



MANIPAL HOSPITAL GHAZIABAD
NH-24 HAPUR ROAD, NEAR LANDCRAFT GOLF LINKS, GHAZIABAD-201002

BILL OF SUPPLY

PAYOR : Arcofemi Healthcare Limited 2022-20

Hosp No. :MH010665532
Episode No:H18000000067
Name :MR TUSHAR SANGAL
Age/Sex :33 Y / Male
Address :A41506 TECH ZONE GREATER NOIDA DADRI
GAUTAM BUDDHA NAGAR 201307
Phone :9911523379
GSTIN : 09AACCC2943F1ZU

Bill No. :MGD22OCR0000431
Episode Dt :24/12/2022
Bill Date :24/12/2022 09:40AM
Doctor :HEALTH CHECK MGD
Dept. :HC SERVICE MGD

PAN No :AACCC2943F

#	Particulars	Unit	Price	Tax%	TaxAmt	Amount
1	BELOW 40YRS MEDIWHEELS (MALE) MGD	1	2100.00			2100.00
2	HC APPT	1	0.00			0.00

Total : 2100.00

Patient Share : 0.00

Net Payable : 0.00

Arcofemi Healthcare Limited 2022-20 Share : 2100.00

Net Payable : 2100.00

(Bill to Arcofemi Healthcare Limited 2022-20 a sum of Rupees Two Thousand One Hundred only)

Generated/Printed By
(Pratiksha Singh)

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following spouse of our employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS OF HEALTH CHECK UP BENEFICIARY	
NAME	TUSHAR SANGAL
DATE OF BIRTH	31-05-1989
PROPOSED DATE OF HEALTH CHECKUP FOR EMPLOYEE SPOUSE	26-11-2022
BOOKING REFERENCE NO.	22D120738100031156S
SPOUSE DETAILS	
EMPLOYEE NAME	MRS. GARG NANCY
EMPLOYEE EC NO.	120738
EMPLOYEE DESIGNATION	SINGLE WINDOW OPERATOR A
EMPLOYEE PLACE OF WORK	GHAZIABAD,CROSSING REPUBLIC
EMPLOYEE BIRTHDATE	30-11-1991

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **22-11-2022** till **31-03-2023**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee's spouse and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))



तुषार संगल

Tushar Sangal

जन्म तिथि/DOB: 31/05/1989

पुरुष / MALE

6955 9645 0550

मेरा आधार, मेरी पहचान



आधार

आधिकारण

Ministry of India

पता:

अनिमेष संगल, ए4 1506 चैर्य
काउंटी, घ 5बी टेचज़ोने 4,
एकमुरति, ग्रेटर नोएडा वेस्ट, नॉएडा
सेक्टर 34, गौतमबुद्ध नगर,
उत्तर प्रदेश - 201307

Address:

S/O, Animesh Sangal, A4 1506
Cherry County, Gh 5b
Techzone 4, Ekmurti, Greater
Noida West, Noida Sector 34,
Gautam Buddha Nagar,
Uttar Pradesh - 201307

6955 9645 0550

1947

help@uidai.gov.in

www.uidai.gov.in

LABORATORY REPORT

Name	: MR TUSHAR SANGAL	Age	: 33 Yr(s) Sex :Male
Registration No	: MH010665532	Lab No	: 202212002055
Patient Episode	: H18000000067	Collection Date	: 24 Dec 2022 13:41
Referred By	: HEALTH CHECK MGD	Reporting Date	: 26 Dec 2022 10:48
Receiving Date	: 24 Dec 2022 13:41		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
PLASMA GLUCOSE			
Specimen: Plasma			
GLUCOSE, POST PRANDIAL (PP), 2 HOURS	119.0	mg/dl	[80.0-140.0]
Method: Hexokinase			

Note:

Conditions which can lead to lower postprandial glucose levels as compared to fasting glucose are excessive insulin release, rapid gastric emptying, brisk glucose absorption , post exercise

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-----END OF REPORT-----



Dr. Charu Agarwal
Consultant Pathologist

LABORATORY REPORT

Name	: MR TUSHAR SANGAL	Age	: 33 Yr(s) Sex :Male
Registration No	: MH010665532	Lab No	: 202212002054
Patient Episode	: H18000000067	Collection Date	: 24 Dec 2022 10:02
Referred By	: HEALTH CHECK MGD	Reporting Date	: 24 Dec 2022 12:03
Receiving Date	: 24 Dec 2022 10:02		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
GLUCOSE-Fasting Specimen: Plasma GLUCOSE, FASTING (F) Method: Hexokinase	93.0	mg/dl	[70.0-110.0]

