

CLIENT'S NAME AND ADDRESS :

ACROFEMI HEALTHCARE LTD (MEDIWHEEL) F-703, LADO SARAI, MEHRAULI SOUTH WEST DELHI NEW DELHI 110030 DELHI INDIA 8800465156 SRL Ltd 34/2, NEW PALASIA, NEAR OM SHANTI BHAWAN CIRCLE,BEHIND INDUSTRY HOUSE INDORE, 452001 MADHYA PRADESH, INDIA Tel : 9111591115, CIN - U74899PB1995PLC045956 Email : customercare.indore@srl.in

PATIENT ID:

CLIENT PATIENT ID :

20/10/2022 14:13:54

ABHA NO :

REPORTED :

MANOM1410707

PATIENT NAME : MANOJ SHARMA ACCESSION NO : 0007VJ003539 AGE : 52 Years SEX : Male

DRAWN : RECEIVED : 19/10/2022 09:39:14

REFERRING DOCTOR : DR. BANO OF BARODA

Test Report Status Results Biological Reference Interval Units Final MEDI WHEEL FULL BODY HEALTH CHECK UP ABOVE 40 MALE **BLOOD COUNTS, EDTA WHOLE BLOOD** HEMOGLOBIN 16.0 13.0 - 17.0 g/dL METHOD : SPECTROPHOTOMETRIC RED BLOOD CELL COUNT 5.36 4.5 - 5.5 mil/µL METHOD : ELECTRICAL IMPEDANCE WHITE BLOOD CELL COUNT 7.60 4.0 - 10.0 thou/µL PLATELET COUNT 236 150 - 410 thou/µL METHOD : ELECTRICAL IMPEDANCE **RBC AND PLATELET INDICES** HEMATOCRIT 47.5 40 - 50 % METHOD : CALCULATED PARAMETER fL MEAN CORPUSCULAR VOL 89.0 83 - 101 METHOD : CALCULATED PARAMETER 27.0 - 32.0 MEAN CORPUSCULAR HGB. 29.8 pg METHOD : CALCULATED PARAMETER MEAN CORPUSCULAR HEMOGLOBIN 31.5 - 34.5 33.6 g/dL CONCENTRATION METHOD : CALCULATED PARAMETER MENTZER INDEX 16.6 RED CELL DISTRIBUTION WIDTH 13.3 11.6 - 14.0 % METHOD : CALCULATED PARAMETER MEAN PLATELET VOLUME 9.3 6.8 - 10.9 fL METHOD : CALCULATED PARAMETER **WBC DIFFERENTIAL COUNT - NLR** NEUTROPHILS 63 40 - 80 % METHOD : IMPEDENCE / MICROSCOPY ABSOLUTE NEUTROPHIL COUNT 4.79 2.0 - 7.0 thou/µL METHOD : CALCULATED PARAMETER LYMPHOCYTES 31 20 - 40 % METHOD : IMPEDENCE / MICROSCOPY ABSOLUTE LYMPHOCYTE COUNT 2.36 1.0 - 3.0thou/µL METHOD : CALCULATED PARAMETER NEUTROPHIL LYMPHOCYTE RATIO (NLR) 2.0



METHOD : CALCULATED PARAMETER





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Test Report Status <u>Final</u>	Results	Biological Reference	Interval Units
EOSINOPHILS	03	1 - 6	%
METHOD : IMPEDENCE / MICROSCOPY			
ABSOLUTE EOSINOPHIL COUNT	0.23	0.02 - 0.50	thou/µL
METHOD : CALCULATED PARAMETER			
MONOCYTES	03	2 - 10	%
METHOD : IMPEDENCE / MICROSCOPY			
ABSOLUTE MONOCYTE COUNT	0.23	0.2 - 1.0	thou/µL
METHOD : CALCULATED PARAMETER			
BASOPHILS	00	0 - 2	%
METHOD : IMPEDENCE / MICROSCOPY			
DIFFERENTIAL COUNT PERFORMED ON:	EDTA SMEAR		

Comments

Please note that :

The Automatic analyzer used to estimate Complete Blood Counts (Blood cell Indices & counts) is "ABX PENTRA XL 80" (HORIBA); the values are correlated manually with microscopic picture. ERYTHROCYTE SEDIMENTATION RATE (ESR). WHOLE

BLOOD	R),WHOLE			
E.S.R	10		0 - 14	mm at 1 hr
METHOD : WESTERGREN METHOD				
GLYCOSYLATED HEMOGLOBIN(HBA1C), ED BLOOD	OTA WHOLE			
HBA1C	11.0	High	Non-diabetic: < 5.7 Pre-diabetics: 5.7 - 6.4 Diabetics: > or = 6.5 ADA Target: 7.0 Action suggested: > 8.0	%
METHOD : HPLC				
ESTIMATED AVERAGE GLUCOSE(EAG) METHOD : CALCULATED PARAMETER	269	High	< 116.0	mg/dL
GLUCOSE FASTING,FLUORIDE PLASMA				
·		115-b	74 00	
FBS (FASTING BLOOD SUGAR) METHOD : HEXOKINASE	303	High	74 - 99	mg/dL
GLUCOSE, POST-PRANDIAL, PLASMA				
PPBS(POST PRANDIAL BLOOD SUGAR)	495	High	Normal: < 140, Impaired Glucose Tolerance: 199 Diabetic > or = 200	mg/dL 140-







