

Health Check up Booking Confirmed Request(bobE47835),Package Code-
PKG10000241, Beneficiary Code-73946

Mediwheel <wellness@mediwheel.in>

Tue 10/10/2023 12:35 PM

To:PHC [MH-Ghaziabad] <phc.ghaziabad@manipalhospitals.com>

Cc:customercare@mediwheel.in <customercare@mediwheel.in>



011-41195959

Email:wellness@mediwheel.in

Hi Manipal Hospitals,

Diagnostic/Hospital Location :NH-24 Hapur Road,Oppo. Bahmeta Village, Near Lancroft
Golf Links Apartment,City:Ghaziabad

We have received the confirmation for the following booking .

Beneficiary Name : PKG10000241

Beneficiary Name : MS. SINGH KHUSHBOO

Member Age : 28

Member Gender : Female

Member Relation: Employee

Package Name : Medi-Wheel Metro Full Body Health Checkup Female Below 40

Location : GHAZIABAD,Uttar Pradesh-NULL

Contact Details : 9051569610

Booking Date : 09-10-2023

Appointment Date : 14-10-2023

Instructions to undergo Health Check:

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
4. Please bring all your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

For Women:

1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
2. It is advisable not to undergo any Health Check during menstrual cycle.

We request you to facilitate the employee on priority.

भारतीय विश्वसनीयता प्रमाणन
Unique Identification Authority of India
Government of India

नियमन संख्या/Enrolment No.: 2189/42083/57409

To
मुख्य अधिकारी
Khushboo Singh
D/O: Ram Dilip Singh
Arya Nagar, Near Mufassil Thana,
Hazariabagh,
Ranchi - Patna Road,
Hazariabagh
Jharkhand - 825301
9731556993

Download Date: 27/06/2017

Generation Date: 12/04/2017



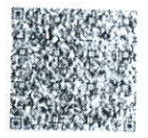
निम्न अधार संख्या / Your Aadhaar No. :
9694 9724 2987
नम्र अधार, नम्र गुरुतु



भारत सरकार
Government of India



मुख्य अधिकारी
Khushboo Singh
जन्म तिथि/DOB: 05/09/1992
लिंग / FEMALE



9694 9724 2987

नम्र अधार, नम्र गुरुतु

- अधार गुरुतु प्रमाणन के माध्यम से प्राप्त करें
- निम्न गुरुतु प्रमाणन के माध्यम से अधार संख्या प्राप्त करें
- अधार संख्या प्रमाणन के माध्यम से अधार प्रमाणन प्राप्त करें

INFORMATION

- Aadhaar is a proof of identity, not of citizenship.
- To establish identity, authenticate online.
- This is electronically generated letter.

- अधार प्रमाणन के माध्यम से अधार संख्या प्राप्त करें
- निम्न गुरुतु प्रमाणन के माध्यम से अधार संख्या प्राप्त करें
- अधार संख्या प्रमाणन के माध्यम से अधार प्रमाणन प्राप्त करें
- Aadhaar will be helpful in availing Government and Non-Government services in future.

Handwritten signature



भारतीय विश्वसनीयता प्रमाणन
Unique Identification Authority of India

पता:
श्री/श्रीमती/श्रीमान: राम दिलीप सिंह,
आर्या नगर,
मुफसिल थाना,
रान्ची - पटना रोड,
हजारिबाग, जहार्खण्ड,
पिनकोड - 825301

Address:
D/O: Ram Dilip Singh, Arya
Nagar, Near Mufassil Thana,
Ranchi - Patna Road,
Hazariabagh, Hazariabag,
Jharkhand - 825301