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-----END OF REPORT-----



Dr. Alka Dixit Vats
Consultant Pathologist

LABORATORY REPORT

Name : MR TUSHAR SANGAL **Age** : 33 Yr(s) Sex :Male
Registration No : MH010665532 **Lab No** : 202212002053
Patient Episode : H18000000067 **Collection Date** : 24 Dec 2022 10:02
Referred By : HEALTH CHECK MGD **Reporting Date** : 26 Dec 2022 12:13
Receiving Date : 24 Dec 2022 10:02

BLOOD BANK

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
Blood Group & Rh Typing (Agglutination by gel/tube technique)			Specimen-Blood
Blood Group & Rh typing	O Rh(D) Positive		

Technical note:

ABO grouping and Rh typing is done by cell and serum grouping by microplate / gel technique.

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-----END OF REPORT-----



Dr. Alka Dixit Vats
Consultant Pathologist

LABORATORY REPORT

Name : MR TUSHAR SANGAL **Age** : 33 Yr(s) Sex :Male
Registration No : MH010665532 **Lab No** : 202212002053
Patient Episode : H18000000067 **Collection Date** : 24 Dec 2022 10:02
Referred By : HEALTH CHECK MGD **Reporting Date** : 24 Dec 2022 12:03
Receiving Date : 24 Dec 2022 10:02

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
LIVER FUNCTION TEST			
BILIRUBIN - TOTAL Method: D P D	0.70	mg/dl	[0.30-1.20]
BILIRUBIN - DIRECT Method: DPD	0.12	mg/dl	[0.00-0.30]
INDIRECT BILIRUBIN (SERUM) Method: Calculation	0.58 #	mg/dl	[0.10-0.30]
TOTAL PROTEINS (SERUM) Method: BIURET	7.60	gm/dl	[6.60-8.70]
ALBUMIN (SERUM) Method: BCG	4.39	g/dl	[3.50-5.20]
GLOBULINS (SERUM) Method: Calculation	3.20	gm/dl	[1.80-3.40]
PROTEIN SERUM (A-G) RATIO Method: Calculation	1.37		[1.00-2.50]
AST (SGOT) (SERUM) Method: IFCC W/O P5P	25.00	U/L	[0.00-40.00]
ALT (SGPT) (SERUM) Method: IFCC W/O P5P	23.00	U/L	[17.00-63.00]
Serum Alkaline Phosphatase Method: AMP BUFFER IFCC)	78.0	IU/L	[32.0-91.0]
GGT	28.0		[7.0-50.0]

LABORATORY REPORT

Name : MR TUSHAR SANGAL Age : 33 Yr(s) Sex : Male
 Registration No : MH010665532 Lab No : 32221208189
 Patient Episode : H18000000067 Collection Date : 24 Dec 2022 13:40
 Referred By : HEALTH CHECK MGD Reporting Date : 25 Dec 2022 12:33
 Receiving Date : 24 Dec 2022 14:03

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
THYROID PROFILE, Serum			
T3 - Triiodothyronine (ECLIA)	1.29	ng/ml	1 [0.70-2.04]
T4 - Thyroxine (ECLIA)	8.93	micg/dl	[4.60-12.00]
Thyroid Stimulating Hormone (ECLIA)	3.400	μIU/mL	[0.340-4.250]

Note : TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm.Factors such as change of seasons hormonal fluctuations,Ca or Fe supplements,high fibre diet,stress and illness affect TSH results.

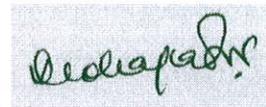
* References ranges recommended by the American Thyroid Association

1) Thyroid. 2011 Oct;21(10):1081-125.PMID .21787128

2) <http://www.thyroid-info.com/articles/tsh-fluctuating.html>

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-----END OF REPORT-----



Dr. Lona Mohapatra
CONSULTANT PATHOLOGY

LABORATORY REPORT

Name	: MR TUSHAR SANGAL	Age	: 33 Yr(s) Sex :Male
Registration No	: MH010665532	Lab No	: 202212002053
Patient Episode	: H1800000067	Collection Date	: 24 Dec 2022 10:02
Referred By	: HEALTH CHECK MGD	Reporting Date	: 24 Dec 2022 14:30
Receiving Date	: 24 Dec 2022 10:02		

