



NABL & ISO 9001 : 2008 Certified  
Wellness . Diagnostics  
A Unit of Gian Life Care Limited



7/216 (6), Swaroop Nagar  
(In Front of L.L.R. Hospital), Kanpur  
Mob. : 8808051576  
E-mail : reportsgpx@gmail.com  
arunguptagpx@gmail.com

Gian Pathology and X-Ray

Pathology . Radiology

Gian Life Line - Health Checkup

|                    |                    |                   |                       |
|--------------------|--------------------|-------------------|-----------------------|
| Lab No.            | : 012210080033     | Reg No/BarcodeNo  | : 462624/01442021     |
| Patient Name       | : Mr..NDEEM AKHTAR | Reg. Date         | : 08/Oct/2022 09:09AM |
| Age/Sex            | : 33 Y / Male      | Sample Taken Date | : 08/Oct/2022 10:26AM |
| Client Code/Name   | : MEDIWHEEL FULL   | Report Date       | : 08/Oct/2022 11:45AM |
|                    | : BODY CHECKUP     |                   |                       |
| Referred By Doctor | : Dr. B O B        |                   |                       |

**Blood Sugar (Fasting)**

Blood Sugar Fasting 95 mg/dl 70 - 100  
Glucose Oxidase Peroxidase

Sample Type:Plasma

**Blood Sugar (PP)**

Blood Sugar PP (2 Hr.) 105 mg/dl 70-140  
Glucose Oxidase Peroxidase

Sample Type:Plasma

**GAMMA GT/GGT**

GAMMA GT / GGT 66 IU/l 15 - 73

\*Not in NABL Scope\*

Sample Type:Serum

**BUN / BLOOD UREA NITROGEN**

BLOOD UREA NITROGEN 10 mg/dl 8.4 - 21.0  
Urease

Sample Type:Serum

**CREATININE SERUM**

CREATININE, Serum 0.99 mg/dl 0.66 - 1.25  
Aminohydrolase

Sample Type:Serum

**URIC ACID**

URIC ACID, Serum 8.9 mg/dl 3.5 - 8.5  
Uricase Peroxidase

Sample Type:Serum



*Arun Kumar Gupta*

**Dr. Arun Kumar Gupta**  
M.D. Chief Pathologist  
(Reg No. 34930)



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**LFT/LIVER FUNCTION TESTS**

|                               |      |       |             |
|-------------------------------|------|-------|-------------|
| BILIRUBIN TOTAL               | 0.71 | mg/dl | 0.20 - 1.30 |
| Reflectance spectrophotometry |      |       |             |
| BILIRUBIN DIRECT              | 0.29 | mg/dl | 0.0 - 0.3   |
| Reflectance Spectrophotometry |      |       |             |
| BILIRUBIN INDIRECT            | 0.42 | mg/dl | 0.10 - 1.1  |
| Reflectance Spectrophotometry |      |       |             |
| SGOT /AST                     | 40   | U/L   | 15 - 46     |
| Multipoint Rate with P-5-P    |      |       |             |
| SGPT /ALT                     | 75   | U/L   | 0.0 - 55    |
| UV with P5P                   |      |       |             |
| Alk. Phosphatase, Serum       | 124  | U/L   | 38 - 126    |
| PNPP AMP BUFFER               |      |       |             |
| PROTEIN TOTAL                 | 7.9  | g/dl  | 6.4 - 8.3   |
| Biuret                        |      |       |             |
| ALBUMIN                       | 5.0  | g/dl  | 3.5 - 5.0   |
| BCP                           |      |       |             |
| GLOBULIN                      | 2.9  | g/dl  | 2.3 - 3.5   |
| Calculated                    |      |       |             |
| A/G RATIO                     | 1.72 | Ratio | 1.5 - 2.5   |
| Calculated                    |      |       |             |

Sample Type:Serum



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**Lipid Profile**

|  |       |       |   |
|--|-------|-------|---|
| CHOLESTEROL TOTAL<br>Cholesterol Oxidase | 220   | mg/dl | Desirable: <200<br>Boderline High: 200 – 239<br>High : ≥240                     |
| TRIGLYCERIDES<br>Lip/Gluceron Kinase     | 139   | mg/dl | Normal <150<br>Boderline High: 150 – 199<br>High : 200 – 499<br>Very High: ≥500 |
| HDL CHOLESTEROL<br>Non HDL Precopitation | 46    | mg/dl | 40 - 60   |
| LDL CHOLESTEROL<br>Calculated            | 146.2 | mg/dl | 70 - 130  |
| VLDL CALCULATED<br>Calculated            | 27.8  | mg/dl | 13 - 36   |
| CHOL/ HDL RATIO<br>Calculated            | 4.78  | Ratio | Less than 4.0   |
| LDL / HDL RATIO                          | 3.18  |       |   |

**Ratio of LDL to HDL**

| Risk                       | Men | Women |
|----------------------------|-----|-------|
| Very low (1/2 average)     | 1   | 1.5   |
| Average risk               | 3.6 | 3.2   |
| Moderate risk (2x average) | 6.3 | 5.0   |
| High risk (3x risk)        | 8   | 6.1   |

**HDL** levels have an inverse relationship with coronary heart disease. The ability of **HDL** to predict the development of coronary atherosclerosis has been estimated to be four times greater than **LDL** and eight times greater than **TC**. Treatment is recommended for those with a **HDL** level below 40 mg/dL. An **HDL** of 60 mg/dL is considered protection against heart disease.

**Preparation:**

Blood should be collected after a 12-hour fast (no food or drink, except water). For the most accurate results, wait at least 2 months after a heart attack, surgery, infection, injury or pregnancy to check Lipid Profile.

**Sample Type:Serum**



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**BUN/CREATININE RATIO**

|                                      |       |       |             |
|--------------------------------------|-------|-------|-------------|
| BLOOD UREA NITROGEN<br>Urease        | 10    | mg/dl | 8.4 - 21.0  |
| CREATININE, Serum<br>Aminohydrolaase | 0.99  | mg/dl | 0.66 - 1.25 |
| Ratio                                | 10.10 |       |             |

Sample Type:Serum



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MEDIWHEEL MALE BELOW 40

**URINE SUGAR (F)**

URINE SUGAR (F) NIL

(\*Not in NABL Scope\*)



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**URINE ROUTINE EXAMINATION**

**Method -Dipstick And Microscopy**

**PHYSICAL EXAMINATION**

|  |            |             |
|--|------------|-------------|
| COLOUR                                   | COLOURLESS |             |
| SPECIFIC GRAVITY (Based on pka change)   | 1.010      | 1.001-1.030 |
| pH ( methylred/Bromothymol blue method ) | <b>6.0</b> | 7.50 - 8.0  |
| TURBIDITY                                | ABSENT     |             |
| Deposit (UR)                             | ABSENT     |             |

**Chemical**

|   |          |          |
|---|----------|----------|
| PROTEIN<br>Dipstick/Tetra bromophenol blue/ Heat & Acid Test method). | NIL      | Nil      |
| GLUCOSE (Oxidase Peroxidase method)                                   | NIL      | Nil      |
| KETONE (Nitroprusside Method)   | NEGATIVE | Nil      |
| BILL PIGMENT (Diazo Method)   | NEGATIVE | Negative |
| UROBILINOGEN (Ehrlich reaction)                                       | NEGATIVE | Normal   |
| Nitrite (Based on presence of bacteria )                              | NEGATIVE | Negative |
| Leucocyte Esterase (Esterase Diazonium Method)                        | NEGATIVE | Negative |

