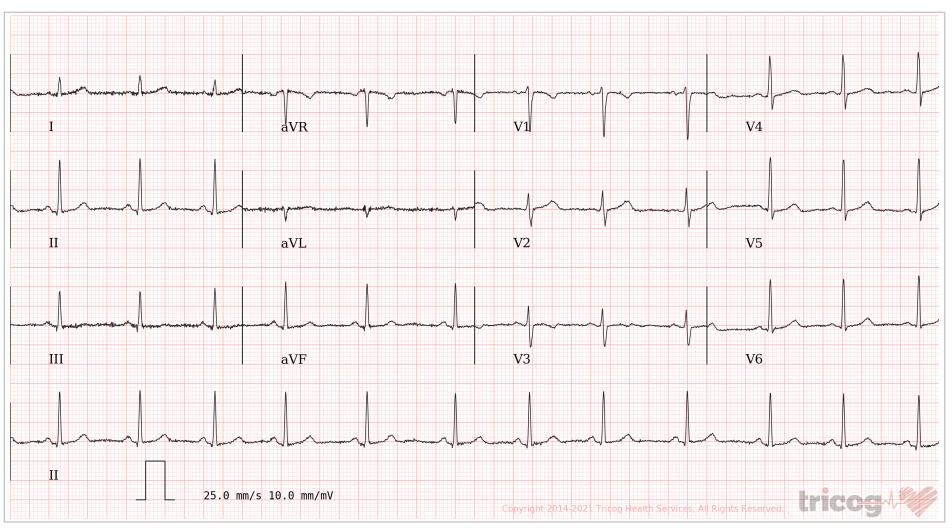
SUBURBAN DIAGNOSTICS

SUBURBAN DIAGNOSTICS - KANDIVALI EAST

Patient Name: MADHULIKA KUMARI SINHA Date and Time: 11th Dec 21 9:06 AM

Patient ID: 2134539431



Age 25 9 30 years months days

Gender Female

Heart Rate 74 bpm

Patient Vitals

BP: NA
Weight: NA
Height: NA
Pulse: NA
Spo2: NA
Resp: NA
Others:

Measurements

QSRD: 78 ms QT: 376 ms QTc: 417 ms PR: 134 ms

P-R-T: 78° 74° 54°

ECG Within Normal Limits: Sinus Rhythm, Normal Axis, with Sinus Arrhythmia. Please correlate clinically.

REPORTED BY

DR AKHIL PARULEKAR MBBS.MD. MEDICINE, DNB Cardiology Cardiologist 2012082483

Disclaimer: 1) Analysis in this report is based on ECG alone and should be used as an adjunct to clinical history, symptoms, and results of other invasive and non-invasive tests and must be interpreted by a qualified physician. 2) Patient vitals are as entered by the clinician and not derived from the ECG.



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CID : 2134539431

Name : Mrs MADHULIKA KUMARI SINHA

: 25 Years/Female

Reg. Date : 11-Dec-2021 / 10:02

Ref. Dr Report Date : 11-Dec-2021 / 12:01 **Printed Reg. Location**: Kandivali East Main Centre : 11-Dec-2021 / 12:01

USG WHOLE ABDOMEN

LIVER:

Age / Sex

The liver is normal in size, shape and smooth margins. It shows normal parenchymal echo pattern. The intra hepatic biliary and portal radical appear normal. No evidence of any intra hepatic cystic or solid lesion seen. The main portal vein and CBD appears normal.

GALL BLADDER:

The gall bladder is physiologically distended and appears normal. No evidence of gall stones or mass lesions seen

PANCREAS:

The pancreas is well visualised and appears normal. No evidence of solid or cystic mass lesion.

Both the kidneys are normal in size shape and echotexture.

No evidence of any calculus, hydronephrosis or mass lesion seen.

Right kidney measures 9.8 x 3.5 cm. Left kidney measures 9.3 x 4.2 cm.

SPLEEN:

The spleen is normal in size and echotexture. No evidence of focal lesion is noted.

There is no evidence of any lymphadenopathy or ascites.

URINARY BLADDER:

The urinary bladder is well distended and reveal no intraluminal abnormality.

UTERUS(TAS/TVS):

The uterus is anteverted and appears normal. It measures 8.4 x 4.6 x 3.8 cms in size.