9694 9724 2987



ID: 011410290

khhuboo singh

31years
Female

Asian

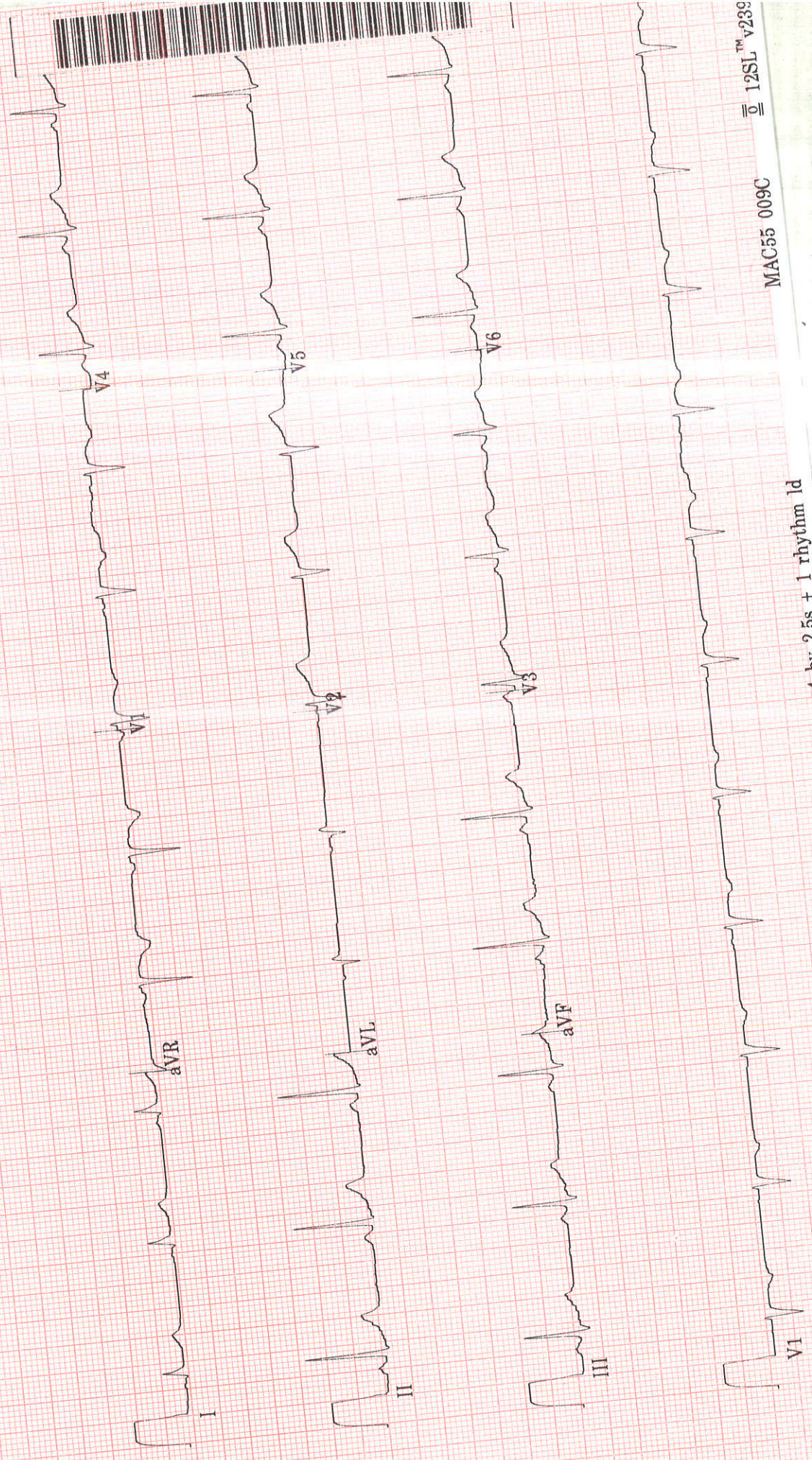
Vent. rate 65 bpm
PR interval 132 ms
QRS duration 88 ms
QT/QTc 398/413 ms
P-R-T axes 75 71 60

Normal sinus rhythm
Normal ECG

Unconfirmed

Technician:
Test ind:

