

CONSULTATION SUMMARY

Patient MRN : 15010000456246
Patient Name : Mr Amit Bairagi
Gender/Age/Dob : Male , 37 Years , 21/11/85
Patient Phone No : 9810230283
Patient Address : Jabalpur, Jabalpur, Madhya Pradesh, India, -482004

Consultation Date: 10/04/2023 11:40 AM
Consultant : Dr. Anil Goyal
(OPHTHALMOLOGY)
Consultation Type : OP , NEW VISIT



CHIEF COMPLAINTS & HISTORY OF PRESENT ILLNESS

- Blurring of vision :

PAST MEDICAL HISTORY

- Benign hypertension (disorder)

SYSTEMIC EXAMINATION

- Eyes : ADV GL NO RE -1.0@170 LE -0.50@170 AR /CR FUNDUS BE D+M NAD

MEDICATION ORDER

DRUG NAME

- 1) CARBOXYMETHYLCELLULOSE-DROPS-0.5% 10ML-**REFRESH TEARS**
- 2) BROMFENAC+BENZALKONIUM CHLORIDE-DROPS-5ML-**MEGABORM**

PATIENT INSTRUCTION

Patient Instruction: Thrice Daily (1 - 1 - 1 - 0) For 1 Month ,
Qty: 1 , **Start Date:** Apr 10, 2023 , **End Date:** May 09, 2023

Patient Instruction: Twice Daily (1 - 0 - 1 - 0) Drops For 1
Month , **Qty:** 2 , **Start Date:** Apr 10, 2023 , **End Date:** May 09, 2023

ADVICE

- REFER TO RETINA SP
REFER TO PHYSICIAN FOR BP

PROCEDURE HISTORY

- No known surgical history

ALLERGY

- No known allergies

FAMILY HISTORY

- No significant family history

SOCIAL HISTORY

- No significant social history

Narayana Multispeciality Hospital

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GST No. 08AABCN1685J1Z8



Appointments

1800-309-0309 (Toll Free)

Emergencies

99837-32222

Mr Amit Bairagi (15010000456246)

CONSULTANT DETAILS



Dr. Anil Goyal , VISITING CONSULTANT , OPHTHALMOLOGY

One free consultation with the same doctor within next 6 days.

Printed By: Dr. Anil Goyal | Printed On: 10.04.2023 11:54

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Patient Name	Amit Bairagi	Requested By	Dr. Sitaram Gupta
MRN	15010000456246	Procedure DateTime	2023-04-10 09:16:29
Age/Sex	37Y 4M / Male	Hospital	NH JAIPUR

X-RAY CHEST P.A. VIEW

Both lung fields are clear. No parenchymal lesion noted.

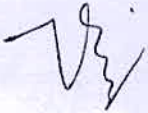
Both CP angles are clear.

Cardiac shadow is within normal limits.

ly thorax & soft tissue appears normal.

Domes of diaphragm are normally placed.

Correlate clinically & with other related investigations.



Dr. Vijay Kumar Sharma
Consultant (Radiology)

This is a digitally signed valid document. Reported Date/Time: 2023-04-10 12:49:53

DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Mr Amit Bairagi MRN : 15010000456246 Gender/Age : MALE , 37y (21/11/1985)

Collected On : 10/04/2023 09:07 AM Received On : 10/04/2023 09:08 AM Reported On : 10/04/2023 11:22 AM

Barcode : 402304100085 Specimen : Whole Blood Consultant : Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9810230283

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
HBA1C			
HbA1c	5.6	%	<= 5.7%-NORMAL 5.7-6.4% - PREDIABETES >=6.5% - DIABETES
Estimated Average Glucose	114.02	mg/dL	<140.0

Interpretation:

- HbA1C above 6.5% can be used to diagnose diabetes provided the patient has symptoms. If the patient does not have symptoms with HbA1C>6.5%, repeat measurement on further sample. If the repeat test result is <6.5%, consider as diabetes high risk and repeat measurement after 6 months.
- HbA1C measurement is not appropriate in diagnosing diabetes in children, suspicion of type 1 diabetes, symptoms of diabetes for less than 2 months, pregnancy, hemoglobinopathies, medications that may result sudden increase in glucose, anemia, renal failure, HIV infection, malignancies, severe chronic hepatic, and renal disease.
- Any sample with >15% should be suspected of having a haemoglobin variant.

