



LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. TIWARI SHIVJI
EC NO.	109125
DESIGNATION	CREDIT
PLACE OF WORK	NEW DELHI, PARLIAMENT STREET
BIRTHDATE	07-02-1990
PROPOSED DATE OF HEALTH CHECKUP	18-07-2022
BOOKING REFERENCE NO.	22S109125100021930E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from 16-07-2022 till 31-03-2023 The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

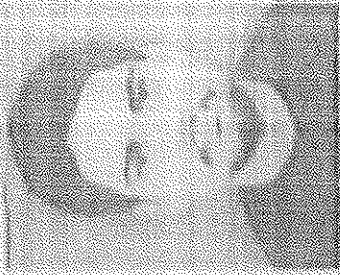
We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

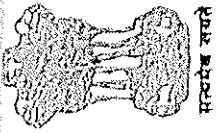


SHIVJI

शिवजी तिवारी
SHIVJI TWARI

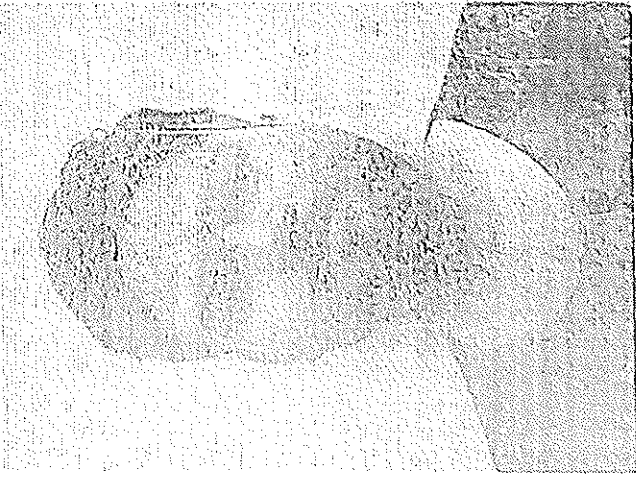
109125

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भारत सरकार

Government of India

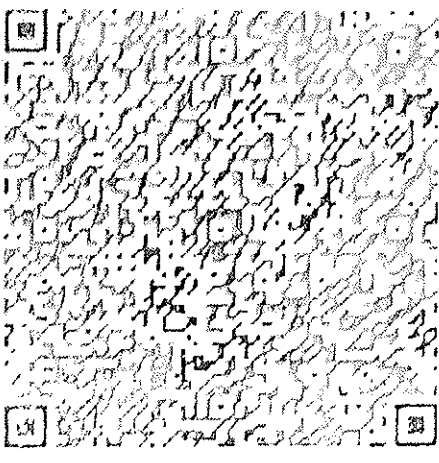


शिवजी तिवारी

Shivji Tiwari

जन्म तिथि / DOB : 07/02/1990

पुरुष / Male



9890 7976 9750

मेरा आधार, मेरी पहचान



HCMCT

ManipalHospitals

LIFE'S ON



Name : MR SHIVJI TIWARI Age : 32 Yr(s) Sex :Male
Registration No : MH010263472 RefHosp No. : Lab No : 32220706272
ghzb-0000175984 Collection Date : 18 Jul 2022 19:12
Patient Episode : R03000040486 Reporting Date : 19 Jul 2022 07:50
Referred By : MANIPAL HOSPITALS GHAZIABAD
Receiving Date : 18 Jul 2022 19:30

BIOCHEMISTRY

THYROID PROFILE, Serum

			Adult > 20 yrs
T3 - Triiodothyronine (ECLIA)	1.17	ng/ml	[0.70-2.04]
T4 - Thyroxine (ECLIA)	8.18	micg/dl	[4.60-12.00]
Thyroid Stimulating Hormone (ECLIA)	2.600	µIU/mL	[0.340-4.250]

Note : TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm.Factors such as change of seasons hormonal fluctuations,Ca or Fe supplements,high fibre diet,stress and illness affect TSH results.