Referred by: hep





TMT INVESTIGATION REPORT

Patient Name	KHUSHBOO SINGH	Location	: Ghaziabad
Age/Sex	: 31Year(s)/Female	Visit No	: V0000000001-GHZB
MRN No	MH011410290	Order Date	: 14/10/2023
Ref. Doctor	: HCP	Report Date	: 14/10/2023

Protocol : Bruce **MPHR** : 189BPM
Duration of exercise : 4min 34sec **85% of MPHR** : 160BPM
Reason for termination : THR achieved **Peak HR Achieved** : 167BPM
Blood Pressure (mmHg) : Baseline BP : 110/70mmHg **% Target HR** : 88%
Peak BP : 130/70mmHg **METS** : 6.4METS

STAGE	TIME (min)	H.R (bpm)	BP (mmHg)	SYMPTOMS	ECG CHANGES	ARRHYTHMIA
PRE- EXC.	0:00	86	110/70	Nil	No ST changes seen	Nil
STAGE 1	3:00	144	120/70	Nil	No ST changes seen	Nil
STAGE 2	1:34	167	130/70	Nil	No ST changes seen	Nil
RECOVERY	3:03	101	114/70	Nil	No ST changes seen	Nil

COMMENTS:

- No ST changes in base line ECG.
- No ST changes during test and recovery.
- Normal chronotropic response.
- Normal blood pressure response.

IMPRESSION:

Treadmill test is **negative** for exercise induced reversible myocardial ischemia.

Dr. Bhupendra Singh
MD, DM (CARDIOLOGY),FACC
Sr. Consultant Cardiology

Dr. Abhishek Singh
MD, DNB (CARDIOLOGY),MNAMS
Sr.Consultant Cardiology

Dr. Sudhanshu Mishra
MD
Cardiology Registrar

Manipal Hospital, Ghaziabad
NH - 24, Hapur Road, Ghaziabad,Uttar Pradesh - 201 002
P : 0120-3535353

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P +91 80 4936 0300 E info@manihospitals.com www.manipalhospitals.com

Department Of Laboratory Medicine
LABORATORY REPORT

Name : MRS KHUSHBOO SINGH Age : 31 Yr(s) Sex :Female
 Registration No : MH011410290 Lab No : 202310002984
 Patient Episode : H18000001326 Collection Date : 14 Oct 2023 09:11
 Referred By : HEALTH CHECK MGD Reporting Date : 14 Oct 2023 11:31
 Receiving Date : 14 Oct 2023 09:11

HAEMATOLOGY

COMPLETE BLOOD COUNT (AUTOMATED)

RBC COUNT (IMPEDENCE) 3.93
 HEMOGLOBIN 12.2
 Method:cyanide free SLS-colorimetry
 HEMATOCRIT (CALCULATED) 38.6
 MCV (DERIVED) 98.2
 MCH (CALCULATED) 31.0
 MCHC (CALCULATED) 31.6
 RDW CV% (DERIVED) 12.0
 Platelet count 150
 Method: Electrical Impedance
 MPV (DERIVED) 13.9

WBC COUNT (TC) (IMPEDENCE) 6.95
 DIFFERENTIAL COUNT
 (VCS TECHNOLOGY/MICROSCOPY)
 Neutrophils 52.0
 Lymphocytes 36.0
 Monocytes 9.0
 Eosinophils 3.0
 Basophils 0.0

ESR 42.0 #

SPECIMEN-EDTA Whole Blood

millions/cumm [3.80-4.80]
 g/dl [12.0-15.0]
 % [36.0-46.0]
 fL [83.0-101.0]
 pg [25.0-32.0]
 g/dl [31.5-34.5]
 % [11.6-14.0]
 x 10³ cells/cumm [150-410]
 x 10³ cells/cumm [4.00-10.00]
 % [40.0-80.0]
 % [20.0-40.0]
 % [2.0-10.0]
 % [1.0-6.0]
 % [0.0-2.0]

mm/1sthour [0.0-20.0]

