

To,

The Coordinator,  
Mediwheel (Arcofemi Healthcare Limited)  
Helpline number: 011- 41195959

Dear Sir / Madam,

**Sub: Annual Health Checkup for the employees of Bank of Baroda**

This is to inform you that the following spouse of our employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS OF HEALTH CHECK UP BENEFICIARY	
NAME	NISHA SHARMA
DATE OF BIRTH	12-07-1977
PROPOSED DATE OF HEALTH CHECKUP FOR EMPLOYEE SPOUSE	25-06-2022
BOOKING REFERENCE NO.	22J77342100020492S
SPOUSE DETAILS	
EMPLOYEE NAME	MR. KUMAR JITENDRA
EMPLOYEE EC NO.	77342
EMPLOYEE DESIGNATION	SINGLE WINDOW OPERATOR A
EMPLOYEE PLACE OF WORK	GHAZIABAD, GOVINDPURAM
EMPLOYEE BIRTHDATE	10-02-1971

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from 18-06-2022 till 31-03-2023. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee's spouse and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

**Chief General Manager  
HRM Department  
Bank of Baroda**

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcotemi Healthcare Limited))

**SUGGESTIVE LIST OF MEDICAL TESTS**

FOR MALE	FOR FEMALE
CBC	CBC
ESR	ESR
Blood Group & RH Factor	Blood Group & RH Factor
Blood and Urine Sugar Fasting	Blood and Urine Sugar Fasting
Blood and Urine Sugar PP	Blood and Urine Sugar PP
Stool Routine	Stool Routine
<b>Lipid Profile</b>	<b>Lipid Profile</b>
Total Cholesterol	Total Cholesterol
HDL	HDL
LDL	LDL
VLDL	VLDL
Triglycerides	Triglycerides
HDL / LDL ratio	HDL / LDL ratio
<b>Liver Profile</b>	<b>Liver Profile</b>
AST	AST
ALT	ALT
GGT	GGT
Bilirubin (total, direct, indirect)	Bilirubin (total, direct, indirect)
ALP	ALP
Proteins (T, Albumin, Globulin)	Proteins (T, Albumin, Globulin)
<b>Kidney Profile</b>	<b>Kidney Profile</b>
Serum creatinine	Serum creatinine
Blood Urea Nitrogen	Blood Urea Nitrogen
Uric Acid	Uric Acid
HBA1C	HBA1C
Routine urine analysis	Routine urine analysis
USG Whole Abdomen	USG Whole Abdomen
<b>General Tests</b>	<b>General Tests</b>
X Ray Chest	X Ray Chest
ECG	ECG
2D/3D ECHO / TMT	2D/3D ECHO / TMT
Stress Test	Thyroid Profile (T3, T4, TSH)
PSA Male (above 40 years)	Mammography (above 40 years) and Pap Smear (above 30 years).
Thyroid Profile (T3, T4, TSH)	Dental Check-up consultation
Dental Check-up consultation	Physician Consultation
Physician Consultation	Eye Check-up consultation
Eye Check-up consultation	Skin/ENT consultation
Skin/ENT consultation	Gynaec Consultation



भारत सरकार

GOVERNMENT OF INDIA



निशा शर्मा

Nisha Sharma

जन्म तिथि/ DOB: 12/07/1977

महिला / FEMALE



7921 4160 2073

आधार-आम आदमी का अधिकार



भारतीय विशिष्ट पहचान प्राधिकरण  
UNIQUE IDENTIFICATION AUTHORITY OF INDIA

पता:

अर्धगिनी: जितेन्द्र कुमार,  
151 महेंद्रा एन्क्लेव, शास्त्री  
नगर, गाजियाबाद,  
गाजियाबाद,  
उत्तर प्रदेश - 201002

Address:

W/O: Jitendra Kumar, 151 mahendra  
enclave, shastri nagar, Ghaziabad,  
Ghaziabad,  
Uttar Pradesh - 201002

7921 4160 2073

Aadhaar-Aam Admi ka Adhikar



## TMT INVESTIGATION REPORT

Patient Name : Mrs. NISHA SHARMA	Location : Ghaziabad
Age/Sex : 45Year(s)/Female	Visit No : V0000000001-GHZB
MRN No : GHZB-0000175089	Order Date : 25/6/2022
Ref. Doctor : HCP	Report Date : 25/6/2022