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Test Report Status <u>Final</u>	Results	Biological Reference Interval Units
METHOD : HEXOKINASE CORONARY RISK PROFILE, SERU	м	
CHOLESTEROL, TOTAL	206 н	igh Desirable: <200 mg/dL BorderlineHigh : 200-239 High : > or = 240
METHOD : OXIDASE, ESTERASE, PEROXIDASE		-
TRIGLYCERIDES	138	Desirable: < 150 mg/dL Borderline High: 150 - 199 High: 200 - 499 Very High : > or = 500
	54	< 40 Low ma/dL
HDL CHOLESTEROL	54	< 40 Low mg/dL > or = 60 High
CHOLESTEROL LDL	124 H	i gh Adult levels: mg/dL

152

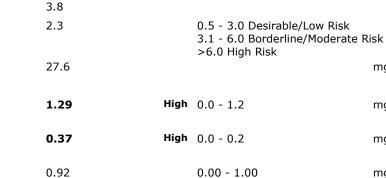
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5.2

NON HDL CHOLESTEROL	
---------------------	--

CHOL/HDL RATIO	
LDL/HDL RATIO	

VERY LOW DENSITY LIPOPROTEIN	27.6
LIVER FUNCTION PROFILE, SERUM	
BILIRUBIN, TOTAL	1.29
METHOD : JENDRASSIK AND GROFF	
BILIRUBIN, DIRECT	0.37



Optimal < 100

High : 160-189 Very high : = 190High Desirable: Less than 130

> High: 190 - 219 Very high: > or = 220

6.4 - 8.3

3.50 - 5.20

129

Near optimal/above optimal: 100-

Borderline high: 130-159

Above Desirable: 130 - 159 Borderline High: 160 - 189

METHOD : BIURET ALBUMIN METHOD : BROMOCRESOL PURPLE



METHOD : DIAZOTIZATION

BILIRUBIN, INDIRECT

TOTAL PROTEIN

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mg/dL

mg/dL

mg/dL

mg/dL

mg/dL

g/dL

g/dL



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GLOBULIN	2.9		2.0 - 4.1	g/dL
ALBUMIN/GLOBULIN RATIO	1.8		1.0 - 2.0	RATIO
ASPARTATE AMINOTRANSFERASE (AST/SGOT) METHOD : UV WITH P5P	13		UPTO 40	U/L
ALANINE AMINOTRANSFERASE (ALT/SGPT) METHOD : UV WITH P5P	21		UP TO 45	U/L
ALKALINE PHOSPHATASE METHOD : PNPP	71		40 - 129	U/L
GAMMA GLUTAMYL TRANSFERASE (GGT) METHOD : G-GLUTAMYL-CARBOXY-NITROANILIDE	38		8 - 61	U/L
LACTATE DEHYDROGENASE METHOD : ENZYMATIC LACTATE - PYRUVATE(IFCC)	202		135 - 225	U/L
BLOOD UREA NITROGEN (BUN), SERUM				
BLOOD UREA NITROGEN	9		6 - 20	mg/dL
METHOD : UREASE KINETIC				
CREATININE, SERUM				
CREATININE	0.88		0.70 - 1.20	mg/dL
METHOD : ALKALINE PICRATE-KINETIC				
BUN/CREAT RATIO				
BUN/CREAT RATIO	10.23		5.0 - 15.0	
URIC ACID, SERUM				
URIC ACID METHOD : URICASE/CATALASE UV	2.6	Low	3.5 - 7.2	mg/dL
TOTAL PROTEIN, SERUM				
TOTAL PROTEIN METHOD : BIURET	8.1		6.4 - 8.3	g/dL
ALBUMIN, SERUM				
ALBUMIN	5.2		3.5 - 5.2	g/dL
METHOD : BROMOCRESOL PURPLE				
GLOBULIN				
GLOBULIN	2.9		2.0 - 4.1	g/dL
ELECTROLYTES (NA/K/CL), SERUM				
SODIUM	143.6		136.0 - 146.0	mmol/L
POTASSIUM	4.38		3.50 - 5.10	mmol/L