* References ranges recommended by the American Thyroid Association

1) Thyroid. 2011 Oct;21(10):1081-125.PMID .21787128

2) <http://www.thyroid-info.com/articles/tsh-fluctuating.html>

Page 1 of 1

-----END OF REPORT-----

Neelam Singal

Dr. Neelam Singal
CONSULTANT BIOCHEMISTRY

Human Care Medical Charitable Trust

Adopting MTNL Building, Main Road, Sector 6, Dwarka, New Delhi - 110075.

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H-2019-0640/09/06/2019-08/06/2022

MC/3228/04/09/2019-03/09/2021

E-2019-0026/27/07/2019-26/07/2021

N-2019-0113/27/07/2019-26/07/2021

IND18.6278/05/12/2018- 04/12/2019

LABORATORY REPORT

Name	SHIVJI TIWARI	Age	32y 5m 10d	Gender	MALE
MRN	GHZB-0000175984	Visit No	V0000000001-GHZB		
Lab No	G000323093	Collected On	18/07/2022 9:56AM	Received On	18/07/2022 9:58AM
Referred By	Vinay Bhat	Reported On	18/07/2022 12:13PM		

Test Name	Result	Criticality Factor	Biological Reference Interval	Test Method
GLUCOSE, FASTING (F) (Serum Fasting)	100 mg/dl		70 - 110 mg/dl	

***** END OF REPORT *****

Processed by :- robin DHIRANIYA

Charu
Registration No: 45422
DR CHARU AGARWAL
CONSULTANT PATHOLOGIST
Pathologist

LABORATORY REPORT

Name	SHIVJI TIWARI	Age	32y 5m 10d	Gender	MALE
MRN	GHZB-0000175984	Visit No	V0000000001-GHZB		
Lab No	G000323113	Collected On	18/07/2022 11:43AM	Received On	18/07/2022 11:43AM
Referred By	Vinay Bhat	Reported On	18/07/2022 3:01PM		

Test Name	Result	Criticality Factor	Biological Reference Interval
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URINE EXAMINATION, ROUTINE (Urine)

PHYSICAL EXAMINATION

Colour	P. YELLOW
Appearance	CLEAR
pH	5.0
Specific gravity	1.005

CHEMICAL EXAMINATION

Glucose	Nil
Protein	Absent
Ketone bodies	Absent
Urobilinogen	Absent

MICROSCOPIC EXAMINATION

Leukocytes	1-2/HPF
Erythrocytes	NIL
Epithelial Cells	NIL
Casts	NIL
Crystals	NIL
Others	NIL

***** END OF REPORT *****

Processed by :- robin DHIRANIYA

AVS
mct-39093
DR ALKA DIXIT VATS
CONSULTANT PATHOLOGIST
PATHOLOGIST

Report Printed On: 18/7/2022 9:22PM

Page 1 of 1

LABORATORY REPORT

Name	SHIVJI TIWARI	Age	32y 5m 10d	Gender	MALE
MRN	GHZB-0000175984	Visit No	V0000000001-GHZB		
Lab No	G000323154	Collected On	18/07/2022 3:15PM	Received On	18/07/2022 3:15PM
Referred By	Vinay Bhat	Reported On	18/07/2022 4:59PM		

Test Name	Result	Criticality Factor	Biological Reference Interval	Test Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS (Serum Post Prandial)	98 mg/dl		80 -140 mg/dl	

***** END OF REPORT *****

Processed by :- SHAHRUKH KHAN

Alka
MCT-39093
DR ALKA DIXIT VATS
CONSULTANT PATHOLOGIST
PATHOLOGIST

LABORATORY REPORT

Name	SHIVJI TIWARI	Age	32y 5m 10d	Gender	MALE
MRN	GHZB-0000175984	Visit No	V0000000001-GHZB		
Lab No	G000323094	Collected On	18/07/2022 9:56AM	Received On	18/07/2022 9:58AM
Referred By	Vinay Bhat	Reported On	18/07/2022 4:55PM		

Test Name	Result	Criticality Factor	Biological Reference Interval
BLOOD GROUP (A, B, O) AND RH FACTOR WITH REVERSE GROUPING (Whole Blood)			

BLOOD GROUPING

" A "