The endometrial thickness is 12.6 mm.

OVARIES:(TAS/TVS)

Both ovaries shows multiple peripherally located small subcentimeter sized follicles with central echogenic stroma suggest polycystic appearance. Right ovary is also mildly bulky while left ovary is normal in size. No evidence of any adnexal or ovarian mass is seen.

The right ovary measures 4.6 x 2.3 x 2.1 cm and ovarian volume is 11.9 cc.

The left ovary measures 3.2 x 2.6 x 1.5 cm and ovarian volume is 6.6 cc.

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CID : 2134539431

Name : Mrs MADHULIKA KUMARI SINHA

: 25 Years/Female Age / Sex Reg. Date : 11-Dec-2021 / 10:02

Ref. Dr Report Date : 11-Dec-2021 / 12:01

T Reg. Location : Kandivali East Main Centre **Printed** : 11-Dec-2021 / 12:01

No free fluid is seen in pouch of Douglas.

IMPRESSION:

POLYCYSTIC APPEARANCE OF BOTH THE OVARIES (SUGGEST : CLINICAL AND HORMONAL **CORRELATION FOR PCOD)**

-----End of Report-----

Dr. Sunil Bhutka **DMRD DNB**

MMC REG NO:2011051101





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CID : 2134539431

Name : Mrs MADHULIKA KUMARI SINHA

Age / Sex : 25 Years/Female

Ref. Dr : 11-Dec-2021 / 09:04 Reg. Date

T Reg. Location : Kandivali East Main Centre Reported : 11-Dec-2021 / 19:36

X-RAY CHEST PA VIEW

Both lung fields are clear.

Both costo-phrenic angles are clear.

The cardiac size and shape are within normal limits.

The domes of diaphragm are normal in position and outlines.

The skeleton under review appears normal.

IMPRESSION:

NO SIGNIFICANT ABNORMALITY IS DETECTED.

Note: Investigations have their limitations. solitary radiological investigations never confirm the final diagnosis.

They only help in diagnosing the disease in correlation to clinical symptoms and other related tests.

X ray is known to have inter observer variations.

Further / follow up imaging may be needed in some cases for confirmation / exclusion of diagnosis.

Please interpret accordingly.

-----End of Report-----

Dr. Vivek Singh MD Radiodiagnosis

Reg No: 2013/03/0388

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Name : MRS.MADHULIKA KUMARI SINHA

Age / Gender : 25 Years / Female

Consulting Dr. Collected Reported

Reg. Location : Kandivali East (Main Centre)



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:11-Dec-2021 / 08:41

:11-Dec-2021 / 13:01

AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE

CBC (Complete Blood Count), Blood			
<u>PARAMETER</u>	<u>RESULTS</u>	BIOLOGICAL REF RANGE	<u>METHOD</u>
RBC PARAMETERS			
Haemoglobin	12.0	12.0-15.0 g/dL	Spectrophotometric
RBC	4.16	3.8-4.8 mil/cmm	Elect. Impedance
PCV	37.4	36-46 %	Measured
MCV	90	80-100 fl	Calculated
MCH	28.9	27-32 pg	Calculated
MCHC	32.1	31.5-34.5 g/dL	Calculated
RDW	15.1	11.6-14.0 %	Calculated
WBC PARAMETERS			
WBC Total Count	3560	4000-10000 /cmm	Elect. Impedance
WBC DIFFERENTIAL AND ABS	OLUTE COUNTS		
Lymphocytes	42.4	20-40 %	
Absolute Lymphocytes	1509.4	1000-3000 /cmm	Calculated
Monocytes	8.8	2-10 %	
Absolute Monocytes	313.3	200-1000 /cmm	Calculated
Neutrophils	45.8	40-80 %	
Absolute Neutrophils	1630.5	2000-7000 /cmm	Calculated
Eosinophils	2.2	1-6 %	
Absolute Eosinophils	78.3	20-500 /cmm	Calculated
Basophils	0.8	0.1-2 %	
Absolute Basophils	28.5	20-100 /cmm	Calculated
Immature Leukocytes	-		

WBC Differential Count by Absorbance & Impedance method/Microscopy.