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Test Report Status <u>Final</u>	Results	Biological Reference Interv	al Units
CHLORIDE	104.1	98.0 - 106.0	mmol/L
PHYSICAL EXAMINATION, URINE			
COLOR	PALE YELLOW		
METHOD : MACROSCOPY			
APPEARANCE	CLEAR		
METHOD : VISUAL			
SPECIFIC GRAVITY	1.015	1.003 - 1.035	
METHOD : REFLECTANCE SPECTROPHOTOMETRY			
CHEMICAL EXAMINATION, URINE			
PH	5.5	4.7 - 7.5	
METHOD : PH INDICATOR AND REFLECTANCE			
PROTEIN	NOT DETECTED	NOT DETECTED	
METHOD : PROTEIN ERROR OF INDICATORS WITH REFLECTANCE			
GLUCOSE	DETECTED (+++)	NOT DETECTED	
METHOD : GLUCOSE OXIDASE			
KETONES	NOT DETECTED	NOT DETECTED	
METHOD : ROTHERA'S WITH REFLECTANCE			
BLOOD	NOT DETECTED	NOT DETECTED	
METHOD : PEROXIDASE METHOD WITH REFLECTANCE			
BILIRUBIN	NOT DETECTED	NOT DETECTED	
METHOD : DIAZOTIZED WITH REFLECTANCE			
UROBILINOGEN	NORMAL	NORMAL	
METHOD : EHRLICH REACTION REFLECTANCE			
NITRITE	NOT DETECTED	NOT DETECTED	
METHOD : DIAZOTIZED WITH REFLECTANCE			
LEUKOCYTE ESTERASE	NOT DETECTED	NOT DETECTED	
MICROSCOPIC EXAMINATION, URINE			
PUS CELL (WBC'S)	2-3	0-5	/HPF
METHOD : ESTERASES METHOD WITH REFLECTANCE			
EPITHELIAL CELLS	2-3	0-5	/HPF
METHOD : MICROSCOPIC EXAMINATION			
ERYTHROCYTES (RBC'S)	NOT DETECTED	NOT DETECTED	/HPF
CASTS	NOT DETECTED		
METHOD : MICROSCOPIC EXAMINATION			

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Test Report Status Results **Biological Reference Interval** Units Final CRYSTALS NOT DETECTED METHOD : MICROSCOPIC EXAMINATION BACTERIA NOT DETECTED NOT DETECTED METHOD : MICROSCOPIC EXAMINATION YEAST NOT DETECTED NOT DETECTED REMARKS Please note that all the urinary findings are confirmed manually as well. **THYROID PANEL, SERUM** T3 123.9 80.00 - 200.00 ng/dL METHOD : ELECTROCHEMILUMINESCENCE IMMUNO ASSAY Т4 7.79 5.10 - 14.10 µg/dL METHOD : ELECTROCHEMILUMINESCENCE IMMUNO ASSAY TSH 3RD GENERATION 1.450 0.270 - 4.200 µIU/mL METHOD : ELECTROCHEMILUMINESCENCE IMMUNO ASSAY ABO GROUP & RH TYPE, EDTA WHOLE BLOOD ABO GROUP TYPE A METHOD : TUBE AGGLUTINATION POSITIVE RH TYPF METHOD : TUBE AGGLUTINATION **XRAY-CHEST** BOTH THE LUNG FIELDS ARE CLEAR »» BOTH THE COSTOPHRENIC AND CARIOPHRENIC ANGELS ARE CLEAR »» »» BOTH THE HILA ARE NORMAL CARDIAC AND AORTIC SHADOWS APPEAR NORMAL »» BOTH THE DOMES OF THE DIAPHRAM ARE NORMAL »» VISUALIZED BONY THORAX IS NORMAL »» IMPRESSION NO ABNORMALITY DETECTED TMT OR ECHO

TMT OR ECHO

Comments

TMT REFUSED BY CANDIDATE ECG ECG

WITHIN NORMAL LIMITS



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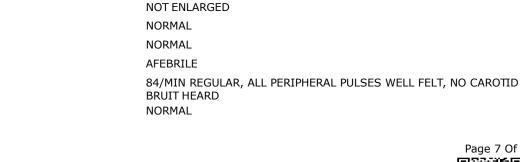
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Test Report Status	5 Final	F	Results	Biological F	Reference Interval Units
REFERRING DOCTOR	: DR. BANO OF E	BARODA		CLIEN	T PATIENT ID:
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ACCESSION NO : OC	007VJ003539	AGE: 52 Years	SEX : Male	ABHA NO :	

MEDICAL HISTORY RELEVANT PRESENT HISTORY NOT SIGNIFICANT RELEVANT PAST HISTORY DM RELEVANT PERSONAL HISTORY NOT SIGNIFICANT RELEVANT FAMILY HISTORY DM,HTN - MOHTER CAD, DM - FATEHR OCCUPATIONAL HISTORY NOT SIGNIFICANT HISTORY OF MEDICATIONS NOT SIGNIFICANT **ANTHROPOMETRIC DATA & BMI** HEIGHT IN METERS 1.75 mts WEIGHT IN KGS. 80 Kgs BMI 26 BMI & Weight Status as follows: kg/sqmts Below 18.5: Underweight 18.5 - 24.9: Normal 25.0 - 29.9: Overweight 30.0 and Above: Obese **GENERAL EXAMINATION** MENTAL / EMOTIONAL STATE NORMAL PHYSICAL ATTITUDE NORMAL GENERAL APPEARANCE / NUTRITIONAL STATUS OVERWEIGHT **BUILT / SKELETAL FRAMEWORK** AVERAGE FACIAL APPEARANCE NORMAL SKIN NORMAL UPPER LIMB NORMAL