HAEMATOLOGY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
COMPLETE BLOOD COUNT (AUTOMATED)		SPECIMEN-EDTA Whole Blood	
RBC COUNT (IMPEDEANCE)	5.88 #	millions/cu mm	[4.50-5.50]
HEMOGLOBIN	12.0 #	g/dl	[13.0-17.0]
Method:cyanide free SLS-colorimetry			
HEMATOCRIT (CALCULATED)	39.7 #	%	[40.0-50.0]
MCV (DERIVED)	67.5 #	fL	[83.0-101.0]
MCH (CALCULATED)	20.4 #	pg	[27.0-32.0]
MCHC (CALCULATED)	30.2 #	g/dl	[31.5-34.5]
RDW CV% (DERIVED)	15.6 #	%	[11.6-14.0]
Platelet count	239	x 10 ³ cells/cumm	[150-400]
MPV (DERIVED)	9.4		
WBC COUNT (TC) (IMPEDEANCE)	5.48	x 10 ³ cells/cumm	[4.00-10.00]
DIFFERENTIAL COUNT (VCS TECHNOLOGY/MICROSCOPY)			
Neutrophils	49.0	%	[40.0-80.0]
Lymphocytes	39.0	%	[17.0-45.0]
Monocytes	8.0	%	[2.0-10.0]
Eosinophils	4.0	%	[2.0-7.0]
Basophils	0.0	%	[0.0-2.0]
ESR	5.0	/1sthour	[0.0-

LABORATORY REPORT

Name	: MR TUSHAR SANGAL	Age	: 33 Yr(s) Sex :Male
Registration No	: MH010665532	Lab No	: 202212002053
Patient Episode	: H18000000067	Collection Date	: 24 Dec 2022 10:02
Referred By	: HEALTH CHECK MGD	Reporting Date	: 24 Dec 2022 14:27
Receiving Date	: 24 Dec 2022 10:02		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
Glycosylated Hemoglobin			
Specimen: EDTA			
HbA1c (Glycosylated Hemoglobin)	5.5	%	[0.0-5.6]
Method: HPLC			
As per American Diabetes Association(ADA)			
HbA1c in %			
Non diabetic adults >= 18years <5.7			
Prediabetes (At Risk)5.7-6.4			
Diagnosing Diabetes >= 6.5			
Estimated Average Glucose (eAG)	111	mg/dl	

Comments : HbA1c provides an index of average blood glucose levels over the past 8-12 weeks and is a much better indicator of long term glycemic control.

ROUTINE URINE ANALYSIS (Semi Automated) Specimen-Urine

MACROSCOPIC DESCRIPTION

Colour	PALE YELLOW	(Pale Yellow - Yellow)
Appearance	CLEAR	
Reaction[pH]	6.0	(4.6-8.0)
Specific Gravity	1.010	(1.003-1.035)

CHEMICAL EXAMINATION

Protein/Albumin	Negative	(NOT DETECTED)
Glucose	Normal	(NOT DETECTED)
Ketone Bodies	NegativeKetone BodiesNegative	(NOT DETECTED)
Urobilinogen	Normal	(NORMAL)

LABORATORY REPORT

Name	: MR TUSHAR SANGAL	Age	: 33 Yr(s) Sex :Male
Registration No	: MH010665532	Lab No	: 202212002053
Patient Episode	: H18000000067	Collection Date	: 24 Dec 2022 11:14
Referred By	: HEALTH CHECK MGD	Reporting Date	: 24 Dec 2022 14:21
Receiving Date	: 24 Dec 2022 11:14		

CLINICAL PATHOLOGY

MICROSCOPIC EXAMINATION (Automated/Manual)

Pus Cells	1-2 /hpf	(0-5/hpf)
RBC	NIL	(0-2/hpf)
Epithelial Cells	nil /hpf	
CASTS	nil	
Crystals	nil	
OTHERS	nil	