PLATELET PARAMETERS

Platelet Count	170000	150000-400000 /cmm	Elect. Impedance
MPV	12.6	6-11 fl	Calculated
PDW	26.2	11-18 %	Calculated

RBC MORPHOLOGY

Hypochromia Microcytosis

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Name : MRS.MADHULIKA KUMARI SINHA

: 25 Years / Female Age / Gender

Consulting Dr. Collected :11-Dec-2021 / 08:41

Reported :11-Dec-2021 / 12:57 : Kandivali East (Main Centre) Reg. Location

Macrocytosis

Anisocytosis

Poikilocytosis

Polychromasia

Target Cells

Basophilic Stippling

Normoblasts

Others Normocytic, Normochromic

WBC MORPHOLOGY

PLATELET MORPHOLOGY Megaplatelets seen on smear

COMMENT Leucopenia

Specimen: EDTA Whole Blood

ESR, EDTA WB-ESR 2-20 mm at 1 hr. Westergren

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Name : MRS.MADHULIKA KUMARI SINHA

Age / Gender : 25 Years / Female

Consulting Dr. : -

Reg. Location: Kandivali East (Main Centre)



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Reported :11-Dec-2021 / 14:06

AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE

<u>PARAMETER</u>	<u>RESULTS</u>	BIOLOGICAL REF RANGE	<u>METHOD</u>
GLUCOSE (SUGAR) FASTING, Fluoride Plasma	85.9	Non-Diabetic: < 100 mg/dl Impaired Fasting Glucose: 100-125 mg/dl Diabetic: >/= 126 mg/dl	Hexokinase
GLUCOSE (SUGAR) PP, Fluoride Plasma PP/R	87.3	Non-Diabetic: < 140 mg/dl Impaired Glucose Tolerance: 140-199 mg/dl Diabetic: >/= 200 mg/dl	Hexokinase
BILIRUBIN (TOTAL), Serum	0.37	0.1-1.2 mg/dl	Colorimetric
BILIRUBIN (DIRECT), Serum	0.18	0-0.3 mg/dl	Diazo
BILIRUBIN (INDIRECT), Serum	0.19	0.1-1.0 mg/dl	Calculated
TOTAL PROTEINS, Serum	8.1	6.4-8.3 g/dL	Biuret
ALBUMIN, Serum	4.6	3.5-5.2 g/dL	BCG
GLOBULIN, Serum	3.5	2.3-3.5 g/dL	Calculated
A/G RATIO, Serum	1.3	1 - 2	Calculated
SGOT (AST), Serum	28.9	5-32 U/L	NADH (w/o P-5-P)
SGPT (ALT), Serum	21.1	5-33 U/L	NADH (w/o P-5-P)
GAMMA GT, Serum	45.3	3-40 U/L	Enzymatic
ALKALINE PHOSPHATASE, Serum	101.1	35-105 U/L	Colorimetric
BLOOD UREA, Serum	14.4	12.8-42.8 mg/dl	Kinetic
BUN, Serum	6.7	6-20 mg/dl	Calculated
CREATININE, Serum	0.55	0.51-0.95 mg/dl	Enzymatic
eGFR, Serum	143	>60 ml/min/1.73sqm	Calculated
URIC ACID, Serum	3.6	2.4-5.7 mg/dl	Enzymatic

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Name : MRS.MADHULIKA KUMARI SINHA

Age / Gender : 25 Years / Female

Consulting Dr. : -

Urine Sugar (Fasting)

Urine Ketones (Fasting)

Reg. Location

: Kandivali East (Main Centre)

in Centre) Collected Reported

Absent

Absent

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Absent

Absent



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Dr.ANUPA DIXIT
M.D.(PATH)
Consultant Pathologist & Lab
Director

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Name : MRS.MADHULIKA KUMARI SINHA

Age / Gender : 25 Years / Female

Consulting Dr. : - Collected :11-Dec-2021 / 08:41

Reg. Location : Kandivali East (Main Centre) Reported :11-Dec-2021 / 15:06

AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE GLYCOSYLATED HEMOGLOBIN (HbA1c)

<u>PARAMETER</u> <u>RESULTS</u> <u>BIOLOGICAL REF RANGE</u> <u>METHOD</u>

Glycosylated Hemoglobin 5.2 Non-Diabetic Level: < 5.7 % HPLC (HbA1c), EDTA WB - CC Prediabetic Level: 5.7-6.4 %

Prediabetic Level: 5.7-6.4 % Diabetic Level: >/= 6.5 %

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Estimated Average Glucose 102.5 mg/dl Calculated

(eAG), EDTA WB - CC

Intended use:

• In patients who are meeting treatment goals, HbA1c test should be performed at least 2 times a year

• In patients whose therapy has changed or who are not meeting glycemic goals, it should be performed quarterly

• For microvascular disease prevention, the HbA1C goal for non pregnant adults in general is Less than 7%.