NORMAL

NORMAL

NOT ENLARGED OR TENDER



RESPIRATORY RATE

LOWER LIMB

THYROID GLAND

TEMPERATURE

PULSE

CAROTID PULSATION

BREAST (FOR FEMALES)

NECK LYMPHATICS / SALIVARY GLANDS

NECK





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CARDIOVASCULAR S	SYSTEM			
BP		140/80		mm/Hg
PERICARDIUM		NORMAL		iiiii, iig
APEX BEAT		NORMAL		
HEART SOUNDS		S1, S2 HEARD NORMALLY		
MURMURS		ABSENT		
RESPIRATORY SYST	EM			
SIZE AND SHAPE OF C		NORMAL		
MOVEMENTS OF CHES		SYMMETRICAL		
BREATH SOUNDS INTE		NORMAL		
BREATH SOUNDS QUA		VESICULAR (NORMAL)		
ADDED SOUNDS		ABSENT		
PER ABDOMEN				
APPEARANCE		NORMAL		
VENOUS PROMINENCE		ABSENT		
LIVER		NOT PALPABLE		
SPLEEN		NOT PALPABLE		
HERNIA		ABSENT		
CENTRAL NERVOUS	SYSTEM			
HIGHER FUNCTIONS		NORMAL		
CRANIAL NERVES		NORMAL		
CEREBELLAR FUNCTIO	NS	NORMAL		
SENSORY SYSTEM		NORMAL		
MOTOR SYSTEM		NORMAL		
REFLEXES		NORMAL		
MUSCULOSKELETAL	SYSTEM			
SPINE		NORMAL		
JOINTS		NORMAL		
BASIC EYE EXAMINA	TION			
CONJUNCTIVA		NORMAL		
EYELIDS		NORMAL		
EYE MOVEMENTS		NORMAL		







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CORNEA	NORMAL				
DISTANT VISION RIGHT EYE WITH GLASSES	6/9 SLIGHTLY POOR VISIC	DN			
DISTANT VISION LEFT EYE WITH GLASSES	6/9 SLIGHTYL POOR VISIO	0N			
NEAR VISION RIGHT EYE WITH GLASSES	N/10 VISUAL ACUITY FOR	CORRECTION			
NEAR VISION LEFT EYE WITH GLASSES	N/6 WITHIN NORMAL LIMI	Т			
COLOUR VISION	NORMAL				
BASIC ENT EXAMINATION					
EXTERNAL EAR CANAL	HEAVY WITHIN NORMAL L	IMIT			
TYMPANIC MEMBRANE	NORMAL				
NOSE	NO ABNORMALITY DETECT	ED			
SINUSES	CLEAR				
THROAT	NO ABNORMALITY DETECT	ED			
TONSILS	NOT ENLARGED				
SUMMARY					
RELEVANT HISTORY	NOT SIGNIFICANT				
RELEVANT GP EXAMINATION FINDINGS	OVERWEIGHT				
REMARKS / RECOMMENDATIONS	NONE				
FITNESS STATUS					
FITNESS STATUS	FIT (WITH MEDICAL ADVIO	CE) (AS PER REQUESTED PANEL OF TESTS)			







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Comments

CLINICAL FINDINGS :-

STRONGLY RAISED FBS AND PPBS.

GLUCOSE TRACE IN URINE (+++)

RAISED HBa1C AND ESTIMATED AVERAGE GLUCOSE.

LOW URIC ACID.

DYSLIPIDEMIA.

USG WHOLE ABDOMEN SHOWS EARLY FATTY INFILTRATIO OF LIVER.

OVER WEIGHT STATUS.

FITNESS STATUS :-

FITNESS STATUS : FIT (WITH MEDICAL ADVICE) (AS PER REQUESTED PANEL OF TESTS)

ADVICE : WEIGHT REDUCTION, LOW FAT& CARBOHYDRATE DIET AND REGULAR PHYSICAL EXERCISE FOR OVERWEIGHT STATUS AND DYSLIPIDEMIA.

NEED PHYSICIAN CONSULTATION FOR LIFE STYLE MODIFICATION.







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Test Report Status Final

Results

Units

MEDI WHEEL FULL BODY HEALTH CHECK UP ABOVE 40 MALE **ULTRASOUND ABDOMEN ULTRASOUND ABDOMEN**

Comments

USG WHOLE ABDOMEN

IMPRESSION - EARLY FATTY INFILTRATIO OF LIVER.