**Protocol** : Bruce **MPHR** : 175BPM  
**Duration of exercise** : 5min 00sec **85% of MPHR** : 148BPM  
**Reason for termination** : THR achieved **Peak HR Achieved** : 152BPM  
**Blood Pressure (mmHg)** : Baseline BP : 130/62mmHg **% Target HR** : 86%  
Peak BP : 144/68mmHg **METS** : 7.0METS

STAGE	TIME (min)	H.R (bpm)	BP (mmHg)	SYMPTOMS	ECG CHANGES	ARRHYTHMIA
PRE- EXC.	0:00	87	130/62	Nil	No ST changes seen	Nil
STAGE 1	3:00	141	138/62	Nil	No ST changes seen	Nil
STAGE 2	2:00	152	144/68	Nil	No ST changes seen	Nil
RECOVERY	3:30	92	140/68	Nil	No ST changes seen	Nil

**COMMENTS:**

- No ST changes in base line ECG.
- No ST changes during exercise & recovery.
- Normal chronotropic response.
- Normal blood pressure response.
- Fair effort tolerance.

**IMPRESSION:**

Treadmill test is **negative** for exercise induced reversible myocardial ischemia.

**Dr. Bhupendra Singh**  
MD, DM (CARDIOLOGY), FACC  
Sr. Consultant Cardiology

**Dr. Abhishek Singh**  
MD, DNB (CARDIOLOGY), MNAMS  
Sr. Consultant Cardiology

**Dr. Sudhanshu Mishra**  
MD  
Cardiology Registrar

LABORATORY REPORT

Name	NISHA SHARMA	Age	44y 11m 14d	Gender	FEMALE
MRN	GHZB-0000175089	Visit No	V0000000001-GHZB		
Lab No	G000320817	Collected On	25/06/2022 10:29AM	Received On	25/06/2022 10:36AM
Referred By	Deepak Verma	Reported On	25/06/2022 11:26AM		

Test Name	Result	Criticality Factor	Biological Reference Interval	Test Method
GLUCOSE, FASTING (F) (Serum Fasting)	99 mg/dl		70 - 110 mg/dl	

\*\*\*\*\* END OF REPORT \*\*\*\*\*

Processed by :- SHAHID SAIFI

*Charu*  
Registration No: 42422  
**DR CHARU AGARWAL**  
CONSULTANT PATHOLOGIST  
Pathologist

Report Printed On: 27/6/2022 8:59AM

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## LABORATORY REPORT

Name	NISHA SHARMA	Age	44y 11m 14d	Gender	FEMALE
MRN	GHZB-0000175089	Visit No	V0000000001-GHZB		
Lab No	G000320833	Collected On	25/06/2022 11:45AM	Received On	25/06/2022 11:46AM
Referred By	Deepak Verma	Reported On	25/06/2022 3:04PM		

Test Name	Result	Criticality Factor	Biological Reference Interval
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### URINE EXAMINATION, ROUTINE (Urine)

#### PHYSICAL EXAMINATION

Colour	PALE YELLOW
Appearance	CLEAR
pH	5.0
Specific gravity	1.005

#### CHEMICAL EXAMINATION

Glucose	Nil
Protein	Absent
Ketone bodies	Absent
Urobilinogen	Absent

#### MICROSCOPIC EXAMINATION

Leukocytes	1-2 /HPF
Erythrocytes	NIL
Epithelial Cells	2-4 /HPF
Casts	NIL
Crystals	NIL
Others	NIL

\*\*\*\*\* END OF REPORT \*\*\*\*\*

Processed by :- KAPIL GAUR

*mct-39093*  
**DR ALKA DIXIT VATS**  
 CONSULTANT PATHOLOGIST  
 PATHOLOGIST

Report Printed On: 27/6/2022 8:59AM

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LABORATORY REPORT

Name	NISHA SHARMA	Age	44y 11m 14d	Gender	FEMALE
MRN	GHZB-0000175089	Visit No	V0000000001-GHZB		
Lab No	G000320818	Collected On	25/06/2022 10:29AM	Received On	25/06/2022 10:36AM
Referred By	Deepak Verma	Reported On	25/06/2022 4:02PM		

**Test Name**

**Result**

**Criticality  
Factor**

**Biological  
Reference Interval**

**BLOOD GROUP (A, B, O) AND RH FACTOR WITH REVERSE GROUPING (Whole Blood)**

BLOOD GROUPING

"O"