Serum LIPID PROFILE

Serum TOTAL CHOLESTEROL	175	mg/dl	[<200] Moderate risk:200-239 High risk:>240
TRIGLYCERIDES (GPO/POD)	210 #	mg/dl	[<150] Borderline high:151-199 High: 200 - 499 Very high:>500 [35.0-65.0]
HDL- CHOLESTEROL	39.0	mg/dl	
Method : Enzymatic Immunoimhibition			
VLDL- CHOLESTEROL (Calculated)	42 #	mg/dl	[0-35]
CHOLESTEROL, LDL, DIRECT	94.0	mg/dl	[<120.0] Near/ Borderline High:130-159 High Risk:160-189 <4.0 Optimal 4.0-5.0 Borderline >6 High Risk
Above optimal-100-129			
T.Chol/HDL.Chol ratio(Calculated)	4.5		
LDL.CHOL/HDL.CHOL Ratio(Calculated)	2.4		<3 Optimal 3-4 Borderline >6 High Risk

Note:

LABORATORY REPORT

Name	: MR TUSHAR SANGAL	Age	: 33 Yr(s) Sex :Male
Registration No	: MH010665532	Lab No	: 202212002053
Patient Episode	: H18000000067	Collection Date	: 24 Dec 2022 10:02
Referred By	: HEALTH CHECK MGD	Reporting Date	: 24 Dec 2022 12:02
Receiving Date	: 24 Dec 2022 10:02		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
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Reference ranges based on ATP III Classifications.

KIDNEY PROFILE

Specimen: Serum			
UREA	23.6	mg/dl	[15.0-40.0]
Method: GLDH, Kinatic assay			
BUN, BLOOD UREA NITROGEN	11.0	mg/dl	[8.0-20.0]
Method: Calculated			
CREATININE, SERUM	0.93	mg/dl	[0.70-1.20]
Method: Jaffe rate-IDMS Standardization			
URIC ACID	8.0	mg/dl	[4.0-8.5]
Method: uricase PAP			

SODIUM, SERUM	139.1	mmol/L	[136.0-144.0]
POTASSIUM, SERUM	4.80	mmol/L	[3.60-5.10]
SERUM CHLORIDE	104.8	mmol/l	[101.0-111.0]
Method: ISE Indirect			

eGFR (calculated)	107.5	ml/min/1.73sq.m	[>60.0]
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Technical Note
 eGFR which is primarily based on Serum Creatinine is a derivation of CKD-EPI 2009 equation normalized to 1.73 sq.m BSA and is not applicable to individuals below 18 years. eGFR tends to be less accurate when Serum Creatinine estimation is indeterminate e.g. patients at extremes of muscle mass, on unusual diets etc. and samples with severe Hemolysis Icterus / Lipemia.

RADIOLOGY REPORT

Name	Tushar SANGAL	Modality	US
Patient ID	MH010665532	Accession No	R4949129
Gender/Age	M / 33Y 6M 24D	Scan Date	24-12-2022 12:12:18
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	24-12-2022 11:56:51

USG ABDOMEN & PELVIS**FINDINGS**

LIVER: Liver is normal in size (measures 144 mm), shape and echotexture. Rest normal.
SPLEEN: Spleen is normal in size (measures 87 mm), shape and echotexture. Rest normal.
PORTAL VEIN: Appears normal in size and measures 10.6 mm.
COMMON BILE DUCT: Appears normal in size and measures 3.8 mm.
IVC, HEPATIC VEINS: Normal.
BILIARY SYSTEM: Normal.
GALL BLADDER: Gall bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.
PANCREAS: Pancreas is normal in size, shape and echotexture. Rest normal.
KIDNEYS: Bilateral kidneys are normal in size, shape and echotexture. Cortico-medullary differentiation is maintained. Rest normal.
Right Kidney: measures 90 x 36 mm.
Left Kidney: measures 100 x 35 mm.
PELVI-CALYCEAL SYSTEMS: Compact.
NODES: Not enlarged.
FLUID: Nil significant.
URINARY BLADDER: Urinary bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.
PROSTATE: Prostate is normal in size, shape and echotexture. It measures 38 x 27 x 22 mm with volume 12 cc. Rest normal.
SEMINAL VESICLES: Normal.
BOWEL: Visualized bowel loops appear normal.

IMPRESSION

-No significant abnormality noted.

Recommend clinical correlation.