--End of Report--



Dr. Anil Sharma
MBBS , MD (Microbiology)
Senior Consultant

Note

- Abnormal results are highlighted.
- Results relate to the sample only.
- Kindly correlate clinically.



DEPARTMENT OF LABORATORY MEDICINE

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Collected On : 10/04/2023 09:07 AM Received On : 10/04/2023 09:08 AM Reported On : 10/04/2023 10:10 AM

Barcode : 402304100083 Specimen : Plasma Consultant : Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9810230283

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
Fasting Blood Sugar (FBS) (Colorimetric (Glucose Oxidase Hydrogen Peroxidase))	111 H	mg/dL	65.0-110.0

--End of Report--

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DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Mr Amit Bairagi MRN : 15010000456246 Gender/Age : MALE , 37y (21/11/1985)

Collected On : 10/04/2023 11:33 AM Received On : 10/04/2023 11:33 AM Reported On : 10/04/2023 01:03 PM

Barcode : 402304100180 Specimen : Plasma Consultant : Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9810230283

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
Post Prandial Blood Sugar (PPBS) (GOD/POD)	111	mg/dL	70.0-139.0

--End of Report--

Anil

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Collected On : 10/04/2023 09:07 AM Received On : 10/04/2023 09:08 AM Reported On : 10/04/2023 10:45 AM

Barcode : 412304100051 Specimen : Whole Blood Consultant : Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9810230283

HAEMATOLOGY

Test	Result	Unit	Biological Reference Interval
COMPLETE BLOOD COUNT (CBC)			
Haemoglobin (Hb%) (Photometric Measurement)	16.4	g/dL	13.0-17.0
Red Blood Cell Count (Electrical Impedance)	5.08	millions/ μ L	4.2-6.0
PCV (Packed Cell Volume) / Hematocrit (Calculated)	48.0	%	40.0-54.0
MCV (Mean Corpuscular Volume) (Derived)	95	fL	80.0-100.0
MCH (Mean Corpuscular Haemoglobin) (Calculated)	32.4	pg	32.0-35.0
MCHC (Mean Corpuscular Haemoglobin Concentration) (Calculated)	34.2 H	g/L	27.0-34.0
Red Cell Distribution Width (RDW)	14.7	%	12.0-18.0
Platelet Count (Electrical Impedance Plus Microscopy)	251	Thousand / μ L	150.0-400.0
Total Leucocyte Count(WBC) (Electrical Impedance / Flow Cytometric)	6.4	Thous/cumm	4.0-10.0
DIFFERENTIAL COUNT (DC)			
Neutrophils	54.9	%	40.0-75.0
Lymphocytes	38.2	%	15.0-45.0
Monocytes	2.7 L	%	4.0-13.0
Eosinophils	4.0	%	0.5-7.0
Basophils	0.2	%	0.0-2.0

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Absolute Neutrophil Count	3.52	Thousand / μ L	1.5-7.0
Absolute Lymphocyte Count	2.45	Thousand / μ L	1.0-4.0
Absolute Monocyte Count	0.18 L	Thousand / μ L	0.2-0.8
Absolute Eosinophil Count	0.26 H	Thousand / μ L	0.0-0.2
Absolute Basophil Count	0.02	Thousand / μ L	0.0-0.2

As per the recommendation of International Council for Standardization in Hematology, the differential counts are additionally being reported as absolute numbers.

