

Baweja Hospital & Maternity Home

557811 / Prakash Khichi / 29 Yrs / M / 75 Kg / 178 Cms

Date: 06/09/2021 10:25:12 AM

METS: 1.0 HR: 151 bpm 79% Trgt. BP: 130/80 Raw ECG, BLC, Notch, (0.05-100)Hz

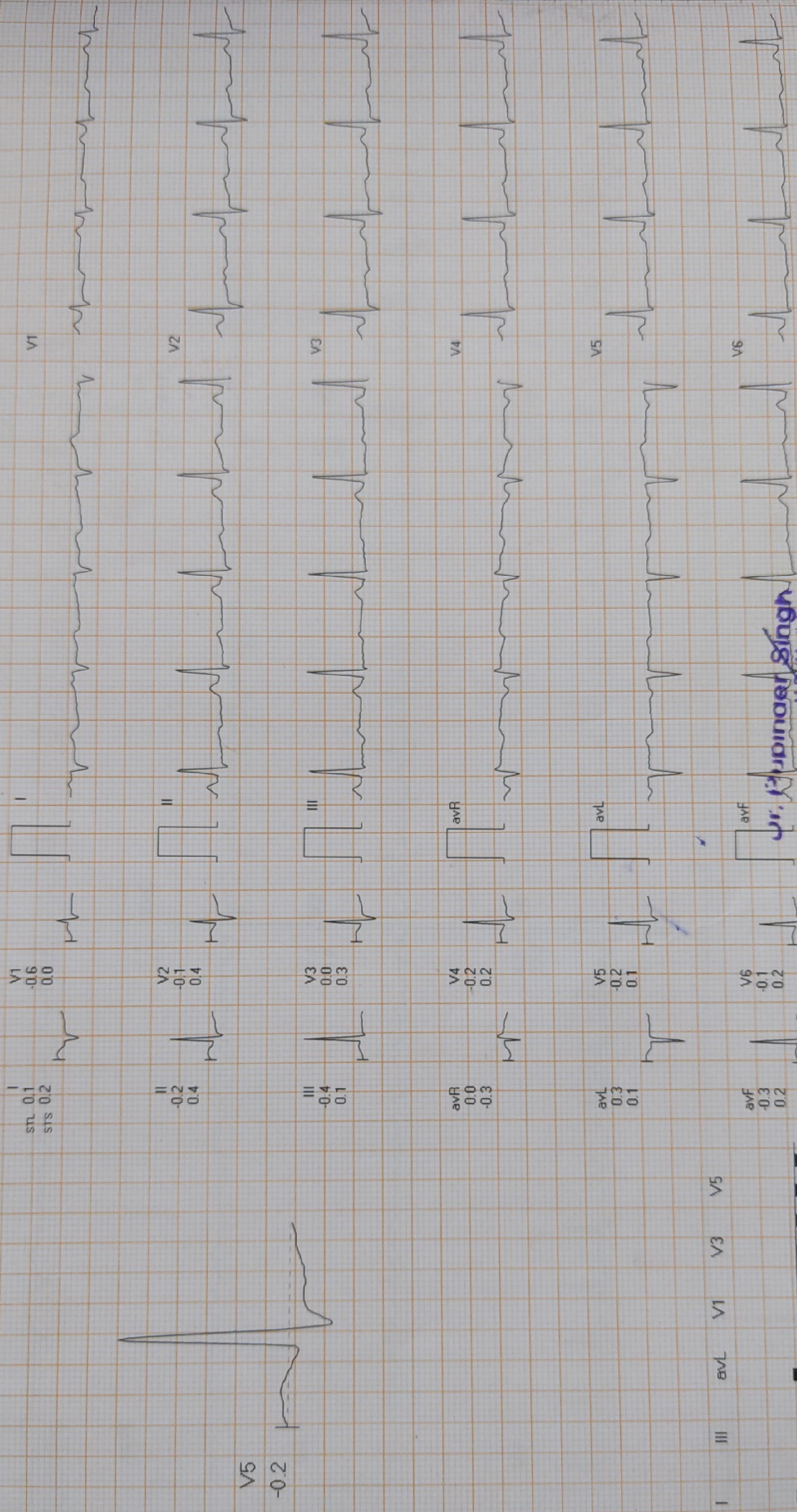
4X 60 mS Post J



Resting ECG

ExTime: 00:00 1.1 mph, 0.0%

25 mm/Sec, 1.0 Cm/mV



Dr. Subinor Singh
Physic & Cardiologist
Baweja Hospital & Maternity Home
Near Sati Mandir, Model House Road,
Jalandhar City, (M) 141-3331