Clinical Significance:

• HbA1c, Glycosylated hemoglobin or glycated hemoglobin, is hemoglobin with glucose molecule attached to it.

• The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of glycosylated hemoglobin in the blood.

Test Interpretation:

- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of Glycosylated hemoglobin in the blood.
- HbA1c test may be used to screen for and diagnose diabetes or risk of developing diabetes.
- To monitor compliance and long term blood glucose level control in patients with diabetes.
- Index of diabetic control, predicting development and progression of diabetic micro vascular complications.

Factors affecting HbA1c results:

Increased in: High fetal hemoglobin, Chronic renal failure, Iron deficiency anemia, Splenectomy, Increased serum triglycerides, Alcohol ingestion, Lead/opiate poisoning and Salicylate treatment.

Decreased in: Shortened RBC lifespan (Hemolytic anemia, blood loss), following transfusions, pregnancy, ingestion of large amount of Vitamin E or Vitamin C and Hemoglobinopathies

Reflex tests: Blood glucose levels, CGM (Continuous Glucose monitoring)

References: ADA recommendations, AACC, Wallach's interpretation of diagnostic tests 10th edition.

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Name : MRS.MADHULIKA KUMARI SINHA

: 25 Years / Female Age / Gender

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AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE URINE EXAMINATION REPORT

<u>PARAMETER</u>	RESULTS	BIOLOGICAL REF RANGE	<u>METHOD</u>
PHYSICAL EXAMINATION			
Color	Pale yellow	Pale Yellow	-
Reaction (pH)	6.5	4.5 - 8.0	Chemical Indicator
Specific Gravity	1.010	1.001-1.030	Chemical Indicator
Transparency	Slight hazy	Clear	-
Volume (ml)	40	-	-
CHEMICAL EXAMINATION			
Proteins	Absent	Absent	pH Indicator
Glucose	Absent	Absent	GOD-POD
Ketones	Absent	Absent	Legals Test
Blood	Absent	Absent	Peroxidase
Bilirubin	Absent	Absent	Diazonium Salt
Urobilinogen	Normal	Normal	Diazonium Salt
Nitrite	Absent	Absent	Griess Test
MICROSCOPIC EXAMINATION			
Leukocytes(Pus cells)/hpf	30-35	0-5/hpf	
Deal Diesel Calle / bust	Albania	0.275-6	

Red Blood Cells / hpf Absent 0-2/hpf

Epithelial Cells / hpf 5-6

Casts Absent Absent Crystals **Absent Absent** Amorphous debris Absent Absent

Bacteria / hpf Less than 20/hpf

Others







Monteino **Dr.RASHMI MONTEIRO** M.D. (PATH) **Pathologist**

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Name : MRS.MADHULIKA KUMARI SINHA

Age / Gender : 25 Years / Female

Consulting Dr. Collected :11-Dec-2021 / 08:41

:11-Dec-2021 / 17:00 : Kandivali East (Main Centre) Reported Reg. Location

AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE BLOOD GROUPING & Rh TYPING

PARAMETER RESULTS

ABO GROUP Α

Rh TYPING **POSITIVE**

NOTE: Test performed by automated column agglutination technology (CAT) which is more sensitive than conventional methods.