**After Centrifugation at 2500 R.P.M. For 5 Minutes**

**MICROSCOPIC EXAMINATION**

|                                  |     |         |               |
|----------------------------------|-----|---------|---------------|
| RBC (Microscopic)                | NIL | / HPF   |               |
| PUS CELLS (Microscopic)          | 0-1 | Per HPF | 0 - 5 WBC/hpf |
| EPITHELIAL CELLS (Microscopic)   | NIL | /hpf    | Nil           |
| CASTS (Microscopic)              | NIL | Per LPF | 0-0           |
| CRYSTALS (Microscopic)           | NIL |         |               |
| Amorphous Material (Microscopic) | Nil | Per HPF | Nil           |
| BACTERIA (Microscopic)           | NIL | Per HPF | 0-0           |

**URINE SUGAR (PP)**

URINE SUGAR (PP) NIL

(\*Not in NABL Scope\*)



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**MEDIWHEEL MALE BELOW 40**

**CBC / COMPLETE BLOOD COUNT**

|  |             |                     |   |
|--|-------------|---------------------|---|
| HEMOGLOBIN (Hb)<br>Photometry Cyanide Free   | 15.8        | g/dl                | 13.5-17.5                                       |
| TLC<br>Impedence                             | 6800        | /cumm               | 4000-11000                                      |
| <b><u>DLC (%)</u></b>                        |             |                     |   |
| NEUTROPHIL<br>DHSS/Microscopic               | 48          | %                   | 40-80   |
| LYMPHOCYTE<br>DHSS/Microscopic               | 42          | %                   | 24-44   |
| EOSINOPHIL<br>DHSS/Microscopic               | 3           | %                   | 01-06   |
| MONOCYTE<br>DHSS/Microscopic                 | 7           | %                   | 3-6   |
| Platelet<br>Impedance/Microscopic            | 148         | 10 <sup>3</sup> /μL | 140 - 440                                       |
| RBC COUNT<br>Impedance                       | 5.3         | 10 <sup>6</sup> /μL | 4.5 - 5.5                                       |
| PCV (HCT)<br>Numeric Integration             | 49.4        | %                   | 41-53   |
| MCV<br>Calculated                            | <b>92.9</b> | fL                  | 83-91   |
| MCH<br>Calculated                            | 29.8        | pg                  | 26-34   |
| MCHC<br>Calculated                           | 32.1        | g/dL                | 31-37   |
| RDW-CV<br>Calculated                         | 12.8        | %                   | 11.6 - 14.0                                     |
| MPV  | 11.9        | fL                  | 8 - 12  |
| ABSOLUTE NEUTROPHIL COUNT<br>DHSS/Calculated | 3.3         | 10 <sup>3</sup> /μL | 2.00-7.00                                       |
| ABSOLUTE LYMPHOCYTE COUNT<br>DHSS/Calculated | 2.8         | 10 <sup>3</sup> /μL | 1.0-3.0   |
| ABSOLUTE MONOCYTE COUNT<br>DHSS/Calculated   | 0.5         | 10 <sup>3</sup> /μL | 0.0.20-1.0                                      |
| ABSOLUTE EOSINOPHIL COUNT<br>DHSS/Calculated | 0.2         | 10 <sup>3</sup> /μL | 0.02 - 0.50                                     |
| N/L Ratio                                    | 1.18        | Ratio               | Normal:1-3,Mildly High: 4-6,Moderately High:7-9 |



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Sample Type Whole Blood EDTA

Severly High: >9.0

**ESR WESTERGREN (Automated)**

|                             |   |    |        |
|-----------------------------|---|----|--------|
| ESR WESTERGREN ( Automated) | 8 | mm | 0 - 14 |
| WESTERGREN                  |   |    |        |

**\*Not in NABL Scope\***

Sample Type:EDTA Blood

**ABO Rh / BLOOD GROUP Tube Agglutination (FORWARD & REVERSE Method)**

**BLOOD GROUP / ABO-RH**

|                   |          |
|-------------------|----------|
| ABO               | AB       |
| Reverse & Forward |          |
| Rh                | POSITIVE |
| Reverse & Forward |          |

Sample Type:EDTA Blood



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**HbA1C/GLYCATED HEMOGLOBIN/GHB**

HBA1C/GLYCATED HEMOGLOBIN 5.6 %  
Average of Glucose Level 114 mg/dl

Test is done by HPLC method (Gold Standard) D-10 Analyzer.

Expected Values :-

| Test  | Normal Range    |              |
|-------|-----------------|--------------|
| HbA1c | Non Diabetic:   | 4.0% - 6.0%  |
|       | Good Control:   | 6.1% - 8.0%  |
|       | Poor Control:   | 8.1% - 9.0 % |
|       | Unsatisfactory: | > 9 %        |

To convert an A1c to the new average mean blood glucose, use this formula:  
eAG(mg/dl) = (28.7 X HbA1c) - 46.7

**\*Not in NABL Scope\***

Sample Type:EDTA Blood



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**MEDIWHEEL MALE BELOW 40**

**T3 / TRIDOTHYRONINE TOTAL**

T3 TOTAL 1.21 ng/mL 0.35 - 1.93  
CLIA

Increased levels are seen in hyperthyroidism and decreased levels are seen in hypothyroidism.

Sample Type:Serum

**T4 / THYROXIN TOTAL**

T4 TOTAL 8.31 µg/dl 4.50 - 10.9  
CLIA

Increased levels are seen in graves disease cancer of thyroid as symptoms of hyperthyroidism.Low levels are seen in hypothyroidism whose symptoms are myoxyedema hashmito disease and pituitary disorders

**TSH (Thyroid Stimulating Hormone)**

TSH (ECLIA) 1.76 µIU/ml 0.35 - 5.50  
CLIA

NOTE:

Guidelines for interpretation of abnormal thyroid function test.

| TSH  | T4/FT4        | T3/FT3             | Interpretation                          |
|------|---------------|--------------------|---|
| High | Normal Normal | Mild(subclinical)  | Hypothyroidism.                         |
| High | Low           | Low/Normal         | Hypothyroidism                          |
| Low  | Normal Normal | Mild (subclinical) | Hyperthyroidism.                        |
| Low  | High/Normal   | High/Normal        | Hyperthyroidism                         |
| Low  | Low/Normal    | Low/Normal         | Rare pituitary(secondary)Hypothyroidism |

Sample Type:Serum



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MEDIWHEEL MALE BELOW 40

X RAY CHEST PA VIEW

DIAPHRAGMS ARE NORMAL.

COSTOPHRENIC ANGLES ARE CLEAR.

CARDIAC SHADOW IS NORMAL.

HILAR SHADOWS ARE HEAVY.

ACCENTUATED MARKINGS SEEN.

NO PARENCHYMAL LESION IS NOTED.

ACTIVE DISEASE OF LUNGS OR PLEURA IS NOT INDICATED.