II avR avF V1 V2 V3 V4 V5 V6
COMMENTS:
RMS TMT-MARK-III/4.0 RECORDERS AND MEDICARE SYSTEMS (P) Ltd, CHANDIGARH

Daweja Hospital & Maternity Home

Model House Road, Jalandhar

557811 / Prakash Khichi / 29 Yrs / Male / 75 Kg / 178 Cm / Non Smoker

Date: 06 / 09 / 2021 10:25:12 AM

METS: 04.70

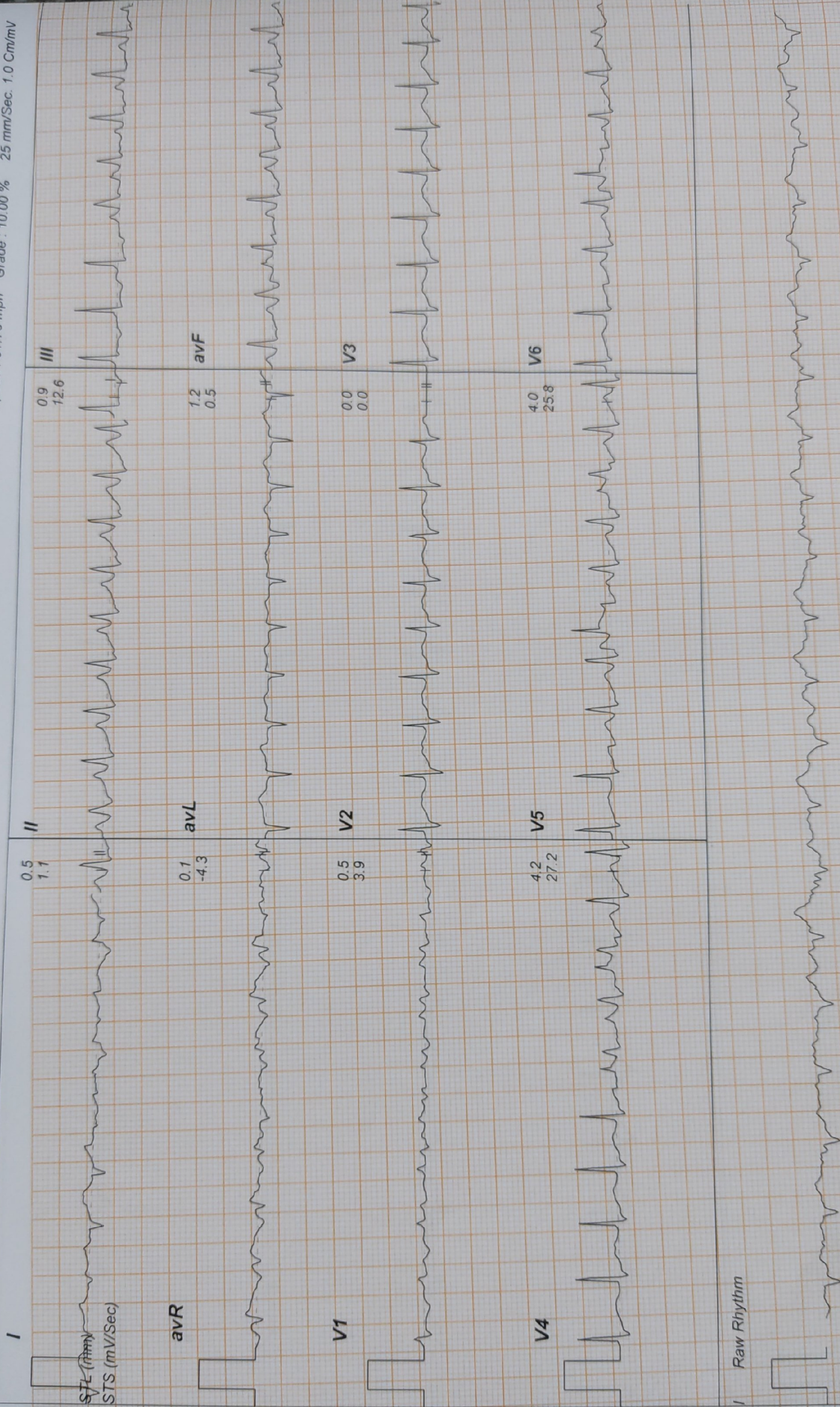
HR: 171 Target HR: 89% of 191

BP: 130/90 PostJ @43ms

ExTime: 03:00

Speed: 01.70 mph Grade: 10.00 % 25 mm/Sec. 1.0 Cm/mv

Linked Medians Report BRUCE: Stage 1 (3:00)



Baweja Hospital & Maternity Home

Model Housec Road, Jalandhar
557811 / Prakash Khichi / 29 Yrs / Male / 75 Kg / 178 Cm / Non Smoker

Date: 06/09/2021 10:25:12 AM

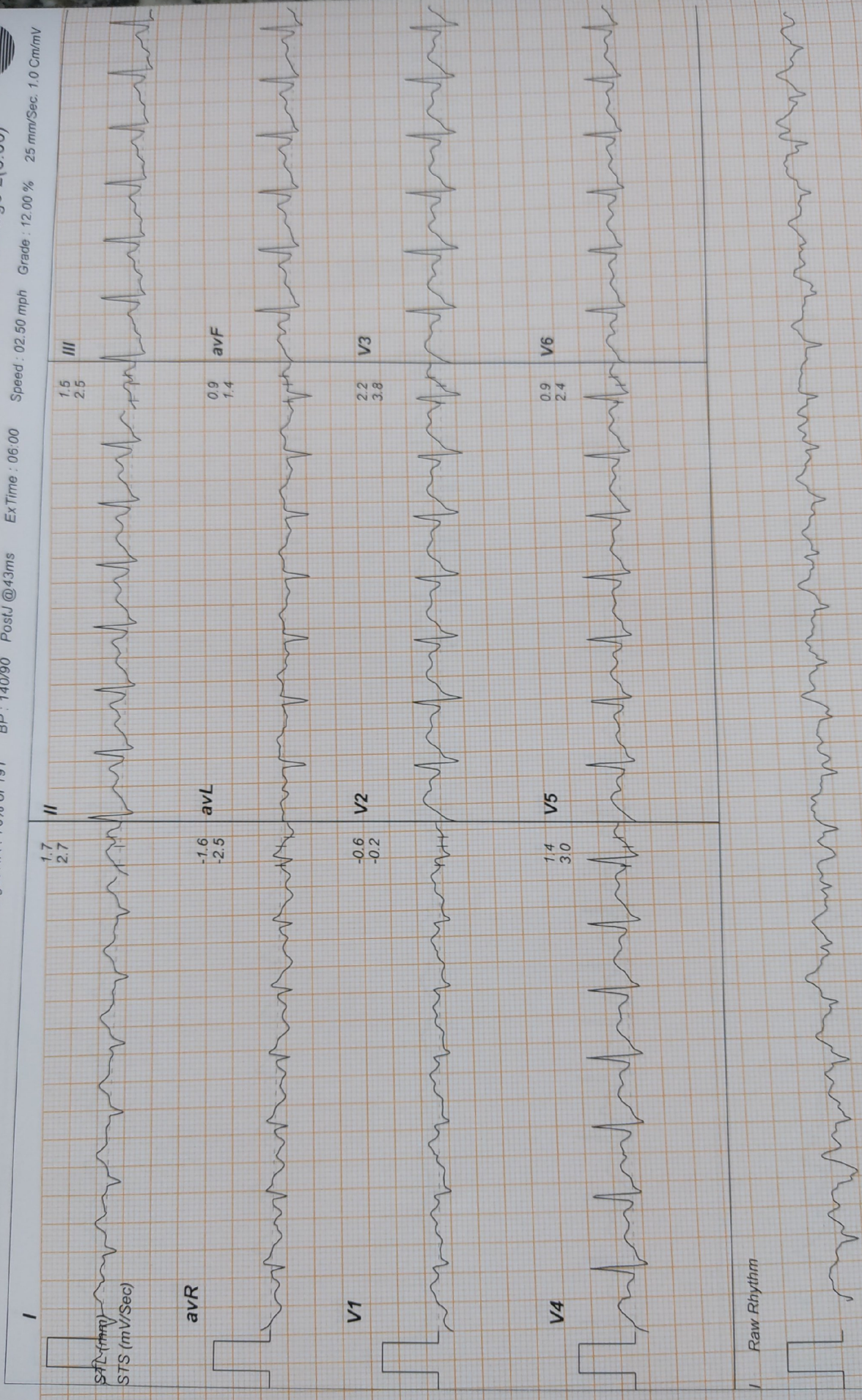
METS: 07.10 HR: 146 Target HR: 76% of 191

