

Name : Mrs. NIVEDITA ROY (48 /F)

Date : 25/02/2023

Address : WADALA SHIVAR, NASHIK, NASHIK, MAHARASHTRA, INDIA

Examined by:

UHID : MHN1.0000009785

Package : MediWheel Full Body Health Checkup Female Above 40 Package

AHC No : NSKAH32498



CHIEF COMPLAINTS

For corporate health checkup
No specific complaints

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Thyroid disorder, Heart
disease, Stroke, Asthma,
COPD, Cancer
Hypertension Since - 4 yrs; Medication -
regular; - Teb-Telma-40 mg



DRUG ALLERGY

NO KNOWN ALLERGY :25/02/2023



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant



Past medical history

Do you have any - No
allergies?
Do you have any drug - No
allergies?
Past medical history - nil significant
Covid 19 - No



Surgical history

Lower segment - done
caesarean section



Personal history

Marital status - Married
No. of children - 01
Diet - Mixed Diet
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No

Physical activity - Active



Family history

Hypertension - mother
Coronary artery - none
disease
Cancer - None

PHYSICAL EXAMINATION



General

General appearance - normal
Build - normal
Height - 150
Weight - 63
BMI - 28
Pallor - No
Oedema - no



Cardiovascular system

Heart rate (Per minute) - 65
Rhythm - Regular
- B.P. Supine
Systolic(mm of Hg) - 160
Diastolic(mm of Hg) - 90
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath
sounds



Abdomen

Organomegaly - No
Tenderness - No

Printed By : Shweta Sharad Shardul

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URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Specific Gravity	1.005 *		●	1.016-1.026
Color,:	Pale Yellow			
Transparency:	Clear			
Reaction:	Acidic			7.2-7.8
Protein :	Negative			
Sugar:	Negative			
pH	5.5		●	4.6-8
Blood:	Negative			
Ketone	Negative			
Bile Pigments:	Negative			
Bile Salts :	Negative			
Urobilinogen	Normal			
Nitrite	Negative			
RBC	00	/hpf	●	0-2
WBC/Pus Cells	1-2	/hpf		
Tc/Sqc(Transitional/Squamous epithelial cells)	2-3	/hpf		

Monocytes	07	%	●	1-10
Basophils	00	%	●	0-1
ERYTHROCYTE SEDIMENTATION RATE (ESR)	16	mm/1st hr	●	0-20
RBC,:				Normocytic normochromic
WBC:-				borderline low count
platelets.:				adequate

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM / PLASMA	28 *	U/L	●	30-65
ALBUMIN - SERUM	4.2	g/dL	●	3.5-5
GLOBULIN - SERUM: (Calculated)	1.9	g/dL	●	1.8-3.6
ALBUMIN:GLOBULIN - SERUM(RATIO) (Calculated)	1.4		●	1.1-1.8
ALKALINE PHOSPHATASE - SERUM/PLASMA	66	U/L	●	0-100
AST (SGOT) - SERUM	19	U/L	●	15-37
BILIRUBIN, TOTAL - SERUM	0.8	mg/dL	●	0.0-1.0

C B C WITH ESR (AUTOMATION + STANDARD METHOD)

Test Name	Result	Unit	Level	Range
Hemoglobin	11.9	g/dl	●	11.0-16.0
Haematocrit	34.5	%	●	34.0-48.0
RBC COUNT	4.14	Million/ul	●	3.7-5.6
MCV	83.3	fl	●	75.0-95.0
MCH	28.7	pg	●	26.0-32.0
MCHC	34.4	g/dl	●	31.0-36.0
RDW	14.6	%	●	11-16
Platelet Count(Optical/Impedance)	162	10 ⁹ /m ³	●	140-440
TLC Count	3.3 *	10 ⁹ /m ³	●	4.0-11.0
Neutrophils	66	%	●	40-75
Lymphocytes	25	%	●	20-45
Eosinophils	02	%	●	1-6

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	140	mg/dL	●	0-200

CREATININE - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	0.6	mg/dL	●	0.6-1.0

● Within Normal Range
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 ● Out of Range

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LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	16	U/L	●	0-50

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	89	mg/dL	●	70-100
URINE GLUCOSE(FASTING): (Strip Method)	Nil			

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (POST PRANDIAL)	87	mg/dL	●	70-140

GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	5.4	%	●	0.0-6.0
Mean Plasma Glucose (MPG) Estimate:	114.94	mg/dL		

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM / PLASMA	54	mg/dL	●	40-60
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	2.6		●	0.0-4.5
LDL Cholesterol (Direct LDL)	104	mg/dL		

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN, TOTAL - SERUM / PLASMA	7.6	g/dL	●	6.4-8.2
PROTEIN, TOTAL - SERUM / PLASMA	7.6	g/dL	●	6.4-8.2

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	153	ng/dL	●	Healthy Adults: 69 - 215 Pregnant Women: 1st Trimester:121- 308 2nd & 3rd Trimesters:152- 362
TOTAL T4: THYROXINE - SERUM	8.9	µg/dL	●	Healthy Adults: 5.2 - 12.7 Pregnancy:1stT rimester:7.8 - 16.2 2nd & 3rd Trimesters: 9.1 - 18.3

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	39	mg/dL	●	0-150

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	3.7	uIU/mL	●	Euthyroid: 0.3 - 4.5 Hypothyroid: 7.1 - >75.0 Pregnancy(All Trimesters):0.2 -3.5

UREA - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
UREA - SERUM / PLASMA	19	mg/dL	●	15-38
UREA NITROGEN SERUM/PLASMA: (Calculated)	9	mg/dL	●	7-18

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	3.7	mg/dL	●	2.6-6.0

● Within Normal Range ● Borderline High/Low ● Out of Range

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dL	●	0.0-0.3
BILIRUBIN UNCONJUGATED - SERUM(Calculated)	0.6	mg/dL	●	0.0-0.7

CARDIAC STRESS TEST - (TMT)

ECG

MAMMOGRAPHY

1) No significant abnormality is seen on this mammography and sonomammography.

Sonommamo reveals :

- 1. Ductal ectasia in right breast.
- 2. Bilateral breast lipomas.

BIRADS - 2 (benign).

Suggested follow up mammogram after one year for routine screening purpose.

ULTRASOUND - WHOLE ABDOMEN

No significant abnormality is detected.

X-RAY CHEST PA

No significant abnormality is detected.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

Histopathology

CERVICAL/VAGINAL SMEAR II SLIDE

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AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

AICVD RISK SCORE REPORT

RISK STATUS

Moderate Risk

YOUR SCORE

5

ACCEPTABLE SCORE

5

Your likelihood of developing cardiovascular disease in the next ten years is 1.3 times higher than the people of your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**
- **It is recommended that you visit your physician every 6 months** if you have:
 - o Uncontrolled high blood pressure, Diabetes, Dyslipidemia, Coronary heart disease

DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515