

S. NO.

Date: 28/08/21

PRE-EMPLOYMENT HEALTH CHECK UP FITNESS

Name - *Nidhi*

Age- *24*

Gender- *Female*

Department:

Dr. Name:

PHYSICAL EXAMINATION:

SPO2:

B.P: *100/70*

Pulse: *80*

Weight: *77.9*

Height: *162*

Blood Sugar:

FINDINGS:

Vision \bar{c} glasse $\left\{ \begin{array}{l} 6/12 \\ 6/9 \end{array} \right.$ - *R* Refresh tears
 up 000
 X 1 month

AR $\left\{ \begin{array}{l} -3.50 / -0.75 \times 180^\circ \\ \end{array} \right.$ *6/6P*

Ref $\left\{ \begin{array}{l} -3.25 / -0.50 \times 180^\circ \\ \end{array} \right.$ *6/6P*

adv glasses for constant use.
Ravi Mann



SIGNATURE
 RAM
 HRY

DEPARTMENT OF PATHOLOGY

Patient Name : Mrs. NIDHI GARG	Collection Dt.&Tm. : 28/08/2021	05:30:14 PM
MR No : 16008	Uploading Dt.&Tm. : 29/08/2021	1.04.29 AM
Age/Sex : 24 Years 8 Months 14 Days / Female	Printing Dt.&Tm. : 29/08/2021	4.44.59 PM
Type : OPD	Sample ID : 29489	
TPA/Corporate :	Bill/Req. No. : 21072979	
IP No. :	Ref Doctor : Dr.R.M.O	
Current Bed no. :		

COMPLETE HAEMOGRAM

Test	Result	Reference Range	Units
HAEMOGLOBIN	10.4 L	11.5 - 16.5	gms/dL
TOTAL LEUCOCYTE COUNT	9800	4000 - 11000	/ μ L
DIFFERENTIAL COUNT			
NEUTROPHILS	58	50.0 - 80.0	%
LYMPHOCYTES	32	20.0 - 40.0	%
MONOCYTES	05	2.0 - 10.0	%
EOSINOPHILS	05	0.0 - 5.0	%
BASOPHILS	00	0.0 - 2.0	%
RED BLOOD CELL COUNT	4.99	3.5 - 5.5	millions/ μ L
PACKED CELL VOLUME	33.7 L	35.0 - 50.0	%
MEAN CORPUSCULAR VOLUME	67.6 L	75 - 95	fL
MEAN CORPUSCULAR HAEMOGLOBIN	20.8 L	27 - 31	Picogrames
MEAN CORPUSCULAR HB CONC	30.9 L	33 - 37	%
PLATELET COUNT	249	150 - 450	THOUSAND/ CUMM

***** END OF THE REPORT *****

Dr. PRADIP KUMAR
MICROBIOLOGIST

Dr. ARTI NIGAM
MBBS, MD (PATHOLOGY)
CONSULTANT PATHOLOGIST

Lab Technician: AJIT1513

Page 1 of 1

H-Block, Palam Vihar, Gurugram, Haryana - 122017 | Ph.: 0124-4777000, Mobile No.: 9891424242, 7533033001

(This is only professional opinion and not the diagnosis, Please correlate clinically)

DEPARTMENT OF PATHOLOGY

Patient Name	: Mrs. NIDHI GARG	Collection Dt.&Tm.	: 28/08/2021	05:30:14 PM
MR No	: 16008	Uploading Dt.&Tm.	: 29/08/2021	1.04.37 AM
Age/Sex	: 24 Years 8 Months 14 Days / Female	Printing Dt.&Tm.	: 29/08/2021	4.46.28 PM
Type	: OPD	Sample ID	: 29489	
TPA/Corporate	:	Bill/Req. No.	: 21072979	
IP No.	:	Ref Doctor	: Dr.R.M.O	
Current Bed no.	:			

ESR

Test	Result	Reference Range	Units
E.S.R.	35 <i>H</i>	0 - 15	mm at the end of 1st hr