BP: 140/90 Postl @43ms

ExTime: 06:00

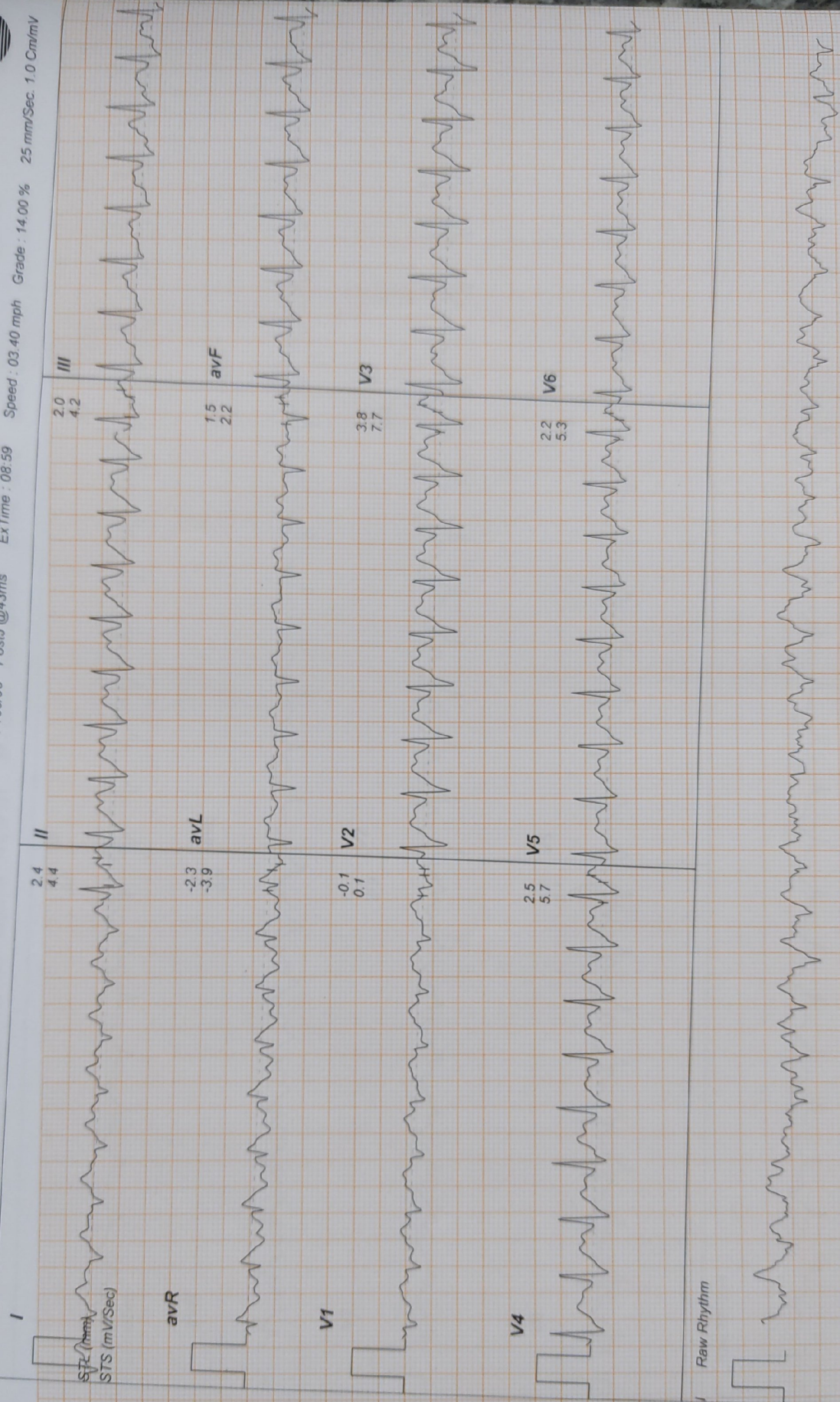
Speed: 02.50 mph Grade: 12.00% 25 mm/Sec, 1.0 Cm/mV

Linked Medians Report
BRUCE: Stage 2(3:00)