RH TYPING

POSITIVE

***** END OF REPORT *****

Processed by :- SHAHRUKH KHAN

Alka
MCT-39093
DR ALKA DIXIT VATS
 CONSULANT PATHOLOGIST
 PATHOLOGIST

LABORATORY REPORT

Name	SHIVJI TIWARI	Age	32y 5m 10d	Gender	MALE
MRN	GHZB-0000175984	Visit No	V0000000001-GHZB		
Lab No	G000323094	Collected On	18/07/2022 9:56AM	Received On	18/07/2022 9:58AM
Referred By	Vinay Bhat	Reported On	18/07/2022 12:13PM		

Test Name	Result	Criticality Factor	Biological Reference Interval
ESR (WESTERGREN),AUTOMATED ERYTHROCYTE SEDIMENTATION RATE	10 mm/1st hour		0 - 15 mm/Hr
HEMOGLOBIN, HB	14.1 g/dl		12 - 16 gm/ dl
MEAN CORPUSCULAR HAEMOGLOBIN CONCENTRATION, MCHC	32.2 g/dl		33 - 36%
MEAN CORPUSCULAR HAEMOGLOBIN, MCH	24.8 pg		26 -34 pg
MEAN CORPUSCULAR VOLUME, MCV	77.1 fl		77 - 97 fl
PLATELET COUNT	168 x10 ³ cells/ Cumm		150x10 ³ - 400x10 ³ cells/cumm
RED BLOOD CELLS, RBC COUNT	5.68 million/cu mm		3.8 - 5.3 millions /cumm
RED CELL DISTRIBUTION WIDTH, RDW	13.9 %		11.5 - 14.5 %
LEUCOCYTE COUNT, TOTAL (TLC), AUTOMATED	6.09 x10 ³ cells/ Cumm		4x10 ³ - 11x10 ³ cells/cumm
HEMATOCRIT (HCT)	43.8 %		34 -45%
BASOPHILS	00 %		0 - 2%
EOSINOPHILS	07 %		2 -7 %
LYMPHOCYTES	31 %		17 - 45 %
MONOCYTES	07 %		4 -13%
NEUTROPHILS	55 %		40 - 80%

***** END OF REPORT *****

Processed by :- robin DHIRANIYA

Charu
 Registration No: 40422
DR CHARU AGARWAL
 CONSULTANT PATHOLOGIST
 Pathologist

Report Printed On: 18/7/2022 9:22PM

Page 2 of 5

LABORATORY REPORT

Name	SHIVJI TIWARI	Age	32y 5m 10d	Gender	MALE
MRN	GHZB-0000175984	Visit No	V0000000001-GHZB		
Lab No	G000323094	Collected On	18/07/2022 9:56AM	Received On	18/07/2022 9:58AM
Referred By	Vinay Bhat	Reported On	18/07/2022 5:38PM		

Test Name	Result	Criticality Factor	Biological Reference Interval	Test Method
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HBA1C (Whole Blood)

5.3 %

Normal: < or = 5.6 %
 Increased risk for Diabetes
 (Pre-diabetes): 5.7 – 6.4 %
 Diabetes: > or = 6.5 %
 If you are a Diabetic, please
 consult your doctor for your
 HbA1c target.

***** END OF REPORT *****

Processed by :- SHAHID SAIFI

Alka
MCT-39093
DR ALKA DIXIT VATS
 CONSULTANT PATHOLOGIST
 PATHOLOGIST

Report Printed On: 18/7/2022 9:22PM

Page 3 of 5

LABORATORY REPORT

Name	SHIVJI TIWARI	Age	32y 5m 10d	Gender	MALE
MRN	GHZB-0000175984	Visit No	V0000000001-GHZB		
Lab No	G000323094	Collected On	18/07/2022 9:56AM	Received On	18/07/2022 9:58AM
Referred By	Vinay Bhat	Reported On	18/07/2022 12:13PM		