Interpretation(s)

BLOOD COUNTS, EDTA WHOLE BLOOD-The cell morphology is well preserved for 24hrs. However after 24-48 hrs a progressive increase in MCV and HCT is observed leading to a decrease in MCHC. A direct smear is recommended for an accurate differential count and for examination of RBC morphology. RBC AND PLATELET INDICES-

Mentzer index (MCV/RBC) is an automated cell-counter based calculated screen tool to differentiate cases of Iron deficiency anaemia(>13) from Beta thalassaemia trait (<13) in patients with microcytic anaemia. This needs to be interpreted in line with clinical correlation and suspicion. Estimation of HbA2 remains the gold standard for diagnosing a case of beta thalassaemia trait.

WBC DIFFERENTIAL COUNT - NLR-The optimal threshold of 3.3 for NLR showed a prognostic possibility of clinical symptoms to change from mild to severe in COVID positive patients. When age = 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR < 3.3, COVID-19 patients tend to show mild disease.

(Reference to - The diagnostic and predictive role of NLR, d-NLR and PLR in COVID-19 patients ; A.-P. Yang, et al.; International Immunopharmacology 84 (2020) 106504 This ratio element is a calculated parameter and out of NABL scope. ERYTHROCYTE SEDIMENTATION RATE (ESR),WHOLE BLOOD-**TEST DESCRIPTION** :-

Erythrocyte sedimentation rate (ESR) is a test that indirectly measures the degree of inflammation present in the body. The test actually measures the rate of fall (sedimentation) of erythrocytes in a same of blood that has been placed into a tall, thin, vertical tube. Results are reported as the millimetres of clear fluid (plasma) that are present at the top portion of the tube after one hour. Nowadays fully automated instruments are available to measure ESR.

ESR is not diagnostic; it is a non-specific test that may be elevated in a number of different conditions. It provides general information about the presence of an inflammatory condition.CRP is superior to ESR because it is more sensitive and reflects a more rapid change TEST INTERPRETATION

Increase in: Infections, Vasculities, Inflammatory arthritis, Renal disease, Anemia, Malignancies and plasma cell dyscrasias, Acute allergy Tissue injury, Pregnancy,

Estrogen medication, Aging. Finding a very accelerated ESR(>100 mm/hour) in patients with ill-defined symptoms directs the physician to search for a systemic disease (Paraproteinemias,

In pregnancy BRI in first trimester is 0-48 mm/hr(62 if anemic) and in second trimester (0-70 mm /hr(95 if anemic). ESR returns to normal 4th week post partum. Decreased in: Polycythermia vera, Sickle cell anemia

LIMITATIONS

False elevated ESR : Increased fibrinogen, Drugs(Vitamin A, Dextran etc), Hypercholesterolemia False Decreased : Poikilocytosis,(SickleCells,spherocytes),Microcytosis, Low fibrinogen, Very high WBC counts, Drugs(Quinine, salicylates)

REFERENCE :

1. Nathan and Oski's Haematology of Infancy and Childhood, 5th edition; 2. Paediatric reference intervals. AACC Press, 7th edition. Edited by S. Soldin; 3. The reference for the adult reference range is "Practical Haematology by Dacie and Lewis,10th edition. GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD-**Used For**:

1. Evaluating the long-term control of blood glucose concentrations in diabetic patients.







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PATIENT NAME: MANOJ SHARMA

PATIENT ID :	MANOM1410707
	FIANOFIL+10/0/

ACCESSION NO :	0007VJ003539	AGE : 52 Years SEX : Male	ABHA NO :	
DRAWN :		RECEIVED : 19/10/2022 09:39:	:14 REPORTED : 20/10/2022 14:13:54	
REFERRING DOCT	OR: DR. BANO OF	CLIENT PATIENT ID:		

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2. Diagnosing diabetes.

3.Identifying patients at increased risk for diabetes (prediabetes).

The ADA recommends measurement of HbA1c (typically 3-4 times per year for type 1 and poorly controlled type 2 diabetic patients, and 2 times per year for well-controlled type 2 diabetic patients) to determine whether a patients metabolic control has remained continuously within the target range.

1.eAG (Estimated average glucose) converts percentage HbAL to md/dl, to compare blood glucose levels.
2. eAG gives an evaluation of blood glucose levels for the last couple of months.
3. eAG is calculated as eAG (mg/dl) = 28.7 * HbA1c - 46.7

HbA1c Estimation can get affected due to :

anemia) will falsely lower HbA1c test results.Fructosamine is recommended in these patients which indicates diabetes control over 15 days.

II.Vitamin C & E are reported to falsely lower test results. (possibly by inhibiting glycation of hemoglobin.

III. Iron deficiency anemia is reported to increase test results. Hypertrialyceridemia uremia, hyperbilirubinemia, chronic alcoholism, chronic ingestion of salicylates & opiates addiction are reported to interfere with some assay methods, falsely increasing results.