Linked Medians Report

PeakEx



Baweja Hospital & Maternity Home

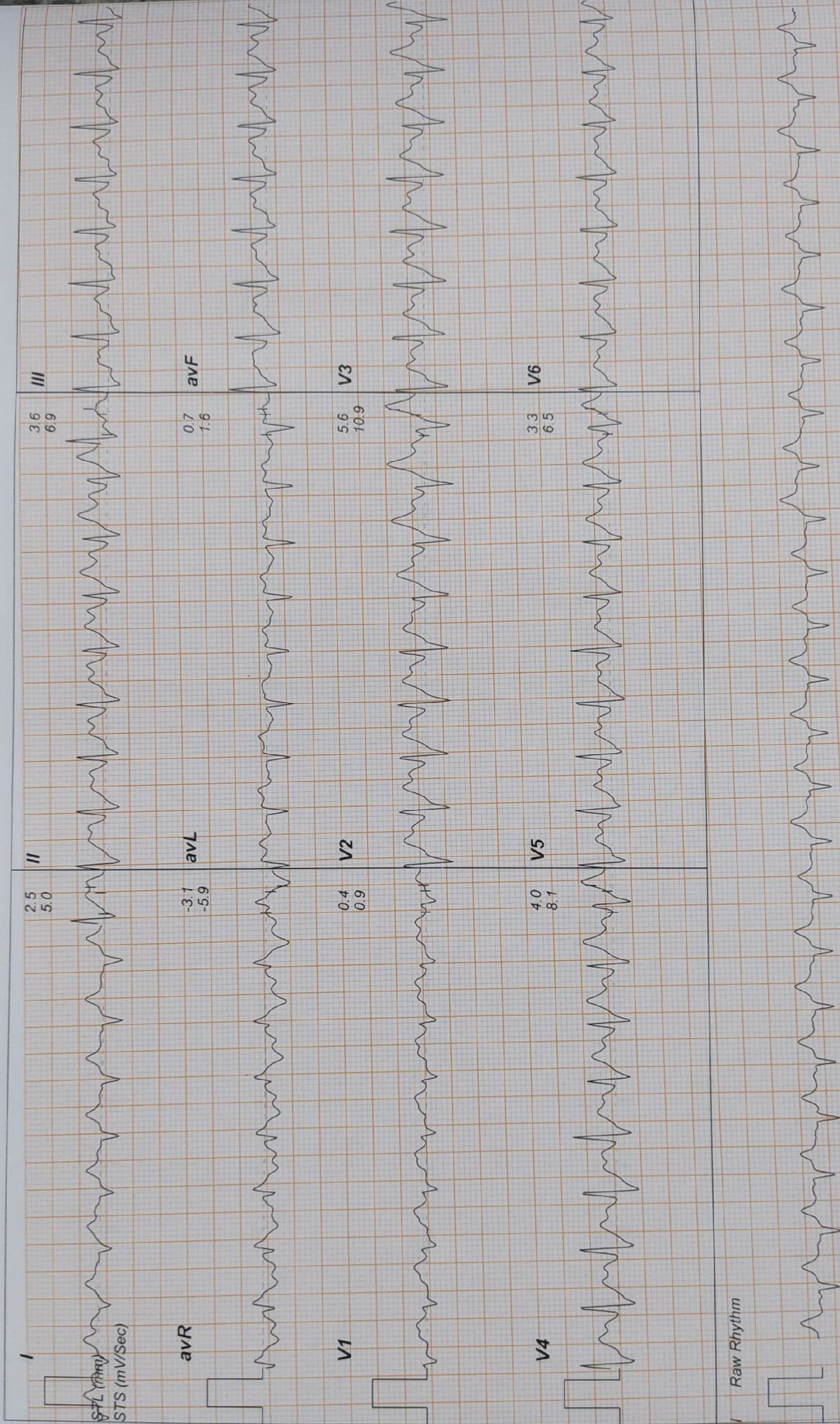
Model Housec Road, Jalandhar
557811 / Prakash Khichi / 29 Yrs / Male / 75 Kg / 178 Cm / Non Smoker

Date: 06 / 09 / 2021 10:25:12 AM METs : 01.20 HR : 143 Target HR : 74% of 191

BP : 150/90 PostJ @43ms Ex Time : 09:00

Speed : 01.10 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV

Linked Medians Report Recovery(1:00)



Baweja Hospital & Maternity Home

Model House Sec Road, Jalandhar
557811 / Prakash Khichi / 29 Yrs / Male / 75 Kg / 178 Cm / Non Smoker