Test Name	Result	Criticality Factor	Biological Reference Interval	Test Method
KIDNEY FUNCTION TESTS (Serum)				
UREA	28.7 mg/dl		15 - 40 mg/dl	
CREATININE, SERUM	0.73 mg/dl		0.7 - 1.2 mg/dl	
URIC ACID	5.1 mg/dl		4 - 8.5 mg/dl	
SODIUM, SERUM	133.5 mmol/L		136 - 144 mmol/ L	
POTASSIUM, SERUM	5.33 mmol/L		3.6 - 5.1 mmol/L	
CHLORIDE, SERUM	100.6 mmol/L		101 - 111 mmol/L	
LIPID PROFILE (Serum)				
CHOLESTEROL, TOTAL	155 mg/dl		Upto 200 mg/dl	
TRIGLYCERIDES, SERUM	141 mg/dl		Upto 150 mg/dl	
CHOLESTEROL, HDL, DIRECT	40 mg/dl		35 - 65 mg/dl	
CHOLESTEROL, LDL, DIRECT	87 mg/dl		0 -120 mg/dl	
Cholesterol, VLDL	28 mg/dl		0 - 35 mg/dl	
LIVER FUNCTION TESTS (Serum)				
BILIRUBIN, TOTAL	0.66 mg/dl		0.3 -1.2 mg/dl	
BILIRUBIN, DIRECT	0.13 mg/dl		0 - 0.3 mg/dl	

Report Printed On: 18/7/2022 9:22PM

Page 4 of 5

LABORATORY REPORT

Name	SHIVJI TIWARI	Age	32y 5m 10d	Gender	MALE
MRN	GHZB-0000175984	Visit No	V0000000001-GHZB		
Lab No	G000323094	Collected On	18/07/2022 9:56AM	Received On	18/07/2022 9:58AM
Referred By	Vinay Bhat	Reported On	18/07/2022 12:13PM		

Test Name	Result	Criticality Factor	Biological Reference Interval	Test Method
Indirect Bilirubin	0.53		0.1 - 0.3 mg/dl	
TOTAL PROTEIN, SERUM	8.1 g/dl		6.6 - 8.7 g/dl	
ALBUMIN, SERUM	4.69 g/dl		3.5 - 5.2 gm/dl	
A/G RATIO (ALBUMIN / GLOBULIN RATIO)	1.38		1:1 - 2.5:1	
GLOBULIN, SERUM	3.4			
SGPT	36 IU/L		17 - 63 IU/L	
SGOT	26 IU/L		0 - 40 IU/L	
GGTP, GGT, GAMMA GT, GAMMA GLUTAMYL TRANSPEPTIDASE	36 IU/L		7 -50 U/L	
ALKALINE PHOSPHATASE, ALP	121 IU/L		32 -91 IU/L	

***** END OF REPORT *****

Processed by :- robin DHIRANIYA

Charu
Registration No: 42422
DR CHARU AGARWAL
CONSULTANT PATHOLOGIST
Pathologist

Report Printed On: 18/7/2022 9:22PM

Page 5 of 5

RADIOLOGY REPORT

Name	SHIVJI TIWARI	Modality	US
Patient ID	GHZB-0000175984	Accession No	1118675
Gender/Age	M / 32Y 5M 8D	Scan Date	18-07-2022 11:23:23
Ref. Phys	Dr. Vinay Bhat	Report Date	18-07-2022 12:12:29

USG ABDOMEN & PELVIS

FINDINGS

LIVER: appears enlarged in size (measures 154 mm) but normal in shape and shows diffuse increase in liver echotexture, in keeping with diffuse grade I fatty infiltration. Rest normal.

SPLEEN: Spleen is normal in size (measures 102 mm), shape and echotexture. Rest normal.

PORTAL VEIN: Appears normal in size and measures 11.9 mm.

COMMON BILE DUCT: Appears normal in size and measures 4.2 mm.

IVC, HEPATIC VEINS: Normal.

BILIARY SYSTEM: Normal.

GALL BLADDER: Gall bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

PANCREAS: Pancreas is normal in size, shape and echotexture. Rest normal.

KIDNEYS: Bilateral kidneys are normal in size, shape and echotexture. Cortico-medullary differentiation is maintained. Rest normal.

Right Kidney: measures 101 x 43 mm. It shows a concretion measuring 1.7 mm at mid calyx.

Left Kidney: measures 99 x 47 mm.

PELVI-CALYCEAL SYSTEMS: Compact.

NODES: Not enlarged.

FLUID: Nil significant.