--End of Report--

Manish

Dr. Manisha Agarwal
 MBBS, DNB Pathology and DCP
 Consultant

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Final Report

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Collected On : 10/04/2023 09:07 AM Received On : 10/04/2023 09:08 AM Reported On : 10/04/2023 10:25 AM

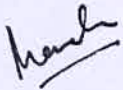
Barcode : 412304100052 Specimen : Whole Blood - ESR Consultant : Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9810230283

HAEMATOLOGY

Test	Result	Unit	Biological Reference Interval
Erythrocyte Sedimentation Rate (ESR) (Westergren Method)	03	mm/hr	0.0-10.0

--End of Report--



Dr. Manisha Agarwal
 MBBS, DNB Pathology and DCP
 Consultant

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DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Mr Amit Bairagi MRN : 15010000456246 Gender/Age : MALE , 37y (21/11/1985)

Collected On : 10/04/2023 09:07 AM Received On : 10/04/2023 09:12 AM Reported On : 10/04/2023 10:51 AM

Barcode : 482304100011 Specimen : Urine Consultant : Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9810230283

CLINICAL PATHOLOGY

Test	Result	Unit	Biological Reference Interval
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URINE ROUTINE & MICROSCOPY

PHYSICAL EXAMINATION

Volume	25 H	ml	0.0-0.0
Colour	Pale Yellow	-	0-0
Appearance	Clear	-	0-36500

CHEMICAL EXAMINATION

pH(Reaction)	6.0	-	4.5-9.0
Sp. Gravity	1.025	-	1.002-1.03
Protein	Negative	-	0-0
Urine Glucose	Negative	-	0-0

MICROSCOPIC EXAMINATION

Pus Cells	1-2	/hpf	-
RBC	Nil	/hpf	-
Epithelial Cells	0-2	/hpf	-
Crystals	Nil	-	-
Casts	Nil	-	-

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Dr. Manisha Agarwal
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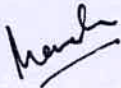
Barcode : 482304100011 Specimen : Urine Consultant : Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9810230283

CLINICAL PATHOLOGY

Test	Result	Unit
Urine For Sugar (Fasting)	NEGATIVE	-

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Collected On : 10/04/2023 09:07 AM Received On : 10/04/2023 09:08 AM Reported On : 10/04/2023 11:07 AM

Barcode : 402304100084 Specimen : Serum Consultant : Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9810230283

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
SERUM CREATININE			
Serum Creatinine	1.04	mg/dL	0.66-1.25
eGFR	80.4	mL/min/1.73m ²	Both: <60 indicative of renal impairment Both: Note:eGFR is inaccurate for Hemodynamically unstable patients eGFR is not applicable for less than 18
Blood Urea Nitrogen (BUN) (Colorimetric (Urease UV))	9.91	mg/dL	9.0-20.0
Serum Uric Acid (Colorimetric - Uricase,Peroxidase)	7.34	mg/dL	3.5-8.5
LIPID PROFILE (CHOL,TRIG,HDL,LDL,VLDL)			
Cholesterol Total (Enzymatic Method (cholesterol Oxidase, Esterase, Peroxidase))	172.3	mg/dL	Both: Desirable: < 200 Both: Borderline High: 200-239 Both: High: > 240
Triglycerides (Enzymatic Method (lipase, Kinase, Oxidase And Peroxidase))	292.7 H	mg/dL	Both: Normal: < 150 Both: Borderline High: 150-199 Both: High : 200-499 Both: Very High: => 500
HDL Cholesterol (HDLC) (Direct Measure, PTA /MgCl ₂)	27.1 L	mg/dL	Low: < 40 High: => 60
Non-HDL Cholesterol	145.21	-	-
LDL Cholesterol (Friedewald Formula)	86.6	mg/dL	Both: Desirable: < 100 Both: Optimal: 100-129 Both: Borderline High: 130-159 Both: High: 160-189 Both: Very High: > 190
VLDL Cholesterol (Friedewald Formula)	58.54 H	mg/dL	10.0-50.0
Cholesterol /HDL Ratio	6.4 H	-	0.0-5.0