***** END OF THE REPORT *****

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DEPARTMENT OF PATHOLOGY

Patient Name	: Mrs. NIDHI GARG	Collection Dt.&Tm.	: 28/08/2021	05:30:14 PM
MR No	: 16008	Uploading Dt.&Tm.	: 29/08/2021	12.58.23 AM
Age/Sex	: 24 Years 8 Months 14 Days / Female	Printing Dt.&Tm.	: 29/08/2021	4.46.39 PM
Type	: OPD	Sample ID	: 29489	
TPA/Corporate	:	Bill/Req. No.	: 21072979	
IP No.	:	Ref Doctor	: Dr.R.M.O	
Current Bed no.	:			

BLOOD SUGAR P.P

Test	Result	Reference Range	Units
FASTING PP			
PLASMA GLUCOSE FASTING	150.9 <i>H</i>	60 - 100	mg/dl

*Results of these tests should always be interpreted in conjunction with patients medical history, clinical presentation and other findings.

*Performed on fully Automated Dimension X-Pand plus BioChemistry Analyser.

*External Quality Control by Biorad Laboratory.

***** END OF THE REPORT *****

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Patient Name	: Mrs. NIDHI GARG	Collection Dt.&Tm.	: 28/08/2021	05:30:14 PM
MR No	: 16008	Uploading Dt.&Tm.	: 29/08/2021	12:58:05 AM
Age/Sex	: 24 Years 8 Months 14 Days / Female	Printing Dt.&Tm.	: 29/08/2021	4:46:48 PM
Type	: OPD	Sample ID	: 29489	
TPA/Corporate	:	Bill/Req. No.	: 21072979	
IP No.	:	Ref Doctor	: Dr.R.M.O	
Current Bed no.	:			

BLOOD SUGAR FASTING

Test	Result	Reference Range	Units
PLASMA GLUCOSE FASTING	80.2	60 - 100	mg/dl

***** END OF THE REPORT *****

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the **health** care providers

the **health** care providers

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Website : www.pathcareindia.com

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- Recognised by DSIR for 'in-house' R&D
- On Panel of : C.G.H.S, E.C.H.S (Army), BHEL, B.S.F., MMTC, GAIL

LABORATORY REPORT

PATIENT NAME : MRS. NIDHI GARG
REG No : 2021083368
UID No : 2311208
REF. BY Dr. : PARK METRO

AGE / SEX : 24 Years / F
REG.DATE/TIME : 28/08/2021
PRINT DATE : 30/08/2021
AREA : KPL DWARKA



BIOCHEMISTRY

<u>Investigation</u>	<u>Result</u>	<u>Unit</u>	<u>Biological Reference Interval</u>
HbA1c WHOLE BLOOD (HPLC)	5.60	%	4.8 - 5.9

CLINICAL EVALUATION:

RECOMMENDED DCCT NGSP GUIDELINES FOR HbA1C LEVELS :

Normal : 4.8 % - 5.9 %
Target for diabetics : < 7 %
Therapeutic action required : > 8 %

.....END OF REPORT.....



Dr.Sherry Khanna
DNB(Pathology)
Head-Lab

1. All reports are for interpretation by the treating doctor only and have to be viewed and correlated with clinical examination and other investigations. 2. All investigations have their limitation which is imposed by the limits to sensitivity and specificity of individual assay procedures as well as the quality of the specimen received by the laboratory. Isolated laboratory investigations never confirm the final diagnosis of the disease. 3. If the result (s) of tests are alarming or unexpected the doctor is advised to contact the lab immediately for needful and necessary action.

