal calculus.
- > Bilateral polycystic ovaries.

Note: No previous reports available for comparison.

CONSULTANT RADIOLOGISTS:

DR. H. K. ANAND DR. PRAJNA SHENOY

DR. MAHESH. M. S

DR. RADHA KRISHNA. A.

DR. HIMA BINDU.P Ms/so





Name	MS.SIMA PRAMANICK HALDAR	ID	MED111037764
Age & Gender	27Y/FEMALE	Visit Date	29/03/2022
Ref Doctor	MediWheel		

2D ECHOCARDIOGRAPHIC STUDY

M mode measurement:

AORTA : 2.90 cms

LEFT ATRIUM : 3.35 cms

AVS : 1.47 cms

LEFT VENTRICLE (DIASTOLE) : 3.84 cms

(SYSTOLE) : 2.53 cms

VENTRICULAR SEPTUM (DIASTOLE) : 1.02 cms

(SYSTOLE) : 1.63 cms

POSTERIOR WALL (DIASTOLE) : 0.86 cms

(SYSTOLE) : 2.12 cms

EDV : 63 ml

ESV : 23 ml

FRACTIONAL SHORTENING : 34 %

EJECTION FRACTION : 63 %

EPSS : cms

RVID : 1.55 cms

DOPPLER MEASUREMENTS

MITRAL VALVE : 'E' -1.06m/s 'A' -0.79m/s TRIVIAL MR

AORTIC VALVE :1.36 m/s NO AR

TRICUSPID VALVE : PASP : 22 mmHg TRIVIAL TR

PULMONARY VALVE :0.84 m/s NO PR





Name	MS.SIMA PRAMANICK HALDAR	ID .	MED111037764
Age & Gender	27Y/FEMALE	Visit Date	29/03/2022
Ref Doctor	MediWheel		de se

:2:

2D ECHOCARDIOGRAPHY FINDINGS:

Left Ventricle : Normal size, Normal systolic function.

No regional wall motion abnormalities

Left Atrium : Normal

Right Ventricle : Normal

Right Atrium : Normal.

Mitral valve : Normal, No mitral valve prolapse.

Aortic valve : Normal, Trileaflet

Tricuspid valve : Normal.

Pulmonary valve : Normal.

IAS : Intact.

IVS : Intact.

Pericardium : No Pericardial effusion.

IMPRESSION:

- TRIVIAL MITRAL REGURGITATION
- > TRIVIAL TRICUSPID REGURGITATION (PASP 22 mmHg)
- NORMAL SIZED CARDIAC CHAMBERS.
- ➤ NORMAL LV SYSTOLIC FUNCTION. EF: 63 %
- > NO REGIONAL WALL MOTION ABNORMALITIES.
- NO CLOTS / PERICARDIAL EFFUSION / VEGETATION.

(KINDLY CORRELATE CLINICALLY AND WITH ECG)

DR.SRIDHAR.L MD,DM,FICC. CONSULTANT CARDIOLOGIST Ls/ml

> Dr. SRIDHAR .L MD.(Med), SM/Cardio), FICC Interventional Cardiologis

Please produce bill copy at the time of collecting the