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Total Protein (Biuret (alkaline Cupric Sulfate))	7.70	gm/dL	6.3-8.2
SGOT (AST) (Enzymatic Colorimetric)	30	U/L	17.0-59.0
SGPT (ALT) (UV With P5P -IFCC)	50 H	U/L	<50.0
Alkaline Phosphatase (ALP)	85	U/L	38.0-126.0
Gamma Glutamyl Transferase (GGT) (L-gamma-glutamyl-4-nitroanalide/glycylglycine Kinetic Method)	29	U/L	15.0-73.0
THYROID PROFILE (T3, T4, TSH)			
Tri Iodo Thyronine (T3) (Enhanced Chemiluminescence)	1.47	ng/ml	0.97-1.69
Thyroxine (T4) (Enhanced Chemiluminescence)	9.70	ug/dl	4.3-12.5
TSH (Thyroid Stimulating Hormone) (Enhanced Chemiluminescence)	1.14	uIU/ml	0.35-5.5

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Anil

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Final Report

Patient Name : Mr Amit Bairagi MRN : 15010000456246 Gender/Age : MALE , 37y (21/11/1985)

Collected On : 10/04/2023 09:07 AM Received On : 10/04/2023 09:08 AM Reported On : 10/04/2023 10:10 AM

Barcode : 402304100084 Specimen : Serum Consultant : Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9810230283

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
Bilirubin Total (Dyphylline, Diazonium Salt)	1.08	mg/dL	0.2-1.3
Albumin To Globulin (A/G)Ratio	1.33	-	1.0-2.1

--End of Report--



Dr. Anil Sharma
MBBS, MD (Microbiology)
Senior Consultant

Note

- Abnormal results are highlighted.
- Results relate to the sample only.
- Kindly correlate clinically.



Narayana Multispecialty Hospital

(A unit of Narayana Hrudayalaya Limited) CIN: LB5110KA2000PLC027497

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Hospital Address: Sector-28, Kumbha Marg, Pratap Nagar, Jaipur 302033

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GST No. 08AABCN1685J1Z8



Appointments

1800-309-0309 (Toll Free)



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99837-32222

Emergencies

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99837-32222

EXERCISE STRESS TEST REPORT

Patient Name: MR AMIT BAIRAGI,
Patient ID: 456246
Height:
Weight:

DOB: 21.11.1985
Age: 37yrs
Gender: Male
Race: Indian

Study Date: 10.04.2023
Test Type: Treadmill Stress Test
Protocol: BRUCE

Referring Physician: DR.DEEPAK GARG
Attending Physician: DR.DEEPAK GARG
Technician: MR.KULDEEP MEGHVANSHI

Medications:

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Medical History:

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Reason for Exercise Test:

Screening for CAD

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (km/h)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:00	0.00	0.00	78	120/80	
		00:15	0.00	0.00	77	120/80	
	STANDING	00:15	0.00	0.00	76		
	HYPERV.	00:15	0.00	0.00	73		
EXERCISE	WARM-UP	00:44	1.00	0.00	90		
	STAGE 1	03:00	2.70	10.00	117	130/80	
	STAGE 2	03:00	4.00	12.00	137	140/80	
	STAGE 3	03:00	5.60	14.00	173	150/80	
	STAGE 4	00:31	6.80	16.00	184		
RECOVERY		04:13	0.00	0.00	111	140/80	

The patient exercised according to the BRUCE for 9:30 min:s, achieving a work level of Max. METS: 11.90. The resting heart rate of 78 bpm rose to a maximal heart rate of 184 bpm. This value represents 100 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 150/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

Summary: Resting ECG: normal.

Functional Capacity: normal.

Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none.

Arrhythmias: none.

ST Changes:

Overall impression:

Conclusions

NO ST-T CHANGES SEEN DURING EXERCISE & RECOVERY PERIOD.
PLEASE CORRELATE CLINICALLY.