IV.Interference of hemoglobinopathies in HbA1c estimation is seen in a.Homozygous hemoglobinopathy. Fructosamine is recommended for testing of HbA1c.

b.Heterozygous state detected (D10 is corrected for HbS & HbC trait.)

c.HbF > 25% on alternate paltform (Boronate affinity chromatography) is recommended for testing of HbA1c.Abnormal Hemoglobin electrophoresis (HPLC method) is recommended for detecting a hemoglobinopathy

GLUCOSE FASTING, FLUORIDE PLASMA-TEST DESCRIPTION

Normally, the glucose concentration in extracellular fluid is closely regulated so that a source of energy is readily available to tissues and sothat no glucose is excreted in the urine.

Increased in

Diabetes mellitus, Cushing's syndrome (10 – 15%), chronic pancreatitis (30%). Drugs:corticosteroids,phenytoin, estrogen, thiazides.

Decreased in

Pancreatic islet cell disease with increased insulin, insulinoma, adrenocortical insufficiency, hypopituitarism, diffuse liver disease, malignancy (adrenocortical,

stomach, fibrosarcoma), infant of a diabetic mother, enzyme deficiency diseases(e.g., galactosemia), Drugs- insulin, ethanol, propranolol; sulfonylureas,tolbutamide, and other oral hypoglycemic agents.

NOTE:

Hypoglycemia is defined as a glucoseof < 50 mg/dL in men and< 40 mg/dL in women. While random serum glucose levels correlate with home glucose monitoring results (weekly mean capillary glucose values), there is wide fluctuation within individuals. Thus, glycosylated hemoglobin(HbA1c) levels are favored to monitor glycemic control.

glycosylated nemoglobin(hbALC) levels are favored to monitor glycemic control. High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glyosuria, Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc. GLUCOSE, POST-PRANDIAL, PLASMA-High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glyosuria, Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc.Additional test HbA1c LIVER FUNCTION PROFILE, SERUM-LIVER FUNCTION PROFILE

Bilirubin is a yellowish pigment found in bile and is a breakdown product of normal heme catabolism. Bilirubin is excreted in bile and urine, and elevated levels may give yellow discoloration in jaundice. Elevated levels results from increased bilirubin production (eg, hemolysis and ineffective erythropoiesis), decreased bilirubin excretion (eg, obstruction and hepatitis), and abnormal bilirubin metabolism (eg, hereditary and neonatal jaundice). Conjugated (direct) bilirubin is elevated more than unconjugated (indirect) bilirubin in Viral hepatitis, Drug reactions, Alcoholic liver disease Conjugated (direct) bilirubin is also elevated more than unconjugated (indirect) bilirubin when there is some kind of blockage of the bile ducts like in Gallstones getting into the bile ducts, tumors &Scarring of the bile ducts. Increased unconjugated (indirect) bilirubin may be a result of Hemolytic or pernicious anemia, Transfusion reaction & a common metabolic condition termed Gilbert syndrome, due to low levels of the enzyme that attaches sugar molecules to bilirubin. AST is an enzyme found in various parts of the body. AST is found in the liver, heart, skeletal muscle, kidneys, brain, and red blood cells, and it is commonly measured

clinically as a marker for liver health. AST levels increase during chronic viral hepatitis, blockage of the bile duct, cirrhosis of the liver,liver cancer,kidney failure,hemolytic anemia,pancreatitis,hemochromatosis. AST levels may also increase after a heart attack or strenuous activity.ALT test measures the amount of this enzyme in the blood.ALT is found mainly in the liver, but also in smaller amounts in the kidneys,heart,muscles, and pancreas.It is commonly measured as a part of a diagnostic evaluation of hepatocellular injury, to determine liver health AST levels increase during acute hepatitis, sometimes due to a viral infection, ischemia to the liver, chronic hepatitis, obstruction of bile ducts, cirrhosis.

ALP is a protein found in almost all body tissues. Tissues with higher amounts of ALP include the liver, bile ducts and bone. Elevated ALP levels are seen in Biliary obstruction, osteoblastic bone tumors, osteomalacia, hepatitis, Hyperparathyroidism, Leukemia, Lymphoma, Paget's disease,Rickets,Sarcoidosis etc. Lower-than-normal ALP levels seen in Hypophosphatasia,Malnutrition,Protein deficiency,Wilson's disease.GGT is an enzyme found in cell membranes of many tissues mainly in the liver,kidney and pancreas.It is also found in other tissues including intestine, spleen, heart, brain and seminal vesicles. The highest concentration is in the kidney, but the liver is considered the source of normal enzyme activity. Serum GGT has been widely used as an index of liver dysfunction. Elevated serum GGT activity can be found in diseases of the liver, biliary system and pancreas.Conditions that increase serum GGT are obstructive liver disease, high alcohol consumption and use of enzyme-inducing drugs etc.Serum total protein, also known as total protein, is a biochemical test for measuring the total amount of protein in serum.Protein in the plasma is made up of albumin and globulin.Higher-than-normal levels may be due to:Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstrom's disease.Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome, Protein-losing enteropathy etc. Human serum albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular





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0			

permeability or decreased lymphatic clearance.malnutrition and wasting etc.