In case of any Complaint/Suggestion/Franchisee Enquiries, please email at info@pathcareindia.com
For 24 hour online booking for Home Collection Facility & For Online Test Report viewing, please visit www.pathcareindia.com

Customer Care No.
9312210524
9873835865

DEPARTMENT OF PATHOLOGY

Patient Name	: Mrs. NIDHI GARG	Collection Dt.&Tm.	: 28/08/2021	05:30:14 PM
MR No	: 16008	Uploading Dt.&Tm.	: 30/08/2021	9.39.10 AM
Age/Sex	: 24 Years 8 Months 14 Days / Female	Printing Dt.&Tm.	: 30/08/2021	9.39.15 AM
Type	: OPD	Sample ID	: 29489	
TPA/Corporate	:	Bill/Req. No.	: 21072979	
IP No.	:	Ref Doctor	: Dr.R.M.O	
Current Bed no.	:			

T3 T4 TSH

Test	Result	Reference Range	Units
TRI-IODOTHYRONINE (T3)	1.20	0.60 - 1.81	ng/ml
THYROXINE (T4)	9.5	5.01 - 12.45	µg/dL
THYROID STIMULATING HORMONE (TSH)	3.02	0.5-5.50	µIU/ml

Method : .

***** END OF THE REPORT *****



Dr. PRADIP KUMAR
MICROBIOLOGIST

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CONSULTANT PATHOLOGIST

Lab Technician:
HEERALAL1713

Page 1 of 1

H-Block, Palam Vihar, Gurugram, Haryana - 122017 | Ph.: 0124-4777000, Mobile No. : 9891424242, 7533033001
(This is only professional opinion and not the diagnosis, Please correlate clinically)

Patient Name	Mrs. NIDHI GARG	Collection Dt.&Tm.	: 28/08/2021	10.20 AM
Reg No	16008	Uploading Dt.&Tm.	: 28/08/2021	10.15 AM
Age/Sex	24 Years 8 Months 14Days / Female	Printing Dt.&Tm.	: 31/08/2021	11.58 AM
Ref. Doctor	Self	Req. No.	: 21072979	
Type	OPD	Consultant Doctor	: Dr. R.M.O	

CHEST PA

No parenchymal lung lesion seen.

Both domes of diaphragm are normal.

Both costophrenic angles are normal.

Both hila are normal.

Cardiac shape & size normal.

IMPRESSION : NORMAL STUDY.

PLEASE CORRELATE CLINICALLY.



Dr. Neena Sikka

H-Block, Palam Vihar, Gurugram, Haryana - 122017 | Ph.: 0124-4777000

MBBS, DNB Radio Diagnosis

HMC Regn. No. 17627



Dr. Rajbir Singh Chauhan

Sr. Consultant & Head Radiology

HMC Regn. No. 3527

(This is only professional opinion and not the diagnosis, Please correlate clinically)

by **PARK GROUP OF HOSPITALS** DEPARTMENT OF PATHOLOGY


Patient Name :	Mrs. NIDHI GARG	Collection Dt.&Tm. :	28/08/2021	05:30:14 PM
MR No :	16008	Uploading Dt.&Tm. :	29/08/2021	4.51.35 PM
Age/Sex :	24 Years 8 Months 14 Days / Female	Printing Dt.&Tm. :	31/08/2021	12.22.04 PM
Type :	OPD	Sample ID :	203047	
TPA/Corporate :		Bill/Req. No. :	21072979	
IP No. :		Ref Doctor :	Dr.R.M.O	
Current Bed no. :				

URINE ROUTINE MICROSCOPY

Test	Result	Reference Range	Units
PHYSICAL EXAMINATION			
VOLUME	35		ml
COLOUR	Pale Yellow	Pale Yellow	
APPEARANCE	Clear	Clear	
SPECIFIC GRAVITY	1.020		
CHEMICAL EXAMINATION			
REACTION	Acidic	Acidic	
PH	6.0		
BLOOD	NIL		
ALBUMIN	NIL	NIL	
GLUCOSE	NIL	NIL	
KETONES	NIL		
BILE SALT	NIL	NIL	
BILE PIGMENT	NIL	NIL	
UROBILINOGEN	NIL	NIL	
MICROSCOPIC EXAMINATION			
PUS CELL	2-4/hpf	2---3/HPF	
RED BLOOD CELLS	NIL	NIL	
EPITHELIAL CELLS	1-2/hpf	4—5/HPF	
CASTS	NIL	NIL	
CRYSTALS	NIL	NIL	