**DR. S. KHURANA**  
**M.B.B.S.,D.M.R.E.**

\*\*\* End Of Report \*\*\*





7/216 (6), SWAROOP NAGAR (IN FORN OF L.L.R. HOSPITAL) KANPUR

95 (462624) / NADEEM AKHTAR SHEKH / 33 Yrs / M / 0 Cms / 0 Kg Date: 08-Oct-2022 Refd By : BANK OF BARODA

| Stage         | Time  | Duration | Belt Speed (mph) | Elevation | METs | Rate | BP     | RPP | PVC | Comments |
|---------------|-------|----------|------------------|-----------|------|------|--------|-----|-----|----------|
| Supine        | 00:35 | 0:01     | 00.0             | 00.0      | 01.0 | 105  | 134/82 | 140 | 00  |          |
| Standing      | 01:04 | 0:01     | 00.0             | 00.0      | 01.0 | 103  | 134/82 | 138 | 00  |          |
| HV            | 01:12 | 0:01     | 00.0             | 00.0      | 01.0 | 105  | 134/82 | 140 | 00  |          |
| ExStart       | 01:23 | 0:01     | 00.0             | 00.0      | 01.0 | 105  | 134/82 | 140 | 00  |          |
| BRUCE Stage 1 | 04:23 | 3:00     | 01.7             | 10.0      | 04.7 | 135  | 144/86 | 194 | 00  |          |
| PeakEx        | 07:21 | 3:00     | 02.5             | 12.0      | 07.1 | 167  | 154/90 | 257 | 00  |          |
| Recovery      | 08:20 | 1:00     | 00.0             | 00.0      | 01.0 | 170  | 150/88 | 255 | 00  |          |
| Recovery      | 09:20 | 2:00     | 00.0             | 00.0      | 01.0 | 134  | 144/86 | 192 | 00  |          |
| Recovery      | 10:32 | 3:11     | 00.0             | 00.0      | 01.0 | 128  | 140/84 | 179 | 00  |          |

**Findings :**

Exercise Time : 05:59  
 Max HR Attained : 170 bpm 91% of Target 187  
 Max BP Attained : 154/90  
 Max WorkLoad Attained : 7.1 Fair response to induced stress  
 Max ST Dep Lead & Value : III & -1.5 mm  
 Duke Treadmill Score : 09.7  
 Test Objective : For Testing  
 History : Nil  
 Test End Reasons : Fatigue

Doctor : DR. KUSH KUMAR TYAGI D.M.





**Report :**

Sample Name: Stress Test Graded Exercise Treadmill  
Description: .

INDICATIONS: R/O CAD.

PROCEDURE DONE: Graded exercise treadmill stress test.

STRESS ECG RESULTS:

FAIR EXERCISE TOLERANCE, ADEQUATE B.P. RESPONSE, THR 91% ACHIEVED,  
NO CHEST PAIN / DYSPNOEA, NO SIGNIFICANT ST-T CHANGES DURING EXERCISE  
AND RECOVERY. NO ARRHYTHAEMIA.

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TEST IS NEGATIVE FOR STRESS INDUCED REVERSIBLE MYOCARDIAL ISCHEMIA.

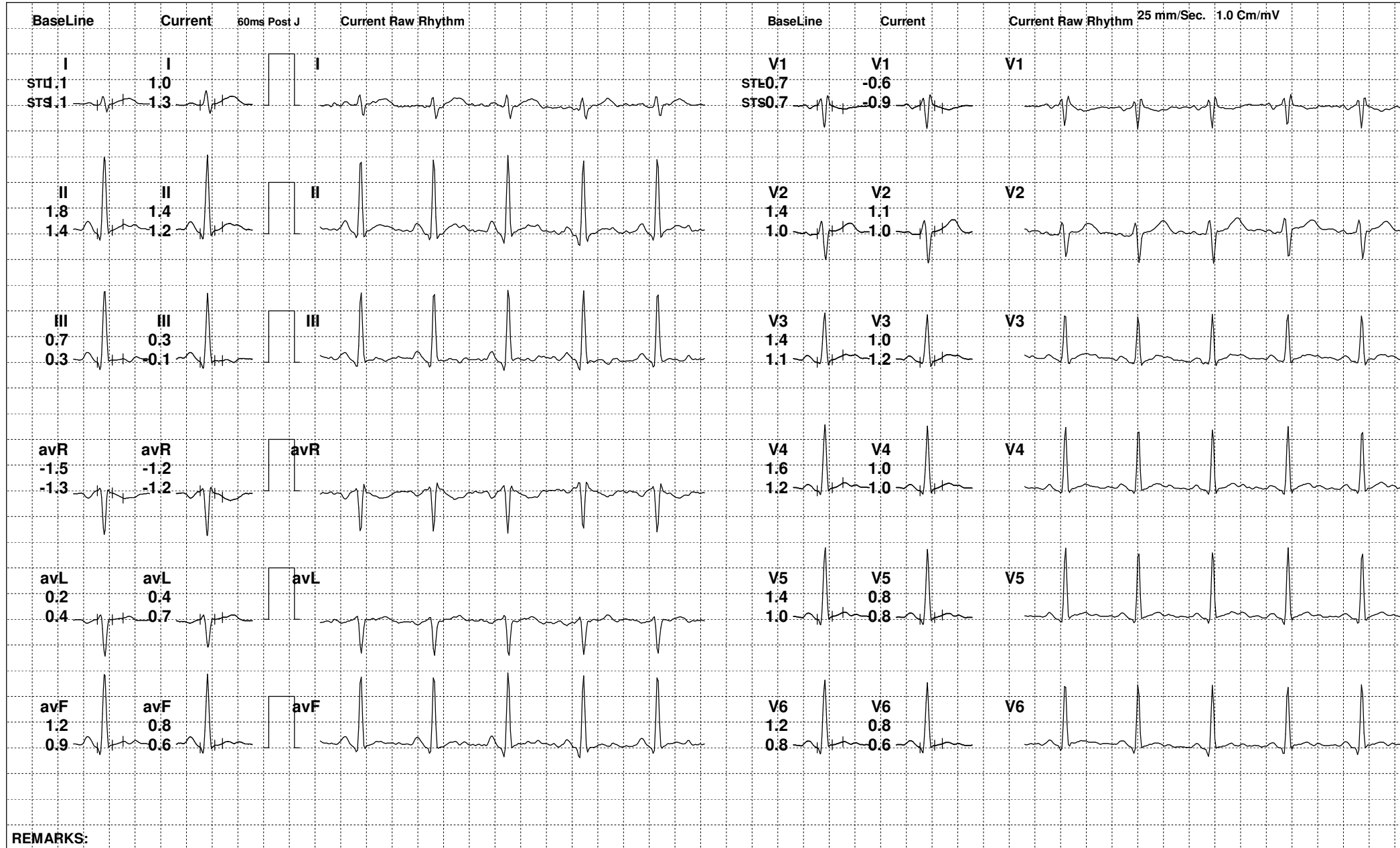
**Doctor : DR. KUSH KUMAR TYAGI D.M.**



95 (462624) / NADEEM AKHTAR SHEKH / 33 Yrs / M

Date: 08-Oct-2022 12:58:42 PM METS: 1.0/ 105 bpm 56% of THR BP: 134/82 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 00:33 0.0 mph, 0.0%