Date: 06 / 09 / 2021 10:25:12 AM METs: 01.00 HR: 171 Target HR: 89% of 191

BP: 150/90 PostJ @43ms

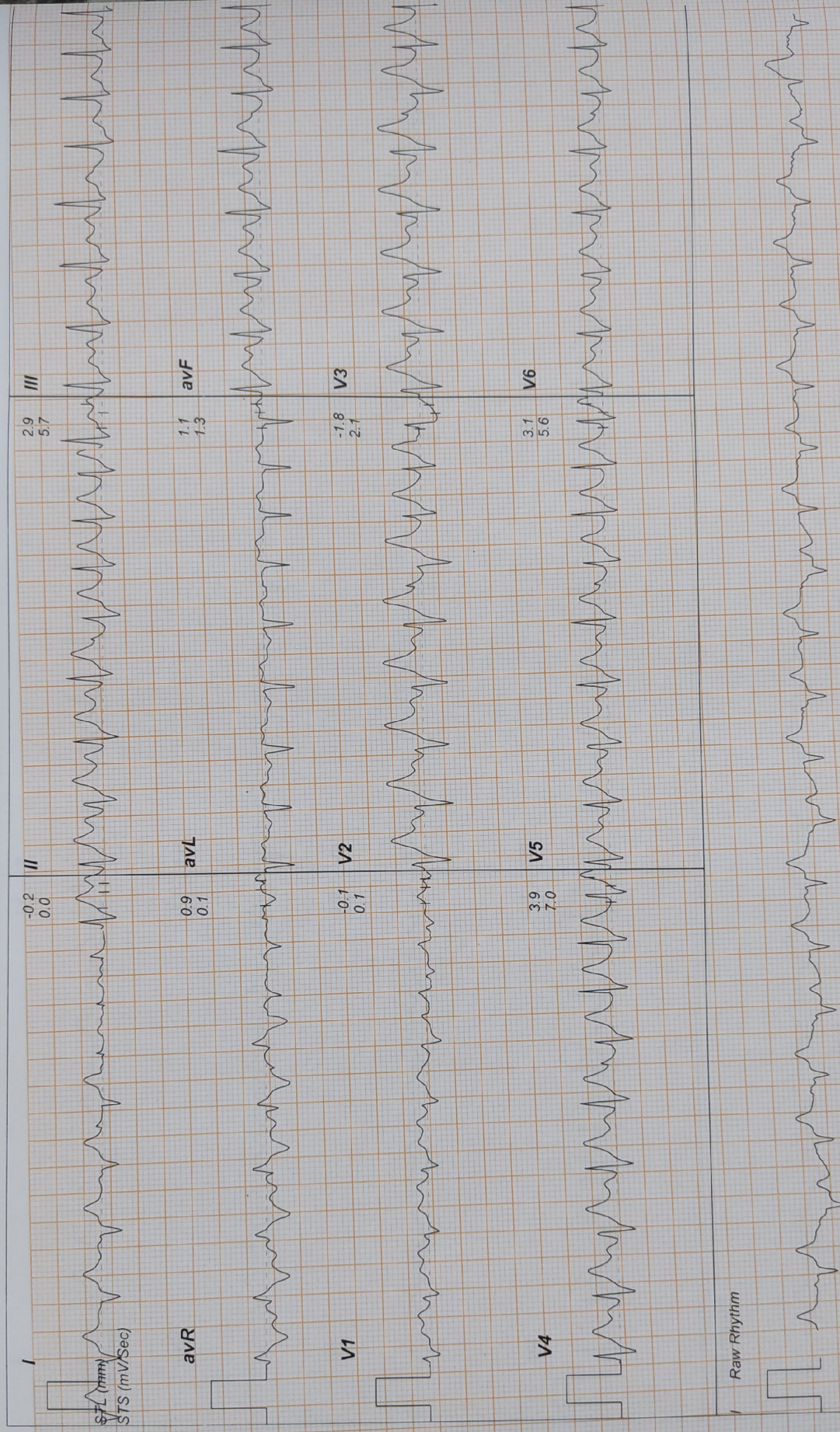
ExTime: 09:00

Speed: 01.10 mph Grade: 00.00 %

25 mm/Sec. 1.0 Cm/mV



Linked Medians Report Recovery(2:00)



Dawjeja Hospital & Maternity Home

Model Housec Road, Jalandhar
557811 / Prakash Khichi / 29 Yrs / Male / 75 Kg / 178 Cm / Non Smoker

Date: 06 / 09 / 2021 10:25:12 AM METs : 01.00 HR : 115 Target HR : 60% of 191

BP : 150/86 PostU @43ms

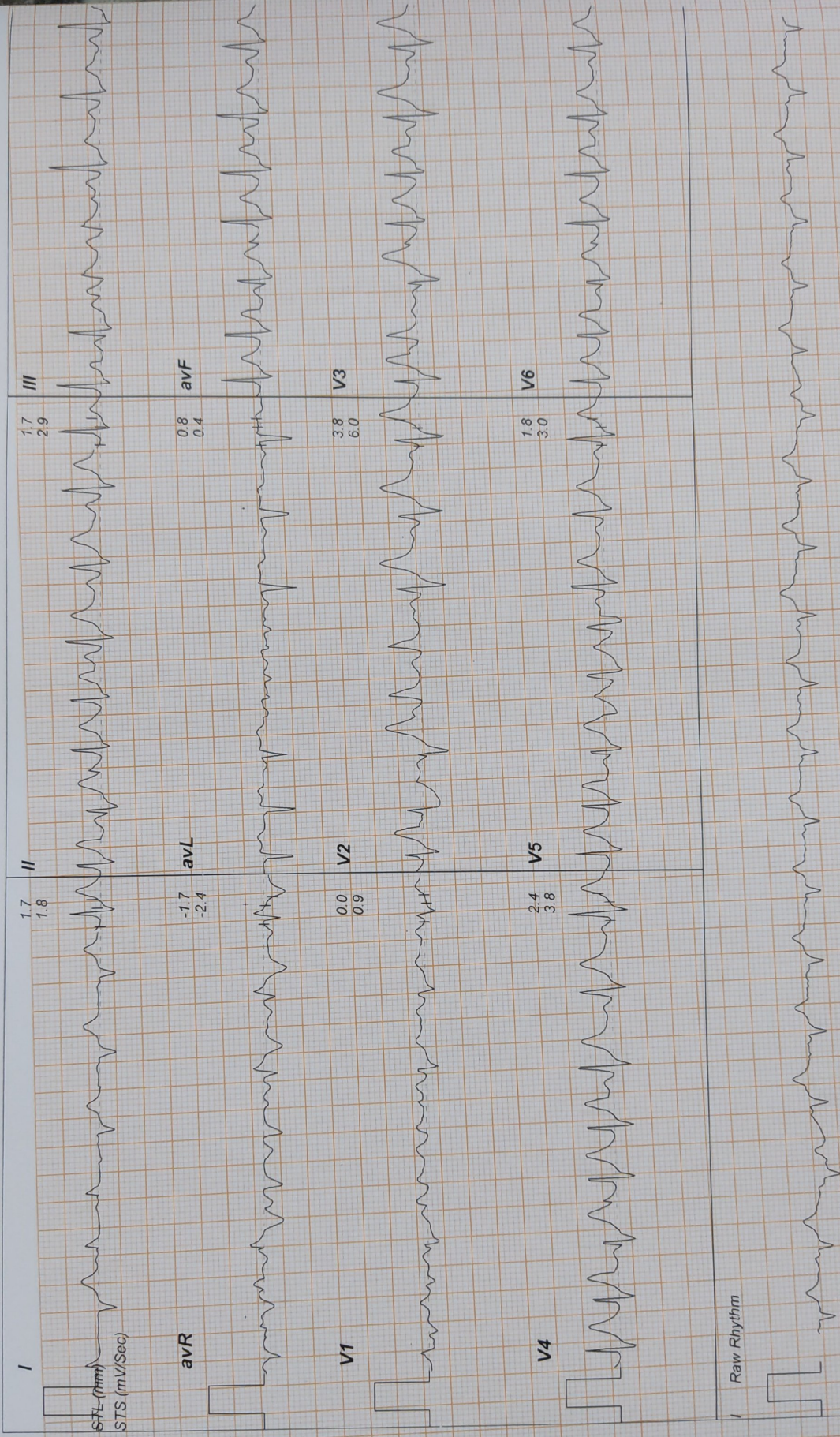
ExTime : 09:00

Speed : 01.10 mph

Grade : 00.00 %
25 mm/Sec. 1.0 Cm/mV



Linked Medians Report Recovery(3:00)



Daweja Hospital & Maternity Home

Model Housec Road, Jalandhar
557811 / Prakash Khichi / 29 Yrs / Male / 75 Kg / 178 Cm / Non Smoker