RH TYPING

POSITIVE

ESR (WESTERGREIN),AUTOMATED ERYTHROCYTE  
SEDIMENTATION RATE

**83 mm/1st hour**

0 - 20 mm/Hr

\*\*\*\*\* END OF REPORT \*\*\*\*\*

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*MCT-39093*  
**DR ALKA DIXIT VATS**  
CONSULTANT PATHOLOGIST  
PATHOLOGIST

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LABORATORY REPORT

Name	NISHA SHARMA	Age	44y 11m 14d	Gender	FEMALE
MRN	GHZB-0000175089	Visit No	V0000000001-GHZB		
Lab No	G000320818	Collected On	25/06/2022 10:29AM	Received On	25/06/2022 10:36AM
Referred By	Deepak Verma	Reported On	25/06/2022 11:27AM		

Test Name	Result	Criticality Factor	Biological Reference Interval
HEMOGLOBIN, HB	12.1 g/dl		12 - 16 gm/ dl
MEAN CORPUSCULAR HAEMOGLOBIN CONCENTRATION, MCHC	<b>32.8 g/dl</b>		33 - 36%
MEAN CORPUSCULAR HAEMOGLOBIN, MCH	28.9 pg		26 -34 pg
MEAN CORPUSCULAR VOLUME, MCV	88.1 fl		77 - 97 fl
PLATELET COUNT	191 x10 <sup>3</sup> cells/ Cumm		150x10 <sup>3</sup> - 400x10 <sup>3</sup> cells/cumm
RED BLOOD CELLS, RBC COUNT	4.19 million/cu mm		3.8 - 5.3 millions /cumm
RED CELL DISTRIBUTION WIDTH, RDW	14.3 %		11.5 - 14.5 %
LEUCOCYTE COUNT, TOTAL (TLC), AUTOMATED	7.64 x10 <sup>3</sup> cells/ Cumm		4x10 <sup>3</sup> - 11x10 <sup>3</sup> cells/cumm
HEMATOCRIT (HCT)	36.9 %		34 -45%
BASOPHILS	00 %		
EOSINOPHILS	03 %		
LYMPHOCYTES	42 %		2 -7 %
MONOCYTES	05 %		17 - 45 %
NEUTROPHILS	50 %		4 -13% 40 - 80%

\*\*\*\*\* END OF REPORT \*\*\*\*\*

Processed by :- SHAHID SAIFI

Registration No: 459422  
**DR CHARU AGARWAL**  
CONSULTANT PATHOLOGIST  
Pathologist

Report Printed On: 27/6/2022 8:59AM

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## LABORATORY REPORT

Name	NISHA SHARMA	Age	44y 11m 14d	Gender	FEMALE
MRN	GHZB-0000175089	Visit No	V0000000001-GHZB		
Lab No	G000320818	Collected On	25/06/2022 10:29AM	Received On	25/06/2022 10:36AM
Referred By	Deepak Verma	Reported On	25/06/2022 12:04PM		

Test Name	Result	Criticality Factor	Biological Reference Interval	Test Method
<b>KIDNEY FUNCTION TESTS (Serum)</b>				
UREA	23.0 mg/dl		15 - 40 mg/dl	
CREATININE, SERUM	0.84 mg/dl		0.7 - 1.2 mg/dl	
URIC ACID	5.8 mg/dl		4 - 8.5 mg/dl	
SODIUM, SERUM	138.6 mmol/L		136 - 144 mmol/ L	
POTASSIUM, SERUM	4.15 mmol/L		3.6 - 5.1 mmol/L	
CHLORIDE, SERUM	105.7 mmol/L		101 - 111 mmol/L	
<b>LIPID PROFILE (Serum)</b>				
CHOLESTEROL, TOTAL	195 mg/dl		Upto 200 mg/dl	
TRIGLYCERIDES, SERUM	125 mg/dl		Upto 150 mg/dl	
CHOLESTEROL, HDL, DIRECT	44 mg/dl		35 - 65 mg/dl	
CHOLESTEROL, LDL, DIRECT	<b>126 mg/dl</b>		0 -120 mg/dl	
Cholesterol, VLDL	25 mg/dl		0 - 35 mg/dl	
<b>LIVER FUNCTION TESTS (Serum)</b>				
BILIRUBIN, TOTAL	0.50 mg/dl		0.3 -1.2 mg/dl	
BILIRUBIN, DIRECT	0.09 mg/dl		0 - 0.3 mg/dl	
Report Printed On:	27/6/2022	8:59AM		