Department Of Laboratory Medicine
LABORATORY REPORT

Name : MRS KHUSHBOO SINGH Age : 31 Yr(s) Sex :Female
Registration No : MH011410290 Lab No : 202310002984
Patient Episode : H18000001326 Collection Date : 14 Oct 2023 09:11
Referred By : HEALTH CHECK MGD Reporting Date : 14 Oct 2023 16:46
Receiving Date : 14 Oct 2023 09:11

BIOCHEMISTRY

Glycosylated Hemoglobin

Specimen: EDTA
HbA1c (Glycosylated Hemoglobin) 5.0 % [0.0-5.6]
Method: HPLC

As per American Diabetes Association (ADA)
HbA1c in %
Non diabetic adults ≥ 18 years < 5.7
Prediabetes (At Risk) 5.7-6.4
Diagnosing Diabetes ≥ 6.5

Estimated Average Glucose (eAG) 97 mg/dl

Comments : HbA1c provides an index of average blood glucose levels over the past 8-12 weeks and is a much better indicator of long term glycemic control.

Blood Group & Rh Typing (Agglutination by gel/tube technique) Specimen-Blood

Blood Group & Rh typing O Rh(D) Positive

Technical note:

ABO grouping and Rh typing is done by cell and serum grouping by microplate / gel technique.

-----END OF REPORT-----

Dr. Charu Agarwal
Consultant Pathologist

Name : MRS KHUSHBOO SINGH Age : 31 Yr(s) Sex :Female
Registration No : MH011410290 Lab No : 32231005967
Patient Episode : R03000055148 Collection Date : 14 Oct 2023 19:20
Referred By : MANIPAL HOSPITALS GHAZIABAD Reporting Date : 14 Oct 2023 20:27
Receiving Date : 14 Oct 2023 19:41

BIOCHEMISTRY

THYROID PROFILE, Serum

Specimen Type : Serum

T3 - Triiodothyronine (ECLIA)	0.949	ng/ml	[0.800-2.040]
T4 - Thyroxine (ECLIA)	6.400	µg/dl	[5.500-11.000]
Thyroid Stimulating Hormone (ECLIA)	3.450	µIU/mL	[0.340-4.250]
1st Trimester:0.6 - 3.4	micIU/mL		
2nd Trimester:0.37 - 3.6	micIU/mL		
3rd Trimester:0.38 - 4.04	micIU/mL		

Note : TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm.Factors such as change of seasons hormonal fluctuations,Ca or Fe supplements,high fibre diet,stress and illness affect TSH results.

* References ranges recommended by the American Thyroid Association

- 1) Thyroid. 2011 Oct;21(10):1081-125.PMID .21787128
- 2) <http://www.thyroid-info.com/articles/tsh-fluctuating.html>

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-----END OF REPORT-----

Neelam Singal

Dr. Neelam Singal
CONSULTANT BIOCHEMISTRY



LABORATORY REPORT

Name : MRS KHUSHBOO SINGH
Registration No : MH011410290
Patient Episode : H18000001326
Referred By : HEALTH CHECK MGD
Receiving Date : 14 Oct 2023 09:11

Age : 31 Yr(s) Sex :Female
Lab No : 202310002984
Collection Date : 14 Oct 2023 09:11
Reporting Date : 14 Oct 2023 15:00