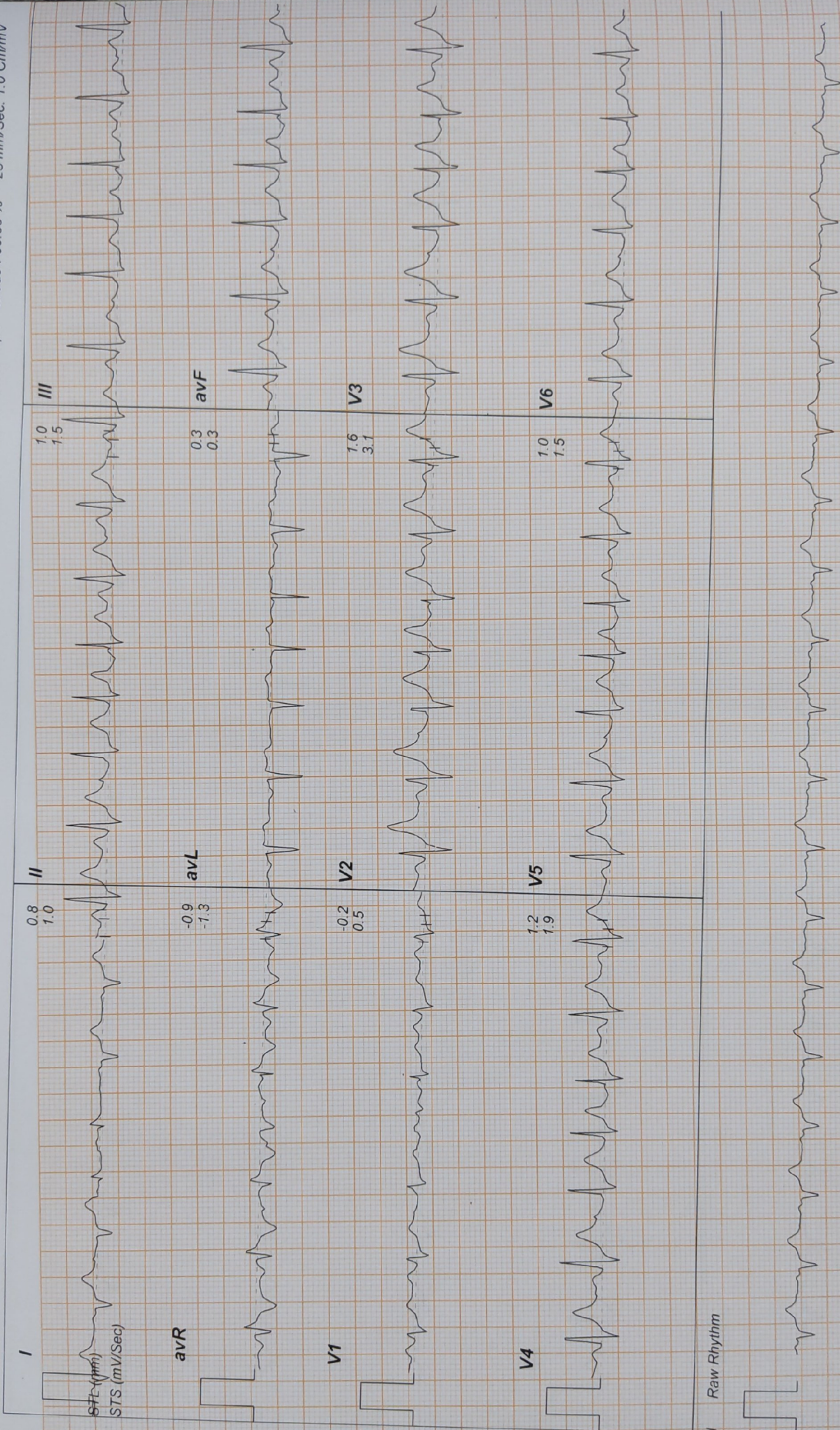
Date: 06 / 09 / 2021 10:25:12 AM METs : 01.00 HR : 138 Target HR : 72% of 191

BP : 140/90 PostJ @43ms

Speed : 01.10 mph Grade : 00.00 %

25 mm/Sec. 1.0 Cm/mV

Linked Medians Report Recovery(4:00)



Baweja Hospital & Maternity Home

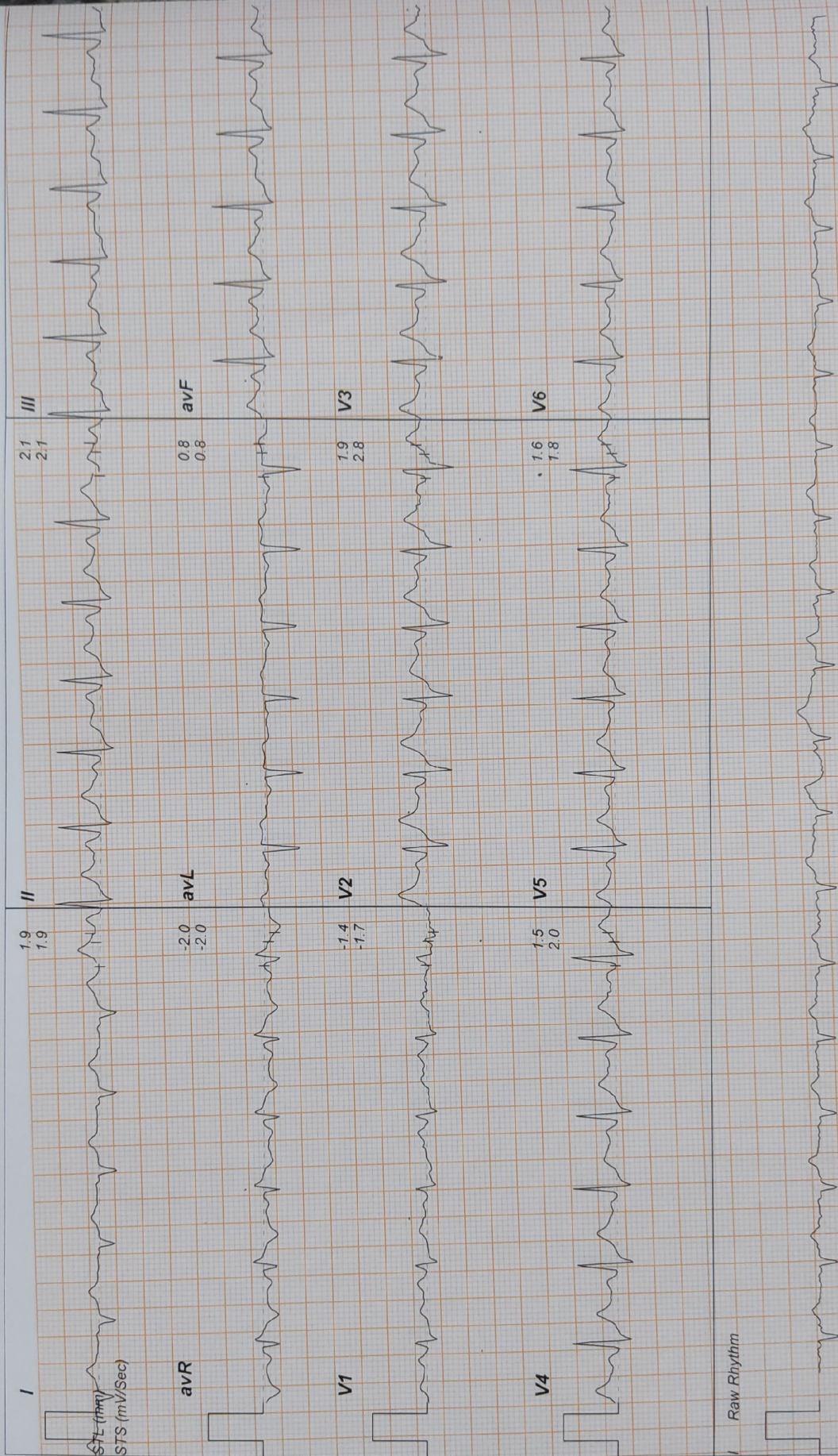
Model Housec Road, Jalandhar
557811 / Prakash Khichi / 29 Yrs / Male / 75 Kg / 178 Cm / Non Smoker