***** END OF THE REPORT *****

Dr. PRADIP KUMAR
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HEERALAL1713

Page 1 of 1



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Customer Care No.
9312210524
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DEPARTMENT OF PATHOLOGY


Patient Name	: Mrs. NIDHI GARG	Collection Dt.&Tm.	: 28/08/2021	05:30:14 PM
MR No	: 16008	Uploading Dt.&Tm.	: 29/08/2021	12.59.32 AM
Age/Sex	: 24 Years 8 Months 14 Days / Female	Printing Dt.&Tm.	: 29/08/2021	4.52.55 PM
Type	: OPD	Sample ID	: 29489	
TPA/Corporate	:	Bill/Req. No.	: 21072979	
IP No.	:	Ref Doctor	: Dr.R.M.O	
Current Bed no.	:			

LIPID PROFILE (TOTAL CHOLESTEROL LDL HDL TRIGLYCERIDES)

Test	Result	Reference Range	Units
LIPID PROFILE			
TOTAL CHOLESTEROL	143.5	0 - 200	mg/dL
SERUM TRIGLYCERIDES	142.3	60 - 165	mg/dl
HDL-CHOLESTEROL	42.1	30 - 70	mg/dl
LDL	72.94	50 - 135	mg/dl
VLDL CHOLESTEROL	28.46	6 - 32	mg/dL
TOTAL CHOLESTEROL/HDL RATIO	3.41	2.0 - 5.0	mg/dl
LDL CHOLESTEROL/HDL RATIO	1.73	1.0 - 3.0	mg/dL

***** END OF THE REPORT *****

Dr. PRADIP KUMAR
MICROBIOLOGIST



Dr. ARTI NIGAM
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Lab Technician: AJIT1513

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H-Block, Palam Vihar, Gurugram, Haryana - 122017 | Ph.: 0124-4777000, Mobile No. : 9891424242, 7533083001

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DEPARTMENT OF PATHOLOGY

Patient Name :	Mrs. NIDHI GARG	Collection Dt.&Tm. :	28/08/2021	05:30:14 PM
MR No :	16008	Uploading Dt.&Tm. :	30/08/2021	9.39.44 AM
Age/Sex :	24 Years 8 Months 14 Days / Female	Printing Dt.&Tm. :	30/08/2021	9.40.07 AM
Type :	OPD	Sample ID :	29489	
TPA/Corporate :		Bill/Req. No. :	21072979	
IP No. :		Ref Doctor :	Dr.R.M.O	
Current Bed no. :				

VITAMIN D,25-HYDROXY

Test	Result	Reference Range	Units
VITAMIN D(25-OH) LEVEL	6.87 L	10.0 - 100.0	ng/ml

*Severe deficiency <10 ng/ml
 Insufficiency 10-30 ng/ml
 *Sufficiency >30 ng/ml
 *Toxicity >100 ng/ml
 *Performed on fully automated Cobas e-411 Immunoassay analyser



***** END OF THE REPORT *****

Dr. PRADIP KUMAR
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DEPARTMENT OF PATHOLOGY

Patient Name	: Mrs. NIDHI GARG	Collection Dt.&Tm.	: 28/08/2021	05:30:14 PM
MR No	: 16008	Uploading Dt.&Tm.	: 29/08/2021	12.59.43 AM
Age/Sex	: 24 Years 8 Months 14 Days / Female	Printing Dt.&Tm.	: 29/08/2021	4.53.06 PM
Type	: OPD	Sample ID	: 29489	
TPA/Corporate	:	Bill/Req. No.	: 21072979	
IP No.	:	Ref Doctor	: Dr.R.M.O	
Current Bed no.	:			