## LABORATORY REPORT

Name	NISHA SHARMA	Age	44y 11m 14d	Gender	FEMALE
MRN	GHZB-0000175089	Visit No	V0000000001-GHZB		
Lab No	G000320818	Collected On	25/06/2022 10:29AM	Received On	25/06/2022 10:36AM
Referred By	Deepak Verma	Reported On	25/06/2022 12:04PM		

Test Name	Result	Criticality Factor	Biological Reference Interval	Test Method
Indirect Bilirubin	<b>0.41</b>		0.1 - 0.3 mg/dl	
TOTAL PROTEIN, SERUM	7.0 g/dl		6.6 - 8.7 g/dl	
ALBUMIN, SERUM	4.23 g/dl			
A/G RATIO (ALBUMIN / GLOBULIN RATIO)	1.53		1:1 - 2.5:1	
GLOBULIN, SERUM	2.8			
SGPT	16 IU/L		14 - 54 IU/L	
SGOT	21 IU/L		0 - 40 IU/L	
GGTP, GGT, GAMMA GT, GAMMA GLUTAMYL TRANSPEPTIDASE	15 IU/L		7 - 50 U/L	
ALKALINE PHOSPHATASE, ALP	<b>111 IU/L</b>		32 - 91 IU/L	

\*\*\*\*\* END OF REPORT \*\*\*\*\*

Processed by :- KAPIL GAUR

*Charu*  
Registration No: 419422  
**DR CHARU AGARWAL**  
CONSULTANT PATHOLOGIST  
Pathologist

Report Printed On: 27/6/2022 8:59AM

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LABORATORY REPORT

Name	NISHA SHARMA	Age	44y 11m 14d	Gender	FEMALE
MRN	GHZB-0000175089	Visit No	V0000000001-GHZB		
Lab No	G000320877	Collected On	25/06/2022 2:53PM	Received On	25/06/2022 2:55PM
Referred By	Deepak Verma	Reported On	25/06/2022 6:01PM		

Test Name	Result	Criticality Factor	Biological Reference Interval	Test Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS (Serum Post Prandial)	131 mg/dl		80 -140 mg/dl	

\*\*\*\*\* END OF REPORT \*\*\*\*\*

Processed by :- KAPIL GAUR

*MCT-39093*  
**DR ALKA DIXIT VATS**  
CONSULTANT PATHOLOGIST  
PATHOLOGIST

Report Printed On: 27/6/2022 8:59AM

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HCMCT

## ManipalHospitals

LIFE'S ON



Name : MRS NISHA SHARMA G000320818 Age : 44 Yr(s) Sex :Female  
Registration No : MH010205044 RefHosp No. : ghzb-0000175089 Lab No : 32220608992  
Patient Episode : R03000039319 Collection Date : 25 Jun 2022 20:18  
Referred By : MANIPAL HOSPITALS GHAZIABAD Reporting Date : 26 Jun 2022 09:28  
Receiving Date : 25 Jun 2022 21:05

### BIOCHEMISTRY

THYROID PROFILE, Serum

			Non Pregnant Adult
T3 - Triiodothyronine (ECLIA)	1.40	ng/ml	[0.70-2.04]
T4 - Thyroxine (ECLIA)	8.55	micg/dl	[4.60-12.00]
Thyroid Stimulating Hormone (ECLIA)	3.400	µIU/mL	[0.340-4.250]
Pregnancy TSH:1st Trimester:	0.6 - 3.4	micIU/mL	
Pregnancy TSH:2nd Trimester:	0.37 - 3.6	micIU/mL	
Pregnancy TSH:3rd Trimester:	0.38 - 4.04	micIU/mL	

Note : TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm.Factors such as change of seasons hormonal fluctuations,Ca or Fe supplements,high fibre diet,stress and illness affect TSH results.

\* References ranges recommended by the American Thyroid Association

1) Thyroid. 2011 Oct;21(10):1081-125.PMID .21787128

2) <http://www.thyroid-info.com/articles/tsh-fluctuating.html>

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-----END OF REPORT-----

Dr. Lona Mohapatra  
CONSULTANT PATHOLOGY

Human Care Medical Charitable Trust

Adjoining MTNL Building, Main Road Sector 6, Dwarka, New Delhi - 110075.