BLODD UREA NITROGEN (BUN), SERUM-Causes of Increased levels include Pre renal (High protein diet, Increased protein catabolism, GI haemorrhage, Cortisol, Dehydration, CHF Renal), Renal Failure, Post Renal (Malignancy, Nephrolithiasis, Prostatism) Causes of decreased level include Liver disease, SIADH.

CREATININE, SERUM-Higher than normal level may be due to:
 Blockage in the urinary tract

· Kidney problems, such as kidney damage or failure, infection, or reduced blood flow

Loss of body fluid (dehydration)
Muscle problems, such as breakdown of muscle fibers

• Problems during pregnancy, such as seizures (eclampsia)), or high blood pressure caused by pregnancy (preeclampsia)

Lower than normal level may be due to:

Mvasthenia Gravis

Muscular dystrophy URIC ACID, SERUM-Causes of Increased levels

Dietary

High Protein Intake.
Prolonged Fasting,

Rapid weight loss

Gout Lesch nyhan syndrome.

Type 2 DM. Metabolic syndrome.

Causes of decreased levels

Low Zinc Intake
OCP's

Multiple Sclerosis

Nutritional tips to manage increased Uric acid levels

 Drink plenty of fluids Limit animal proteins

High Fibre foods

Vit C IntakeAntioxidant rich foods

TOTAL PROTEIN, SERUM-

Serum total protein, also known as total protein, is a biochemical test for measuring the total amount of protein in serum. Protein in the plasma is made up of albumin and alobulin

Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstrom's disease Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome, Protein-losing enteropathy etc. ALBUMIN, SERUM-

Human serum albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular permeability or decreased lymphatic clearance, malnutrition and wasting etc.

Increased Vascular permeability of decreased sympletic dearance, maintained and mastering sec-ELECTROLYTES (NA/K/CL), SERUM-Sodium levels are Increased in dehydration, cushing's syndrome, aldosteronism & decreased in Addison's disease, hypopituitarism, liver disease. Hypokalemia (low K) is common in vomiting, diarrhea, alcoholism, folic acid deficiency and primary aldosteronism. Hyperkalemia may be seen in end-stage renal failure, hemolysis, trauma, Addison's disease, metabolic acidosis, acute starvation, dehydration, and with rapid K infusion.Chloride is increased in dehydration, renal tubular acidosis (hyperchloremia metabolic acidosis), acute renal failure, metabolic acidosis associated with prolonged diarrhea and loss of sodium bicarbonate, diabetes insipidus, adrenocortical humerfluction, salicylate intoxication and with excessive infusion of isotonic saline or extremely high dietary intake of salt.Chloride is decreased in overhydration, chronic hyperfuction, salicylate intoxication and with excessive infusion of isotonic saline or extremely high dietary intake of salt. Chloride is decreased in overhydration, chronic respiratory acidosis, salt-losing nephritis, metabolic alkalosis, congestive heart failure, Addisonian crisis, certain types of metabolic acidosis, persistent gastric secretion and prolonged vomiting, MICROSCOPIC EXAMINATION, URINE-

Routine urine analysis assists in screening and diagnosis of various metabolic, urological, kidney and liver disorders

Protein: Elevated proteins can be an early sign of kidney disease. Urinary protein excretion can also be temporarily elevated by strenuous exercise, orthostatic proteinuria, dehydration, urinary tract infections and acute illness with fever

Glucose: Uncontrolled diabetes mellitus can lead to presence of glucose in urine. Other causes include pregnancy, hormonal disturbances, liver disease and certain medications.

Ketones: Uncontrolled diabetes mellitus can lead to presence of ketones in urine. Ketones can also be seen in starvation, frequent vomiting, pregnancy and strenuous



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exercise

Blood: Occult blood can occur in urine as intact erythrocytes or haemoglobin, which can occur in various urological, nephrological and bleeding disorders.

Leukocytes: An increase in leukocytes is an indication of inflammation in urinary tract or kidneys. Most common cause is bacterial urinary tract infection. Nitrite: Many bacteria give positive results when their number is high. Nitrite concentration during infection increases with length of time the urine specimen is retained in

bladder prior to collection. pH: The kidneys play an important role in maintaining acid base balance of the body. Conditions of the body producing acidosis/ alkalosis or ingestion of certain type of food can affect the pH of urine.

Specific gravity: Specific gravity gives an indication of how concentrated the urine is. Increased specific gravity is seen in conditions like dehydration, glycosuria and proteinuria while decreased specific gravity is seen in excessive fluid intake, renal failure and diabetes insipidus.