SERUM URIC ACID

Test	Result	Reference Range	Units
SERUM URIC ACID	3.68	2.5 - 7	mg/dL

***** END OF THE REPORT *****

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DEPARTMENT OF PATHOLOGY

Patient Name :	Mrs. NIDHI GARG	Collection Dt.&Tm. :	28/08/2021	05:30:14 PM
MR No :	16008	Uploading Dt.&Tm. :	29/08/2021	1.00.20 AM
Age/Sex :	24 Years 8 Months 14 Days / Female	Printing Dt.&Tm. :	29/08/2021	4.53.17 PM
Type :	OPD	Sample ID :	29489	
TPA/Corporate :		Bill/Req. No. :	21072979	
IP No. :		Ref Doctor :	Dr.R.M.O	
Current Bed no. :				

LIVER FUNCTION TEST

Test	Result	Reference Range	Units
LFT			
TOTAL BILIRUBIN	0.78	0.2 - 1.2	mg/dL
DIRECT BILIRUBIN	0.37	0 - 0.4	mg/dL
INDIRECT BILIRUBIN	0.41	0.10 - 0.6	mg/dL
SGOT (AST)	25.2	0 - 45	U/L
SGPT (ALT)	41.4	0 - 45	U/L
ALKALINE PHOSPHATASE	80.8	30 - 170	IU/L
TOTAL PROTEINS	6.15 L	6.4 - 8.0	g/dL
ALBUMIN	3.96	3.3 - 5.5	g/dL
GLOBULIN	2.19 L	2.3 - 4.5	g/dL
A/G RATIO	1.81	0 - 16.5	pg/ml

***** END OF THE REPORT *****

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(This is only professional opinion and not the diagnosis, Please correlate clinically)

2 D Echocardiography Report

Name	Mrs. Nidhi Garg	IP/OP	IPD
Age/ Sex	24Years / Female	UHID	16008
Done By:	Dr. Madhur Jain	Date	28/08/2021

Impression:

1. No RWMA seen. LVEF~55-60%
2. All cardiac chamber dimensions are normal.
3. Mild MR
4. Mild TR.
5. Grade I LV diastolic dysfunction.
6. Normal Right Ventricular Systolic function.
7. No intra cardiac clot/mass/pericardial pathology.
8. IVC is normal in size with normal respiratory variations.



Dr. Madhur Jain
Senior Consultant & Head
Interventional Cardiology

Note: This is a professional opinion, not final diagnosis. Cardiac congenital lesions have not been ruled out. This modality is having its limitations and the report should be correlated with clinical and other relevant patient data. This report is not valid for medico-legal purpose.

Patient Name	Mrs. NIDHI GARG	Collection Dt.&Tm.	: 28/08/2021	10.20 AM
Reg No	16008	Uploading Dt.&Tm.	: 28/08/2021	10.15 AM
Age/Sex	24 Years 8 Months 14Days / Female	Printing Dt.&Tm.	: 28/08/2021	12.21 PM
Ref. Doctor	Self	Req. No.	: 21072979	
Type	OPD	Consultant Doctor	: Dr. R.M.O	

ULTRASOUND LOWER ABDOMEN

USG WHOLE ABDOMEN

Liver: Liver is normal in size and shows mildly increased echogenicity. No focal lesion seen. Intrahepatic biliary radicals are normal.

Gall Bladder: Gall bladder is distended. No calculus seen. Gall bladder shows normal wall thickness. CBD and Portal Vein are normal.

Pancreas: Pancreas is normal in size, shape and echotexture. No peri-pancreatic collection seen.

Spleen: Spleen is normal in size, shape and echotexture.

Kidneys: Both kidneys are normal in size, shape and site. Echotexture of sinus and cortex is normal. No pelvi-calyceal dilatation seen. No calculus/ mass lesion seen. Cortico-medullary differentiation maintained.

Urinary Bladder: Urinary bladder is distended and shows normal wall thickness. No calculus/ mass lesion seen.

Prostate: Prostate is normal in size and echotexture.

No free fluid is noted.

IMPRESSION:

- Fatty liver.
- Rest essentially normal.

ADV.: Clinical correlation.