Phone: +91 11 4967 4967 | [www.manipalhospitals.com](http://www.manipalhospitals.com) | [www.hcmct.in](http://www.hcmct.in)

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Managed by Manipal Hospitals Dwarka Pvt | td

## RADIOLOGY REPORT

Name	NISHA SHARMA	Modality	US
Patient ID	GHZB-0000175089	Accession No	1110565
Gender/Age	F / 44Y 11M 14D	Scan Date	25-06-2022 11:26:03
Ref. Phys	Dr. Deepak Verma	Report Date	25-06-2022 12:19:02

### USG ABDOMEN & PELVIS

#### FINDINGS

LIVER: appears normal in size (measures 145 mm) and shape but shows diffuse increase in liver echotexture, in keeping with diffuse grade II fatty infiltration. Rest normal.

SPLEEN: Spleen is normal in size (measures 74 mm), shape and echotexture. Rest normal.

PORTAL VEIN: Appears normal in size and measures 9.2 mm.

COMMON BILE DUCT: Appears normal in size and measures 4.1 mm.

IVC, HEPATIC VEINS: Normal.

BILIARY SYSTEM: Normal.

GALL BLADDER: Gall bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

PANCREAS: Pancreas is normal in size, shape and echotexture. Rest normal.

KIDNEYS: Bilateral kidneys are normal in size, shape and echotexture. Cortico-medullary differentiation is maintained. Rest normal.

Right Kidney: measures 89 x 38 mm.

Left Kidney: measures 100 x 34 mm.

PELVI-CALYCEAL SYSTEMS: Compact.

NODES: Not enlarged.

FLUID: Nil significant.

URINARY BLADDER: Urinary bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

UTERUS: Uterus is anteverted, normal in size (measures 85 x 56 x 40 mm) and shape but shows coarse myometrial echotexture. Endometrial thickness measures 4.5 mm. Cervix appears normal.

OVARIES: Both ovaries are normal in size, shape and echotexture. Rest normal.

Right ovary measures 23 x 22 x 14 mm with volume 3.8 cc.

Left ovary measures 24 x 22 x 21 mm with volume 5.9 cc.

BOWEL: Visualized bowel loops appear normal.

#### IMPRESSION

-Diffuse grade II fatty infiltration in liver.

-Coarse myometrial echotexture of uterus.

Recommend clinical correlation.



## RADIOLOGY REPORT

<b>Name</b>	NISHA SHARMA	<b>Modality</b>	US
<b>Patient ID</b>	GHZB-0000175089	<b>Accession No</b>	1110565
<b>Gender/Age</b>	F / 44Y 11M 14D	<b>Scan Date</b>	25-06-2022 11:26:03
<b>Ref. Phys</b>	Dr. Deepak Verma	<b>Report Date</b>	25-06-2022 12:19:02

Dr. Monica Shekhawat, MBBS, DNB,  
Consultant Radiologist, Reg No MCI 11 10887

## RADIOLOGY REPORT

Name	NISHA SHARMA	Modality	DX
Patient ID	GHZB-0000175089	Accession No	1110566
Gender/Age	F / 44Y 11M 14D	Scan Date	25-06-2022 10:50:12
Ref. Phys	Dr. Deepak Verma	Report Date	25-06-2022 16:00:55

## XR- CHEST PA VIEW

## FINDINGS:

LUNGS: Normal.  
 TRACHEA: Normal.  
 CARINA: Normal.  
 RIGHT AND LEFT MAIN BRONCHI: Normal.  
 PLEURA: Normal.  
 HEART: Normal.  
 RIGHT HEART BORDER: Normal.  
 LEFT HEART BORDER: Normal.  
 PULMONARY BAY: Normal.  
 PULMONARY HILA: Normal.  
 AORTA: Normal.  
 THORACIC SPINE: Normal.  
 OTHER VISUALIZED BONES: Normal.  
 VISUALIZED SOFT TISSUES: Normal.  
 DIAPHRAGM: Normal.  
 VISUALIZED ABDOMEN: Normal.  
 VISUALIZED NECK: Normal.

## IMPRESSION:

**No significant abnormality noted.**  
 Recommend clinical correlation.



Dr. Monica Shekhawat, MBBS, DNB,  
 Consultant Radiologist, Reg No MCI 11 10887