Physician _____

Technician _____

T BAIRAGI,

456246

Male
37yrs Indian
Meds:

Test Reason: Screening for CAD
Medical History:

Ref. MD: DR.DEEPAK GARG Ordering MD:
Technician: MR.KULDEEP MEGHVANSHI Test Type: Treadmill Stress
Comment:

BRUCE: Total Exercise Time 09:30
Max HR: 184 bpm 100% of max predicted 183 bpm HR at rest: 78
Max BP: 150/80 mmHg BP at rest: 120/80 Max RPP: 25650 mmHg*bpm
Maximum Workload: 11.90 METS
Max. ST: -0.60 mm, 0.00 mV/s in III; EXERCISE STAGE 4 09:31
Arrhythmia: A:17, VBIG:4, PVC:15, PSVC:8, CPLT:1, ESC:2
ST/HR index: 0.58 μ V/bpm
Reasons for Termination: Target heart rate achieved
Summary: Resting ECG: normal. Functional Capacity: normal. HR Response to Exercise: appropriate. BP Response to Exercise: normal resting BP - appropriate response. Chest Pain: none. Arrhythmias: none. ST Changes: Overall impression: ..
...
Conclusion: NO ST-T CHANGES SEEN DURING EXERCISE & RECOVERY PERIOD.
PLEASE CORRELATE CLINICALLY.

Stage Name	Time in Stage	Speed (km/h)	Grade (%)	Workload (METS)	HR (bpm)	BP (mmHg)	RPP (mmHg*bpm)	VE (/min)	ST Level (III mm)	Comment
SUPINE	00:00	0.00	0.00		78	120/80	9360	0	-0.15	
STANDING	00:15	0.00	0.00	1.0	77	120/80	9240	0	-0.25	
HYPERV.	00:15	0.00	0.00	1.0	76			0	-0.25	
WARM-UP	00:44	1.00	0.00	1.2	90			0	-0.20	
STAGE 1	03:00	2.70	10.00	4.6	117	130/80	15210	0	-0.05	
STAGE 2	03:00	4.00	12.00	7.0	137	140/80	19180	1	-0.15	
STAGE 3	03:00	5.60	14.00	10.3	173	150/80	25950	0	-0.05	
STAGE 4	00:31	6.80	16.00	11.9	184			0	-0.60	
RY	04:13	0.00	0.00	1.0	111	140/80	15540	0	-0.05	

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MRN NO: 15010000456246
PATIENT'S NAME: MR AMIT BAIRAGI
DR. NAME: DR. SITARAM GUPTA

DATE: 10/04/2023
AGE/SEX: 37 YRS./M

ULTRASOUND STUDY OF ABDOMEN & PELVIS (PHC)

Liver: - Normal in size, shape & bright in echotexture. No evidence of any mass lesion is seen. Bilobar Intrahepatic biliary radicals are not dilated.

Gall Bladder: - Is distended. Lumen is clear. Wall thickness is normal.

CBD: - Normal in calibre. No calculus is seen in visualized part of CBD.

Portal Vein: - Normal in calibre.

Pancreas: - Normal in size & echotexture. No focal lesion is seen. MPD is not dilated.

Spleen: - Normal in size & echotexture. No focal lesion is seen.

Both Kidneys: - Normal in shape, size & location. Echotexture is normal. Corticomedullary differentiation is maintained. There is no evidence of hydronephrosis. Multiple calculi measuring ~ 3-6mm are seen in superior mid and inferior calyx.

Urinary Bladder: - is distended. No calculus or mass lesion is seen. Wall thickness is normal.


Prostate: - is normal in size, shape and echotexture.

Others: - No free fluid is seen in abdomen. Defect measuring ~ 20 mm is seen in umbilical region with herniating fat.

Impression: USG findings are suggestive of: -

- Bilateral small renal calculi.
- Umbilical hernia.
- Fatty changes in liver.

Correlate clinically & with other related investigations.


Dr. Swati Jain
Consultant Radiologist

Dr. Vijay Kumar Sharma
Consultant Radiologist

Dr. Sunny Maharwal
Consultant Radiologist

This is a preventive health checkup sonography report with no available clinical details and previous records.

ID: 15010000456246
Name: MR AMIT
Age:
Gender:

04-10-2023 09:40:26 AM

Vent. Rate
PR Interval
QRS Duration
QT/QTc Interval
P/QRS/T Axes
QTc Hodges

60 bpm
152 ms
80 ms
404/404 ms
59/44/35 deg

Sinus rhythm

Lead(s) unsuitable for analysis: V3

— Interpretation made without knowing patient's gender/age —

Normal ECG based on available leads

Unconfirmed Diagnosis.