Dr. Prabhat Prakash Gupta,
MBBS, DNB, MNAMS, FRCR(I)
Consultant Radiologist, Reg no DMC/R/14242

This document is digitally signed and hence no manual signature is required

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MANIPAL HOSPITALS

NH-24, Hapur Road, Near Landcraft Golflinks, Ghaziabad - 201002

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RADIOLOGY REPORT

Name	Tushar SANGAL	Modality	DX
Patient ID	MH010665532	Accession No	R4949126
Gender/Age	M / 33Y 6M 24D	Scan Date	24-12-2022 10:12:00
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	24-12-2022 10:39:17

XR- CHEST PA VIEW

FINDINGS:

LUNGS: Normal.
TRACHEA: Normal.
CARINA: Normal.
RIGHT AND LEFT MAIN BRONCHI: Normal.
PLEURA: Normal.
HEART: Normal.
RIGHT HEART BORDER: Normal.
LEFT HEART BORDER: Normal.
PULMONARY BAY: Normal.
PULMONARY HILA: Normal.
AORTA: Normal.
THORACIC SPINE: Normal.
OTHER VISUALIZED BONES: Normal.
VISUALIZED SOFT TISSUES: Normal.
DIAPHRAGM: Normal.
VISUALIZED ABDOMEN: Normal.
VISUALIZED NECK: Normal.

IMPRESSION:

XR- CHEST PA VIEW

No significant abnormality seen.*Please correlate clinically*

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RADIOLOGY REPORT

Name	Tushar SANGAL	Modality	DX
Patient ID	MH010665532	Accession No	R4949126
Gender/Age	M / 33Y 6M 24D	Scan Date	24-12-2022 10:12:00
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	24-12-2022 10:39:17



Dr. Prabhat Prakash Gupta,
MBBS,DNB,MNAMS,FRCR(I)
Consultant Radiologist, Reg no DMC/R/14242

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Page 2 of 2

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RADIOLOGY REPORT

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Patient ID	MH010665532	Accession No	R4949129
Gender/Age	M / 33Y 6M 24D	Scan Date	24-12-2022 12:12:18
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	24-12-2022 11:56:51

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IMPRESSION

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Recommend clinical correlation.



Dr. Prabhakar Prakash Gupta,
MBBS,DNB,MNAMS,FRCR(I)
Consultant Radiologist, Reg no DMC/R/14242

tushar singhal

ID:

24-Dec-2022 13:06:57

Manipal Hospitals, Ghaziabad

34years
Male

Sinus tachycardia
Rightward axis
Borderline ECG

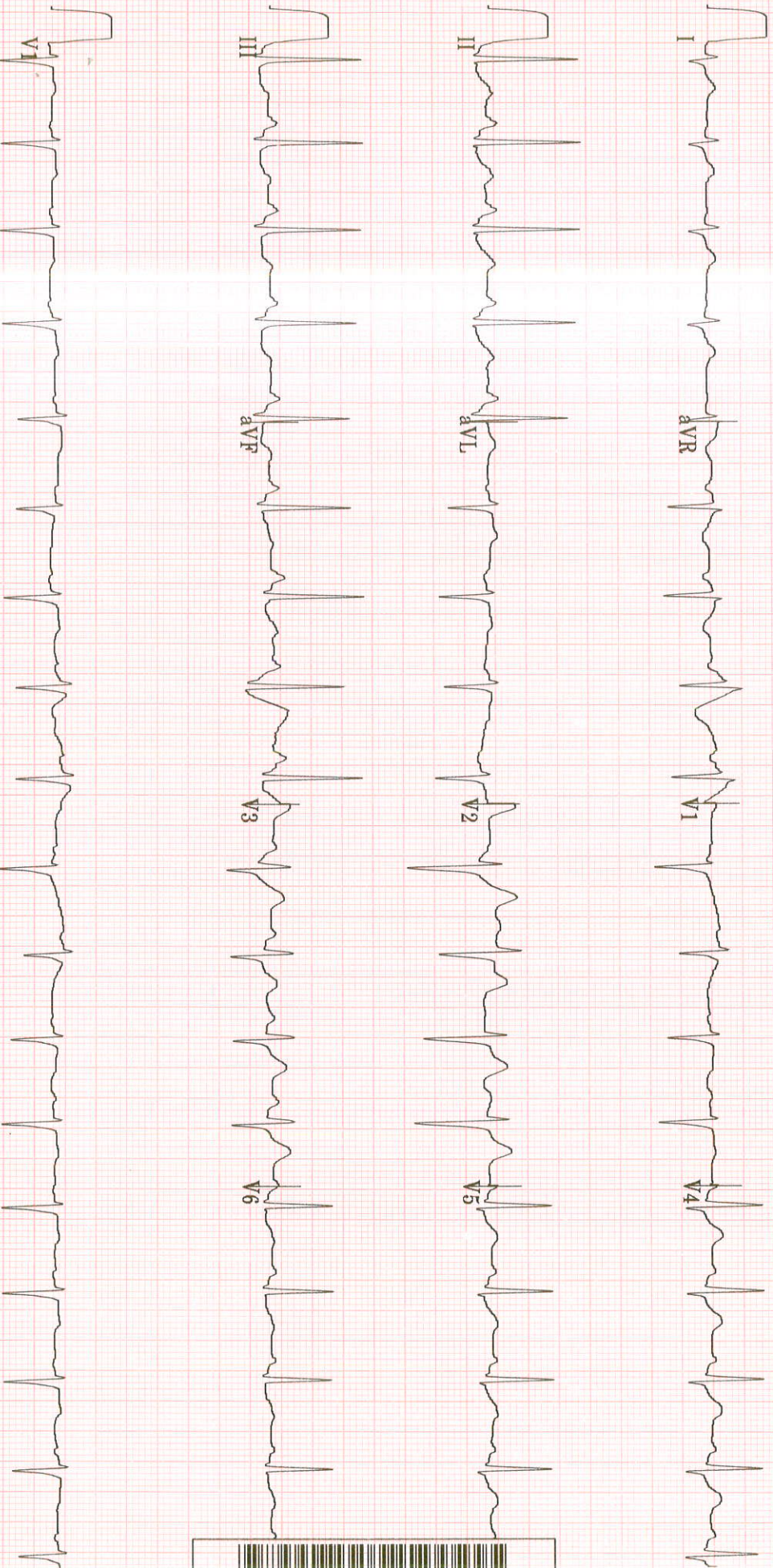
Caucasian

Vent. rate	104 bpm
PR interval	138 ms
QRS duration	80 ms
QT/QTc	338/444 ms
P-R-T axes	79 93 48

Technician:
Test ind:

Referred by:

Unconfirmed



20 Hz 25.0 mm/s 10.0 mm/mV

4 by 2.5s + 1 rhythm Id

MAC55 009C

12SL™ v239





TMT INVESTIGATION REPORT

Patient Name : Mr. Tushar SANGAL	Location : Ghaziabad
Age/Sex : 34Year(s)/male	Visit No : V0000000001-GHZB
MRN No : MH010665532	Order Date : 24/12/2022
Ref. Doctor : HCP	Report Date : 24/12/2022

Protocol : Bruce **MPHR** : 186BPM
Duration of exercise : 5min 03sec **85% of MPHR** : 158BPM
Reason for termination : THR achieved **Peak HR Achieved** : 168BPM
Blood Pressure (mmHg) : Baseline BP : 116/72mmHg **% Target HR** : 90%
Peak BP : 130/72mmHg **METS** : 7.0METS

STAGE	TIME (min)	H.R (bpm)	BP (mmHg)	SYMPTOMS	ECG CHANGES	ARRHYTHMIA
PRE- EXC.	0:00	121	116/72	Nil	No ST changes seen	Nil
STAGE 1	3:00	139	124/72	Nil	No ST changes seen	Nil
STAGE 2	2:03	168	130/72	Nil	No ST changes seen	Nil
RECOVERY	3:02	118	120/72	Nil	No ST changes seen	Nil

COMMENTS:

- No ST changes in base line ECG.
- No ST changes during exercise and recovery.
- Normal chronotropic response.
- Normal blood pressure response.
- Fair effort tolerance.

IMPRESSION:

Treadmill test is **negative** for exercise induced reversible myocardial ischemia.

Dr. Bhupendra Singh
MD, DM (CARDIOLOGY), FACC
Sr. Consultant Cardiology

Dr. Abhishek Singh
MD, DNB (CARDIOLOGY), MNAMS
Sr. Consultant Cardiology

Dr. Sudhanshu Mishra
MD
Cardiology Registrar

Manipal Hospital, Ghaziabad

NH - 24, Hapur Road, Opp. Bahmeta Village, Ghaziabad, Uttar Pradesh - 201 002

P : 0120-616 5666

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Manipal Health Enterprises Private Limited

CIN: U85110KA2003PTC033055

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