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
LIVER FUNCTION TEST			
BILIRUBIN - TOTAL Method: D P D	0.94	mg/dl	[0.30-1.20]
BILIRUBIN - DIRECT Method: DPD	0.21	mg/dl	[0.00-0.30]
INDIRECT BILIRUBIN (SERUM) Method: Calculation	0.73	mg/dl	[0.10-0.90]
TOTAL PROTEINS (SERUM) Method: BIURET	7.40	gm/dl	[6.60-8.70]
ALBUMIN (SERUM) Method: BCG	4.12	g/dl	[3.50-5.20]
GLOBULINS (SERUM) Method: Calculation	3.30	gm/dl	[1.80-3.40]
PROTEIN SERUM (A-G) RATIO Method: Calculation	1.26		[1.00-2.50]
AST (SGOT) (SERUM) Method: IFCC W/O P5P	28.00	U/L	[0.00-40.00]
ALT (SGPT) (SERUM) Method: IFCC W/O P5P	25.40	U/L	[14.00-54.00]
Serum Alkaline Phosphatase Method: AMP BUFFER IFCC)	76.0	IU/L	[40.0-98.0]
GGT	6.0 #	U/L	[7.0-50.0]



LABORATORY REPORT

Name : MRS KHUSHBOO SINGH
Registration No : MH011410290
Patient Episode : H18000001326
Referred By : HEALTH CHECK MGD
Receiving Date : 14 Oct 2023 09:11

Age : 31 Yr(s) Sex :Female
Lab No : 202310002984
Collection Date : 14 Oct 2023 09:11
Reporting Date : 14 Oct 2023 15:00

BIOCHEMISTRY

TEST RESULT UNIT BIOLOGICAL REFERENCE INTERVAL

Liver function test aids in diagnosis of various pre hepatic, hepatic and post hepatic causes of dysfunction like hemolytic anemia's, viral and alcoholic hepatitis and cholestasis of obstructive causes.

The test encompasses hepatic excretory, synthetic function and also hepatic parenchymal cell damage. LFT helps in evaluating severity, monitoring therapy and assessing prognosis of liver disease and dysfunction..

-----END OF REPORT-----

Dr. Alka Dixit Vats
Consultant Pathologist



LABORATORY REPORT

Name : MRS KHUSHBOO SINGH
Registration No : MH011410290
Patient Episode : H18000001326
Referred By : HEALTH CHECK MGD
Receiving Date : 14 Oct 2023 09:11

Age : 31 Yr(s) Sex :Female
Lab No : 202310002985
Collection Date : 14 Oct 2023 09:11
Reporting Date : 14 Oct 2023 15:03

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
GLUCOSE-Fasting Specimen: Plasma GLUCOSE, FASTING (F) Method: Hexokinase	81.0	mg/dl	[70.0-110.0]

Normally, the glucose concentration in extracellular fluid is closely regulated so that a source of energy is readily available to tissues and so that no glucose is excreted in the urine.

Increased in Diabetes mellitus, Cushing's syndrome (10-15%), chronic pancreatitis (30%).
Drugs corticosteroids, phenytoin, estrogen, thiazides

Decreased in Pancreatic islet cell disease with increased insulin, insulinoma, adrenocortical insufficiency, hypopituitarism, diffuse liver disease, malignancy(adrenocortical, stomach, fibro sarcoma), infant of a diabetic mother enzyme deficiency diseases(e.g.galactosemia),
Drugs-
insulin, ethanol, propranolol, sulfonylureas, tobutamide, and other oral hypoglycemic agents.

-----END OF REPORT-----

Dr. Alka Dixit Vats
Consultant Pathologist



LABORATORY REPORT

Name : MRS KHUSHBOO SINGH
Registration No : MH011410290
Patient Episode : H18000001326
Referred By : HEALTH CHECK MGD
Receiving Date : 14 Oct 2023 14:23

Age : 31 Yr(s) Sex :Female
Lab No : 202310002986
Collection Date : 14 Oct 2023 14:23
Reporting Date : 14 Oct 2023 16:41

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
PLASMA GLUCOSE Specimen:Plasma GLUCOSE, POST PRANDIAL (PP), 2 HOURS Method: Hexokinase	85.0	mg/dl	[80.0-140.0]

Note:
Conditions which can lead to lower postprandial glucose levels as compared to fasting glucose are excessive insulin release, rapid gastric emptying, brisk glucose absorption , post exercise