Date: 06 / 09 / 2021 10:25:12 AM METs: 01.00 HR: 137 Target HR: 71% of 191

BP: 140/80 PostJ @43ms Ex Time: 09:00

Speed: 01.10 mph Grade: 00.00% 25 mm/Sec. 1.0 Cm/mV

Linked Medians Report Recovery(5:00)



Daweja Hospital & Maternity Home

Model Housec Road, Jalandhar

557811 / Prakash Khichi / 29 Yrs / Male / 75 Kg / 178 Cm / Non Smoker

Date: 06/09/2021 10:25:12 AM METs: 01.00 HR: 111 Target HR: 58% of 191

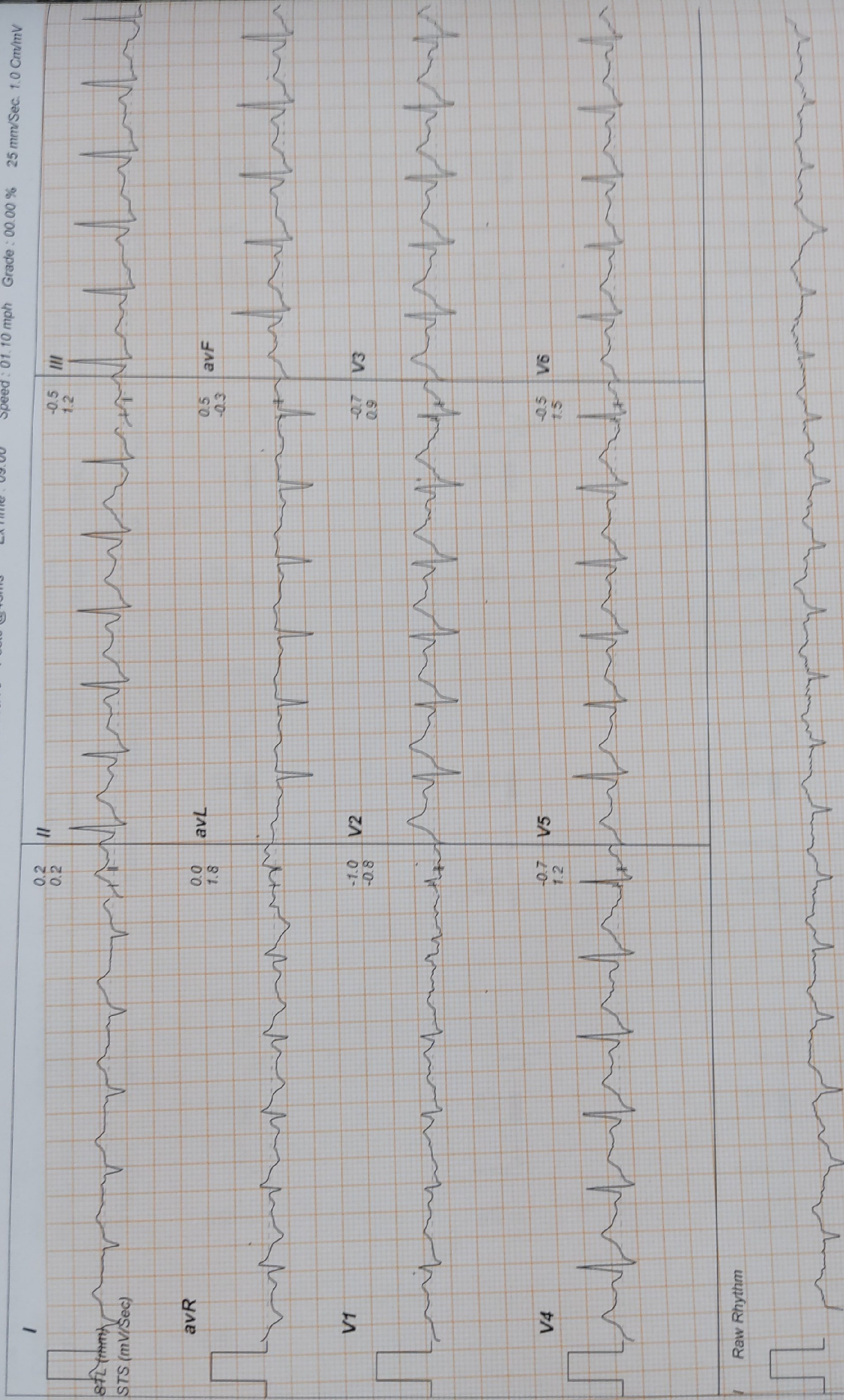
BP: 140/70 PostU @43ms

ExTime: 09:00

Speed: 01.10 mph Grade: 00.00 %

25 mm/Sec. 1.0 Cm/mV

Linked Medians Report Recovery(5:09)