Bilirubin: In certain liver diseases such as biliary obstruction or hepatitis, bilirubin gets excreted in urine. Urobilinogen: Positive results are seen in liver diseases like hepatitis and cirrhosis and in cases of hemolytic anemia

THYROID PANEL, SERUM-Trilodothyronine T3, is a thyroid hormone. It affects almost every physiological process in the body, including growth, development, metabolism, body temperature, and heart rate. Production of T3 and its prohormone thyroxine (T4) is activated by thyroid-stimulating hormone (TSH), which is released from the pituitary gland. Elevated concentrations of T3, and T4 in the blood inhibit the production of TSH.

Thyroxine 14, Thyroxine's principal function is to simulate the metabolism of all cells and tissues in the body. Excessive secretion of thyroxine in the body is hyperthyroidism, and deficient secretion is called hypothyroidism. Most of the thyroid hormone in blood is bound to transport proteins. Only a very small fraction of the circulating hormone is free and biologically active.

In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hypothyroidism, TSH levels are low. Below mentioned are the guidelines for Pregnancy related reference ranges for Total T4, TSH & Total T3

Below mentioned	and the galacinico is	n rregnancy relaced	i i ci ci ci i ci i geo
Levels in	TOTAL T4	TSH3G	TOTAL T3
Pregnancy	(µg/dL)	(µIU/mL)	(ng/dL)
First Trimester	6.6 - 12.4	0.1 - 2.5	81 - 190
2nd Trimester	6.6 - 15.5	0.2 - 3.0	100 - 260
3rd Trimester	6.6 - 15.5	0.3 - 3.0	100 - 260
Below mentioned	are the quidelines fo	r age related refere	nce ranges for T3

Below mentioned are the guidelines for age related reference ranges for T3 and T4.

13	14		
(ng/dL)	(µg/dL)		
New Born: 75 - 260	1-3 day: 8.2 - 19.9		
	1 Week: 6.0 - 15.9		

NOTE: TSH concentrations in apparently normal euthyroid subjects are known to be highly skewed, with a strong tailed distribution towards higher TSH values. This is well documented in the pediatric population including the infant age group. Kindly note: Method specific reference ranges are appearing on the report under biological reference range.

Reference:

1. Burtis C.A., Ashwood E. R. Bruns D.E. Teitz textbook of Clinical Chemistry and Molecular Diagnostics, 4th Edition.

Gowenlock A.H. Varley"s Practical Clinical Biochemistry, 6th Edition.
 Behrman R.E. Kilegman R.M., Jenson H. B. Nelson Text Book of Pediatrics, 17th Edition ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-

Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same

The test is performed by both forward as well as reverse grouping methods.

MEDICAL

THIS REPORT CARRIES THE SIGNATURE OF OUR LABORATORY DIRECTOR. THIS IS AN INVIOLABLE FEATURE OF OUR LAB MANAGEMENT SOFTWARE. HOWEVER, ALL EXAMINATIONS AND INVESTIGATIONS HAVE BEEN CONDUCTED BY OUR PANEL OF DOCTORS.

FITNESS STATUS-

Conclusion on an individual's Fitness, which is commented upon mainly for Pre employment cases, is based on multi factorial findings and does not depend on any one single parameter. The final Fitness assigned to a candidate will depend on the Physician's findings and overall judgement on a case to case basis, details of the candidate's past and personal history; as well as the comprehensiveness of the diagnostic panel which has been requested for .These are then further correlated with details of the job under consideration to eventually fit the right man to the right job. Basis the above, SRL classifies a candidate's Fitness Status into one of the following categories: • Fit (As per requested panel of tests) – SRL Limited gives the individual a clean chit to join the organization, on the basis of the General Physical Examination and the

specific test panel requested for. • Fit (with medical advice) (As per requested panel of tests) - This indicates that although the candidate can be declared as FIT to join the job, minimal problems have been

detected during the Pre- employment examination. Examples of conditions which could fall in this category could be cases of mild reversible medical abnormalities such as



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height weight disproportions, borderline raised Blood Pressure readings, mildly raised Blood sugar and Blood Lipid levels, Hematuria, etc. Most of these relate to sedentary lifestyles and come under the broad category of life style disorders. The idea is to caution an individual to bring about certain lifestyle changes as well as seek a Physician's consultation and counseling in order to bring back to normal the mildly deranged parameters. For all purposes the individual is FIT to join the job. • Fitness on Hold (Temporary Unfit) (As per requested panel of tests) - Candidate's reports are kept on hold when either the diagnostic tests or the physical findings reveal the presence of a medical condition which warrants further tests, counseling and/or specialist opinion, on the basis of which a candidate can either be placed into Fit, Fit (With Medical Advice), or Unfit category. Conditions which may fall into this category could be high blood pressure, abnormal ECG, heart murmurs, abnormal vision, grossly elevated blood sugars, etc.

elevated blood sugars, etc.
 Unfit (As per requested panel of tests) - An unfit report by SRL Limited clearly indicates that the individual is not suitable for the respective job profile e.g. total color blindness in color related jobs.

End Of Report Please visit www.srlworld.com for related Test Information for this accession

Dr.Arpita Pasari, MD Consultant Pathologist