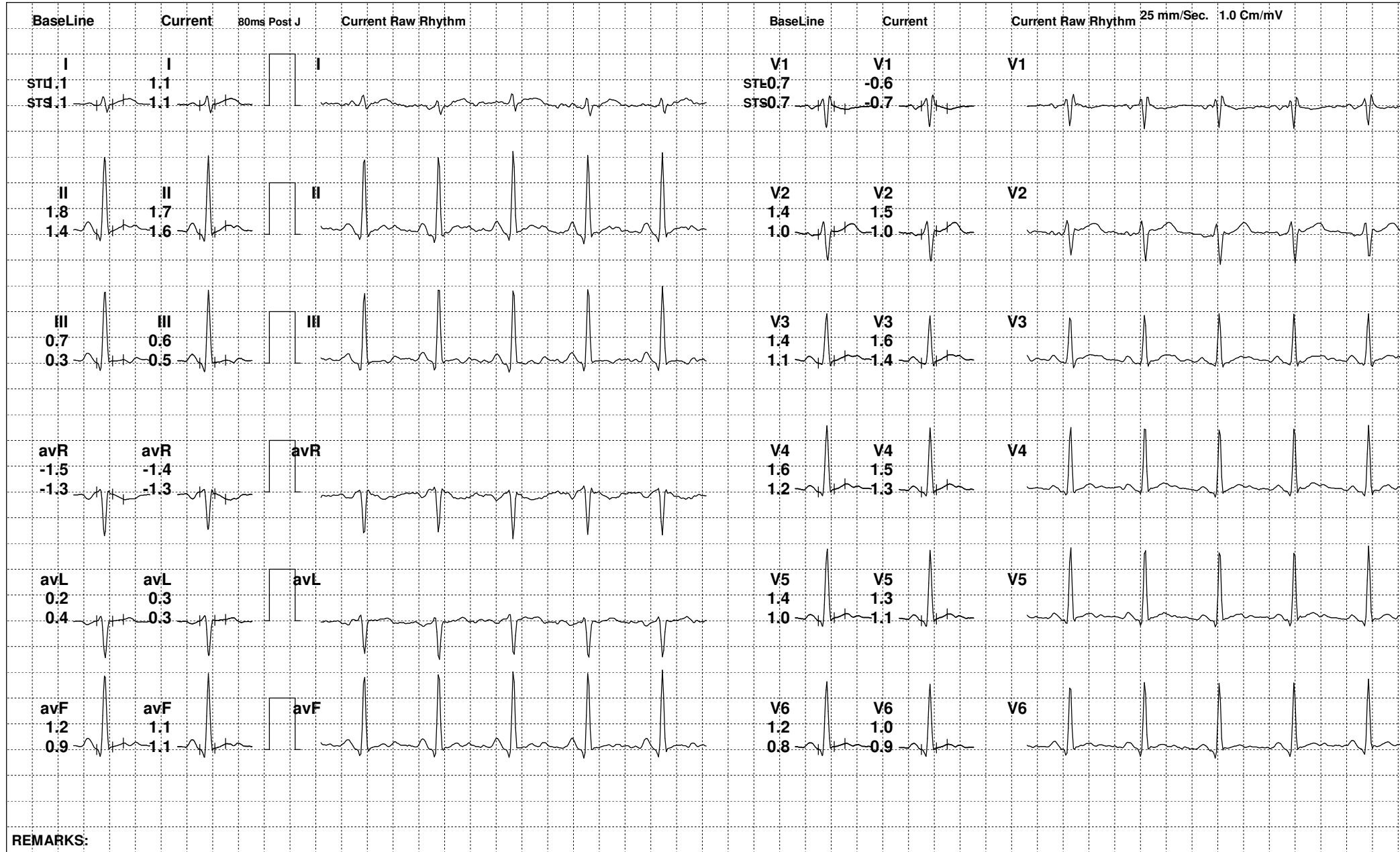
REMARKS:



95 (462624) / NADEEM AKHTAR SHEKH / 33 Yrs / M

Date: 08-Oct-2022 12:58:42 PM METS: 1.0/ 103 bpm 55% of THR BP: 134/82 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 01:02 0.0 mph, 0.0%



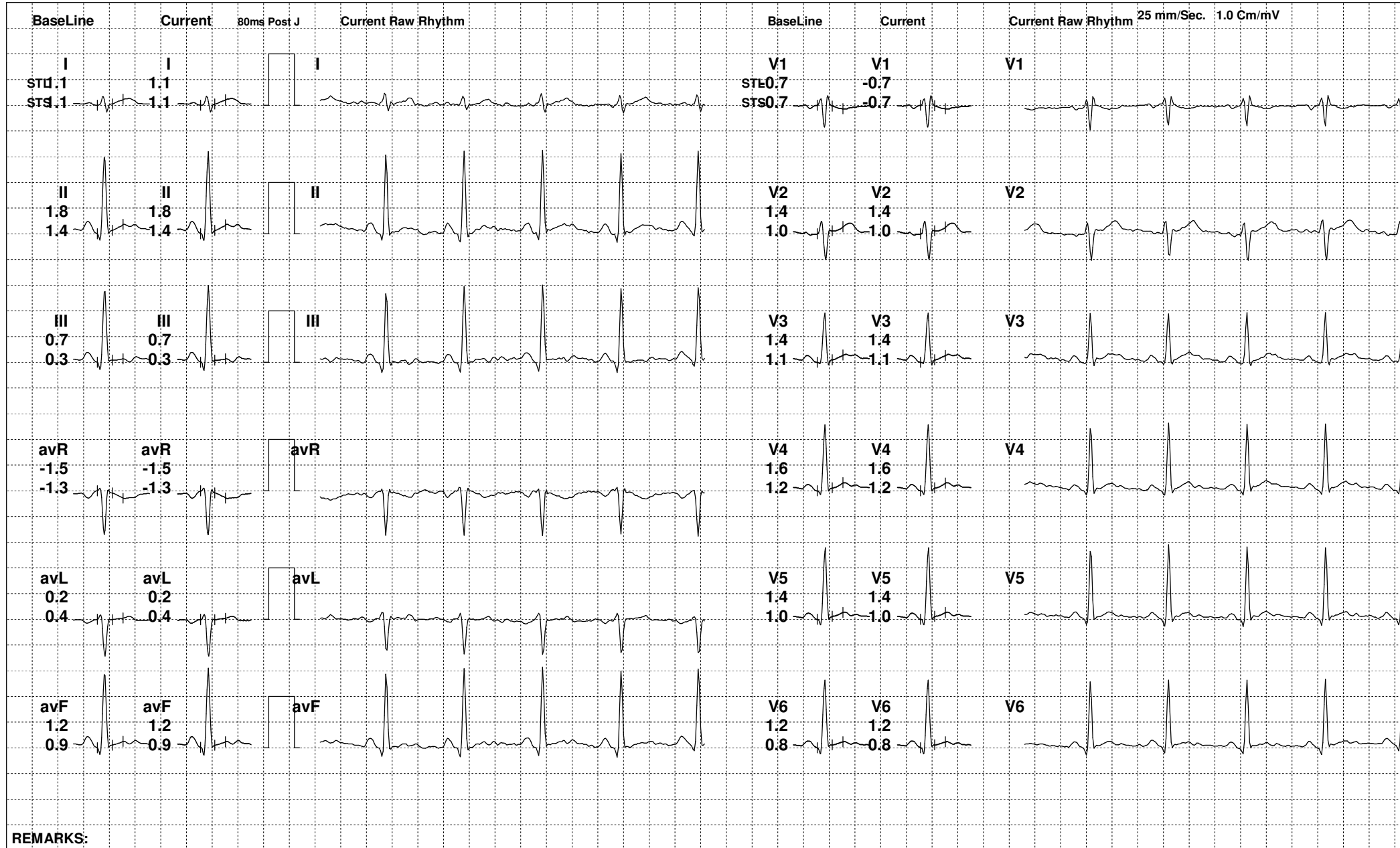




95 (462624) / NADEEM AKHTAR SHEKH / 33 Yrs / M

Date: 08-Oct-2022 12:58:42 PM METS: 1.0/ 99 bpm 52% of THR BP: 134/82 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 01:10 0.0 mph, 0.0%