Baweja Hospital & Maternity Home

557811 / Prakash Khichi / 29 Yrs / M / 75 Kg / 178 Cms

Date: 06 / 09 / 2021 10:25:12 AM

ExStart : Ph Time 0:18 Stage Time 0:01

PeakEx : Ph Time: 9:00 Stage Time: 0:01

1.1 mph

1.1 mph

1.0 METs

10.2 METs

170 bpm

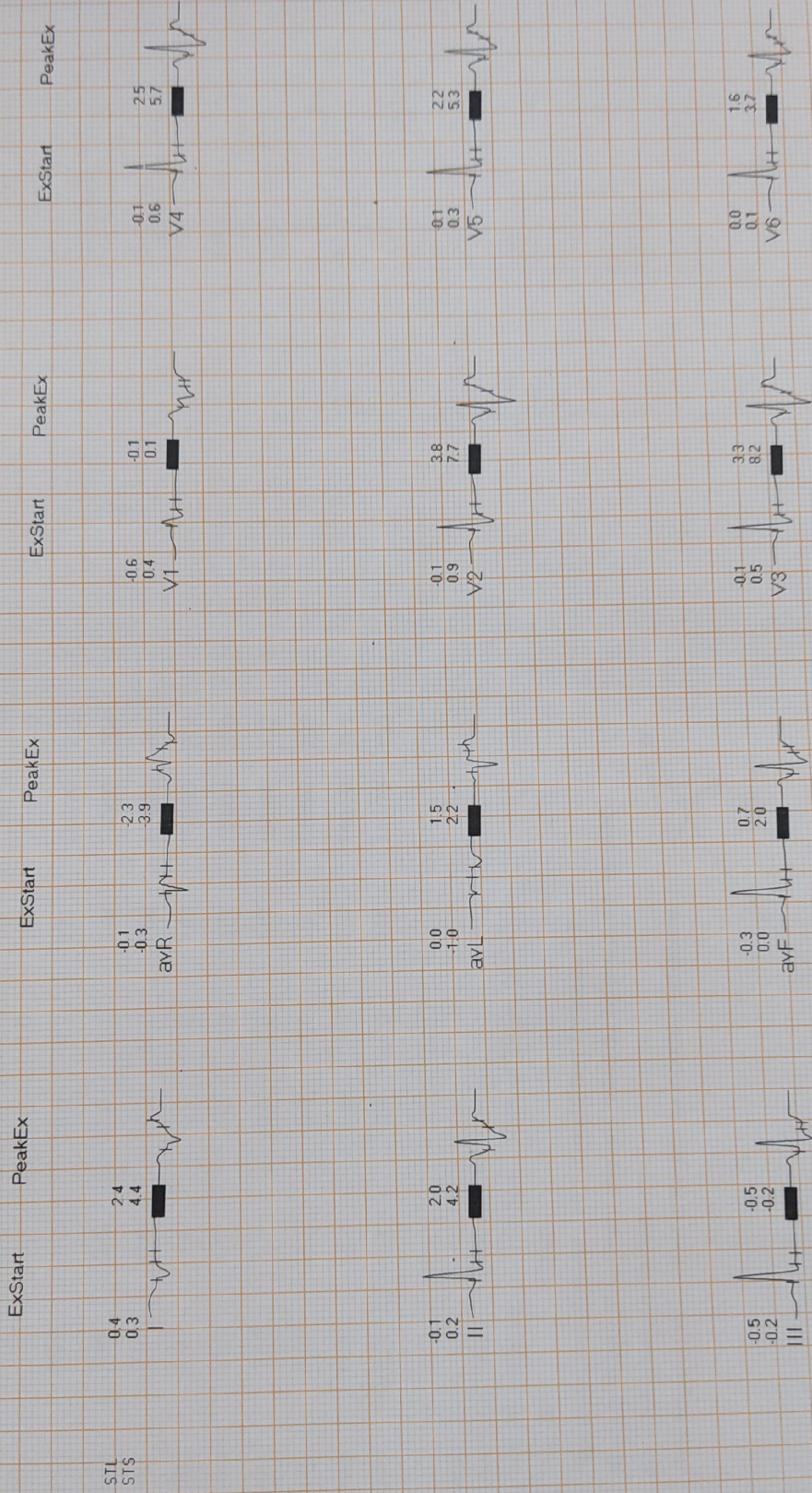
150/90

@40ms Post J

@40ms Post J

Comparison Report (ExStart Vs PeakEx)

Protocol : BRUCE



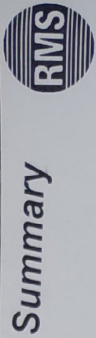
Stage	Stage Time (Min:Sec)	Speed (mph)	Grade (%)	METs	H.R. (bpm)	B.P. (mmHg)	R.P.P. x100	PVC	Comments
ExStart				1.0	196	— / —	0		
Stage 1	3:00	1.7	10.0	4.7	171	130/90	222	6	
Stage 2	3:00	2.5	12.0	7.1	146	140/90	204	2	
PeakEX	3:00	3.4	14.0	10.2	168	150/90	251	1	
Recovery	1:00	1.1	0.0	1.2	143	150/90	214		
Recovery	2:00	1.1	0.0	1.0	171	150/90	256	2	
Recovery	3:00	1.1	0.0	1.0	115	150/86	172	1	
Recovery	4:00	1.1	0.0	1.0	138	140/90	198		
Recovery	5:00	1.1	0.0	1.0	137	140/80	191		
Recovery	5:09	1.1	0.0	1.0	111	140/70	155		

Findings :

Exercise Time : 9:00 minutes
 Max HR attained : 198 bpm 104% of Target 191
 Max BP : 150/90
 Max WorkLoad attained : 10.2 (Good Effort Tolerance)
 NO Significant ST segment changes noted during exercise & recovery.
 No Anginal/Arrhythmic/S3/murmur
 Final Impression : Test is Negative for inducible ischaemia.

Advice/Comments:

[Handwritten signature]



Summary