Specimen: EDTA Whole Blood and/or serum

Clinical significance:

ABO system is most important of all blood group in transfusion medicine

Limitations:

- ABO blood group of new born is performed only by cell (forward) grouping because allo antibodies in cord blood are of maternal origin.
- Since A & B antigens are not fully developed at birth, both Anti-A & Anti-B antibodies appear after the first 4 to 6 months of life. As a result, weaker reactions may occur with red cells of newborns than of adults.
- Confirmation of newborn's blood group is indicated when A & B antigen expression and the isoagglutinins are fully developed at 2 to 4 years of age & remains constant throughout life.
- Cord blood is contaminated with Wharton's jelly that causes red cell aggregation leading to false positive result
- The Hh blood group also known as Oh or Bombay blood group is rare blood group type. The term Bombay is used to refer the phenotype that lacks normal expression of ABH antigens because of inheritance of hh genotype.

Refernces:

- Denise M Harmening, Modern Blood Banking and Transfusion Practices- 6th Edition 2012. F.A. Davis company. Philadelphia
- AABB technical manual

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Dr.SHASHIKANT DIGHADE M.D. (PATH) **Pathologist**

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Name : MRS.MADHULIKA KUMARI SINHA

: 25 Years / Female Age / Gender

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AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE LIPID PROFILE

<u>PARAMETER</u>	<u>RESULTS</u>	BIOLOGICAL REF RANGE	<u>METHOD</u>
CHOLESTEROL, Serum	138.4	Desirable: <200 mg/dl Borderline High: 200-239mg/dl High: >/=240 mg/dl	Enzymatic
TRIGLYCERIDES, Serum	77.8	Normal: <150 mg/dl Borderline-high: 150 - 199 mg/dl High: 200 - 499 mg/dl Very high:>/=500 mg/dl	Enzymatic
HDL CHOLESTEROL, Serum	57.7	Desirable: >60 mg/dl Borderline: 40 - 60 mg/dl Low (High risk): <40 mg/dl	Enzymatic
NON HDL CHOLESTEROL, Serum	80.7	Desirable: <130 mg/dl Borderline-high:130 - 159 mg/d High:160 - 189 mg/dl Very high: >/=190 mg/dl	Calculated l
LDL CHOLESTEROL, Serum	65.0	Optimal: <100 mg/dl Near Optimal: 100 - 129 mg/dl Borderline High: 130 - 159 mg/dl High: 160 - 189 mg/dl Very High: >/= 190 mg/dl	Calculated
VLDL CHOLESTEROL, Serum	15.7	< /= 30 mg/dl	Calculated
CHOL / HDL CHOL RATIO, Serum	2.4	0-4.5 Ratio	Calculated
LDL CHOL / HDL CHOL RATIO, Serum	1.1	0-3.5 Ratio	Calculated

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Name : MRS.MADHULIKA KUMARI SINHA

Age / Gender : 25 Years / Female

Consulting Dr. : -

Reg. Location: Kandivali East (Main Centre)



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AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE THYROID FUNCTION TESTS

<u>PARAMETER</u>	<u>RESULTS</u>	BIOLOGICAL REF RANGE	<u>METHOD</u>
Free T3, Serum	4.1	3.5-6.5 pmol/L	ECLIA
Free T4, Serum	15.9	11.5-22.7 pmol/L First Trimester:9.0-24.7 Second Trimester:6.4-20.59 Third Trimester:6.4-20.59	ECLIA
sensitiveTSH, Serum	2.9	0.35-5.5 microIU/ml First Trimester:0.1-2.5 Second Trimester:0.2-3.0 Third Trimester:0.3-3.0	ECLIA



Name : MRS.MADHULIKA KUMARI SINHA

Age / Gender : 25 Years / Female

Consulting Dr. : - Collected :11-Dec-2021 / 08:41

Reg. Location : Kandivali East (Main Centre) Reported :11-Dec-2021 / 12:33

Interpretation:

A thyroid panel is used to evaluate thyroid function and/or help diagnose various thyroid disorders.

Clinical Significance:

- 1)TSH Values between 5.5 to 15 microIU/ml should be correlated clinically or repeat the test with new sample as physiological factors can give falsely high TSH.
- 2)TSH values may be trasiently altered becuase of non thyroidal illness like severe infections, liver disease, renal and heart severe burns, trauma and surgery etc.