URINARY BLADDER: Urinary bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

PROSTATE: Prostate is normal in size, shape and echotexture. It measures 30 x 24 x 24 mm with volume 9 cc. Rest normal.

SEMINAL VESICLES: Normal.

BOWEL: Visualized bowel loops appear normal.

IMPRESSION

-Hepatomegaly with diffuse grade I fatty infiltration in liver.

-Right renal concretion.

Recommend clinical correlation.


Dr. Monica Shekhawat, MBBS, DNB,
Consultant Radiologist, Reg No MCI 1110887

MANIPAL HOSPITALS

NH-24, Hapur Road, Near Landcraft Golflinks, Ghaziabad - 201002

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This report is subject to the terms and conditions mentioned overleaf

RADIOLOGY REPORT

Name	SHIVJI TIWARI	Modality	US
Patient ID	GHZB-0000175984	Accession No	1118675
Gender/Age	M / 32Y 5M 8D	Scan Date	18-07-2022 11:23:23
Ref. Phys	Dr. Vinay Bhat	Report Date	18-07-2022 12:12:29

MANIPAL HOSPITALS

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RADIOLOGY REPORT

Name	SHIVJI TIWARI	Modality	DX
Patient ID	GHZB-0000175984	Accession No	1118676
Gender/Age	M / 32Y 5M 8D	Scan Date	18-07-2022 10:08:31
Ref. Phys	Dr. Vinay Bhat	Report Date	18-07-2022 11:59:19

XR- CHEST PA VIEW

FINDINGS:

LUNGS: Normal.
 TRACHEA: Normal.
 CARINA: Normal.
 RIGHT AND LEFT MAIN BRONCHI: Normal.
 PLEURA: Normal.
 HEART: Normal.
 RIGHT HEART BORDER: Normal.
 LEFT HEART BORDER: Normal.
 PULMONARY BAY: Normal.
 PULMONARY HILA: Normal.
 AORTA: Normal.
 THORACIC SPINE: Normal.
 OTHER VISUALIZED BONES: Normal.
 VISUALIZED SOFT TISSUES: Normal.
 DIAPHRAGM: Normal.
 VISUALIZED ABDOMEN: Normal.
 VISUALIZED NECK: Normal.

IMPRESSION:

No significant abnormality noted.
 Recommend clinical correlation.



Dr. Monica Shekhawat, MBBS, DNB,
 Consultant Radiologist, Reg No MCI 11 10887

MANIPAL HOSPITALS

NH-24, Hapur Road, Near Landcraft Golflinks, Ghaziabad - 201002

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TMT INVESTIGATION REPORT

Patient Name : Mr. SHIVJI TIWARI	Location : Ghaziabad
Age/Sex : 32Year(s)/male	Visit No : V0000000001-GHZB
MRN No : GHZB-0000175984	Order Date : 18/7/2022
Ref. Doctor : HCP	Report Date : 18/7/2022

Protocol : Bruce **MPHR** : 188BPM
Duration of exercise : 8min 33sec **85% of MPHR** : 159BPM
Reason for termination : THR achieved **Peak HR Achieved** : 190BPM
Blood Pressure (mmHg) : Baseline BP : 130/60mmHg **% Target HR** : 100%
Peak BP : 144/66mmHg **METS** : 10.1METS

STAGE	TIME (min)	H.R (bpm)	BP (mmHg)	SYMPTOMS	ECG CHANGES	ARRHYTHMIA
PRE- EXC.	0:00	86	130/60	Nil	No ST changes seen	Nil
STAGE 1	3:00	118	136/60	Nil	No ST changes seen	Nil
STAGE 2	3:00	141	144/66	Nil	No ST changes seen	Nil
STAGE 3	2:33	190	144/66	Nil	No ST changes seen	Nil
RECOVERY	3:01	105	140/60	Nil	No ST changes seen	Nil

COMMENTS:

- No ST changes in base line ECG.
- No ST changes at peak.
- No ST changes in recovery.
- Normal chronotropic response.
- Normal blood pressure response.

IMPRESSION:

Treadmill test is **negative** for exercise induced reversible myocardial ischemia.