-----END OF REPORT-----

Dr. Alka Dixit Vats
Consultant Pathologist

RADIOLOGY REPORT

NAME	MRS Khushboo SINGH	STUDY DATE	14/10/2023 10:30AM
AGE / SEX	31 y / F	HOSPITAL NO.	MH011410290
ACCESSION NO.	R6250907	MODALITY	US
REPORTED ON	14/10/2023 10:18PM	REFERRED BY	HEALTH CHECK MGD

USG ABDOMEN & PELVIS**FINDINGS**

LIVER: Liver is normal in size (measures 142 mm), shape and echotexture. Rest normal.
 SPLEEN: Spleen is normal in size (measures 81 mm), shape and echotexture. Rest normal.
 PORTAL VEIN: Appears normal in size and measures 7.2 mm.
 COMMON BILE DUCT: Appears normal in size and measures 2.9 mm.
 IVC, HEPATIC VEINS: Normal.
 BILIARY SYSTEM: Normal.
 GALL BLADDER: Gall bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.
 PANCREAS: Pancreas is normal in size, shape and echotexture. Rest normal.
 KIDNEYS: Bilateral kidneys are normal in size, shape and echotexture. Cortico-medullary differentiation is maintained. Rest normal.
 Right Kidney: measures 105 x 35 mm.
 Left Kidney: measures 116 x 47 mm.
 PELVI-CALYCEAL SYSTEMS: Compact.
 NODES: Not enlarged.
 FLUID: Trace fluid is seen in cul-de-sac
 URINARY BLADDER: Urinary bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.
 UTERUS: Uterus is anteverted, normal in size (measures 75 x 61 x 32 mm), shape and echotexture.
 Endometrial thickness measures 6.2 mm. Cervix appears normal.
 OVARIES: Both ovaries are normal in size, shape and echotexture. Rest normal.
 Right ovary measures 37 x 32 x 18 mm with volume 11.6 cc.
 Left ovary measures 35 X 29 X 25 mm with volume 13.9 cc.
 BOWEL: Visualized bowel loops appear normal.

IMPRESSION

-No significant abnormality noted.

Recommend clinical correlation.



Dr. Prabhath Prakash Gupta MBBS, DNB, MNAMS
CONSULTANT RADIOLOGIST

*****End Of Report*****

MANIPAL HOSPITALS

NH-24, Hapur Road, Near Landcraft Golflinks, Ghaziabad - 201002

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CA RAD-10-V2 1-Oct 12

RADIOLOGY REPORT

NAME	MRS Khushboo SINGH	STUDY DATE	14/10/2023 9:21AM
AGE / SEX	31 y / F	HOSPITAL NO.	MH011410290
ACCESSION NO.	R6250906	MODALITY	CR
REPORTED ON	14/10/2023 9:26AM	REFERRED BY	HEALTH CHECK MGD

XR- CHEST PA VIEW

FINDINGS:

LUNGS: Normal.
TRACHEA: Normal.
CARINA: Normal.
RIGHT AND LEFT MAIN BRONCHI: Normal.
PLEURA: Normal.
HEART: Normal.
RIGHT HEART BORDER: Normal.
LEFT HEART BORDER: Normal.
PULMONARY BAY: Normal.
PULMONARY HILA: Normal.
AORTA: Normal.
THORACIC SPINE: Normal.
OTHER VISUALIZED BONES: Normal.
VISUALIZED SOFT TISSUES: Normal.
DIAPHRAGM: Normal.
VISUALIZED ABDOMEN: Normal.
VISUALIZED NECK: Normal.

IMPRESSION:

-No significant abnormality seen.

Please correlate clinically



Dr. Prabhat Prakash Gupta MBBS, DNB, MNAMS
CONSULTANT RADIOLOGIST

*****End Of Report*****

MANIPAL HOSPITALS

NH-24, Hapur Road, Near Landcraft Golflinks, Ghaziabad - 201002

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