TSH	FT4 / T4	FT3 / T3	Interpretation
High	Normal	Normal	Subclinical hypothyroidism, poor compliance with thyroxine, drugs like amiodarone, Recovery phase of non-thyroidal illness, TSH Resistance.
High	Low	Low	Hypothyroidism, Autoimmune thyroiditis, post radio iodine Rx, post thyroidectomy, Anti thyroid drugs, tyrosine kinase inhibitors & amiodarone, amyloid deposits in thyroid, thyroid tumors & congenital hypothyroidism.
Low	High	High	Hyperthyroidism, Graves disease, toxic multinodular goiter, toxic adenoma, excess iodine or thyroxine intake, pregnancy related (hyperemesis gravidarum, hydatiform mole)
Low	Normal	Normal	Subclinical Hyperthyroidism, recent Rx for Hyperthyroidism, drugs like steroids & dopamine), Non thyroidal illness.
Low	Low	Low	Central Hypothyroidism, Non Thyroidal Illness, Recent Rx for Hyperthyroidism.
High	High	High	Interfering anti TPO antibodies, Drug interference: Amiodarone, Heparin, Beta Blockers, steroids & anti epileptics.

Diurnal Variation:TSH follows a diurnal rhythm and is at maximum between 2 am and 4 am, and is at a minimum between 6 pm and 10 pm. The variation is on the order of 50 to 206%. Biological variation:19.7%(with in subject variation)

Reflex Tests: Anti thyroid Antibodies, USG Thyroid , TSH receptor Antibody. Thyroglobulin, Calcitonin

Limitations: Samples should not be taken from patients receiving therapy with high biotin doses (i.e. >5 mg/day) until atleast 8 hours following the last biotin administration.

Reference:

- 1.O.koulouri et al. / Best Practice and Research clinical Endocrinology and Metabolism 27(2013)
- 2. Interpretation of the thyroid function tests, Dayan et al. THE LANCET . Vol 357
- 3. Tietz , Text Book of Clinical Chemistry and Molecular Biology -5th Edition
- 4.Biological Variation:From principles to Practice-Callum G Fraser (AACC Press)

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Consultant Pathologist & Lab
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Preventive Health Check-up | Pathology | Digital X-Ray | Sonography | Colour Doppler | Mammography | BMD (DXA Scan) | OPG | ECG | 2D Echo Stress Test/TMT | Spirometry | Eye Examination | Dental Examination | Diet Consultation | Audiometry | OT Sterility | Water Sterility | Clinical Research

CID : **2134539431** SID : 177804592451

Name : MRS.MADHULIKA KUMARI SINHA Registered : 11-Dec-2021 / 08:40

Ade / Gender : 25 Years/Female Collected : 11-Dec-2021 / 08:40

PHYSICAL EXAMINATION REPORT

History and Complaints:

No

EXAMINATION FINDINGS:

Height (cms):154 cmsWeight (kg):45 kgsTemp (0c):AfebrileSkin:NormalBlood Pressure (mm/hg):100/70Nails:Normal

Pulse: 72/min Lymph Node: Not Palpable

Systems

Cardiovascular: Normal
Respiratory: Normal
Genitourinary: Normal
GI System: Normal
CNS: Normal

IMPRESSION:

ADVICE:

CHIEF COMPLAINTS:

Hypertension: No
 IHD No
 Arrhythmia No
 Diabetes Mellitus No



: 11-Dec-2021 / 08:40

Preventive Health Check-up | Pathology | Digital X-Ray | Sonography | Colour Doppler | Mammography | BMD (DXA Scan) | OPG | ECG | 2D Echo Stress Test/TMT | Spirometry | Eye Examination | Dental Examination | Diet Consultation | Audiometry | OT Sterility | Water Sterility | Clinical Research

Collected

CID : 2134539431 SID : 177804592451

No

Name : MRS.MADHULIKA KUMARI SINHA Registered : 11-Dec-2021 / 08:40

11) Genital urinary disorder

Age / Gender : 25 Years/Female 5) **Tuberculosis** No 6) Asthama No 7) Pulmonary Disease No 8) Thyroid/ Endocrine disorders No 9) Nervous disorders No 10) GI system No

12) Rheumatic joint diseases or symptoms No

13) Blood disease or disorder No

14) Cancer/lump growth/cyst No

15) Congenital disease No 16) Surgeries No

17) Musculoskeletal System No

PERSONAL HISTORY:

1) Alcohol No 2) Smoking No Diet Mixed 4) Medication No

*** End Of Report ***