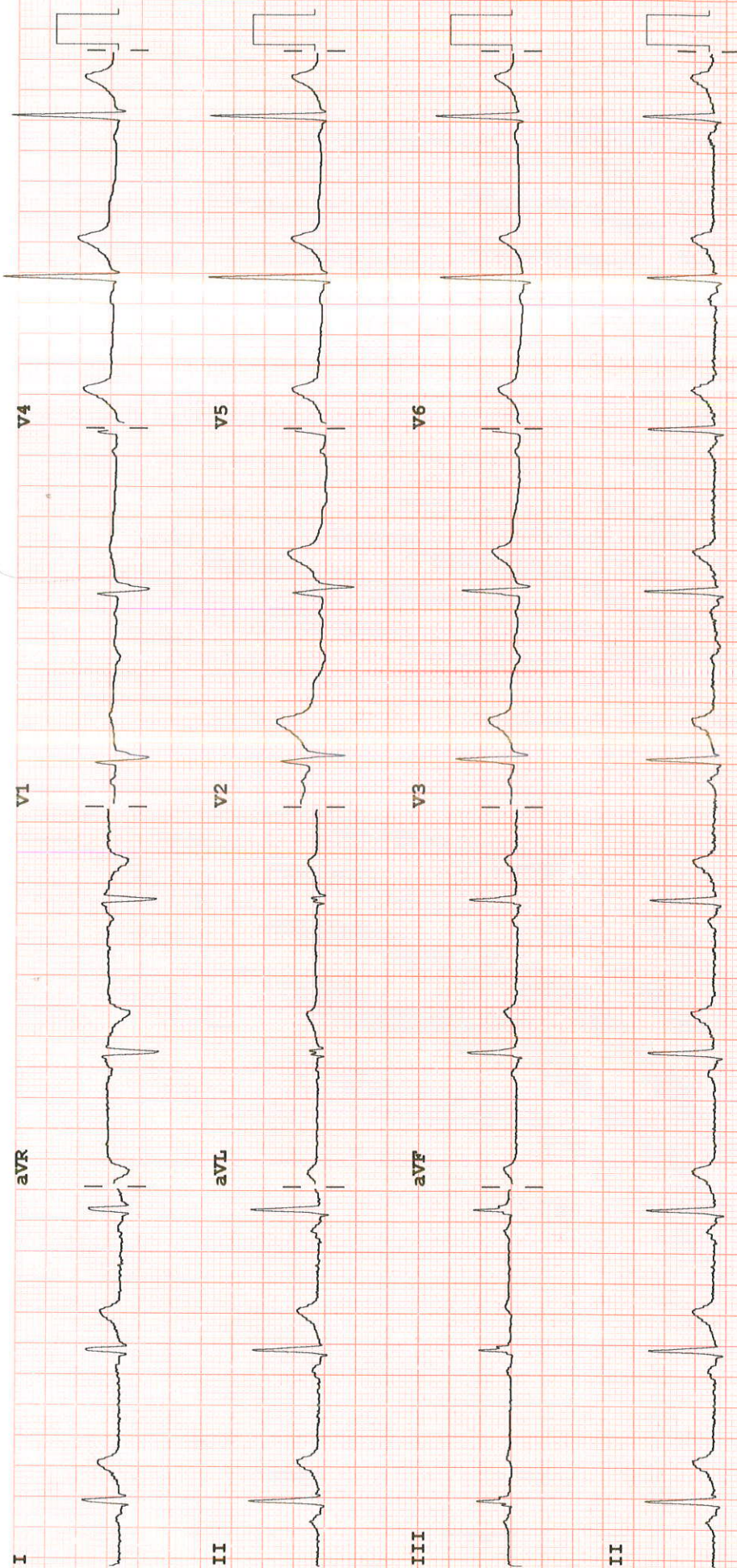
Dr. Bhupendra Singh
MD, DM (CARDIOLOGY),FACC
Sr. Consultant Cardiology

Dr. Abhishek Singh
MD, DNB (CARDIOLOGY),MNAMS
Sr.Consultant Cardiology

Dr. Sudhanshu Mishra
MD
Cardiology Registrar

- OTHERWISE NORMAL ECG -

Unconfirmed Diagnosis



Dev:

Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

F 60~ 0.15-100 Hz

PH100B CL P?