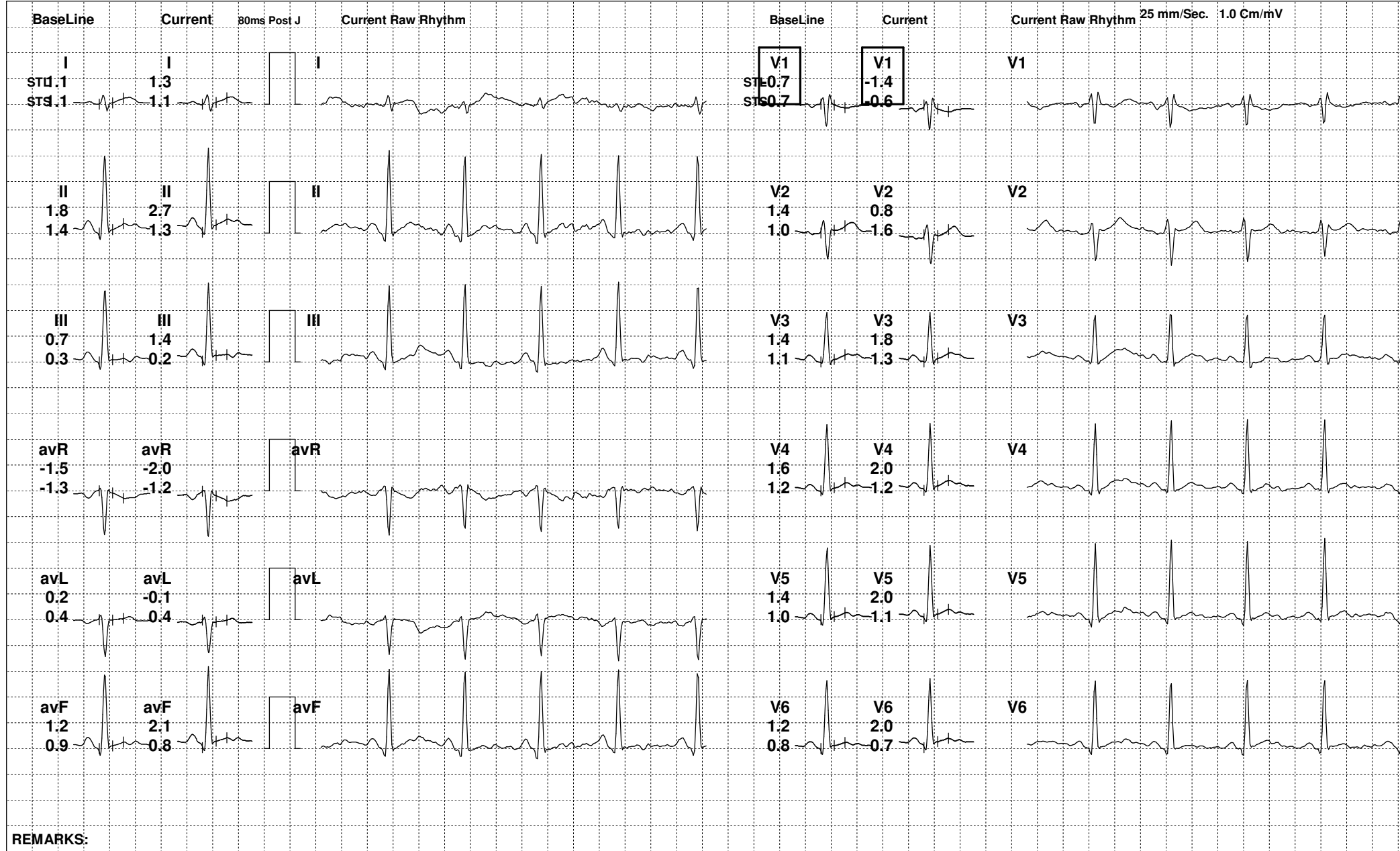
REMARKS:



95 (462624) / NADEEM AKHTAR SHEKH / 33 Yrs / M

Date: 08-Oct-2022 12:58:42 PM METS: 1.0/ 103 bpm 55% of THR BP: 134/82 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 01:21 0.0 mph, 0.0%



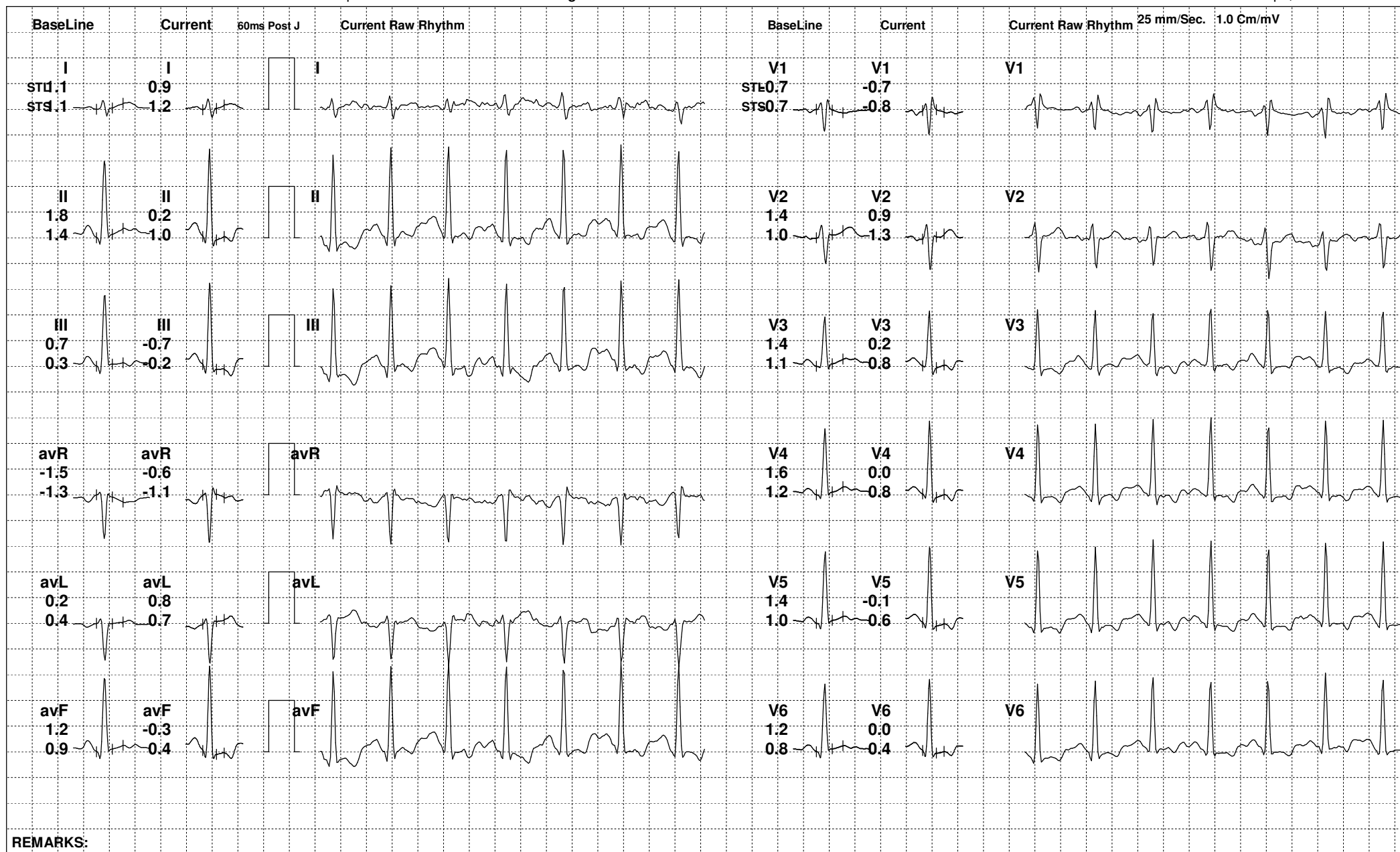
REMARKS:



95 (462624) / NADEEM AKHTAR SHEKH / 33 Yrs / M

Date: 08-Oct-2022 12:58:42 PM METS: 4.7/ 134 bpm 71% of THR BP: 144/86 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 03:00 1.7 mph, 10.0%



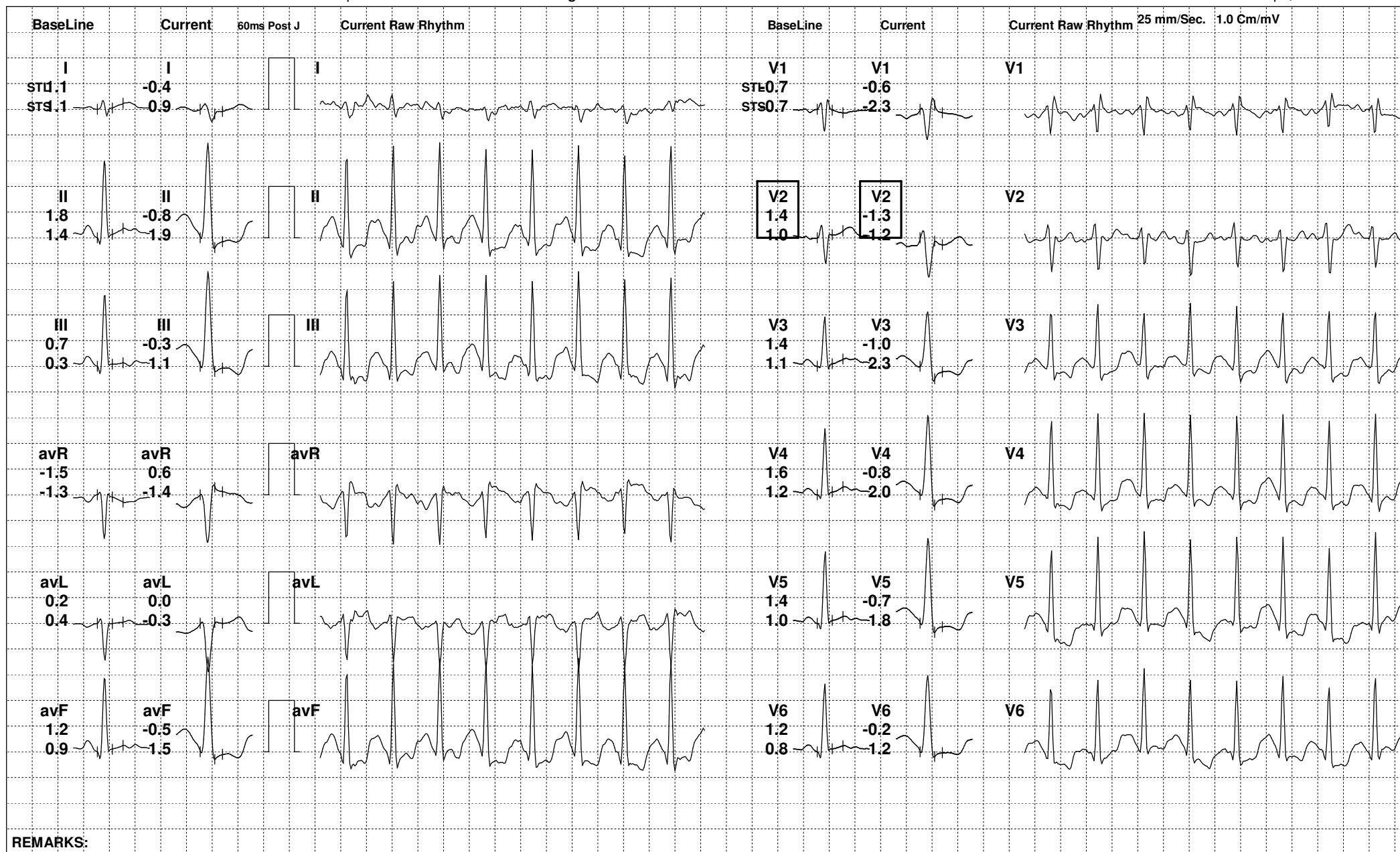
REMARKS:



95 (462624) / NADEEM AKHTAR SHEKH / 33 Yrs / M

Date: 08-Oct-2022 12:58:42 PM METS: 7.1/ 167 bpm 89% of THR BP: 154/90 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 05:58 2.5 mph, 12.0%



REMARKS:

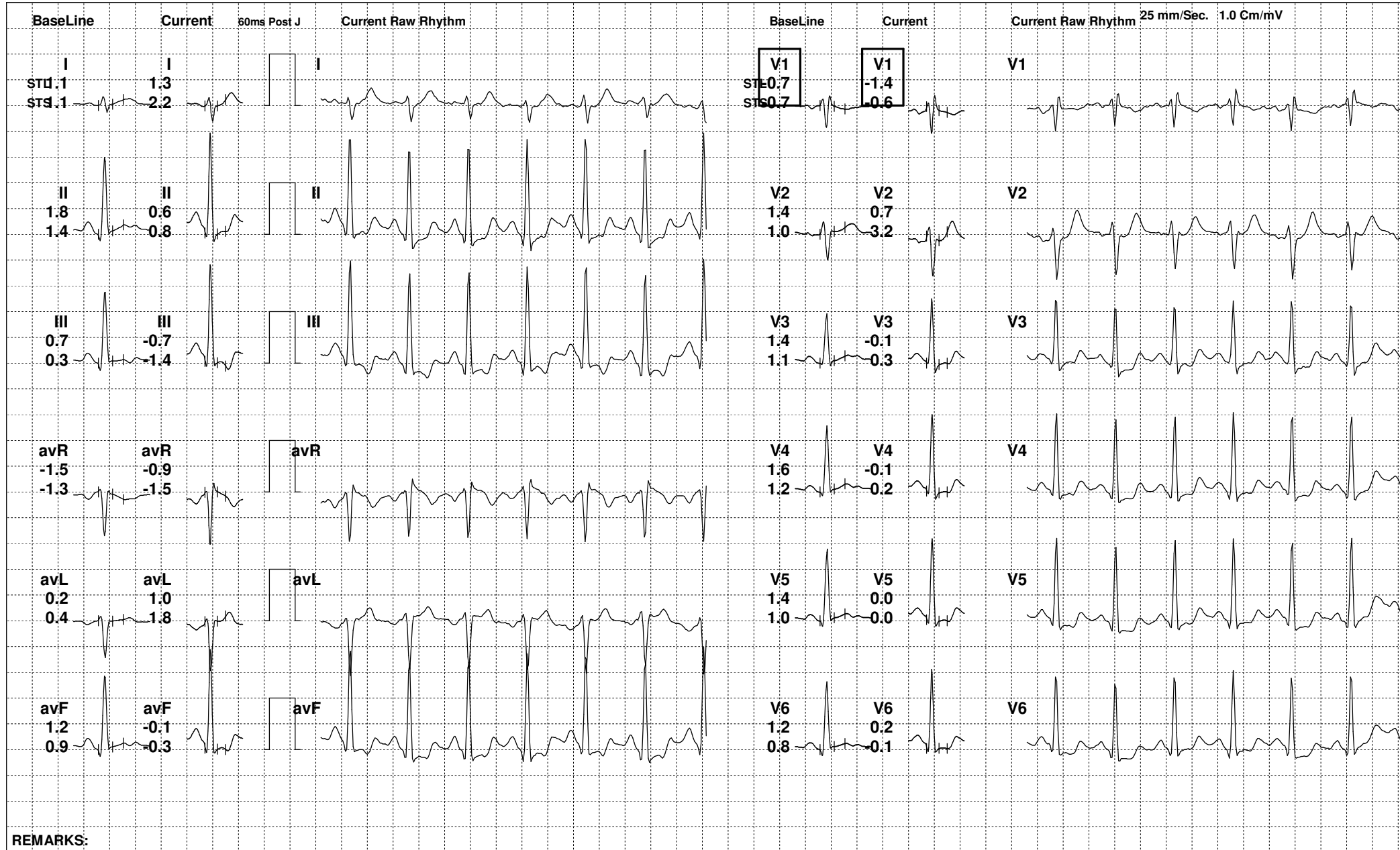




95 (462624) / NADEEM AKHTAR SHEKH / 33 Yrs / M

Date: 08-Oct-2022 12:58:42 PM METS: 1.0/ 131 bpm 70% of THR BP: 150/88 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 05:59 0.0 mph, 0.0%

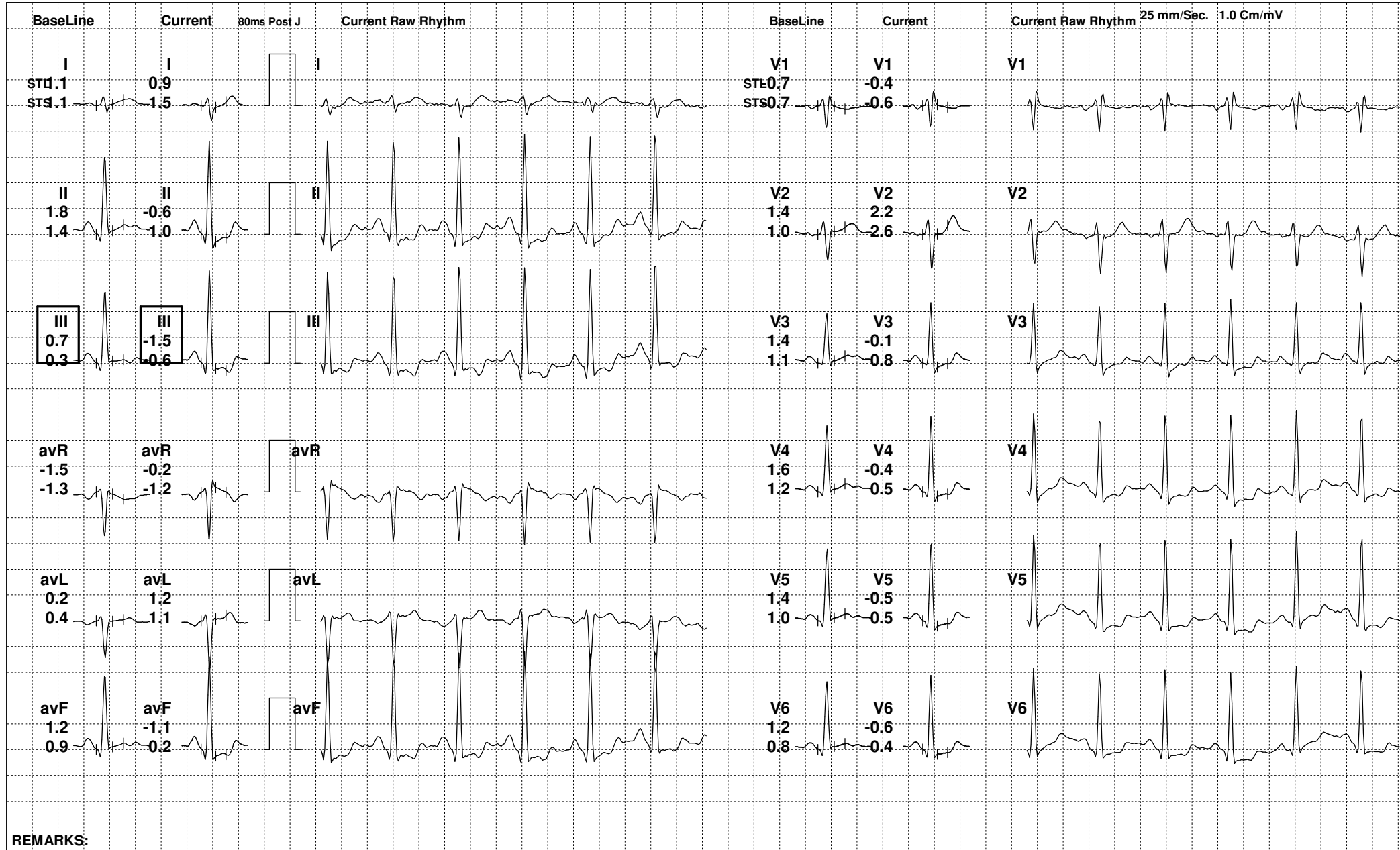




95 (462624) / NADEEM AKHTAR SHEKH / 33 Yrs / M

Date: 08-Oct-2022 12:58:42 PM METS: 1.0/ 118 bpm 63% of THR BP: 144/86 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 05:59 0.0 mph, 0.0%



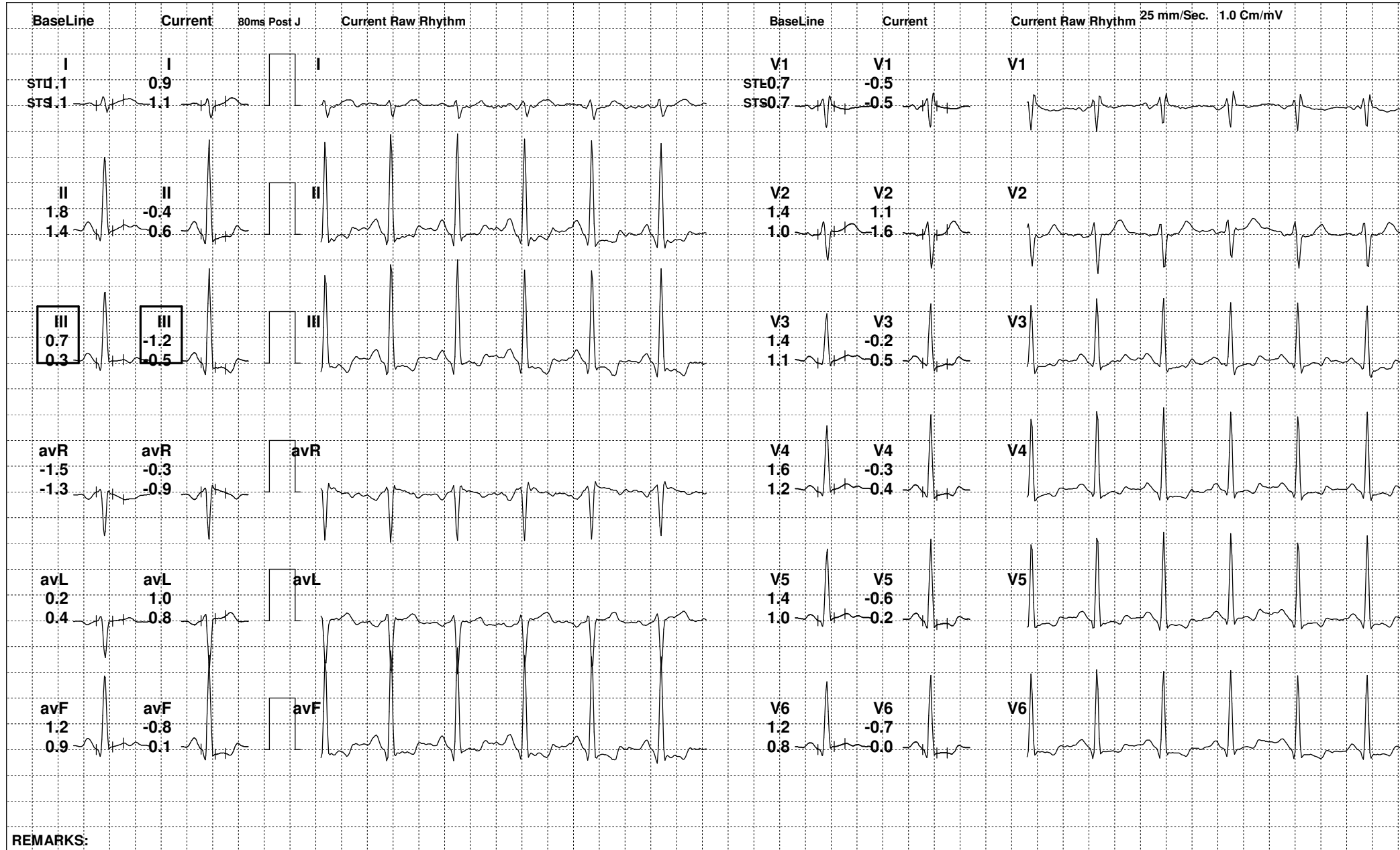
REMARKS:



95 (462624) / NADEEM AKHTAR SHEKH / 33 Yrs / M

Date: 08-Oct-2022 12:58:42 PM METS: 1.0/ 108 bpm 57% of THR BP: 140/84 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

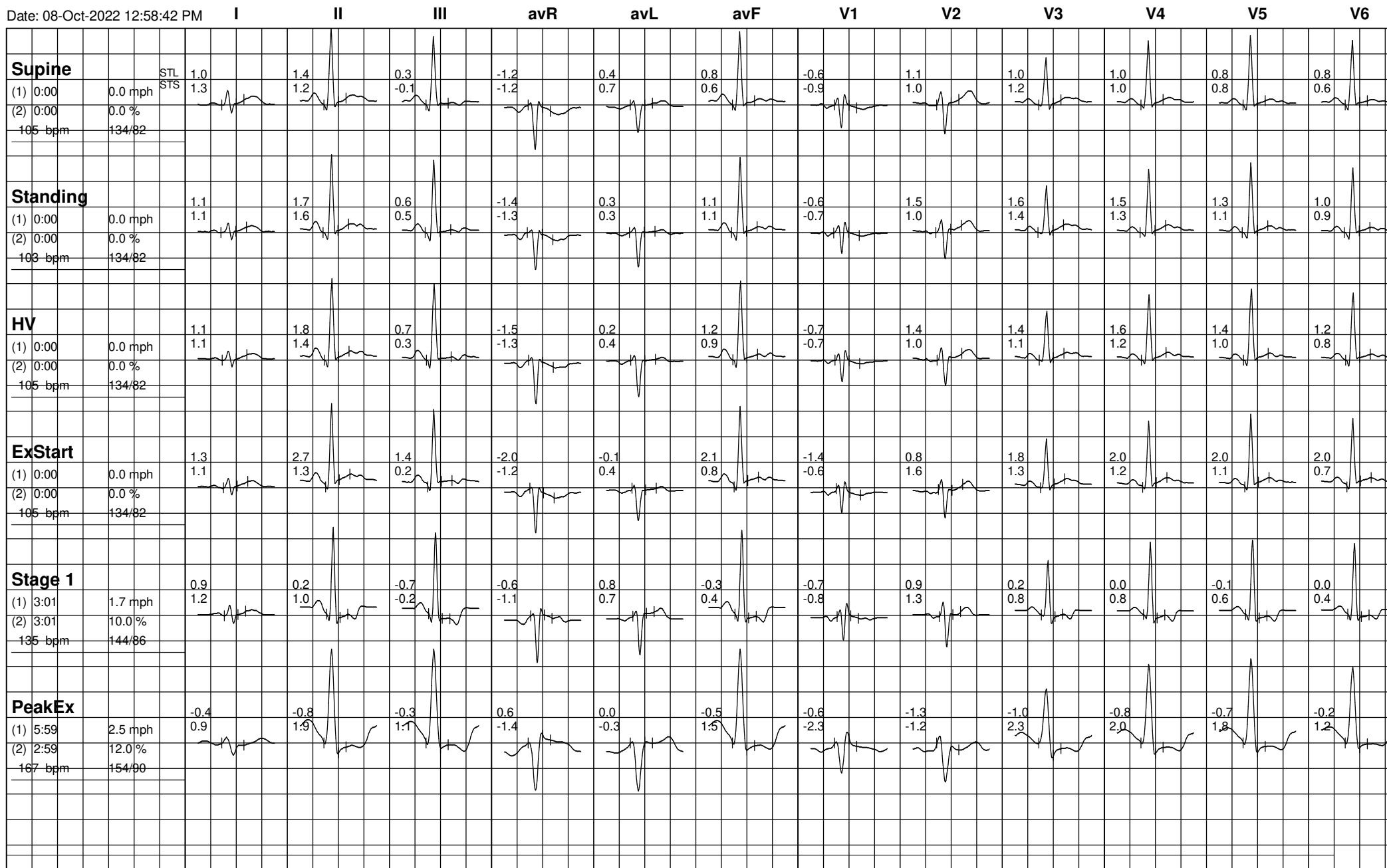
ExTime: 05:59 0.0 mph, 0.0%





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Date: 08-Oct-2022 12:58:42 PM







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Date: 08-Oct-2022 12:58:42 PM

